

# Civil Air Patrol

# CADET PROGRAMS

# OFFICERS' HANDBOOK

*and Specialty Track Guide*





**Cadets need your leadership.** They know your service as supervisors, instructors, and mentors is the most essential ingredient in cadet life. No squadron will succeed in its cadet mission unless it has the benefit of a handful of well-trained, dedicated cadet programs officers. *The Cadet Program Officers' Handbook & Specialty Track Guide* is the adult volunteer's starting point for professional development.

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**On the Cover:** A Cadet Program Officer helps cadets build a circuit model at North Carolina Wing's 2023 STEM Workshop at the Aviation Institute of Maintenance in Charlotte, NC. Cadets were able to participate in Electronics, Propulsion and Materials Workshops. This wing event drew cadets from 18 squadrons across North and South Carolina. This event could not happen without the 14 Cadet Program officers who organized and led the day's events.

# CADET PROGRAM OFFICER'S HANDBOOK & SPECIALTY TRACK GUIDE

October 2025

## EDITION UPDATES

No substantive changes have been made.

1. Updated references to Curry Blues Voucher to Curry Uniform Voucher
2. Updated regulation nations to align with the changes in the CAPR 60-1 & CAPR 60-2
3. Updated fonts and colors for branding alignment
4. Added What's Happening page & CPO training repository to Section 2.5
5. Replaced Cadet Flight Plan (Figure 6) with current poster
6. Updated Typical Grades for cadet duty positions, to align with CAPR 60-1 (Figures 7-13)
7. Updated Horizontal Curriculum Maps with new resources & removed outdated/unavailable resources.
8. Added Cadet Protection & Risk management tasks to CPO position descriptions (Section 5)
9. Added new CAPP 160-3 Activity Safety Risk Management & CAPP 60-18 Positive Youth Development Glossary to pertinent position descriptions (Section 5)
10. Added Activity Director duty positions to Section 5
11. Minor typos corrected
12. Specialty Track Technician Checklist – Corrected misnumbering starting at number 54
13. Specialty Track Senior Checklist – Corrected misnumbering starting at number 27
14. Cover Updated for Branding.
15. Clarity on TLC and Specialty Tracks.

Your comments about the *CP Officer Handbook* are welcome at [cadets@capnhq.gov](mailto:cadets@capnhq.gov).

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## Part 1 INTRODUCTION TO THE SPECIALTY TRACK

The goal of the Cadet Programs Officer Specialty Track program is to prepare senior members to lead cadets and manage cadet programs at the squadron and then wing level. This specialty track is a self-paced, self-study learning experience supported by a training mentor.

### 1.1 OVERVIEW OF THE TRAINING PROGRAM

This specialty track is divided into three ratings: technician, senior, and master. Students enrolled in the program complete each rating in succession and at their own pace. Students should train under the guidance of an on-the-job (OJT) mentor who has attained a higher rating in the specialty track, but if necessary, students may complete the training independently. To earn specialty track ratings, students must fulfill knowledge, performance, and service requirements and participate in a summary conversation with their mentor or commander.

#### Knowledge Requirements

Knowledge requirements are objectives describing what each student is expected to know before attaining the rating. An online test is the primary method by which students demonstrate they understand this material.

One knowledge requirement in each rating involves familiarizing yourself with the *Learn to Lead* and *Aerospace Dimensions* texts, respectively. What does that mean? Why do you do that, and how? The goal is for CP officers to be conversant in the subject matter that the cadets' study in their leadership and aerospace texts. This familiarity will, in turn, make CP officers more effective instructors and mentors of cadets.

**Procedure for *Learn to Lead*:** Read any two chapters from *Learn to Lead* and for each chapter draft a 1-page outline summarizing the content. Confer with your mentor for approximately 15 minutes, use the outline as the basis for a conversation, and discuss examples of how cadets are applying lessons from *Learn to Lead*.

**Procedure for *Aerospace Dimensions*:** Read any *Aerospace Dimensions* module and draft a 1-page outline summarizing it. Confer with your mentor for approximately 10 minutes, use the draft as the basis for a conversation, and suggest potential hands-on activities your unit could implement to supplement the cadets' study of that module.

#### Performance Requirements

Performance requirements are objectives describing tasks each student is expected to complete through active participation before attaining the rating.

**Attendance at Encampment.** Encampment is the centerpiece of the program. It's a full immersion into cadet life. You can't claim a heightened expertise in Cadet Programs without encampment experience. Adult staff leave encampment with a fuller perspective on the goals of the Cadet Program and leadership development methodologies. This, in turn, prepares them to create robust squadrons where the cadet mission flourishes, and they can confidently make a difference in their personal interactions with cadets at the home unit. Accordingly, encampment attendance is included in the performance requirements for the Senior and Master ratings.

#### Service Requirements

Finally, to become proficient in a job, one has to actually serve in a related duty assignment. Service in any position listed in section 2.2 may be used to satisfy the service requirement. While not limiting the roles available to students, their level of responsibility should begin modestly and increase as they advance (see Table 1).

## The Summary Conversation

The summary conversation serves as a capstone event where students discuss what they learned with their OJT mentor and the mentor helps the student round-out his or her competence with the subject matter. It is a mentoring opportunity, not an oral exam. Mentors also use the meeting to verify that the student fulfilled all knowledge, performance, and service requirements.

| Rating     | Training Topics   | Suggested Duty During Training  | Suggested Duty Upon Completion                        |
|------------|---|---|---|
| Technician | Fundamental Cadet Program goals, policies, & procedures | Assistant staff officer in any CP role e.g., assistant leadership officer | Staff officer in any CP role e.g., leadership officer |
| Senior     | Squadron operations                                     | Staff officer in any CP role  | Squadron deputy commander                             |
| Master     | Wing operations   | Squadron deputy commander   | Squadron commander                                    |

**Table 1**

## 1.2 READING LISTS

Reading lists are a starting point for the candidates' training. All publications are available online. Because CAP publications are always evolving, references might not be completely accurate. Use common sense and good judgment to research the answers to the knowledge requirements.

| Technician                                     | Senior  | Master  |
|--|---|---|
| CAPR 60-1, chapter 1-5, 6.6.3                  | CAPR 60-1, review chapters 1-5<br>read chapters 6-9 | CAPR 60-1, review chapters 3-9  |
| CAPP 60-11, parts 4-5                          | CAPP 60-11, part 2, 3.11                            | CAPP 60-2, chapters 1-3   |
| CAPP 60-31, appendix 1                         | CAPP 60-31, appendix 2                              | CAPP 60-11, parts 1-4, 5.1  |
| Browse webpages linked in CAPP 60-11, part 2.5 | CAPP 1-10, part 1                                   | CAPP 60-40  |
|  | CAPP 39-3, section F                                | CAPP 60-70, parts 1, 2 & 5  |
|  |   | CAPP 1-10   |
|  |   | Cooperative Agreement Between CAP & USAF: Statement of Objectives, part 4 |
|  |   | CAP Strategic Plan  |

**Table 2**

## 1.3 RECENT ALUMNI AS CADET PROGRAMS OFFICERS

When recent alumni choose to turn senior and become Cadet Programs Officers, they bring with them tremendous personal experience and an innate understanding of what cadets want from their program. But being a cadet and providing adult leadership to cadets are two entirely different skill sets. There is a transition to make. Some topics recent alumni will need to acquaint themselves with include:

- o Partnering with parents
- o Handling sensitive personnel issues
- o Safeguarding CAP resources
- o Protecting cadets' welfare
- o Developing relationships with community leaders
- o *Moving from a peer relationship with cadets to a supervisor / instructor / mentor relationship*

For most recent alumni, that final item in the list – changing the relationship with cadets – is hardest of all. Participating in this specialty track, especially the Training Leaders of Cadets course, and being mentored by an experienced Cadet Programs Officer can help former cadets succeed as adult leaders.

## 1.4 THE ON-THE-JOB TRAINING MENTOR

**Role of the OJT Mentor.** The OJT mentor is a senior member officer who guides the candidate through the knowledge, training, performance, and service requirements for specialty track ratings. The OJT mentor supports the candidate's self-study and learning on-the-job. The mentor is a resource person, available to help the candidate better understand the subject matter, providing informal tutorials as needed.

**Matching Candidates to Mentors.** Candidates may ask a friend to serve as their mentor, or the unit commander could act as matchmaker. At the technician level, it is hoped that the mentor would be someone from the candidate's home unit; for the higher ratings, it may be necessary to look outside the home unit for a mentor.

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### OJT Mentor's Checklist

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#### 1. Be Available & Helpful

- o Share contact information and be available in-person and/or via phone, video-conference, or email to help the student(s) if they get stuck in their self-study and need help understanding the material.
- o Make the student aware of professional development opportunities (TLC courses, etc.).

greater understanding; push for specificity on program details; clarify how the topics apply to local practices

#### 4. Meet With the Student for a Summary Conversation

- o When the student believes he or she has satisfied all requirements for the new rating, conduct a summary conversation of approximately 30 minutes' duration.
- o Use the time to discuss the knowledge and performance requirements. Help the student round out his or her competence with the subject matter.
- o Review each performance requirement, one at a time, to verify completion. Mentors who have not seen their student complete performance requirements in-person could validate them orally (e.g., "Great, you say you've administered the CPFT three times. In your own words, walk me through that process...").
- o Thank the student for their service to the cadets and encourage them to go for the next higher rating.
- o Email the student's unit commander, recommending that their request for a new rating be granted.

#### 3. Check for Understanding

- o As the OJT proceeds, orally quiz the student on the knowledge requirements. In a back-and-forth, conversational manner, amplify the student's answers for

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**Table 3**

## 1.5 APPROVAL & RECORDING PROCESS

When the unit commander is satisfied that the candidate has fulfilled the requirements for a given rating, the unit commander approves the requested rating, recording it through the specialty track approval module in eServices. The member's personnel record is automatically updated in eServices to reflect the new rating.

## 1.6 WAIVERS

In extenuating circumstances, requests for waivers may be considered. Only the basic performance requirements for a given rating and the duty assignment are eligible to be waived. The ancillary courses listed in the performance requirements and the minimum duration for service requirements will not be waived.

**Process.** Individuals request waivers through their unit commander to their wing commander, with a copy to the wing DCP. Wings forward endorsed requests to CAP/CP at [cadets@capnhq.gov](mailto:cadets@capnhq.gov). When requesting a waiver, individuals should explain what portion(s) of the rating they believe deserve being waived and why, briefly explaining their extenuating circumstances.

### How to Earn Your Technician Rating

Newcomer's Checklist

#### Knowledge Requirements

Pick a handful of Knowledge Requirements (see pp. 60-61) to work through per sitting.

##### 1. Read the section of the CAP publication being referenced.

- Ask yourself, What goal is CAP trying to achieve through this rule, procedure, or standard? Try to express the main points in your own words.
- Then, read the section again, paying special attention to imperatives like *must*, *shall*, or *will*.
- Ask yourself, how do the reading's guidelines relate to how we do business in our squadron? Need we change anything in our squadron to square with this guidance?

##### 2. As you work through the Knowledge Requirements, mark each as follows:

- ✓\* I understand this fully. I've committed the key facts to memory. I can easily draw upon this information as I serve cadets.
- ✓ I understand this information. It's good background information that I can look it up again if I think I'll need it.
- ? I don't really understand this information. I need to talk with my OJT mentor.

#### Performance Requirements

Work on one Performance Requirement at a time (see pp. 69). Complete them any sequence you prefer.

1. The Performance Requirements tell you what to do, but not how, so you'll need to do some research.
  - Search CAPR 60-1 to learn what the procedures and standards are for the given task.
  - Other resources you may consult include the cadet webpages at [GoCivilAirPatrol.com](http://GoCivilAirPatrol.com) and the 60-series of cadet-related publications.
  - It is important that you do this research. Do not rely solely upon how you've seen that task performed in your squadron. Sometimes, you may discover that local practices are at odds with CAP standards.

##### 2. Now that you know how to do the task, try doing it yourself.

- You may need to ask local leaders for the opportunity. For example, if the task is to administer a fitness test, but your fitness officer usually handles that, ask to be permitted to help.
- Ask your OJT mentor or another knowledgeable colleague to check your work and help you become proficient in that task, over time.

#### Summary Conversation

- Upon completing your self-study of the Knowledge Requirements, Performance Requirements, and Service Requirements, ask to meet with your OJT mentor for the Summary Conversation.
- Your OJT mentor will lead you through a discussion of what you've learned, help you deepen that learning, check that you've completed all requirements, and recommend that your commander approve you for your new rating.

Table 4

## Part 2 INTRODUCTION TO THE CADET PROGRAM

### 2.1 CADET PROGRAMS MISSION & VISION

**Mission.** "Develop dynamic Americans and aerospace leaders."

**Vision.** "Today's cadets . . . tomorrow's aerospace leaders."

### 2.2 THE CADET PROGRAMS OFFICER

**Duty Titles.** Cadet Programs Officer is not a duty title. Rather, it's an umbrella term that anyone who works primarily with cadets can claim. The main CP Officer duty assignments are identified below. If you're enrolled in the Cadet Programs specialty track, you'll want to serve in one of these positions.

|                                   |                              |                                |
|-----------------------------------|------------------------------|--------------------------------|
| DCS Cadet Programs (Region)       | Leadership Education Officer | Testing Officer                |
| Director of Cadet Programs (Wing) | Aerospace Education Officer  | Cyber Education Officer        |
| Cadet Programs Officer (Group)    | Fitness Education Officer    | Recruiting & Retention Officer |
| Unit Commander or Deputy          | Character Development Inst.  | Long Term Activity Director    |

**Professionalism.** CP officers have a duty to act *in loco parentis* (in the place of parents), protecting the cadets' well-being as a reasonable adult would for the benefit of his or her own children. In relation to cadets, CP officers are authority figures functioning as instructors, mentors, and supervisors. They do not permit their superior / subordinate relationship with cadets to deteriorate into a peer relationship. Rather, their motivation is to serve youth and help them grow. Their seriousness of purpose makes them unpaid youth development professionals.

### 2.3 KEY TRAITS OF CADET LIFE

The Cadet Program offers youth opportunities to participate in a wealth of activities: orientation flights, drill and ceremonies, bivouacs, field trips and tours, and more. While the menu of opportunities is diverse, there are five key traits that CP Officers should incorporate into every activity.

**The Uniform.** CAP promotes teamwork and high standards of personal conduct through the cadets being granted the privilege of wearing an Air Force-style uniform. The uniform and the related traditions of rendering military customs and courtesies distinguish cadets from ordinary youth. These military aspects of cadet life are important motivators. Every activity should allow cadets to wear their uniform and properly render military customs and courtesies.

**Aerospace Theme.** CAP members often hold in common a love of flying. Aviation is the thread that runs through all three CAP missions, and CAP's affiliation with the Air Force underscores its identity as an air-minded organization. Whenever possible, every cadet activity should further cadets' enthusiasm for aerospace, as "aerospace" is broadly understood. With a little imagination, even fitness and character activities can be shown to have an aerospace connection.

**Opportunity to Lead.** CAP develops leadership skills in cadets by giving them opportunities to lead. This includes planning events, making decisions, and teaching and mentoring junior-ranking cadets, commensurate with their developmental progress and grade. The cadets' grade structure and military-style chain of command reinforces this leadership concept. Every activity should allow cadets opportunities to lead, under adult leader supervision.

**Challenge.** CAP challenges youth. It might be the physical challenge of conquering an obstacle course, an academic challenge to master aerospace and leadership concepts, a moral challenge to live the Core Values, or a personal challenge to know oneself better and gain self-confidence. Because of these challenges, the Cadet Program is intended for young adults, not children. Every activity should challenge cadets in one way or another.

**Fun.** CAP should be fun. New friends and great opportunities are the hallmarks of cadet life. The cadets who work hard in CAP reap the most benefits, but the program should not be another form of school – it needs to be fun, hands-on, rewarding, and exciting. Proper adult supervision, an emphasis on risk management, and teamwork built upon mutual respect create a safe and fun environment. Every activity should be fun, for cadets and their adult leaders alike.

## 2.4 CADET OATH

A cadet oath serves as a training aid and states how cadets pledge to approach the challenges of cadet life. It is helpful if CP officers familiarize themselves with the oath so that they may, in turn, reiterate the oath's promises to cadets as opportunities arise. The CAP Cadet Oath is as follows:

*I pledge that I will serve faithfully in the Civil Air Patrol Cadet Program,  
and that I will attend meetings regularly,  
participate actively in unit activities,  
obey my officers,  
wear my uniform properly,  
and advance my education and training rapidly  
to prepare myself to be of service to my community, state, and nation.*

## 2.5 LINKS TO CADET MISSION-SUPPORT RESOURCES

Primarily for the benefit of newcomers, what follows is a quick summary of some support programs, along with hyperlinks to the respective home page. Hyperlinks are marked by blue underlines.

### News & Updates

**What's Happening Webpage.** This page is the go-to resource for all news, announcements, and updates happening in Cadet Programs. Check this page regularly or sign up for monthly email reminders.

**Cadet Blog.** The Cadet Blog is your source for news about cadet curricula, activities, policy, and new ideas. Two-way feedback is highly encouraged, so the Cadet Blog is your opportunity to sound off with your perspectives on cadet-related topics.

**Cadet Proving Grounds.** Help us enhance cadet life. The Proving Grounds is the webpage for draft cadet materials. We share those works-in-progress with the cadet community to invite their ideas, comments, and concerns.

### Support to New Cadets

**New Cadet Kit.** Upon joining CAP, and thereafter upon earning the Wright Brothers Award and Mitchell Award, CAP mails textbooks and other resources directly to the cadet's home address.

**Curry Uniform Voucher.** The Curry Uniform Voucher provides cadets with financial support to assist them in purchasing their first uniforms, upon their earning Achievement 1, The Curry Achievement.

## Financial Aid

**Cadet Encampment Assistance Program (CEAP).** Thanks to Air Force support, CAP has special funding available to cover encampment fees and uniforms with an emphasis on serving economically disadvantaged cadets through the Cadet Encampment Assistance Program or CEAP (pronounced "seep"). An inability to afford encampment should not hold back cadets who want to participate in encampment.

**CadetInvest.** CAP makes thousands of dollars available annually to support college and flight scholarships, as well as financial aid to attend special activities.

## Curriculum & Learning

**Cadet Program Officer Training repository.** A user-friendly, searchable webpage for all the supplemental Cadet Programs training videos and resources, including webinars, YDC recordings, and other training materials.

**Cadet Webinars.** Online seminars (webinars) are frequently hosted by NHQ. When CP officers participate in a live session, they learn while interacting with staff and other colleagues. Alternatively, webinars are recorded and available for viewing on demand.

**Cadet Library.** The Cadet Library is one-stop-shopping for cadet curriculum and other resources.

**Special Needs Cadets.** CAP welcomes cadets from all backgrounds, including those with learning disabilities and physical disabilities. The Special Needs page offers resources in service to cadets who need accommodations. For accommodation-related questions, please contact [cadets@capnhq.gov](mailto:cadets@capnhq.gov).

## Activities & Awards

**Cadet Advisory Council.** CAC representatives develop their leadership skills while advising their commanders on ways to improve the cadet program at the group, wing, region, or national echelon. Service on a CAC is the cadet's opportunity to increase their leadership effectiveness in a committee setting.

**Cadet Honor Academy.** The Cadet Honor Academy prepares cadets to serve on color guards and honor guards while simultaneously furthering their individual character development. Cadet Honor Academies are hosted by regions and may be conducted as a "weekend" activity.

**Cadet Orientation Flights.** The cadet orientation flight program shares the thrill of flying. Every CAP cadet under age 18 is eligible for five flights in a powered aircraft, five flights in a glider aircraft, and an unlimited number of backseat flights when conditions allow. Orientation flights are always free to cadets.

**Encampment.** Encampment challenges cadets. It pushes them so they'll grow. Are you self-disciplined? Can you lead? Can you truly work as a team? These are some of the questions the cadre helps cadets answer for themselves as cadets participate in awesome, hands-on activities and tours. The encampment page includes curricula, operating standards, a listing of upcoming encampments around the nation, and more.

**National Cadet Special Activities.** Geared for cadets in their second year and beyond, NCSAs, and the closely related CSAs hosted by wings and regions, enable cadets to explore career opportunities in Stem, aviation, military service, and other cadet-related fields.

**Quality Cadet Unit Award (OCUA)**. Cadet and composite squadrons who meet the criteria on 31 August automatically earn the award. The award can serve as a helpful management tool. Local leaders can use its award criteria to gauge the relative health of their Cadet Program. Wing leaders can use the program data to identify squadrons that are flourishing, and perhaps use leaders of those outstanding units to mentor leaders in nearby units that did not earn the award.

**Red Ribbon Leadership Academy**. The Red Ribbon Leadership Academy places high school aged cadet NCOs and officers in front of middle school students (non-cadets) to serve as role models and leadership educators during a 3-hour workshop. The "red ribbon" symbolizes the Academy's role in promoting the drug-free ethic.

**Region Cadet Leadership Schools**. A region cadet leadership school (RCLS) is a course in officership, indirect leadership, and other themes consistent with CAP's leadership expectations for Phase III cadets. These academies make use of local resources to broaden leadership skills in cadet officers and NCOs.

**Special Awards**. Through a robust portfolio of award programs, CAP recognizes cadets who excel in the Cadet Program as a whole, or those who specialize in a particular corner of cadet life.

#### Compliance

**Subordinate Unit Inspections (SUI)**. Inspections conducted by either CAP regions or wings to evaluate the management and mission capability of units below the wing level. Cadet Programs compliance areas are listed at the back of the CAPR 60-1 and CAPR 60-2.

## 2.6 HORIZONTAL CURRICULUM MAPS

CP officers should know what they are leading cadets toward, why they are going there, and what is required of them to get there. Enter the horizontal curriculum maps. These documents show the relationship between every component of the cadet curriculum. Our maps are not very deep – CAP is not a formal school mandated by law to teach to certain objectives – but the maps should be sufficient visual aids in showing how several components of cadet life fit together.

For example, in cadet leadership education, nearly everyone knows that "leadership" includes study using textbooks, drill and ceremonies, and staff service for cadet NCOs and officers. The leadership program element is built from several parts that work together and produce a certain outcome: cadets ready to lead in a diverse world. Those multiple parts are displayed on the curriculum map. The curriculum maps on pages 14-17 are useful to CP officers for at least two reasons:

1. Newcomers can use them to glimpse the full breadth of their given concentration. For example, the character development instructor will see that "character" includes monthly character forums but is so much more than that. Accordingly, CP officers can use their respective map to ensure they are offering the full breadth of opportunities to their cadets.
2. Looking beyond their own areas of concentration, CP officers can gain an understanding of the Cadet Program as a whole, thereby promoting synthesis. The fitness officer, for example, might see potential linkages to the aerospace curriculum (i.e.: the "Fit for Flying" program supports both fitness and aerospace goals).

**A Note on Accuracy.** National staff will make efforts to keep the maps as current as possible, but individual CP officers, when looking upon a curriculum map, should ask, "Can I think of something they left out?"

