

Assessment Record



Student 118966 - Jaspreet Kaur
Intake 2021 VIC CA C4AS MASTER - VIC 2021_Certificate IV in Ageing Support
Assessment CHCAGE001 - 2; Assessment Workbook - Facilitate the Empowerment of Older People
Revision 4
Attempt # 3

Status Submitted

Assessed By

Information

GENERAL INFORMATION ABOUT THIS ASSESSMENT WORKBOOK

Please review the attached Document

 [1_-Information-Regarding-this-Assessment-Tool-V1_0-Mar20.pdf](#)

INSTRUCTIONS TO STUDENTS – HOW TO USE THIS TOOL

Please review the attached Document

 [2_-Instructions-to-Students-_-How-to-use-this-Tool-V1_0-Mar20.pdf](#)

STUDENTS PLEASE NOTE:

- Your suitability for this program has been determined at your Pre Training Review and again at Enrolment. If at any point you feel that this program is not suitable you are able to withdraw at any time. If this is the case please notify your trainer.
- A zero tolerance to cheating and plagiarism is taken with InterCare Training.
- If you the student are found to have cheated on any forms of assessment, including plagiarism of another's work, you will be required to re-sit an alternative assessment under the supervision of an assessor to confirm competence in this unit.
- You must satisfy the requirements for competency within this Assessment Workbook to achieve a competency outcome.

It is highly recommend that you keep a copy of all assessment work that you submit.

Evidence provided by you is retained for our records and not returned to you.

INDIVIDUAL ASSESSMENT MODES

The attached documentation provides information relating to the assessment.

Please review the attached Document

 [3_-Individual-Assessment-Modes-V1_0-Mar20.pdf](#)

LEARNING GUIDES

Primary resource, Please review the attached document

 [CHCAGE001-Facilitate-the-empowerment-of-older-people-_-Resource-_-IC.pdf](#)

POWERPOINT PRESENTATION

 [DOCID_MISC021_-PPT-CHCAGE001.pdf](#)

STUDENT ASSESSMENT DECLARATION

- ☒ I have undertaken sufficient activities within this unit of competency and I am ready to attempt the assessment required to demonstrate competency.
- ☒ I understand the assessment framework and requirements that will be used by an Assessor to make a formal judgement of my competency
- ☒ The work that I have submitted in this Assessment Workbook is my own.
- ☒ I understand that it is my responsibility to make a copy of my Assessment Workbook and any additional assessment evidence for my own records prior to submitting to my Assessor for marking.
- ☒ I understand the re-assessment process that will be followed if I am unsuccessful in gaining a satisfactory result in the required Assessment Modes.

Student Declaration

Please tick the box below to confirm all of the information above

- ☒ I confirm all of the above

Student Signature

If able please sign below:



ASSESSMENT MODE ONE

Assessment Mode Instructions:

Carefully read the assessment task requirements detailed below and complete as instructed. Completed Project and the required work sample evidence will need to be attached in the required section of this assessment.

Please ask your Assessor to clarify if needed.

The following Assessment tasks are individual assessment and **no group work is permitted**.

Assessment extensions can **only** be authorised by your Trainer.

Upon completion of this Assessment Mode's requirements, the Assessor must complete and sign the Assessment Mode Record of Result.

Student is also required to sign to confirmation feedback and understanding of Assessment outcome.

Assessment Task 1:

Research the key issues facing older people



1.

What is your understanding of positive, active and healthy ageing?

The suggested response is approximately 30 - 50 words or 3 – 5 detailed bullet points

Active ageing is a term used to describe the maintenance of positive subjective well-being, good physical, social and mental health and continued involvement in one's family, peer group and community throughout the ageing process.

Healthy ageing is an individual lived experience that is influenced by healthy behaviours over the course of a lifetime, including good nutrition, physical activity, access to high-quality healthcare and social engagement. The intent to age well should be fostered early in life.

The concept of positive ageing is about making the most of the benefits of being old and keeping a good attitude about life.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

2.

What are rights-based approaches?

The suggested response is approximately 30 - 50 words or 3 – 5 detailed bullet points

A rights-based approach develops the capacity of duty-bearers to meet their obligations and encourages rights holders to claim their rights.

Governments have three levels of obligation: to respect, protect and fulfil every right. To respect a right means refraining from interfering with the enjoyment of the right.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

3.

