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Tool for Identifying Implicit Bias: Awareness of Common Shortcuts

Short cuts can lead to biased assessments (either positive or negative) in evaluation if we are not motivated to avoid them and skilled in doing so. These shortcuts can lead to erroneous conclusions that candidates are unqualified or a bad fit. They can also adversely affect the fairness and equity of a review process.

- Snap Judgments Making judgments about the candidate with insufficient evidence. Dismissing
 a candidate for minor reasons or labeling a candidate "the best" and ignoring positive attributes of
 the other candidates. Having a covert agenda furthered by stressing something trivial or focusing
 on a few negatives rather than the overall qualifications. Often occurs when the hiring or review
 process feels rushed.
- Elitist Behavior (also called "Raising-the-Bar") Increasing expectations for women and underrepresented minority candidates because their competency doesn't strike committee members as trustworthy. Downgrading the qualifications of women and minorities, based on accent, dress, and demeanor. In short, uneven expectations based on a candidate's social identity.
- Negative Stereotypes Characterized by presumptions of incompetence. Research shows
 that the work of women and underrepresented minorities is scrutinized much more than majority
 faculty, at all stages of an academic career.
- Positive Stereotypes Dominant group members are automatically presumed to be competent. Such a member receives the benefit of the doubt, negative attributes are glossed over and success is assumed. Also called the "original affirmative action" because dominant group members are automatically presumed qualified and thereby given an unearned advantage.
- Cloning Replicating oneself by hiring someone with similar attributes or background. Also refers
 to undervaluing a candidate's research because it is not familiar, as well as expecting candidates
 to resemble someone whom the search committee is replacing. Cloning limits the scope and
 breadth of approaches and perspectives in research, teaching and service.
- Good Fit/Bad Fit While this judgment may be about whether the person can meet the
 programmatic needs for the position, it often is about how comfortable and culturally at ease one
 feels with her/him.
- Wishful Thinking Insisting racism, sexism, and other forms of prejudice no longer exist.
- Euphemized Bias:
 - Visionary: Members of dominant groups are evaluated based on their potential whereas underrepresented groups are judged on their accomplishments and their track record only. For example: "He has vision" or "She lacks vision."
 - Star: Used when the speaker is an infatuated fan of the candidate under consideration. (For example: "It's clear he's a rock star"). Others should ask the speaker to explain his/her use of the term and support it with evidence.
 - Committed, single-minded focus or hard-worker: These terms could be used to exclude those
 who have demanding family commitments, cloaking a bias against care-givers.

Tool: Interrupting Micoaggressions

| MICROAGGRESSION | THIRD PARTY | COMMUNICATION APPROACH |
|---|---|---|
| EXAMPLE AND THEME | INTERVENTION EXAMPLE | |
| Color Blindness "When I look at you, I don't see color." Myth of Meritocracy "Of course he'll get tenure, | "So you don't see color. Tell me more about your perspective. I'd also like to invite others to weigh in." "So you believe thatwill get | RE-DIRECT Shift the focus to a different person or topic. (Particularly helpful when someone is asked to speak for his/her entire race, cultural group, etc.) KEY PHRASES: "Let's shift the conversation" |
| even though he hasn't published much—he's Black!" | tenure just because of his race. Let's open this up to see what others think." | "Let's open up this question to others" |
| Myth of Meritocracy In a committee meeting: "Gender plays no part in who we hire." | "How might we examine our implicit bias to ensure that gender plays no part in this and we have a fair process? What do we need to be aware of?" "How does what you just said | USE STRATEGIC QUESTIONS It is the skill of asking questions that will make a difference. A strategic question creates motion and options, avoids "why" and "yes or no" answers, is empowering to the receiver, and allows for difficult questions to be considered. Because of these qualities, a strategic question |
| "Of course she'll get tenure, even though she hasn't published much—she's Native | honor our colleague?" | can lead to transformation. Useful in problem- solving, difficult situations, and change efforts. KEY PHRASES: |
| American!" | "What impact do you think this has on the class dynamics? What | "What would allow you" "What could you do differently" |
| Second-Class Citizen In class, an instructor tends to call on male students more frequently than female ones. | would you need to approach this situation differently next time?" | "What would happen if you considered the impact on" |
| Traditional Gender Role Prejudicing and Stereotyping In the lab, an adviser asks a female student if she is planning to have children while in postdoctoral training. | To the adviser: "I wanted to go back to a question you asked yesterday about her plans for a family. I'm wondering what made you ask that question and what message it might have sent to her." To the student: "I heard what your advisor said to you yesterday. I thought it was inappropriate and I just wanted to check in with you." | REVISIT Even if the moment of a microaggression has passed, go back and address it. Research indicates that an unaddressed microaggression can leave just as much of a negative impact as the microaggression itself. KEY PHRASES: "I want to go back to something that was brought up in our conversation/meeting/class" "Let's rewindminutes" |

