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Attacking and Defending Kubernetes Cluster: Kubesploit vs KubiScan

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What We Will Talk About?

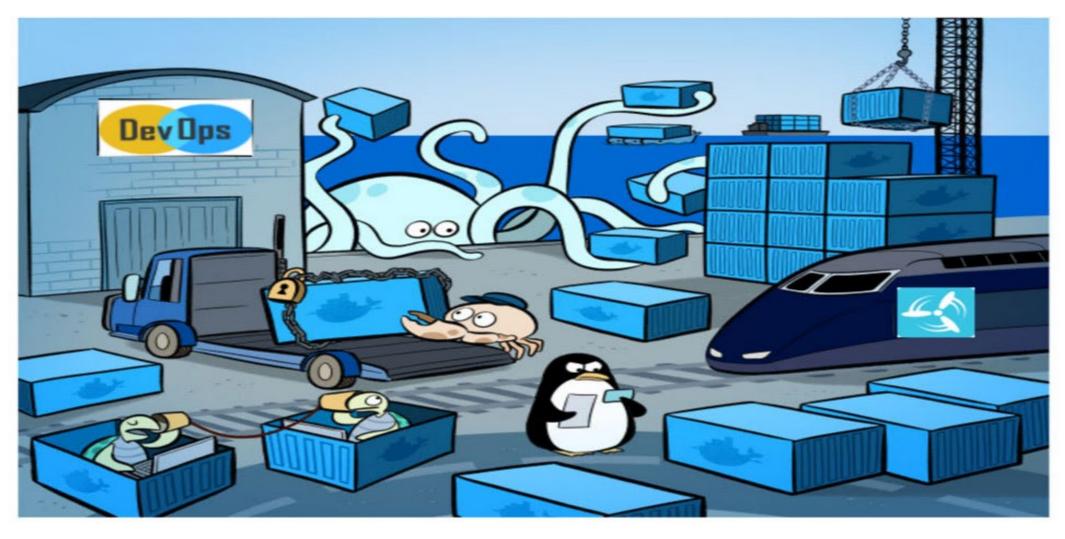
- Quick overview on Kubernetes
- Attacking surface
- Demonstrate attack with Kubesploit
- Defending k8s cluster
- Demonstrate defend with KubiScan
- 10 Tips to protect your cluster







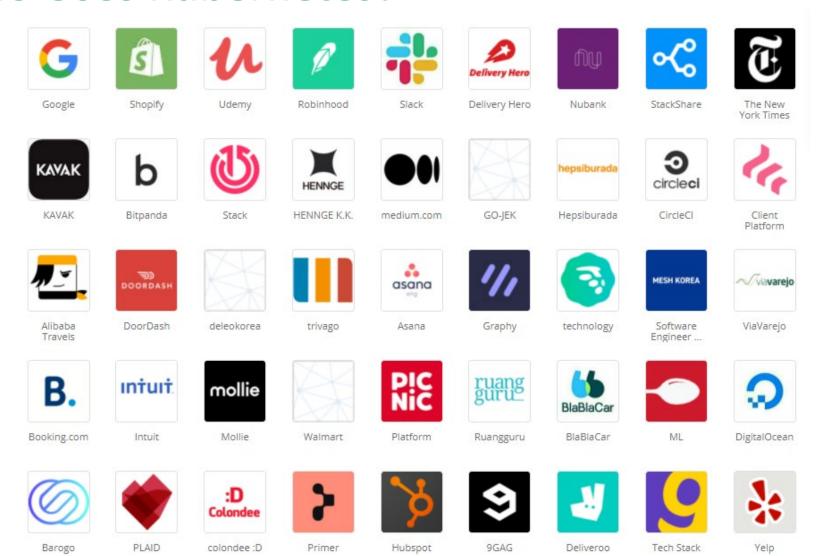






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Who Uses Kubernetes?



