

# Utilizing Artificial Neural Networks to Identify Latent Network Pathways in Psychiatric Comorbidity

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# Chapter 1

## Introduction

### 1.1 Overview

#### 1.1.1 Introduction

Mental illness can be a burden for those whose lives are impacted from it, especially those with serious mental illness. This burden is exasperated when multiple mental illnesses co-occur - a phenomenon known as psychiatric comorbidity (further referred to as comorbidity).

Persons with serious mental illness are more likely to have comorbid medical conditions than those in the general population [9]. There also have been multiple studies identifying a high comorbidity between drug abuse and mental illness ([10], [8], [6]).

While the identification of illnesses commonly co-occurring is important for diagnosis and treatment, much is unknown about why diseases co-occur and what is causing them. The discovery of these causal factors and predictive features would have vast implications in the diagnosis and treatment of comorbid mental illness.

#### 1.1.2 Latent versus Network Analysis

Recently, the field of psychometric analysis, or the analysis of psychological measurement techniques and theories, has had two major ideas of how to analyze comorbidity: a latent variable perspective and a network perspective. A latent variable perspective, as laid out by Boorsboom [2], is a combination of observed variables which allow inference of a latent variable.

Currently, the current Diagnostic Statistical Model of Mental Disorders, DSM-V, is considered a latent variable approach to mental illness. For diagnosis of a disorder (the latent variable) certain observable criteria must be met which show as symptoms. The latent variable, or disorder, is not just a label for when symptoms occur in the latent variable perspective. The latent variable is an unknown causal factor of the disorder, such as lack of serotonin and depression.

The network perspective does not discount the DSM-V, but instead does not focus on an unobservable causal factor. Instead, a diagnosis is caused and defined by an interactive *network* of observable symptoms. The network perspective was originally laid out by Cramer et. al in 2010 [3] using Alegria and Kessler's National Comorbidity Survey - Replication (NCSR) [1].

Using the NCSR, Kessler et. al. proposed a radical new way to conceptualize metal disorders and naturally leads to more complex network analysis. A main finding of Kessler et. al. was the discovery of "bridge symptoms," which are symptoms that occur in multiple disorders connecting them.

## 1.2 Goal

We hope to extend Cramer et. al.'s [3] initial hypothesis of the usability of network analysis to latent network path analysis, identifying pathways of comorbidity to identify causal symptoms of disorders. We will do this in a multi-stage production.

First, we will develop networks of individuals in the NCSR building directed graphs based on the onset age of symptoms. Then, we will combine all of the networks for individuals with a certain diagnosis. After generating graphs for all of the diagnoses in Table 1.5 we will identify cases of comorbidity and cobine the networks of individuals with comorbidity. Finally, we will compare the comorbidity networks with the diagnosis networks to identify bridge symptoms.

## 1.3 Data

We will utilize the data from the NCSR [1]. The NCSR is comprised of 3,713 variables which represent questions from a questionnaire designed to aid in diagnosis based on the DSM-V. The questionnaire is split into 46 sections with questions specific to specific disorders - such as depression, post-traumatic stress disorder (PTSD), and dementia - as well as demographics and lifetime events.

The NCSR is a representative survey of adults (age 18+) in the United States,

comprised of 9,282 subjects. The NCSR was completed in the homes of participants and all participants that met criteria for a mental disorder were issued a second, more in-depth interview [5].

The demographics of the NCSR can be seen in Tables 1.1 - 1.4. Table 1.5 shows the counts of all DSM-IV diagnosis in the NCSR.

<b>Age</b>	<b>18-29</b>	<b>30-44</b>	<b>45-59</b>	<b>60+</b>
<b>Percent</b>	22.7	31.7	24.6	21.0

Table 1.1: Age Distribution of the NCSR [5]

<b>Sex</b>	<b>Male</b>	<b>Female</b>
<b>Percent</b>	44.6	55.4

Table 1.2: Sex Distribution of the NCSR [5]

<b>Race</b>	<b>Non-Hispanic White</b>	<b>Non-Hispanic Black</b>	<b>Hispanic</b>	<b>Other</b>
<b>Percent</b>	72.1	13.3	9.5	5.1

Table 1.3: Race Distribution of the NCSR [5]

<b>Region</b>	<b>Northeast</b>	<b>Midwest</b>	<b>South</b>	<b>West</b>
<b>Percent</b>	18.4	26.7	34.5	20.5

Table 1.4: Regional Distribution of the NCSR [5]

Table 1.5: DSM Diagnosis Counts in the NCSR [5].

