# About

To help people overcome this lack of communication during and after the pandemic. Unfold is a healing community for you to safely express yourself, help and get help, and get to know your pen pal, through the means of anonymous letters and chatting.

## Why different compared to the traditional therapy?

An artificial intelligence-based recommendation system is used in our application. It actively measures the user's emotions while typing and thus ensures a positive response by changing the recommended content using supervised learning. Traditional/existing psychological therapies have no way to measure and validate of the effectiveness of treatment used.

## Here’s how this app works.

### 1. Express Feeling

Each day a postman will deliver the right letters to your inbox, which you can react, or even respond to those letters.

Remember those letters are not delivered randomly. They are chosen just for you!! And every day is a surprise.

### 2. AI Evaluation & Guidance

You can also write your own letter and delivered by next day. Once both you and receiver has responded to the same mail. You will have a chance to establish a long-term relationship and skip the waiting time of mailing!

### 3. Pen pal & Hugs

Don’t forget to greet your postman when received your daily letters. Talk to him and get respond instantly. As the postman get familiar with you. He will have a higher chance to deliver you the “right” mail.