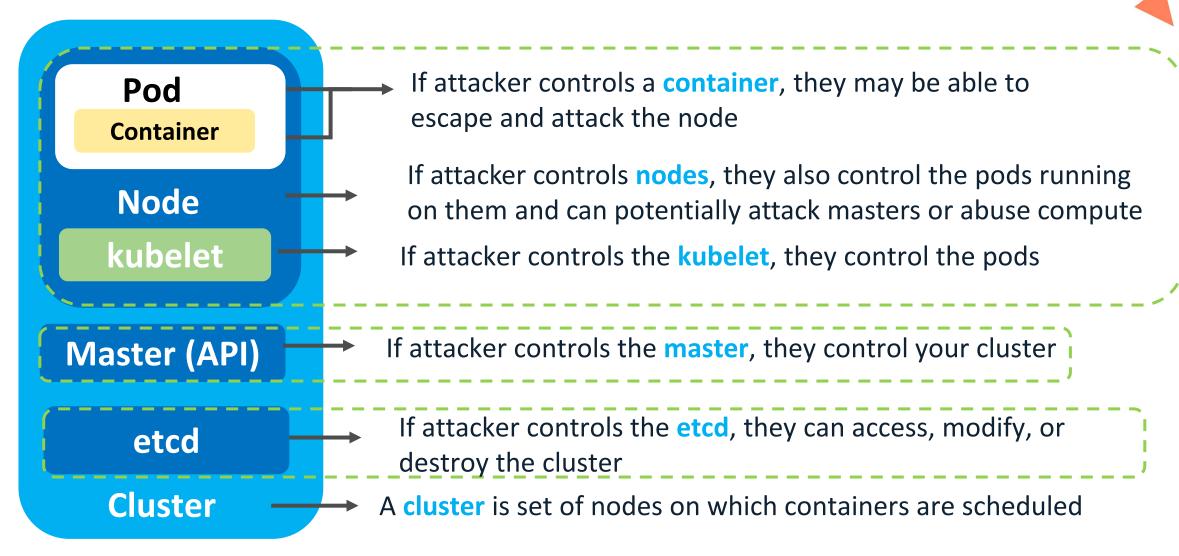


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Vital Target Components





Attack Vectors







Container Runtime Exploit









Threat Matrix for Kubernetes

admission

controller

resources

Initial Access	Execution	Persistence	Privilege Escalation	Defense Evasion	Credential Access	Discovery	Lateral Movement	Collection	Impact
Using Cloud credentials	Exec into container	Backdoor container	Privileged container	Clear container logs	List K8S secrets	Access the K8S API server	Access cloud resources	Images from a private registry	Data Destruction
Compromised images in registry	bash/cmd inside container	Writable hostPath mount	Cluster-admin binding	Delete K8S events	Mount service principal	Access Kubelet API	Container service account		Resource Hijacking
Kubeconfig file	New container	Kubernetes CronJob	hostPath mount	Pod / container name similarity	Access container service account	Network mapping	Cluster internal networking		Denial of service
Application	Application exploit	Malicious admission	Access cloud	Connect from	Applications	Access Kubernetes	Applications		

Proxy server

credentials in

configuration files

Access

managed

identity

credential

Malicious

admission controller dashboard

Instance Metadata

API



(RCE)

SSH server

running inside

container

Sidecar

injection

kubernetes/



vulnerability

Exposed

sensitive

interfaces



credentials in

configuration files

Writable volume

mounts on the

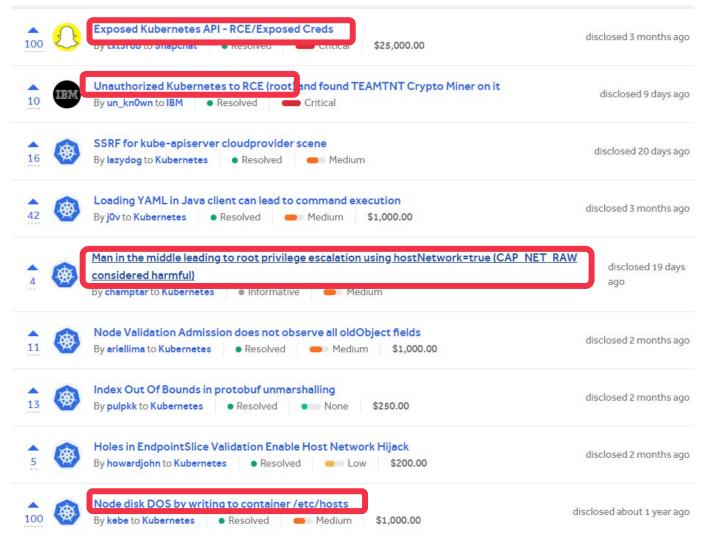
host

cess Kubernete

CoreDNS poisoning

ARP poisoning and IP spoofing #RSAC

Vulnerabilities from HackerOne







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Kubesploit



Kubesploit – what is it?



