

Assessment Record



Student 118966 - Jaspreet Kaur
Intake 2021 VIC CA C4AS MASTER - VIC 2021_Certificate IV in Ageing Support
Assessment CHCAGE004 - 2; Assessment Workbook - Implement Interventions with Older People at Risk
Revision 3
Attempt # 1

Status Submitted

Assessed By

Information

GENERAL INFORMATION ABOUT THIS ASSESSMENT WORKBOOK

Please review the attached Document

 [1_-Information-Regarding-this-Assessment-Tool-V1_0-Mar20.pdf](#)

INSTRUCTIONS TO STUDENTS – HOW TO USE THIS TOOL

Please review the attached Document

 [2_-Instructions-to-Students-_-How-to-use-this-Tool-V1_0-Mar20.pdf](#)

STUDENTS PLEASE NOTE:

- Your suitability for this program has been determined at your Pre Training Review and again at Enrolment. If at any point you feel that this program is not suitable you are able to withdraw at any time. If this is the case please notify your trainer.
- A zero tolerance to cheating and plagiarism is taken with InterCare Training.
- If you the student are found to have cheated on any forms of assessment, including plagiarism of another's work, you will be required to re-sit an alternative assessment under the supervision of an assessor to confirm competence in this unit.
- You must satisfy the requirements for competency within this Assessment Workbook to achieve a competency outcome.

It is highly recommend that you keep a copy of all assessment work that you submit.

Evidence provided by you is retained for our records and not returned to you.

INDIVIDUAL ASSESSMENT MODES

The attached documentation provides information relating to the assessment.

Please review the attached Document

 [3_-Individual-Assessment-Modes-V1_0-Mar20.pdf](#)

LEARNING GUIDES

Primary resource, Please review the attached document

 [CHCAGE004-Implement-interventions-with-older-people-_-Resource-_-IC.pdf](#)

POWERPOINT PRESENTATION

 [CHCAGE004-Implement-Interventions-with-Older-People-at-Risk-_-PowerPoint-Presentation.pdf](#)

STUDENT ASSESSMENT DECLARATION

- ☒ I have undertaken sufficient activities within this unit of competency and I am ready to attempt the assessment required to demonstrate competency.
- ☒ I understand the assessment framework and requirements that will be used by an Assessor to make a formal judgement of my competency
- ☒ The work that I have submitted in this Assessment Workbook is my own.
- ☒ I understand that it is my responsibility to make a copy of my Assessment Workbook and any additional assessment evidence for my own records prior to submitting to my Assessor for marking.
- ☒ I understand the re-assessment process that will be followed if I am unsuccessful in gaining a satisfactory result in the required Assessment Modes.

Student Declaration

Please tick the box below to confirm all of the information above

- ☒ I confirm all of the above

Student Signature

If able please sign below:



ASSESSMENT MODE ONE

Assessment Mode Instructions:

Carefully read the assessment task requirements detailed below and complete as instructed. Completed Project and the required work sample evidence will need to be attached in the required section of this assessment.

Please ask your Assessor to clarify if needed.

The following Assessment tasks are individual assessment and **no group work is permitted**.

Assessment extensions can **only** be authorised by your Trainer.

Upon completion of this Assessment Mode's requirements, the Assessor must complete and sign the Assessment Mode Record of Result.

Student is also required to sign to confirmation feedback and understanding of Assessment outcome.

Assessment Task 1:

1.

What are the major issues, trends and policies relating to the health and wellbeing of older people? List 5.

The required response is 5 detailed answers

1. Physical changes and increased vulnerability to chronic health conditions are often seen as the hallmark of ageing and can significantly impact older people's psychological and social well-being.
 2. Health problems may limit older people's mobility, thereby narrowing their social contact and potentially precipitating mental health problems.
- Health and well being policies are -
1. National Disability Service Standards
 2. Community Care Common Standards
 3. Aged Care Standards
 4. The National Standards for Mental Health Services
 5. Accreditation Standards

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

2.

List the eight (8) major risk areas for the ageing population and provide a brief description of each.

The required response is 8 examples and a brief description of each.

Example 1:

Please provide an example and a brief description.

Risk of stroke - As we get older, our arteries naturally become narrower and harder. They are also more likely to become clogged with fatty material, known as atherosclerosis.

Example 2:

Please provide an example and a brief description.

Risk of Overdose Medication - The elderly population is at great risk for medication-related problems as a result of age-related physiological changes, the presence of multiple chronic diseases and conditions, and the types and numbers of prescription and nonprescription medications they consume.

Example 3:

Please provide an example and a brief description.

Isolation - Older adults are at increased risk for loneliness and social isolation because they are more likely to face factors such as living alone, the loss of family or friends, chronic illness, and hearing loss. Loneliness is the feeling of being alone, regardless of the amount of social contact.