Explain person-centred practice

The suggested response is approximately 30 - 50 words or 3 – 5 detailed bullet points

Person-centred practice puts the person at the centre of everything we do. It recognises that every patient is a unique and complex person. It respects their needs and preferences and the knowledge they bring about their health and healthcare needs.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

4.

What is consumer directed care?

The suggested response is approximately 30 - 50 words or 3 – 5 detailed bullet points

Consumer Directed Care (CDC) is an approach to the planning and management of care which allows consumers and carers more power to influence the design and delivery of their services, and allows them to exercise a greater degree of choice in what services are delivered, when and where.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

5.

Provide an example of a palliative approach

The suggested response is approximately 30 - 50 words or 3 – 5 detailed bullet points

Palliative care is 'an approach that improves the quality of life of patients and their families facing the problems associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

6.

Explain the empowerment and disempowerment of older people.

The suggested response is approximately 30 - 50 words or 3 – 5 detailed bullet points

Empowerment also determines ability to extend opportunity and to enhance capabilities. Dis empowerment is closely connected to the denial of human rights, which is linked to loss of autonomy.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

7.

What is re-ablement?

Detail two (2) effective re-ablement strategies.

The suggested response is approximately 20 – 40 words and two (2) detailed examples

Re-ablement is a planned approach to community care and services for older people that aims to help them re-establish daily living skills and community connections through a time limited, goal-oriented program. Effective re-ablement strategies Service delivery that enables active (not passive) engagement in meaningful activities and Supporting and enabling positive risk-taking to maximise independence.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

8.

Explain the ageing process and the related physiological and psychological changes, including sexuality and gender issues.

The suggested response is approximately 50 – 100 words or 6 – 8 detailed bullet points

Physiological changes occur with ageing in all organ systems. The cardiac output decreases, blood pressure increases and arteriosclerosis develops. The lungs show impaired gas exchange, a decrease in vital capacity and slower expiratory flow rates. Studies have indicated that while overall for both genders there is a decline in sexual activity with age, sexual activity, sexual interest and the quality of sexual life appear to be consistently higher in men compared to women. 3 these gender differences increase with age.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

9.

When working with older people there are several considerations that must be adhered to.

Detail your understanding of the following:

The suggested response is approximately 30 - 50 words per section

a) Codes of practice

A code of practice is a practical guide on how to comply with the legal duties under the Work Health and Safety (WHS) Act and Regulations.

b) Discrimination

Discrimination is the unfair or prejudicial treatment of people and groups based on characteristics such as race, gender, age or sexual orientation. That's the simple answer.

c) Dignity of risk

Dignity of risk refers to the concept of affording a person the right (or dignity) to take reasonable risks, and that the impeding of this right can suffocate personal growth, self-esteem and the overall quality of life.

d) Duty of care

Duty of care describes a situation where you have a responsibility to maintain the health, safety and well-being of others, and can include such issues as providing safe working conditions and offering constructive feedback.

e) Human rights

Human rights are rights inherent to all human beings, regardless of race, sex, nationality, ethnicity, language, religion, or any other status. Human rights include the right to life and liberty, freedom from slavery and torture, freedom of opinion and expression, the right to work and education, and many more.

f) Privacy, confidentiality and disclosure

An important part of understanding disclosure of health information is within the topic of giving consent. When privacy limitations have been placed on confidential information, being able to determine the information that is confidential and the information that is not is necessary.

g) Work role boundaries – responsibilities and limitations

Professional boundaries are those rules and limits that prevent the lines between carer and client from becoming blurred. Professional boundaries are set by legal, ethical and organisational frameworks to maintain a safe working environment for both the client, but also the caring staff too.

h) Work health and safety

Work health and safety (WHS) – sometimes called occupational health and safety (OH&S) – involves the management of risks to the health and safety of everyone in your workplace. This includes the health and safety of anyone who does work for you as well as your customers, visitors and suppliers.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

Assessment Task 2:

Develop relationships with older people

Melanie has been Betty's carer for 12 months. Betty is still living alone and needs to do her own home cleaning, cooking and washing. Melanie visits her once a week so that she can support Betty with shopping and other errands on an as-needs basis. Melanie has met Betty's two daughters who live in the country several hours drive away.