Begin of Table	
<b>DSM Diagnosis</b>	<b>Count</b>
DSM-IV Attention Deficit Disorder (LifeT)	365
DSM-IV Agoraphobia without Panic Disorder (LifeT)	231
DSM-IV Agoraphobia with Panic Disorder (LifeT)	126
DSM-IV Alcohol Abuse (Lifetime)	1034
Lifetime Alcohol Abuse w/ hierarchy	590
DSM-IV Alcohol Dependence (Lifetime)	444
DSM-IV Adult Separation Anxiety Disorder (LifeT)	558
DSM-IV Bi-Polar I (Lifetime)	101
DSM-IV Bi-Polar II (Lifetime)	105
Lifetime Bi-Polar Subthreshold	210
DSM-IV Conduct Disorder (Lifetime)	405
DSM-IV Drug Abuse (Lifetime)	651
DSM-IV Drug Dependence (Lifetime)	248
DSM-IV Dysthymia (Lifetime)	386
DSM-IV Dysthymia with hierarchy (LifeT)	232
DSM-IV Generalized Anxiety Disorder (LifeT)	752
DSM-IV Gen Anxiety Disorder w/hierarchy (LifeT)	553
DSM-IV Hypomania (Lifetime)	77
DSM-IV Intermittent Explosive Disorder (LifeT)	728
DSM-IV Intermittent Explosive Disorder w/ hierarchy (LifeT)	678
DSM-IV Mania (Lifetime)	339
DSM-IV Major Depressive Disorder w/ hierarchy (LifeT)	1579
DSM-IV Major Depressive Episode (Lifetime)	1829
DSM-IV Oppositional Defiant Disorder (LifeT)	453

Continuation of Table 1.5 - DSM Diagnosis Counts in the NCSR [5]	
<b>DSM Diagnosis</b>	<b>Count</b>
DSM-IV Oppositional Defiant Disorder w/ hierarchy (LifeT)	375
DSM-IV Panic Attack (Lifetime)	2573
DSM-IV Panic Disorder (Lifetime)	455
DSM-IV Posttraumatic Stress Disorder (LifeT)	604
DSM-IV Separation Anxiety Disorder (LifeT)	331
DSM-IV Social Phobia (Lifetime)	1143
DSM-IV Specific Phobia (Lifetime)	1198
DSM-IV Nicotine Dependence (Lifetime)	626
DSM-IV Alcohol Abuse (30Day)	64
DSM-IV Alcohol Abuse w/hierarchy (30Day)	31
DSM-IV Alcohol Dependence (30 day)	43
DSM-IV Adult Separation Anxiety Disorder (30Day)	68
DSM-IV Drug Abuse (30 day)	32
DSM-IV Drug Abuse w/ hierarchy (30 day)	18
DSM-IV Drug Dependence (30 day)	14
DSM-IV Dysthymia (30 day)	122
DSM-IV Dysthymia with hierarchy (30 day)	71
DSM-IV Generalized Anxiety Disorder (30Day)	157
DSM-IV Gen Anxiety Disorder w/hierarchy (30Day)	97
DSM-IV Hypomania (30 day)	9
DSM-IV Intermittent Explosive Disorder (30day)	161
DSM-IV Intermittent Explosive Disorder w/ hierarchy (30Day)	151
DSM-IV Mania (30 day)	65
DSM-IV Major Depressive Disorder w/ hierarchy (30Day)	233
DSM-IV Major Depressive Episode (30 day)	301

