### RS/Conference2020

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HUMAN ELEMENT

SESSION ID: CXO-W09

# The Impact of Software Security Practice Adoption Quantified



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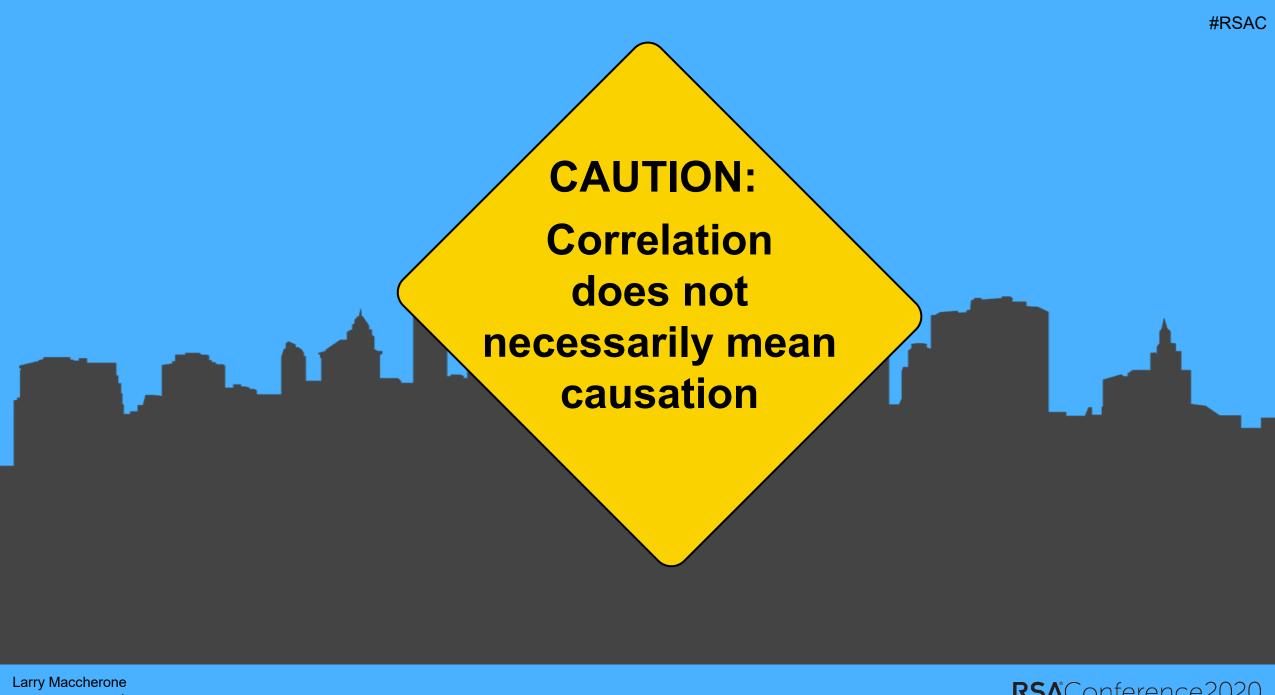
#### **Software Security city**

This place runs on intuition, folklore, and anecdotes.

