

Prescription and Diet Recommendation for AI-Based Skin Disease Detection

Patient Name: Dhohi

Age: 41

Gender: Male

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Disease: Atopic Dermatitis

Description:

- A common type of eczema causing red, itchy, and cracked skin.
- Usually starts in childhood and may flare up periodically.

Medication:

- Moisturizers, steroid creams, or calcineurin inhibitors. Avoid irritants and stress.

Diet Plan:

- Probiotic-rich foods (yogurt, kefir) and foods high in omega-3s to reduce inflammation.