A cross-platform post-exploitation HTTP/2 Command & Control server and agent dedicated for containerized environments written in Golang and built on top of Merlin project by Russel Van Tuyl (@Ne0nd0g).



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Kubesploit

Container breakout

- Mounting
- Docker.sock
- CVE-2019-5736 (runC)
- Pod escape through /var/log
- cGroup
- Kernel Module
- Kubelet attack
 - Scan for containers with RCE
 - Execute arbitrary commands with multiple options
 - Scan for Pods and containers
 - Scan for tokens form all available containers

- Scan for Kubernetes cluster known CVEs
- Kubernetes service scan
- Port scanning
- Module scanner
- Deepce

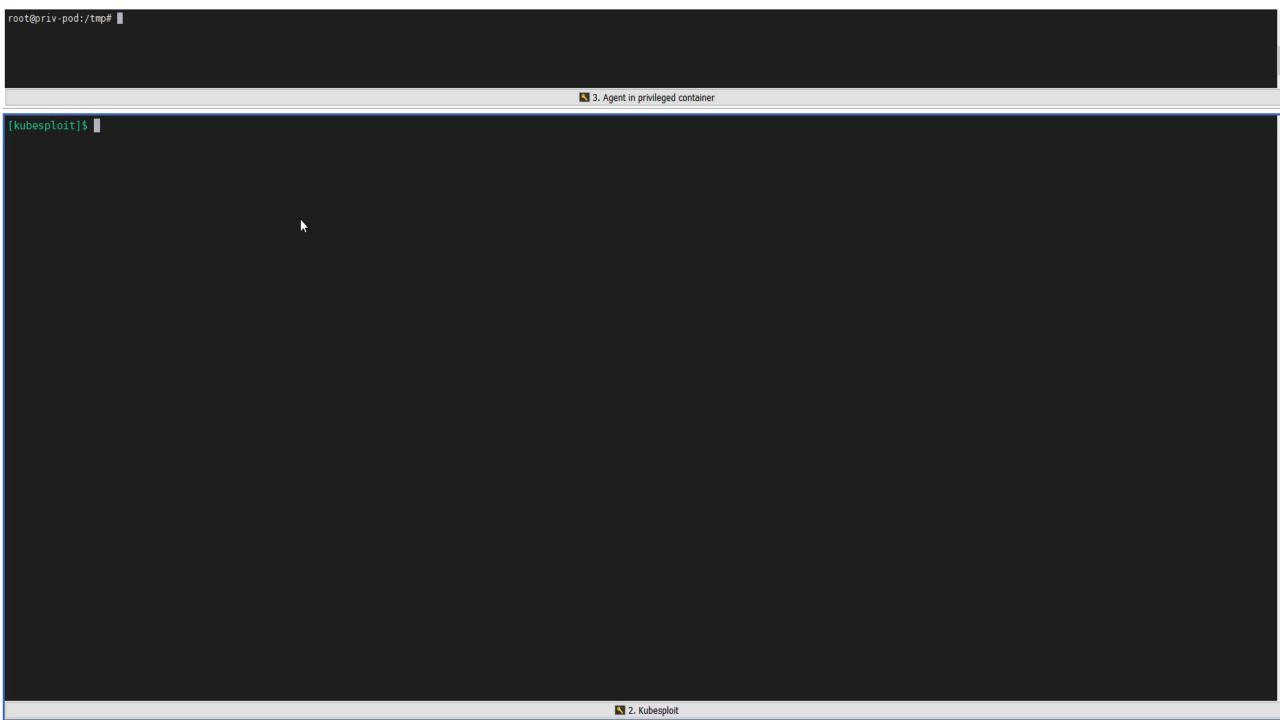


https://github.com/cyberark/kubesploit



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Demo #1 - Kubesploit





Katacoda playground

https://www.katacoda.com/cyberarkcommons/scenarios/kubesploit

Welcome! **Kubernetes with Kubesploit** ★ Difficulty: Beginner **■** Estimated Time: 60 In this scenario, you will learn how to work with Kubesploit, a cross-

