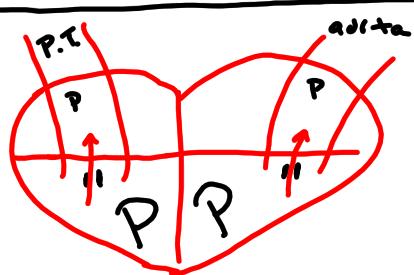
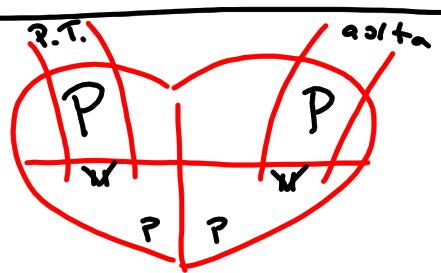


Opening of
Semilunar Valves

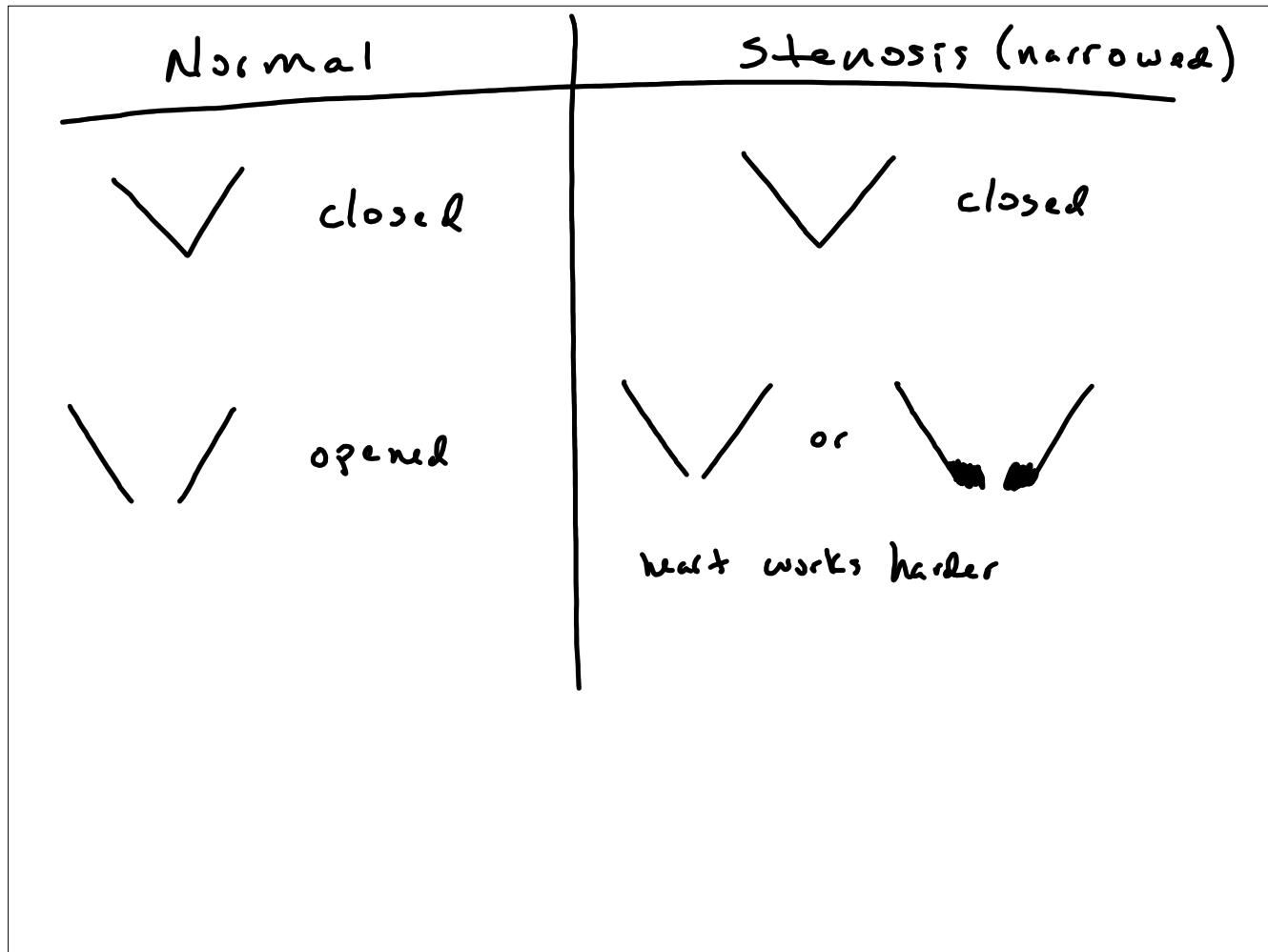


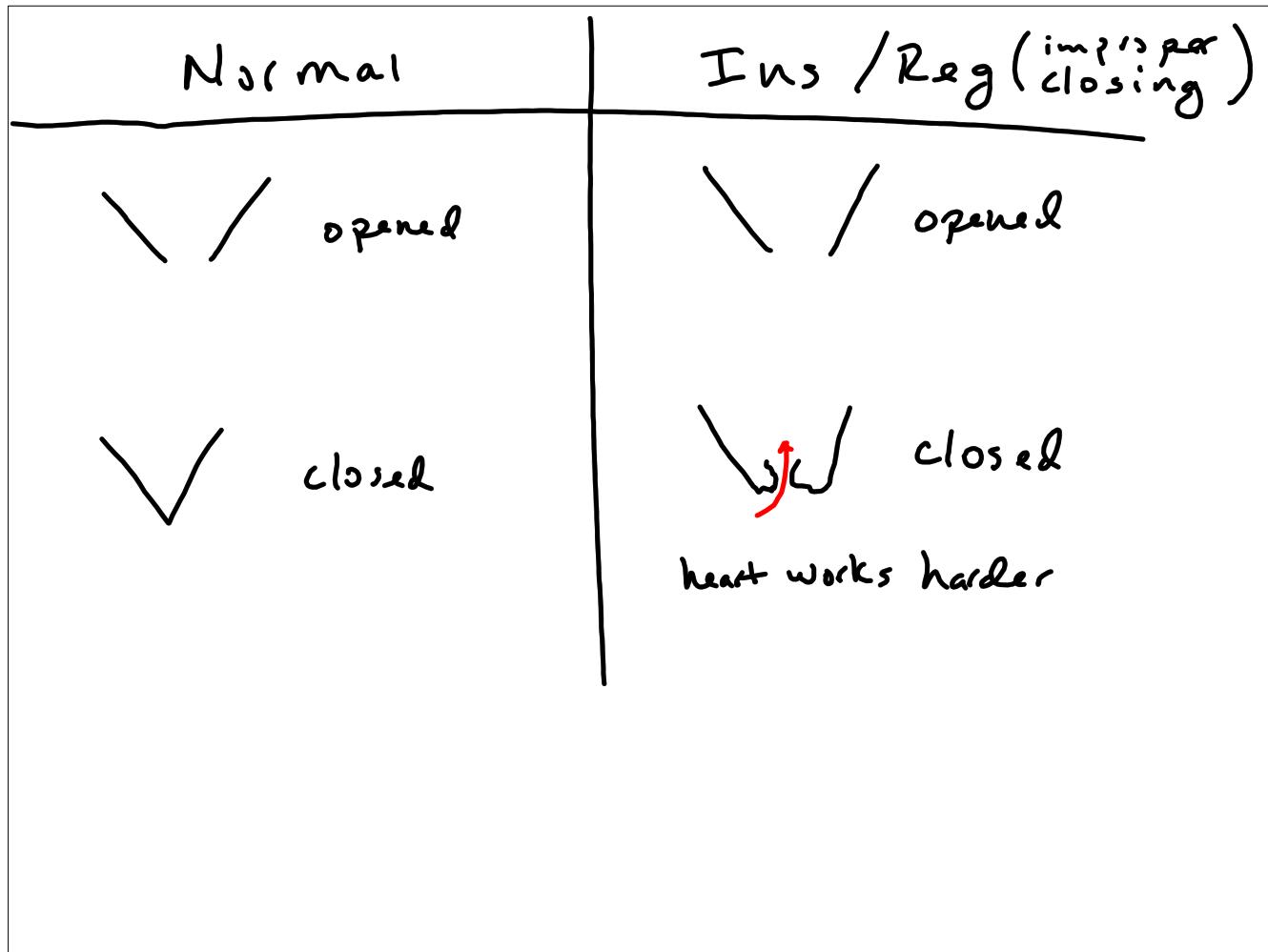
vent P > Great Artery P

Closing of
Semilunar Valves



Great P > vent P
Artery
second heart sound (S_2)





