

1. 随着人民生活水平的显著提高 with the remarkable improvement of people's living standard
2. 先进的科学技术 advanced science and technology
3. 为我们日常生活增添了情趣 add much spice/flavor to our daily life
4. 人们普遍认为 It is commonly believed that...
5. 我同意前者(后者)观点 I give my vote to the former/latter opinion.
6. 引起了广泛的公众关注 Sth. has aroused wide public concern. / Sth has drawn great public attention.
7. 不可否认 It is undeniable that...
8. 热烈的讨论/ 争论 a heated discussion/debate
9. 有争议性的问题 a controversial issue
10. 就我而言/ 就个人而言 As far as I am concerned,/Personally,
11. 有充分的理由支持 be supported by sound reasons
12. 双方的论点 argument on both sides
13. 发挥日益重要作用 play an increasingly important role in...
14. 对...必不可少 be indispensable to ...
15. 正如谚语所说 As the proverb goes:
16. 对...产生有利/不利的影响 exert positive/negative effects on...

17. 利远远大于弊 The advantages far outweigh the disadvantages.
18. 导致，引起 lead to/give rise to/contribute to/result in
19. 复杂的社会现象 a complicated social phenomenon
20. 责任感/成就感 sense of responsibility/achievement
21. 竞争与合作精神 sense of competition and cooperation
22. 开阔眼界 widen one's horizon/broaden one's vision
23. 学习知识和技能 acquire knowledge and skills
24. 经济/心理负担 financial burden/psychological burden
25. 考虑到诸多因素 take many factors into consideration
26. 从另一个角度 from another perspective
27. 做出共同努力 make joint efforts
28. 对...有益 be beneficial to/be conducive to...
29. 为社会做贡献 make contributions to the society
30. 打下坚实的基础 lay a solid foundation for...
31. 综合素质 comprehensive quality
32. 致力于/ 投身于 be committed/devoted to...
33. 应当承认 Admittedly,
34. 不可推卸的义务 unshakable duty
35. 满足需求 satisfy/meet the needs of...
36. 可靠的信息源 a reliable source of information
37. 宝贵的自然资源 valuable natural resources

38. 因特网 **the Internet** (一定要由冠词, 字母 **I** 大写)
39. 方便快捷 **convenient and efficient**
40. 应当承认 **Admittedly,**
41. 在人类生活的方方面面 **in all aspects of human life**
42. 环保的材料 **environmentally friendly materials**
43. 社会进步的体现 **a symbol of society progress**
44. 大大方便了人们的生活 **Sth has greatly facilitated people's lives.**
45. 对这一问题持有不同态度 **hold different attitudes towards this issue**
46. 在一定程度上 **to some extent**
47. 理论和实践相结合 **integrate theory with practice**
48. ...必然趋势 **an irresistible trend of...**
49. 日益激烈的社会竞争 **the increasingly keen social competition**
50. 眼前利益 **immediate interest/ short-term interest**
51. 长远利益 **long-term interest**
52. ...有其自身的优缺点 ... **has its own merits and demerits/pros and cons**
53. 对...有害 **do harm to/be harmful to/be detrimental to**
54. 交流思想/ 情感/ 信息 **exchange ideas/emotions/information**

55. 跟上...的最新发展 keep pace with/keep abreast with the latest development of...
56. ...的健康发展 the healthy development of...
57. 重视 attach great importance to...
58. 社会地位 social status
59. 把时间和精力放在...上 focus one's time and energy on...
60. 扩大知识面 expand one's scope of knowledge
61. 身心两方面 both physically and mentally
62. 有直接/间接关系 be directly/indirectly related to...
63. 导致很多问题 give rise to/lead to/spell various problems
64. 可以替代 think 的词 believe, claim, maintain, argue, insist, hold the opinion/belief/view that
65. 缓解压力/ 减轻负担 relieve stress/burden
66. 优先考虑/发展... give (top) priority to sth.
67. 与...比较 compared with.../ in comparison with
68. 可降解的/可分解的材料 degradable/decomposable material
69. 代替 replace/substitute/take the place of
70. 提供就业机会 offer job opportunities
71. 反映了社会进步的 mirror the social progress/advance
72. 增进相互了解 enhance/promote mutual understanding
73. 充分利用 make full use of/take advantage of

74. 承受更大的工作压力 suffer from heavier work pressure
75. 保障社会稳定和繁荣 guarantee the stability and prosperity of our society
76. 更多地强调 put more emphasis on...
77. 适应社会发展 adapt oneself to the social development
78. 实现梦想 realize one's dream
79. 主要理由列举如下 The main/leading reasons are listed as follows:
80. 我们还有很长的路要走 We still have a long way to go.