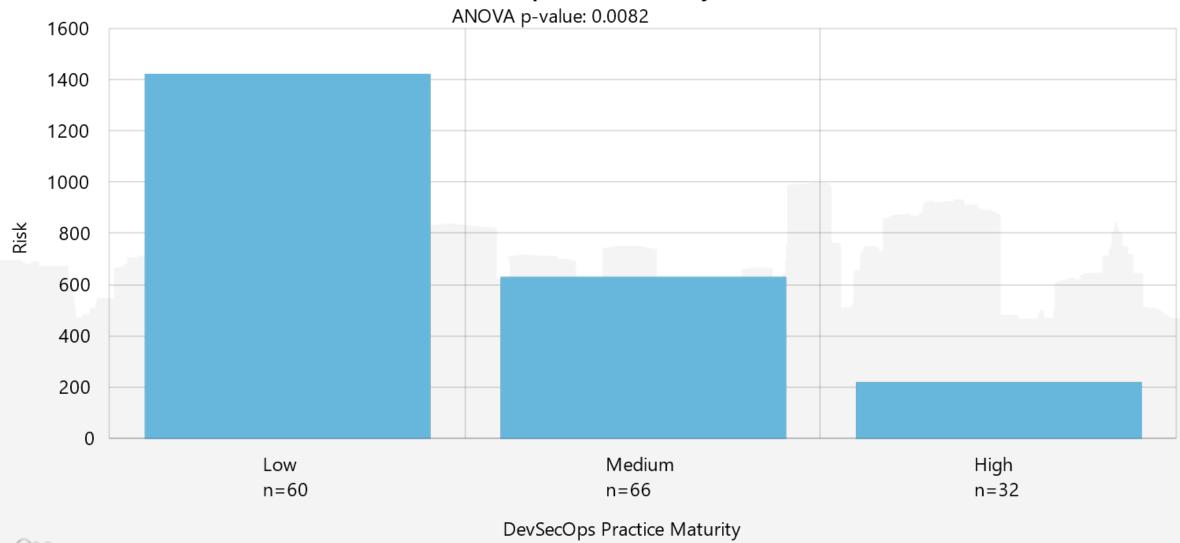
If you want to know the truth about this town, stick with me. I'll tell you a story you'll never forget.

But if you don't want your beliefs challenged with data, you'd better beat it, kid. I don't want to upset you.



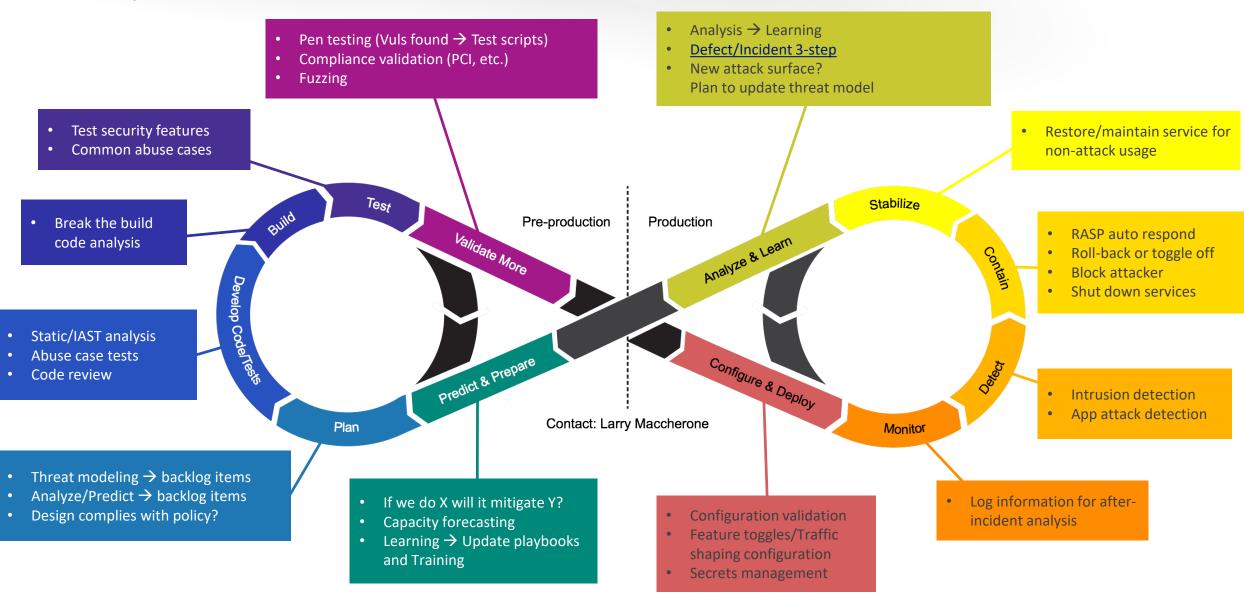


#### **DevSecOps Practice Maturity**





### Security practices on DevOps continuum → Dev[Sec]Ops



### That's a lot of stuff!

# How do we get development teams to adopt?

- 1. Hearts and minds of developers
- 2. Shallow team-level improvement ramp
- 3. Management visibility and goal setting

