

# HACKING HOSPITALS

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# About ISE



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# RESEARCH OVERVIEW



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## Hacking Hospitals

24 months, 12 healthcare facilities, 2 healthcare data facilities, 2 healthcare technology platforms, and 2 active medical devices

ONE Blueprint to secure healthcare assets

[Tweet](#)

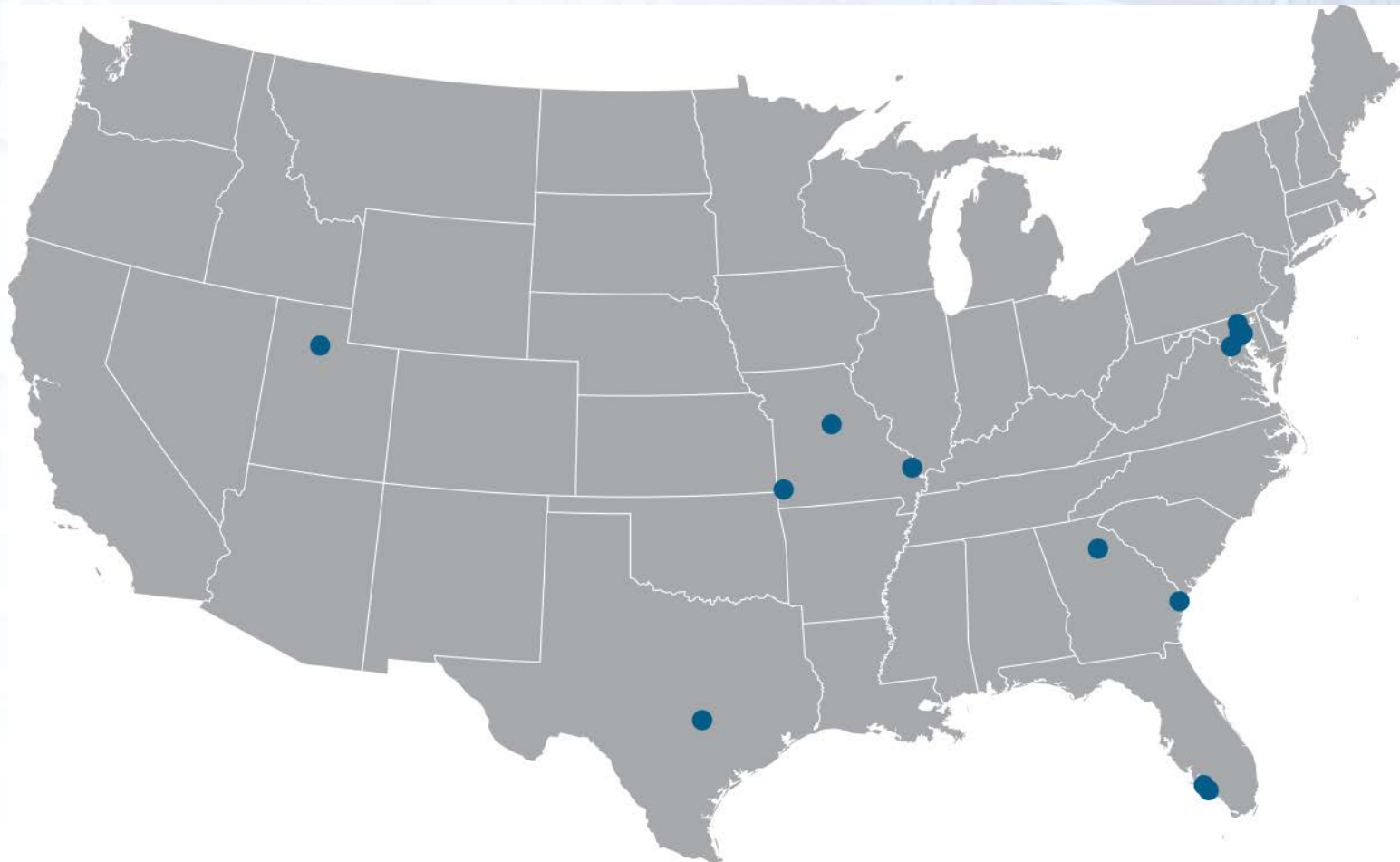
[VIEW REPORT](#)

