

# ST. JOSEPH'S HIGHGATE

[www.stjosephshighgate.org.uk](http://www.stjosephshighgate.org.uk)

## PARISH BULLETIN

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Registered Charity  
1173084

8<sup>th</sup> March 2020 - 2<sup>nd</sup> Sunday of Lent

## LIMINAL SPACES

**Fr. George Koloth CP**

The Transfiguration experience of Jesus on the mountain has been very often referred to as liminal space. A liminal space can be described as a threshold from one space to another space. It is the space of the in-between. And it is my favourite distance between the already and the not yet!

Our lives are punctuated with lots of liminal spaces: a graduation, the time between job transitions, the time when you are separated from a spouse but not yet divorced, a woman in labour, waiting rooms at a hospital, airports,

the time between the death of a loved one and their burial. The list could go on and on. It is a space of intense waiting! We hardly pay any attention to these spaces in our lives or rather they are disregarded very often because they are a transitory space and are never intended to be permanent.

On that mountain, Peter desires to make that liminal space permanent, but it was never intended to be.

Jesus and these disciples were ushered into a liminal space, a threshold, a place that was unfamiliar and it helped prepare them all for the experiences that were coming their way, but it was never supposed to be a space for them to exist in permanently.

Because of their overwhelming nature and unfamiliarity, liminal space can feel scary, uncomfortable, and uncertain. We often are tempted to set up shop and stay or flee from it as quickly as possible. However, when we are able to honour these spaces in our lives, they can provide us with the things that we will need for the experiences that are coming. Learning to honour these spaces in our lives, no matter how uncomfortable they are can prepare us for our journey ahead.

Many a liminal space can I identify in my life.

What's your liminal space experience?

### Benediction

May the God of both the mountaintop and the valley below lift your eyes to see glory wherever you go.

May the Lord accompany you and open your minds

to the mystery of His presence.

And may the Spirit, the source of transformation and life, guide you to be people of light.

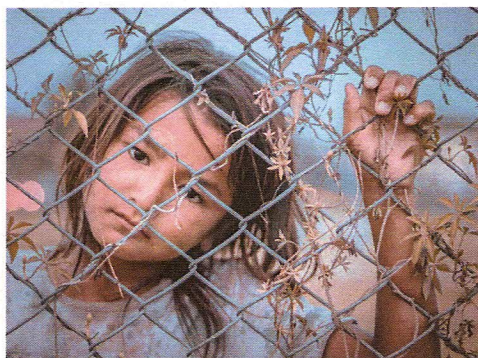
## What Happens in Lent?

**In the forty days of Lent, the Church asks us to fast, give alms and pray.**

In Lent we don't eat meat on Fridays. Many people give up things like candy or dessert for all of Lent. When we give up food that we like, it reminds us that food isn't the only thing we need - we need God too!

**Giving alms means giving money or things to the poor or the Church.**

God lets there be people who need our help so that we can become better by helping them!



**The third thing that we should do in Lent is praying.**

You could say an extra prayer every day - maybe an "Our Father" or a "Hail Mary" when you wake up or before you go to bed. Another good idea is reading a bit from the Bible, because when we read the Bible

**we let God speak to us.**

What are some little things you could do for Lent? Try to do things that will help you think a bit more about God every day.



"For it is in giving that we receive."

## LENTEN APPEAL 2020

To build a Church for the less  
privileged of India.

Lord, continue to fill our St.  
Joseph community, parishio-  
ners, friends and visitors with  
cheerful hearts as we respond to  
the Lenten Appeal 2020.



## Best of All, Fr Ben



In order to facilitate his ministry of promoting the  
Causes of Passionists Ignatius Spencer and Bl. Dominic,  
Fr Ben has moved from St. Joseph's to the Midlands.  
With grateful hearts for all that he had been to St.  
Joseph's, we wish Fr. Ben every blessing as he ventures  
to pastures new.

## Let Jesus enter your heart this Lent

"Lent is a time of prayer. Meeting  
God is the "reward" that every heart  
aspires: to experience forgiveness and  
spiritual freedom." "May we dwell long  
and often in adoration before Christ in  
the Eucharist. May we sit at the 'school'  
of the Eucharist." Saint John Paul II

Our Lord is inviting you into a deep-  
er relationship. Why not make a special  
effort this Lent to sit with Jesus in our  
church for a few minutes every week?

How can I have a deeper relation-  
ship with Him this Lent?

## Stations of the Cross

The cross is the word of hope and  
mercy to all the crucified of the world.  
For those who are oppressed, the sick,  
poor and marginalized, and victims of  
violence and abuse, still find the cour-  
age to turn their gaze to the One who  
was pierced. From this look of divine  
love they receive comfort, peace, con-  
solation, and mercy, even the strength  
to forgive their executioners. Pope  
Francis invites us to continue "this  
Way of the Cross in our daily lives. Let  
us walk together along the Way of the  
Cross and let us do so carrying in our  
hearts this word of love and forgive-  
ness"

### STATIONS OF THE CROSS

Lenten Fridays after  
6.30PM Mass

## Flower Ministry

Flowers at Church celebrate God's goodness and gifts to us all; they are a fitting  
reminder of his glory and grace. Flowers enhance the service and uplift our  
spirits as people come into the church and during the services. Perhaps you  
would like to join the number of those who help?

- Make a donation to the church with a request for buying flowers
- Arrange flowers that you may purchase with church funds
- Sponsor flowers for Feast days (EASTER) or in memory of an event or  
anniversary, with or without a preferred arranger.

We would be very pleased to hear from you: please contact Carmel on  
079619509661 or the Parish Office.

## COVID-19

In the wake of the  
Corona Virus, for health  
and safety reasons we  
are advised to have  
Communion only in one  
species in the palm of our  
hands.

For passing the Peace we  
are encouraged to offer  
each other a bow instead  
of shaking hands.

And Holy Water will  
not be available in the  
stoups.

Your kind  
understanding is very  
much appreciated.

Similarly, the  
Healing Mass for the  
Housebound will be  
postponed.



### Annual Mass for the Sacrament of Matrimony

Westminster Cathedral  
Sat | May 30 | 3 pm

### Lectors and Eucharistic Ministers Joint Session

Thu | MAR 12 | 7.30 pm  
Red Room

### Pastoral Visitation

BP. NICHOLAS HUDSON  
Sat, Sun | MAR 21, 22



Your generous support enables Holy Joes to continue  
being at the service of God's people. Last week's  
collection amounted to £1,307. Thank you very much.

### MASSES

SUNDAY (Saturday 7pm), 8am, 10am, 12pm, 1.30pm (Polish), 7pm  
HOLIDAYS 6.30pm vigil, 9.30am, 11am, 6.30pm. WEEKDAYS 9.30am, 6.30pm  
SATURDAY 9.30am, 7pm. BANK HOLIDAY 9.30am

### SACRAMENT OF RECONCILIATION

SATURDAY 10-10.30am, 6.30-6.45pm, WEEKDAYS immediately after Mass (on request)

### PRAY

We pray for  
the sick and  
housebound of  
our parish  
Carmen Pinilla

We pray for those who  
died recently.

- ✠ Sr. Maria Margaret LSU
- ✠ Ellen Condon
- ✠ James Keighrey,
- ✠ Larry Whitehead

### REMEMBER

We remember those whose  
anniversaries occur at this time  
✠ Alice Foye