



Emergency Preparedness and Response

Emergency systems often spring into existence when disaster strikes and not a moment sooner. Prepare your community by doing emergency planning work when the sun is shining. Equipping your neighborhood, town, and region to be ready in emergencies also builds baseline resilience.

1.1 Emergency preparedness kits

Folder with resources and templates: [1.1 Emergency preparedness kits](#)

Systems	Stuff
Household emergency supplies	
Households can prepare emergency plans and emergency kits , as well as storing backup food and water supplies. Food and water will need to be refreshed on a regular basis	<p><u>Emergency Kit</u>: keep this in your home</p> <ul style="list-style-type: none"> <input type="checkbox"/> Several days of water and non-perishable food, can opener <input type="checkbox"/> Extra cell phone battery or charger <input type="checkbox"/> Battery-powered or hand crank radio with NOAA weather tone alerts <input type="checkbox"/> Flashlight and extra batteries <input type="checkbox"/> First aid kit <input type="checkbox"/> Whistle to signal for help <input type="checkbox"/> Dust mask, to help filter contaminated air and plastic <input type="checkbox"/> Sheeting and duct tape to shelter-in-place <input type="checkbox"/> Personal sanitation supplies (incl. moist towelettes, garbage bags and plastic ties) <input type="checkbox"/> Non-sparking wrench or pliers to turn off utilities <input type="checkbox"/> Local paper maps
Individual emergency supplies	
Individuals in a household can prepare ' go bags ,' which are easy to grab in case you need to leave quickly.	<p><u>Go Bag</u>: Choose a sturdy and easy to carry bag.</p> <ul style="list-style-type: none"> <input type="checkbox"/> Medications <input type="checkbox"/> 3 days of non-perishable food and cutlery <input type="checkbox"/> Important documents (ID, insurance, copy of lease/deed, car registration) <input type="checkbox"/> First aid kit <input type="checkbox"/> Backup chargers and batteries <input type="checkbox"/> Battery-powered/hand crank flashlight and radio <input type="checkbox"/> Personal health items (toothbrush, glasses, cane, menstrual products) <input type="checkbox"/> Physical map of area with exit routes marked <input type="checkbox"/> Physical list of emergency contacts and addresses <input type="checkbox"/> High quality respirator masks <input type="checkbox"/> Cash in small bills <input type="checkbox"/> Permanent marker <input type="checkbox"/> Water bottles <input type="checkbox"/> Space blanket