Usually Betty goes with Melanie to undertake the shopping and other tasks. This week however Betty felt unwell and asked Melanie to do the shopping without her. This is becoming a more frequent occurrence and Melanie has been recording and reporting changes in Betty's health over the past few months.

Recently Betty's daughter was visiting on a day when Melanie came, when Betty left the room. Melanie discussed her concerns with Betty's daughter. She has also discussed Betty's apparently worsening health situation with her supervisor. At the supervisor's request Melanie is calling in for an extra visit to Betty to assess how she is progressing.



1.

Explain if Melanie acted in a manner that promotes Betty's empowerment and maintains her trust or should she have acted differently?

The suggested response is approximately 20 - 40 words

No, Melanie not acted in manner which promotes Betty's empowerment's and she also not maintained her trust because she shared about her with her daughter and supervisor without Melanie's consent. She has acted differently as she has not done anything which empowers Betty.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

2.

What is required to maintain Betty's confidentiality and privacy?

The suggested response is approximately 15 – 30 words

It is the responsibility of the Melanie or every carer to get the consent from client before speaking to supervisor or their family members.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

3.

What are the factors affecting Betty's quality of life?

How should Melanie work with Betty to address these factors?

The suggested response is approximately 30 - 50 words or 3 – 5 detailed bullet points

Betty is living alone due to which it is getting difficult for her to do daily house chores such as home cooking, cleaning and washing. All these daily works creating issues for Betty such as she started feeling unwell continually due to age. Her health situation is worsening day by day. Melanie should speak to Betty to discuss about changes in her health and how she can take steps to improve it. As a carer Melanie should discuss the factors with Betty which can empower her to live life independently and also she can take her consent to talk to the supervisor or family to discuss possible options to improve her health.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

4.

Identify services that will meet Betty's changing needs and support her preference to remain at home.

The suggested response is approximately 30 - 50 words or 3 – 5 detailed bullet points

Melanie can start visiting Betty's home more regularly to provide her help with daily living chores so that she can not feel tired and get unwell due to stress of too much work. Melanie can also encourage her to involve in the social activities so that she cannot feel alone which can also improve her health. If her daughters start visiting her more often than also she will feel good and not feel alone. So we need to take the steps to ensure that she will not feel alone.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

5.

What activities of daily living will be affected with age?

The suggested response is approximately 20 - 40 words or 2 – 4 detailed bullet points

Shopping, Cooking, Laundry, Cleaning and engagement in social activities will be decreased with the increase in age.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

6.

List changes that might need to be done in Betty's home for her to be able to stay safely longer in her home.

The suggested response is approximately 6 – 10 bullet points

1. Due to her current health situation she needs someone to be around her most of the time.
2. She needs an encouragement to believe in herself.
3. It is essential to make sure that electrical cords at her home are working properly to avoid any injury.
4. It is important to check all the floors and tiling to ensure that she will not fall.
5. Ensure that she can easily reach to the cupboards in the kitchen to take things so that she cannot get any injury.
6. Make sure that her bathroom, kitchen and laundry taps are working properly to avoid the risk of leakage in the home.
7. Check that she can easily walk around the house and floor is in one smooth position only and not ups and downs so that she will not fall.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

7.

Explore and list five (5) services that are available in your community to encourage older people to develop/maintain healthy lifestyle practices.

The required response is five (5) community services

1. respite care.
2. carer assistance.
3. dementia support programs.
4. transport assistance.
5. home help.
6. information services.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

Assessment Task 3:

Profile of the Aged Care Sector



Look up 'Living Longer Living Better' on the internet.

1.

Briefly write, what you understand the aims and principles for this strategy to be.

The suggested response is approximately 50 words or 5 detailed bullet points

The Living Longer, Living Better 10 year plan, introduced with bipartisan support in 2013, extends the support and care options for older people wanting to stay in their own home, and makes residential care more accessible and affordable. The Aged Care Financing Authority has been asked to specifically monitor the impact of the reforms on aged care providers in rural and remote areas. The Living Longer, Living Better reforms seek to increase the capital available to aged care providers to meet the higher cost of establishing, extending and refurbishing residential aged care facilities.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

2.

Outline in your own words one of the key characteristics and how this strategy will help meet the rise in numbers (demographic changes), of older persons in Australia over the next 15 years.