## We, the Security Team...



### Trust that Engineering Teams...

- Want to do the right thing
- Are closer to the business context and will make trade-off decisions between security and other risks

### Pledge to...

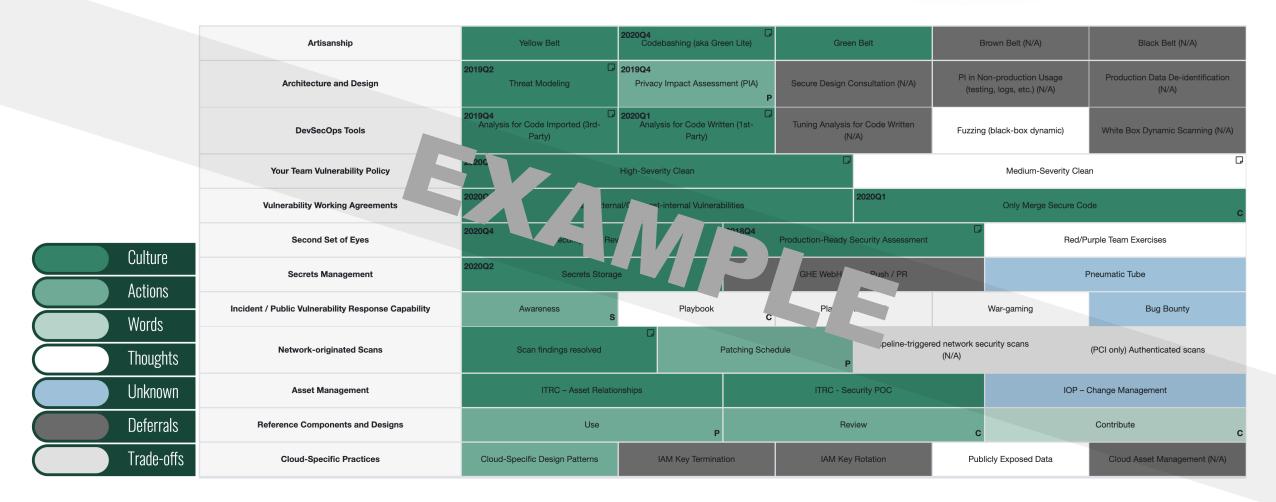
- Provide information and advice so those trade-off decisions are more informed
- Lower the cost/effort side of any investment in developer security tools or practices