* Cardiac Cycle

Isovolumic Contraction

Period of Eject

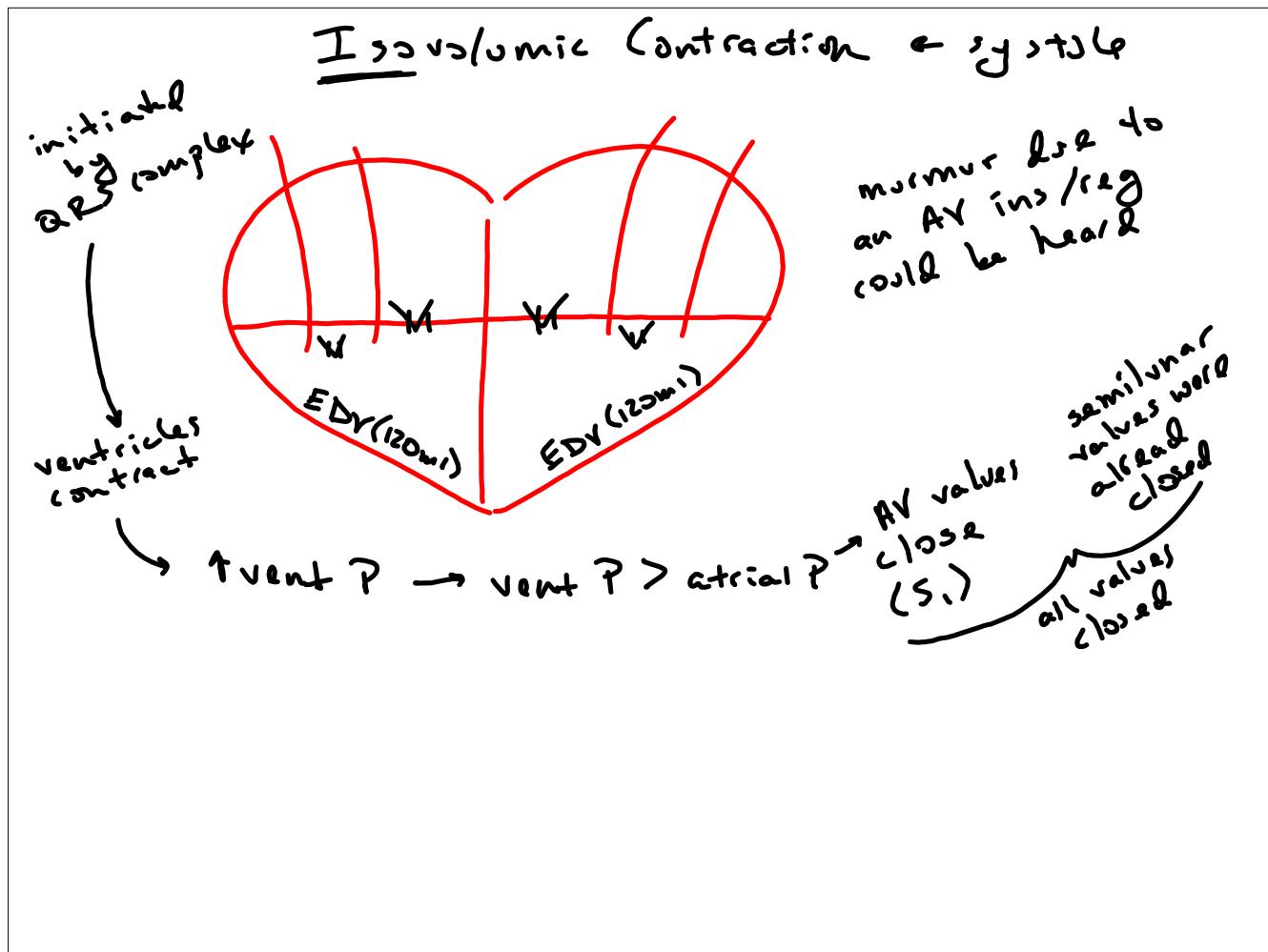
Isovolumic Relaxation

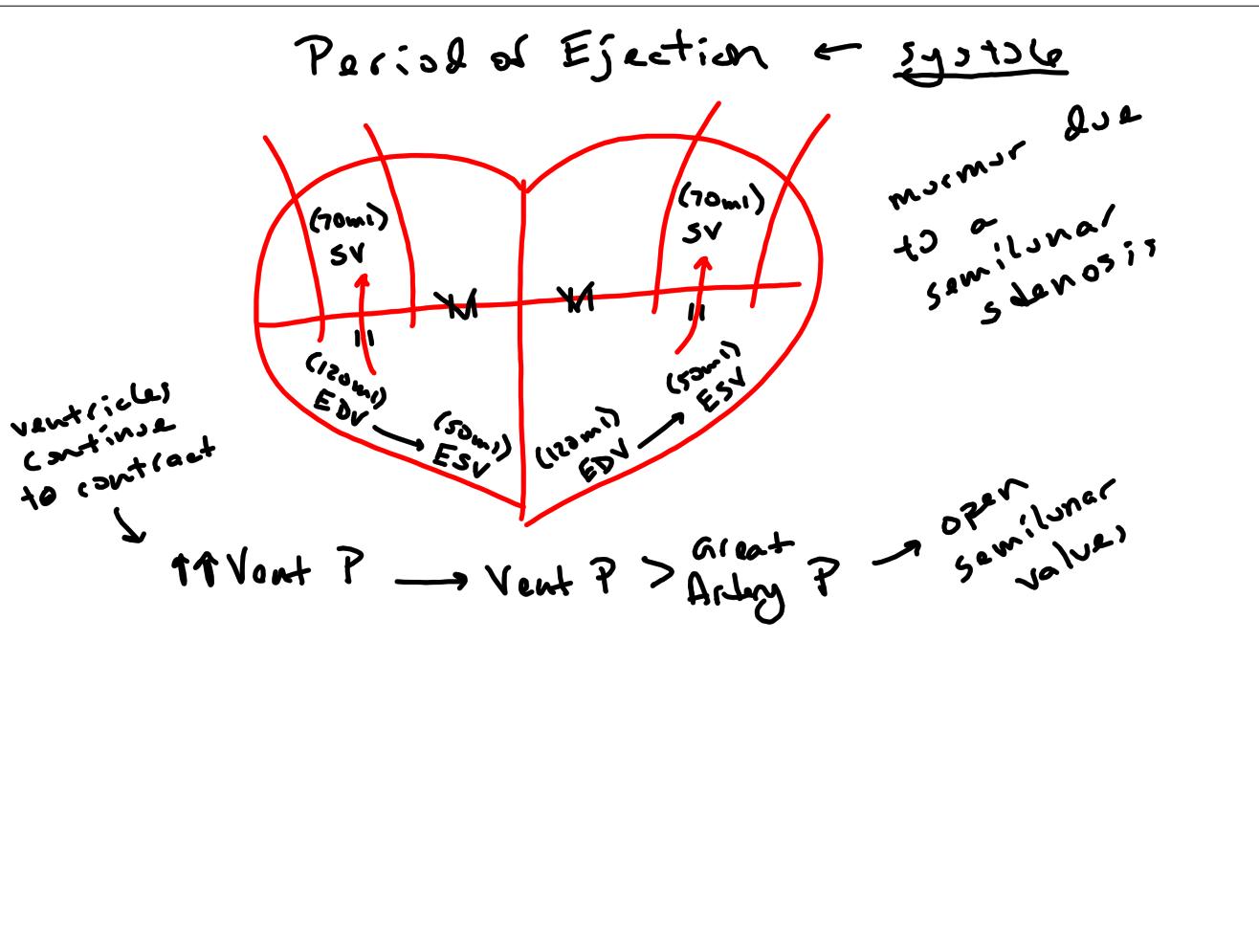
Passive Ventricular Filling

Active Ventricular Filling

} systolic

} diastolic





$$ESV = EDV - SV$$

