



Nutrition Facts	
About 5 servings per container	
Serving size	3/4 cup (170g)
Amount per serving	
<b>Calories</b>	<b>120</b>
% Daily Value*	
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 60mg	<b>3%</b>
<b>Total Carbohydrate</b> 7g	<b>3%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 6g	
Incl. 0g Added Sugars	<b>0%</b>
<b>Protein</b> 15g	<b>30%</b>
Vit. D 0mcg 0% • Calcium 180mg 15%	
Iron 0.2mg 0% • Potas. 240mg 6%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Questions or comments? 1.877.847.6181	
GRADE A @D KEEP REFRIGERATED	



NET WT 5 OZ (142 G)

Nutrition Facts	
Serving Size about 3 cups (85g)	
Servings Per Container about 2	
Amount Per Serving	
<b>Calories</b> 20	Calories from Fat 0
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 65mg	<b>3%</b>
<b>Total Carbohydrate</b> 3g	<b>1%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 0g	
<b>Protein</b> 2g	
Vitamin A 160% • Vitamin C 40%	
Calcium 8% • Iron 15%	
*Percent Daily Values are based on a 2,000 calorie diet.	