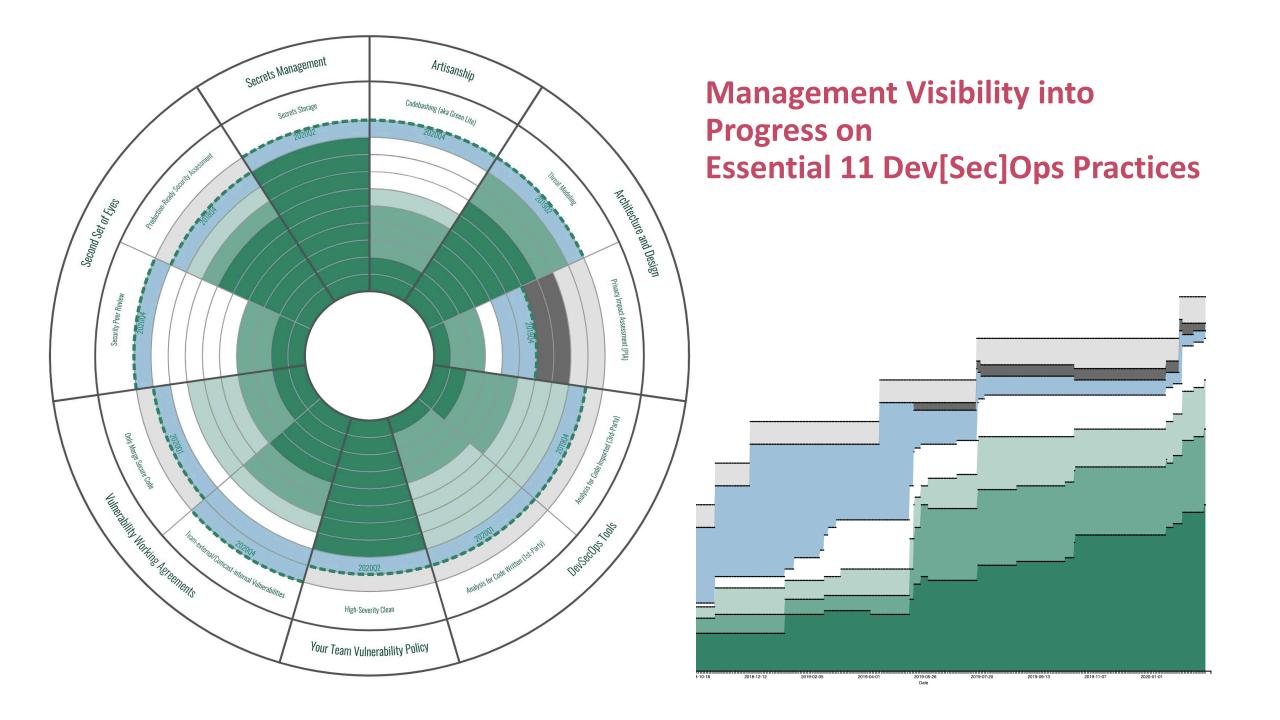
#### Understand that...

We are no longer gate keepers but rather tool-smiths and advisors

## Live Demo

# Get each team on the path to improvement Thoughts → Words → Action → Culture (ThWAC)





### The Program is working

"That was awesome!", "Loved it!", "Wow!", "Very valuable and engaging. Much more than I expected"

"Very different approach than we expect from security", "Dev team empowerment (teams own their own security)", "Process driven by dev team priorities, not policy-driven", "Collaborative effort to improve security"

Most valuable was... "Learning about all the different practices", "Understanding the global view", "Quantifying what needs to be done"

"Loved the bang-for-the-buck ordering as opposed to a book of policies"

- Teams sign up for 2.46
   practice adoption goals for
   each 90-day window. We
   ask for 1 or 2, maybe 3 or 4.
- 93% of team 90-day practice adoption goals are fully or mostly achieved
- Conducted these facilitated self-assessments with 200 different teams. 200-300 remain.