The suggested response is approximately 30 - 50 words or 3 – 5 detailed bullet points

The demographic hump of the baby boomer generation means that the number of people over 65 is estimated to increase from three million to five million. The proportion of people aged over 65 is expected to double between 2001 and 2051, to around 24 percent of the population. As the ageing population increases we can expect an increase in the cost of income support, e.g; pensions, health care services and more.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

Assessment Task 4:

Legal and ethical considerations for working with older people



1.

List the common care standards, legislations and guidelines that detail the services offered by PCA's.

The suggested response is approximately 6 – 10 bullet points

1. Consumer dignity and choice. What this means for you.
2. Ongoing assessment and planning. What this means for you.
3. Personal care and clinical care.
4. Services and supports for daily living.
5. Organisation's service environment.
6. Feedback and complaints.
7. Human resources.
8. Organisational governance.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

2.

List five (5) things you must comply with as a support worker, PCA to ensure you follow your legal responsibilities and organisational expectations.

The required response is five (5) examples

1. The ability to use empathy.
2. Patience.
3. The ability to show respect.
4. A happy and cheerful demeanour.
5. The ability to remain calm under pressure.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

3.

List what may occur if you did not comply with these requirements.

The suggested response is approximately 30 - 50 words or 6 – 10 bullet points

When a serious breach occurs, the employer may face consequences, including monetary penalties. This creates an incentive for employers to comply with all applicable health and safety laws. It is up to the employer to determine whether the employee should be dismissed for non-compliance.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

Assessment Task 5:

Support the rights of older people




Obtain a copy of the Charter of Care Recipients' Rights and Responsibilities - Residential Care.

Read it and attach to the evidence upload point.

Evidence Upload

You are able to upload audio, video, photographic and any other evidence here, if required.

 [charter_of_care_recipients_rights_responsibilities___residential_care.pdf](#)

29/06/2022 14:25

1.

How might you assist a client to participate in decision making about the services they receive in Aged care?

The suggested response is approximately 30 - 50 words or 2 – 4 detailed bullet points

To make the decision. Keep the information only to what is needed. Describe any foreseeable risks and benefits in practical terms. If there are options, give the information about the choices in a clear and balanced way.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

04/07/2022 15:30

2.

How might you encourage this action?

The suggested response is approximately 30 - 50 words or 2 – 4 detailed bullet points

1. Choosing a time when they are less tired, such as earlier in the day.
2. Choosing a place where they can relax and feel comfortable and safe.
3. Taking time to give them the information they need to make an informed decision – this may involve explaining things in plain English or in their own language through an interpreter.
4. Asking them what they want and don't tell them what to do.
5. Listening to them and respecting their choices even if you don't agree.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

3.

Read the following situations and select the examples that you think indicate abuse and or neglect.

EXAMPLE	YES	NO/UNSURE
A staff member has a sexual relationship with a resident in the aged care home	<input checked="" type="checkbox"/>	<input type="checkbox"/>
A person who has to be assisted with his meal takes a long time to eat. Staff decide to leave this task for the next person as they are hungry and want to go on lunch break	<input checked="" type="checkbox"/>	<input type="checkbox"/>
A person who is a high falls risk keeps getting out of their wheelchair so staff use a strap to keep the person from getting up	<input checked="" type="checkbox"/>	<input type="checkbox"/>
A person can be difficult letting staff remove their dentures for cleaning. So staff just don't bother at all	<input checked="" type="checkbox"/>	<input type="checkbox"/>
A person with challenging behaviours (repetitive verbal outbursts) is given a sedative every day so that staff don't have to deal with the noise	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Staff continually ignore a person's request for the toilet as the person requests to go every half hour and they only went an hour ago	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Assessors Comments (* if applicable)

one of your answers needs to be corrected please Jaspreet.

None

✓ Satisfactory

✗ Not Satisfactory

4.

Briefly write two (2) examples of each of the following types of abuse and explain what 2 of the signs of this abuse may be.

