Rich Hickey - hammock driven development

source

- state the problem
 - * say it somehow
 - ** out loud in conversation
 - ** or write it down
 - ** seed of solving the problem is saying it
- understand the problem
 - * what do you know?
 - ** facts
 - ** context
 - ** constraints
- there will be things right away that you know you don't know
- take ideas apart (especially other people's ideas) (a lot of great new ideas come out of that process)
- big part of doing programming is maintaining your focus
 - * computer is a prime source of distraction
 - * you can't do everything
- waking mind (focused mode)
 - * good at critical thinking
 - ** analysis
 - ** tactics
 - * use waking mind time to feed work to background mind
 - ** and analyse its products
- background mind (diffused mode)
 - * good at making connections
 - ** synthesis
 - ** strategy
 - ** abstracts, analogies
 - * solves most of non trivial problems
 - ** unfortunately you can only feed it

- ** can't direct it
- * as we snooze, our brain is busily processing the information we have learned during the day
- * sleep makes memories stronger and appears to weed out *irrelevant details* and background information so that *only important pieces* remain
- * (important) our brain also works during sleep to find *hidden relations* among memories and to *solve problems* we were working on *while awake*
- 7 +/- 2 problem () wiki source
 - * many designs > 9 components
- write proposed solution down
 - * can use pictures
 - * you can then review and jump around between things
 - * imagine having an assistant
- step away from the computer
 - * and close your eyes
 - * at that point, you are sitting there with no external input
 - * you are in the process or recall

wait for it

- at least overnight
- sometimes over months
 - * so, work on more than one thing
 - * don't get hang up, switch around when stuck

try it

- eventually, coding is required
 - * type *sparingly*
 - ** with confidence

you will be wrong

- you will think of better ideas
- that's all ok
 - * don't be afraid
 - ** to change your mind
 - ** to be wrong