**24** Months  
**12** Hospitals  
**2** Healthcare data facilities  
**2** Medical devices

# Cyber attacks = kill patients



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Baltimore, MD  
Towson, MD  
Washington, D.C.  
Athens, GA  
Savannah, GA  
Cape Girardeau, MO  
Columbia, MO  
Joplin, MO  
Salt Lake City, UT  
Naples, FL  
Bonita Springs, FL  
Austin, TX



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FEB 23, 2016 @ 12:55 PM 9,130 VIEWS

# White Hat Hackers Hit 12 American Hospitals To Prove Patient Life 'Extremely Vulnerable'



**Thomas Fox-Brewster**, FORBES STAFF

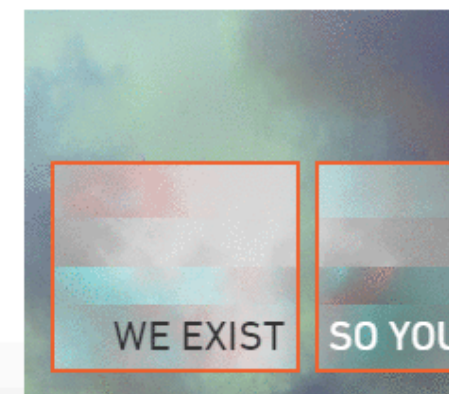
*I cover crime, privacy and security in digital and physical forms.*

[FOLLOW ON FORBES \(173\)](#)



FULL BIO

A two-year research project into the [security](#) of 12 hospitals and a variety of medical technologies has concluded that patient health is “extremely vulnerable” to digital



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# FINDINGS



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# patient data v. patient health



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# Status Quo

**Wrong mission    x    Outdated approach    =    Failure**



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# WRONG MISSION



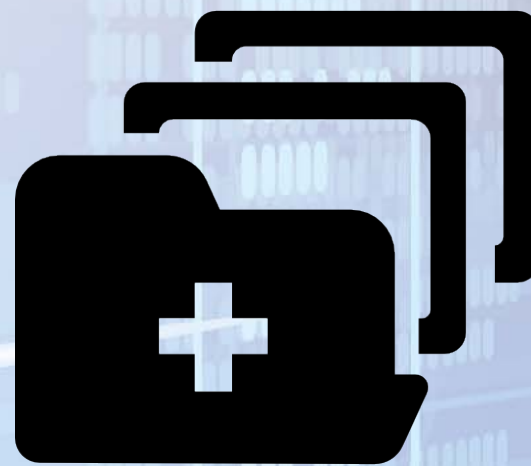
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# Patient Health v. Patient Data