# Finding Clues



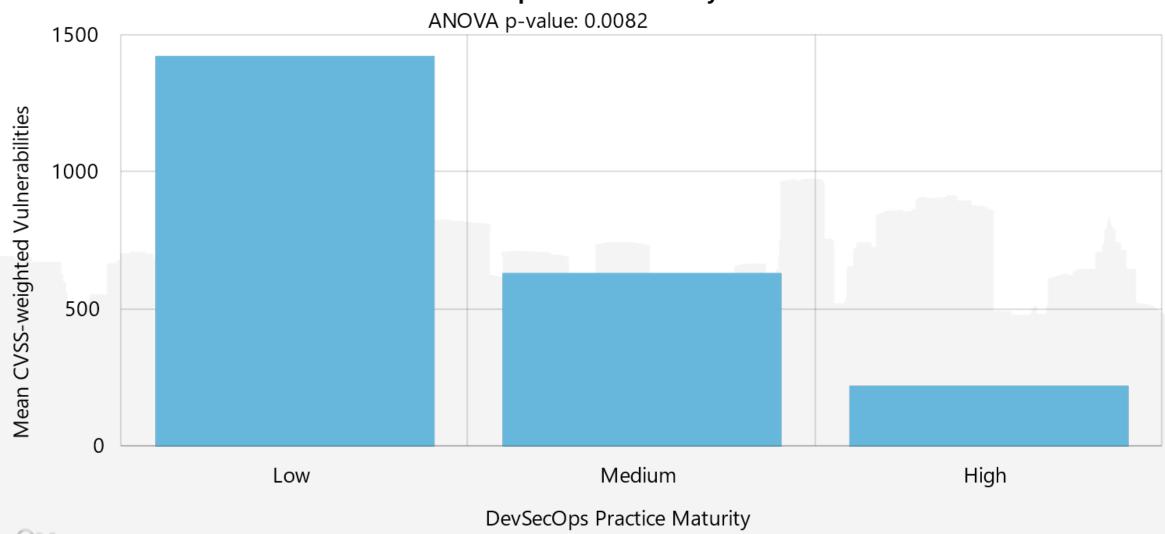


- 195 teams onboarded to DevSecOps
   Transformation Program via
   facilitated self-assessment and
   workshop which gives us the practice
   data for our x-axis
- Able to map data from 158 of those teams to in-production network originated scan findings from Nessus, Qualys, etc. which gives us our outcome data for our y-axis
- Other sources of risk outcomes under consideration (like security incidents) for later study



## DevSecOps Practice Maturity

#### **DevSecOps Practice Maturity**



# CVSS-weighted Vulnerability Risk Score (the Y-axis)

- The count of vulnerabilities found by network originated scans (Nessus, Qualys, etc.) weighted by their CVSS severity score
- Formula

$$Risk = \sum 2^{CVSS}$$

- So, a CVSS score of...
  - 10 adds 1024 to the risk score
  - 9 adds 512 to the risk score
  - **—** ...

# **DevSecOps Practice Maturity** (the X-axis)

Count of 7 key practices that the team has gotten all the way to "Culture"

- **Low**: 0

- **Medium**: 1-2

- **High**: 3 or more

### **DevSecOps Practice Maturity Analysis**

- When Maturity is...
  - High, average CVSS-weighted vulnerability risk score is 219 equivalent to ~ 1 CVSS score 7.8 vuln
  - Low, average CVSS-weighted vulnerability risk score is 1423
     equivalent to ~ 2 CVSS score 9.5 vulns or 6.4 CVSS score 7.8 vulns
- The ANOVA p-value is 0.008 indicating that there is a less than 1% chance this correlation is due to chance

In other words...