Example 4:

Please provide an example and a brief description.

Abuse - Individual level characteristics which increase the risk of becoming a victim of abuse include functional dependence/disability, poor physical health, cognitive impairment, poor mental health.

Example 5:

Please provide an example and a brief description.

Financial Risk - These older adults struggle with rising housing and health care bills, inadequate nutrition, lack of access to transportation, diminished savings, and job loss.

Example 6:

Please provide an example and a brief description.

Risk of force - It can happen when anything is handled very hard which can cause injury to client and care worker both.

Example 7:

Please provide an example and a brief description.

Risk of Independence - The loss of independence includes poor mental health, poor physical health, social isolation, no longer leaving the home, an unsuitable environment, unsuitable living conditions, and few resources.

Example 8:

Please provide an example and a brief description.

Losses - relationships, independence, work and income, self-worth, mobility and flexibility

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

3.

What are standardised tools for risk assessment and the management and monitoring of risks?

The suggested response is approximately 30 – 50 words or 3 – 5 detailed bullet points

Recognised assessment tools are used to record and promote each person's health and well being. Assessment tools are developed by the support workers, with their supervisors and other health professionals, to ensure the right tool is being used to gather the right data that will assist the older person to identify their particular health risk. Norm, Competency, Strength, Domain based assessment methods are included in this assessment. Depending on the strategy the older person will be monitored to indicate the level of success and progress being made.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

4.

What tensions may exist between an individual's rights and an organisation's responsibility to individuals?

The suggested response is approximately 30 – 50 words or 3 – 5 detailed bullet points

If someone smoking in non designated area then it will create a tension between that person and organisation and If something important is missed and not highlighted or processed on time due to lack of communication then it can also create a tension between individual's right and organisations's responsibility to individuals.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

5.

List the documentation requirements and explain the importance of accurately detailed records in relation to risk assessment of an older person.

The suggested response is approximately 30 – 50 words or 3 – 5 detailed bullet points

Some of the documentation requirements are documenting in care plan, progress notes, behaviour chart, risk assessment, commutative assessment and Incident report. The importance of detailed records is to maintain the good source of communication, for the assessment, continuity of care, shared knowledge, legal requirements, Continuous quality Improvement, Funding and physical evidence.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

6.

What are the legal and ethical considerations for working in aged care? Provide a brief explanation of each.

The suggested response is approximately 3 – 5 considerations and an explanation of each

Duty of care - It describes a situation where you have a responsibility to maintain the health, safety and well-being of others, and can include such issues as providing safe working conditions and offering constructive feedback.

Consent - You have to make sure that you will not do anything without the consent of the client otherwise it will create a trouble.

Privacy and confidentiality.

Legal requirements - safe and high quality care and services. be treated with dignity and respect. have your identity, culture and diversity valued and supported. live without abuse and neglect.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

Assessment Task 2:

Develop relationships with older people

Margaret is 75 years old and has been living at home with the assistance of Jill her daughter. Six months ago Margaret lost her husband of 58 years and has become withdrawn and very anxious about living on her own. Jill calls into see her mum every night on the way home from work and she recently found Margaret on the floor in the bathroom. She had fallen after showering that morning.

Margaret's home is 50 years old and in the original condition. It has steps at the front and back entrances and the shower is positioned over the bathtub. The separate toilet is in a very small space.

Jill and her sister are very concerned with Margaret's deteriorating mental health and the risks of her living on her own. They have contacted 'My Aged Care' (<https://www.dss.au>) to assist with an assessment of Margaret and the level of care she now requires to remain living at home.



1.

What information would need to be provided to Margaret and how would you encourage her participation?

The suggested response is approximately 20 – 40 words or 2 – 5 detailed bullet points

I would let her know that I am here to help her and I will encourage her to get engage in activities which she can do without moving much and still enjoy.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

2.

When communicating with Margaret what would you need to consider?

The suggested response is approximately 20 – 40 words or 2 – 4 detailed bullet points

I would need to consider her mental state as she lost her husband few months before and it will be hard for her to live life without her partner. Also, I would have to consider her mobility issue due to fall in bathroom and also have to consider her mental state.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

3.

Who would you need to confirm assessment requirements with and why?

The suggested response is approximately 20 – 40 words

I can confirm assessment requirements with my manager, supervisor or the management.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

4.

How would you identify the factors in Margaret's situation that affect the level of risk?

The suggested response is approximately 20 – 40 words

I will observe the client behaviour to know what she is feeling by living in a old home and how she reacts when someone mention about her husband. I will also do the risk assessment for the home which is necessary to check for the safety of the Margaret.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

5.