**HARM**

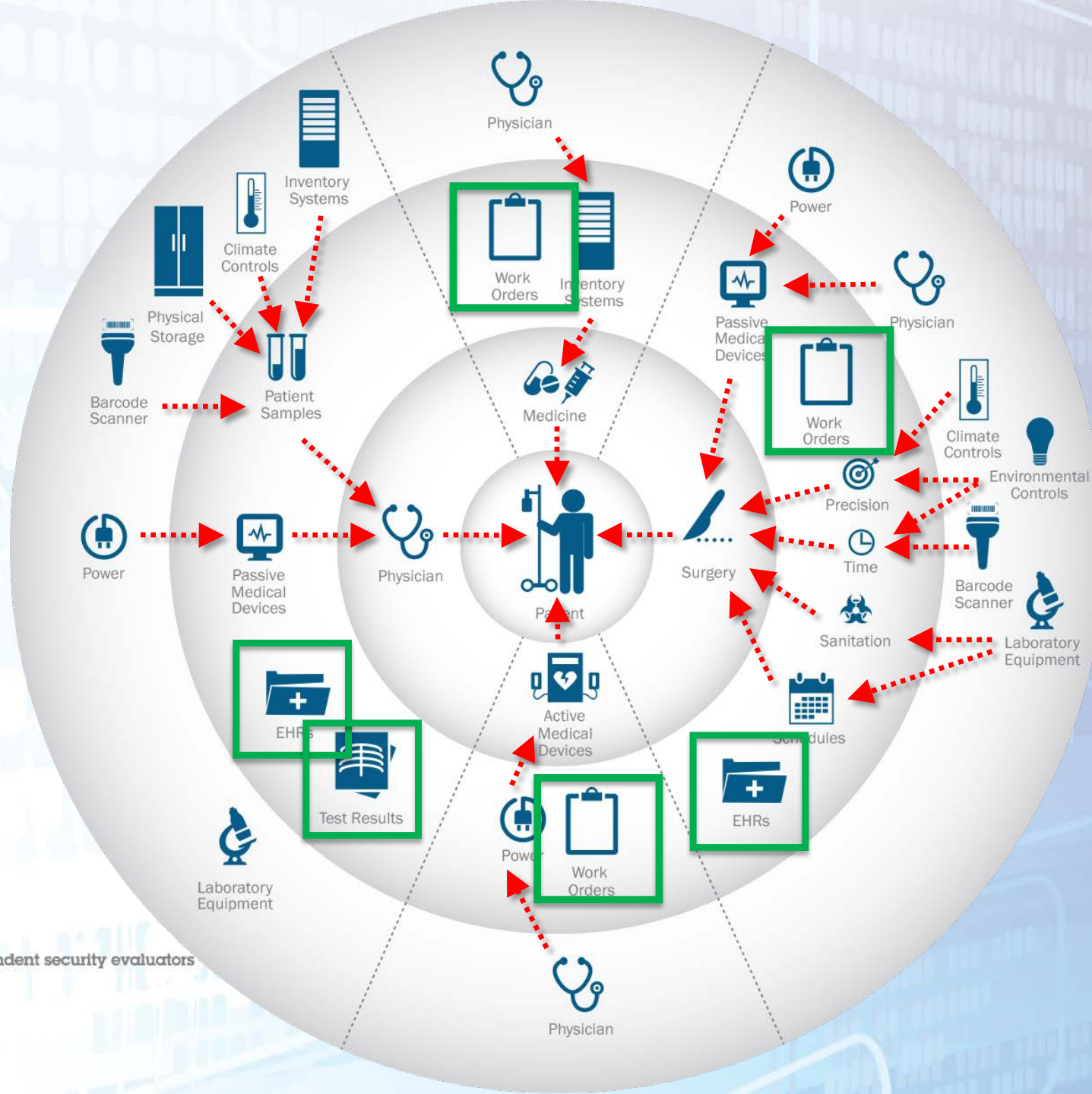


**PROFIT**



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# OUTDATED APPROACH



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# Untargeted v. Targeted Attacks