In this scenario, you will learn how to work with Kubesploit, a crossplatform post-exploitation HTTP/2 Command & Control server and agent written in Golang, focused on containerized environments. We created a Kubernetes environment for you to play with Kubesploit. Let's start!



Mitigation



YARA rules

Agent recording

Module mitigation table



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Best practices to harden your cluster



Set up a cluster

- Restrict access to kubectl
- Use RBAC
- Use a Network Policy
- Use namespaces
- Bootstrap TLS

Prevent known attacks

- Disable dashboard
- Disable default service account token
- Protect node metadata
- Scan images for known vulnerabilities

Maturity

Follow security hygiene

- Keep Kubernetes updated
- Use a minimal OS
- Use minimal IAM roles
- Use private IPs on your nodes
- Monitor access with audit logging
- Verify binaries that are deployed



- Set a Pod Security Policy
- Protect secrets
- Consider sandboxing
- Limit the identity used by pods
- Use a service mesh for authentication & encryption





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KubiScan



KubiScan

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- Risky (Cluster)Roles
- Risky (Cluster)RoleBindings
- Risky Subject (Users, Groups and ServiceAccounts)
- Risky Pods\Containers
- All mounted volumes to Pods
- All mounted environment variables to Pods
- Privileged Pods
- Other cool stuff ©