$$SV = EDV - ESV$$

$$EDV = ESV + SV$$

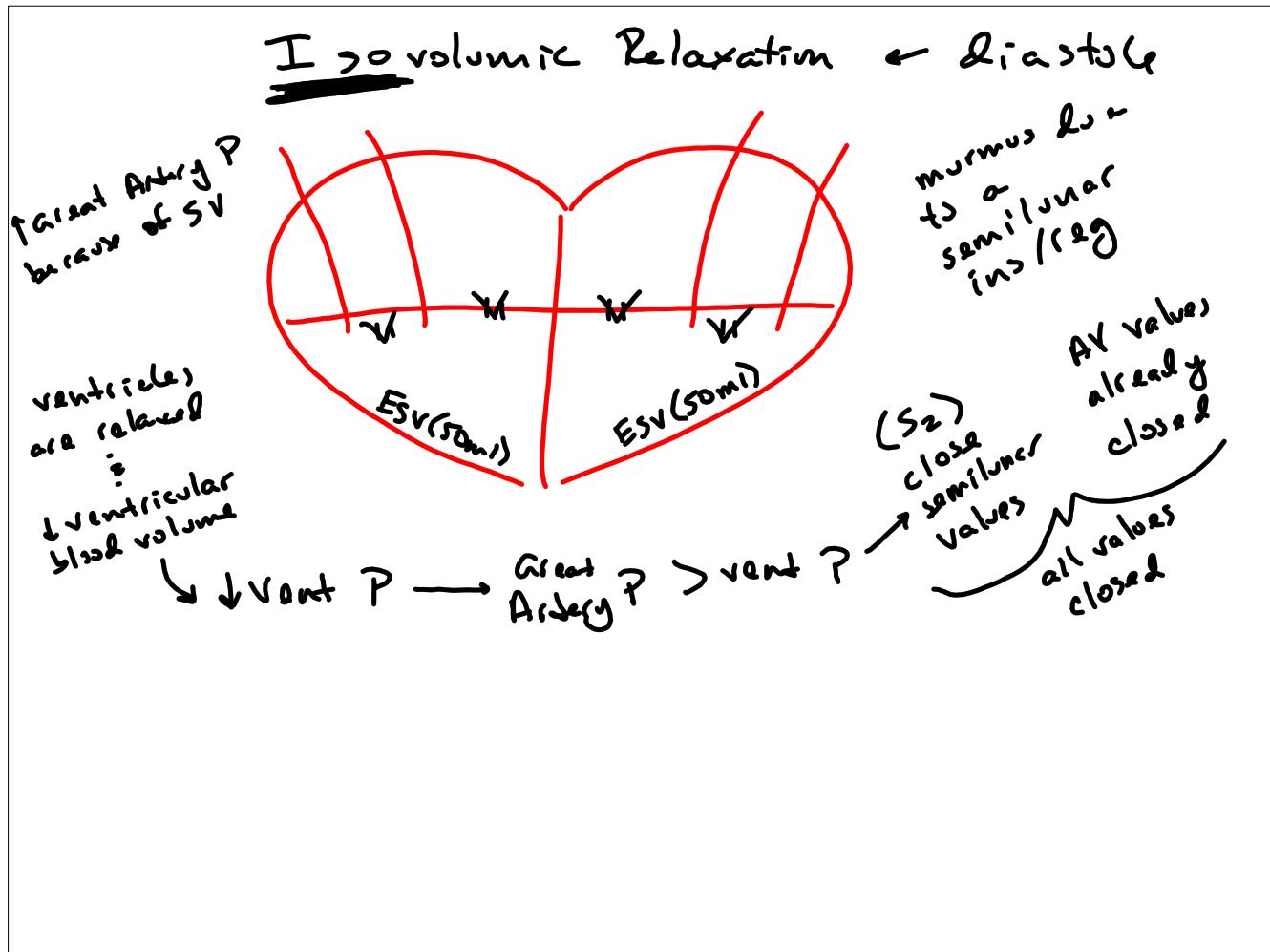
$$E.F. = \frac{SV}{EDV} \cdot 100$$

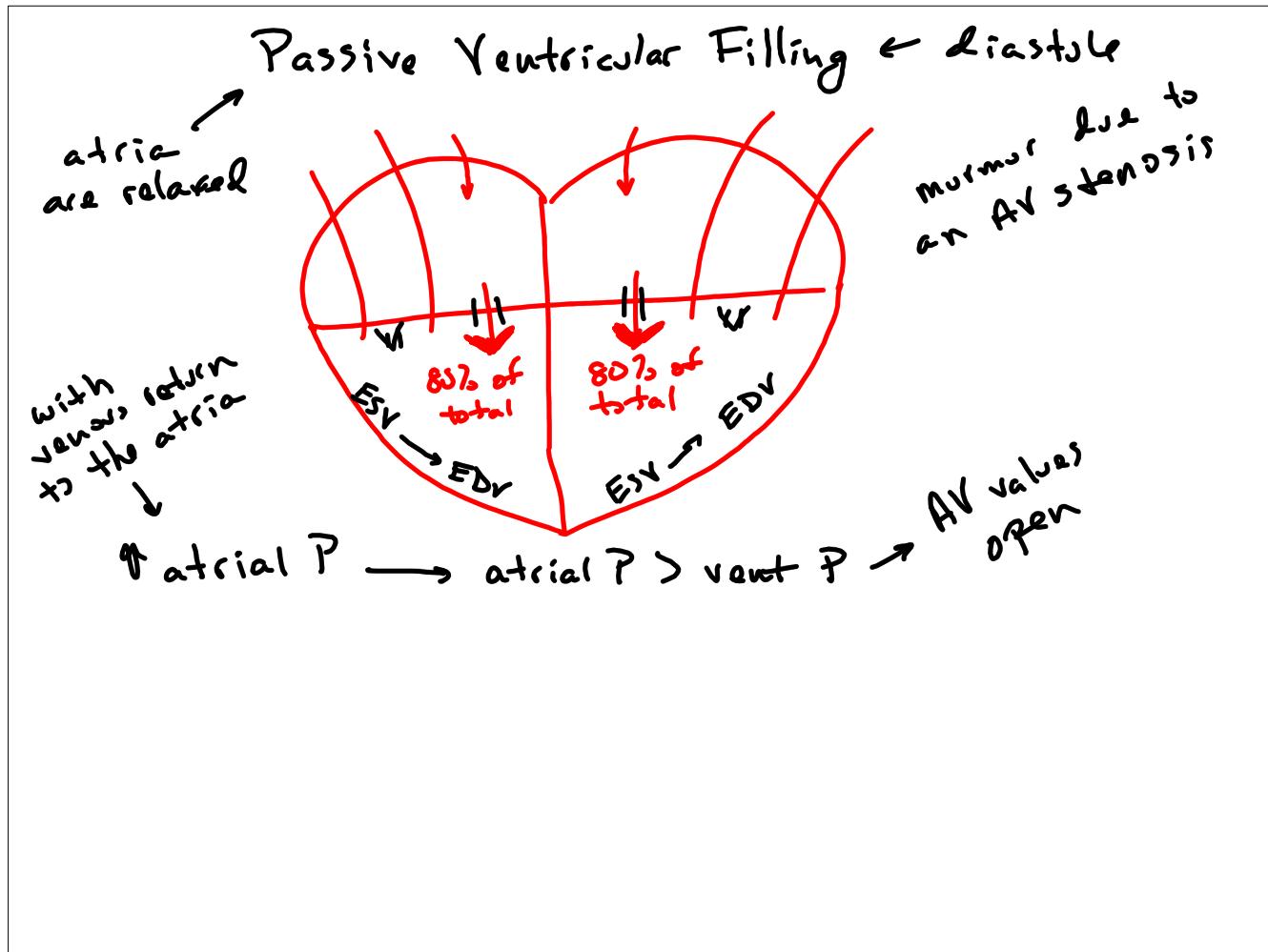
an E.F. greater than
50% is normal

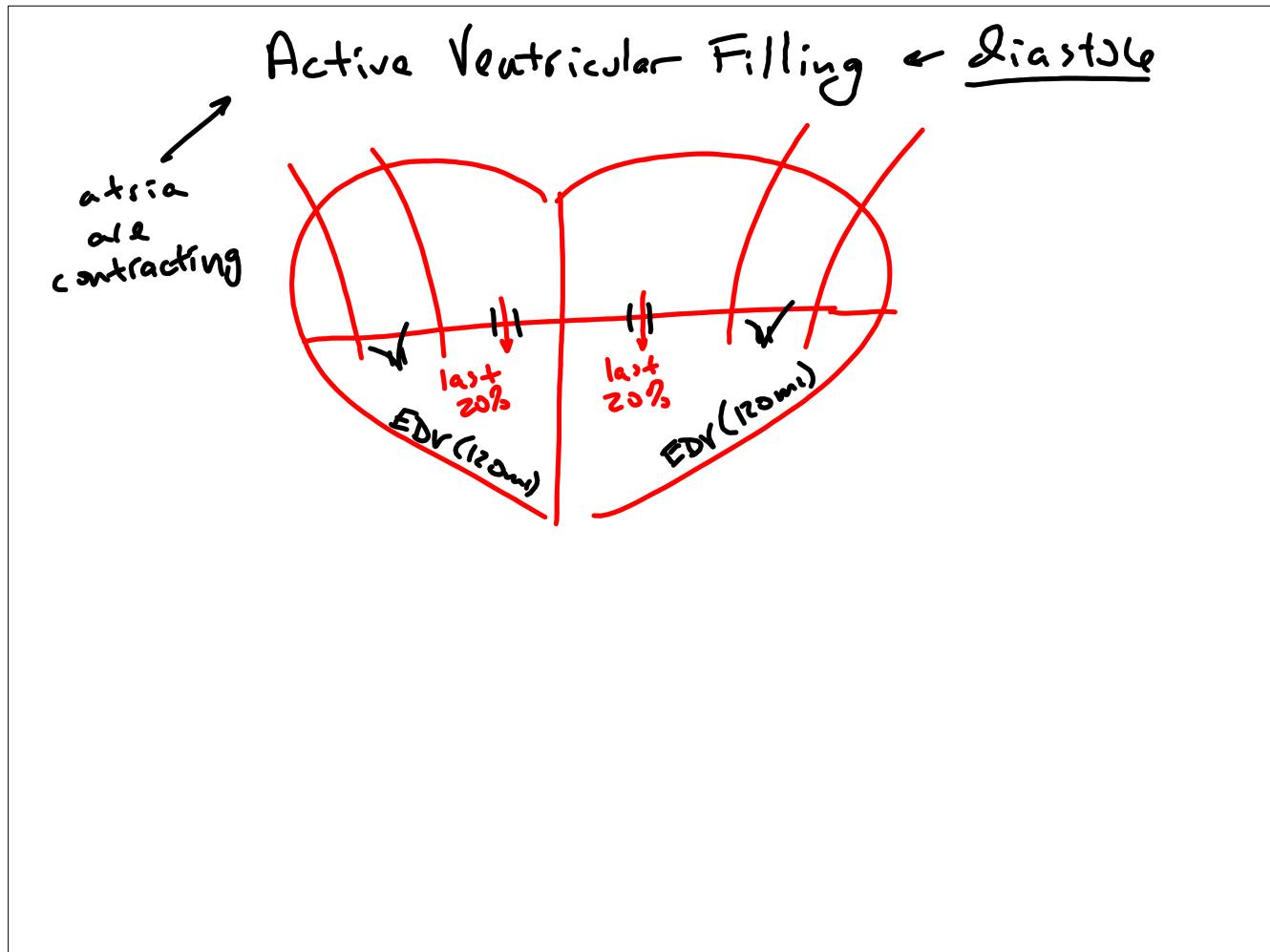
* E.F. is an indicator of how healthy the heart is

