



Review

EEG-Based Biometric Identification and Emotion Recognition: An Overview

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Abstract

This overview examines recent advancements in EEG-based biometric identification, focusing on integrating emotional recognition to enhance the robustness and accuracy of biometric systems. By leveraging the unique physiological properties of EEG signals, biometric systems can identify individuals based on neural responses. The overview discusses the influence of emotional states on EEG signals and the consequent impact on biometric reliability. It also evaluates recent emotion recognition techniques, including machine learning methods such as support vector machines (SVMs), convolutional neural networks (CNNs), and long short-term memory networks (LSTMs). Additionally, the role of multimodal EEG datasets in enhancing emotion recognition accuracy is explored. Findings from key studies are synthesized to highlight the potential of EEG for secure, adaptive biometric systems that account for emotional variability. This overview emphasizes the need for future research on resilient biometric identification that integrates emotional context, aiming to establish EEG as a viable component of advanced biometric technologies.

Keywords: EEG; biometric identification; emotion recognition; machine learning; signal processing



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1. Introduction

Human identification systems are usually based on passwords, access cards, and PINs, which are vulnerable to theft, loss, or forgetfulness. These limitations are addressed by developing biometric systems that allow the identification of individuals based on physical characteristics or physiological signals. Commonly used physical characteristics include fingerprints, iris patterns, and facial features, while physiological signals involve data like voice, EEG, EMG, and ECG, among others [1]. Physiological signals, particularly EEG, have garnered significant interest for biometric applications due to their unique characteristics and inherent robustness against impersonation attacks, as they are not visible to the human eye [2].

Biometric identification has gained significant popularity due to its difficulty in being falsified compared to knowledge- and possession-based methods, which can be forgotten, duplicated, stolen, or lost. This method offers greater security, especially when using unimodal, bimodal, or multimodal systems, which incorporate one, two, or more physiological

characteristics. The biometrics based on EEG signals have been little explored for biometric identification, so it is considered an open field of research that seeks to take advantage of unique brain wave patterns that are difficult to replicate and can be considered highly secure for applications that require rigorous identification [1]. Moreover, unlike trait-based biometrics, EEG-based systems offer more excellent resistance to external manipulation, as brainwave patterns are generated internally and are unique to each individual.

EEG signals, generated by the brain's electrical activity, are commonly used in identifying pathologies such as brain tumors, cerebral dysfunctions, and sleep disorders. In addition, recent studies have demonstrated the utility of EEG signals in various applications, including monitoring student engagement, lie detection, and assessing political attitudes [3–5]. These expanding applications reveal the richness of EEG signal features and further support their potential for biometric identification tasks. Their suitability for biometric identification systems stems from their universality, uniqueness, permanence, and measurable properties [6]. These required properties make EEG an attractive candidate for secure identification systems, as it can effectively distinguish between individuals [7]; given these advantages, multiple biometric systems based on EEG have been proposed.

The literature reports multiple studies on biometric identification based on EEG signals [1,8], and it is considered an open research field that has explored various approaches for EEG-based biometric systems. In [9], a biometric system based on EEG signals was proposed. The researchers formulated a binary optimization problem for channel selection and employed a support vector machine with a radial basis function kernel (SVM-RBF), utilizing features based on autoregressive coefficients. The proposed method achieved an accuracy of 94.13% using 23 sensors with five autoregressive coefficients, indicating the potential for identification from this type of signal. In [10] the authors proposed a system using a support vector machine with a kernel of radial basis function (SVM-RBF) and achieved a precision of 94.13% considering all EEG channels. Additionally, advanced EEG channel selection methods were introduced, yielding high accuracy with fewer sensors. Multiple techniques for biometric identification have been tested, with artificial neural networks (ANNs) being the most prominent, which have also been widely used in emotion identification from EEG signals. These networks can learn complex patterns and extract relevant signal features, providing a solid foundation for biometric identification. Support vector machines (SVMs) are highly effective for biometric and emotion identification from features extracted from EEG signals. Their ability to handle high-dimensional datasets makes them a valuable option [11]. Deep neural network-based architectures, such as convolutional neural networks (CNNs), have been applied for EEG signal analysis due to their capability to extract spatial and temporal features, allowing for the identification of complex patterns present in EEG signals [11]. Similarly, LSTM (long short-term memory) networks, a variant of recurrent neural networks (RNNs), are effective in modeling temporal sequences in EEG signals [12] achieving accuracy scores above 96% [13]. In addition, EEG has also been applied in single-channel configurations, demonstrating substantial accuracy through signal segmentation and feature extraction techniques [14].

Biometric systems based on electroencephalographic signals have demonstrated high accuracy. However, these studies have been conducted using databases with a limited number of individuals, so this remains an active area of research that must consider the effects of multiple external and internal factors on EEG signals, such as emotions and diseases, among others. Therefore, if the various aspects that models built with learning machines face are not considered, they could present significant limitations in terms of performance in real-life environments. Additionally, it is essential to highlight that research is still being conducted in the context of identifying emotions from EEG signals, so it can

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be inferred that not considering emotions in biometric identification in real environments can generate significant limitations in performance [15–17].

On the other hand, numerous studies have been reported in the area of emotion recognition using EEG signals. In [18], a portable brain wave analysis system was proposed to recognize positive, negative, and neutral emotions using the DEAP and SEED databases. Among the methods tested, the long-short-term memory (LSTM) deep learning approach demonstrated the best performance, achieving 94.12% precision in identifying emotional states. In another study, [19] presented machine learning models, such as the KNN (k-Nearest Neighbor) regressor with Manhattan distance, which utilized features from the alpha, beta, and gamma bands, as well as the differential asymmetry of the alpha band [20]. This approach showed promising results in predicting valence and arousal, achieving an accuracy of 84.4%. These findings underscore the potential of EEG-based models to reliably infer emotional states and deepen the understanding of affective responses. Further studies on EEG-based biometric recognition using deep learning techniques illustrate how convolutional and recurrent neural networks can extract distinctive features from brain signals, achieving high levels of precision in biometric identification. These advanced approaches open new pathways for the development of more secure and adaptive identification systems that can function effectively under challenging conditions [21].

Building on recent advances in EEG signal processing, recent research in EEG-based biometric identification and emotion recognition highlights the importance of multimodal databases and fusion strategies to improve recognition accuracy. A systematic review of studies from 2017 to 2024 identified the DEAP (Dataset for Emotion Analysis using Physiological signals), SEED (Shanghái Jiao Tong University Emotion EEG Dataset), DREAMER (Database for Emotion Recognition through EEG and ECG Signals), and SEED-IV databases as the most widely used. Deep learning models such as TNAS (Transferable Neural Architecture Search), GLFANet (Graph-based Learning Feature Attention Network), ACTNN (Attention-based Convolutional Temporal Neural Network), and ECNN-C (Efficient Convolutional Neural Network with Contrastive Learning) have demonstrated effectiveness in emotion recognition [22]. Additionally, the MED4 database, which integrates EEG signals with photoplethysmography, speech, and facial images, has shown significant accuracy gains in emotion detection. These improvements, achieved through feature- and decision-level fusion, include a 25.92% increase over speech and a 1.67% increase over EEG alone in anechoic conditions [23].