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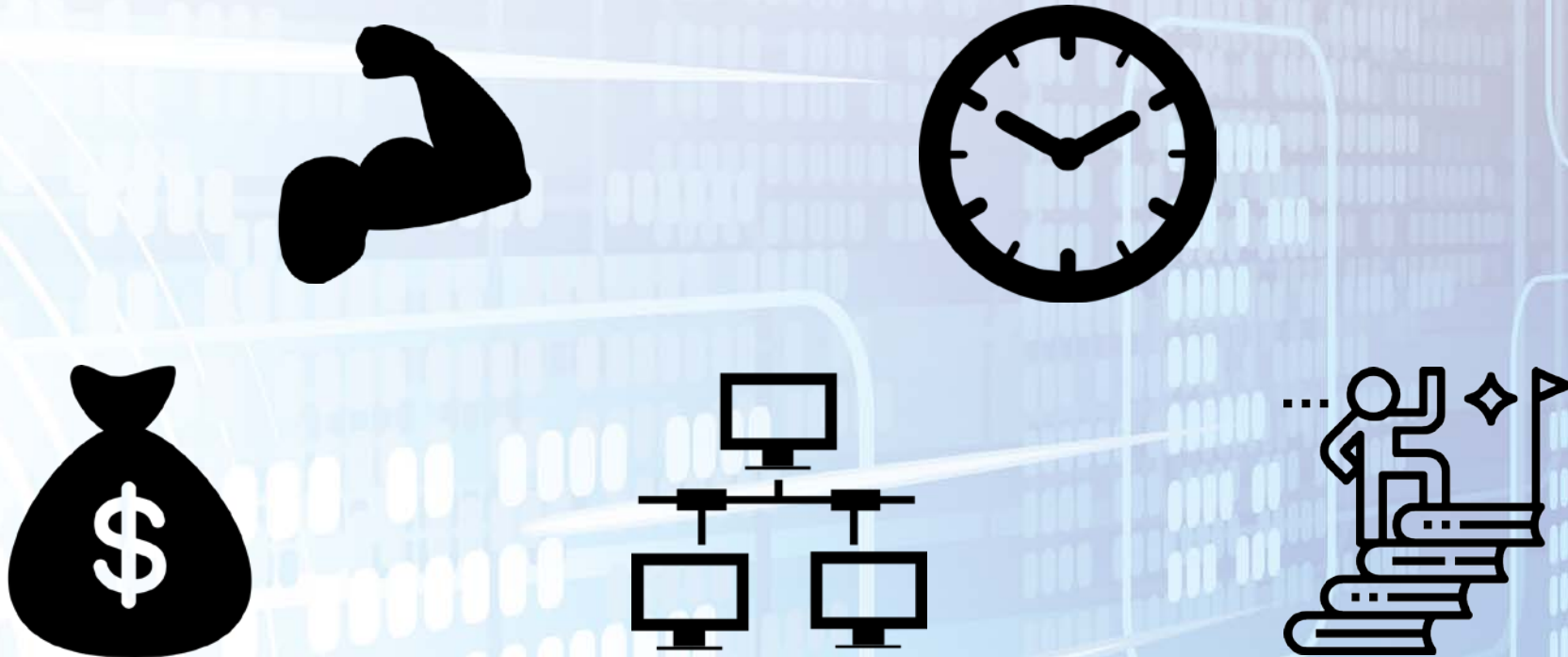
# Unsophisticated v. Sophisticated Attacks



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# Unsophisticated v. Sophisticated Adversaries