Continuation of Table 1.5 - DSM Diagnosis Counts in the NCSR [5]	
<b>DSM Diagnosis</b>	<b>Count</b>
DSM-IV Panic Attack (30 day)	306
DSM-IV Panic Disorder (30 day)	105
DSM-IV Social Phobia (30 day)	334
DSM-IV Specific Phobia (30 day)	592
DSM-IV Agoraphobia without Panic Disorder (30Day)	77
DSM-IV Agoraphobia with Panic Disorder (30Day)	38
DSM-IV Nicotine Dependence (30 day)	193
DSM-IV Anorexia (Lifetime)	21
DSM-IV Binge Eating Disorder w/ hierarchy (Lifetime)	105
DSM-IV Binge Any (Lifetime)	192
DSM-IV Bulimia (Lifetime)	53
DSM-IV Bulimia w/ hierarchy (Lifetime)	52
DSM-IV Binge Eating Disorder w/ hierarchy (12Mo)	51
DSM-IV Binge Any (12Mo)	86
DSM-IV Bulimia (12Mo)	16
DSM-IV Bulimia w/ hierarchy (12Mo)	16
DSM-IV Attention Deficit Disorder (12Mo)	190
DSM-IV Agoraphobia without Panic Disorder (12Mo)	138
DSM-IV Agoraphobia with Panic Disorder (12Mo)	73
DSM-IV Alcohol Abuse (12Mo)	213
DSM-IV Alcohol Abuse w/ hierarchy (12Mo)	113
DSM-IV Alcohol Dependence (12 month)	106
DSM-IV Adult Separation Anxiety Disorder (12Mo)	156
DSM-IV Bi-polar I (12Mo)	65
DSM-IV Bi-polar II (12Mo)	74



Continuation of Table 1.5 - DSM Diagnosis Counts in the NCSR [5]	
<b>DSM Diagnosis</b>	<b>Count</b>
DSM-IV Bi-Polar Subthreshold (12Mo)	123
DSM-IV Conduct Disorder (12 month)	33
DSM-IV Drug Abuse (12 month)	102
DSM-IV Drug Abuse w/ hierarchy (12 month)	61
DSM-IV Drug Dependence (12 month)	36
DSM-IV Dysthymia (12 month)	226
DSM-IV Dysthymia w/hierarchy (12 month)	137
DSM-IV Generalized Anxiety Disorder (12Mo)	394
DSM-IV Gen Anxiety Disorder w/hierarchy (12Mo)	261
DSM-IV Hypomania (12 month)	32
DSM-IV Intermittent Explosive Disorder (12Mo)	404
DSM-IV Intermittent Explosive Disorder w/ hierarchy (12Mo)	377
DSM-IV Mania (12 month)	190
DSM-IV Major Depressive Disorder w/ hierarchy (12Mo)	658
DSM-IV Major Depressive Episode (12Mo)	805
DSM-IV Oppositional Defiant Disorder (12Mo)	55
DSM-IV Oppositionl Defiant Disorder w/ hierarchy (12Mo)	48
DSM-IV Panic Attack (12 month)	995
DSM-IV Panic Disorder (12 month)	262
DSM-IV Posttraumatic Stress Disorder (12Mo)	326
DSM-IV Social Phobia (12 month)	652
DSM-IV Specific Phobia (12 month)	843
DSM-IV Nicotine Dependence (12 month)	312
DSM-IV Binge Eating Disorder w/ hierarchy (30Day)	28
DSM-IV Binge Any (30Day)	45

Continuation of Table 1.5 - DSM Diagnosis Counts in the NCSR [5]	
DSM Diagnosis	Count
DSM-IV Bulimia (30Day)	8
DSM-IV Bulimia w/ hierarchy (30Day)	8
DSM-IV Bi-polar I (30Day)	35
DSM-IV Bi-polar II (30Day)	37
DSM-IV Bi-Polar Subthreshold (30Day)	41
DSM-IV Posttraumatic Stress Disorder(30Day)	160
End of Table 1.5 - DSM Diagnosis Counts in the NCSR [5]	