Other studies have focused on optimization techniques for EEG channel selection, such as the binary particle swarm optimization (BPSO) algorithm, which allows decreasing the number of signals to be processed, identifying specific brain regions and therefore reducing noise, feature relevance, and accuracy in emotion recognition with a lower computational cost [24]. In [25], M3CV was generated seeking to expand the generality of recognition models by having multiple subjects, sessions, and tasks, which can be considered one of the most complex tasks, i.e., collecting data for model building and hypothesis validation effectively with the ability to manage intra and intersubject variability. Finally, some studies have analyzed multimodality considering different types of signals, such as the DEAP database, which can be beneficial in accuracy and generality but simultaneously increase costs and decrease its feasibility of use in real applications. Therefore, the need for techniques and methodologies to cover the existing gaps is highlighted [7].

Considering the above, it is evident that the study of biometric identification techniques is a tangible necessity, with a permanent need for improvement in computational performance and precision as well as the mitigation of vulnerability risks. Regarding biometric identification based on EEG signals, this work aims to reveal the importance and influence of emotions on the EEG signals and, consequently, their impact on biometric

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identification. Thus, developing new approaches and broadening the scope of studies that address the effects of emotions on EEG signals to improve the performance of biometric identification systems is necessary. Unlike previous reviews that have addressed EEG-based biometric identification and emotion recognition as distinct research lines, this article presents a unified perspective that explores how emotional states influence EEG signals and, consequently, affect biometric identification performance. This integrated approach is essential for advancing toward more robust, adaptive, and real-world applicable biometric systems. Additionally, this review considers underexplored contextual variables such as noise, temperature, and fatigue and includes a synthesis of recent advances in deep learning and multimodal strategies that simultaneously address identity and emotional variability. Thus, the present work provides a comprehensive and timely overview of an emerging research frontier that has not been previously systematized.

The conceptual framework underlying this analysis is presented in Figure 1. This framework provides a structured overview of the key elements of EEG-based biometric identification, emotion identification, and biometric identification, considering the effects of emotions. In the first stage of the studies, they start with the collection of the datasets, followed by their preprocessing, followed by the extraction and selection of features under different extraction techniques in the time, frequency, time–frequency, and nonlinear and spatial domains. Finally, biometric identification and emotion recognition methods based on machine learning and the limited studies that perform biometric identification considering emotions are highlighted. Additionally, meta-analyses focused on performance metrics (considering database, feature extraction, and classification techniques), such as accuracy, are highlighted, as summarized in Tables 1–3. The results reveal the challenges at different stages of EEG signal processing. Finally, the framework outlines future prospects, such as adaptive AI models and multimodal data integration, as strategies to improve the identification generality of biometric systems in emotionally dynamic contexts.

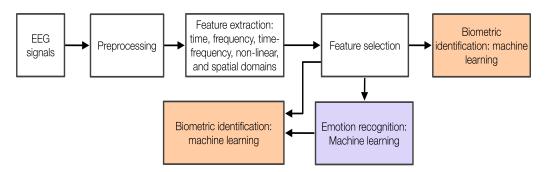


Figure 1. Framework for understanding EEG-based biometric methods and emotional influences.

This article is structured as follows: after the introduction, the methods and databases used for EEG-based biometric identification and emotion recognition are presented. The following sections discuss biometric identification studies that considering the analysis of emotions. Finally, conclusions and current challenges highlight promising directions for future research.

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Table 1. Feature extraction from EEG signals.

Ref.	Database	Feature Extraction	Clasification Method	Accuracy	Year
[26]	Own database (13 subjects) and PhysioNet BCI (109 subjects)	PCA, Wilcoxon test, fast Fourier transform, Power Spectrum (PS), Asymmetry index	RBF-SVM, K-fold, Cross-validation	99.9 ± 1.39%	2023
[27]	The BED (Biometric EEG Dataset) 21 subjects	PCA, Wilcoxon test, optimal spatial filtering	Deep learning (DL)	86.74%	2022
[28]	PhysioNet EEG MotorMovement/Imagery Dataset (1000 subjects)	Functional connectivity (FC)	Multi-stream GCN (MSGCN)	98.05%	2023
[29]	Own database (21 subjects)	1D-CNN	Cross 5-fold, LDA, SVM, K-NN, DL	99%	2022
[30]	Own database (43 subjects)	Power Spectral Density (PSD)	Naive Bayes, Neural Network, SVM	97.7%	2022
[31]	Own database (8 subjects)	Power Spectral Density (PSD) from delta (0.5–4 Hz), theta (4–8 Hz), alpha (8–14 Hz), beta (14–30 Hz), gamma (30–50 Hz) bands, LDA	K-NN, SVM	80%	2022
[11]	PhysioBank database (109)	CNN	CNN-ECOC-SVM	98.49%	2022
[32]	PhysioNet database (109)	Power spectral, PSD	Mean Correlation Coefficient (MCC)	Equal Error Rate 0.014	2018
[33]	Own database (6 subjects)	Daubechies (db8) wavelet, PSD	Multilayer Perceptron Neural Network (MLPNN)	75.8%	2019
[34]	PhysioNet database (16 subjects)	Frequency-weighted power (FWP)	Proposed method by the author	EER of 0.0039	2020
[35]	PhysioNet dataset- 109 subjects	Uses only two EEG channels and a signal measured over a short temporal window of 5 s	CNN	Identification result of 99% and 0.187% of authentication error rate (ERR).	2023
[36]	The data is collected from 50 volunteer	(1) spectral information, (2) coherence, (3) mutual correlation coefficient, and (4) mutual information.	SVM	0.52% of ERR, with a classification rate of 99.06%.	2023

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Table 2. Feature Extraction from EEG Signals.