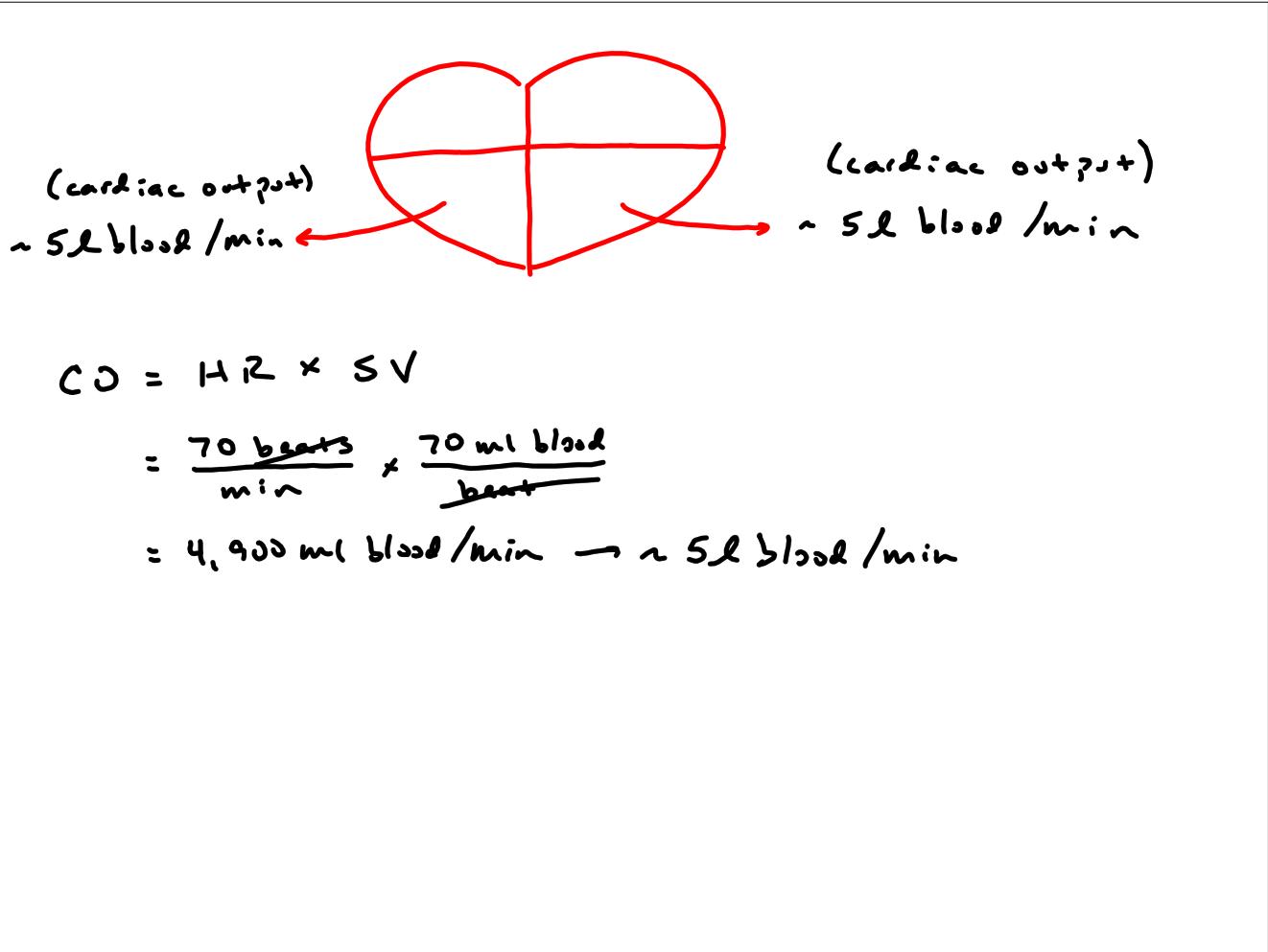
* Unhealthy heart (i.e. heart failure)
↳ weak heart muscle

$$\begin{aligned} \text{E.F.} &= \frac{30\text{ml}}{120\text{ml}} \cdot 100 \\ &= 25\% \end{aligned}$$









* Efficient Heart:

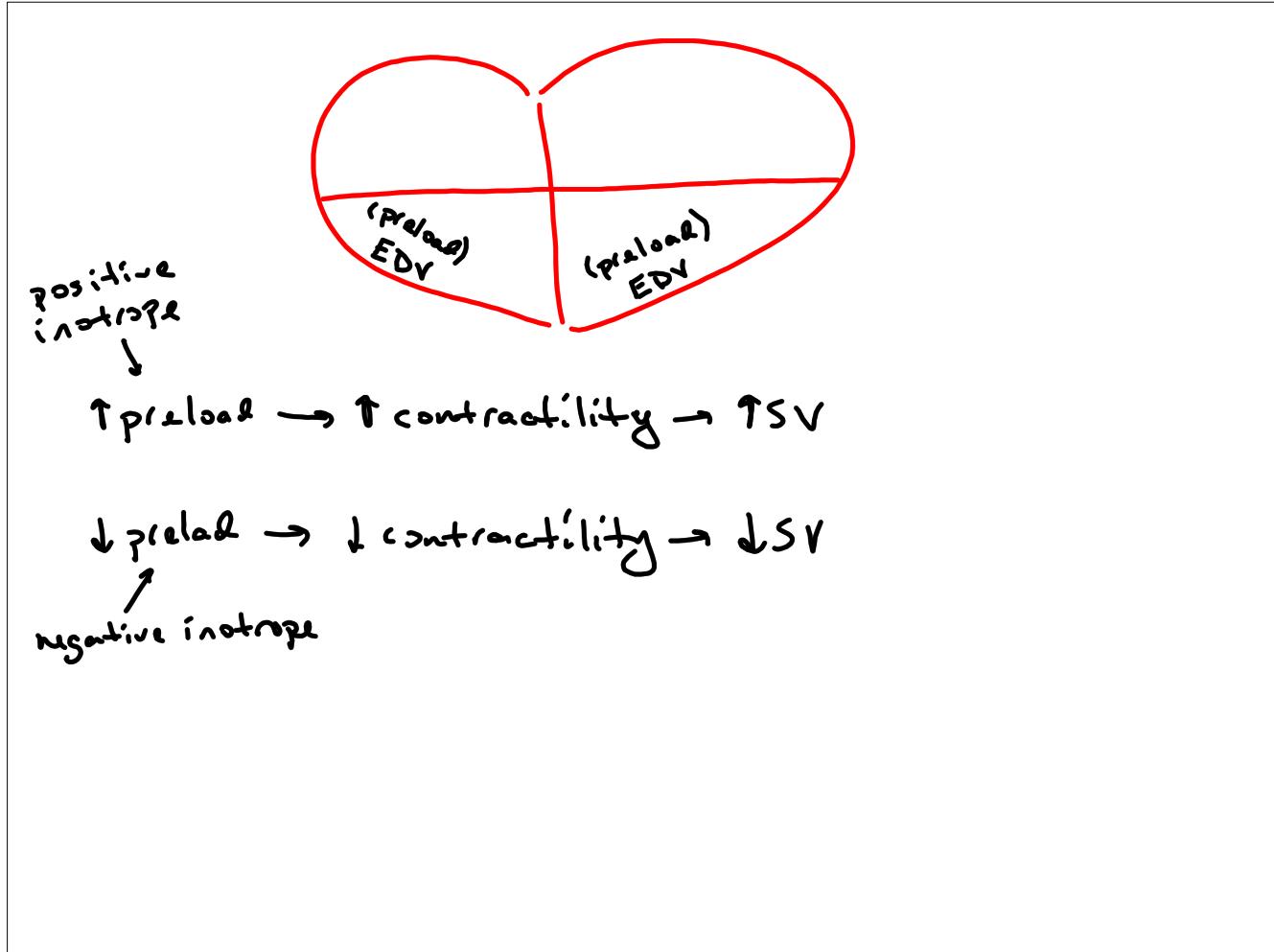
\downarrow HR \Rightarrow \uparrow SV

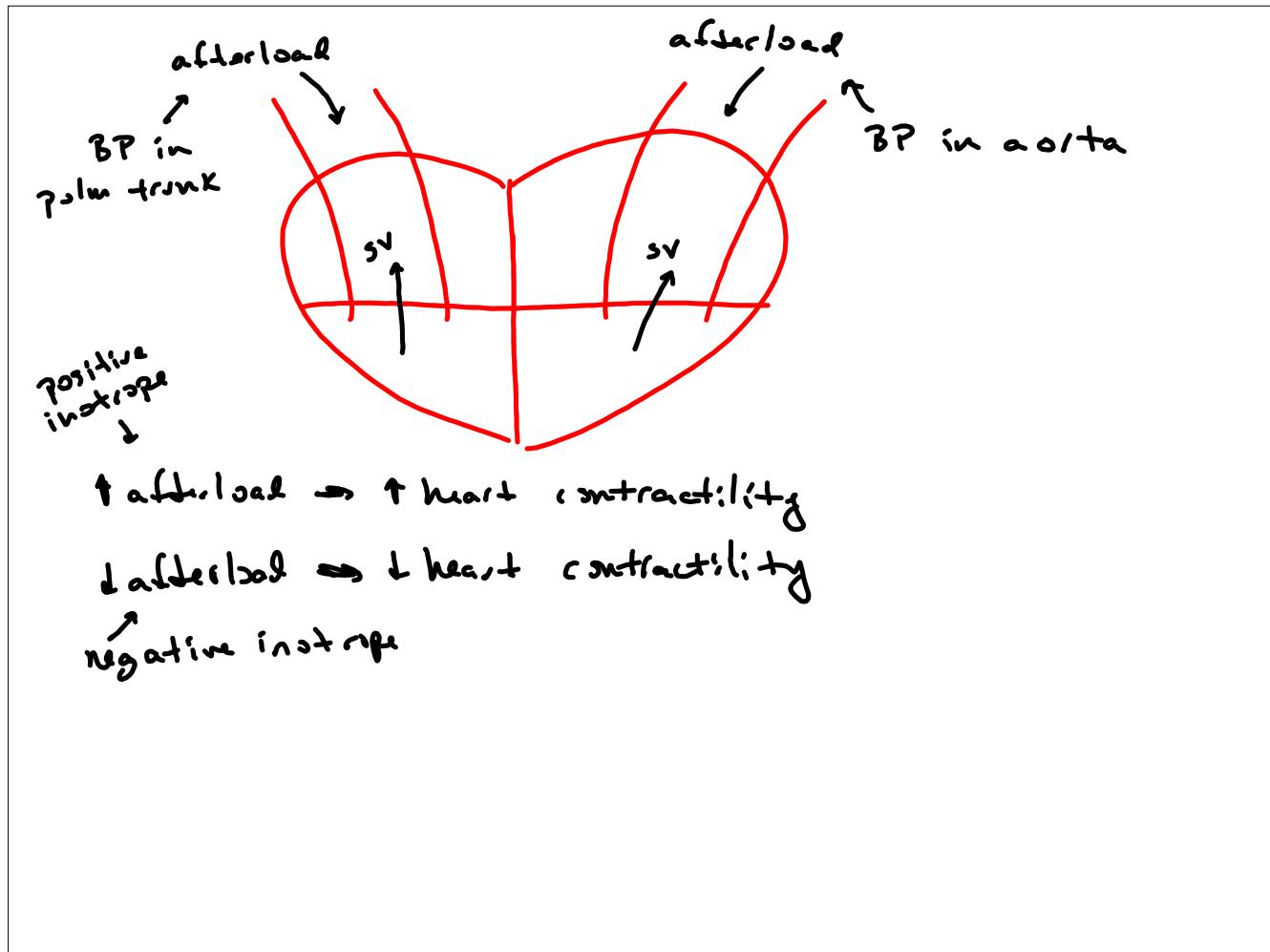


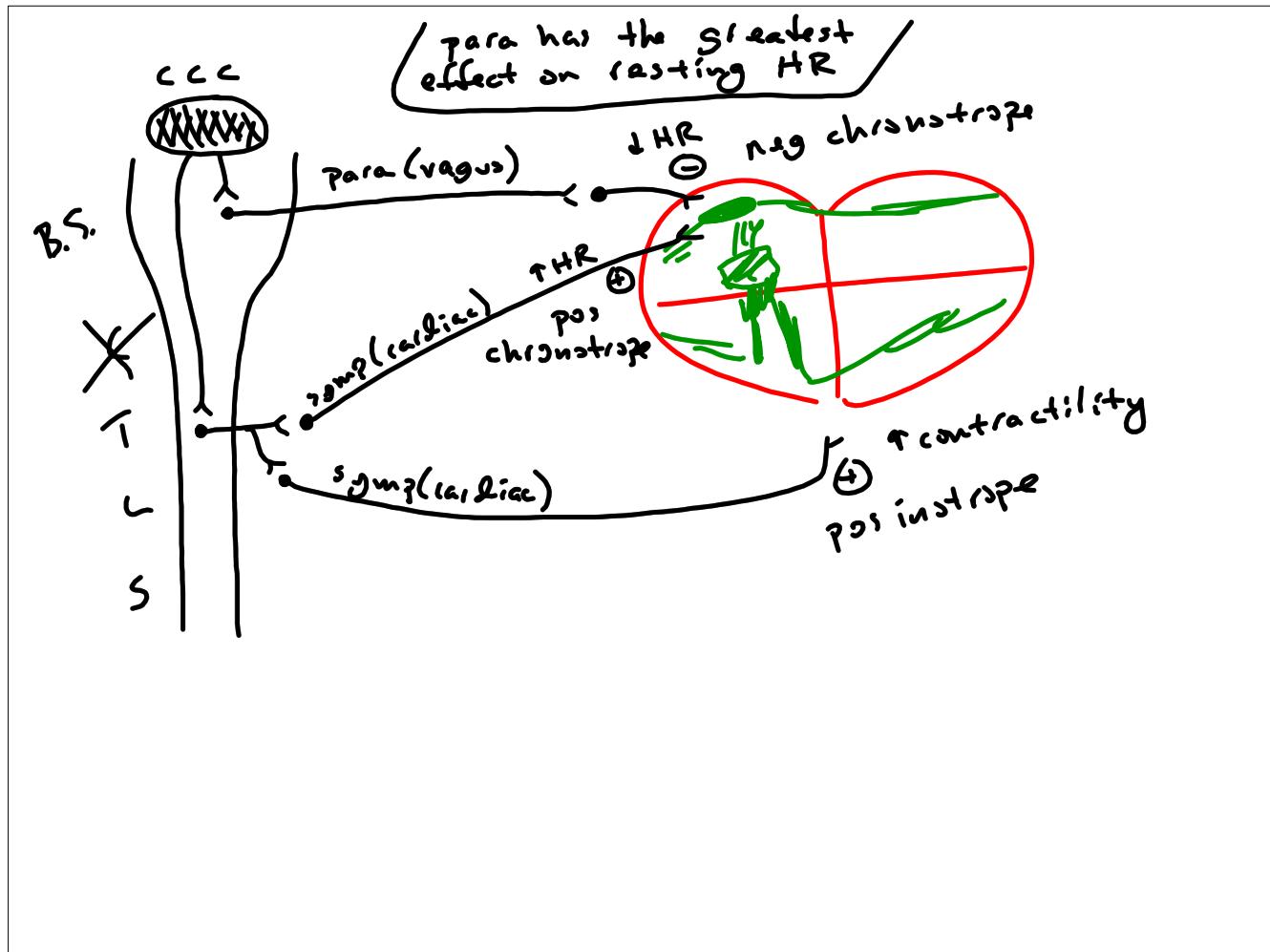
$$\text{CO} = \frac{50 \text{ beats}}{\text{min}} \times \frac{100 \text{ ml blood}}{\text{beat}}$$
$$= 5 \text{ L/min}$$