High DevSecOps maturity correlates with 85% lower security risk

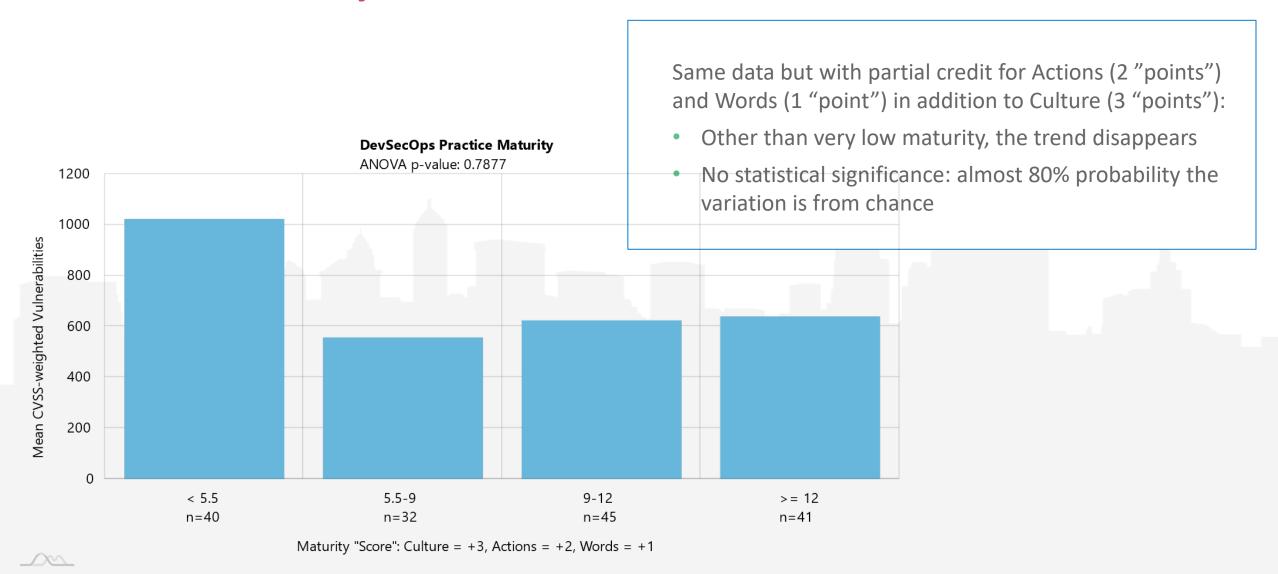


#### Evidence indicates...

- High DevSecOps maturity correlates with 85% lower security risk, so...
- You should launch (or accelerate) your DevSecOps Transformation Program

## Should we give "partial credit"?

### **Evidence that Only "Culture" Counts**



### Key Insight: Must get all the way to CULTURE

- Maturity progression (ThWAC)
  - Thoughts
  - Words
  - Actions
  - Culture
- When we only "give credit" for Culture, the correlation is strong
- When we "give partial credit" for Words and Actions the correlation essentially disappears



You should...

- Use partial credit as shallow onramp to improvement, but...
- Challenge the team to get all the way to "Culture" for one practice before working on the next one

### Quantifying the impact of each practice

### Positively correlated practices

<b>Practice</b>	Risk reduction
Team-external/Org-internal vulnerability process (Note: probable bias with our risk score)  Process for assuring that team-external/org-internal vulnerabilities get resolved in the SLA	73%
High-severity clean  Resolving the initial set of in pipeline scanning findings to zero	65%
Security peer review as part of pull request	61%
Secure coding training  Checkmarx Codebashing (2-3 hours) required for all team members who regularly write production code	49%
Only merge secure code  Pull request branch protection status check on scan results to stay at zero	49%
Threat modeling 4-8 hour workshop with security architect facilitating an evaluation of your product design	46%
Production-ready security assessment (PRSA)  Periodically submitting your application(s) to internal white-box pen testing++ assessment	44%
Secrets management  Assuring that passwords, certificates, API keys, etc. are securely stored & not in source code repositories	20%

# "But my gal, The Truth, she ain't always kind..."

Practice	Risk reduction
Security yellow belt training  Basic security awareness training and introduction to other training and programs	0%