Ref.	Database	Feature Extraction	Clasification Method	Accuracy	Year
[37]	They have used two SSVEP datasets for PI (Person Identification), the speller dataset and the EPOC dataset	auto-regressive (AR) modeling, power spectral density (PSD) energy of EEG channels, wavelet packet decomposition (WPD), and phase locking values (PLV).	combines common spatial patterns with specialized deep-learning neural networks.	recognition rate of 99%	2023
[8]	Physionet (109 subjects)	The system uses a Random Forest based binary feature selection method to filter out meaningless channels and determine the optimum number of channels for the highest accuracy	Hybrid Attention-based LSTM-MLP	99.96% and 99.70% accuracy percentages for eyes-closed and eyes-open datasets	2023
[38]	The authors used the dataset of 'Big Data of 2-classes MI' and Dataset IVa	In this study, CSP, ERD/S, AR, and FFT were applied to transform segmented data into informative features. The TDP method was excluded from this work because it is more suitable for motor execution rather than motor imagination.	SVM, GNB	SVM (CSP (98.97%), ERD/S (98.94%), AR (98.93%), and FFT (97.92%)).GNB (CSP (97.47%), ERD/S (94.58%), FFT(53.80%), and AR (50.24%)).	2023
[39]	Dataset I consisted of a self-collected dataset obtained using a low-cost EEG device and was used as the primary dataset. Dataset II, a widely used dataset from PhysioNet BCI, was employed to evaluate the proposed method with a larger number of subjects.	EEG signals were processed using the FieldTrip toolbox for Matlab. The toolbox provides various useful tools to process EEG, MEG, and invasive electrophysiological data. EEG signals were processed by first applying a baseline correction relative to the mean voltage, and then a finite impulse response (FIR) bandpass filter from 5 to 40 Hz for noise reduction. These preprocessing steps were necessary to smooth the classification procedures and remove or minimize undesired noise nuisance.	Support Vector Machines (SVM), Neural Networks (NN), and Discriminant Analysis (DA).	identification accuracy rates of up to 100% with a low-cost EEG device	2023

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Table 3. Feature Extraction from EEG Signals.

Ref.	Database	Feature Extraction	Clasification Method	Accuracy	Year
[40]	DEAP	phase locking value (PLV)	CNN	85%	2023
[41]	SEED and DEAP	The proposed model uses an Inventive brain optimization algorithm and frequency features to enhance detection accuracy.	optimized deep convolutional neural network (DCNN) K-Nearest Neighbor (KNN), Support Vector Machine (SVM), Random Forest (RF), and Deep Belief Network (DBN).	(DCNN) model achieved an accuracy of 97.12% at 90% of training and 96.83% according to K-fold analysis	2023
[42]	SEED	Time-Frequency content of EEG signals using the modified Stockwell transform. Extracting deep features from each channel's time-frequency content using a deep convolutional neural network. Fusing the reduced features of all channels to construct the final feature vector. Utilizing semi-supervised dimension reduction to reduce the features.	CNNs The Inception-V3 CNN and support vector machine (SVM) classifier		2023
[43]	DEAP	10-fold cross-validation has been employed for all experiments and scenarios. Sequential floating forward feature (SFFS) selection has been used to select the best features for classification	Support Vector Machine (SVM) with Radial Basis Function (RBF) kernel has been applied for classification	In our study the CCR is in the range of 88–99%, whilst the Equal Error Rate (EER) in the aforementioned research is in the range of 15–35% using SVM	2017
[44]	DEAP, MAHNOB-HCI, and SEED	The feature extraction process involved the use of time-domain and frequency-domain features	SVM, Random Forest (RF), and k-Nearest Neighbors (k-NN)		2021
[45]	Own dataset with 60 users acquired with the Emotiv Epoc+	The signals were filtered by the Savitzky-Golay filter to attenuate its short term variations	Hidden Markov Model (HMM) and Support Vector Machine (SVM)	User identification performance of 97.50% (HMM) and 93.83% (SVM).	2017

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2. Literature Review Process

Few studies specifically address biometric identification based on EEG signals about emotional states. This overview summarizes studies in emotion recognition, biometric identification, and the interrelationship between these two fields. To conduct this review, the query was carried out on the Scopus database, and specific search criteria were applied: ("emotion recognition" and "biometric identification" and "EEG biometric identification and emotions"). Article selection was guided by availability criteria, article categories, and the relevance of studies linking emotions, biometric identification, and experimental articles focused on biometrics and emotions. The articles were analyzed and discussed throughout this document.

Figure 2 shows the number of publications in Scopus under the following queries: 'biometric identification and EEG', 'emotion recognition and EEG', and 'biometric identification and emotion recognition and EEG', which has revealed findings in current research on EEG signal integration for biometric identification and emotion recognition. The results showed that emotion recognition based on EEG signals has been widely studied compared to biometric identification using EEG signals. Furthermore, biometric identification that considers emotional states is an emerging field. The above suggests the need to significantly increase efforts in EEG signal-based biometric identification studies to advance the development of more complex and context-aware systems. On the other hand, the Figure 2 shows that emotion identification has experienced steady growth, reaching its peak in 2023 with 539 studies, followed by biometric identification in 2021 with 34 studies. The integration of both areas has been less explored than individual disciplines, with a growing number of studies over the years, reaching its peak in 2021 with six studies.

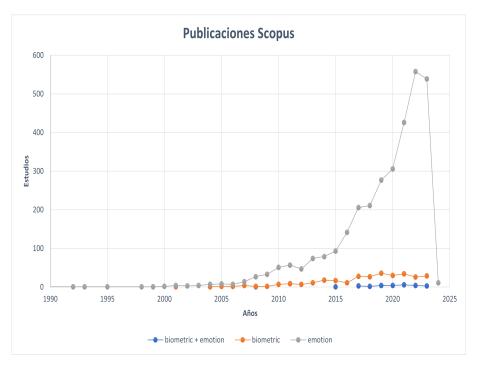


Figure 2. Number of publications in Scopus.

3. Electroencephalography (EEG): Foundations and Applications

3.1. Brain Anatomy Relevant to EEG

The human brain, the most complex organ in the central nervous system (CNS), is fundamental to functions such as self-awareness, speech, movement, and memory storage. As noted by [46], 'almost all organs in the human body are potentially transplantable. However, brain transplantation would be equivalent to transplanting the person,' high-

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lighting its unique role in defining individual identity. Structurally, the brain is divided into two interconnected hemispheres (see Figure 3), the right and the left, each specializing in distinct functions and maintaining an inverse relationship with the body: the right hemisphere controls the left side, while the left hemisphere controls the right. The right hemisphere is dominant in non-verbal processing, including emotional regulation, memory through images, and the interpretation of sensory inputs such as taste and visual stimuli. Conversely, the left hemisphere excels in verbal and rational functions, such as processing symbols, letters, numbers, and words [47]. These distinct yet complementary roles underscore the brain's remarkable complexity and its critical role in EEG signal generation.

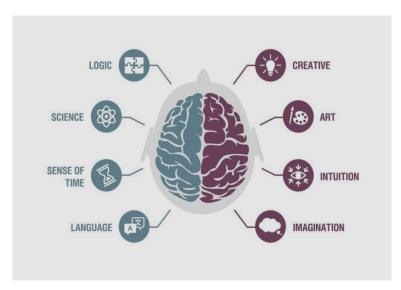


Figure 3. Representation of cerebral hemispheres.