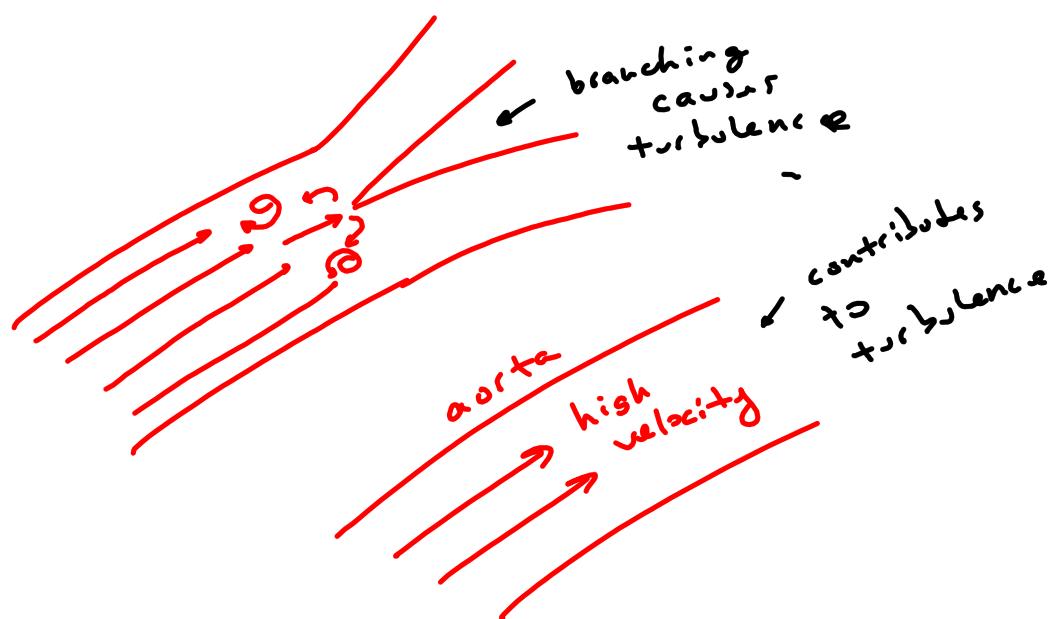
- * Positive inotrope is something that causes an increase in heart contractility ($\uparrow SV$)
- * Negative inotrope is something that causes a decrease in heart contractility ($\downarrow SV$)
- * Positive chronotrope is something that causes an increase in heart rate
- * Negative chronotrope is something that cause a decrease in heart rate

- * Unhealthy heart (i.e. heart failure)
 - ↳ ↓ contractility
 - ↳ ↓ SV
- ↑
body responds by: ↑ HR
- 
- inefficient hard









$$\text{Fluid Flow} = \frac{(P_1 - P_2)}{R}$$

← pressure gradient

$$\text{Blood Flow} = \frac{(BP_1 - BP_2)}{R}$$

$$R \sim \frac{v}{r^4}$$

v = viscosity of blood
 r = radius of blood vessel



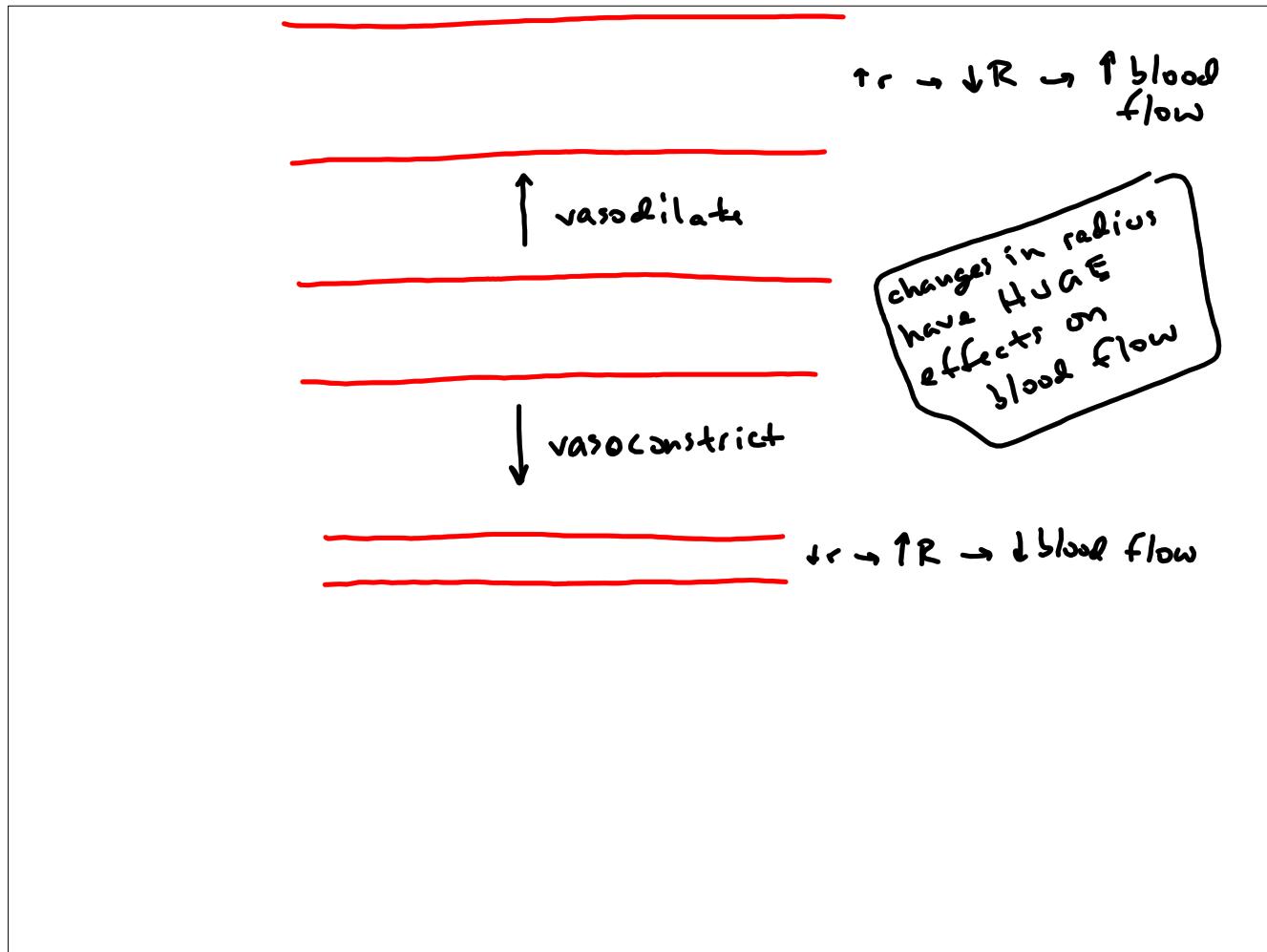
$\uparrow (BP_1 - BP_2) \rightarrow \uparrow \text{blood flow}$

$\downarrow (BP_1 - BP_2) \rightarrow \downarrow \text{blood flow}$

If BP in arterial system is too low

$\hookrightarrow (BP_1 - BP_2)$ is too small

$\hookrightarrow \downarrow \text{blood flow} \leftarrow \text{risk organ failure}$



\uparrow viscosity $\rightarrow \uparrow R \rightarrow \downarrow$ blood flow

\downarrow viscosity $\rightarrow \downarrow R \rightarrow \uparrow$ blood flow

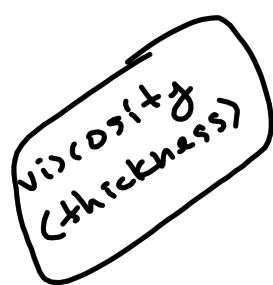
* What affects blood viscosity the most?