# Why does basic security training seem to provide no risk reduction?

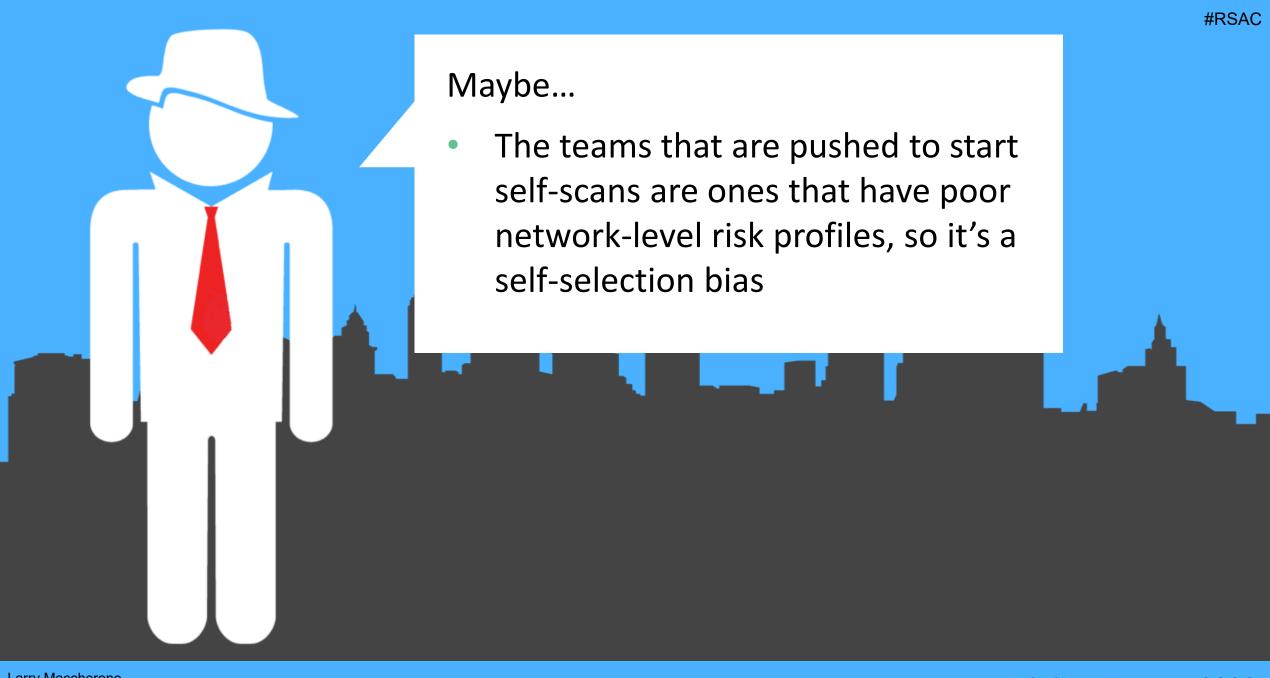


#### Because...

- Yellow belt is at saturation meaning almost everyone has it
- So, if it was anything but zero that would indicate that our math was wrong

Practice	Risk reduction
Analysis for code written scanning (1 $^{\rm st}$ -party, SAST/IAST) integrated with CI/CD pipeline	-10%
Analysis for code imported scanning (3 <sup>rd</sup> -party, SCA) integrated with CI/CD pipeline	-39%

# Why does scanning alone negatively correlate with risk reduction?





### But keep in mind...

These two practices...

Practice	Risk reduction
Analysis for code written scanning (1st-party, SAST/IAST) integrated with CI/CD pipeline	-10%
Analysis for code imported scanning (3 <sup>rd</sup> -party, SCA) integrated with CI/CD pipeline	-39%

### ... are prerequisites for these two practices

Practice Pra	Risk reduction
High-severity clean  Resolving the initial set of in pipeline scanning findings to zero	65%
Only merge secure code  Pull request branch protection status check on scan results to stay at zero	49%



#### Seems obvious but...

- We're always looking for quick wins
- I constantly run into folks that put together a project plan to start scanning across their part of the organization leaving the effort to get to healthy resolution curves as a later exercise
- It's much better to achieve value in each small part of the organization before starting to scan other parts



#### Evidence indicates...

- Scanning alone provides no risk reduction
- Spend limited resources on driving healthy resolution curves before expanding scanning footprint

Practice	Risk reduction
Security green belt training 1 person on team has been through 40+ hours of training and project	-76%

The investigation proceeds with ...

# Why is 40+ hours of security training highly negatively correlated with risk?



#### Since...

Teams get to "Culture" for this practice by having only one member get Green Belt

#### Maybe...

- One individual is not able to change the outcome for an entire team
- Team members who sign up for Green Belt may be doing it to change roles or escape from a low performing team (self-selection bias)
- Teams that already have advanced security knowledge will have low risk but not value novice-level training (the opposing self-selection bias)



So we are now...

- Rethinking our approach to novice-level security training
- Improving selection criteria
- Shifting focus to getting all coders to take 2-3 hour secure coding training which is associated with a 49% risk reduction

Bottom line...