## 1.4 Contribution

While a network analysis approach to comorbidity has been investigated before, minimal work has been done to identify the direction of the edges between symptoms to identify causal symptoms. Main contributions to the field include:

- Latent Network Path Analysis on Comorbidity Data
- Neural Networks used in a Network Approach
- Identification of Causal Symptoms using Network Analysis
- Extension on Bridge Symptom Identification

# Chapter 2

## Literature Review

### 2.1 Cramer et. al., 2010 [3]

Cramer et. al. sought to rethink the idea of causal relationships in psychiatry in their 2010 paper. They advocated for a network perspective that says “disorders are *networks* that consist of *symptoms* and *causal* relations between them.” [3]

A cornerstone of Cramer et. al.’s argument is an assumption that the latent variable model cannot include the cyclic networks which support the causal relationships between symptoms (i.e. you’re anxious and trying not to be which makes you more anxious) [3]. Danks et. al. disagreed with this assumption, arguing instead that we can define the latent variable model to do this and assuming inability to do so limits possibilities [4].

In this paper we will propose a latent-network hybrid where a network model is used to identify latent, directed pathways in comorbidity.

Cramer et. al. focused on the comorbid (or co-occurring) relationship between Major Depression Disorder (MDD) and Genral Anxiety Disorder (GAD). The began with the theory of complex networks “without assuming *a priori* that scuh relationships arise from a mental disorder as a common cause” [3]. Then, Cramer et. al. put symptoms into nodes and created paths to represent the relation between symptoms.

They used statistical parameterization and the Akaike Information Criterion to find the most accurate model. They found that a bridge model holds when there are no independent variables. A bridge model is a undirected graph where overlapping nodes (symptoms) indicate a comorbid relationship (see Figure 2.1) [3].

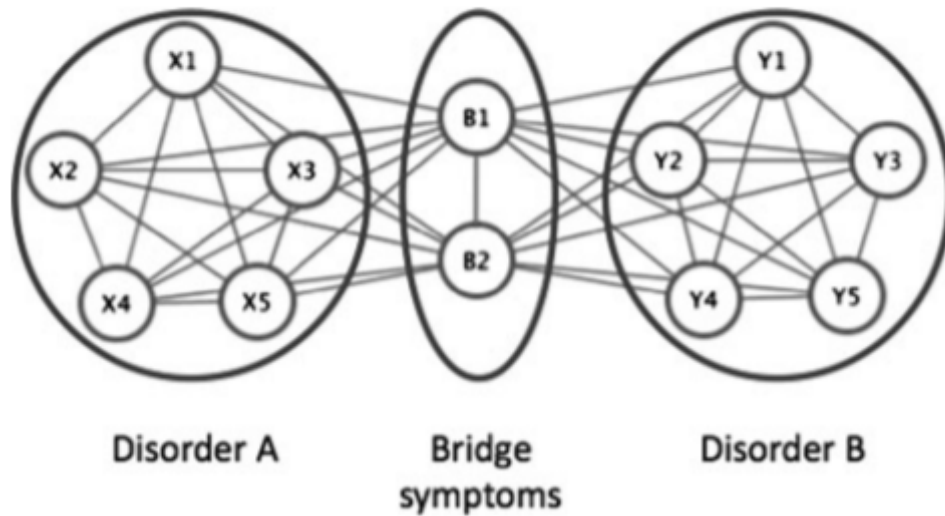


Figure 2.1: Example of a Bridged Network [3]

Using this bridge model, Cramer et. al. used edge thickness and color to further demonstrate relationships between symptoms. The edge thickness represented the co-occurrence of the two symptoms and the edge color represented the strength or association, or log odds ratio, between the two symptoms. The node size was used to exemplify frequency while the color is the node strength, or the sum of the weights of the connected edges [3]. The outcome of these additions can be seen in Figure 2.2.