Who would you need to refer to for assistance to ensure all of Margaret's needs and issues were addressed?

The suggested response is approximately 30 – 50 words or 3 – 5 detailed bullet points

I can refer to my team leader, her daughter, I can check age care assessment plan and also can review the age care assessment services.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

6.

Explain your role, responsibilities and accountability.

The suggested response is approximately 30 – 50 words or 3 – 5 detailed bullet points

My role is to provide the proper care to the client as per their care plan and needs by following the policies and procedures. I am accountable for everything which will happen to client during my duty so I need to make sure every thing can be done following the rules.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

7.

Once the appropriate strategy has been implemented for Margaret how would the effects be monitored?

The suggested response is approximately 20 – 40 words or 2 – 4 detailed bullet points

I will document that situation and then will keep observing to see if there is any progress and will keep updating in progress notes. I will also ask to family or her daughter for the feedback.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

8.

Why is it necessary to monitor the outcomes?

The suggested response is approximately 20 – 40 words or 2 – 4 detailed bullet points

It is really very important to monitor the outcomes because we need to make sure that the strategies we used are working. If they are not working then we need to replace them with new strategies.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

9.

Who would you need to involve in discussions and why is this feedback required?

The suggested response is approximately 30 – 50 words

It is important to include client, family members and supervisor in discussions because they can give you the clear information about what is going on and what needs to be improve.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

10.

What documentation is needed and why?

The suggested response is approximately 30 – 50 words

Care Plan. Progress notes, risk assessment and Incident report is required.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

Assessment Task 3:

Risk Assessment



1.

Consider the Scenario about 75 year old Margaret in **Assessment Task 2**. Identify and detail the issues and risks.

The suggested response is approximately 50 – 100 words or 5 – 10 detailed bullet points

The potential risk to her is risk of fall from stairs as the steps are very old and due to her age she is not able to properly use them. It is the responsibility of the supervisor and occupational therapists to consider this high risk while assessing her. Another high risk is that she may feel withdrawn because of her husband death and it is important to consider this by GP, family and supervisor. Small toilet is the other risk in her old house which needs a modification and it needs to be considered by supervisor, family and my age care team. Mental health deterioration is the other major risk to her health which needs to address during her care plan. Living alone is risky for her considering all the issues and she needs a professional advise to get proper help.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

2.

Complete the attached Risk Assessment Form

You may complete either a PDF or Word.doc version only one (1) version needs to be completed

 [CHCAGE004-Risk-Assessment-Form_-_EDITABLE-PDF.pdf](#)

3.

Attach your completed copy of the Risk Assessment Form

 [CHCAGE004_Risk_Assessment_Form___EDITABLE_PDF.pdf](#)

20/05/2022 21:12

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

20/05/2022 21:24

Risk minimisation strategies

Rowan is an elderly Sri Lankan man who has Alzheimer's disease. Due to his deteriorating condition he was placed in an Aged Care Facility by his daughter 12 months ago. His care team find him increasingly wandering around in and out of other client's rooms in a very agitated state.

1.

Identify the risks in Rowan's Case Study.

The suggested response is approximately 30 – 50 words or 3 – 5 detailed bullet points

Risk of harm to others and him, risk of falls, risk of lost, risk of isolation due to language barrier.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

2.

Explain the options to minimise the identified risks in this situation.

The suggested response is approximately 30 – 50 words or 3 – 5 detailed bullet points

All the risks can be documented and then can be reported to the team leader or supervisor to monitor the issues. Risk assessment of client can be done to see the level of risk and to find out the solution to avoid those risks.

Assessors Comments (* if applicable)

-

3.

How would the care team work with Rowan to meet his safety needs and those of others?

The suggested response is approximately 30 – 50 words or 3 – 5 detailed bullet points

By reviewing his care plan, by accommodating his current complex needs, by engaging him in activities what he likes and by using sighting chart or wandering chart.

Assessors Comments (* if applicable)

-

4.

What other factors would the care team need to consider?

The suggested response is approximately 20 – 40 words or 1 – 2 detailed bullet points

Care team needs to consider his feeling and then try to consolidate him. It should be need to consider that he will not feel alone so we need to make sure to communicate with him properly. We also need to consider any changes in behaviour to keep the record of his health and any changes.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

5.

How would the effects of implemented strategies be monitored?

The suggested response is approximately 20 – 40 words or 3 – 5 detailed bullet points

It can be monitored by observing his emotional state, by comparing his notes, his movements, by observing progression and his body language.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

6.

Detail the organisational policy and procedures that would need to be adhered to.

The suggested response is approximately 30 – 50 words or 3 – 5 detailed bullet points

Privacy and confidentiality, Duty of care, Infection control and human rights.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

Assessment Complete

Well Done!