3.2. EEG Signals and Their Properties

Brain waves are the electrical impulses generated by chains of neurons, and these signals are distinguished by their speed and frequency. There are five types of brain waves alpha, beta, theta, delta, and gamma. Some of them have low frequencies, while others have higher ones. These five waves remain active throughout the day, and depending on the activity being performed, some of them tend to be stronger than others [48].

Delta waves (0.5 to 4 Hz) Delta waves are high-amplitude, low-frequency brain waves associated with deep sleep and unconscious states, they are related to unconscious activities such as the heartbeat. They are also observed during states of meditation. The production of delta rhythms coincides with the regeneration and restoration of the central nervous system [49,50].

Theta waves (4 to 8 Hz) are associated with imagination and reflection. These waves also appear during deep meditation. Theta waves are of great importance in learning and are produced between wakefulness and sleep when processing unconscious information, such as nightmares or fears [50,51]. Alpha wave (8 to 13 Hz) The alpha signals appear during states of low brain activity and relaxation. They are waves of greater amplitude compared to beta waves. Generally, alpha waves appear as a reward after a well-done job [50,52].

Beta waves (13 to 30 HZ) Beta waves appear during states when attention is directed towards external cognitive tasks. They have a high frequency and are associated with intense mental activities [50,53].

Gamma waves (30 to 100 Hz) Gamma waves originate in the thalamus, and these signals are related to tasks that require high cognitive processing [50,54].

Electroencephalographic (EEG) signals are generated by the synchronized electrical activity of cortical neurons, primarily pyramidal cells, and are commonly categorized into frequency bands based on their spectral characteristics. These bands reflect different brain states and cognitive processes.

Delta waves (0.5 to 4 Hz): Delta waves are the slowest and highest-amplitude EEG oscillations. They are predominantly observed during deep, non-REM sleep (stages 3 and 4) and are associated with unconscious physiological processes. Abnormal delta activity during wakefulness may indicate brain injury or dysfunction. Theta waves (4 to 8 Hz): Theta activity is typically associated with drowsiness, meditative or trance-like states, and the early stages of sleep. In children, theta rhythms are more prominent during wakefulness. In adults, they often emerge during memory encoding or emotional processing. Some of the literature extends the lower limit to 3.5 Hz, leaving the 3 to 3.5 Hz range as a transition zone between delta and theta activity. Alpha waves (8 to 13 Hz): Alpha rhythms are most prominent in the occipital cortex during relaxed wakefulness with eyes closed. They are attenuated by eye opening or mental effort (a phenomenon known as alpha blocking). Alpha activity is often interpreted as an indicator of cortical idling or inhibition. Beta waves (13 to 30 Hz): Beta waves are associated with active thinking, focused attention, and alert mental states. They are typically recorded over the frontal and central areas of the brain. Beta activity increases during motor activity and decreases during drowsiness or rest. Gamma waves (30 to 100 Hz): Gamma activity is involved in high-level cognitive functions, such as perception, attention, and memory binding. Although more difficult to measure due to low amplitude and susceptibility to noise, gamma rhythms are thought to reflect information integration across brain regions. Each frequency band plays a unique role in the brain's functional architecture and is influenced by age, mental state, and neurological conditions. Understanding these oscillatory patterns is essential for both diagnostic and biometric applications involving EEG signals.

3.3. Feature Extraction from EEG Signals

Different feature extraction techniques include methods in the time domain, frequency domain, time–frequency domain, spatial domain, and nonlinear domain. These various techniques aim to describe a signal by its characteristics. Some methods used in EEG (electroencephalography) include variance, standard deviation, correlation coefficient, and Hjorth parameters. These methods are computationally low complexity. There are also autoregressive (AR) models, fast Fourier transform (FFT), short-time Fourier transform (STFT), spectral power, wavelet transform, Hilbert–Huang transform, common spatial patterns, entropy, among others [55].

Tables 1–3 summarize different datasets used, techniques applied to feature extraction from EEG signals and classification techniques, and the accuracy achieved in each study for biometric identification and emotion recognition. The presented studies utilize various EEG databases, with DEAP and SEED being the most widely used for biometrics and emotion identification, as well as self-collected databases using commercial devices such as the Emotiv Epoc+. In terms of feature extraction, in [56] was highlighted the use of the fast Fourier transform (FFT) technique (achieving an accuracy of 96.81% in classifying EEG signals) after a comparison of various techniques to extract features from EEG signals including Eigenvector methods (EM), different types of Wavelet transform such as Discrete Wavelet Transform, Continuous Wavelet Transform, Time–Frequency Distribution (TFD), and Autoregressive Method (ARM). The literature reports multiple other techniques for feature extraction, such as time- and frequency-domain methods, including Auto-Regressive (AR), power spectral density (PSD), and Wavelet Packet Decomposition (WPD). These last techniques have been widely used for their ability to capture relevant information from the

EEG signals. Spatiotemporal domain methods, such as common spatial patterns (CSsP) and Phase Locking Value (PLV), have shown high effectiveness in discriminating between subjects and emotional states. Other commonly used techniques include multivariate variational modal decomposition (MVMD), Fourier–Bessel series expansion, convolutional neural networks (CNNs), and functional connectivity (FC) analysis.

Regarding classification, models based on deep neural networks, convolutional neural networks (DCNNs), long short-term memory (LSTM), and Hybrid Attention-based LSTM-MLP have achieved accuracy scores higher than 97%. However, it is highlighted that traditional methods such as k-nearest neighbors (K-NN), support vector machines (SVMs), Random Forest (RF), Hidden Markov Models, and Gaussian Naïve Bayes (GNB) have shown an accuracy ranging from 75.8% to 99.9% using feature selection techniques such as Sequential Floating Forward Selection (SFFS) and Random Forest-based binary selection. The best results were obtained by the SVM classifier in most cases, which is because this technique works very well when a relatively small amount of data is used compared to the amount of data required by a neural network to achieve comparable results. Hybrid models are also highlighted, achieving 99.96% accuracy and demonstrating artificial intelligence's potential in optimizing biometric identification and emotion recognition from EEG signals. These studies highlight the diversity of feature extraction and classification methods to improve the precision of biometric identification. Methods in the time domain, such as AR, have advantages over FFT, offering better frequency resolution and improved spectral estimations in short segments of EEG signals. However, they also have limitations. One of these limitations is the lack of clear guidelines for selecting the parameters of spectral estimations. Additionally, AR models require an optimal order, as a too-low order may smooth out the spectrum, while a too-high order may introduce false peaks. Among the frequency-domain models, the FFT enables mapping from the time domain to the frequency domain, which facilitates the investigation of amplitude distribution in spectra and reflects different brain tasks. However, its limitations include being unsuitable for representing non-stationary signals, where the spectral content varies over time.