## 2.7 LOGIC MODEL

A program logic model is a schematic representation describing how a program is intended to produce the effects that it claims it produces. It shows the links between activities and outputs and the longer-term outcomes.

Program logic models attempt to show the intended causal links for a program. This CP logic model is included on pages 18-19 to help CP officers and others gain a better understanding of how the program works.

## 2.8 CADET FLIGHT PLAN

The *Cadet Flight Plan* on page 21 illustrates how various aerospace education activities and financial assistance programs converge to create a clear, step-by-step path for aspiring pilots. CP officers should familiarize themselves with the flight plan so that they can advise cadets on how to take advantage of the opportunities.

## Summary of Learning Goals & Content Areas in the Cadet Program's Four Phases

|                        | <b>Phase I<br/>The Learning Phase</b>  | <b>Phase II<br/>The Leadership Phase</b>   | <b>Phase III<br/>The Command Phase</b>  | <b>Phase IV<br/>The Executive Phase</b>  |
|------------------------|--|--|---|--|
| <b>Leadership</b>      | Followership & contributing to a team  | Team leadership<br><br>Service learning on a squadron cadet staff  | Officership & principles of indirect leadership<br><br>Service learning on a squadron cadet staff and leadership opportunities in group and wing special activities | Leadership issues in the strategic domain<br><br>Advanced opportunities for service learning in group and wing special activities  |
| <b>Aerospace</b>       | Fundamental concepts of aerospace<br><br>Variety of hands-on STEM activities<br><br>Awareness of STEM careers  | Fundamental concepts of aerospace<br><br>Variety of hands-on STEM activities<br><br>Career exploration through NCSAs                       | Heightened understanding of aerospace fundamentals through a more comprehensive plan of study<br><br>Career exploration through NCSAs                               | Heightened understanding of aerospace fundamentals through a more comprehensive plan of study<br><br>Career exploration through NCSAs  |
| <b>Fitness</b>         | Learning why fitness is important & being motivated to exercise regularly<br><br>Variety of fitness activities with the squadron<br><br>Benchmark assessment followed by mentoring | Variety of fitness activities with the squadron<br><br>Accountable for fitness performance & expected to lead by example                   | Variety of fitness activities with the squadron<br><br>Accountable for fitness performance & expected to lead by example  | Variety of fitness activities with the squadron<br><br>Accountable for fitness performance & expected to lead by example<br><br>Preparing to reach USAF Academy fitness expectations |
| <b>Character</b>       | Introduction to the Core Values & a challenge to live up to those ideals<br><br>Proper wear of the uniform and military customs and courtesies                                     | Principles of moral reasoning & how Core Values impact everyday life<br><br>Proper wear of the uniform and military customs and courtesies | Principles of moral reasoning & how Core Values impact multi-faceted moral problems   | Principles of moral reasoning & how Core Values impact multi-faceted moral problems  |
| <b>Milestone Award</b> | Wright Brothers Award  | Mitchell Award   | Earhart Award   | Eaker Award<br><br>Spaatz Award  |

**Table 5** This table is merely descriptive of common learning goals and content areas in the Cadet Program's series of progressively challenging phases. It is not intended to restrict learning opportunities.



# CAP CADET PROGRAMS

## Horizontal Curriculum Map

### LEADERSHIP

**Goal:** The goal of the Cadet Program's leadership element is to develop in cadets the ability to think independently and lead others in an atmosphere of teamwork and mutual respect.

**Version:** October 2025

**Monthly Requirement:** 1.5 hours

| CONTENT AREA | ACADEMICS   | ACTIVITIES  | AIR FORCE TRADITIONS   | SERVICE LEARNING  |
|--------------|---|---|--|---|
| RESOURCES    | Learn to Lead<br>- Vol. 1, Personal Leadership<br>- Vol. 2, Small Team Leadership<br>- Vol. 3, Indirect Leadership<br>- Vol. 4, Strategic Perspectives<br><br>Lesson Plan Library<br>- Curriculum Guide<br>- Audio Downloads<br><br>Cadet Interactive Modules | Cadet Great Start<br>- Quick Program Guide<br>- New Cadet Guide<br><br>Cadet Welcome Course<br>Learn to Lead Activity Guide<br><br>Cadet Encampment Program<br>- Cadet Encampment Guide<br>- Cadet Encampment Handbook<br>- Lesson Plan Library<br>- 20 contact hours in leadership ed.<br><br>Red Ribbon Leadership Academy<br>- Curriculum Guide<br>- Student Guide<br><br>Region Cadet Leadership School<br>- Curriculum Guide<br>- Resource website | The Uniform<br>- New Cadet Guide<br>- CAPR 39-1 Uniform Manual<br>- Curry Uniform Voucher<br><br>Military Customs & Courtesies<br>- Respect on Display<br><br>Drill & Ceremonies<br>- Cadet Drill Guide<br>- DAFFPAM 34-1203<br>- CAP Drill & Ceremonies<br><br>Cadet Advisory Council<br>- CAC Handbook<br><br>Emergency Services<br>- Cadet Reset Agreement CAPF 60-97 | Cadet Staff Service<br>- Cadet Staff Handbook<br><br>Staff Duty Analysis<br>- SDA Guide<br><br>Cadet Advisory Council<br>- CAC Handbook<br><br>Emergency Services |
| ASSESSMENTS  | Achievement Tests<br><br>Milestone Award Exams<br><br>Cadet Interactive Modules   |   |  | CAPF 60-90 series Leadership Feedback<br><br>ES/Operations Qualifications   |
| AWARDS       | Honor Credit  |   |  | Uniform Inspection Scorecard<br><br>Drill & Ceremonies Performance Tests  |

**Figure 1**

# CAP CADET PROGRAMS

## Horizontal Curriculum Map

### AEROSPACE



**Goal:** The goals of the Cadet Program's aerospace element are to inspire in youth a love of aviation, space and technology; provide them with a foundation in aerospace's scientific principles; and introduce them to aerospace career opportunities. Cadet "aerospace" includes the separate domains of aviation, space, and cyberspace.

| CONTENT AREA       | ACADEMICS   | ACTIVITIES   | CAREER EXPLORATIONS  | FLYING   |
|--------------------|---|--|--|--|
| <b>RESOURCES</b>   | Aerospace Dimensions<br>- Module 1 Introduction to Flight<br>- Module 2 Aircraft Systems & Airports<br>- Module 3 Air Environment<br>- Module 4 Rockets<br>- Module 5 Space Environment<br>- Module 6 Spacecraft<br>- Module 7 Cyber Security<br>- Study Guide<br>- Leader's Guide<br>- Audio Downloads | STEM Kits (Flight simulator, robotics, astronomy, quadcopter, weather, hydraulics, navigation, etc.)<br>Activity Guides:<br>- Aerospace Excellence (AEX) 5 books<br>- Model Rocketry<br>- Advanced Rocketry<br>- Introduction to Robotics<br>- Astronomy<br>- Satellite Tool Kit<br>- Introduction to Cyber Security<br>- Model Aircraft & Remote Control (MARC)<br>- Others, Reference AE resources in eServices<br>- Audio Downloads | National Cadet Special Activities (30+ academies)<br>- Aviation, space, technology, Air Force careers, cyber, engineering, civic leadership, international relations, emergency services, etc.<br>Cisco Networking Academy<br>Cyber Patriot<br>StellarXplorers<br>CAP National Cyber Academy | Cadet Orientation Flights<br>- Powered Aircraft<br>- Glider Aircraft<br>- Military Aircraft<br>National Flight Academies<br>Cadet Wings<br>-CAPP 60-43 Cadet Wings Guide<br>-Video Series<br>-Navigator Information<br>Continuation & Proficiency Flying<br>Mission Aircrew<br>Young Eagles EAA Student Membership |
| <b>AEROSPACE</b>   | Aerospace: Journey of Flight<br>- Teacher's Guide<br>Cadet Interactive Modules  | Air Force Association Grants for unit activities<br>Encampment Program<br>- 10 hours of AE programming, including tours, classes and hands-on activities   | Agility Prime  | Flight Evaluations (academies)<br>FAA Written Exams (academies)<br>ES/Operations Qualifications<br>FAA Certificate<br>Pre Solo/Solo Badge  |
| <b>ASSESSMENTS</b> | Achievement Tests<br>Milestone Award Exams<br>Cadet Interactive Modules   | Informal<br>- Course Critiques<br>- Quizzes<br>- Instructor Feedback<br>- Project-Based Learning   |  |  |
| <b>AWARDS</b>      | Honor Credit  |  |  |  |

Figure 2



## CAP CADET PROGRAMS

### Horizontal Curriculum Map

#### FITNESS

**Goal:** The goal of the Cadet Program's fitness element is to develop in cadets a habit of regular exercise.

**Version:** October 2025  
**Monthly Requirement:** 45 Minutes

| CONTENT AREA | ACADEMICS   | ACTIVITIES  | ATTITUDES   |
|--------------|---|---|---|
| RESOURCES    | <p>Active Cadet Fitness Guide</p> <p>Fit to Fly</p> <ul style="list-style-type: none"><li>- Student Text</li><li>- Instructor Guide</li></ul> | <p>Encampment Program</p> <ul style="list-style-type: none"><li>- 8 hours of fitness programming, including classroom instruction, calisthenics, sports and team challenge</li></ul> <p>Resources Webpage</p> <ul style="list-style-type: none"><li>- YouTube Activity Tutorials</li><li>- Physical Education Training Guides</li><li>--Physical Education for Lifelong Fitness</li><li>-- Best Guide to Physical Fitness</li></ul> | <p>Baseline CPFT</p> <p>SMART Goals</p> <p>Mentoring</p> <p>CAPF 60-90 Feedback</p> |
| ASSESSMENTS  |   | <p>Cadet Physical Fitness Test (Presidential Youth Fitness Program, modified for CAP)</p> <p>Informal</p> <ul style="list-style-type: none"><li>- Course Critiques</li><li>- Quizzes</li><li>- Instructor/mentor/wingman Feedback</li></ul> <p>Performance Checks</p> <ul style="list-style-type: none"><li>- Course Critiques</li><li>- Performance Checks</li><li>- Instructor/mentor/wingman Feedback</li></ul>                  | <p>Squadron Hall of Fame</p> <p>Squadron Personal Best Board</p>                    |
| AWARDS       |   | <p>Presidential Youth Fitness Program</p>   |   |

Figure 3



# CAP CADET PROGRAMS

## Horizontal Curriculum Map

### CHARACTER

**Goal:** The goal of the Cadet Program's character element is to develop in cadets an ability to think critically about moral and ethical issues, and to develop a commitment to live CAP's Core Values.

**Version:** October 2025  
**Monthly Requirement:** 45 minutes

| CONTENT AREA | ACADEMICS  | ACTIVITIES  | MENTORING   | SERVICE LEARNING   |
|--------------|--|---|---|--|
| RESOURCES    | The Cadet Oath & Core Values<br>Cadet Wingman Course<br>Values for Living 2.0<br><br><u>Other Academic Resources</u><br><i>(Not for Character Forum Requirements)</i><br>Medal of Honor Character Development<br>Fit for Flying<br>- Student Text<br>- Instructor Guide<br>Let's Go Flying<br>- Student Text<br>- Instructor Guide<br>- Presentation slide show<br><br>ASSESSMENTS | Cadet Honor Academy<br>Wreaths Across America<br>Encampment program<br>-4 hours of character development activities<br><br>International Air Cadet Exchange<br>“Schoolhouse Weave”<br>DDR-X Activity Guide<br>National Character & Leadership Symposium<br><br>Air Force Core Values Guru Guide<br><br>Informal<br>- Course Critiques<br>- Quizzes<br>- Instructor Feedback | Adult staff serving as role models, chaperones, and mentors<br>Interactions with Air Force members as role models and mentors<br>Cadet Wingman Program as peer-to-peer mentoring<br>Ministry of presence by CAP chaplains<br>CAPF 60-90 Series Feedback Meetings<br><br>Color guard & honor guard activities<br>Other community service projects.<br><br>Informal<br>- Course Critiques<br>- Quizzes<br>- Instructor Feedback | Cadet Staff Service<br>Red Ribbon Leadership Academy<br>National Character Day<br>Wreaths Across America<br>Participation in CAP's Emergency Services mission (real-world humanitarian efforts)<br><br>The Congressional Award |
| AWARDS       |  |   |   |  |

Figure 4



## CAP CADET PROGRAM LOGIC MODEL

CAPVA 60-105  
May 2020

| AMERICA'S NEEDS   | INPUTS   | PROGRAM ACTIVITIES   |   |  |  | OUTCOMES   |
|---|--|--|---|--|--|--|
|   |  | Adult Leaders  | Core Curriculum   | Air Force Themes   | Flying   |  |
| <b>Acute Needs thru 2030</b>  | <b>1st Year Cadets</b><br>Youth aged 12 thru 18<br>25,000 total cadets<br>Develop tomorrow's professional pilots in response to a worldwide pilot shortage | Human Capital<br>Caring, trusted adult volunteers, screened and trained as instructors, supervisors, and mentors (# critical factor)   | Squadron Meetings<br>2½ hours weekly<br>Onboarding  | Youth-Scaled AF Environment<br>Air Force-style uniforms<br>Cadet grade   | Orientation Flights<br>CAP powered CAP glider<br>CAP balloon                                       | Enrichment Activities Beyond the Core Curriculum<br>1-week, overnight immersion for STEM & character AF / military role models   |
| Develop tomorrow's cyber defense professionals in response to cyber attacks against Democracy | one of 1,000 hometown squadrons operating in a community-based setting or as a school-sponsored club   | Cadet Great Start  | Military customs & courtesies<br>Service ribbons, badges, & various awards  | Military   | STEM / military career exploration   | STEM Kits<br>Red Ribbon Leadership Academy<br>Cyber Patriot  |
| Develop tomorrow's STEM professionals   | Increase number of youth who meet health and character eligibility requirements for military service   | Professional Development<br>CAP Level<br>Cadet Protection Training<br>CP Officer Handbook & Specialty Track Program<br>Training Leaders of Cadets Courses<br>Parents Guide<br>Youth Development Conference | Thematic Areas<br>Leadership<br>Aerospace<br>Fitness<br>Character<br>Curricular resources for students & instructors      | Interactions with "blue suit" AF role models<br>Support Program<br>Curry Blues Voucher                               | Wreaths Across America<br>Cadet Honor Academy<br>& several more national and home-built programs   | Wreaths Across America<br>Cadet Honor Academy<br>& several more national and home-built programs<br>3. Habit of regular exercise |
| <b>Enduring Need:</b><br><b>Responsible Citizenship</b><br><b>Grounded by:</b>                | <b>2nd Year Cadets &amp; Beyond</b><br>Youth aged 12 to 20<br>Habit of lifelong exercise   | Support Program<br>Confidential screening with FBI   | Support Programs<br>Cadet Packet Program<br>STEM Kits<br>Cadet Wingman<br>Online academic tests & eServices recordkeeping | Leadership Laboratory<br>Service learning as a member of the squadron staff and/or cadet cadre of a special activity | Flight Instruction<br>Flight Academies<br>Solo flight<br>Private Pilot License                     | Support Programs<br>Cadet Invest (Financial Aid)<br>Take-Off Program<br>Cadet Wings<br>Other endowed scholarships                |
|   |  |  |   |  | Career Explorations (NCSAs)<br>1-week, overnight immersion into an AF or STEM-related career field | Support Programs<br>Cadet Invest (Financial Aid)<br>Cadet Encampment Assistance Program<br>Cadet Lift                            |
|   |  |  |   |  |  | Continued on next page...  |

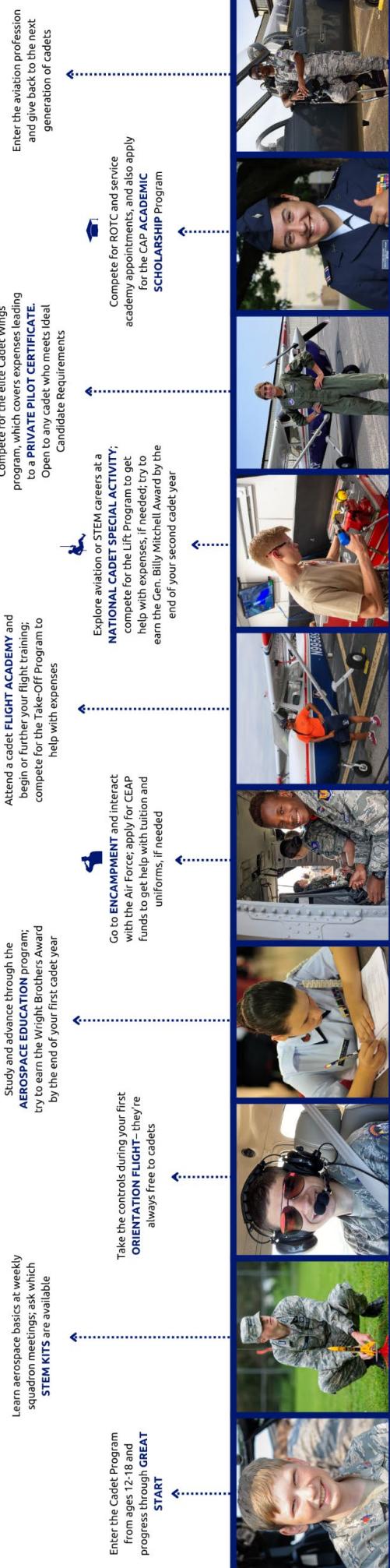
Figure 5, p. 1

|   |  | Outputs   |  |   |   | Key Performance Indicators<br>Selected metrics of Outputs                        |  |
|---|--|---|--|---|---|--|--|
| Inputs  |  | Adult Leaders   | Core Curriculum  | Air Force Themes  | Flying  | Immersions   | Electives  |
| Positive youth development practices occurring in a safe environment  | Fun weekly squadron meetings with meaningful learning across all four thematic areas   | Positive self-image to fuel success and protect against destructive behaviors   | Increase or sustain an interest in AF or STEM career opportunities   | Increase or sustain an interest in AF or STEM career opportunities                      | Increase or sustain an interest in AF or STEM career opportunities  | Increase or sustain learning and enthusiasm in CP's four thematic areas          | Increase or sustain learning and enthusiasm in CP's four thematic areas          |
| # cadets enrolled   | Indicators   | 1. # squadrons earning the Quality Cadet Unit Award; year-to-year, above 40% BGCA benchmark (#1 KPI)  | 1. % cadets with GPA >3.0, as proxy for self-discipline; year-to-year above National PTA averages as baseline  | 1. % cadets receiving O-Flights; year-to-year above 60% baseline                        | 1. # cadets participating in encampments, NCAs, CCAAs; year-to-year and % capacity                            | 1. % squadrons offering each elective program; year-to-year                      | 1. # squadrons earning the Quality Cadet Unit Award                              |
| # hometown squadrons (racial & gender diversity)  |  | 2. # Specialty Track ratings: year-to-year, above baseline of 7k (program-wide includes TLC metrics)  | 2. % parents professing improved or sustained positive attitude, self-discipline & confidence; year-to-year above 85% as baseline  | 2. # total O-flight hours & % budget execution; year-to-year                            | 2. % cadets expressing satisfaction with activity; year-to-year above 4/0.5 baseline                          | 2. # cadets earning the Cyber Badge; # squadrons scoring points in Cyber Patriot | 2. # adults in CP specialty, track promotions per month                          |
| Cadet demographic info  |  | 3. % cadets professing that CAP adults are trusted & caring; year-to-year above 85% baseline  | 3. % CAP adults professing belief that cadets are positive, respectful young people; year-to-year above 85% baseline   | 3. # average days between joining and first flight; year-to-year below 180-day baseline | 3. Pre- and post-activity learning and affective measures   | 3. Pre- and post-activity learning and affective measures                        | 3. # cadets participating in encampment  |
|   |  | 4. % cadets, parents, and CP officers professing that they "almost always" see two-deep leadership practices abided   | 4. % cadets attaining HFZ fitness standard; year-to-year above PYFP benchmark  | 4. # Pre-solo, Solo, and PPL achievements; year-to-year                                 | 4. # parents professing improved or sustained positive attitude, self-discipline & confidence in their cadets | 4. # Cyber Patriot teams   | 4. # adults in CP specialty, track promotions per month                          |
|   |  |   |  | 5. YAI demographics vs. GA benchmarks   | 5. YAI demographics vs. GA benchmarks   | 5. # Cyber Patriot teams   | 5. # adults in CP specialty, track promotions per month                          |
|   |  |   |  | 6. Cadet Wings v. GA benchmarks on hours to PPL & average costs                         | 6. Cadet Wings v. GA benchmarks on hours to PPL & average costs   | 10. % cadets professing an increased or sustained interest in AF or STEM careers | 10. % cadets professing an increased or sustained interest in AF or STEM careers |
| <b>Strategic Resources</b>  | \$6.7M zero-based requirement (currently \$4.9M)<br>560 single-engine aircraft zero-based requirement (currently 560 single-engine aircraft, 47 gliders, & 2 balloons)   | <b>10.5</b> full-time professional staff, zero-based requirement (currently 5)  | 38 national-level volunteer staff<br>Strong, on-going USAF advocacy & in-kind support  | 8,200 rated Cadet Programs Officers (adult volunteers, 7K minimum requirement)          |   |  |  |
| EXPLANATION   |  |   |  |   |   |  |  |
| The cadet logic model visually depicts how the Cadet Program achieves value for America. It shows the relationship between some pressing social needs facing the nation, the resources available to CAP, the program's activities, and the results CAP aims to achieve, which map back to the social needs. Ultimately, logic models are tools for learning, helping the organization get better at fulfilling its mission. | Inputs are the human, financial, organizational and strategic resources necessary to fulfill the Cadet Program's mission. Here, the strategic resources reference recent (FY19) and zero-based requirements that were validated in 2018.   | Outcomes are the specific changes CAP produces in the cadets. They are what cadets know, believe, and can do as a result of their cadet experiences. Individual cadets' ability to fulfill the desired outcomes depends on several factors, most notably their quality of their local program and their level of participation (dosage). In logic models, outcomes are typically short- and medium-range achievements over a 2 to 4 year period, as is the case here. | Accordingly, top Key Performance Indicators are identified to assist management in gauging CAP's success in achieving its outcomes. If the KPIs are strong, CAP can be reasonably confident that it is achieving its desired outcomes. For more on the drawbacks of impact measurements and the need to focus on outcomes, see Ebrahim and Rangan. |   |   |  |  |
| The cadet logic model visually depicts how the Cadet Program achieves value for America. It shows the relationship between some pressing social needs facing the nation, the resources available to CAP, the program's activities, and the results CAP aims to achieve, which map back to the social needs. Ultimately, logic models are tools for learning, helping the organization get better at fulfilling its mission. | Program Activities are the work the Cadet Program does with its resources. These include curricula, support services, and fun activities representing the full breadth of cadet life, all thoughtfully organized and deployed to fulfill the Cadet Program's mission. Here, the program's activities are organized into six groups. Together, the inputs and outcomes represent the work that CAP plans to do for America and participating youth.   | Some logic models identify the impact or society-level changes the program achieves over a 7 to 10 year period. This model declines to identify and measure program impacts, choosing instead to focus on mid-range outcomes of 2 to 3 years, as suggested by Ebrahim and Rangan (2014).  | Local Monitoring. Efforts are underway to make it easy for local leaders to track KPIs 1 through 6 on an annual basis. If squadrons and wings pay attention to those measures and try to increase performance in those areas, the Cadet Program will become even more successful.  |   |   |  |  |
| <b>References</b>   | Donaldson, S. L. (2007). <i>Program Theory-Driven Evaluation Science: Strategies &amp; Applications</i> . Taylor & Francis.<br>Ebrahim, A., & Rangan, V.K. (2014). What Impact? A framework for measuring the scale & scope of social performance. <i>California Management Review</i> , 56(3).<br>McLaughlin, J. A., & Jordan, G. B. (2015). Using logic models. In K. E. Newcomer, H. P. Harry, & J. S. Whaley (Eds.), <i>Handbook of Practical Program Evaluation</i> (4 <sup>th</sup> ed., pp. 62-87). Jossey-Bass.<br>National Resource Center. (2010). <i>Measuring outcomes: A capacity builder's resource library</i> . U.S. Department of Health and Human Services.<br>Poister, T. H. (2015). <i>Performance measurement</i> . In C. Newcomer, H. P. Harry, & J. S. Whaley (Eds.), <i>Handbook of Practical Program Evaluation</i> (4 <sup>th</sup> ed., pp. 108-136). Jossey-Bass.<br>W.K. Kellogg Foundation. (2004). <i>Logic model development guide</i> . | Outputs are the direct products of program activities. Here, the outputs are arranged by program activity group. Every output is measured against a few indicators.   | Feedback Welcome. Questions and comments will gratefully be received at <a href="mailto:cadets@caprhq.gov">cadets@caprhq.gov</a> .   |   |   |  |  |