The required response is two (2) detailed examples per type of abuse

a) Physical abuse:

Signs of Physical Abuse are Bruises, Broken or fractured bones, or evidence of old fractures, Burns or scalds, particularly to the feet or the bottom, Lacerations to the body or mouth and Bite marks. Physical abuse includes beating, punching, kicking or the use of objects or weapons.

b) Sexual abuse:

Sexual abuse is unwanted sexual activity, with perpetrators using force, making threats or taking advantage of victims not able to give consent. Signs are injury to the genital or rectal area, (bruising, bleeding, discharge, inflammation or infection) injury to areas of the body such as breasts, buttocks or upper thighs. discomfort in urinating or defecating.

c) Emotional (or psychological) abuse:

Humiliation and Emotional Blackmail are the sign of emotional abuse. Some of the examples are Using guilt, Unrealistic expectations, Goads and blaming, Denying the abuse, Trivializing, Blaming you for their problems and Destroying and denying.

d) Financial abuse:

Possible indicators of financial or material abuse are Missing personal possessions, Unexplained lack of money or inability to maintain lifestyle, Unexplained withdrawal of funds from accounts, Power of attorney or lasting power of attorney (LPA) being obtained after the person has ceased to have mental capacity. Examples - Destroying, damaging or stealing property. Racking up debt on shared accounts or joint credit cards. Withholding financial support like child support payments. Refusing to work or contribute anything to the household income.

e) Neglect:

Signs of neglect are being smelly or dirty, being hungry or not given money for food, having unwashed clothes, having the wrong clothing, such as no warm clothes in winter and having frequent and untreated nappy rash in infants. Examples include not providing basic items such as food, water, clothing, a safe place to live, medicine, or health care.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

5.

If there was an incident or you were concerned with an instance of abusive or neglect, what process would you be required to follow?

The suggested response is approximately 30 - 50 words or 3 – 5 detailed bullet points

1. All staff has a duty to report abuse, assault or neglect immediately in accordance with their organisation's documented procedures.
2. All incidents and allegations of abuse are to be documented and reported to a manager.
3. Any concerned person can make a report or an allegation without fear of reprisal.
4. Services must respond promptly and appropriately to allegations in accordance with documented procedures.
5. Where the person provides consent, the relevant person responsible/guardian/support person is informed of the allegation of abuse.
6. Privacy and confidentiality must be assured.
7. Access to information, legal support, advocacy and counselling are to be provided.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

6.

Discuss how you would assist a client or their advocate to lodge a complaint.

The suggested response is approximately 30 - 50 words or 3 – 5 detailed bullet points

This can include providing assistance related to -

1. Legacy and language skills.
2. Cultural and linguistic backgrounds.
3. Physical, mental, cognitive and sensory abilities.
4. Let them know about the organisation procedures.
5. Let them know for their right.
6. Staff can help clients to communicate properly if they are facing issue.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

Assessment Task 6:

Research the structure and profile of the aged care sector



Consider the follow aspects and provide information explaining the structure and or profile relevant to the aged care sector.

1.

Residential aged care.

The suggested response is approximately 30 - 50 words

Residential aged care is for senior Australians who can no longer live in their own home. It includes accommodation and personal care 24 hours a day, as well as access to nursing and general health care services. We subsidise aged care homes to provide residential care to eligible people.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

2.

Home and community support

(The suggested response is approximately 30 - 50 words)

The Home And Community Care (HACC) Program aims to fund a range of basic support services to frail older people and younger people who have functional disabilities and live in the community. In recognition of the valuable role of carers of these people, HACC also funds a range of services which support carers.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

3.

Current best practice service delivery models

(The suggested response is approximately 30 - 50 words)

There are several current theories or ideas that drive the basic principles behind organisation policies and legislation.

Examples of these include:

Least restrictive alternative - It express the idea that if freedom and dignity of an individual is important, then the control over that individual's life by government or organisations should be limited.

Social justice - It is concerned with ensuring every member of society has equal rights, equal access to resources and equal participation in decision making.

Equity - It means have equal rights with every other person in society, regardless of background, gender, age, culture, status, colour, disability or sexual preference.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

4.

Relevant agencies and referral networks for support services.

(The suggested response is approximately 30 - 50 words or 3 – 5 detailed bullet points)

Doctors, Occupational therapists, physiotherapists, Social workers, Psychologists, Podiatrists, Orientation and mobility instructions, Audiologists, Employment consultants, TAFE teacher/consultants. As a worker in this industry it is vital to get to know the range of agencies out there so that you can give the best possible service to the person you are working with.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

Assessment Task 7:

Promote health and re-ablement of older people



1.