The short-time Fourier transform (STFT) is simple and easy to implement, but its limitations include longer segments that violate the quasi-stationarity assumption required by the Fourier transform. The power spectral density (PSD) provides information about the energy distribution of the signal across different frequencies. However, it is limited in presenting additional timescale information, considering that EEG signals possess nonstationary and nonlinear characteristics [57]. Wavelets are a time-frequency technique particularly effective in dealing with non-stationary signals. They allow the signal to be decomposed in both time and frequency domains, enabling the simultaneous use of long time intervals for low-frequency information and short-time intervals for high-frequency information. However, to accurately analyze EEG signals, a proper choice of the mother wavelet and an appropriate number of decomposition levels are required. The Hilbert-Huang Transform (HHT) does not require assumptions about the linearity and stationarity of the signal. It allows for adaptive and multi-scale decomposition of the signal and does not rely on any predefined function for decomposition. However, one of its limitations is that an iterative algorithm defines it and lacks a mathematical formula. The final results can be influenced by how the algorithm is implemented and the definition of variables and control structures [58].

Among the spatial techniques, common spatial patterns (CSPs) are capable of projecting EEG signals from multiple channels into a subspace where inter-class differences are emphasized and intra-class similarities are minimized. The alternative method, TDCSP, optimizes CSP filters and effectively reflects changes in discriminative spatial distribution over time. However, one of its limitations is that it requires training samples and class infor-

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mation to calculate the linear transformation matrix. Furthermore, this technique requires a large number of electrodes to be effective [59]. On the other hand, in [37,60], they discuss the SSVEP (Steady-State Visually Evoked Potential), which is a brain response generated by observing flashing visual stimuli at a constant frequency. This EEG signal is used in conjunction with deep neural networks and spatial patterns to recognize a person's identity. Among the nonlinear techniques, entropy is robust in analyzing short data segments, is resistant to outliers, and is capable of dealing with noise through appropriate parameter tuning, making it applicable to both stochastic and deterministically chaotic signals. It offers various alternatives to characterize the complexity of the signal with changes over time and quantify dynamic changes in events related to EEG signals. However, one of its limitations is the lack of clear guidelines for choosing the parameters m (embedding dimension of the series) and r (similarity tolerance) before calculating the approximate or sample entropy. These parameters will affect the entropy of each EEG data record during different mental tasks, affecting the classification accuracy. Lyapunov exponents exploit the chaotic behavior of an EEG signal for classification tasks and, when combined with other linear or nonlinear features, can yield improved results. However, finding optimal parameters to calculate the Lyapunov exponents requires significant effort to enhance its performance [61].

While this review provides a qualitative comparison of performance across various EEG-based biometric and emotion recognition methods, a comprehensive statistical analysis remains challenging due to the heterogeneity in datasets, preprocessing protocols, feature extraction strategies, and classification metrics reported in the literature. Differences in sample size, electrode configuration, emotional paradigms, and performance reporting standards (e.g., accuracy vs. EER vs. F1-score) make direct comparisons difficult. Future meta-analyses could aim to normalize these variables and apply statistical techniques such as effect size estimation or model ranking to identify the most robust methods under controlled criteria. Such efforts would offer a valuable contribution to guiding the selection of algorithms and pipelines for real-world EEG biometric systems.

4. Emotion Recognition and Biometric Identification Using EEG

Electroencephalography (EEG) has gained increasing attention in emotion recognition and biometric identification due to its ability to capture unique physiological signals that reveal unique characteristics that allow for identifying the emotions and identity of individuals; however, information about emotional states can influence biometric measurements. This section explores three key applications of EEG signals: first, their use in biometric identification by analyzing brain wave patterns; second, the use of EEG signals for emotion recognition, highlighting how neural responses vary with emotional states; and finally, an integrated approach that combines biometric identification and emotion recognition. Together, these applications illustrate the versatility of EEG in creating robust and adaptive systems that leverage identity and emotional information for increased accuracy and security.

4.1. Biometric from EEG Signals

Biometrics is an area that quantifies physiological or behavioral traits to identify individuals. This capability is inherently present in humans, enabling them to recognize others by features such as voice tone, body shape, and facial characteristics. On the other hand, biometric authentication confirms a person's identity, while biometric identification determines whether a person is who they claim to be. With nearly 8 billion people in the world, each distinguished by their unique identity, recognition methods fall into three main categories: (1) knowledge-based identification, which relies on information known only to

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the person, such as passwords, PINs, or ID numbers; (2) possession-based identification, using unique objects like ID cards, passports, or badges; and (3) biometric identification, based on distinctive physical or behavioral traits, including fingerprints, facial features, and voice patterns [62].

The predominant methodologies used for biometric identification from EEG signals typically follow a comprehensive approach encompassing the following steps: (i) Data acquisition and preprocessing: EEG signals are collected using specialized devices, and the preprocessing stage is carried out to improve data quality by reducing interference from non-neural activity by removing noise and irrelevant signals, using methods such as digital filters, decomposition techniques such as Wavelet transform, artifact countermeasure, and independent component analysis (ICA), among others, that allow removing artifacts and normalizing data, with the aim of improving the accuracy of prediction systems for biometric identification [63,64]. Another strategy applied at this stage is Epoch, which divides the EEG data into smaller segments to analyze specific time intervals of the EEG signals [65]. An important aspect to consider in signal acquisition is that it is not as easy to take a fingerprint. However, technology has been advancing, developing more comfortable and portable acquisition equipment, making it relevant to minimize the channels needed for biometric identification. Another important problem to consider in acquisition is visual, auditory, and olfactory stimuli, which affect the dynamics of EEG signals and a limited generalization. In addition, cognitive activities must be considered since participant fatigue can also affect the dynamics of EEG signals. Therefore, most studies have been carried out under controlled conditions, which limits the application of EEG signals for biometric identification in a real environment. (ii) Feature extraction: At this stage, relevant features such as amplitudes, frequencies, and temporal patterns are selected and extracted from EEG signals using advanced signal processing techniques (some techniques were discussed in Section 3.3). (iii) Predictive model construction: In this stage, the predictive model is trained and validated to identify individuals. This process is carried out using independent datasets and employing metrics to measure performance such as accuracy, sensitivity, and specificity. In addition, fine-tuning and optimization are performed in which the model parameters are adjusted to improve predictive capacity and generalization.