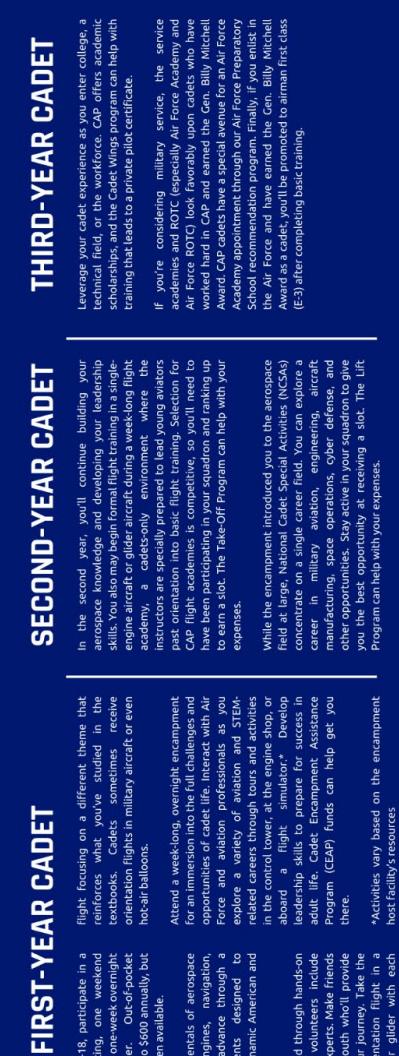
**Figure 5, p. 2**

# CADET FLIGHT PLAN

## for AVIATION CAREERS



## EXAMPLE CADET PROGRESSION



## FINANCIAL ASSISTANCE



## Part 3 RECOMMENDED BEST PRACTICES

### 3.1 HALLMARKS OF EFFECTIVE VS. INEFFECTIVE SQUADRONS

Perhaps a good place to begin a discussion of recommended best practices is by simply comparing and contrasting effective and ineffective squadrons in how they handle a variety of issues affecting cadets.

| Topic                               | Effective Squadrons   | Ineffective Squadrons   |
|-------------------------------------|---|---|
| <b>Adult Staff</b>                  | Staffed by a handful of screened and trained adult volunteers who are motivated to support the cadets   | Minimally staffed by well-meaning but inconsistent and ill-prepared adult volunteers who focus upon their personal goals  |
| <b>Weekly Meeting Preparation</b>   | Detailed schedule is drafted, circulated among staff, and published in advance; cadet morale at weekly meetings is high and attendance is strong  | Operates without a written schedule, or without a sufficiently detailed and coordinated schedule; cadet morale at weekly meetings is lackluster, and new cadets soon fade away  |
| <b>Weekly Meeting Activities</b>    | Include hands-on learning opportunities and a minimum of lectures and other types of passive learning; cadet staff have leadership / instructional opportunities  | Feel like an extension of the school day, with too many lectures and not enough fun, challenging activities; cadets spend a lot of time doing drill or standing for uniform inspections   |
| <b>Recruiting &amp; Great Start</b> | The squadron conducts well-planned open houses, recruits a cohort of cadets, and provides them with a systematic, thorough orientation to CAP leading to their completing Achievement 1 within 60 days  | New cadets trickle into the squadron; they are told to fall-in and try to follow-along with the more advanced cadets; essentially abandoned, few cadets stick around for long   |
| <b>Attendance</b>                   | Most cadets attend meetings regularly, and they tell the squadron if they'll be absent; if a cadet begins to fade away, someone contacts them to see what's up  | Attendance is sporadic; absences are unannounced; cadets who are chronically absent are never contacted by the squadron   |
| <b>Parents</b>                      | Adult staff provides parents with a solid introduction to CAP, invites questions, communicates expectations about cadet attendance and behavior, explains how ongoing communication works in the squadron, and exchanges contact information  | Adult staff provides parents with little to no introduction to CAP; parents are not greeted when they visit the squadron; parents' questions are not answered in a timely manner, and they grow frustrated for a lack of information  |
| <b>Cadet Staff</b>                  | Cadet staff is properly designed; cadets are selected, briefed, and debriefed; they are assigned to challenges appropriate for their grade; as the cadets grow in maturity, adult staff grants them progressively more authority and autonomy while continuing to provide adult supervision and mentoring | Highest ranking cadet is appointed "cadet commander" and left to run the squadron using only his or her own adolescent wisdom; although the cadets are growing and advancing, no thought is given to managing their succession of staff duties via term limits, upward mobility, or rotations |

|                                |   |   |
|--------------------------------|---|---|
| <b>Leadership Feedback</b>     | Leadership development is an ongoing process and opportunity for learning; adult staff and cadet officers help cadets grow and hone their skills through mentoring and timely leadership feedback meetings that are positive, constructive, and specific  | Cadets are on their own to develop leadership skills; due to a lack of coaching or feedback being delivered in a negative, heavy-handed manner, none realizes her full potential; cadets are frequently hounded for making mistakes   |
| <b>Promotions &amp; Awards</b> | When cadets earn promotions or awards, the squadron recognizes those achievements promptly, publicly congratulates the cadets, extends congratulations to the cadets' families, and uses the occasion to encourage junior-ranking cadets to follow the awardees' lead   | When cadets earn promotions or awards, they are not presented in a timely manner; cadets often wonder what tasks they need to do to qualify for awards and/or when they will be authorized to wear the new ribbon, chevron, badge, etc.; the squadron rarely makes a "big deal" out of the cadet's accomplishment                             |
| <b>Flying</b>                  | Thanks to wing-level coordination, new cadets receive their first flight within the first 90 days of their joining CAP, and every cadet receives at least one flight annually   | Wing does not provide enough support, and consequently new cadets don't fly shortly after joining, and most cadets do not receive orientation flights regularly   |
| <b>Encampment</b>              | Encampment is frequently talked-up; cadets and families are informed about the exciting opportunities, the squadron facilitates carpools, and families are made aware of CEAP funding   | Encampment is barely mentioned, families are merely pointed to a website for information, and few cadets attend   |
| <b>Wingmen</b>                 | Each cadet has a wingman; when cadets need to pair-up for activities, they instinctively go to their wingman; when a cadet's behavior is out of line, the wingman is the first to redirect the cadet or go to adult staff for help; wingmen actively support, encourage, and look out for one another, making the squadron look and feel like a real team | CAP is a solitary, individual activity where each cadet is responsible for his or her own success without any support from peers; newcomer cadets feel left out, lost, unaware of upcoming events, unsure where to go if they have questions; sometimes cadets get physically hurt because nobody is watching out for them                    |
| <b>Cadet Protection</b>        | Cadet activities always have two-deep adult leadership and appropriate supervisor ratios, and rarely does the adult staff feel it's stretched too thin; when cadet protection violations, boundary concerns, or safety-related decisions need to be made, multiple adults are included in the process with follow-up to the appropriate chain of command  | Cadet activities frequently lack two-deep adult leadership and proper supervisory ratios; adult interaction with cadets is not actively monitored; the adult staff lacks the collegial attitude necessary for enforcing the CPP in fact and spirit; certain individuals (cadet or senior member) are allowed to break the rules with impunity |
| <b>Safety</b>                  | Before the squadron does anything out of the ordinary, the cadets pause and think about risk management; adult staff provides monthly training on topics relevant to teens; a pro-safety attitude is in the unit's DNA  | Safety training, if it happens at all, is preachy and not relevant to teens; no effort is made to inculcate good habits, teach a basic process for managing risks, or learn from mishaps  |
| <b>Program Integrity</b>       | Staff operates the squadron in compliance with CAP rules and regulations, especially those on the compliance checklist in CAPR 60-1 and CAPR 60-2   | Staff is unaware of program standards or dismissive of them; priority is given to operating "my way"  |

**Table 6**

## 3.2 THE CADET WINGMAN CONCEPT

It's the Air Force's version of the buddy system. A wingman is a peer who sees the world from a different perspective. Such a capability is a lifesaver in aerial combat because the wingman "checks six" to protect his or her lead from a bogey sneaking up from the rear. Therefore, a cadet wingman is a resource for alerting his or her mate to opportunities, hazards, and problem behaviors. Further, the wingman should also be the cadet's first resource for peer support, encouragement, and better decision-making.

The wingman relationship is a peer-to-peer relationship. Wingmen meet one another as equals and help one another like classmates and teammates do for their sharing a common mission. Unlike in a coaching relationship, wingmen are not experts focused upon increasing technical skills, though skill-building support is encouraged. Unlike in a mentoring relationship, wingmen do not presume to possess greater wisdom and experience than their mate, though service as a sounding board and voice of conscience is encouraged. Unlike in a supervisory relationship, wingmen are not empowered with formal authority, but their personal commitment to one another greatly enables wingmen to influence their mates.

**Wingman Assignments.** Every cadet should have a wingman locally, in the squadron, and during special activities. Local leaders may match cadets with a wingman, or allow those relationships to develop organically among friends, but if the latter, double-check that no cadet is left without a wingman. Ideally, wingmen operate as pairs, but trios are also acceptable.

**Best Practices.** In a strong, vibrant wingman program, cadets increasingly feel accountable to their wingman, and therefore they will show greater determination toward commitments because their wingman is counting on them to follow-through. Peer pressure can be a positive force for change. Nobody wants to let a loyal wingman down. Wingman behaviors begin with the Core Values, but also encompass physical, mental and social domains.

*For increasing commitment to the Core Values*, positive wingman behaviors include:

- Promoting integrity in and out of uniform; helping cadets be consistently good, moral people in all aspects of life
- Modeling the ideals of selfless service; when a wingman cares for a cadet, that selflessness rubs-off, making that cadet-recipient more apt to be service-orientated and caring toward others
- Supporting excellence, especially in the workaday aspects of cadet life, such as proper wear of the uniform, exercising regularly and following-through on personal fitness goals, and striving for high marks on achievement tests
- Promoting respect and pro-social behaviors (see social health and readiness below)

*For physical health and readiness*, positive wingman behaviors include:

- Knowing your wingman's exact whereabouts at all times during CAP activities
- Monitoring hydration, diet, hygiene, and sleep during CAP activities, and issuing friendly reminders as needed
- Preventing bodily injury by being alert to potential hazards, and by following safety rules and using safety equipment
- Reacting to a bodily injury by calling for help and/or reporting the incident to adult staff
- Providing cadet protection support; noticing if someone is overstepping CPP boundaries with the wingman and calling upon adult staff for assistance

*For mental health and readiness*, positive wingman behaviors include:

- Encouraging a positive attitude in the face of momentary setbacks
- Assisting with cadet academics as a study partner or peer tutor
- Being alert to prolonged instances of anger or depression and calling upon adult staff for assistance

*For social health and readiness*, positive wingman behaviors include:

- Modeling positive, pro-social behaviors, such as politeness and professionalism
- Redirecting negative behaviors such as cockiness, unprofessional conduct, or flaunting of rank
- Helping include the wingman in the social group, and helping the wingman to include others

**Reinforcing the Wingman Concept.** Adult leaders could mentor individual cadets in the presence of their wingman. Such a tactic reinforces the notion that wingmen are responsible for one another's readiness to excel. Of course, adult leaders should address sensitive and confidential matters outside the presence of the cadet's wingman.

### 3.3 DESIGNING A CADET STAFF STRUCTURE FOR YOUR MIX OF CADETS

Cadets learn by leading. Service on a cadet staff gives cadets an opportunity to apply their leadership skills and develop their potential. Their learning is especially effective because the cadets are actively engaged in their development, learning to lead by actually leading, instead of passively receiving knowledge from a lecturer.

Cadets will have a higher motivation to learn and develop their potential if they see that as cadet staff they have a degree of autonomy that gives them a real stake in the success of the squadron. Therefore, instead of senior members assuming the role of a classroom teacher and being the sole, infallible source of information, the senior leadership should share control of the squadron and allow cadets to explore the art of leadership by leading junior cadets. In the Cadet Program, senior members coach and mentor the cadet staff.

**Designing Your Cadet Staff.** When selecting cadets to serve on the cadet staff, senior members should try to tie-together three things: the cadet's leadership skill, their rank, and their job. For example, new cadets are learning how to follow and contribute to the team. They wear an airman's insignia, and therefore should be assigned a position appropriate for a novice, low-ranking leader, such as element leader. Cadet master sergeants, on the other hand, know how to follow and have moved on to learn how to take charge of small groups and execute plans their superiors have developed. Therefore, these cadet NCOs should be assigned positions that match their rank and skill, such as flight sergeant or first sergeant. The "Leadership Expectations" found on CAPVA 60-100, *Cadet Super Chart*, illustrates these concepts.

## Cadet Duty Opportunities by Grade

| Cadet Staff Position                | Minimum Grade | Suggested Minimum | Maximum Grade | Suggested Maximum |
|-------------------------------------|---------------|-------------------|---------------|-------------------|
| Element Leader                      | C/Amn         |                   | C/CMSgt       | C/TSgt            |
| Flight Sergeant                     | C/SSgt        |                   | C/CMSgt       | C/CMSgt           |
| Flight Commander                    | C/MSgt        | C/2d Lt           | C/Capt        |                   |
| First Sergeant                      | C/MSgt        |                   | C/CMSgt       |                   |
| Support Staff Assistant             | C/A1C         |                   | C/SrA         |                   |
| Support Staff NCO                   | C/SSgt        |                   | C/CMSgt       |                   |
| Support Staff Officer               | C/2d Lt       |                   | C/Col         |                   |
| Cadet Deputy Commander (Support)    | C/2d Lt       | C/1st Lt          | C/Col         |                   |
| Cadet Deputy Commander (Operations) | C/2d Lt       | C/1st Lt          | C/Col         |                   |
| Cadet Commander                     | C/2d Lt       | C/1st Lt          | C/Col         |                   |

**Table 7**

**Tailoring the Challenge.** This principle of tying leadership skill, rank, and position together is all about providing a tailor-made leadership challenge for each cadet. However, this may result in the squadron needing to keep some staff positions vacant. For example, if the ranking cadet is an airman, their position still should be limited to element leader because we want to match them with a job that is appropriate for their leadership skill and rank – it would be premature to appoint that cadet as cadet commander.

If the ranking cadet is a master sergeant, that cadet could serve as flight sergeant or first sergeant, but higher positions like flight commander and cadet commander should remain vacant. By assigning cadets to positions that match their rank and skill, we ensure each cadet has a leadership challenge that is appropriate. Further, by keeping high positions vacant until cadets achieve rank commensurate with the positions, we give the ranking cadet(s) additional challenges to strive towards and a reason to pursue promotions. As the cadets advance in CAP and mature as leaders, they can gradually be promoted into higher positions on the cadet staff.

**Organizational Charts.** If units provide tailor-made challenges for ranking cadets, each unit is apt to have a unique organizational structure. There is no “one size fits all” solution or standard organizational chart for a cadet unit. Each squadron should choose an organizational structure that is appropriate for its mix of cadets, be the squadron big or small, top-heavy or bottom-heavy. This handbook includes organizational charts designed for a variety of circumstances. Unit commanders should select the organizational structure best suited for their unit, or even customize one of the organizational charts suggested in this handbook.

### 3.4 THE CHANGING ROLE OF SENIOR MEMBERS

A squadron's cadet staff is a dynamic system – as junior cadets advance and experienced cadets outgrow the Cadet Program, the staff structure will need to change. What does this mean for the cadets' mentors, the senior member staff? The level of adult involvement – the degree to which the senior staff takes a hands-on or hands-off approach – should depend on the maturity of the cadet staff.

**Well-Established Units.** For example, in well-established units that have a number of mature cadet officers, the cadet staff should be afforded considerable autonomy. It is the cadet officers who should be setting goals, planning activities, and making decisions for the unit, under senior supervision. In situations like this, senior leaders can delegate many leadership functions to the cadet staff, while still supervising and mentoring the cadets.

**New or Rebuilding Units.** In contrast, if the unit is bottom-heavy – perhaps it is brand new or rebuilding – the senior staff will need to take a more hands-on approach. In the absence of mature cadet officers, the senior staff must fulfill the goal-setting, planning, and decision-making functions until junior cadets acquire some rank, maturity, and leadership skills.

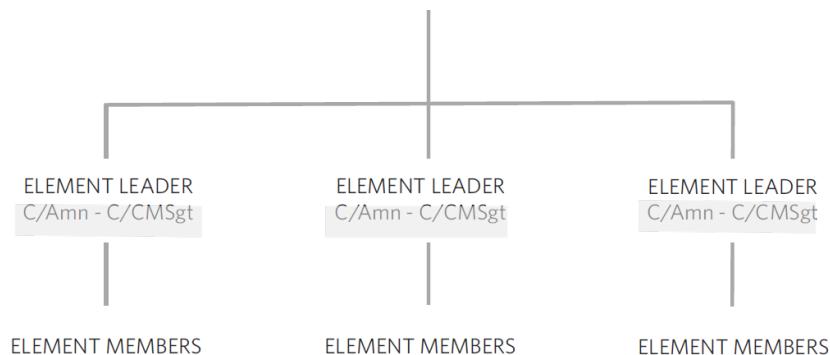
The senior staff may even need to instruct cadets in fundamental subjects like drill and the wear of the uniform, performing duties normally assigned to cadet NCOs. Hopefully, cadets will progress quickly and earn entry-level leadership positions. When that happens, the senior staff should gradually delegate more authority to the cadets and enlarge the cadet staff's sense of autonomy. In other words, every time the cadet staff takes one step forward in the Cadet Program, the senior staff should take one step back.

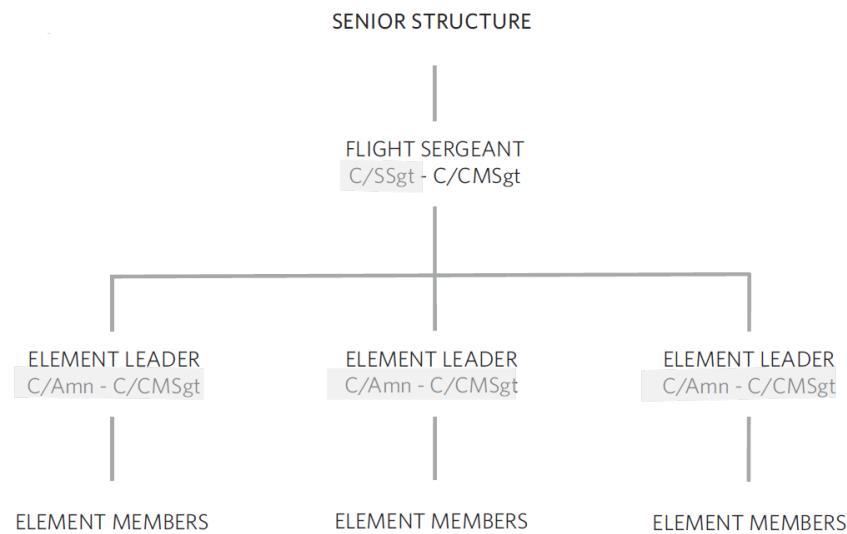
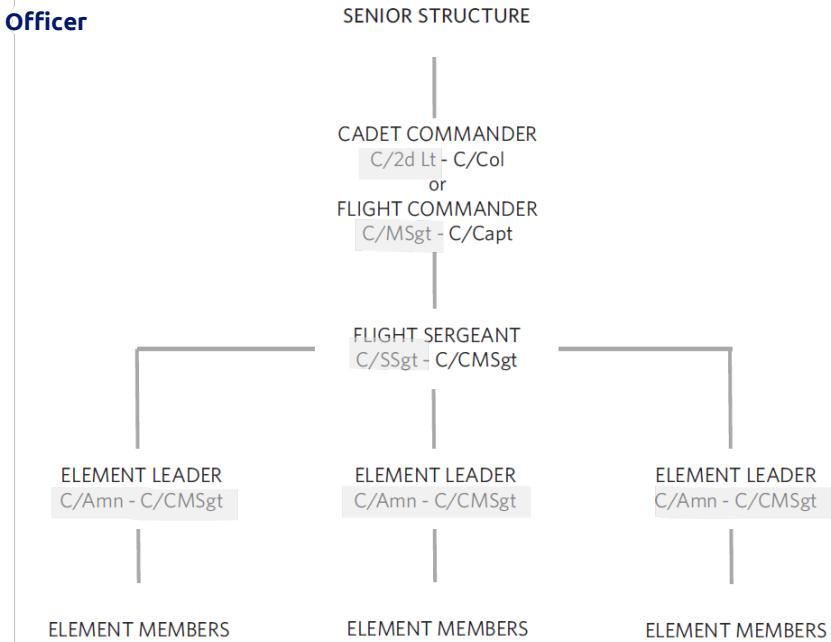
**The Importance of Cadet Position Descriptions.** How much authority should be granted to cadets? What is the ideal scope of their responsibilities? The answers to these questions are found in the cadet staff position descriptions. After finding an appropriate staff assignment for a cadet, the senior leadership should grant the cadet enough space or autonomy to perform that job, as it is laid out in the position description. Likewise, the scope of the cadet's responsibilities should be limited by their position description. In other words, flight sergeants should have freedom to perform flight sergeant duties, but only flight sergeant duties.