 Without this quantitative insight, we would have gone blindly forward with our training strategy

## **Apply What You Have Learned Today**

- Starting now:
  - Invest in DevSecOps transformation
  - Using the data in this presentation and your own context, identify the key practices for your DevSecOps Transformation
- In the first three months following this presentation you should:
  - Gap analysis: Above list VS "easy button" for development teams to adopt
  - Put in place plans to create the "easy button" to close this gap
  - Start to hire talent to act as coaches and pipeline engineers for your DevSecOps transformation program
- Within six months you should:
  - Conduct 5-10 facilitated DevSecOps self-assessments and coaching workshops
  - Coach your first team to culture on the first few key "easy button" practices

A fact without a theory is like a ship without a sail, is like a boat without a rudder, is like a kite without a tail.

A fact without a figure is a tragic final act.

But one thing worse in this universe is a theory without a fact.

~ George Schultz

The Counties of the Counties of Counties and Counties and

Upgrade
Intuition
to

Insight

Replace

Folklore

Pacts

Swap

Anecdotes

Evidence

## **Larry Maccherone**

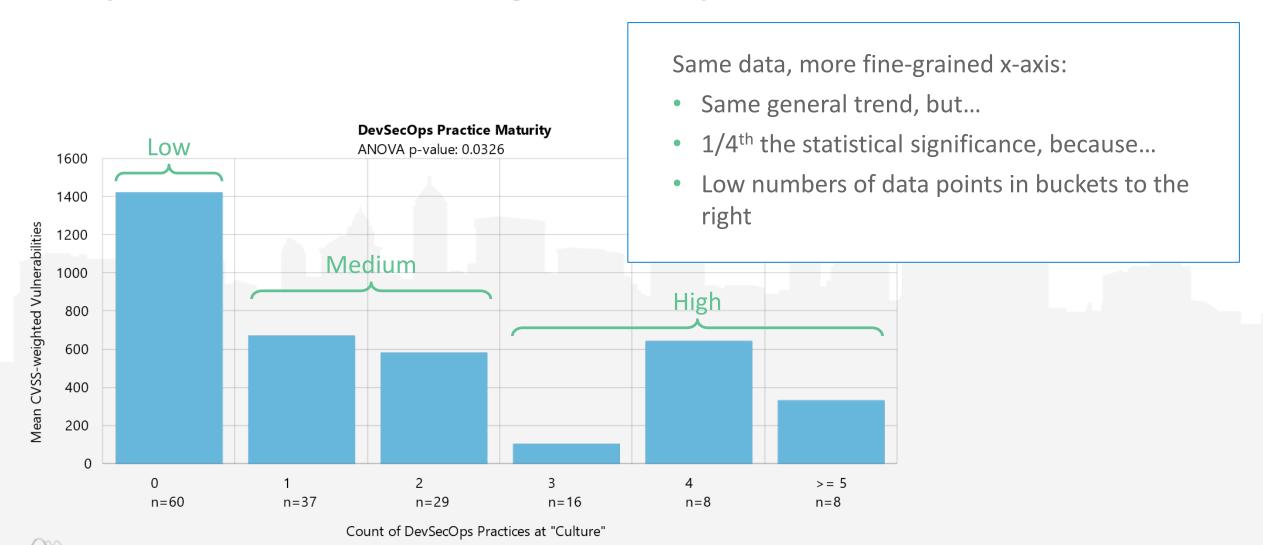
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# Extra Slides

## Investigative loose end...

## Why Just Low/Medium/High Maturity?



Dev[Sec]Ops is... empowered engineering teams taking ownership of how their product performs in production [including security]

#RSAC

# Build security in more than bolt it on

Rely on empowered engineering teams more than Security specialists

Implement features securely more than Security features

Rely on continuous learning more than end-of-phase gates

Adopt a few key practices deeply and universally more than a comprehensive set poorly and sporadically

Build on culture change more than policy enforcement

## We, the Security Team...



## Trust that Engineering Teams...

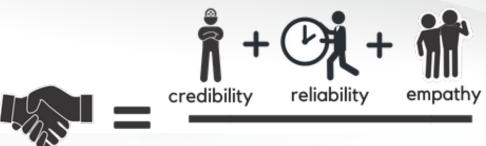
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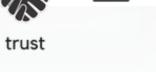
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TENENSIENS

Algorithm