EEG signals have been studied in combination with various types of signals or traits, known as multimodal approaches. These approaches aim to improve the reliability and accuracy of biometric systems. However, these systems increase their complexity and implementation cost, which limits their use in some special applications. Some reported multimodal combinations include the following: (i) EEG + face recognition: This technique enhances security by combining brainwave patterns with facial features. An example is hybrid authentication systems designed for high-security access control. (ii) EEG + Electrooculography (EOG): Incorporates eye movement data to improve signal interpretation, particularly for eye-tracking and cognitive load assessment applications [66]. (iii) EEG + ECG (electrocardiography): This technique enhances robustness and accuracy in biometric identification by leveraging the complementary information provided by each type of signal. This approach can be advantageous as acquisition hardware evolves [67]. (iv) EEG + gait analysis: Explored for continuous authentication, especially in mobile and wearable systems [68]. (v) EEG + speech recognition: Investigated in cognitive-state authentication, particularly in stress-aware security systems, where speech characteristics combined with EEG responses improve user verification under varying conditions [1,69]. Compared to EEG-only systems, multimodal biometric approaches consistently show improved performance metrics. For example, the integration of EEG with photoplethysmography, facial images, or speech has led to measurable gains in classification accuracy and reductions in error rates, particularly under emotionally dynamic or noisy conditions. These gains

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are particularly pronounced in studies using the MED4 and DEAP datasets. Nevertheless, such improvements must be weighed against increased system complexity, longer setup times, and reduced user comfort. Therefore, the adoption of multimodal systems is often justified in applications requiring higher security or resilience, whereas EEG-only systems may remain preferable in mobile, low-intrusion contexts

Additionally, it is essential to note the promising systems for biometric identification using EEG signals, including transformer-based models [70] and federated learning [71]. Transformers enable the capture of spatial and temporal dependencies in EEG signals more efficiently than traditional convolutional networks, thereby improving neural pattern classification accuracy. Furthermore, some architectures have demonstrated that self-attention mechanisms can effectively identify critical regions in EEG data, thereby optimizing the extraction of relevant features for biometric identification tasks [72]. In [70], a transformer-based model for person identification from EEG signals was proposed. It combines temporal and spatial attention to extract relationships over time and across channels, eliminating the need for manual feature extraction. This architecture makes it exceptionally robust to variations in mental states, noise, and cognitive tasks, allowing personal identification even under changing conditions. Including spatial positional encoding improves accuracy, while absolute temporal encoding can negatively impact performance. It is likely due to the disruption of temporal invariance. Furthermore, the model benefits from increased sample size through window overlap, which mitigates the data requirements of transformer architectures. This model achieved up to 97.45% accuracy for cross-condition mental states, outperforming models such as CNN, SVM, and GCNN and demonstrating outstanding generalization capabilities. On the other hand, federated learning (FL) can preserve privacy in EEG models, allowing decentralized training of neural networks without sharing sensitive data (EEG signals); only the learned parameters from the models trained locally on each node are communicated within a multi-node system. This allows for improving the models' generalization by taking advantage of information distributed across multiple devices. This approach is particularly advantageous for PI based on EEG, facilitating the widespread adoption of EEG in identity verification. Moreover, this approach enhances model accuracy and generalization across varying mental states and recording conditions [73]. Combining transformers and federated learning in EEG biometrics can offer more accurate, secure, and scalable systems with applications in continuous authentication and access control in dynamic environments.

Finally, it is essential to highlight that Hybrid approaches combining learning and optimization algorithms have been shown to improve the robustness and accuracy of EEG-based biometric systems. Evolutionary algorithms, such as genetic algorithms (GAs) and particle swarm optimization (PSO), have been successfully applied to optimize convolutional neural network architectures, thereby improving convergence speed and generalization. Bayesian optimization (BO) has also been utilized to tune hyperparameters in EEG classification models, thereby enhancing the efficiency of training deep networks. Hybrid feature engineering (integrating features extracted by deep learning with features obtained by traditional feature extraction, such as power spectral density and wavelet entropy) has demonstrated enhanced discriminative ability. Furthermore, metaheuristic algorithms such as ant colony optimization (ACO) and differential evolution (DE) have been used for feature selection, reducing computational cost while maintaining high accuracy [21,74].

4.2. Emotion Recognition from EEG Signals

Emotions are responses to excitations accompanied by physiological changes that predispose to action. They differ from feelings by their high intensity in a short period of time. Emotion recognition is an open field of research not only because of the limited Computers 2025, 14, 299 15 of 25

volume of datasets but also because of the diversity and complexity of the expressiveness of emotions in some individuals. Emotions can also be associated with diseases.

Emotion classification has mentioned four primary emotions, but according to some authors, there are six primary emotions. A preliminary study on emotions found that the theory is correct, and the six main emotions are sadness, surprise, anger, fear, happiness, and contempt [75]. Secondary emotions are combinations of primary emotions. Emotions can be represented graphically using valence, arousal, and dominance on a Cartesian plane.

Valence is a fundamental dimension in constructing emotional experiences, representing the motivational aspect of emotions, ranging from pleasant to unpleasant states. It originates from different neurobiological structures, where one activates the appetitive motivational system and the other the defensive system [76]. This distinction has been widely observed in humans, primates, and other mammals by functional magnetic resonance imaging (fMRI) [77]. Closely related to valence, arousal reflects the level of energy expenditure during an emotional response and corresponds to sympathetic activation. Studies indicate that arousal is often influenced by valence, as the involvement of the appetitive or defensive system tends to increase arousal levels. Meanwhile, dominance is the most recently conceptualized dimension and refers to perceived control over emotional responses. This function, which involves inhibiting or sustaining behavioral reactions, is associated with more evolved brain structures responsible for response inhibition, contextual evaluation, and planning [78].

The interaction between emotions and EEG signals is fundamental in biometric identification. Emotional states can cause variations in the patterns of EEG signals, which affects the stability and reliability of biometric systems based on EEG signals. Therefore, recognition from emotional signals is relevant to be treated within biometric identification systems based on EEG signals.