**Small, Bottom-Heavy Squadron, All Airmen**

SENIOR STRUCTURE

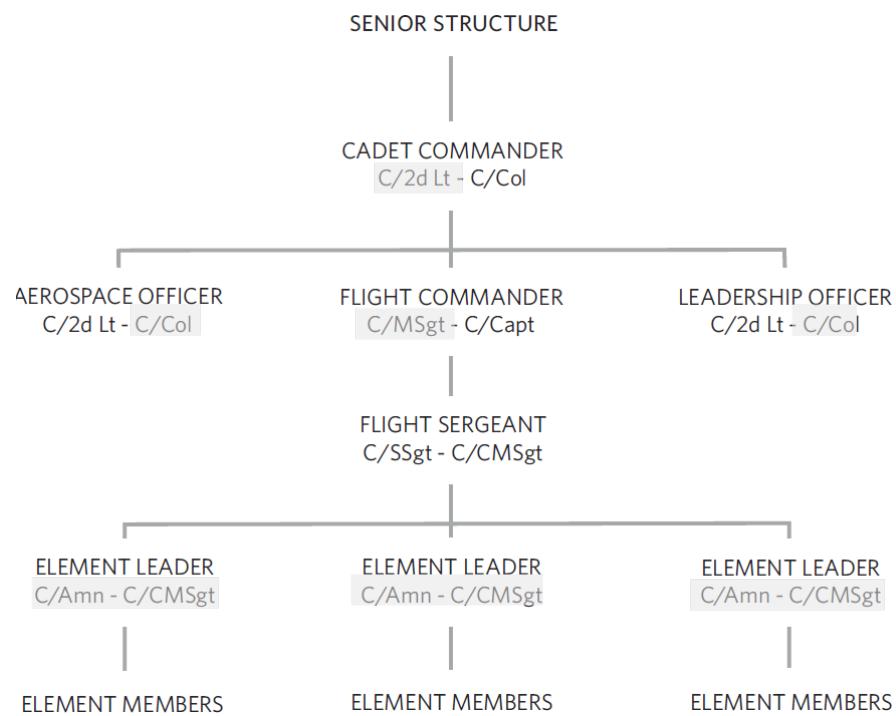
**Figure 7**



**Small, Bottom-Heavy Squadron, With a NCO****Figure 8****Small Squadron With NCOs and an Officer****Figure 9**

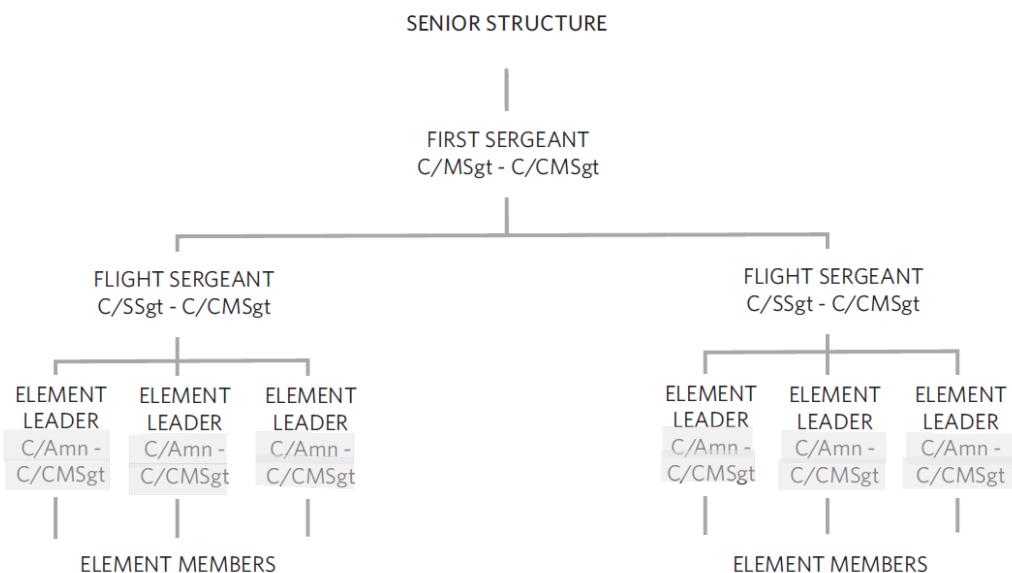
### Small Squadron With NCOs and a Few Officers

**Figure 10**



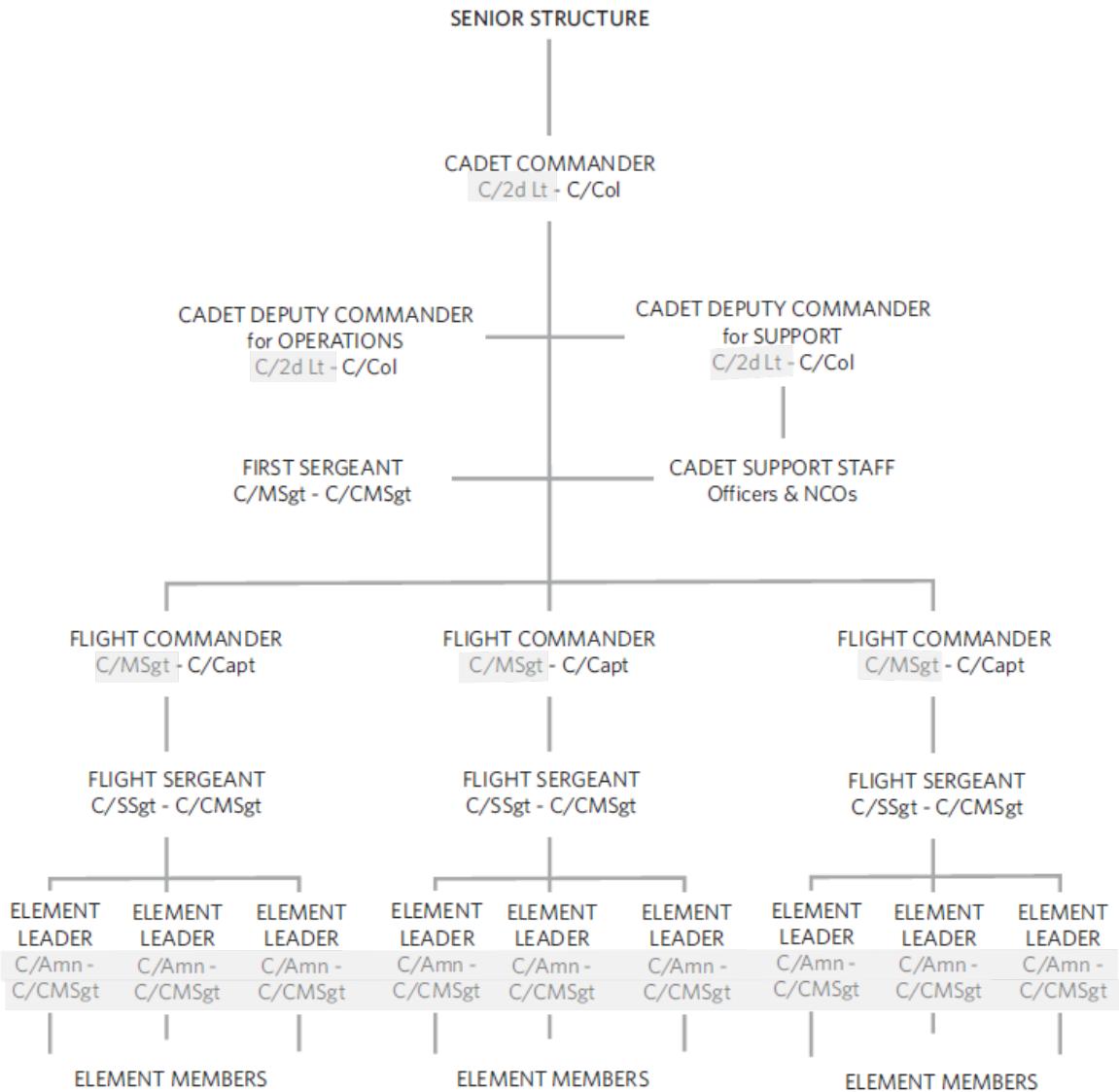
### Large, Bottom-Heavy Squadron

**Figure 11**



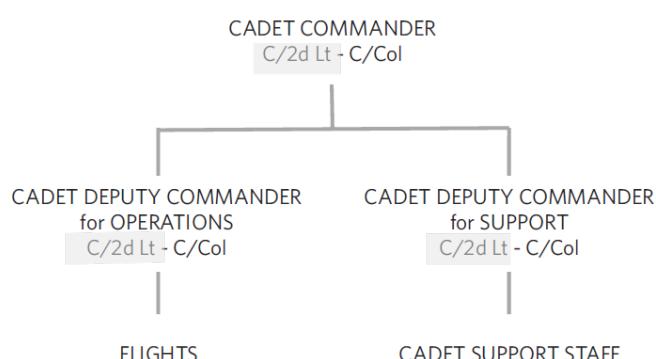
### Large Squadron with Several NCOs & Officers

**Figure 12**



### Optional Organization of Cadet Command Staff

**Figure 13**



## 3.5 THE CADET STAFF SELECTION PROCESS

The unit commander has final authority over cadet staff assignments. That said, seniors who work directly with cadets should have a say in the process. And of course, cadet staff should have a great deal of input in selecting their assistants. Whatever your selection process, follow it consistently. Ensure the process is fair and transparent. Avoid the appearance of favoritism, especially in parent / child situations.

**Interviews.** Commanders are encouraged to interview cadets before assigning them to a staff position. From a managerial perspective, an interview may seem unnecessary – in most units, cadets and seniors know one another well, and the cadets' rank structure may make it obvious which cadet will be assigned to which position. But interviews are good leadership experiences for cadets. They prompt cadets to take stock in their own leadership performance. Plus, learning how to behave in an interview is a good life skill. Moreover, by conducting interviews you underline the fact that staff service is something that must be earned. Some suggested questions to ask during a placement interview include:

- What talents, qualities, and strengths would you bring to the job?
- Do you want the job? Why?
- How do you describe your leadership style?
- What leadership skills are you weak in? What are you doing to develop yourself?
- How long would you like to hold this job?
- Do you have any initial goals or ideas regarding this position?
- Why do you think you're the best candidate for the job?

Interviews should be two-way conversations. To promote open discussion, after the cadet reports, offer them a seat and help them relax.

**Term Limits.** Commanders have flexibility in determining how long cadets serve in their staff positions. There is no standard term of office. However, unit commanders are encouraged to set term limits for three reasons:

- (1) Term limits make it clear cadets must work hard if they are to continue enjoying the opportunity of serving on the cadet staff. Staff service is a privilege, not a right.
- (2) Term limits allow other qualified cadets opportunities to lead. CAP wants to develop the leadership potential of all cadets by assigning them jobs befitting their rank and skill. Term limits can help ensure every deserving cadet has a chance to lead.
- (3) Term limits create a face-saving measure if cadets are unable to perform their duties, for whatever reason. It is better for a cadet to be assigned to a different position at the end of the term, rather than be fired because of poor performance. Staff service is supposed to be a positive learning experience.

The duration of the term should depend on the situation. If the unit is new, with no cadets holding significant rank, cadets could be rotated through element leader positions on a weekly basis. If the squadron has a well-defined corps of cadet officers and NCOs, terms could be 6 to 12 months long. However, it is not recommended that a cadet be appointed to a term longer than one year because the unit commander should be reevaluating the cadet staff structure regularly. At the end of a term, however, the commander may find the staff structure does not need to be adjusted, and may elect to renew the cadets' terms of office. Of course, unit commanders always retain the prerogative of changing the cadet staff plan at any time to meet the squadron's needs.

**Appointing the Cadet.** Your cadet staff has been selected. Now it's time to ensure each cadet understands their role and responsibilities. A staff member should meet with the cadet to review the following:

- Congratulate the cadet for being selected.
- Review the position description.

- Discuss the main duties of the position.
- Discuss who the cadet will report to.
- Allow the cadet to ask questions.
- Define the term of office.
- Emphasize that staff service is a learning experience. It should be challenging, yet fun.
- Announce the appointment to the squadron.

Of course, if one cadet is replacing another in a staff position, the outgoing cadet deserves to be told personally that their term is coming to a close, before you start looking for their successor.

**Concluding the Staff Service.** At the end of a staff term, it is important to provide the cadet with feedback. When meeting with the cadet, some good discussion points to consider include:

- Thank the cadet for serving.
- Ask them what they learned from the experience.
- Name a few of the cadet's accomplishments, and congratulate them for their performance.
- Explain what their next role is, or if that is not yet determined, ask what they hope to do next.
- Explain what they can do to develop their leadership potential.
- End on a positive note. Consider presenting them with a certificate of appreciation.

## 3.6 LEADERSHIP FEEDBACK MEETINGS

If you are a cadet officer, you'll be asked to evaluate cadets' leadership performance. This is an opportunity for you to help a junior cadet develop their leadership skills. At the same time, preparing the CAPF 60-90 Leadership Feedback tool and meeting with the cadet will test your own skills as a leader. Here are some things to keep in mind when evaluating cadets:

### Introductory Guidelines

Evaluate cadets at least once per phase using the CAPF 60-90 that corresponds with their phase. See the back side of the form for further instructions.

The categories and performance goals listed on the CAPF 60-90 are derived from the "Leadership Expectations" outlined on the CAPVA 60-100, *Cadet Super Chart*. The form and the chart work hand-in-hand.

If desired, file the completed form in the cadet's personnel record after providing them with a copy.

### Suggested Procedure for Feedback Meetings

1. Meet in a location that offers some privacy, but avoid situations that place a senior and cadet alone together.
2. Have the cadet formally report to the officer(s) who will be providing the feedback.
3. Put the cadet at ease so they may focus on the officers' guidance. If using the CAPF 60-90 series form prior to a promotion, state whether the cadet will be promoted or not. Getting that question out of the way allows the cadet to focus on the feedback.
4. Ask the cadet to describe some recent successes they have had in the Cadet Program. Why do they exemplify good leadership? Challenge the cadet to think about their leadership performance.
5. Ask the cadet to describe some leadership skills they are trying to improve. What steps are they taking to improve in these areas? Again, challenge the cadet to think critically and be specific.
6. Review the ratings in the top portion of the CAPF 60-90 series form. For each item, provide positive, constructive, and specific feedback.

7. Identify some of the cadet's recent successes. Let the cadet know what they are doing well.
8. Identify 2 or 3 leadership skills that the cadet should focus on. Give specific suggestions on what they should do to improve in those areas, but do not overwhelm them with feedback.
9. Congratulate the cadet for their efforts and encourage them to remain active in CAP. If retaining the cadet in grade, set a date for a subsequent review. Be sure to re-enforce the positive.
10. Dismiss the cadet and return their salute.

Remember, to maintain a positive and optimistic attitude – not an adversarial one – when offering cadets feedback.

### 3.7 MONTHLY PROGRAM TEMPLATE

Perhaps the first step in having well-coordinated meeting schedules involves your squadron adopting a regular pattern governing the type of content programmed in a given week. It doesn't matter which sequence the squadron chooses to follow; what counts is that the squadron chooses a sequence that works for it and follows it every month. A good pattern links each week of the month with training content, administrative tasks, and a uniform requirement. Here's one possibility.

| <b>Week</b> | <b>Uniform</b> | <b>Emphasis</b> | <b>Block 1</b> | <b>Block 2</b> | <b>Concurrent / Special Tasks</b> |
|-------------|----------------|-----------------|----------------|----------------|-----------------------------------|
| 1           | Blues          | Drill           | Leadership     | Aerospace      | Feedback Meetings & Promotions    |
| 2           | ABU            | Drill           | Aerospace      | Leadership     |                                   |
| 3           | ABU            | Drill           | Fitness        | Elective       |                                   |
| 4           | Blues          | Safety          | Character      | Elective       | Drill & Ceremonies Testing        |
| 5           | TBA            | Elective        | Elective       | Elective       |                                   |

**Table 8**

### 3.8 WEEKLY SQUADRON MEETING TEMPLATE

This suggested template contains five main parts that should be present every meeting, save for special events. Whatever your arrangement, it's important to start promptly on time and end promptly on time. [CAPF 60-83, Squadron Meeting Planner](#), is an optional tool for creating meeting schedules. See Figure 12 for more information.

| <b>Event</b>   | <b>Duration</b>          |
|--|--------------------------|
| Opening Formation: National Anthem, Meeting Overview, Uniform Inspection | 15 min                   |
| Emphasis Item (drill or safety training)                                 | 15 min                   |
| Training Block #1  | 45 – 60 min              |
| Administrative Tasks: promotion boards, finance meetings, etc.,          | concurrent with Training |
| Training Block #2  | Blocks                   |
| Closing Formation: Announcements, Awards & Promotions                    | 45 – 60 min              |
|  | 10 min                   |

**Table 9**

## 3.9 SQUADRON MEETING COORDINATION PROCESS

Several members of the staff are likely to have a stake in a given week's meeting schedule. Therefore, the draft schedule should be coordinated with them to ensure they are prepared to lead or support their portion of the meeting. One suggested process for doing that is:

| Draft                         | Coordinate             | Approve                  | Publish                  | Execute              |
|-------------------------------|------------------------|--------------------------|--------------------------|----------------------|
| At least 2 weeks prior        | at least 10 days prior | at least 8 days prior    | at least 7 days prior    | D-Day                |
| Cadet officer or senior staff | Affected staff         | Unit commander or deputy | Unit commander or deputy | Cadet & senior staff |

**Table 10**

Your squadron is welcome to adjust this suggested process, but what's ultimately required is :

- You plan your meetings in advance, versus "winging it" the night of the meeting;
- Local leaders give the senior and cadet staff an opportunity to review the plan and suggest edits;
- The final plan, approved by the commander, be available to all, at least 48 hours in advance.

## 3.10 SQUADRON WEEKLY MEETING PLANNER

Thanks to cloud computing, everyone in your squadron can see the draft plan, comment upon it, and generally work together to get the plan just right. The [CAPF 60-83, Squadron Weekly Meeting Planner](#), is an optional form that can help your whole team develop a highly detailed training plan for your meetings. See Figure 12 for an example.

**Staff Coordination:** As your squadron's leadership team reviews the plan, there's a place for them to check-off and show they concur with the plan.

**Announcements:** It's not enough to say, "We take 5 minutes for announcements at the start of the meeting." To be successful, you have to identify what those announcements will be so nothing is forgotten.

**Emphasis Item:** If the cadets are doing drill, what kind of drill? Are they learning new maneuvers, or practicing what they already know? As they drilling as a single group, or in flights/ elements? Again, specificity is the key.

**Training Blocks:** Here's a space so that the AEO or CDI (or whoever) can communicate on preparations for his session. ("We'll be outdoors for part of the lesson. It gets dark early, so know that my AE lesson has to happen during block #1.")

**Concurrent Tasks:** If the bulk of the cadets are doing one activity, you may need to pull individuals out and take care of promotion boards, or gather the senior staff to talk finances. Here's a place to plan for that.

If your squadron develops good habits in coordinating meeting plans, the cadet staff and senior leadership will get along better. Cadets who would like their say in planning the meeting have a means to be heard, and you can task them with writing the plan's first draft while you maintain quality control. Simply put, good coordination habits mean your squadron will get along and will run successful meetings.

| SQUADRON WEEKLY MEETING PLANNER   |   |  |   |   |   |  |  |  |  |  |
|---|---|--|---|---|---|--|--|--|--|--|
| Meeting Date  | 1 October 2017                          |  |   | Draft Version                             | 1   | Plan drafted by C/CC   |  |  |  |  |
| Uniform of the Day  | Blues, short-sleeve, open collar        |  |   | Drafted by                                | C/Capt Earhart                            |  |  |  |  |  |
| <b>STAFF COORDINATION</b> See page 2 for instructions on how to use this form   |   |  |   |   |   |  |  |  |  |  |
| CD/CDC <input checked="" type="checkbox"/>  | CPL <input checked="" type="checkbox"/> | AE <input checked="" type="checkbox"/> | CPF <input type="checkbox"/>              | CPC <input type="checkbox"/>              | CPT <input type="checkbox"/>              |  |  |  |  |  |
| DA <input type="checkbox"/>   | DO <input type="checkbox"/>             | DP <input checked="" type="checkbox"/> | FM <input checked="" type="checkbox"/>    | HC <input checked="" type="checkbox"/>    | IT <input type="checkbox"/>               |  |  |  |  |  |
| LG <input type="checkbox"/>   | PA <input type="checkbox"/>             | PD <input type="checkbox"/>            | SE <input type="checkbox"/>               | <input type="checkbox"/>                  | <input type="checkbox"/>                  |  |  |  |  |  |
| C/CC <input checked="" type="checkbox"/>  | C/CD <input type="checkbox"/>           | C/CE <input type="checkbox"/>          | C/ACC <input checked="" type="checkbox"/> | C/BCC <input checked="" type="checkbox"/> | C/CCF <input checked="" type="checkbox"/> |  |  |  |  |  |
| APPROVED Maj Spaatz   |   |  |   |   |   |  |  |  |  |  |
| <b>TRAINING PLAN</b>  |   |  |   |   |   |  |  |  |  |  |
| <b>I. Opening Formation</b><br>National Anthem<br>Meeting Overview & First Announcements<br>Welcome Maj Jack Sorensen, Wing DCP   |   |  |   |   | Time 1830                                 | Special Guest<br>(newcomers, guest speakers, visiting dignitaries)<br>Maj Jack Sorensen, Wing DCP  |  |  |  |  |
|   |   |  |   |   |   | Plan approved by CC<br>Everyone note, we have a guest this week.   |  |  |  |  |
| Uniform Inspection C/CMSgt Armstrong  |   |  |   |   | Time 1845                                 | Task A<br>Topic Budget meeting<br>Lead 1st Lt Wilson<br>Location Office<br>Participants Maj Spaatz, Capt Johnson   |  |  |  |  |
| II. Emphasis Item<br><input type="checkbox"/> Drill & Ceremonies <input type="checkbox"/> Safety Briefing<br>Topic Facings & Flanks Instructor C/SSgt Wright Students Alpha<br>Topic Manual of Guidon Instructor C/MSgt Goddard Students Bravo<br>Topic Instructor Students<br>Topic Instructor Students  |   |  |   |   |   |  |  |  |  |  |
| III. Training Block #1<br>Topic Aero Be specific with everything, even what you'll do during drill<br>Instructor C/2d Lt Mitchell Senior Mentor Capt Crossfield<br>Location Classroom Participants All cadets<br>Resources Needed AEX II, Volume 1, Activity 11. Use sectionals that are stored in closet. Capt Crossfield already verified we have plenty on hand. |   |  |   |   | Time 1905                                 | Task B<br>Topic<br>Lead<br>Location<br>Participants  |  |  |  |  |
|   |   |  |   |   |   | Good time for the seniors to talk budget   |  |  |  |  |
| IV. Training Block #2<br>Topic What is Courage?<br>Instructor C/SMSgt Goddard Senior Mentor Ch, Capt Mulchaey<br>Location Classroom Participants All available cadets<br>Resources Needed Medal of Honor program, Lesson B5. Laptop & projector   |   |  |   |   | Time 2000                                 | Task C<br>Nice. We know we have enough maps – important detail<br>Location Office<br>Participants Maj Spaatz, advisor C/Amn Arnold, 10 min C/CMSgt Armstrong, 20 min |  |  |  |  |
| V. Closing Formation<br>Upcoming Activities Color guard, wing hq, this Saturday.<br>Depart McDonald's at 0700<br>Other Announcements<br>Remarks by Wing DCP   |   |  |   |   | Time 2050                                 | Task D<br>Topic<br>Lead<br>Location<br>Participants  |  |  |  |  |
|   |   |  |   |   |   | Pull the individual cadets out of Block 2, as needed   |  |  |  |  |
| Know exactly what announcements to make before dismissal  |   |  |   |   |   |  |  |  |  |  |

**Figure 14**

### 3.11 CADETS AS INSTRUCTORS & THE CHECK-RIDE SYSTEM

Should squadron meetings include activities led by cadet instructors? Of course. Leadership is developed through experience, so cadets need opportunities to apply their learning, demonstrate their skills, and grow. The suggested best practice for doing this is by using a standard process of “check rides,” as shown below.

| Assignment                | Cadet's Preparation | Check Ride | Feedback                      |
|---------------------------|---------------------|------------|-------------------------------|
| 2-3 weeks' prior to D-Day | 1 week prior        | D-Day      | 1 week after D-Day, or sooner |

**Table 11**

**Overview of the Process.** The process begins with senior staff explaining the assignment to the cadet a couple weeks before the cadet actually executes the lesson or activity. The cadet has at least 1 week to prepare for the class or activity they are leading. During the “check ride,” the cadet presents a detailed plan for their class or activity, and/or rehearses the presentation with the senior mentor, who performs a quality check function and helps the cadet identify any rough edges in their plan and make adjustments. The more experienced a cadet becomes, the less involved the senior needs to be, but cadets in the C/2d Lt range and lower will require a close hewing to this check ride model. This same senior mentor provides constructive feedback to the cadet immediately following their class or activity, or at the next weekly meeting.