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Health



Data

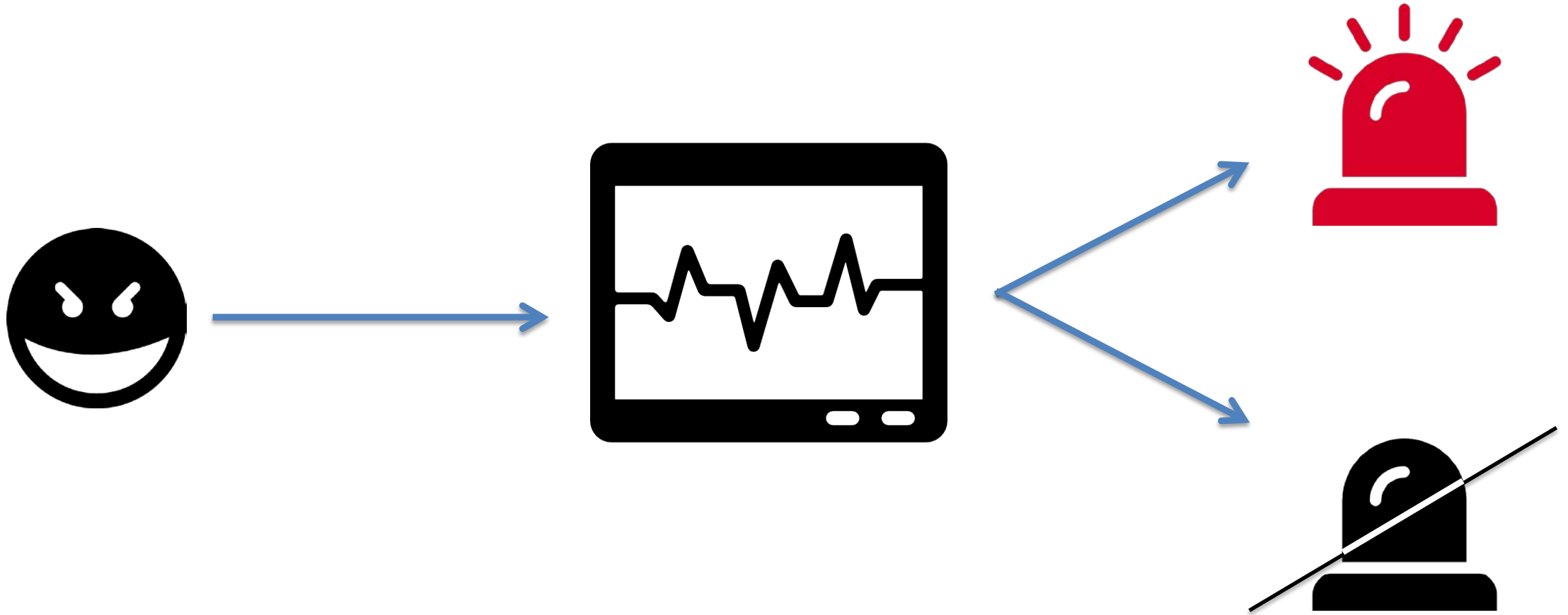
Adversaries	Targeted	Untargeted	Targeted	Untargeted
Small Group	X	X	X	✓
Hacktivists	X	X	X	X
Organized Crime	X	X	X	X
Terrorists	X	X	X	X
Nation States	X	X	X	X