One of the significant limitations in the advancement of the study of emotions from EEG signals is the collection of data, as these require the use of paradigms that induce the evocation of emotions and the use of electrode systems that are usually not easy to install. Although there are various public databases, they can be considered limited and have a high degree of diversity to have a true certainty of the generality of machine learning models designed to recognize emotional states from EEG signals. Therefore, having large datasets is one of the major challenges in this field. The databases most reported in the studies are as follows:

- (i) DEAP dataset This database contains EEG signals and peripheral physiological signals from 32 participants. Each participant watched 40 musical videos (1 min excerpts) that were rated for levels of arousal, valence, liking, dominance, and familiarity. Among the 32 participants, 50% were female, aged between 19 and 37, while the male participants had a mean age of 26.9. Peripheral recordings included EOG, four EMG signals (from the zygomatic major and trapezius muscles), GSR, BVP (blood volume pressure), temperature, and respiration. Additionally, facial recordings were taken from 22 participants' frontal faces. The signals were recorded from 32 channels at a sampling rate of 512 Hz [79].
- (ii) MAHNOB database includes 27 participants, consisting of 11 males and 16 females. EEG signal recordings were taken from 32 channels at a sampling rate of 256 Hz. Additionally, videos of the participants' faces and bodies were recorded using six cameras at 60 frames per second (fps), eye gaze data was recorded at 60 Hz, and audio was recorded at a sampling rate of 44.1 KHz. During the recording, 20 videos were presented to the participants, and for each video, emotional keywords, arousal, valence, dominance, and predictability were assessed using a rating scale ranging from 1 to 9 [80].
- (iii) The SEED database consists of EEG signals from seven men and eight women, with an average age between 23 and 27 years and a standard deviation of 2.37. For this

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database, 15 clips from Chinese movies were selected as stimulus material to generate positive, negative, and neutral emotions. Each experiment consists of 15 trials. The EEG signals are captured using a cap following the international 10-20 system for 62 channels. These signals are preprocessed and filtered at 200 Hz. The labels for each signal correspond to (-1 for negative, 0 for neutral, and +1 for positive) emotions [81].

(iv) The LUMED-2 (the Loughborough University Multimodal Emotion Database-2) is a dataset of multimodal emotions containing simultaneous multimodal data from 13 participants (6 women and 7 men) while presented with audiovisual stimuli. The total duration of all stimuli is 8 min and 50 s, consisting of short video clips selected from the web to provoke specific emotions. After each session, participants were asked to label the clips with the emotional states they experienced while watching them. Three different emotions resulted from the labeling: "sad," "neutral," and "happy". The participants' facial expressions were captured using a webcam at a resolution of 640×480 and 30 frames per second (fps). EEG data from the participants were captured using an 8-channel wireless EEG device called ENOBIO, with a temporal resolution of 500 Hz. The EEG data were filtered for the frequency range [0, 75 Hz], and baseline subtraction was applied for each window. Regarding peripheral physiological data, an EMPATICA E4 wristband, powered by Bluetooth, was used to record the participants' GSR (Galvanic Skin Response) [82].

The datasets described above have been used for various research studies in data science for emotion identification and, more recently, for biometric identification from EEG signals. These databases offer a wide variety of physiological signals and emotional stimuli to train and evaluate classification models. These diverse datasets are essential for the advancement of emotion recognition systems, as they represent real-world scenarios and a variety of emotional expressions. However, with the limitation mentioned above of true generality in the construction of predictive models for emotion identification, considering the diversity between datasets in terms of sampling frequency, acquisition equipment, and paradigm, among others. However, researchers have experimented with these datasets by applying various pre-processing methods, feature extraction techniques, and classification models to improve the accuracy and generality of emotion recognition systems.

Table 4 presents an overview of emotion prediction from EEG signals by presenting each study's different preprocessing, feature extraction, and classification techniques. Preprocessing steps include a variety of filtering techniques, such as Laplacian surface filtering, Butterworth filters, and blind source separation, as well as more advanced methods, such as artifact subspace reconstruction (ASR). For feature extraction, approaches such as wavelet transform, principal component analysis (PCA), higher-order spectral analysis (HOSA), and entropy-based methods are used. Classification methods vary, with techniques such as linear discriminant analysis (LDA), support vector machines (SVMs), k-nearest neighbors (K-NNs), quadratic discriminant analysis (QDA), and fuzzy cognitive maps (FCMs) commonly applied. The reported methods have demonstrated high performance in terms of accuracy for identifying emotional states from EEG signals, highlighting the effectiveness of various combinations of preprocessing, feature extraction, and classification for emotion recognition. On the other hand, it is important to highlight the efforts made to simplify the identification of emotions by limiting the number of channels, such as the study carried out in [83] where they achieved a performance of 91.88% accuracy with the MAHNOB database and using support vector machines for classification.

 Table 4. Feature extraction and classification techniques for emotion identification.

Cite	Year	Preprocessing	Extraction and Selection	Emotion Clasification
[84]	2010	Laplacian surface filter	wavelet transform, Fuzzy C Means (FCM) y Fuzzy K-Means (FKM)	Linear Discriminant Analysis (LDA) and K Nearest Neighbor (K-NN)
[85]	2014	FFT, EEGLAB	Correlation, Coherence and phase synchronization	Quadratic discriminant analysis
[86]	2015	Wavelet filter	PCA	SVM
[87]	2015	Blind source separation, Bandpass filter 4.0–45.0 Hz	HOSA (Higher order Spectral Analysis)	LS-SVM, Artificial Neural Networks (ANN)
[87]	2016	Filtro Butterworth	Bispectral analysis with HOSA	SVM
[88]	2016	Algorithm based on Independent Component Analysis	Sample Entropy, Quadratic Entropy, Distribution entropy	SVM
[89]	2017	MARA, AAR	Phase Locking Value (PLV) with ANOVA to assess statistical significance	SVM
[90]	2017	Laplacian surface filter	Wavelet transform	Polynomial kernel- SVM
[91]	2018	Filtro Butterworth Notch	ACA, SA, GA, SPO Algorithms	SVM
[83]	2023	DWT, EMD	Smoothed pseudo-Wigner-Ville distribution (RSPWVD)	K-NN, SVM, LDA y LR
[92]	2023	Finite Impulse Response, Artefact Subspace Reconstruction (ASR)	Power Spectral Density (PSD)	Naïve Bayes (NB), K-NN, SVM, Fuzzy Cognitive Map (FCM)

One of the most pressing challenges in EEG-based biometric systems is the effect of emotional variability on signal stability. While many traditional models are trained using emotionally neutral data, emotional states can alter EEG patterns significantly, leading to reduced intrasubject consistency. Emerging approaches have started to incorporate emotion-labeled EEG datasets and emotion-aware preprocessing to improve robustness. Some deep learning architectures, especially those using attention mechanisms or recurrent layers, show promise in extracting features that are less sensitive to affective changes. Nevertheless, current systems still lack full generalizability across emotional states, highlighting the need for adaptive and context-aware biometric frameworks

4.3. Emotion-Aware Biometric Identification

The EEG signals capture information about brain activity. These are non-stationary, meaning they change over time and are influenced by factors such as human emotions, thoughts, and activities [93]. Emotion-aware biometric identification is an emerging and

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relatively unexplored area that seeks to improve biometric identification systems by incorporating emotional states, e.g., in [94], ECG signals were applied to biometric identification and emotion identification. Although traditional biometric systems focus solely on stable physiological signals, recent studies have investigated how emotions can influence these signals, particularly EEG data, to improve the robustness of identification methods [95]. Some approaches in this field have utilized datasets that include conditions such as driving fatigue and various emotional states, as well as artificially induced brain responses such as rapid serial visual presentation (RSVP). However, while these datasets involve conditions of fatigue and emotions, these factors are not explicitly analyzed for their impact on biometric identification. In [96] is presented a convolutional neural network model, GSLT-CNN, which directly processes raw EEG data without requiring feature engineering. This model was evaluated on a dataset of 157 subjects across four experiments. In contrast, [97] focuses on using olfactory stimuli, such as specific aromas, to evoke emotional responses that affect brainwave patterns, thereby uncovering unique aspects of individual identity. Nevertheless, some studies have demonstrated the variability in EEG signals evoked by olfactory and tactile stimuli [98,99].