**Managing Worst-Case Scenarios.** Suppose it’s check ride time, 1-week prior to the cadet’s class or activity, and the cadet is unprepared, confused about the basic subject matter he or she is supposedly qualified to teach, or simply is not ready for this leadership opportunity, for whatever reason. How do you respond? The senior mentor has a few options, including: rescheduling the cadet to a later date; having the cadet team-teach with someone more experienced; or less desirable, having the senior run this particular activity out of logistical necessity, but taking care to give the cadet another opportunity in the near future. In managing the worst-case scenario, the senior is balancing the squadron’s need for a quality experience with the cadet-instructor’s need for a leadership opportunity. Generally, it’s okay if the cadet-instructor stumbles a bit regarding delivery, but he or she should possess basic subject matter competence so that the cadet-students are receiving accurate information.

A hands-off approach may appear to grant the cadet freedom to lead. In reality, it sets the cadet up for failure because adolescent wisdom can take him or her only so far. Your adult guidance is needed. Moreover, without adult supervision of the cadet’s plans, coaching during the event, and feedback afterward, your squadron meetings’ quality will suffer.

## Part 4 PROFESSIONAL READINGS

The Cadet Program is ultimately an effort to help young people grow into responsible citizens. We use a youth-scaled, military-style training model and aviation-themed activities to accomplish that mission.

These readings are offered to help CP officers appreciate the Cadet Program within the broad context of youth development work, and in turn, to keep their noble efforts of service properly grounded. In implementing a Cadet Program, it is easy to focus on the program rules and regulations to such an extent that one loses sight of the big picture.

If CP officers think of themselves as youth development professionals first and CP officers second, that higher professionalism will help them be more effective mentors, which can only make CAP more fun and beneficial for all involved. These short readings are offered in support of that end.

### Contents & Hyperlinks

- 4.1 Understanding Youth Development Work
- 4.2 Social and Emotional Learning
- 4.3 Virtues
- 4.4 Service Learning Standards for Quality Practice

## 4.1 Understanding Youth Development Work

### Joyce Walker and Trudy Dunham

Walker, J., & Dunham, T. "Understanding Youth Development Work" St. Paul: University of Minnesota Extension Center for Youth Development, 1994. Used with permission.

*CP Officers are not mere chaperones who merely ensure the cadets' safety. Rather, they are supervisors, instructors, and mentors: unpaid youth development professionals skilled in helping cadets reach their full potential. This article locates the CP Officer within the context of youth development work.*

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#### What is Youth Development?

Youth development is the process of growing up and developing one's capacities in positive ways. This typically takes place in the context of the family, the peer group, the school, and the neighborhood or community.

Many young people do not have the advantages that promote optimal, healthy development of the body, mind, and spirit. Many youth do not have opportunities to experience positive stimulation for growth or nurturing support from family, friends, and community. Youth development is a natural process, but it cannot be left to chance. As the Youth Development Committee of the Lilly Endowment noted (Pittman, June 1991):

"Youth development ought not to be viewed as a happenstance matter. While children can, and often do, make the best of difficult circumstances, they cannot be sustained and helped to grow by chance arrangements or makeshift events. Something far more intentional is required: a place, a league, a form of association, a gathering of people where value is placed on continuity, predictability, history, tradition, and a chance to test out new behaviors."

#### What is a Youth Development Organization?

A youth development organization exists to promote the positive, healthy development of young people. Youth development organizations are different from agencies and systems that exist to provide social control, treatment, or training for young people. The socialization of youth is the youth organization's primary task (Pittman, 1993). Their mission is to provide the challenges, experiences, support, and help young people need to develop to their fullest potential. These community-based organizations work to meet needs in the environment and enhance the learning

experiences of young people. No single organization does it all.

Youth development organizations involve young people of all ages and both sexes, although some target certain audiences. They encourage long-term involvement and provide a progression of activities promoting developmental growth. They emphasize learning strategies based upon fun, play, action, and group and individual challenges teaching life skills rather than academic lessons.

4-H is the oldest and largest publicly funded youth development organization in the United States. Begun in the early years of the 20th century as a vehicle for extending the learning of the land-grant university to the children of rural communities, 4-H today has a presence in every county. It is a part of the Cooperative State Research, Education, and Extension Service of the U.S. Department of Agriculture funded through a partnership of federal, state, county, and private resources. 4-H is open to all interested young people and their families.

#### Youth Development as Non-Formal Education

Non-formal education is organized, systematic teaching and learning carried on outside the formal school system. Generally, non-formal education is sponsored by community groups that provide particular types of teaching and learning experiences for specific youth populations. It is not an alternative to formal education offered in the schools; it is another kind of education essential for helping young people grow to optimal maturity.

The schools that provide formal education are "society's most legitimate and formal system of teaching and learning." (LaBelle, 1981, p. 315) They are typically chronologically graded and hierarchically structured. They offer credits, grades, and diplomas to document learning and

achievement. Increasingly, schools are asked to document more closely the competency of their learners as proof that the credits, grades, and diplomas have value.

For several reasons, non-formal education provides the ideal system for youth development education to take place.

Youth development organizations are most often voluntary, reflecting the values, priorities, and goals of the adults and young people who support them.

Non-formal youth development programs identify their own mission, their curriculum priorities, their population of learners, and their teaching methods.

Non-formal youth programs commonly use club structures, camps, sporting activities, regular group meetings, expressive arts, and youth-conducted events to carry out their educational work.

Non-formal programs operate largely outside the scope of public funding and public policy directives, hence they can respond to community-based agendas.

Non-formal programs typically reward learning, achievement, and positive growth through recognition and incentives such as certificates, ribbons, badges, and increased opportunities for leadership.

## **The Curriculum for Non-Formal Youth Development Education**

When curriculum is defined as any planned sequence of learning experiences, (Schneider, 1983), a curriculum for youth development education has two major components. First, the curriculum has content or subject matter upon which the planned sequence is built. Second, the curriculum has a method or a set of principles that guides the design of the learning experiences. The synergy of content and method promotes learning and competence in life skills critical for the healthy development of young people.

Experiential methods of learning are most commonly associated with youth development education programs in non-formal settings. These emphasize exploration and critical thinking and focus not only on learners doing work, but on sharing, processing, analyzing, and applying the understandings or skills gained. This method is a powerful approach for learning life skills essential to socialization, skills that rely on interaction and demonstration over time.

The subject matter for youth development education programs overlays the five basic competency areas identified by Pittman (1991) as essential for success in adulthood:

1. Health and Physical Competence - Good current health status plus evidence of knowledge, attitudes, and behaviors that will ensure future health.
2. Personal and Social Competence - Skills for understanding self and having self-discipline; working with others, communicating, cooperating, negotiating, and building relationships; coping, adapting, and being responsible; and finally, making good judgments, evaluating, making decisions, and problem-solving.
3. Cognitive and Creative Competence - Useful knowledge and abilities to appreciate and participate in areas of creative expression for thinking, seeing, feeling, tasting, and hearing.
4. Vocational Competence - Understanding and awareness of life planning and career choices, leisure and work options, and steps to act on those choices.
5. Citizenship Competence - Understanding of personal values, moral and ethical decision-making, and participation in public efforts of citizenship that contribute to the community and the nation.

While these five competency areas are an ideal focus for intentional learning experiences for non-formal youth development education programs, they are also central to many school curricula. It is the educational design and delivery system that commonly distinguishes formal and non-formal education.

## **Learning Greater Than the Sum of the Parts**

Neither subject matter content nor experiential method alone tells the story. In the hands of leaders and teachers, they combine to create the curriculum, the planned sequence of learning experiences. But it is only when the learner enters the picture that life skill competencies and the fundamental tasks of healthy youth development are understood. This dynamic evolves from the process of youth engaged in active work on topics of interest that build competence and address basic youth developmental needs.

The elements or needs essential for the healthy development of young people, particularly adolescents, have been described by Konopka (1973) and Pittman (1991). To grow and learn to optimum capacity in healthy

ways and to function successfully in the adult world, young people benefit from opportunities to:

- feel a sense of safety and structure
- experience active participation, group membership, and belonging
- develop self-worth achieved through meaningful contribution
- experiment to discover self, gain independence, and gain control over one's life
- develop significant relationships with peers and adults
- discuss conflicting values and formulate their own
- feel the pride and accountability that come with mastery
- expand the capacity to enjoy life and know that success is possible.

These eight factors, along with the five basic competency areas, become legitimate criteria to assess the impacts of teaching important life skills in a youth development program. As an example, young people may decide they want to learn public speaking skills to build their personal and social competence. Youth development professionals would then be responsible for assuring that the activities and materials used in the learning experiences foster a sense of safety and structure; allow for active participation; provoke self-understanding; and demonstrate that success is possible. Not every intentional learning experience will address all of the needs identified as essential elements for healthy youth development, but performance outcomes based on meeting these needs are as important as content competency. Indeed, they are often more important, depending on the age of the child and the stated goals of the program.

### **4-H: A Non-Formal Youth Development Education Program**

The primary 4-H learners are children and youth 5-19 years old; however, 4-H does educate adults, particularly parents and volunteer leaders who work with the young people. The primary teachers in 4-H are the parents and adult and older teen volunteers who take responsibility for community clubs, project clubs, special events, and a wide range of community-based educational programming. County extension educators, once called county extension agents, also play a major teaching role, working with both adult and youth audiences.

Young people in 4-H join voluntarily, and they select projects and areas of involvement based on personal interests. Working independently or in groups, young people experiment, work, demonstrate, and produce educational products in areas like rocketry, animal science, entomology, food preparation, environmental study, fishing, photography, leadership, and clothing and textiles. They also work on group programs like com-munity service and cross-age teaching on topics such as pregnancy prevention, alcohol use, nutrition, and fitness.

Learning takes place in kitchens, living rooms, community centers, church basements, community parks, county fairgrounds, gymnasiums, and barns -- anywhere young people and adults gather to pursue their work. Young people come to the active learning environment with different skills and abilities. They approach new situations and ideas by exploring, engaging with others, reflecting, and questioning in order to discover answers and implications.

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## 4.2 Social-Emotional Learning

### CASEL. Collaborative for Academic, Social, and Emotional Learning

Collaborative for Academic, Social, and Emotional Learning, "What is SEL?," "Core SEL Competencies," and "SEL Impact" Chicago: CASEL, <https://casel.org/what-is-sel/>, retrieved March 2018. Copyright CASEL, 2018. Used with permission.

*The job of a young person is to grow up and thrive. Youth must come to know themselves, learn how to relate with others, and work together to contribute their own brand of goodness to the world. One aspect of youth development is social and emotional learning (SEL). Organizations like CAP and its Cadet Program are excellent venues to help youth increase their SEL skills and acquire the right mindsets for future growth. This brief article defines SEL and introduces five SEL competencies.*

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#### WHAT IS SEL?

Social and emotional learning (SEL) is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

Social and emotional learning (SEL) enhances students' capacity to integrate skills, attitudes, and behaviors to deal effectively and ethically with daily tasks and challenges. Like many similar frameworks, CASEL's integrated framework promotes intrapersonal, interpersonal, and cognitive competence. There are five core competencies that can be taught in many ways across many settings. Many educators and researchers are also exploring how best to assess these competencies.

#### 5 CORE SEL COMPETENCIES

##### Self-Awareness

The ability to accurately recognize one's own emotions, thoughts, and values and how they influence behavior. The ability to accurately assess one's strengths and limitations, with a well-grounded sense of confidence, optimism, and a "growth mindset."

- Identifying emotions
- Accurate self-perception
- Recognizing strengths
- Self-confidence
- Self-efficacy

##### Self-Management

The ability to successfully regulate one's emotions, thoughts, and behaviors in different situations — effectively managing stress, controlling impulses, and motivating oneself. The ability to set and work toward personal and academic goals.

- Impulse control
- Stress management
- Self-discipline
- Self-motivation
- Goal-setting
- Organizational skills

##### Social Awareness

The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. The ability to understand social and ethical norms for behavior and to recognize family, school, and community resources and supports.

- Perspective-taking
- Empathy
- Appreciating diversity
- Respect for others

##### Relationship Skills

The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.

- Communication
- Social engagement
- Relationship-building
- Teamwork

### Responsible Decision-Making

The ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, and social norms. The realistic evaluation of consequences of various actions, and a consideration of the well-being of oneself and others.

- Identifying problems
- Analyzing situations
- Solving problems
- Evaluating
- Reflecting
- Ethical responsibility

### SEL IMPACT

Social and emotional learning (SEL) programs, which previously have shown immediate improvements in mental health, social skills, and academic achievement, continue to benefit students for months and even years to come, according to a 2017 meta-analysis from CASEL, the University of Illinois at Chicago, Loyola University, and the University of British Columbia.

Up to 18 years later, students exposed to SEL in school continue to do better than their peers on a number of indicators: positive social behaviors and attitudes, skills such as empathy and teamwork, and academics. And they have fewer conduct problems, less emotional distress, and lower drug use, among many other benefits. The analysis looked at 82 research studies involving about 100,000 students here and abroad.

### SEL Impact on Academic Outcomes

According to a 2011 meta-analysis of 213 studies involving more than 270,000 students, those who participated in evidence-based SEL programs showed an 11 percentile-point gain in academic achievement compared to students who did not participate in SEL programs. Compared to students who did not participate in SEL programs, students participating in SEL programs also showed improved classroom behavior, an increased ability to manage stress

and depression, and better attitudes about themselves, others, and school.

### SEL Impact on Equity and Poverty

According to a 2015 report by the American Enterprise Institute and the Brookings Institution, SEL competencies are critically important for the long-term success of all students in today's economy. This report was developed by a group of bipartisan experts who agreed to set aside their differences and create a detailed plan for reducing poverty and increasing economic mobility.

The authors noted that major educational and school reforms over the past few decades have not sufficiently focused on the SEL factors that are necessary to education, employment, and family life.

The report also recommends an effort to scale up high-quality, evidence-based SEL programs as a core component of education for children. It made three recommendations to the federal and state governments: (1) scale evidence-based SEL practices and policies; (2) implement high-quality state SEL standards, preschool through high school; and (3) establish SEL centers of excellence.

### SEL Impact on Lifetime Outcomes

A 2015 national study published in the American Journal of Public Health found statistically significant associations between SEL skills in kindergarten and key outcomes for young adults years later in education, employment, criminal activity, substance use, and mental health.

The study concluded that early prosocial skills decreased the likelihood of living in or being on a waiting list for public housing, receiving public assistance, having any involvement with police before adulthood, and ever spending time in a detention facility.

### SEL Benefit-Cost Analysis

A 2015 study by researchers at Columbia University found that the measurable benefits of SEL exceed the costs. The aggregate result of the analysis showed an average benefit-cost ratio of about 11 to 1 among the six evidence-based SEL interventions studied. This means that, on average, for every \$1 invested in SEL programming, there is a return of \$11.

## 4.3 Virtues

### Institute for the Study of Human Flourishing, University of Oklahoma

Institute for the Study of Human Flourishing, "Virtues" Norman, OK: University of Oklahoma, <http://www.ou.edu/content/flourish/resources/course-resources.html>, retrieved February 2018. Used with permission.

*When we talk of transforming cadets into leaders of character, what do we mean by that? CAP often uses a virtue-centered approach in cadet character development. This excellent, short introduction can provide CP officers with a sense of what virtue means, and the numerous forms in which virtue presents itself.*

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Virtues are character traits humans need in order to flourish individually and as members of a community. The Institute for the Study of Human Flourishing is founded on the belief that humans flourish when they develop to their fullest potential as rational and moral creatures living in healthy communities.

We focus on nine key virtues that respect the moral identity and educational mission of the University of Oklahoma. They fall into three categories: Intellectual, Executive and Civic.

#### INTELLECTUAL VIRTUES

##### Love of Learning

Love of learning includes both the desire to get new knowledge and delight in achieving it. It includes curiosity about the world and a proper regard for the difficulty in achieving genuine knowledge. (Thus it is connected to intellectual humility). Love of learning leads to a desire to learn the standards of particular fields of study, and a desire to expand the fields of knowledge one has already acquired.

##### Intellectual Humility

Humility in general is the virtue of facing up to the truth about oneself, neither overvaluing nor undervaluing one's abilities and accomplishments. Intellectual humility is facing up to the truth about one's intellectual abilities, and admiring the limits of one's perspective. The intellectually humble person does not deny her accomplishments, but shows a lack of concern about intellectual status, and is sensitive to the ways in which one's beliefs can go wrong even though they seem right.

#### Open-Mindedness

Open-mindedness is the readiness to step outside one's own point of view to consider the merits of alternative perspectives, with a willingness to change one's beliefs when that is warranted. Open-mindedness follows from a genuine love of truth, and the humility to admit that one might be mistaken in one's beliefs.

#### EXECUTIVE VIRTUES

##### Self-regulation

Self-regulation is one of the most basic virtues, in the sense that some degree of it is necessary for the acquisition of any other virtue. It is the capacity to regulate and restrain one's thoughts, emotions, and behaviors for the sake of achieving good ends. Self-regulation especially includes the ability to regulate the desires, and it includes the ability to direct one's thoughts and attention to one's goals.

##### Perseverance

Perseverance is the ability to pursue one's goals despite obstacles, the discouragement of failure, and the distracting effect of temptations. It is crucial for the achievement of long-term goals, the pursuit of which presents so many opportunities to veer off course or abandon one's aims. The persevering person does not lose sight of her purpose even when it takes a considerable amount of me to reach it, and she does not give up easily.

##### Honesty

In general, honesty is a deep and pervasive commitment to truth — seeking it out, holding oneself and others accountable to it, and conforming one's conduct to it. Honesty is closely related to integrity, which is the virtue of being true to oneself, of having one's beliefs, feelings, and

behavior in harmony. People of integrity do not say one thing and do another. So they can be counted on to follow and uphold the rules of the community. Honesty is therefore also closely connected to respecting others in the community.

## CIVIC VIRTUES

### Civility

Civility is a social virtue that is indispensable to open political discourse and reasoned disagreement. This virtue manifests itself as a feeling of care and concern for one's society. A civil person is willing to engage others in respectful dialogue, without scorn or insult, even when the issues are intensely important or disagreement runs deep. Civility has especially strong connections with intellectual humility and self-control.

### Compassion

Compassion is the ability to feel sorrow over another person's suffering, and to express that sorrow in a way that is intended to alleviate that suffering. Unlike pity, compassion does not suggest any feeling of superiority to the suffering person, but is instead a virtue that forms a bond with the sufferer. Compassion is closely connected with empathy, the ability to see things from someone else's emotional perspective. Empathy helps us recognize when compassion is needed and how best to alleviate the suffering.

### Fairness

Fairness is a central virtue both of individuals and of social institutions. Fairness is characterized by impartiality (a lack of favoritism). When people exhibit fairness, they consistently apply standards and rules to everyone and insist that others do the same, regardless of people's power or prestige, and whatever the consequences for the self or a preferred group. Fairness is thus an essential element of justice.

## 4.4 Service-Learning Standards for Quality Practice

### National Youth Leadership Council

National Youth Leadership Council, "K-12 Service Learning Standards for Quality Practice" St. Paul: NYLC. Retrieved from [www.nylc.org/standards](http://www.nylc.org/standards), February 2018. Used with permission.

*Service-learning is an approach to teaching and learning in which students use academic knowledge and skills to address genuine community needs. Cadet activities are designed using these standards as a benchmark. When supervising and mentoring cadets in local activities, including squadron staff service, keep these standards in mind.*

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#### (1) Meaningful Service

Service-learning actively engages participants in meaningful and personally-relevant service activities.

##### Indicators:

1. Service-learning experiences are appropriate to participant ages and developmental abilities.
2. Service-learning addresses issues that are personally relevant to the participants.
3. Service-learning provides participants with interesting and engaging service activities.
4. Service-learning encourages participants to understand their service experiences in the context of the underlying societal issues being addressed.
5. Service-learning leads to attainable and visible outcomes that are valued by those being served.

#### (2) Link to Curriculum

Service-learning is intentionally used as an instructional strategy to meet learning goals and/or content standards.

##### Indicators:

1. Service-learning has clearly articulated learning goals.
2. Service-learning is aligned with the academic and/or programmatic curriculum.
3. Service-learning helps participants learn how to transfer knowledge and skills from one setting to another.
4. Service-learning that takes place in schools is formally recognized in school board policies and student records.

#### (3) Reflection

Service-learning incorporates multiple challenging reflection activities that are ongoing and that prompt deep

thinking and analysis about oneself and one's relationship to society.

##### Indicators:

1. Service-learning reflection includes a variety of verbal, written, artistic, and non-verbal activities to demonstrate understanding and changes in participants' knowledge, skills, and/or attitudes.
2. Service-learning reflection occurs before, during, and after the service experience.
3. Service-learning reflection prompts participants to think deeply about complex community problems and alternative solutions.
4. Service-learning reflection encourages participants to examine their preconceptions and assumptions in order to explore and understand their roles and responsibilities as citizens.
5. Service-learning reflection encourages participants to examine a variety of social and civic issues related to their service-learning experience so that participants understand connections to public policy and civic life.