CONSIDERATIONS:

- The communication approaches are most effective when used in combination with one another, e.g., using impact and preference statements, using inquiry and paraphrasing together, etc.
- Separate the person from the action or behavior. Instead of saying "you're racist", try saying "that could be perceived as a racist remark." Being called a racist puts someone on the defensive and can be considered "fighting words."
- Avoid starting questions with "Why"—it puts people on the defensive. Instead try "how" "what made you
- When addressing a microaggression, try to avoid using the pronoun "you" too often—it can leave people feeling defensive and blamed. Use "I" statements describing the impact on you instead or refer to the action indirectly, e.g., "when _____ was said..." or "when _____ happened..."
- How you say it is as critical as what you say, e.g., tone of voice, body language, etc. The message has to be conveyed with
 respect for the other person, even if one is having a strong negative reaction to what's been said. So it is helpful to think about
 your intention when interrupting a microaggression—e.g., do you want that person to understand the impact of his/her action,
 or stop his/her behavior, or make the person feel guilty, etc. Your intention and the manner in which you execute your intention
 make a difference.
- Sometimes humor can defuse a tense situation.

Adapted from Kenney, G. (2014). *Interrupting Microaggressions*, College of the Holy Cross, Diversity Leadership & Education. Accessed on-line, October 2014. Kraybill, R. (2008). "Cooperation Skills," in Armster, M. and Amstutz, L., (Eds.), Conflict Transformation and Restorative Justice Manual, 5th Edition, pp. 116-117. LeBaron, M. (2008). "The Open Question," in Armster, M. and Amstutz, L., (Eds.), Conflict Transformation and Restorative Justice Manual, 5th Edition, pp. 123-124. Peavey, F. (2003). "Strategic Questions as a Tool for Rebellion," in Brady, M., (Ed.), The Wisdom of Listening, Boston: Wisdom Publ., pp. 168-189.

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| EXAMPLE AND THEME | INTERVENTION EXAMPLE | |
| Alien in One's Own Land To a Latino American: "Where are you from?" | "I'm just curious. What makes you ask that?" | INQUIRE Ask the speaker to elaborate. This will give you more information about where s/he is coming from, and may also help the speaker to become |
| Ascription of Intelligence To an Asian person, "You're all good in math, can you help me with this problem?" | "I heard you say that all Asians are good in math. What makes you believe that?" | aware of what s/he is saying. KEY PHRASES: "Say more about that." "Can you elaborate on your point?" "It sounds like you have a strong opinion about |
| Color Blindness "I don't believe in race." | "So, what do you believe in? Can you elaborate?" | this. Tell me why." "What is it about this that concerns you the most?" |
| Myth of Meritocracy "Everyone can succeed in this society, if they work hard enough." | "So you feel that everyone can succeed in this society if they work hard enough. Can you give me some examples?" | PARAPHRASE/REFLECT Reflecting in one's own words the essence of what the speaker has said. Paraphrasing demonstrates understanding and reduces defensiveness of both you and the speaker. |
| Pathologizing Cultural Values/Communication Styles Asking a Black person: "Why do you have to be so loud/animated? Just calm down." | "It appears you were uncomfortable whensaid that. I'm thinking that there are many styles to express ourselves. How we can honor all styles of expression—can we talk about that?" | Restate briefly in your own words, rather than simply parroting the speaker. Reflect both content and feeling whenever possible. KEY PHRASES: "So, it sounds like you think" "You're sayingYou believe" |
| Second-Class Citizen You notice that your female colleague is being frequently interrupted during a committee meeting. | Responder addressing the group: " brings up a good point. I didn't get a chance to hear all of it. Can repeat it?" | REFRAME Create a different way to look at a situation. KEY PHRASES: "What would happen if" "Could there be another way to look at this" "Let's reframe this" |
| Pathologizing Cultural Values/Communication Styles To a woman of color: "I would have never guessed that you were a scientist." | "I'm wondering what message this is sending her. Do you think you would have said this to a white male?" | "How would you feel if this happened to your" |
| Second-Class Citizen Saying "You people" | "I was so upset by that remark that I shut down and couldn't hear anything else." | USE IMPACT AND "I" STATEMENTS A clear, nonthreatening way to directly address these issues is to focus on oneself rather than on the person. It communicates the impact of a |
| Use of Heterosexist Language Saying "That's so gay." | "When I hear that remark, I'm offended too, because I feel that it marginalizes an entire group of people that I work with." | situation while avoiding blaming or accusing the other and reduces defensiveness. KEY PHRASES: "I felt(feelings) when you said or did(comment or behavior), and it |
| Second-Class Citizen A woman who is talked over. | She responds: "I would like to participate, but I need you to let me finish my thought." | (describe the impact on you)." USE PREFERENCE STATEMENTS Clearly communicating one's preferences rather than stating them as demands or having others guess what is needed. |
| Making a racist, sexist or homophobic joke. | "I didn't think this was funny. I would like you to stop." | KEY PHRASES: "What I'd like is" "It would be helpful to me if" |