Explain the impact people's attitudes have when working with older people.

The suggested response is approximately 30 - 50 words or 3 – 5 detailed bullet points

Negative attitudes about ageing and older people also have significant consequences for the physical and mental health of older adults. Older people who feel they are a burden perceive their lives to be less valuable, putting them at risk of depression and social isolation.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

2.

How can you assist older people to recognize the impact that changes associated with ageing may have on their daily living?

The suggested response is approximately 30 - 50 words or 3 – 5 detailed bullet points

Each of the clients that you work with is an individual with their own personality, and life history. It is important in your role as a care worker, that you take into the account the individual preferences of each of the clients you work with. These preference can be find in their daily living areas such as - Communication, eating and drinking, mobility and transferring, grooming and personal hygiene. Difference in preferences can be found in accessing education and employment, accessing financial resources and allowances, paying bills, shopping, preparing meals and regular outings. To assist the clients it is important to understand the preferences, encourage the client, reading and writing and paying attention through observation. This information could be provided by consulting: their care plan, your supervisor, other care workers, their medical practitioners and family members.

Assessors Comments (* if applicable)

-

None

✓ Satisfactory

✗ Not Satisfactory

3.

How do you identify relevant opportunities and strategies to promote clients healthy lifestyle practices?

The suggested response is approximately 30 - 50 words or 3 – 5 detailed bullet points

1. Optimising mental and physical function - enabling people to remain as independent as possible in carrying out the routines of daily evening.
2. Managing chronic conditions - enabling people to effectively manage conditions caused by injuries or diseases, by facilitating self-care and independence and using collaborative approaches with professionals and caregivers.
3. Engaging with Life - enabling people to have meaningful relationships with others and be involved in activities that are satisfying and purposeful.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

4.

Provide two (2) examples of situations of risk associated with ageing.

The suggested response is approximately 30 - 50 words per example

1. Risk in the bathroom and toilet - Slippery floors due to water or powder on the floor, Toilet floors may become slippery due to incontinence, Cupboards may be too high or low, making access difficult.
2. Risk in the Kitchen - Loose tiling or loose mats may cause a client to trip and fall over, Poorly maintained electrical cords increase the risk of electrocution, Sharp utensils such as knives and vegetable peelers can cause serious cuts if not used carefully.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

Assessment Task 8:



1.

It is important to recognise older people's social, cultural and spiritual differences. Provide an example of each and explain how as an ageing care worker you can respect these differences.

The required response is three (3) examples approximately 30 - 50 words each

1. Recognise the ethnicity and culture may have an impact on a client's behaviour, Respect the client's religious and/or spiritual beliefs and values, Work to eliminate biases, prejudices and discriminatory practices and provide information in writing, along with oral expectations.
2. Talking about their religion to get a better understanding, Assisting clients to attend religious events, Adapting routines to acknowledge religious events, e.g; not disturbing clients during prayer and Remaining non-judgemental at all times.
3. Cultural awareness involves an understanding of the migration process itself. Migration is a key influence on a person's life , with differing affects due to the different experiences of pre-migration, migration and resettlement.

Assessors Comments (* if applicable)

-

None	✓ Satisfactory	✗ Not Satisfactory
------	----------------	--------------------

SIMULATION ACTIVITY



Introduction:

This simulation activity consists of one (1) role play; Kelly Smith. You are required to carefully read the Role Play below as well as any supporting documentation.

Your RTO Trainer/Assessor will assess your performance using the Assessment Observation Checklist over the next page.

Before you start the assessment, read the checklist and discuss any concerns you may have with your Trainer/Assessor. Carefully read the instructions detailed below and complete task as detailed. Please ask your Assessor to clarify if needed.

Equipment Required for this Role Play:

- Pens
- Paper
- Organisational Policies and Procedures (from an Aged Care Facility/Disability Provider) for reference (if applicable)

Assessment Activity Type:

Demonstration of Skills

KELLY SMITH ROLE PLAY

You are employed by a Community Services provider, Nambucca Valley Care, who provides at-home assistance to many clients, including to Australian born, Kelly, who was born on 18th March, 1944.

Kelly is allergic to onions, capsicum, aspirin and codeine.

