

## **Prescription and Diet Recommendation for AI-Based Skin Disease Detection**

**Patient Name:** arjun

**Age:** 21

**Gender:** Male

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**Disease:** Atopic Dermatitis

**Description:**

- A common type of eczema causing red, itchy, and cracked skin.
- Usually starts in childhood and may flare up periodically.

**Medication:**

- Moisturizers, steroid creams, or calcineurin inhibitors. Avoid irritants and stress.

**Diet Plan:**

- Probiotic-rich foods (yogurt, kefir) and foods high in omega-3s to reduce inflammation.