# ATTACK ANATOMIES



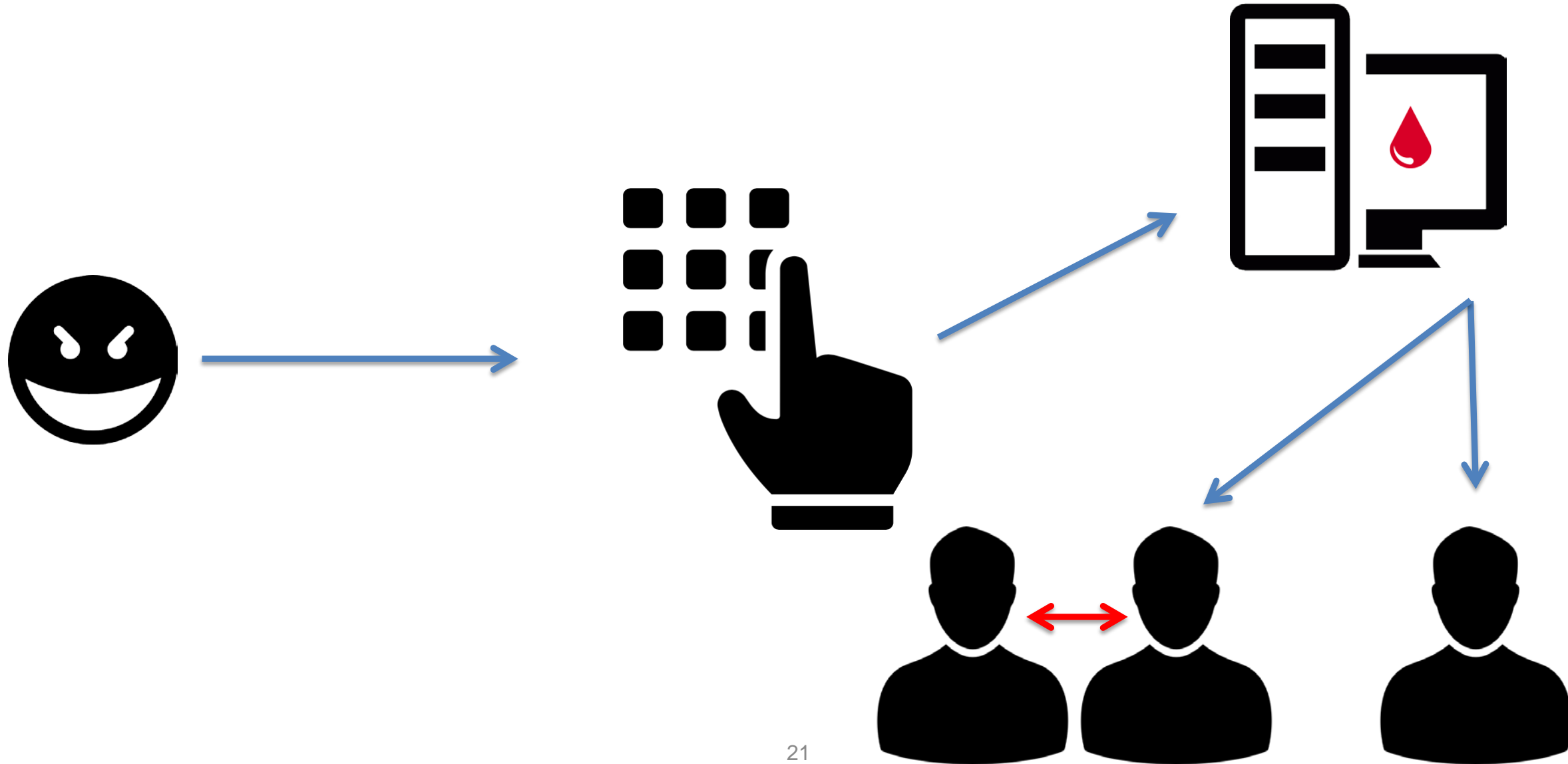
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# Patient Monitor