#### (4) Diversity

Service-learning promotes understanding of diversity and mutual respect among all participants.

##### Indicators:

1. Service-learning helps participants identify and analyze different points of view to gain understanding of multiple perspectives.
2. Service-learning helps participants develop interpersonal skills in conflict resolution and group decision-making.
3. Service-learning helps participants actively seek to understand and value the diverse backgrounds and perspectives of those offering and receiving service.

4. Service-learning encourages participants to recognize and overcome stereotypes.

## (5) Youth Voice

Service-learning provides youth with a strong voice in planning, implementing, and evaluating service-learning experiences with guidance from adults.

### **Indicators:**

1. Service-learning engages youth in generating ideas during the planning, implementation, and evaluation processes.
2. Service-learning involves youth in the decision-making process throughout service-learning experiences.
3. Service-learning involves youth and adults in creating an environment that supports trust and open expression of ideas.
4. Service-learning promotes acquisition of knowledge and skills to enhance youth leadership and decision-making.
5. Service-learning involves youth in evaluating the quality and effectiveness of the service-learning experience.

## (6) Partnerships

Service-learning partnerships are collaborative, mutually beneficial, and address community needs.

### **Indicators:**

1. Service-learning involves a variety of partners, including youth, educators, families, community members, community-based organizations, and/or businesses.
2. Service-learning partnerships are characterized by frequent and regular communication to keep all partners well-informed about activities and progress.
3. Service-learning partners collaborate to establish a shared vision and set common goals to address community needs.
4. Service-learning partners collaboratively develop and implement action plans to meet specialized goals.

5. Service-learning partners share knowledge and understanding of school and community assets and needs, and view each other as valued resources.

## (7) Progress Monitoring

Service-learning engages participants in an ongoing process to assess the quality of implementation and progress toward meeting specified goals, and uses results for improvement and sustainability.

### **Indicators:**

1. Service-learning participants collect evidence of progress toward meeting specific service goals and learning outcomes from multiple sources throughout the service-learning experience.
2. Service-learning participants collect evidence of the quality of service-learning implementation from multiple sources throughout the service-learning experience.
3. Service-learning participants use evidence to improve service-learning experiences.
4. Service-learning participants communicate evidence of progress toward goals and outcomes with the broader community, including policy-makers and education leaders, to deepen service-learning understanding and ensure that high quality practices are sustained.

## (8) Duration and Intensity

Service-learning has sufficient duration and intensity to address community needs and meet specified outcomes.

### **Indicators:**

1. Service-learning experiences include the processes of investigating community needs, preparing for service, action, reflection, demonstration of learning and impacts, and celebration.
2. Service-learning is conducted during concentrated blocks of time across a period of several weeks or months.
3. Service-learning experiences provide enough time to address identified community needs and achieve learning outcomes.

## Part 5 CADET PROGRAMS OFFICER POSITION DESCRIPTIONS

While CAPR 20-1, *Organization of Civil Air Patrol*, defines the basic duties of Cadet Programs Officers, this guide explains those duties in greater depth. The following position descriptions are offered to help new Cadet Programs Officers understand the fundamentals of their jobs and get started supporting cadets. They are not definitive. Unit commanders are welcome to amend them to meet local needs.

### Contents

- 5.1 Director of Cadet Programs
- 5.2 Unit Commander or Deputy
- 5.3 Leadership Education Officer
- 5.4 Aerospace Education Officer
- 5.5 Fitness Education Officer
- 5.6 Character Development Instructor
- 5.7 Testing Officer
- 5.8 Cyber Education Officer
- 5.9 Recruiting & Retention Officer
- 5.10 Long Term Activity Directors
- 5.11 Special Project Officers

### 5.1 DIRECTOR OF CADET PROGRAMS

**Deputy Chief of Staff for Cadet Programs (Region)**

**Director of Cadet Programs (Wing)**

**Cadet Programs Officer (Group)**

The Director of Cadet Programs (or equivalent at the Group or Region) should be

- (1) a mature professional;
- (2) deeply knowledgeable about Cadet Program standards, processes, and best practices;
- (3) a skilled team leader and program manager;
- (4) Master rated in Cadet Programs (wing & Region), on a plan to achieve a Master rating (CAPR 60-1, 2.3.2.6.).

Because the DCP works primarily with adult colleagues, maturity and professionalism are the most needed qualities. If an explanation of the DCP's role were reduced to the essentials, the focus would be on two key responsibilities. First, DCPs help squadrons deliver high-quality squadron programs by training and mentoring local leaders through the TLC courses, visits to squadrons, and other interactions. Second, the DCP organizes and executes cadet activities sponsored by wing headquarters (or Region or Group). DCPs rely upon staff assistants and project officers to help with activity operations.

## Recommended Pre-Requisites

1. Possess a big picture understanding of the Cadet Program's strategic aims
2. Should be deeply knowledgeable about Cadet Program standards and best practices and able to function as an expert resource and problem-solver on all cadet-related matters
3. Experience should include service as a squadron commander or deputy, and staff service at wing cadet activities; Region CPs should have successfully served as Wing CPs
4. Desire to support cadets, but comfortable in the realization that ongoing, direct interaction with cadets is less available to DCPs than to squadron staff
5. Mature and capable of developing peer to peer relationships with fellow adults, skilled in conflict resolution, and mentoring colleagues from a distance
6. Lead the echelon's CP shop; manage the efforts of other adult leaders serving as CP staff assistants or project officers

## Time Commitment

DCPs serve in one of the more time-consuming positions in all of CAP, but compared with squadron-level volunteers who have a weekly meeting, the DCP enjoys more flexibility in scheduling when he or she serves. The minimum level of effort required probably involves serving one weekend day per month, every other month, for cadet activities, plus one week or at least a few consecutive days during annual encampments. Add to these in-person activities innumerable emails, phone calls, webinars, and as many visits to squadrons as is practical.

## Key Duties & Best Practices

1. **Program Leadership.** Several CP officers may rightly claim to be leading CP-related projects that have a clear beginning and end, but the DCP focuses his or her attention above the workaday tactical concerns and manages the Cadet Program as a program, helping ensure it achieves its strategic goals. DCPs do this in part by actively monitoring metrics such as the Quality Cadet Unit Award data to see which squadrons are flourishing and which need assistance. Encampment metrics also warrant the DCP's attention in monitoring how that program is performing.
2. **Regions & Encampment Program Leadership.** Region DCPs have a special leadership role with the encampment program. They, or their assistants, visit wing encampments to monitor program quality, mentor the key leaders, and search for potential best practices to share with sibling wings and/or national staff. Further, they review capacity rates at the previous year's wing encampments, and through cross-talk between wing DCPs and commanders, facilitate cadets attending out-of-state encampments when their home encampment is full.
3. **Technical Expertise.** A big part of the DCP's role is to be a resource on all cadet-related regulatory matters, standards, processes, and best practices. Effective DCPs understand how the Cadet Program is supposed to run, and are skilled in working with senior member colleagues to help squadrons and activities operate properly and achieve their goals. Not only will an effective DCP answer the technical question posed to him or her, but where necessary the DCP will recast that question and help colleagues uncover the real (versus apparent) issue affecting the cadets. Finally, because the DCP is a mere individual with limited time, an effective DCP will know what skills and expertise others could offer around the wing, and encourages the wing's community of experts to aid those in need.

**4. Lead the CP Team.** The DCP leads the CP directorate and ensures it functions well as a team in its own right. Most wings staff the CP directorate with only a couple individuals directly assigned to the 001 squadron, and rely upon project officers, activity directors, and other staff assistants who serve as an additional duty but are formally assigned to a constituent squadron.

**5. Financial Management.** The DCP develops and/or monitors budgets for cadet activities. Depending on how the DCP and FM divide their labor, this could include encampment budgets, orientation flight budgets, CEAP funding, restricted funds (donations earmarked for special purposes), and the like.

**6. Supporting the Commander.** The DCP is a senior official in the wing, and as such helps the commander "show the flag" during squadron visits, cadet activities, award ceremonies, and wherever a senior presence could be helpful.

**7. Pre-Approval Screening & Document Review.** When HAAs, Spaatz exam requests, COY nominations, SOM/SOD selections, and other work requires the commander's signature, the DCP reviews it first with a critical, program manager's eye, and recommends approval / modification / or disapproval. Command support also extends to the policy sphere. When higher headquarters asks for proposed policies and draft products to be reviewed, the DCP performs that staff work.

**8. Service Recovery & Parent / Squadron Mediation.** If parents complain of poor service from local leaders or that their cadet has been treated unfairly, the DCP should be available as a mediator and senior leader who can speak authoritatively about CAP's program standards. The DCP should assist with service recovery, the process of converting a previously dissatisfied customer into a loyal customer, as discussed in TLC Intermediate.

**9. Disciplinarian Role.** For instances of significant cadet misconduct, the DCP is an action officer and CAP's preferred final disciplinarian, helping the commander resolve the matter in a way that promotes accountability, learning, and behavioral change, per the guidelines on progressive discipline in CAPR 60-1, 3.5.

**10. Cadet Protection.** The DCP oversees and enforces standards, ensuring compliance with Cadet Protection Policy. They ensure CPP standards are adequately monitored during all activities where cadets are present and cultivate a safety-focused culture among members. When boundary violations arise, they swiftly address concerns. Generally, the DCP is alert to any significant CPP-related problems warranting a leadership response. For wing activities, the DCP reviews operating plans to ensure adequate adult supervision. The DCP is the Progressive Discipline expert and is responsible for providing guidance to help commanders, wing leadership, CPOs & parents understand the Progressive Discipline system for cadets. The Director of Cadet Programs (Wing) must be current in Cadet Protection Advanced.

**11. Leadership in Safety & Risk.** No one understands cadet environments better than the DCP. Accordingly, in cooperation with wing safety, the DCP identifies hazards at cadet activities during the planning cycle and brings his or her knowledge of that activity environment to discussions on how to mitigate risks to cadets and staff. As a related responsibility, the DCP should take advantage of any teachable moments where cadets might learn about risk management principles as the activity transpires. DCPs back-up wing safety by helping ensure local leaders are implementing safety controls at cadet activities (clothing, equipment, pre-training, reporting, etc.). Upon the activity's conclusion, the DCP (and/or project officers) again bring a CP expertise to discussions about the successes or shortcomings of the safety controls the activity used. Finally, if ever mishaps, injuries, or accidents occur at cadet-related activities, the DCP participates with wing safety in the mishap review. Review CAPP 160-3 Activity Safety Risk Management

## 5.2 SQUADRON COMMANDER (cadet & composite squadrons)

Deputy Commander for Cadets (composite squadrons)

Deputy Commander (cadet squadrons)

Every cadet unit requires one senior member to be the driving force behind its Cadet Program. In most units, that individual will be either the squadron commander (especially in cadet squadrons) or the deputy commander for cadets (in composite squadrons). This leader oversees all cadet-related operations, directs the other Cadet Programs Officers, selects and mentors the cadet staff, develops partnerships with parents, and takes overall responsibility for the success of the unit's Cadet Program. Ideally, this individual will possess an advanced rating in the Cadet Programs Officer Specialty Track, but more than one mom or dad having been "drafted" into this role has succeeded and enjoyed their time supporting cadets, despite their lack of experience. Squadron commanders and their deputies need to be familiar with virtually all cadet-related publications. New commanders and deputies should focus on those publications included in the Technician Rating and Senior Rating reading lists found in part 1.2 of this guide.

### Time Commitment

Any of the three positions listed above would be a good position for an individual who wants to serve as the unit's #1 leader for all matters affecting cadets, and is willing to volunteer to attend nearly every weekly meeting and special weekend activity.

### Key Duties & Best Practices

**1. Protect the Cadets.** The commander's and deputy's most important responsibility is to protect the cadets' safety. They do this by ensuring the squadron operates according to Cadet Protection Policy standards of practice, ensuring cadets receive safety briefings prior to every cadet event with significant risks, and fulfilling all other CPP and safety program responsibilities, including Supervisory Ratios. The commander will regularly evaluate the state of their unit to identify potential hazards and areas for improvement. When cadet protection violations or boundary concerns arise, they swiftly address concerns. Commander ensures all members of their unit are operating within the standard of the Cadet Protection Policy. The Deputy Commander for Cadets must be current in Cadet Protection Advanced.

**2. Establish Goals.** As the squadron's key Cadet Programs Officer, the commander or deputy establishes goals for the unit's Cadet Program. As with any enterprise, this key leader should consult with all stakeholders – fellow senior members, cadet officers, and members of the cadet corps – before establishing short, medium, and long-range goals for the unit. These goals should be designed so as to help cadets become well-rounded in all four elements of the Cadet Program. For more on creating, following-through with, and evaluating "smart goals" in cooperation with ranking cadets, see CAPP 60-31, Cadet Staff Handbook.

**3. Direct & Train Cadet Programs Officers.** The squadron commander or deputy serves as the immediate supervisor of the other Cadet Programs Officers. This includes approving training plans developed by those officers, coordinating their efforts, and evaluating their programs and recommending ways to improve them. Further, the commander and/or deputy should train and develop the adults who have volunteered to support the cadets, via this specialty track guide.

**4. Supervise & Mentor the Cadet Staff.** It is the squadron commander or deputy who serves as the immediate supervisor of the cadet commander or ranking cadets (who might be lowly element leaders if the unit is new or

rebuilding). As such, this officer designs the structure of the cadet staff, based on the cadet corps' readiness to lead, briefs the ranking cadets on what is expected from them, and mentors them throughout their time on staff. These principles are discussed in depth in CAPP 60-31.

**5. Draft and/or Approve Meeting Schedules.** Every cadet event needs to be well planned. The commander or deputy drafts and/or approves detailed schedules for weekly meetings and special weekend events. Additionally, this officer should ensure that the unit has a general schedule listing the major events for the year, as well as a schedule for the quarter. If the unit has cadet officers on its staff, the schedules should be drafted by them and approved by the deputy or commander. An optional tool is CAPF 60-83, *Squadron Meeting Planner*. Also see CAPP 60-31 for a discussion about the meeting planning process.

**6. Approve Promotions & Awards.** All cadet promotions and awards require the approval of the unit commander or deputy. Because of this responsibility, the commander or deputy should be involved in the leadership feedback (CAPF 60-90) process, in cooperation with the leadership education officer, as described below. The commander or deputy should preside over award ceremonies, congratulating the cadets for their efforts in a timely manner.

**7. Liaise With Group or Wing Headquarters.** The commander and deputy work together in representing the unit's needs at group or wing headquarters. Moreover, whoever serves as the unit's key Cadet Programs Officer should develop a good working relationship with the group or wing Director of Cadet Programs. This includes keeping abreast of news affecting upcoming cadet events sponsored by higher headquarters, passing that information on to the cadets, encouraging them to participate, and helping them arrange carpools, etc.

**8. Manage the Curry Uniform Voucher.** The commander or designee is needed to make cadets aware of the Curry Uniform Voucher. In some units, this responsibility is assigned to the logistics or supply officer.

**9. Partner With Parents.** As the principal Cadet Programs Officer in the unit, the commander or deputy is the individual whom parents will gravitate to with their concerns. It is up to the commander or deputy to keep parents informed, maintain a web-based calendar of cadet events, help resolve problems that arise, and proactively build good partnerships with them. Some units find it helpful to create a parents' committee, a booster club that reaches out to parents of new cadets. For more on parent relations, see CAPP 60-12, *Parents' Guide to the CAP Cadet Program*.

### 5.3 LEADERSHIP EDUCATION OFFICER

One of the most visible Cadet Programs Officers on the staff, the leadership education officer is an instructor, a mentor, and a program manager. This officer conducts classroom training, monitors the cadets' performance on the drill field and their wear of the uniform, mentors cadets informally and during feedback meetings, and is the principal officer in charge of the Cadet Great Start program. It is not necessary for this officer to be a former cadet or come from a military background, but a willingness to become an expert in the military aspects of cadet life is essential. Leadership Education Officers need to be familiar with the following publications:

CAPR 39-1, *CAP Uniform Manual*

CAPR 60-1, *Cadet Program Management*, (chapters 1-5)

CAPP 60-31, *Cadet Staff Handbook*

CAPP 60-32, *Cadet Staff Duty Analysis Guide*

CAPP 60-33, *Drill & Ceremonies Manual*

CAPF 60-90 series, *Leadership Feedback*

CAPP 160-3 *Activity Safety Risk Management*

CAPP 60-18 *Positive Youth Development Glossary*

*Learn to Lead* textbook and curriculum guide

## Time Commitment

This is a good position for a volunteer who wants to serve as one of the squadron's key Cadet Programs Officers, attending meetings every week and most unit activities.

## Key Duties & Best Practices

1. **Train & Educate Cadets.** The leadership education officer develops leadership skills in cadets through classroom education, hands-on activities, and mentoring. This officer is responsible for ensuring cadets are instructed in drill and ceremonies, wear their uniform properly, practice military customs and courtesies, and learn the academic concepts discussed in the cadet textbook. (Cadet officers and NCOs should be used as instructors, under this officer's supervision.) Further, in coordination with the squadron staff, the leadership education officer oversees cadet officers as they complete Staff Duty Analysis service, technical writing assignments, and oral presentations. In some units, this officer's curriculum responsibilities include fitness training and testing.
2. **Cadet Protection.** Ensuring that the Cadet Protection Policies are followed is everyone's responsibility. The LEO will regularly observe unit operations to ensure alignment with the Cadet Protection Policy. When cadet protection violations or boundary concerns arise, they swiftly address concerns.
3. **Safety & Risk Management.** The Leadership Education Officer will also familiarize themselves with the Activity Risk Management Pamphlet and follow CAP's Safety Risk Management Process of identifying hazards, assessing risks, developing controls, implementing controls and evaluating effectiveness (CAPP 160-3, Section 5) for all activities and events.
4. **Mentor the Cadet Staff.** The leadership education officer monitors and guides the cadet staff's decision-making processes, helping ranking cadets develop their potential to lead while simultaneously ensuring that they fulfill the junior cadets' training needs. This officer implements and/or oversees leadership feedback meetings using the CAPF 60-90 series to assist the unit commander in evaluating promotion-eligible cadets. In some units, the leadership education officer will also assist the commander in managing the operational aspects of cadet life by reviewing meeting schedules drafted by cadet officers, assigning cadets to instructional duties, and quality checking training plans developed by the cadet staff.
5. **Mentor Cadets.** In support of the cadets' achievement tests, Cadet Interactive modules, and milestone award exam programs, the leadership education officer should mentor cadets who are having difficulty passing tests. This can be accomplished by personally mentoring cadets and/or working with cadet officers and NCOs.
6. **Manage the Cadet Great Start Program.** The leadership education officer is responsible for transforming prospective cadets into cadet airmen through the Cadet Great Start program. This includes launching the initial plans for Cadet Great Start, coordinating with other Cadet Programs Officers affected by the program, preparing the cadet staff to take a leadership role as instructors and mentors, and serving as the unit's expert on the Cadet Great Start curriculum.

## 5.4 AEROSPACE EDUCATION OFFICER

The aerospace education officer's mission is simple: develop in cadets an enthusiasm for aviation, space, and technology. AEOs do not need to be pilots; they can be mere aerospace enthusiasts with a willingness to share their excitement with cadets. The AEO conducts classroom training, leads hands-on aerospace activities, mentors cadets, organizes aerospace outreach events, and manages the cadet orientation flight program. AEOs need to be familiar with the following publications:

CAPP 15, *Aerospace Education Officer's Handbook*

CAPP 52-7, *Cadet Orientation Flight Syllabus*

CAPR 60-1, *Cadet Program Management*, (chapters 1-5)

CAPR 50-1, *CAP Aerospace Education Mission*

CAPP 160-3 *Activity Safety Risk Management*

CAPP 60-18 *Positive Youth Development Glossary*

*Aerospace Dimensions* (7 modules with leader guide & student guide)

*Aerospace: The Journey of Flight*, with teacher guide

Stem Kit Programs and related activity guides

### Time Commitment

This is a good position for a volunteer who wants to serve for two meetings per month plus an occasional Saturday.

### Key Duties & Best Practices

1. **Teach & Inspire Cadets.** The AEO shares his or her enthusiasm for aviation, space, and technology with cadets, acting as a classroom teacher or activity leader. AEOs need a working knowledge of the topics covered in the cadets' textbooks, especially the *Aerospace Dimensions* modules. But more than leading the occasional lecture to explain an aerospace concept, the AEO should lead hands-on activities using the dozens of activity resources available through the CAP website, especially the Stem Kit Program. AEOs should also work with cadet officers and NCOs, giving them opportunities to serve as aerospace instructors.
2. **Cadet Protection.** Ensuring that the Cadet Protection Policies are followed is everyone's responsibility. The LEO will regularly observe unit operations to ensure alignment with the Cadet Protection Policy. When cadet protection violations or boundary concerns arise, they swiftly address concerns.
3. **Safety & Risk Management.** The Aerospace Education Officer will also familiarize themselves with the Activity Risk Management Pamphlet and follow CAP's Safety Risk Management Process of identifying hazards, assessing risks, developing controls, implementing controls and evaluating effectiveness (CAPP 160-3, Section 5) for all activities and events.
4. **Mentor Cadets.** In support of the cadets' achievement tests, Cadet Interactive modules, and milestone award exam programs, the AEO should mentor cadets who are having difficulty passing tests. This can be accomplished by personally mentoring cadets and/or working with cadet officers and NCOs.
5. **Lead Outreach Activities.** As "dynamic Americans and aerospace leaders," CAP cadets are poised to share their knowledge of and enthusiasm for aerospace with the general public. The AEO should plan aerospace outreach activities, such as having cadets lead Cub Scouts in hands-on AEX projects, inviting young people to the cadets' model rocket launches, supporting static displays at airshows, etc.
6. **Manage the Cadet Orientation Flight Program.** Of course, the best part of aerospace education is flying. The AEO coordinates cadet orientation flights with wing headquarters, which is responsible for developing a plan that serves the squadrons. It is especially important that the AEO arrange for new cadets to receive their first flight as soon as possible after joining. See CAPP 52-7, *Cadet Orientation Flight Syllabus*, for details.

## 5.5 FITNESS EDUCATION OFFICER

The fitness education officer is responsible for ensuring the cadet fitness program is implemented successfully. This officer teaches the skills and knowledge that cadets need to live physically active, healthy lives. They conduct classroom training, monitor the cadets' performance in physical fitness activities, mentor cadets informally, assist with goal setting and assessment, and organize cadet fitness activities. Overall, they work to help cadets attain a healthy level of fitness and prepare them for an active life. Fitness officers do not need to be elite athletes, but should model an active lifestyle for cadets. Fitness officers need to be familiar with the following publications:

CAPR 60-1, *Cadet Program Management* (chapters 1, 2, and 5)

CAPP 60-50, *Active Cadet Fitness Guide*

CAPP 1-10, *Suggest Best Practices for Including Individuals With Special Needs*

CAPP 160-3 *Activity Safety Risk Management*

CAPP 60-18 *Positive Youth Development Glossary*

### Time Commitment

This is a good position for a volunteer who wants to serve for one or two meetings per month plus an occasional Saturday or more.