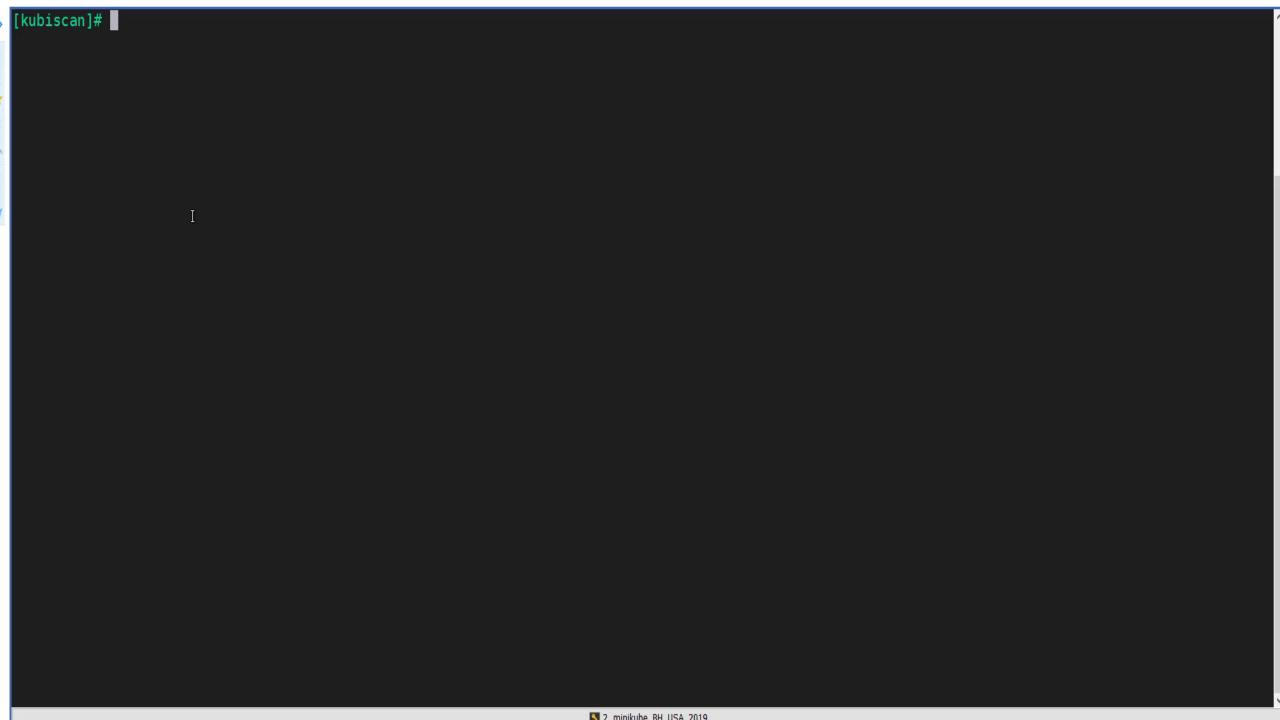
https://github.com/cyberark/KubiScan



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Demo #2 - KubiScan





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10 Tips to Protect Your Kubernetes Cluster



1. Access to Kubelet



```
/var/lib/kubelet/config.yaml
     authentication:
       anonymous:
         enabled: false
     authorization:
                                Not set to
       mode: Webhook
                                  "AlwaysAllow"
     readOnlyPort: 0
```



2. Access to ETCD



/etc/kubernetes/manifests/etcd.yaml

```
--client-cert-auth=true--auto-tls=false
```

- --peer-client-cert-auth=true

---peer-auto-tls=false



3. Restrict ServiceAccountToken

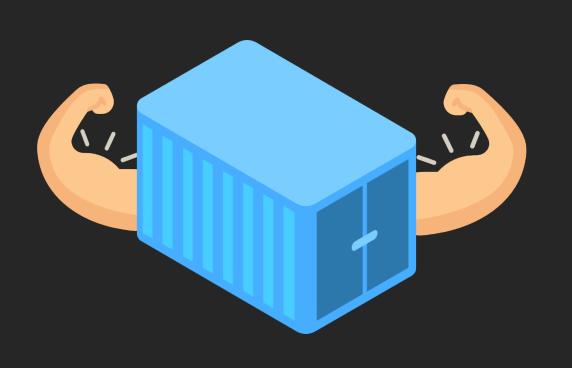


automountServiceAccountToken: false



4. Restrict privileged containers











```
apiVersion: policy/v1beta1
kind: PodSecurityPolicy
metadata:
  name: restricted
spec:
  privileged: false
  allowPrivilegeEscalation: false
  requiredDropCapabilities:
    - ALL
  # Allow core volume types.
  volumes:
    - 'secret'
  hostNetwork: false
  hostIPC: false
  hostPID: false
  runAsUser:
    # Require the container to run without root privileges.
    rule: 'MustRunAsNonRoot'
```

Will be **deprecated** from Kubernetes 1.25.

It will be replaced by **Pod Security Standards (PSS).**

Pod Security Admission, is the mechanism that implements the **PSS**.



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6. Use Network Policy

```
apiVersion: networking.k8s.io/v1
kind: NetworkPolicy
metadata:
  name: multi-port-egress
  namespace: default
spec:
  podSelector:
    matchLabels:
      role: db
  policyTypes:
  - Egress
  egress:
  - to:
    - ipBlock:
        cidr: 10.0.0.0/24
    ports:
    - protocol: TCP
      port: 32000
      endPort: 32768
```







/etc/kubernetes/manifests/kube-apiserver.yaml

```
--anonymous-auth=false
--basic-auth-file
--token-auth-file
```