**You have now completed
all the Assessment Tasks
in this workbook.**

**Your Trainer will advise
you on the next step in
completing your course.**

Please note that the following pages in this workbook are
Work Sample Evidence, Reasonable Adjustment,
Feedback on the Assessments and Overall Mode One
Assessment Outcome, these are only to
be completed if required.

**Please click below to save and
submit this workbook.**

Evidence Upload for Work Sample

Here you are able to upload evidence of your work sample, this can be photographs, video or audio evidence along with any file required.

-

Work Sample Evidence

Please identify the evidence that you upload in the table below

Attachment Number	Attachment Description	Attached Yes	Attached No
1.	-	<input type="checkbox"/>	<input type="checkbox"/>
2.	-	<input type="checkbox"/>	<input type="checkbox"/>
3.	-	<input type="checkbox"/>	<input type="checkbox"/>
4.	-	<input type="checkbox"/>	<input type="checkbox"/>
5.	-	<input type="checkbox"/>	<input type="checkbox"/>

Students Comments

-

Assessors Comments (* if applicable)

-

Reasonable Adjustment Information

Reasonable Adjustment Information

Reasonable Adjustment details applied to this student

Confirmation of verbal responses if required

☐ I declare that the student and I have verbally answered, clarified and provided the responses as listed above.

Verbal Response Upload

A audio recording along with any support evidence if required can be uploaded to the training record here.

-

What reasonable adjustment was made:

-

Why this adjustment was made:


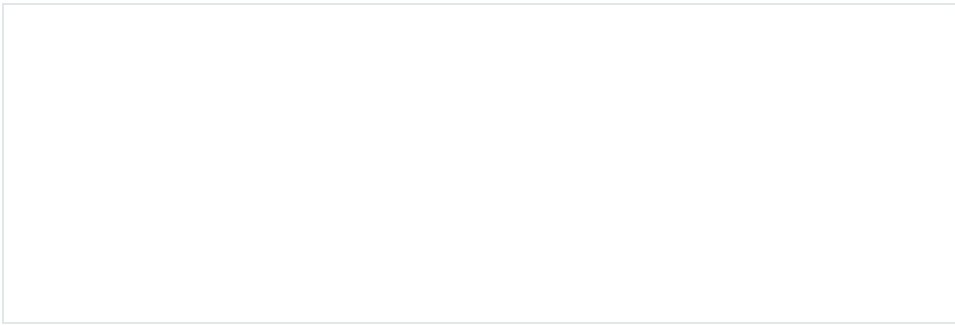
-

Assessor Declaration

☐ I confirm that the reasonable adjusts have been made as listed above.

Assessor Signature

If able please sign below:

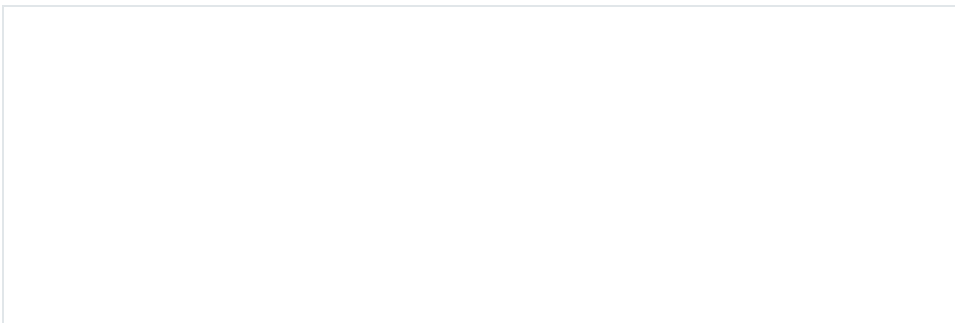


Student Declaration

☐ I agree with the reasonable adjustment made as listed above and I was consulted in the adjustments made to suit my individual needs.

Student Signature

If able please sign below:



Feedback on the Assessments

Feedback Form Instructions:

In an effort to continuously improve our Assessments, please feel free to document any feedback or suggestions you may have.

This feedback will be used by our programs and quality teams for further review and consideration.

Feedback:

-

Overall Mode One Assessment Outcome

Assessment Guide

Assessment Guide	
Satisfactory Outcome	The Assessor has reviewed the Assessment Workbook against the requirements of the Assessment Mode and is satisfied that all requirements have been met.
Not Satisfactory Outcome	The Assessor has reviewed the Assessment Workbook against the requirements of the Assessment Mode and is not satisfied that all requirements have been met.

Student Instructions

You are able to SAVE this assessment if required and this will allow you continue to make changes,

Once complete please SUBMIT this assessment.

Overall Assessment Outcome

None