# Lobby Kiosk / Bloodwork



# COMMON ISSUES



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# Design Issues



funding



staffing



training



hierarchy



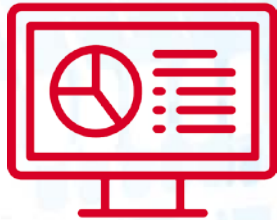
policy



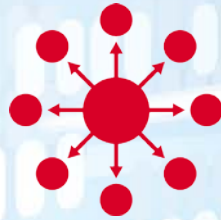
Network  
awareness



audit



logging/  
monitoring



architecture



access control



legacy  
systems



remote  
access



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# Design Issues



hospital-built,  
non-assessed software



vendor-built,  
non-assessed software



critical uptime  
prevents security



primary attack surfaces  
on non-restricted subnets



local physical access  
to critical networks



local physical access  
to systems & devices



credentials entered  
in presence of patients



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# Implementation Issues



use of  
insecure services



broken  
access controls



default  
configurations



shared  
credentials



unpatched  
systems



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# BLUEPRINT



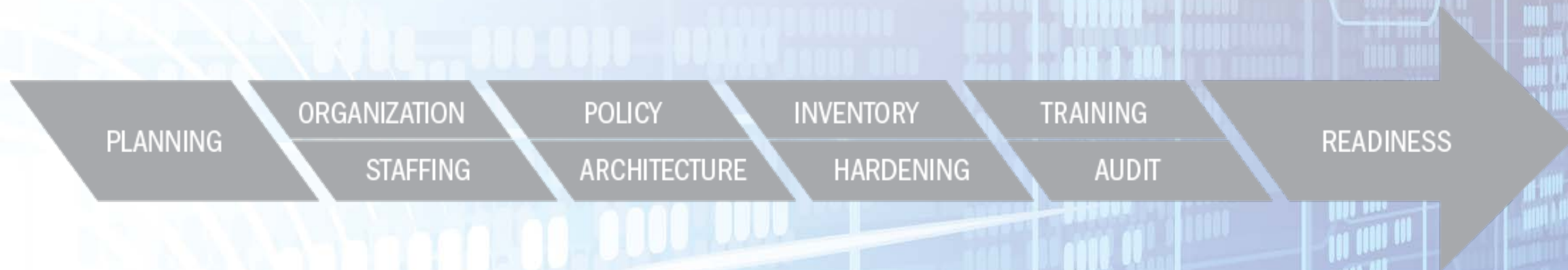
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~~“Are we secure?”~~  
~~“How secure are we?”~~  
**“How do we get there?”**



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## Planning

- ☐ Understand the blueprint
- ☐ Create a threat model
- ☐ Understand the risks
- ☐ (Re)design security framework
- ☐ Perform gap analysis
- ☐ Create long term plan

## Organization

- ☐ Separate IS from IT
- ☐ Biomed under IT and/or IS

## Staffing

- ☐ Understand roles
- ☐ Full time vs. part time
- ☐ Determine quantity

## Policy

- ☐ Formally define security
- ☐ Needed policies
- ☐ Needed procedures
- ☐ Audit preparation
- ☐ Review

## Architecture

- ☐ Information workflows
- ☐ Segmentation
- ☐ Network appliances
- ☐ Security appliances
- ☐ Administration
- ☐ Remote access
- ☐ Physical access

## Inventory

- ☐ Employees
- ☐ Vendors
- ☐ Systems
- ☐ Software
- ☐ Devices

## Hardening

- ☐ Configuration management
- ☐ Endpoint security
- ☐ Monitoring

## Training

- ☐ Security fundamentals
- ☐ Policy training
- ☐ Business training
- ☐ Subject matter training

## Audit

- ☐ Internal assessment
- ☐ Outside assessment
- ☐ Internal audit

## Readiness

- ☐ Incident response
- ☐ Disaster recovery
- ☐ Red teaming
- ☐ Contingency plans



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# Recap

**Wrong mission    x    Outdated approach    =    Failure**

**Correct mission    x    Modern approach    =    Success**



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# Recommendations

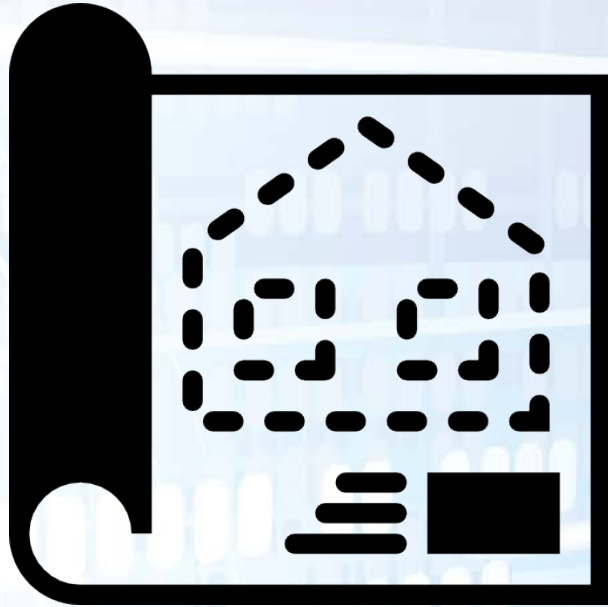
- Follow the **Blueprint**
- Distinguish between **patient health v. patient data**
- Adopt an **adversarial** mindset



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# How Can ISE Help?



**BLUEPRINT**



**vCISO**



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<https://www.securityevaluators.com/hospitalhack>