Several years ago, Kelly was diagnosed with Multiple Sclerosis (MS). Some symptoms of MS include:

- Extreme fatigue
- Mobility impairment
- Vision impairment
- Weakness/loss of balance/paralysis
- Pain
- UTI
- Pneumonia
- Cellulitis

Kelly also suffers from normal age-related issues. This, combined with her diagnosis of Multiple Sclerosis, she is considered to have a disability.

Prior to her diagnosis, Kelly was very independent and active. Kelly enjoyed working in her garden and would regularly take her flowers and vegetables to her neighbours. She exercised regularly by taking her dog, Pablo, for walks along the beachfront each morning and afternoon. She also volunteered one day a week in the local Nursing Home doing activities with the residents and she enjoyed spending time with her family and friends.

Kelly has 2 daughters who both have children of their own and 1 son who lives overseas. Kelly's husband passed away unexpectedly 4 years ago. Pablo, Kelly's dog, was the last gift her husband gave her.

Kelly's current MS stage, combined with her ageing body, requires ad-hoc care support from her family members or friends for things such as cooking and cleaning support. Kelly currently has limited mobility, but is able to get herself in and out of a wheelchair, off her bed, and also uses a walking frame for supported movement. Kelly is still able to communicate her needs.

Kelly is aware that her age and degenerative disease diagnosis will mean that her body will continue to fail over time. Although it's been suggested that she would benefit from taking up residential care, Kelly wants to stay in her own home for as long as possible.

You arrange a meeting with Kelly to discuss the issues around her care arrangements to understand her needs, goals and aspirations and possible service responses to assist her and your company to provide person-centred service responses.

Instructions for Students:

This assessment will be conducted using a group of 2 students in a workshop format. The roles within the role play are as follows:

- Student One: the Nambucca Valley Care employee
- Student Two: Kelly (the resident)

Both roles are to participate in a meeting to discuss Kelly's care needs.

When playing the part of the Nambucca Valley Care Employee and Kelly, think about the following and integrate within the Role Play.

- What person-centred service responses can be implemented to meet the needs of Kelly?
- What strategies can you develop for networking to support Tom's desire to remain living at home?
- Identify what the "un-met" needs of Kelly and his family are.
- Identify and describe the benefits of three (3) strength-based solutions to assist Tom and his family.
- Identify three (3) support services which can assist Kelly and his family, outlining their roles and how they can help Tom.

During the Role Play:

Complete the Individualised Plan below as a record of your simulation demonstrating how you assisted Kelly (example below). Please complete all pages, save and attach the completed documents using the link below.

SIM Tool - Individualised plans;				
Individualised Care Plan				
Surname:	Given Name:	C Code:	Room Number:	DOB:
Allergies:				
PART 1: About Me				
About me and my family				
My Daily Life				

PART 2: My Supports		
About my family & Friends		
Services & Community Groups		
PART 3: My Goals		
My Goals – 1 st Goal		
My first goal is:		
How to meet my first goal (Strategies)		
Completed By:	Designation:	Date:
Have circumstances changed in my life? / any change to family dynamics? / my expectations?		
Completed By:	Designation:	Date:

My Goals – 2 nd Goal		
My second goal is:		
How to meet my first goal (Strategies)		
Completed By:	Designation:	Date:
Have circumstances changed in my life? / any change to family dynamics? / my expectations?		
Completed By:	Designation:	Date:

Are these strategies Person Centred? ☐ YES ☐ NO

Definition: A response is Person-Centred when someone's need or request for support is met in a way that is centred on them and the unique expression of their particular needs.

Part 5: Personal Care/Support Plan	
Communication Plan of Care	
Sight:	
Hearing:	
Speech/Comprehension:	
Associated Behaviours:	
Other:	
My Expectations	
Eating and Drinking Plan of Care	
Lives:	
Drives:	
Food Allergies:	
Diet:	
Fluids:	
Weight:	
Other:	
My Expectations	

 [CHCAGE001_-Assessment-Task-9_-SIM-Tool-Individualised-Plans_-EDITABLE-PDF.pdf](#)

Please upload your completed Individualised Care Plan here:

 [CHCAGE001__Assessment_Task_9__SIM_Tool_Individualised_Plans__EDITABLE_PDF.pdf](#)

04/07/2022 15:29

04/07/2022 15:30

STUDENT TO COMPLETE ON COMPLETION OF TASK:

I have completed this activity either in a lab day environment, within the workplace or during a Face to Face classroom session.

