

## Wk 4 - Capstone Project Research - Annotated Bibliography

1. <https://www.msbn.ms.gov/onw/2020-03/whats-really-behind-nursing-shortage-1500-nurses-share-their-stories>

- This article speaks on different aspects to the nursing shortage. The main point touches on how there's been an increase in the number of patients but an insufficient number of nurses to provide adequate care. Therefore, the ratio of nurse to patient care has become unsafe for both nurses and patients. It increases labor for nurses, leading to burn out and lack of self care, the most important care. If nurses can't care for their own health they wouldn't be able to for their patients either. Therefore, many nurses choose to leave the bedside which Due to the Affordable Care Act and increased focus in health and community-based care, and the aging baby-boomer population, the number of patients has risen. The increase in patients leads to unsafe staffing ratios, which leads to nurses feeling the need to leave bedside as a result of their own health and the patient's health, which in turn leads to less nurses to care for patients.

Gaines, K. (n.d.). *Office of Nursing Workforce*. What's Really Behind the Nursing Shortage? 1,500 Nurses Share Their Stories | Office of Nursing Workforce.  
<https://www.msbn.ms.gov/onw/2020-03/whats-really-behind-nursing-shortage-1500-nurses-share-their-stories>

2. <https://www.ncbi.nlm.nih.gov/books/NBK493175/#:~:text=The%20nursing%20profession%20continues%20to,turnover%2C%20and%20inequitable%20workforce%20distribution>

- Within this article, it lists the many reasons why we're facing a nursing shortage. This article doesn't consist of supportive data but rather to inform on the nursing shortage and the reasons behind the cause. Reasons being the aging population, the aging workforce, nurse burnout, staffing ratios, family (nurses being majority female), and violence in the setting. This article gives me a broad range of problems that contribute to the shortage of nurses in a clear way. The conclusion within this article supports the current shortage that we are experiencing. I don't think this article is sufficient enough to provide me with the details that I believe I'll need.

Haddad, L. M. (2023, February 13). *Nursing shortage*. StatPearls [Internet].  
<https://www.ncbi.nlm.nih.gov/books/NBK493175/#:~:text=The%20nursing%20profession%20continues%20to,turnover%2C%20and%20inequitable%20workforce%20distribution>

3. <https://www.aacnnursing.org/news-data/fact-sheets/nursing-shortage>

- This site touches on projected shortage indicators, factors impacting the nursing shortage, and the impact of nurse staffing on patient care. This site contains brief information with related sources. Indicators of shortage within this site states of the decrease in the supply of RNs and the lack of Rns prepared at the bachelor or graduate level in the workforce. Another contributing factor is the aspect of nursing schools with an inadequate amount of faculty to receive more enrollments. Additionally, the nursing workforce is nearing retirement as the age of the average nurse is fifty-two. This site provides data as well as links to the sources used which I can reference for more details and data to support my project.

American Association of Colleges of Nursing. (n.d.). Nursing Shortage Fact Sheet. AACN.  
<https://www.aacnnursing.org/news-data/fact-sheets/nursing-shortage>