### Key Duties & Best Practices

- 1. Teach & Inspire Cadets.** The FEO shares his or her enthusiasm for fitness and nutrition, acting as a classroom teacher or activity leader. By teaching cadets about healthy lifestyles and exposing them to different sports, games and exercises the FEO aims to support lifelong healthy and physical activity.
- 2. Manage the Fitness Program.** Units are required to offer at least one hour of fitness programming each month, with most of the time spent doing moderate to vigorous physical activity. Cadet NCOs should lead the majority of the cadet fitness activities and classes. The FEO will set the standards for the fitness program and help coach the NCOs to be as hands-on as possible with their experience level. The FEO should require new NCOs to provide a detailed outline before they teach a class and demonstrate a strong understanding of the fitness activity before they lead it. As cadets gain more experience they'll need less direct oversight, but the FEO remains the person responsible for ensuring the fitness program is delivered appropriately to cadets.
- 2. Cadet Protection.** Ensuring that the Cadet Protection Policies are followed is everyone's responsibility. The LEO will regularly observe unit operations to ensure alignment with the Cadet Protection Policy. When cadet protection violations or boundary concerns arise, they swiftly address concerns.
- 3. Safety & Risk Management.** The Fitness Education Officer will also familiarize themselves with the Activity Risk Management Pamphlet and follow CAP's Safety Risk Management Process of identifying hazards, assessing risks, developing controls, implementing controls and evaluating effectiveness (CAPP 160-3, Section 5) for all activities and events.
- 4. Mentor Cadets.** Every cadet will have different fitness goals. The FEO will help cadets set their fitness goals appropriately and create their plans to reach them. Encourage cadets to use the S.M.A.R.T. goal setting process (see CAPP 60-31, *Cadet Staff Handbook*) and track their progress. FEOs will encourage the discussion of fitness goals during leadership feedback meetings and promotion review board. Note that the process of setting the goal and working diligently to attain it is more important than whether the goal is met. The FEO will help to recognize cadets' fitness achievements and encourage those who are struggling.

**5. Lead Outreach Activities.** The FEO will look beyond the squadron into the local community and wing. Encourage squadron participation in local fitness events, such as bike races or fun runs. The squadron might also volunteer to work at these events, assisting with parking, water stops, etc. to support fitness in their local community. The FEO may also help to organize wing or group cadet fitness events, such as a Wing Ironman challenge or Cadet Olympics.

**6. Conduct Fitness Assessments.** Conduct the CPFT fitness assessment quarterly, or more frequently as necessary, to assist cadets in measuring their fitness. The FEO will be familiar with the testing protocols of CAPP 60-50 and instruct cadets how to perform the exercises. After the assessment, the FEO will ensure that the cadets' results are recorded in eServices.

## 5.6 CHARACTER DEVELOPMENT INSTRUCTOR (or Chaplain)

The character development instructor helps cadets grow in their understanding of and commitment to the CAP Core Values. This is accomplished through direct instruction during monthly character forums, by employing a technique called the schoolhouse weave, and through ongoing mentoring in a squadron, encampment, or activity setting. Character development instructors need to be familiar with the following publications:

CAPR 60-1, *Cadet Program Management*, (chapters 1 through 5)

*Values for Living 2.0* Lesson Library ([www.gocivilairpatrol.com/character](http://www.gocivilairpatrol.com/character))

*USAF Core Values Guru's Guide* (available in the character section in the online cadet library)

*CAPP 60-18 Positive Youth Development Glossary*

### Time Commitment

This is a good position for a volunteer who wants to serve for one or two meetings per month or more.

### Key Duties & Best Practices

**1. Orientation & Cadet Wingman Course.** The CDI ensures new cadets receive an introduction to the Core Values through the Cadet Wingman Course. The lessons imparted during this experience provides a foundation for future Core Values growth, while also fulfilling objectives in CPP and safety training.

**2. Lead Character Forums & Activities.** The CDI's primary duty is to lead monthly character development forums. These forums are conducted using the *Values for Living 2.0* Lesson Library. Forums are discussion-based activities where cadets discover how the Core Values apply to everyday challenges affecting cadets and teens. CDIs also serve as instructors or activity leaders when cadets participate in other character development activities beyond the monthly forums.

**3. Cadet Protection.** Ensuring that the Cadet Protection Policies are followed is everyone's responsibility. The CDI will regularly observe unit operations to ensure alignment with the Cadet Protection Policy. When cadet protection violations or boundary concerns arise, they swiftly address concerns.

**4. Mentor Cadets.** Character education is not limited to the classroom. The CDI should observe cadets in action and monitor how they handle Core Values issues. As such, the CDI needs to be a mentor who continuously and proactively works with individual cadets, not merely a discussion leader during the monthly forums.

**5. Advance the Wingman Concept.** The wingman concept is the Air Force version of the buddy system (see 3.2). Wingmen are peers who, taking inspiration from the Core Values, look out for one another's physical, mental, and

social well-being. The CDI is a leader who helps make the cadet wingman concept a reality in the squadron or at an encampment or activity. Each cadet should be matched with a wingman for peer support, via formal assignment, or simply by allowing wingman relationships to develop organically among friends. The wingman program enables cadets to be more successful in aligning their actions with the Core Values than they otherwise would be if not for peer support from a wingman. When mentoring cadets, CDIs should include the cadet's wingman, when appropriate, to underscore the wingman's potential as a peer resource, and to emphasize the wingman's responsibility to look out for the other's well-being.

**5. Employ the "Schoolhouse Weave."** The Air Force's Core Values strategy recognizes that the Core Values cannot be islands unto themselves. They need to be woven into all courses, all jobs, and all facets of Air Force life. Likewise, CDIs should look for opportunities to help cadets see Core Values in the context of whatever activity they are doing on a given day. For example, if cadets are participating in a compass course, the CDI could take a moment to discuss how the Core Values relate to CAP's emergency services mission. For more on the "schoolhouse weave," see the *USAF Core Values Guru's Guide*.

**6. Support the CAP Chaplains' "Ministry of Presence."** Although CDIs are not clergy who provide confidential counseling, they can assist CAP chaplains in their "ministry of presence." Simply by attending cadet activities, being accessible to cadets, and becoming known as one of the best listeners and most supportive adults on the staff provides a valuable service to cadets.

## 5.7 TESTING OFFICER

The testing officer manages the unit's achievement test and milestone award exam programs. This includes controlling the inventory of test materials, administering the tests to cadets, correcting tests, updating cadets' personnel records, and providing cadets with meaningful feedback after they complete their tests. In some units, the testing officer also administers cadet physical fitness tests. Testing officers need to be familiar with the following publications:

CAPR 40-2, *Test Administration & Security* (especially sections 6-8)

CAPR 60-1, *Cadet Program Management* (chapter 5)

CAPP 1-10, *Suggested Best Practices for Including Individuals With Special Needs* (sections 4-6, & 12)

CAPVA 60-100, *Cadet Super Chart*

### Time Commitment

This is a good position for a volunteer who wants to serve one or two meetings per month or more.

### Key Duties & Best Practices

**1. Know Which Tests Cadets Need.** The first step in being a good testing officer is knowing which tests cadets need to pass to earn their next promotion. The Cadet Super Chart and/or the [Stripes to Diamonds webpage](#) is a handy reference.

**2. Monitor Online Testing Programs.** Cadets may attempt their Cadet Interactive modules and achievement tests online anywhere, anytime, because they are open-book. Cadets may attempt closed-book milestone exams online, at the squadron, under your close supervision. The testing officer's role is to use eServices to monitor each individual cadet's performance on these Cadet Interactive modules and online achievement tests and exams. In this sense, the testing officer is a coach or mentor for cadets as they attempt tests at their own pace. Additionally:

- New cadets may need assistance in getting started with online tests and Cadet Interactive modules, so it helps if the testing officer is able to help cadets register for an eServices account and log-in to the test software.
- The testing officer needs to ensure cadets don't fall through the cracks by not testing on a regular basis or by failing a particular test multiple times. Various reports are available in eServices to help testing officers in this regard.
- The testing officer should function as a tutoring coordinator so that those cadets who need help with the academics receive it.
- For specifics about online testing, see the [\*\*Cadet Tests & Exams homepage\*\*](#).

**3. Manage Paper-Based Tests & Exams.** Testing officers download, inventory, secure, administer, score, record, and review paper-based tests and exams.

**When Hard Copy Tests & Exams May Be Needed.** Ideally, squadrons should have no need for paper-based exams because they'll use the online testing system. In reality though, if the squadron lacks internet access, you'll need to administer milestone award exams via hard copy. If a cadet lacks internet access at home, and the squadron lacks internet access as well, that cadet's only remaining option may be to attempt tests via hard copy. Further, if a cadet has been granted an accommodation for a written test (e.g., extra time, someone to read the questions aloud, etc.) due to a learning disability, the test will need to be administered via hard copy to circumvent the pre-set time limits and other restrictions with the online system.

**Hard Copy Inventory & Security.** Upon appointment, the testing officer should inventory all tests and exams in the unit's files. Unless a test or exam is in use, the testing officer is responsible for ensuring it is filed away and kept under lock and key.

**Test Environment.** Regarding the testing environment, the testing officer should provide the cadets with a quiet place to test. Because many tests and exams are closed book, the testing officer should seat cadets such that no one is tempted to cheat.

**Scoring & Recording Results.** Scoring tests and exams by hand can be a labor-intensive process. Therefore, it is suggested that testing officers schedule testing for the first portion of a weekly meeting, leaving them ample time to score the tests and present the cadets with their results before dismissal. Results from paper tests necessarily need to be manually recorded in eServices. Upon passing paper-based tests, cadets are to correct them to 100%, open-book. The testing officer's role is to ensure each cadet completes this task, and if necessary, to help the cadet better understand the material.

**4. Assist Special Needs Cadets.** If a cadet has special educational needs, the testing officer confers with the parent, and if necessary, recommends testing accommodations to the squadron commander. This is authorized by CAPR 60-1, 5.4.1.5. Authorized best practices are discussed in CAPP 1-10.

**5. Avoid Appearances of Impropriety.** A testing officer cannot administer or score a test for a member of his or her family, unless no other senior member is available to do so.

**6. Appoint an Assistant.** Each unit should have at least two testing officers – a primary and an assistant. Large units will want to have a handful of assistants. It is especially important that the cadets be able to test if the primary testing officer is unable to attend the meeting.

**7. Cadet Protection.** Ensuring that the Cadet Protection Policies are followed is everyone's responsibility. The Testing Officer will regularly observe unit operations to ensure alignment with the Cadet Protection Policy. When cadet protection violations or boundary concerns arise, they swiftly address concerns.

## 5.8 CYBER EDUCATION OFFICER

The cyber education officer is an optional position for units that wish to place extra emphasis upon the cyber-related aspects of cadet life. Alternatively, the cyber function may be staffed by the unit aerospace education officer. Cyber education officers facilitate and monitor cyber education within the local unit. This officer is also responsible for liaising with the wing cyber programs officer to report on unit cyber programs activities, assist in the identification of cyber competition coaches and mentors, and assist in implementation of cyber program initiatives including assisting the aerospace education officer with the cyber education modules in the cadet curriculum. Cyber education officers need to be familiar with the following publications:

CAPR 60-1, *Cadet Program Management*, (chapters 1, 8, and 9)

CAPR 50-1, *CAP Aerospace Education Mission*

CAPP 160-3 *Activity Safety Risk Management*

CAPP 60-18 *Positive Youth Development Glossary*

Resources at <https://cyber.cap.gov/>

### Time Commitment

This is a good position for a volunteer who wants to serve for one meeting per month plus an occasional Saturday or more.

### Key Duties & Best Practices

**1. Instructional Duties.** The cyber education officer is an instructor and subject matter expert. He or she should be a resource to the unit on all cybersecurity related topics covered in cadet aerospace education texts.

**2. Cyber Activities.** Cyber education officers organize local activities such as tours of industry sites having a significant presence in the cyber domain. Further, they promote cyber activities conducted above squadron level and steer cadets who are interested in cyber toward cyber-related National Cadet Special Activities.

**3. Cyber Competitions.** The cyber education officer serves as the coach of squadron-level teams at Cyber Patriot (or similar competition programs). Squadron-level officers should coordinate with their wing-level counterparts if starting a new team from scratch, and to track unit participation in the program.

**4. Program Leadership.** Because the cyber domain is new to CAP, cyber education officers are needed to take a leadership role in growing the program. They assist the unit in identifying solutions to existing or emerging problems and opportunities in the area of cyber programs and liaise with the wing cyber programs officer on execution. A highly successful cyber education officer will create a plan of action for the squadron's cyber programs and activities annually.

**5. Cadet Protection.** Ensuring that the Cadet Protection Policies are followed is everyone's responsibility. The CEO will regularly observe unit operations to ensure alignment with the Cadet Protection Policy. When cadet protection violations or boundary concerns arise, they swiftly address concerns.

**6. Safety & Risk Management.** The Cyber Education Officer will also familiarize themselves with the Activity Risk Management Pamphlet and follow CAP's Safety Risk Management Process of identifying hazards, assessing risks, developing controls, implementing controls and evaluating effectiveness (CAPP 160-3, Section 5) for all activities and events.

## 5.9 RECRUITING & RETENTION OFFICER

The recruiting and retention officer leads the squadron's effort to recruit new members and retain existing members. In a Cadet Programs context, the RRO assists the unit commander in creating a systematic process for publicizing the CAP Cadet Program locally, generating excitement among prospective cadets, providing them with an orientation (preferably using Cadet Great Start), and converting those youth into cadets via the CAP membership process. Moreover, the RRO monitors cadets' participation, ensures that absent cadets are contacted and invited to become more active in CAP, and reminds cadets to renew their memberships and/or learn why they are choosing to leave CAP. RROs should familiarize themselves with the following publications:

CAPF 12, *Application for Senior Membership*

CAPF 15, *Application for Cadet Membership / Online Cadet Membership Application*

CAPR 39-2, *CAP Membership*

CAPP 60-12, *Parents' Guide to the CAP Cadet Program*

CAPP 60-14, *First Talk Guide*

CAPP 60-21, *Cadet Great Start*

CAPP 160-3 *Activity Safety Risk Management*

CAPP 60-18 *Positive Youth Development Glossary*

Curry Uniform Voucher

Cadet Encampment Assistance Program

### Time Commitment

This is a good position for a volunteer who wants to serve for two meetings per month, or more. In many ways, this position lends itself to serving from home / outside the normal meeting time.

### Key Duties & Best Practices

**1. Publicity & Outreach.** The recruiting and retention officer coordinates the unit's publicity and outreach efforts. This typically includes publicizing and organizing open houses, conducting social media campaigns, providing fliers for cadets to post in their schools and community centers, and organizing and staffing recruiting booth activities at major community events such as airshows and fairs. The RRO should also make contact with area military recruiting offices to ensure personnel there know that they can refer their prospects to the local CAP squadron.

**2. Orientation & Great Start.** The RRO should help the squadron implement the Cadet Great Start program. While RROs should not be made responsible for implementing the actual Cadet Great Start program content, they are excellent resources for conducting the squadron open house that kicks-off the program, and conducting the parents' orientation. Further, RROs should ensure that every prospective cadet is matched with a wingman or mentor who can help them get started as a cadet.

**3. Attendance & Follow-Up Contact.** RROs actively monitor cadet participation in weekly meetings and local activities. They take attendance (or work with a cadet who is assigned this task) and ensure that cadets who have been absent without notice are contacted by someone in the unit as a check-up opportunity.

**4. Cadet Protection.** Ensuring that the Cadet Protection Policies are followed is everyone's responsibility. The Recruiting & Retention Officer will regularly observe unit operations to ensure alignment with the Cadet Protection Policy. When cadet protection violations or boundary concerns arise, they swiftly address concerns.

**5. Renewals & Separations.** RROs actively monitor membership rosters, making note of when individuals' renewals come due. They should make contact with cadets whose membership is about to lapse and encourage them to renew and/or respond constructively to any challenges or unsatisfactory experiences the cadet expresses.

## 5.10 LONG TERM ACTIVITY DIRECTOR

NCSA or NFA Activity Director (National)  
NCSA or NFA Activity Deputy Director (National)  
Encampment Commander (Wing)  
Encampment Commandant of Cadets (Wing)

The Activity Director oversees the planning and execution of large-scale cadet activities such as National Cadet Special Activities (NCSAs), National Flight Academies (NFAs), and wing-level encampments. Whether serving as a Director, Deputy Director, Commander, or Commandant of Cadets, this officer ensures that each activity provides a safe, structured, and meaningful learning environment aligned with CAP's cadet development goals and cadet protection policies. The Activity Director manages staff, mentors adult and cadet leaders, and ensures that every participant benefits from a well-organized and impactful experience. Prior experience as an activity staff member is helpful, but the most important qualifications are strong leadership, sound judgment, and a commitment to cadet growth.

CAPR 60-1, *Cadet Program Management*  
CAPR 60-2, *Cadet Protection Program*  
CAPR 160-1, *Civil Air Patrol Safety Program*  
CAPR 190-1, *CAP Public Affairs Program*  
CAPP 60-72, *Required Staff Training*

CAPP 79-10, *Cadet Medication Best Practices*  
CAPP 150-12, *Marketing and Communications Playbook*  
CAPP 160-3 *Activity Safety Risk Management*  
[Deliberate Risk Assessment Guide](#)

### Activity Specific:

CAPP 60-70, *Cadet Encampment Guide*  
CAPP 60-74, *Activity Director Guide*

### Recommended Pre-Requisites

1. Prior service on the staff of an encampment, NCSA, or NFA
2. Demonstrated experience managing large-scale cadet programs activities
3. Completion of Cadet Protection Basic and Advanced courses
4. Completion of the Training Leaders of Cadets (TLC) Intermediate
5. Strong communication, organizational, and leadership skills
6. Ability to recruit, train, and supervise both adult and cadet staff
7. Experience in risk management and safety planning for youth activities

### Time Commitment

Serving as an Activity Director requires a significant investment of time before, during, and after the activity. Planning typically begins several months in advance and may involve regular coordination meetings, staff

recruitment, curriculum development, and logistical preparations. Directors should anticipate dedicating several hours per week in the months leading up to the event, increasing to daily involvement as the start date approaches. During the activity itself, directors are on duty full-time, often for one to two weeks, overseeing all operations and ensuring participant safety and program quality. Following the activity, time is required for administrative closeout, financial reconciliation, and the completion of after-action reports. Effective time management and early planning are essential to balancing these responsibilities with other CAP and personal commitments.

### Key Duties & Best Practices

**1. Plan and Direct Activity.** Activity Directors oversee all aspects of the encampment, NCSA, or NFA, ensuring alignment with CAP's Cadet Program goals, safety standards, and educational objectives. The Activity Director is responsible for the overall planning, coordination, and execution of the activity. This includes establishing goals, developing schedules, securing facilities, and ensuring the activity aligns with CAP's mission and the Cadet Program's educational objectives. Effective directors anticipate challenges, delegate appropriately, and maintain clear communication with staff, participants, and higher headquarters.

**2. Develop and Lead Staff.** A successful activity relies on capable, qualified, and motivated staff members. The Activity Director recruits, selects, and mentors a diverse team of adult and cadet leaders, ensuring each staff member meets all requirements of their duty position—including completion of Cadet Protection training, RST, and any other required certifications or prerequisites. The director provides clear expectations, meaningful responsibilities, and constructive feedback, fostering a culture of accountability and professionalism. Strong staff leadership not only promotes individual growth and team cohesion but also models the standards of excellence expected throughout the Cadet Program.

**3. Ensure Cadet Safety and Well-Being.** Cadet safety is the top priority. The Activity Director enforces CAP's Cadet Protection and Risk Management policies, ensures compliance with all applicable regulations—including supervisory ratios—and cultivates a culture where every staff member actively safeguards cadets' physical and emotional well-being. This includes proactive planning, supervision, and immediate response to potential concerns. The Activity Director develops and follows a comprehensive [CAPF 160, Deliberate Risk Assessment Worksheet](#), to identify, assess, and mitigate potential hazards throughout the activity. Activity Directors must also be current in Cadet Protection Advanced.

Cadet safety is the top priority. The Activity Director enforces CAP's Cadet Protection and Risk Management policies, ensures compliance with all applicable regulations, including supervisory ratios, and cultivates a culture where every staff member actively safeguards cadets' physical and emotional well-being. This includes proactive planning, supervision, and immediate response to potential concerns. Activity Directors must be current in Cadet Protection Advanced.

**4. Design a Meaningful Program Experience.** Activities should provide cadets with authentic, hands-on learning experiences that build leadership, confidence, and character. The Activity Director ensures that all instruction, training, and exercises align with CAP's program elements, and that they are delivered in a safe, structured, and age-appropriate manner.

**5. Manage Logistics and Administration.** Behind every successful activity is strong logistical and administrative support. The Activity Director oversees budgeting, registration, transportation, housing, meals, and supply management to ensure the activity runs smoothly and efficiently. Attention to detail and early coordination with supporting agencies are essential to success.

**6. Fiscal Management.** The Activity Director is responsible for developing and adhering to a realistic budget that covers all anticipated expenses—such as lodging, meals, transportation, supplies, and training materials—while maintaining affordability for participants. All financial transactions must comply with CAP policies and be properly documented. Directors work closely with their managing echelon to manage funds, process payments, and reconcile accounts promptly after the activity.

**7. Evaluate and Improve Programs.** Continuous improvement is central to program excellence. The Activity Director conducts after-action reviews, reviews feedback from staff and participants, and documents lessons learned to enhance future activities. When appropriate, communicate your findings to National Headquarters. This reflective process supports organizational learning and helps maintain the high standards expected of CAP's cadet programs.

**8. Represent CAP Professionally.** As a visible representative of Civil Air Patrol, the Activity Director models professionalism in demeanor, communication, and decision-making. This leadership example shapes the tone of the activity and reinforces the standards of conduct expected from all members. Professionalism strengthens credibility with parents, partners, and the public.

## **5.11 SPECIAL PROJECT OFFICERS (as needed)**

Units may choose to assign major, high-profile projects to a special project officer instead of one of the “permanent” staff officers listed above. Some projects that might warrant this special attention include: drill team, color guard, honor guard, Wreaths Across America, cadet open house, annual awards banquets, etc.

### **Time Commitment**

These are good positions for volunteers who want to support a relatively short-term activity that has a clear beginning and end.

## Part 6 SPECIALTY TRACK RATING REQUIREMENTS

### Contents

- 6.1 Technician Rating
- 6.2 Senior Rating
- 6.3 Master Rating

Specialty track requirements are listed on the next few pages.

### TLC and Specialty Tracks

Members wishing to earn a rating in Cadet Programs must take the specific TLC course listed on the checklist.