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Intent and Impact: A Tool for Recognizing Impact

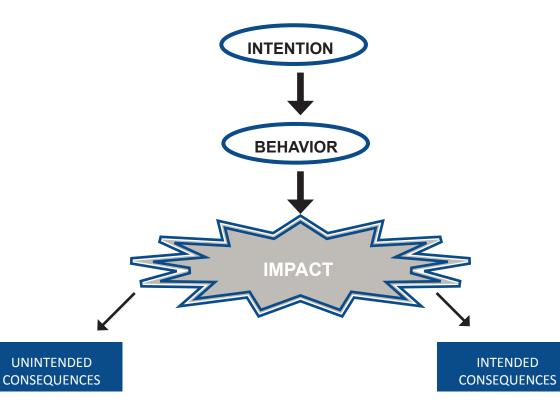
When we do or say something, there is always an impact. Many times, we assume the behavior has the intended consequence, e.g., we expect the result. Sometimes, however, there is an unintended consequence.

When it is negative, for example, someone was hurt or offended by our action, we may respond to that person based on our intention, e.g., "I didn't mean it" or "I didn't intend for this to happen." It is natural. This might make us feel better because we have communicated our intent, but it usually does nothing for the recipient of our action who felt its impact.

Rather than focusing on our intent, if we focus on the action and acknowledge the "negative" impact on the person, saying, for example, "I know this bothered you and I won't do it again" or "I apologize for doing this," we take responsibility for the action and deal directly with the issue.

In as diverse an academic environment as the University of California, we cannot assume to know everything about what is appropriate for every culture. If we keep in mind that "we do not know what we do not know" and that sometimes our actions may inadvertently cause people pain, we can acknowledge that pain and take the opportunity to learn from our experiences.

IMPACT MODEL



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Tool: Recognizing Microaggressions and the Messages They Send

Microaggressions are the everyday verbal, nonverbal, and environmental slights, snubs, or insults, whether intentional or unintentional, that communicate hostile, derogatory, or negative messages to target persons based solely upon their marginalized group membership (from <u>Diversity in the Classroom</u>, UCLA Diversity & Faculty Development, 2014). The first step in addressing microaggressions is to recognize when a microaggression has occurred and what message it may be sending. The context of the relationship and situation is critical. Below are common themes to which microaggressions attach.