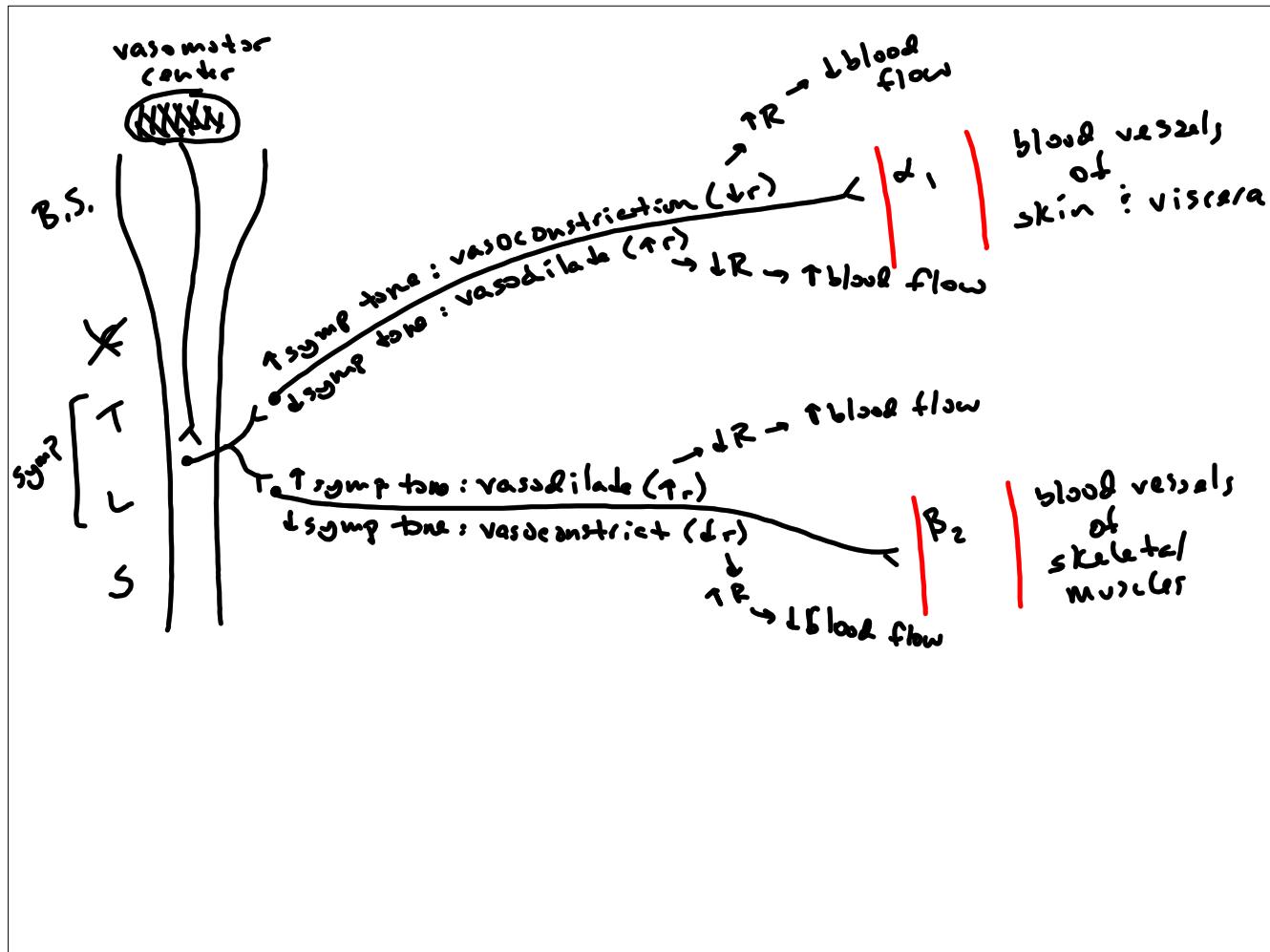
↳ Hct

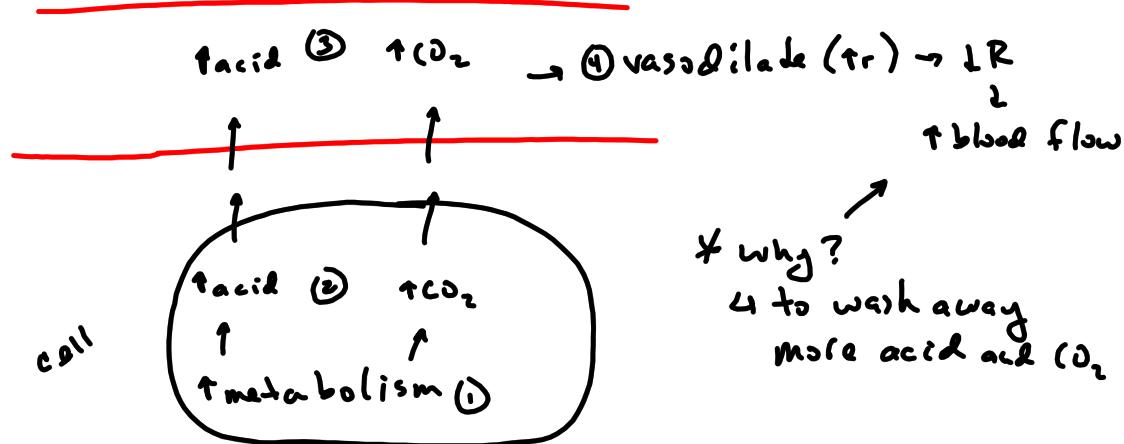
- \uparrow Hct $\rightarrow \uparrow$ viscosity

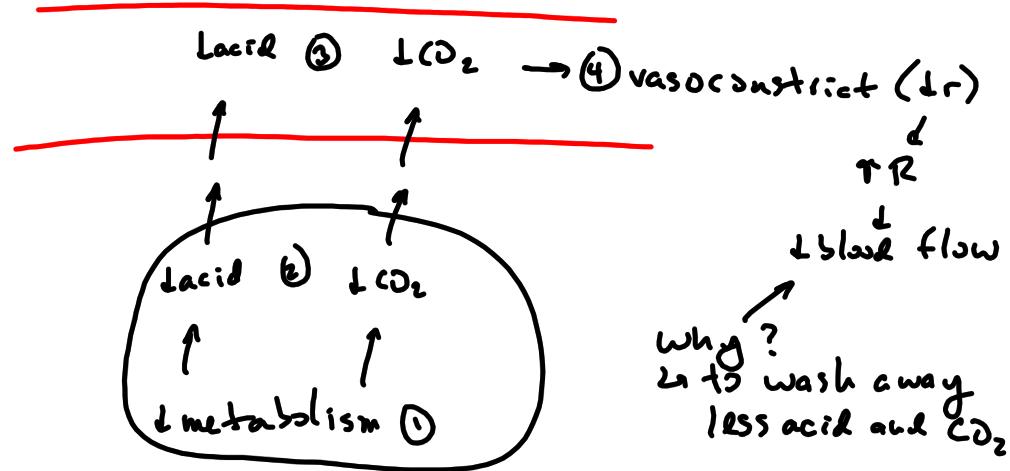
- \downarrow Hct $\rightarrow \downarrow$ viscosity

polycythemia





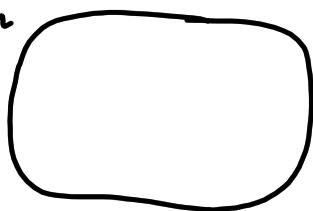




why?
in gets past a
 O_2 to the cell

② vasodilate ($\uparrow r$) $\rightarrow \downarrow R$
 \uparrow blood flow

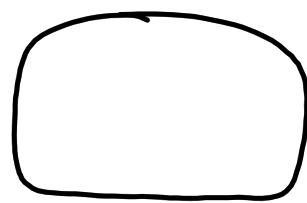
① $\downarrow O_2$



why?
Li blood (O_2) goes
to other
places
that need
it more
 \downarrow blood flow

② vasoconstrict ($\downarrow r$) $\rightarrow \uparrow R$

① $\uparrow O_2$



* Systolic P : pressure during systole

* Diastolic P : pressure during diastole

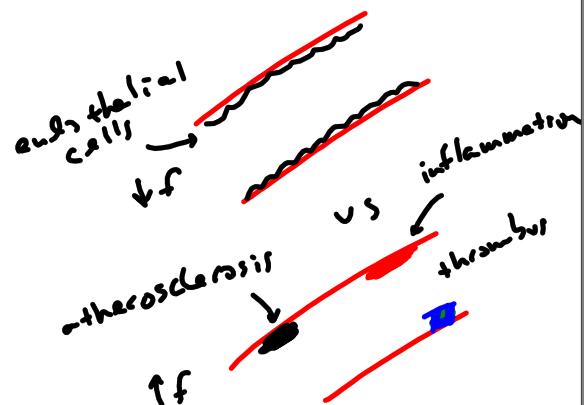
$$BP = \frac{110 \text{ mmHg}}{70 \text{ mmHg}}$$

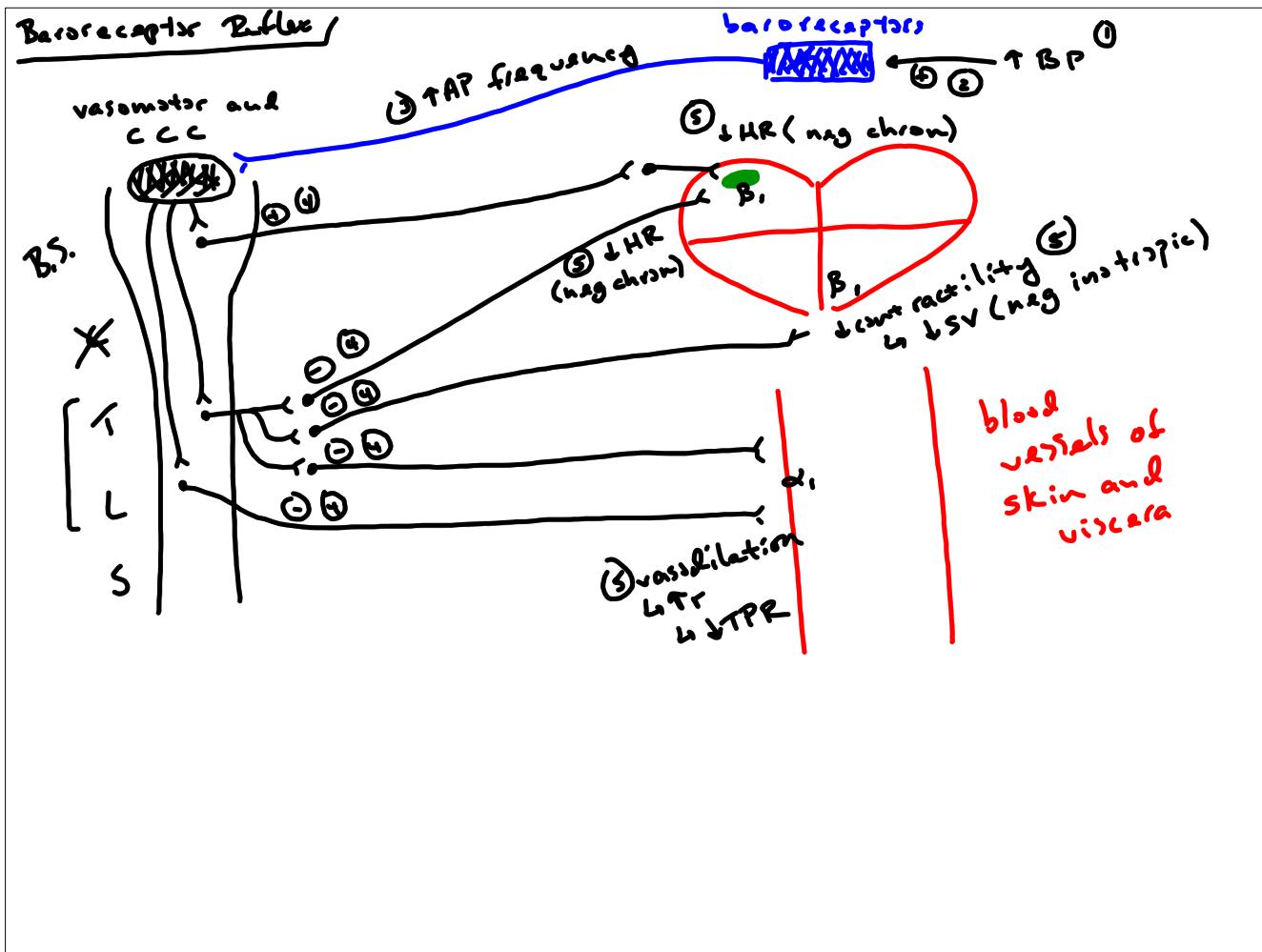
* pulse pressure = (systolic P) - (diastolic P)