Other research efforts have leveraged emotion-specific datasets designed to capture variations in emotional states for biometric identification purposes. These datasets enable researchers to identify distinct neural responses associated with emotions, providing valuable insights into how emotional context can be integrated into biometric systems [95,100]. Although still in its early stages, emotion-aware biometric identification has the potential to create adaptive, resilient systems that account for the dynamic nature of human emotions. This area of research has been controversial. Zhang et al. [101] investigated the use of emotional EEG for identification purposes and found that emotion did not affect identification accuracy when using 12-second EEG segments. However, as mentioned by Wang et al. [95], the robustness of this method across different emotional states was not verified.

4.4. Practical Limitations and Real-World Considerations in Emotion-Aware EEG Biometric Systems

While emotion-aware EEG biometric systems have shown great potential to identify individuals in varying affective states, with minimal studies it could be considered promising, but their implementation in real-world settings introduces several practical challenges. First, emotional variability can significantly alter EEG patterns, reducing intrasubject consistency and affecting the accuracy of identification [70]. Furthermore, wearability and user compliance remain critical issues: most EEG systems require uncomfortable electrodes or headsets, limiting their daily usability [102]. Moreover, EEG signals are susceptible to physiological and environmental noise, such as muscle artifacts, eye movements, and ambient electrical interference, which are harder to control outside laboratory conditions [103]. Session-to-session variability, caused by changes in electrode placement or the user's mental state, also affects reproducibility [104]. Beyond technical concerns, ethical and privacy considerations arise from the fact that EEG signals can reveal both identity and cognitive or emotional states, raising concerns about consent and potential misuse [105]. In this context, federated learning has emerged as a promising strategy to address data privacy while allowing collaborative training between users or institutions without exposing raw EEG data [106]. However, even this approach requires careful consideration of communication costs, system heterogeneity, and model convergence in diverse emotional and behavioral conditions. All the issues shown are relevant for the widespread use of EEG signals as a real alternative to PI

4.5. Ethical Considerations

The deployment of EEG-based emotion recognition systems entails significant ethical considerations, particularly concerning managing and privacy of emotional data derived from individuals' unique and sensitive brain patterns. Such data could be misused to manipulate or influence individuals without their explicit consent, leading to risks of exploitation, discrimination, and mass surveillance. Therefore, it is essential to implement robust data protection measures, including anonymization and encryption, and establish clear regulatory frameworks defining acceptable uses of these technologies [17,107]. Biometric data, including EEG-derived information, is governed by various national and international regulations to protect individual privacy and rights. For instance, the European Union's General Data Protection Regulation (GDPR) classifies biometric data as sensitive personal information. It imposes strict requirements for its processing, including obtaining explicit consent from individuals and restricting data use to legitimate, specified purposes. Similarly, the California Consumer Privacy Act (CCPA) recognizes neural data as sensitive personal information, subjecting it to stringent data protection obligations. At the international level, frameworks such as the United Nations Guiding Principles on Business and Human Rights provide ethical guidelines to prevent the misuse of biometric technologies. Adhering to these regulations safeguards users and fosters trust in developing innovative EEG-based technologies, promoting their responsible adoption and mitigating negative social consequences, such as emotion-based discrimination or mass surveillance [108,109].

5. Conclusions and Future Work

EEG-based biometric identification and emotion recognition face multiple challenges that impact their effectiveness and practical application. For biometric identification, a primary difficulty lies in the high variability of EEG features across sessions for the same individual, which complicates consistent identification [27]. Additional challenges include limitations related to the number of channels and temporal windows used and the risk of overfitting in deep learning models [35]. The complex data collection and computational requirements inherent in multi-channel EEG setups further complicate the deployment of these systems [31]. Moreover, identifying robust features from non-stationary EEG signals that are sufficiently discriminatory remains a significant hurdle [34], along with fundamental concerns around privacy, user-friendliness, and authentication standards [110]. Similarly, EEG-based emotion recognition encounters unique obstacles, particularly due to the variability of EEG signals between individuals, which challenges model generalization across unseen subjects [111]. Issues in data processing, generalizability, and the integration of these models into human-computer interaction frameworks present further difficulties [112]. The neural complexity of emotions and individual differences add another layer of complexity to emotion recognition models [113]. Furthermore, the use of single features, redundant signals, and the high number of channels required for effective recognition limit the accuracy and portability of these systems [114]. The feature redundancy and computational demands complicate implementation in wearable devices, underscoring the need for efficient, channel-optimized solutions [115]. In this context, emotion-aware biometric identification emerges as an innovative yet challenging approach, aiming to integrate emotional states into biometric systems to enhance robustness and adaptability. These systems could achieve more accurate and personalized identification by incorporating emotion recognition, especially in dynamic environments. However, achieving reliable emotion-aware biometric identification requires addressing additional challenges, such as emotional variability across sessions and individual differences in emotional expression. Future research should focus on optimizing feature selection methods to manage both the non-stationary nature of EEG signals and the influence of transient emotional states. Computers **2025**, 14, 299 20 of 25

Developing lightweight, high-performance models that integrate biometric and emotional data could open new avenues for secure, adaptive identification systems, particularly in applications where user engagement and real-time adaptability are critical.

Additionally, it is important to highlight that emotions are not the only factors significantly influencing biometric identification from EEG signals. Therefore, future work should consider multiple contextual elements that may affect the dynamics of EEG signals, such as the individual's health status, the presence of neurological or psychiatric disorders, the level of fatigue, substance use, age [45], and even environmental factors such as noise or lighting. Ignoring these sources of variability could compromise the robustness and generalization of identification models, so future research should consider these aspects to develop systems that are more resilient and adaptive to the diversity of human conditions. Finally, future research should further explore the integration of transformer-based models and federated learning in EEG-based biometric systems. These techniques offer considerable advantages in terms of accuracy, robustness to emotional and contextual variability, and data privacy. Transformer architectures are especially well suited for capturing complex temporal and spatial dynamics in EEG signals, while federated learning provides a secure and scalable framework for training models across distributed datasets. Combining these methods could pave the way for highly adaptable and ethically responsible biometric identification systems suitable for real-world deployment.

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