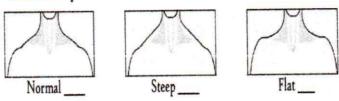
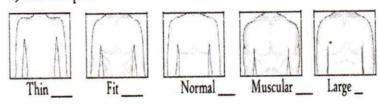
1.2 shoulder slope



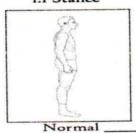
1.3 chest description



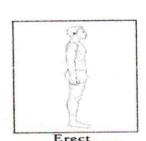
ም ያልተስተካከል ቅርጽ እናማራኪ ሰዉነት፡-ከወንብ በላይና በታች ባለዉ የስዉነት ክፍልሲንጻጸር



1. Posture 1.1 Stance



Forward Leaning



*ው ረጅም፣አጭርወይም መ*ካከለኛ፣ ለጅምወይም አጭርወንብ ያለዉ የሰዉነት ቅረፅ