**Courses cannot be substituted for other courses.** TLC On Demand cannot be substituted for any course.

Additionally, each TLC Course is a standalone course, and may be taken regardless of what other TLC course you have taken or have not taken (ie. TLC Basic is not a prerequisite for TLC Intermediate). A member should take the course for the Specialty Track they are working towards.

- **Technician:** Members must take **TLC Basic**
- **Senior:** Members must take **TLC Intermediate**

If you take TLC Intermediate while working towards your Technician Rating, it will count towards your Senior Rating and you will still need to take TLC Basic to earn a Technician rating.

## 6.1 TECHNICIAN RATING

### Knowledge Requirements

*Objective: Identify the key goals, standards, and/or processes involved in each of the topics below.*

|    | <b>CP Elements, Traits, &amp; Outcomes</b>        | <b>Publication</b> | <b>Section</b> | <b>Date Completed</b> |
|----|---|--------------------|----------------|-----------------------|
| 1  | -- Mission  | CAPR 60-1          | 1.5            | _____                 |
| 2  | -- Key Traits of Cadet Life                       | CAPR 60-1          | 1.6            | _____                 |
| 3  | -- Program Elements                               | CAPR 60-1          | 1.9            | _____                 |
| 4  | -- Program Phases                                 | CAPR 60-1          | 1.10           | _____                 |
|    | <b>CP Officer Roles &amp; Responsibilities</b>    |                    |                |                       |
| 5  | -- Unit Commander or Deputy                       | CAPP 60-11         | 5.2            | _____                 |
| 6  | -- Leadership Education Officer                   | CAPP 60-11         | 5.3            | _____                 |
| 7  | -- Aerospace Education Officer                    | CAPP 60-11         | 5.4            | _____                 |
| 8  | -- Fitness Education Officer                      | CAPP 60-11         | 5.5            | _____                 |
| 9  | -- Character Development Instructor               | CAPP 60-11         | 5.6            | _____                 |
| 10 | -- Testing Officer                                | CAPP 60-11         | 5.7            | _____                 |
| 11 | -- Cyber Education Officer                        | CAPP 60-11         | 5.8            | _____                 |
| 12 | -- Recruiting & Retention Officer                 | CAPP 60-11         | 5.9            | _____                 |
|    | <b>Adult Leadership &amp; Safety</b>              |                    |                |                       |
| 13 | -- Hot and cold weather training - basic concept  | CAPR 60-2          | 2.6.13, 2.6.14 | _____                 |
| 14 | -- High Adventure Activity - basic concepts       | CAPR 60-2          | 2.7            | _____                 |
| 15 | -- Physical fitness categories - basic concept    | CAPR 60-1          | 3.2            | _____                 |
| 16 | -- Messages to parents                            | CAPP 60-12         | NA             | _____                 |
|    | <b>Cadet Advancement</b>                          |                    |                |                       |
| 17 | -- Cadet membership eligibility & process         | CAPR 60-1          | 3.4.1.1        | _____                 |
| 18 | -- Basic structure                                | CAPR 60-1          | 5.1            | _____                 |
| 19 | -- Promotion authority                            | CAPR 60-1          | 5.2.1          | _____                 |
| 20 | -- General pre-requisites                         | CAPR 60-1          | 5.2.3          | _____                 |
| 21 | -- Cadet textbooks                                | CAPR 60-1          | 5.3            | _____                 |
| 22 | -- Online achievement tests                       | CAPR 60-1          | 5.4.1.1.1      | _____                 |
| 23 | -- Milestone award exams                          | CAPR 60-1          | 5.4.1.3        | _____                 |
| 24 | -- CPFT events & basic standards                  | CAPR 60-1          | 5.4.5          | _____                 |
| 25 | -- Time in grade                                  | CAPR 60-1          | 5.6.2          | _____                 |
| 26 | -- Promotion eligibility scenarios with OJT       | CAPVA 60-100       | NA             | _____                 |
| 27 | -- Feedback meetings, CAPF 60-90 - basic concepts | CAPR 60-1          | 5.7            | _____                 |
|    | <b>Squadron meetings &amp; activities</b>         |                    |                |                       |
| 28 | -- Duration & frequency                           | CAPR 60-1          | 4.3            | _____                 |
| 29 | -- Monthly content requirements                   | CAPR 60-1          | Table 4.2      | _____                 |
| 30 | -- Squadron Weekly Meeting Planner                | CAPF 60-83         | NA             | _____                 |
| 31 | -- Unit activities                                | CAPR 60-1          | 4.3.3          | _____                 |
| 32 | -- Activity calendars                             | CAPR 60-1          | 4.3.3.1        | _____                 |

**Cadet Staff Roles & Responsibilities**

|                        |            |                    |       |
|------------------------|------------|--------------------|-------|
| 33 -- Element leader   | CAPP 60-31 | <i>App. 1 p.38</i> | _____ |
| 34 -- Flight sergeant  | CAPP 60-31 | <i>App. 1 p.40</i> | _____ |
| 35 -- Flight commander | CAPP 60-31 | <i>App. 1 p.44</i> | _____ |
| 36 -- Cadet commander  | CAPP 60-31 | <i>App. 1 p.48</i> | _____ |

**Cadet Support & Administration**

|   |           |                          |       |
|---|-----------|--------------------------|-------|
| 37 -- Cadet Great Start - basic concept | CAPR 60-1 | 3.1                      | _____ |
| 38 -- Parent orientation                | CAPR 60-1 | 3.1.2                    | _____ |
| 39 -- Cadet Packet Program              | CAPR 60-1 | 5.3; <a href="#">web</a> | _____ |
| 40 -- Cadet uniform requirements        | CAPR 60-1 | 3.1.6                    | _____ |
| 41 -- Curry Uniform Voucher             | CAPR 60-1 | 3.1.6.4                  | _____ |
| 42 -- Cadet records - basic concept     | CAPR 60-1 | 3.3                      | _____ |
| 43 -- Cadet attendance expectations     | CAPR 60-1 | 3.4.1                    | _____ |

**Quality Cadet Units**

|                      |           |                            |       |
|----------------------|-----------|----------------------------|-------|
| 44 -- Basic concepts | CAPR 60-1 | 6.6.3; <a href="#">web</a> | _____ |
| 45 -- Award criteria | CAPR 60-1 | 6.6.3; <a href="#">web</a> | _____ |

**Performance Requirements**

*Objective: Demonstrate proficiency in CP Officer skill areas by completing the tasks below*

|   |       |
|---|-------|
| 46 Interview 2 new cadets, learn reasons for joining; document findings via a 1-page outline & share with OJT mentor                        | _____ |
| 47 Interview 2 cadets in their second year or beyond; learn reasons for remaining cadets; document 1-page outline and share with OJT mentor | _____ |
| 48 Review any two chapters of <i>Learn to Lead</i> ; draft 1-page outlines for each and discuss with OJT                                    | _____ |
| 49 Review any module in <i>Aerospace Dimensions</i> ; draft a 1-page outline and discuss with OJT   | _____ |

**Complete any 5 of the 7 tasks below**

|   |       |
|---|-------|
| 50 Administer (or assist) a cadet drill and ceremonies performance test                           | _____ |
| 51 Administer (or assist) during a CPFT session   | _____ |
| 52 Observe a cadet Character Development forum or Cadet Wingman Course                            | _____ |
| 53 Complete a cadet interactive module for the purpose of familiarizing yourself with the process | _____ |
| 54 Observe or participate in a cadet leadership feedback meeting; review a completed CAPF 60-90   | _____ |
| 55 Assist in entering data and downloading reports in the Cadet Promotions Application            | _____ |
| 56 Review the unit's QCUA report and draft a 1-page list of recommended actions to OJT mentor     | _____ |

**Ancillary Courses & Test Requirements**

|  |       |
|--|-------|
| 57 Complete Level I of the CAP Senior Member Education and Training Program (includes CPP Basic)   | _____ |
| 58 Complete TLC Basic Course (no other course may be substituted)                                  | _____ |
| 59 Pass the online CP Officer Technician Rating test, which is based on the Knowledge Requirements | _____ |

**Service Requirements**

|  |       |
|--|-------|
| 60 Serve 6 months as an assistant staff officer in any CP-related role listed in section 2.2 | _____ |
|--|-------|

**Summary Conversation**

|   |       |
|---|-------|
| 61 After completing all above requirements, discuss training topics of interest with OJT mentor | _____ |
|---|-------|

**Candidate's Name (Last, First)** \_\_\_\_\_

|                  |              |                       |
|------------------|--------------|-----------------------|
| <b>CAP Grade</b> | <b>CAPID</b> | <b>Unit Charter #</b> |
|------------------|--------------|-----------------------|

## 6.2 SENIOR RATING

### Knowledge Requirements

*Objective: Identify the key goals, standards, and/or processes involved in each of the topics*

| CP Elements, Traits, & Outcomes                     | Publication | Section         | Date Completed |
|---|-------------|-----------------|----------------|
| 1 -- Horizontal Curriculum Maps                     | CAPP 60-11  | 2.6             | _____          |
| 2 -- Independent Study                              | CAPR 60-1   | 1.8.2           | _____          |
| <b>CP Officer Roles &amp; Responsibilities</b>      |             |                 |                |
| 3 -- Cadet Sponsor Members                          | CAPR 60-1   | 2.2.3           | _____          |
| 4 -- TLC requirements                               | CAPR 60-1   | 2.3.2           | _____          |
| 5 -- Program news, updates                          | CAPP 60-11  | 2.5, web        | _____          |
| <b>Adult Leadership &amp; Safety</b>                |             |                 |                |
| 6 -- Self-medication, drugs, alcohol, energy drinks | CAPR 60-2   | 2.3             | _____          |
| 7 -- Hot and cold weather training, in-depth        | CAPR 60-2   | 2.6.13, 2.6.14  | _____          |
| 8 -- Fitness categories, in-depth                   | CAPR 60-1   | 3.2             | _____          |
| 9 -- Restrictions on prospective cadets             | CAPR 60-1   | 3.1.3           | _____          |
| 10 -- Progressive discipline                        | CAPR 60-1   | 3.5             | _____          |
| 11 -- Supervisory Ratios                            | CAPR 60-2   | 2.6.5           | _____          |
| <b>Cadet Advancement</b>                            |             |                 |                |
| 12 -- Special needs cadets                          | CAPR 60-1   | 5.4.1.5         | _____          |
| 13 -- SDA grading                                   | CAPR 60-1   | 5.4.4           | _____          |
| 14 -- Essay and speech grading                      | CAPR 60-1   | 5.4.3           | _____          |
| 15 -- CPFT Phase I rules                            | CAPR 60-1   | 5.4.5.3         | _____          |
| 16 -- CPFT for medically restricted                 | CAPR 60-1   | 5.4.5.5         | _____          |
| 17 -- CPFT for inclement weather                    | CAPR 60-1   | 5.4.5.6         | _____          |
| 18 -- Cadet Wingman Course                          | CAPR 60-1   | 5.4.6.1         | _____          |
| 19 -- Encampment, RCLS/COS as advancement reqs.     | CAPR 60-1   | 5.5.2, 5.5.3    | _____          |
| 20 -- Leadership feedback meeting - advanced        | CAPR 60-1   | 5.7.2           | _____          |
| 21 -- Sustaining a cadet in grade                   | CAPR 60-1   | 5.7.3           | _____          |
| 22 -- Spaatz process at squadron                    | CAPR 60-1   | 5.8.2           | _____          |
| 23 -- Accelerated promotions                        | CAPR 60-1   | 5.6.2.3         | _____          |
| 24 -- Cadet award presentations                     | CAPR 60-1   | 6.1             | _____          |
| 25 -- Demotions & terminations                      | CAPR 60-1   | 3.6             | _____          |
| 26 -- Honor Credit                                  | CAPR 60-1   | 5.4.1.4         | _____          |
| <b>Squadron Meetings &amp; Activities</b>           |             |                 |                |
| 27 -- Cadet attendance tracking, retention          | CAPR 60-1   | 3.4.2           | _____          |
| 28 -- Check ride instructor model                   | CAPP 60-11  | 3.11            | _____          |
| 29 -- Activity goals & evaluations                  | CAPR 60-1   | 8.1.1           | _____          |
| 30 -- Uniforms at cadet activities                  | CAPR 60-1   | 8.1.6           | _____          |
| 31 -- Activities at Other Units                     | CAPR 60-1   | 8.1.3           | _____          |
| 32 -- NCSA overview                                 | CAPR 60-1   | 8.5.1; web      | _____          |
| 33 -- Orientation flight overview                   | CAPR 60-1   | 8.3; CAPP 60-40 | _____          |
| 34 -- CadetInvest overview                          | CAPR 60-1   | 8.2; web        | _____          |
| 35 -- Encampment goals                              | CAPR 60-1   | 9.1             | _____          |
| 36 -- CEAP overview                                 | CAPR 60-1   | 9.2.6           | _____          |
| 37 -- Cadet Advisory Council, concepts              | CAPR 60-1   | 7.1             | _____          |

**Cadet Staff Roles & Responsibilities**

|   |   |              |           |       |
|---|---|--------------|-----------|-------|
| 38  | -- Design principles                          | CAPR 60-1    | 4.1.1     | _____ |
| 39  | -- Minimum grade requirements                 | CAPR 60-1    | Table 4.1 | _____ |
| 40  | -- Scalable organization charts               | CAPP 60-31   | App. 2    | _____ |
| <b>Cadet Support &amp; Administration</b> |   |              |           |       |
| 41  | -- Unit goals                                 | CAPR 60-1    | 4.2       | _____ |
| 42  | -- Test inventory & security                  | CAPR 60-1    | 5.4.1.7   | _____ |
| 43  | -- Milestone award certificates               | CAPR 60-1    | 5.2.4     | _____ |
| 44  | -- Activity & service ribbon opportunities    | CAPR 39-3    | Sect. F   | _____ |
| 45  | -- Character program control, secular         | CAPR 60-1    | 5.4.6     | _____ |
| 46  | -- Unit evaluation: QCUA, SUI, climate survey | CAPP 60-11   | 2.5, web  | _____ |
| 47  | -- Commander's Dashboard                      | In eServices |           | _____ |

**Performance Requirements**

*Objective: Demonstrate proficiency in CP Officer skill areas by completing the tasks below*

|    |   |       |
|----|---|-------|
| 48 | Participate in an encampment as a member of the senior staff for at least 20 contact hours  | _____ |
| 49 | Review any two chapters of <i>Learn to Lead</i> ; draft 1-page outlines for each and discuss with OJT mentor  | _____ |
| 50 | Review any module in <i>Aerospace Dimensions</i> ; draft a 1-page outline and discuss with OJT mentor<br><i>#49 &amp; #50 – you must review chapters different than what you reviewed for your Technician Rating.</i> | _____ |
| 51 | Preflight, supervise, and mentor 2 cadet instructors using the check ride system (see 3.11)   | _____ |
| 52 | Participate in 3 leadership feedback meetings and endorse (or write) three CAPF 60-90s  | _____ |
| 53 | Plan 4 weekly squadron meetings using the CAPF 60-83, <i>Squadron Meeting Planner</i> ; share the completed and discuss your work with the OJT mentor   | _____ |
| 54 | Review the unit's QCUA report and provide a 1-page list of recommended actions to OJT mentor  | _____ |

*Complete any 4 of the 8 tasks below*

|    |  |       |
|----|--|-------|
| 55 | Administer two CPFT sessions   | _____ |
| 56 | Evaluate an SDA and provide feedback to the cadet  | _____ |
| 57 | Evaluate an essay and speech assignment and provide feedback to the cadet  | _____ |
| 58 | Demonstrate proficiency with the Absorb LMS and Cadet Promotions Application   | _____ |
| 59 | Review the unit's annual goals and provide a 1-page list of recommended actions to OJT mentor                            | _____ |
| 60 | Review the unit's cadet staff structure and provide a 1-page note to the OJT mentor justifying that or recommend changes | _____ |
| 61 | Participate in at least one national cadet programs webinar (live or on-demand)  | _____ |
| 62 | Assist with 2 different hands-on aerospace activities. (STEM kit, AEX, rocketry, cyber, etc.)                            | _____ |

**Ancillary Courses & Test Requirements**

|    |   |       |
|----|---|-------|
| 63 | Complete Level II of the CAP Senior Member Education and Training Program                         | _____ |
| 64 | Complete CPP Advanced (no other course may be substituted)  | _____ |
| 65 | Complete TLC Intermediate Course (no other course may be substituted)                             | _____ |
| 66 | Pass the online CP Officer Senior Rating test, which is based on the Knowledge Requirements above | _____ |

**Service Requirements**

- 67 Serve 12 months as a Technician-rated staff officer, serving in any CP role listed in section 2.2, with minimal supervision

**Summary Conversation**

- 68 After completing all above requirements, discuss training topics of interest with OJT mentor

**Candidate's Name (Last, First)** \_\_\_\_\_

## 6.3 MASTER RATING

### Knowledge Requirements

*Objective: Identify the key goals, standards, and/or processes involved in each of the topics below.*

|   | <b>CP Officer Roles &amp; Responsibilities</b>       | <b>Publication</b>  | <b>Section</b>             | <b>Date Completed</b> |
|---|--|---------------------|----------------------------|-----------------------|
| 1   | -- DCP   | CAPP 60-11          | 5.1                        | _____                 |
| 2   | -- Squadron visits                                   | CAPP 60-11          | Part 3                     | _____                 |
| 3   | -- Wing-level goals                                  | CAPR 60-1           | 4.2, CI 09                 | _____                 |
| 4   | -- Progressive discipline: leadership                | CAPR 60-1           | 3.5                        | _____                 |
| 5   | -- CPP training requirements                         | CAPR 60-2           | Ch. 3                      | _____                 |
| 6   | -- CPP reporting requirements                        | CAPR 60-2           | 4.1                        | _____                 |
| <b>Adult Professional Development</b>     |  |                     |                            |                       |
| 7   | -- Specialty Track management                        | CAPP 60-11          | Parts 1 & 6                | _____                 |
| 8   | -- TLC course management                             | CAPR 60-1           | 2.3.2                      | _____                 |
| 9   | -- Air Force expectations                            | Statement of Objs.  | web                        | _____                 |
| 10  | -- Strategic Plan                                    | CAP Strategic Plan  | web                        | _____                 |
| 11  | -- HAA evaluation                                    | CAPR 60-2           | 2.7; web                   | _____                 |
| <b>Cadet Advancement</b>                  |  |                     |                            |                       |
| 12  | -- Suggested best practices for special needs cadets | CAPP 1-10           |                            | _____                 |
| 13  | -- Spaatz process - approvals, proctors              | CAPR 60-1           | 5.8                        | _____                 |
| 14  | -- Milestone award ceremonies                        | CAPR 60-1           | 6.1                        | _____                 |
| <b>Wing Cadet Activities</b>              |  |                     |                            |                       |
| 15  | -- Weekend activities – Wing Support                 | CAPR 60-1           | 4.3.3.2                    | _____                 |
| 16  | -- Orientation flight management                     | CAPR 60-1, 8.3.1    | CAPP 60-40; web            | _____                 |
| 17  | -- NCSA mgt.   | CAPR 60-1           | 8.5.2; <a href="#">web</a> | _____                 |
| 18  | -- CSA accreditation                                 | CAPR 60-1           | 8.5.3; <a href="#">web</a> | _____                 |
| 19  | -- CAC program leadership                            | CAPR 60-1           | Ch. 7                      | _____                 |
| 20  | -- Encampment operating policies                     | CAPR 60-1, Ch. 9    | CAPP 60-70, Part 2         | _____                 |
| 21  | -- Encampment curriculum                             | CAPP 60-70          | Part 5                     | _____                 |
| 22  | -- Encampment metrics                                | CAPP 60-70          | Part 1                     | _____                 |
| 23  | -- CadetInvest program management                    | CAPR 60-1           | 8.2; <a href="#">web</a>   | _____                 |
| 24  | -- IACE and non-IACE exchanges                       | CAPR 60-1           | 8.5.5                      | _____                 |
| <b>Cadet Support &amp; Administration</b> |  |                     |                            |                       |
| 25  | -- Supplements and OIs to cadet regulations          | CAPP 60-1, 1.4      | CAPR 60-2, 1.3             | _____                 |
| 26  | -- Waivers to cadet regulations                      | CAPR 60-1, 1.3      | CAPR 60-2, 1.3             | _____                 |
| <b>Quality Cadet Units</b>                |  |                     |                            |                       |
| 27  | -- Wing-level review, management                     | <a href="#">web</a> |                            | _____                 |

## Performance Requirements

*Objective: Demonstrate proficiency in CP Officer skill areas by completing the tasks below*

- 28 Serve as a project officer or activity director (or deputy) for a group or wing cadet activity \_\_\_\_\_
- 29 Serve on staff at a RCLS, second encampment, or NCSA / CSA \_\_\_\_\_
- 30 Review any two chapters of *Learn to Lead*, draft 1-page outlines for each and discuss with OJT mentor. *You must review chapters different than what you reviewed for your Tech & Senior Rating.* \_\_\_\_\_
- 31 Review any module in *Aerospace Dimensions*, draft a 1-page outline and discuss with OJT mentor (see 1.1) *You must review chapters different than what you reviewed for your Tech & Senior Rating.* \_\_\_\_\_

*Complete any 3 of the 6 tasks below*

- 32 Serve on faculty at TLC \_\_\_\_\_
- 33 Visit 2 squadrons and share with your CC, CDC or mentor two best practices \_\_\_\_\_
- 34 Mentor 1 senior member in the CP Officer specialty track \_\_\_\_\_
- 35 Review QCUA data for the group or wing; identify opportunities for cooperation \_\_\_\_\_
- 36 Develop a 1hr. lesson or activity; obtain feedback from 2 Master Rated CP officers \_\_\_\_\_
- 37 Participate in at least one national cadet programs webinar (live or on-demand) \_\_\_\_\_

## Ancillary Courses & Test Requirements

- 38 Complete Level III of the CAP Senior Member Education and Training Program \_\_\_\_\_
- 39 Pass the online CP Officer Master Rating test, which is based on the Knowledge Requirements above \_\_\_\_\_

## Service Requirements

- 40 Serve 18 months as a Senior Rated officer in a supervisory CP role (CDC, CC, DCP, Asst DCP) \_\_\_\_\_

## Summary Conversation

- 41 After completing all above requirements, discuss training topics of interest with OJT mentor \_\_\_\_\_

**Candidate's Name (Last, First)** \_\_\_\_\_

| CAP Grade | CAPID | Unit Charter # |
|-----------|-------|----------------|
|-----------|-------|----------------|

**Cadets need your leadership.** Your service as supervisors, instructors, and mentors is the most essential ingredient in cadet life. No squadron will succeed in its mission unless it has the benefit of a handful of well trained, dedicated Cadet Programs Officers. The *Cadet Programs Officers' Handbook and Specialty Track Guide* is the adult volunteer starting point for professional development.



**CIVIL AIR PATROL**  
CADET PROGRAMS