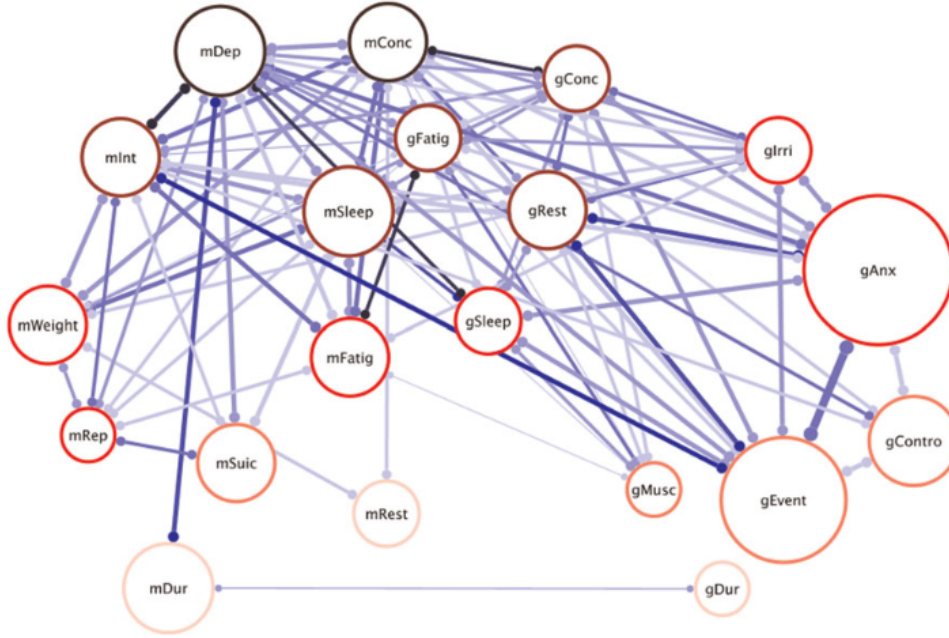


Figure 2.2: Example of a Fully Realized Network using GAD and MDD [3]

Cramer et. al. found that a network approach can be very useful. First, it can aid in hypothesis development on the cause of psychiatric disorders and specific symptoms. Secondly, the can identify "pathways of comorbidity" that can help lead to identifying some root cause of symptoms (i.e. MDD turning into GAD or *vice versa*). They also found that symptoms were more strongly connected when there was at least one pair of overlapping symptoms [3].

Overall, Cramer et. al. found that a network approach to psychometric analysis is a potentially groundbreaking approach to the analysis of comorbidity and can lead to discovery about the causal relationship between symptoms [3].

## 2.2 Qian et. al. 2020 [7]

Qian et. al. published a paper in 2020 identifying latent pathways in comorbidity using a dataset comprised of colorectal cancer patients. Qian et. al. built on current point process models to develop a new process - Deep Diffusion Process (DDP) [7].

DDP was realized using a continuous-time recurrent neural network (RNN)

using sigmoid normalization and long short term memory. These methods allow for not only the identification of network pathways, but also judge the probability of future event given a different event has happened [7].

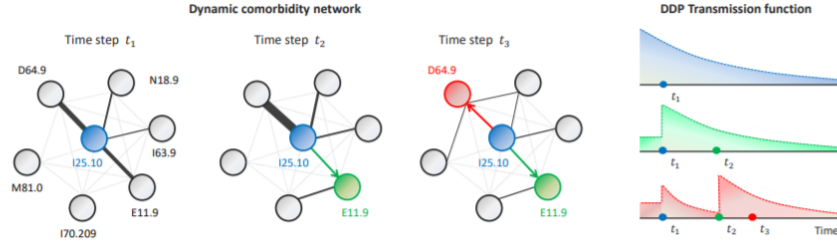


Figure 2.3: Qian et. al.'s realization of DDP. Nodes are identified by their ICD-10 code [7]

Figure 2.3 shows the impact DDP can have. The onset of heart disease is at  $t_1$ , which increases the possibility of anemia, diabetes, renal failure, and cerebral infarction. When diabetes onset begins at timestep  $t_2$  that increases the probability of the illnesses from  $t_1$ , and creates a connection to atherosclerosis.

This method is not revolutionary, but in testing, Qian et. al.'s DDP model outperformed all other point process models with the comorbidity data [7].

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