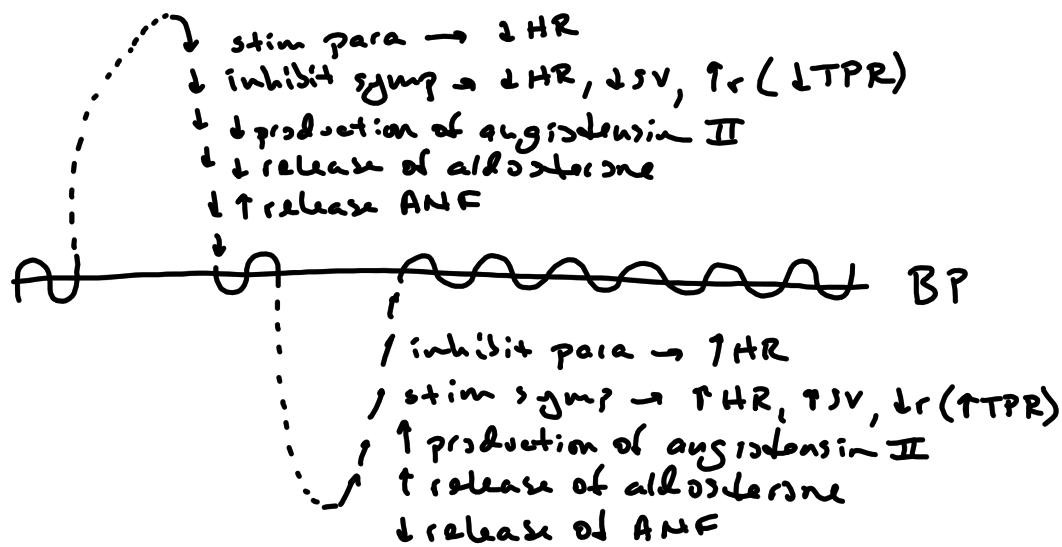
$$\begin{aligned} &= 110 \text{ mmHg} - 70 \text{ mmHg} \\ &= 40 \text{ mmHg} \end{aligned}$$

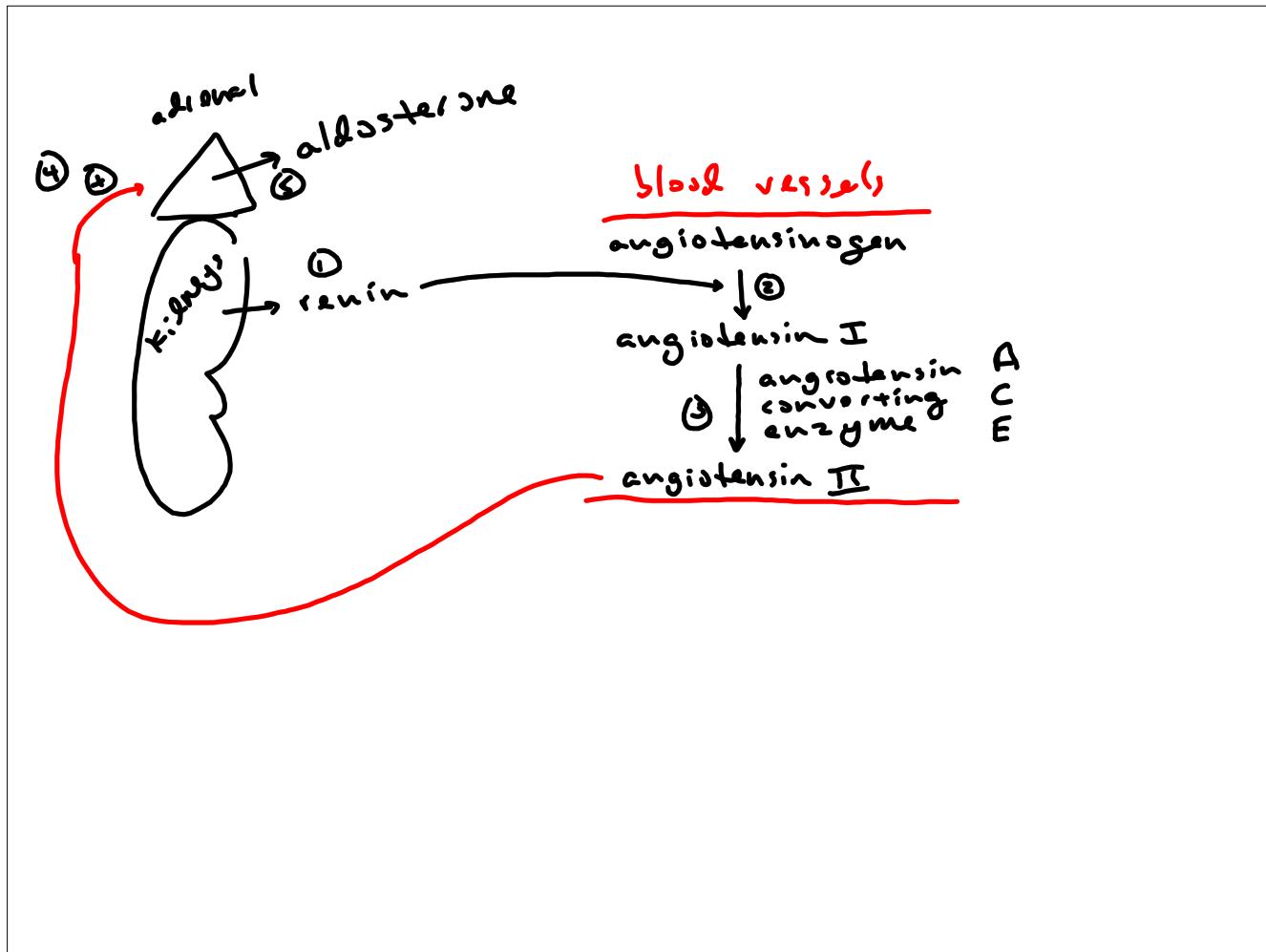
$$\text{MAP} = (\text{CO}) \times (\text{TPR})$$

$$= (\text{HR}) \times (\text{SV}) \times (\text{V}_r) \times (\text{v}) \times (\text{f})$$









* Angiotensin II

- ↳ causes release of aldosterone → \uparrow blood volume
↳ vasoconstricts
 - ↳ causes vasoconstriction
 - ↳ causes release of ADH → \uparrow blood volume
↳ vasoconstriction
-

* ↑ production of angiotensin II and ↑ release of aldosterone

↳ ↑ BP?

* ↓ production of angiotensin II and ↓ release of aldosterone

↳ ↓ BP?

* Compliance of blood vessels

↳ how "stretchy" ... how stiff a blood vessel is

* with normal compliance:

- during systole:

↳ arteries stretch

↳ benefit:

↳ decreases force against walls of blood vessels

(LBP a little)



- during diastole:

↳ arteries recoil ("snap back")

↳ benefit

↳ increase force against walls of blood vessels

(TBP a little)



* ↓ compliance → too stiff

↳ During systole:

↳ ↑ systolic pressure

↳ During diastole:

↳ ↓ diastolic pressure

Pulse Pressure

Cause:

↳ arteriosclerosis ← hardening of arteries

* Weak Pulse:

- ↓ compliance (→ too stiff) ← arteriosclerosis
- ↓↓ BP



* Stage I hypertension

132*/72

126*/86

134*/82

* Stage II hypertension

148*/82

130*/92*

152*/96*

* Symptoms of hypertension :

↳ There are none

"The Silent Killer"