| THEMES | MICROAGGRESSION EXAMPLES | MESSAGE |
|--|---|---|
| Alien in One's Own Land When Asian Americans, Latino Americans and others who look different or are named differently from the dominant culture are assumed to be foreign-born | "Where are you from or where were you born?" "You speak English very well." "What are you? You're so interesting looking!" A person asking an Asian American or Latino American to teach them words in their native language. Continuing to mispronounce the names of students after students have corrected the person time and time again. Not willing to listen closely and learn | You are not a true American. You are a perpetual foreigner in your own country. Your ethnic/racial identity makes you exotic. |
| Ascription of Intelligence Assigning intelligence to a person of color or a woman based on his/her race/gender | the pronunciation of a non-English based name. "You are a credit to your race." "Wow! How did you become so good in math?" To an Asian person, "You must be good in math, can you help me with this problem?" To a woman of color: "I would have never guessed that you were a scientist." | People of color are generally not as intelligent as Whites. All Asians are intelligent and good in math/science. It is unusual for a woman to have strong mathematical skills. |
| Color Blindness Statements that indicate that a White person does not want to or need to acknowledge race. | "When I look at you, I don't see color." "There is only one race, the human race." "America is a melting pot." "I don't believe in race." Denying the experiences of students by questioning the credibility /validity of their stories. | Assimilate to the dominant culture Denying the significance of a person of color's racial/ethnic experience and history. Denying the individual as a racial/cultural being. |
| Criminality/Assumption of Criminal Status A person of color is presumed to be dangerous, criminal, or deviant based on his/her race. | A White man or woman clutches his/her purse or checks wallet as a Black or Latino person approaches. A store owner following a customer of color around the store. Someone crosses to the other side of the street to avoid a person of color. While walking through the halls of the Chemistry building, a professor approaches a post-doctoral student of color to ask if she/he is lost, making the assumption that the person is trying to break into one of the labs. | You are a criminal. You are going to steal/you are poor, you do not belong. You are dangerous. |
| Denial of Individual Racism/Sexism/Heterosexism A statement made when bias is denied. | Tim not racist. I have several Black friends." "As a woman, I know what you go through as a racial minority." To a person of color: "Are you sure you were being followed in the store? I can't believe it." | I could never be racist because I have friends of color. Your racial oppression is no different than my gender oppression. I can't be a racist. I'm like you. Denying the personal experience of individuals who experience bias. |
| Myth of Meritocracy Statements which assert that race or gender does not play a role in life successes, for example in issues like faculty demographics. | "I believe the most qualified person should get the job." "Of course he'll get tenure, even though he hasn't published much—he's Black!" "Men and women have equal opportunities for achievement." "Gender plays no part in who we hire." "America is the land of opportunity." "Everyone can succeed in this society, if they work hard enough." "Affirmative action is racist." | People of color are given extra unfair benefits because of their race. The playing field is even so if women cannot make it, the problem is with them. People of color are lazy and/or incompetent and need to work harder. |

Adapted from Sue, Derald Wing, Microaggressions in Everyday Life: Race, Gender and Sexual Orientation, Wiley & Sons, 2010.

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| THEMES | MICROAGGRESSION EXAMPLES | MESSAGE |
|--|--|---|
| Pathologizing Cultural Values/Communication Styles The notion that the values and communication styles of the dominant/White culture are ideal/"normal". | To an Asian, Latino or Native American: "Why are you so quiet? We want to know what you think. Be more verbal." "Speak up more." Asking a Black person: "Why do you have to be so loud/animated? Just calm down." "Why are you always angry?" anytime race is brought up in the classroom discussion. Dismissing an individual who brings up race/culture in work/school setting. | Assimilate to dominant culture. Leave your cultural baggage outside. There is no room for difference. |
| Second-Class Citizen Occurs when a target group member receives differential treatment from the power group; for example, being given preferential treatment as a consumer over a person of color. | Faculty of color mistaken for a service worker. Not wanting to sit by someone because of his/her color. Female doctor mistaken for a nurse. Being ignored at a store counter as attention is given to the White customer. Saying "You people" An advisor assigns a Black post-doctoral student to escort a visiting scientist of the same race even though there are other non-Black scientists in this person's specific area of research. An advisor sends an email to another work | People of color are servants to Whites. They couldn't possibly occupy high status positions. Women occupy nurturing positions. Whites are more valued customers than people of color. You don't belong. You are a lesser being. |
| | colleague describing another individual as a "good Black scientist." Raising your voice or speaking slowly when addressing a blind student. In class, an instructor tends to call on male students more frequently than female ones. | A person with a disability is defined as lesser in all aspects of physical and mental functioning. The contributions of female students are less worthy than the contributions of male students. |
| Sexist/Heterosexist Language Terms that exclude or degrade women and LGBT persons. | Use of the pronoun "he" to refer to all people. Being constantly reminded by a coworker that "we are only women." Being forced to choose Male or Female when completing basic forms. Two options for relationship status: married or single. A heterosexual man who often hangs out with his female friends more than his male friends is labeled as gay. | Male experience is universal. Female experience is invisible. LGBT categories are not recognized. LGBT partnerships are invisible. Men who do not fit male stereotypes are inferior. |
| Traditional Gender Role Prejudicing and Stereotyping Occurs when expectations of traditional roles or stereotypes are conveyed. | When a female student asks a male professor for extra help on an engineering assignment, he asks "What do you need to work on this for anyway?" "You're a girl, you don't have to be good at math." A person asks a woman her age and, upon hearing she is 31, looks quickly at her ring finger. An advisor asks a female student if she is planning on having children while in postdoctoral training. Shows surprise when a feminine woman turns out to be a lesbian. Labeling an assertive female committee chair/dean as a "b," while describing a male counterpart as a "forceful leader." | Women are less capable in math and science. Women should be married during child-bearing ages because that is their primary purpose. Women are out of line when they are aggressive. |

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