8. Use RBAC



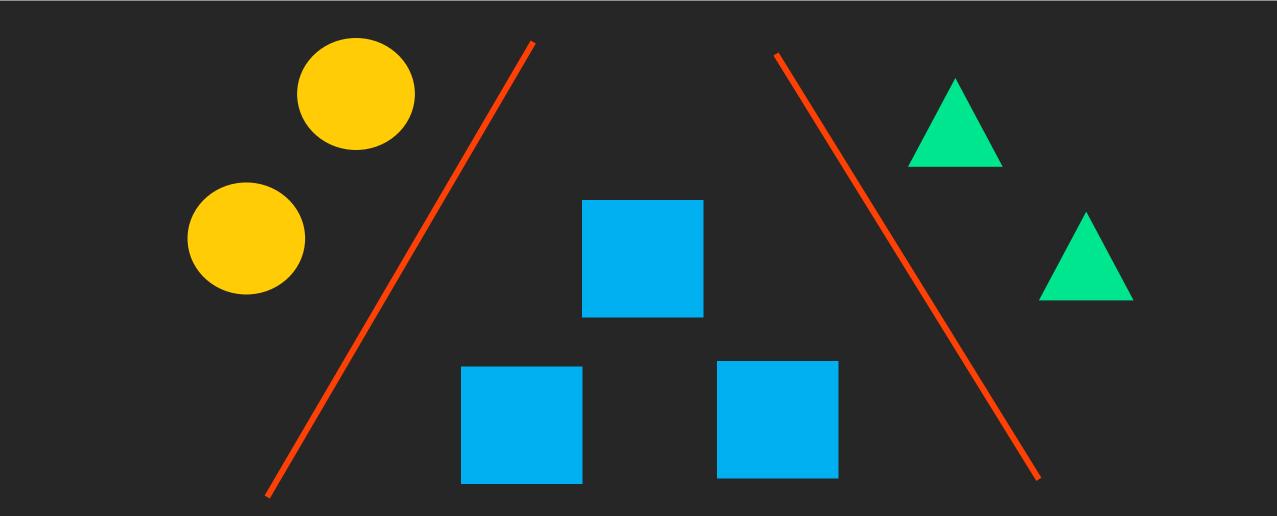
/etc/kubernetes/manifests/kube-apiserver.yaml

--authorization-mode=RBAC



9. Namespace separation

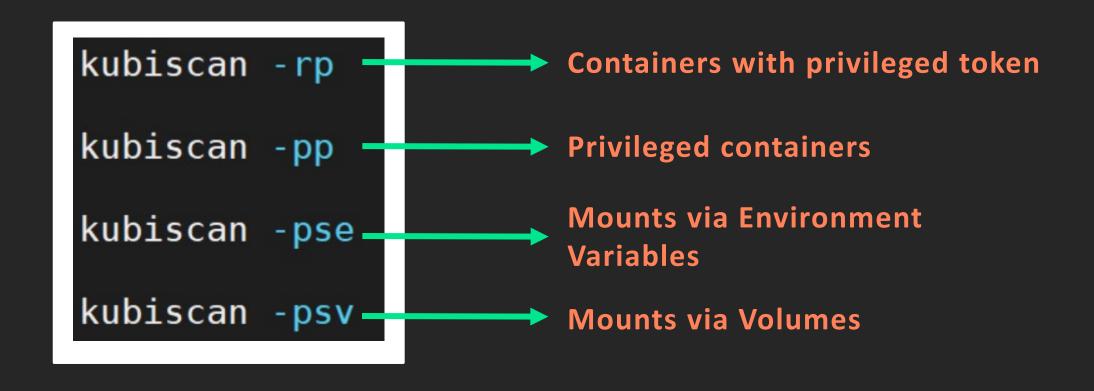






10. Use Kubiscan







Recommended Tools and Links

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- KubiScan
- Kubesploit
- Kube-bench (CIS Benchmarks)
- Kubestriker
- Kube-hunter
- kubescape
- https://github.com/magnologan/awesome-k8s-security



Summary

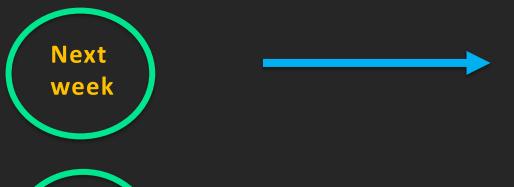


- We reviewed common attack vectors on Kubernetes
- We demonstrate attacks with Kubesploit and show how it can be defended with KubiScan
- Follow the best practices to protect your cluster



Apply What You Have Learned Today





Use KubiScan to protect your cluster

 Follow the protections tips and implement them



Search for cluster misconfiguration or insecure pods



- Use Kubesploit to test your protections
- Have a secured cluster with:
 - Namespace separation
 - No privileged containers
- Create an awareness in your organization



THANK YOU!







https://github.com/cyberark/kubesploit



https://github.com/cyberark/KubiScan

