

## The Techlore Checklist

## Zone 1

Password Manager
Strong Password For Manager
2 Factor Authentication
Only Trusted Web Extensions
DuckDuckGo or Startpage Search
Paid VPN Service
No Real Social Media Information
No Strangers on Social Media
No Social Media Public Comments
Disable Social Media Permissions
Obfuscated Social Media Pics
Secret Google Number OR iNumbr
Disable Phone Usage Data
Active VPN on Phone
Phone Location Mostly Off

Phone Bluetooth Mostly Off

Remove Unused Apps

Disable PC Usage Data

PC Bluetooth Mostly Off

Remove Unused Programs

2 POINTS EACH

PC Location Mostly Off

Active VPN on PC

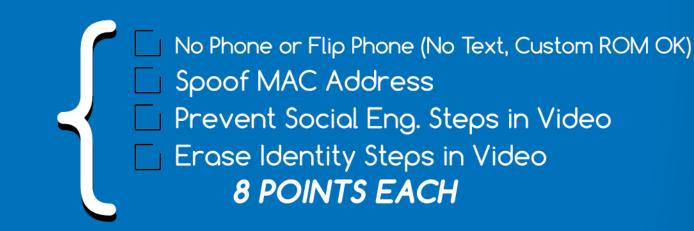
- Zone 2
- iMessage or Signal
  Protonmail or Own Server
  iPhone or Stock Android Phone
  Wipe Storage Free Space Often
  Encrypt SDD
  Encrypt Android Devices
  Only Use Traditional Password
  Change Default Router Password
  Hide Router SSID
  No Chrome/Chromium Browser
  Use Privacy Extensions in Video
  Disable Flash in Browser
  Disable Javascript in Browser

## Zone 3

Switch to Linux
 No PC Location/Bluetooth
 Password on BIOS
 Password on Drives
 Delete Google Data
 Ditch Google!
 Ditch Social Media!
 Flip Phone OR Custom ROM
 No Phone Location/Bluetooth
 Use Tor Browser on PC
 Use Tor Browser on Mobile
 Spend Money With Prepaid Debit
 Cards or Cryptocurrencies
 6 POINTS EACH

Zone 4

4 POINTS EACH



## Techlore Scoring

0-30 Unsecure
30-70 Low Security
70-100 Moderate Security
100-160 Techlore Secured
160-200 Techlore Max Security