☒ By ticking this box, I confirm the demonstration task has been completed.

Please provide the name of the Trainer/Assessor that you completed this demonstration task with:

Jane

Assessment Complete

Well Done!

**You have now completed
all the Assessment Tasks
in this workbook.**

**Your Trainer will advise
you on the next step in
completing your course.**

Please note that the following pages in this workbook are
Work Sample Evidence, Reasonable Adjustment,
Feedback on the Assessments and Overall Mode One
Assessment Outcome, these are only to
be completed if required.

Please click below to save and submit this workbook.

Work Sample Evidence

Evidence Upload for Work Sample

Here you are able to upload evidence of your work sample, this can be photographs, video or audio evidence along with any file required.

-

Work Sample Evidence

Please identify the evidence that you upload in the table below

Attachment Number	Attachment Description	Attached Yes	Attached No
1.	-	<input type="checkbox"/>	<input type="checkbox"/>
2.	-	<input type="checkbox"/>	<input type="checkbox"/>
3.	-	<input type="checkbox"/>	<input type="checkbox"/>
4.	-	<input type="checkbox"/>	<input type="checkbox"/>
5.	-	<input type="checkbox"/>	<input type="checkbox"/>

Students Comments

-

Assessors Comments (* if applicable)

Jaspreet, only one written task to complete, as well as please complete and upload the care plan documentation for Assessment 6

29/6 - please upload your documentation for task 6 - if you need help with this, please make time to see your trainer for assistance.

None

✓ Satisfactory

✗ Not Satisfactory

Reasonable Adjustment Information

Reasonable Adjustment Information

Reasonable Adjustment details applied to this student

Confirmation of verbal responses if required

☐ I declare that the student and I have verbally answered, clarified and provided the responses as listed above.

Verbal Response Upload

A audio recording along with any support evidence if required can be uploaded to the training record here.

-

What reasonable adjustment was made:

-

Why this adjustment was made:

-


Assessor Declaration

☐ I confirm that the reasonable adjusts have been made as listed above.

Assessor Signature

If able please sign below:



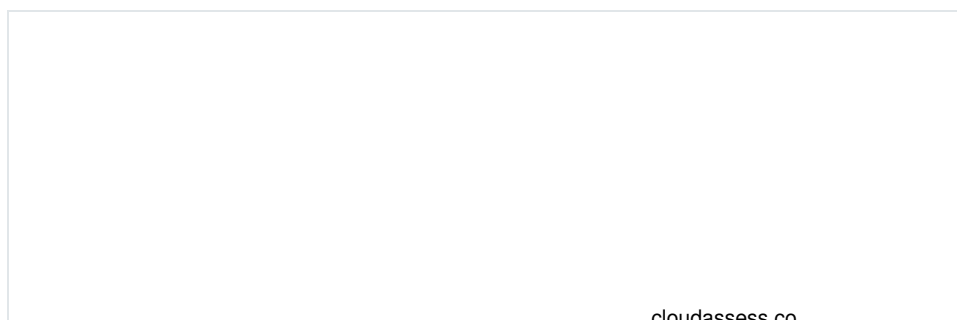


Student Declaration

☐ I agree with the reasonable adjustment made as listed above and I was consulted in the adjustments made to suit my individual needs.

Student Signature

If able please sign below:



Feedback on the Assessments

Feedback Form Instructions:

In an effort to continuously improve our Assessments, please feel free to document any feedback or suggestions you may have. This feedback will be used by our programs and quality teams for further review and consideration.

Feedback:

-

Overall Mode One Assessment Outcome

Assessment Guide

Assessment Guide	
Satisfactory Outcome	The Assessor has reviewed the Assessment Workbook against the requirements of the Assessment Mode and is satisfied that all requirements have been met.
Not Satisfactory Outcome	The Assessor has reviewed the Assessment Workbook against the requirements of the Assessment Mode and is not satisfied that all requirements have been met.

Student Instructions

You are able to SAVE this assessment if required and this will allow you continue to make changes, Once complete please SUBMIT this assessment.

Overall Assessment Outcome

None