Zone 1

- [ ] Use a strong device password
- [ ] Disable biometrics in risky areas
- [ ] Use strong account passwords
- [ ] Separate traffic across browsers
- [ ] Install a browser for Tor usage
- [ ] Use a privacy search engine
- [ ] Use a VPN

- [ ] Use a private DNS (May be VPN)
- [ ] Implement minimalism (Less is more)
- [ ] Disable unused permissions/settings
- [ ] Lock your SIM card
- [ ] Enable automatic updates
- [ ] Do not jailbreak

Zone 2

- [ ] Use encrypted messengers
- [ ] Encrypt your emails
- [ ] Switch to FOSS apps
- [ ] Disable iCloud & cloud features
- [ ] Use a password manager

- [ ] Implement two-factor-authentication
- [ ] Disable radios often (LTE, WiFi, BT, etc.)
- [ ] Cover your cameras
- [ ] Use a privacy screen protector

Zone 3

- [ ] Disable GPS permanently
- [ ] Use faraday pouches and bags
- [ ] Sign out of iCloud/Apple ID
- [ ] Obtain phone service with no personal information
- [ ] Snip cameras and mics

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