Part III Reading Comprehension

Section A

Directions: In this section, there is a passage with ten blanks. You are required to select one word for each blank from a list of choices given in a word bank following the passage. Read the passage through carefully before making your choices. Each choice in the bank is identified by a letter. Please mark the corresponding letter for each item on Answer Sheet 2 with a single line through the centre. You may not use any of the words in the bank more than once.

According to psychologist Sharon Draper, our clothing choices can absolutely affect our wellbeing. When we wear ill-fitting clothes, or feel over- or under-dressed for an event, it's natural to feel self-conscious or even stressed. Conversely, she says, opting for clothes that fit well and sense of style can improve your confidence.

But can you improve your health through your 27 clothing, without having to dash out and buy a whole new 3. "Absolutely," says Draper. If your goal is to improve your thinking, she recommends picking clothes that fit well and are unlikely to encourage restlessness, so, avoid bows, ties and unnecessary 29. It also helps to opt for clothes you 30 as tying in with your goals, so, if you want to perform better at work, select pieces you view as professional. Draper says this fits in with the concept of behavioral activation, whereby 1 in a behavior (in this case, selecting clothes) can set you on the path to then achieving your goals (working harder).

Another way to improve your 22 of mind is to mix things up. Draper says we often feel stuck in a rate (常规) if we wear the same clothes—even if they're our favorites—thus enting for an item you don't wear often, or adding something different to an outfit, such as a hat, can 33 shift your mood. On days when you're really 34 to brave the world, Draper suggests selecting sentimental items of clothing, such as ones you wore on a special day, or given to you by a loved one, as clothes with 35 associations can help you tap into constructive emotions.

A) accessories	E) engaging	I) perceive	M) reluctant
B) align	F) fond	J) positively	N) showcase
C) concurrently	G) frame	K) profile	O) wardrobe
D) current	H) locations	L) prospering	10

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(40 minutes)

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If you think life is wonderful and expect it to stay that way, then you may have a good chance of living to a ripe old age, at least that is what the findings of a new study suggest. That study found that participants who reported the highest levels of optimism were far more likely to live to age 85 26. This was compared to those participants who reported the lowest levels of optimism. It 27 that the findings held even after the researchers considered factors that could 18 the link, including whether participants had health conditions such as heart disease or cancer, or whether they experienced depression. The results add to a growing body of evidence that certain psychological factors may predict a longer life 29. For example, previous studies have found that more optimistic people have a lower risk of developing chronic diseases, and a lower risk of 30 death. However, the new study appears to be the first to 1911 look at the relationship between optimism and longevity. The researchers that the link found in the new study was not as strong when they factored in the effects of certain health behaviors, including exercise levels, sleep habits and diet. This suggests that these behaviors may, at least in part, explain the link. In other words, optimism may 33 good habits that bolster health. It is also important to note that the study found only a 34, as researchers did not prove for certain that optimism leads to a longer life. However, if the findings are true, they suggest that optimism could serve as a psychological that promotes health and a longer life.

A) affect

D) correlation

E) foster

I) plausibly

M) specifically

B) beyond

F) henceforth 从此以后 G) lofty

J) premature K) reconciled N) spiral

C) conceded

O) trait

H) noteworthy

L) span

(40 minutes)

本次六级考试全国只考两套选词填空,故本套不再重复,用往年同等难度真题补充,方便同学们练习备考。

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In the past 12 months, Nigeria has suffered from a shrinking economy, a sliding currency, and a prolonged fuel shortage. Now, Africa's largest economy is facing a food crisis as major tomato fields have been destroyed by an insect, leading to a nationwide shortage and escalating prices.

The insect, Tutaabsoluta, has destroyed 80% of farms in Kaduna, Nigeria's largest tomato-producing state, leading the government there to declare a state of 26. The insect, also known as the tomato leaf miner, devastates crops by 21 on fruits and digging into and moving through stalks. It 28 incredibly quickly, breeding up to 12 generations per year if conditions are favorable. It is believed to have 29 in South America in the early 1900s, and later spread to Europe before crossing over to sub-Saharan Africa.

Given the moth's ability also to attack crops like pepper and potatoes, Audu Ogbeh, Nigeria's minister of agriculture, has warned that the pest may "create serious problems for food 32" in the country. Ogbeh says experts are investigating how to control the pest's damage and prevent its spread, which has gone largely 33 until now.

Despite being the continent's second-largest producer of tomatoes, Nigeria is <u>134</u> on \$1 billion worth of tomato-paste imports every year, as around 75% of the local harvest goes to waste thanks to a lack of proper storage facilities. A further <u>135</u> in local supplies is yet another unwelcome setback to the industry.

A) dependent

E) grazes

I) originated

M) terror

B) embarking

F) halted 151

J) reduction

N) unchecked

K) reproduces

O) untouched

D) feeding

H) multitude

L) security

a multitude of 大量的

Staple food