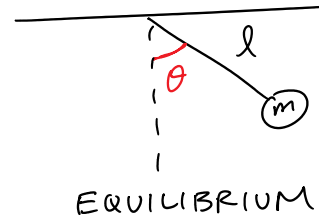


# CH 14 SIMPLE HARMONIC MOTION (SHM)

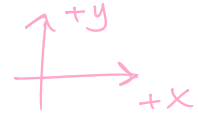
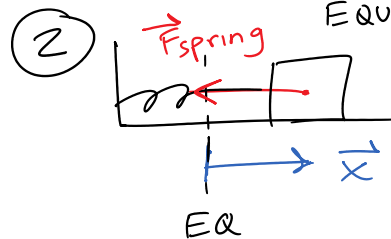
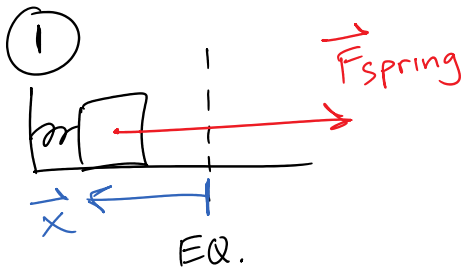
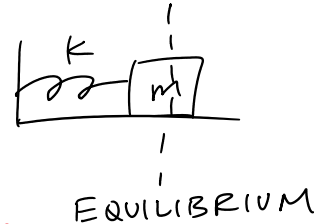
## (ex) PENDULUM



How do we know when an object is considered to be in SHM?

- If it's motion can be modeled by a  $\cos()$  or  $\sin()$  function. Simple as that. In our case, we'll just be looking at one-dimensional motion
  - o For a pendulum, the variable that depicts motion is the angle (denoted by theta)
  - o For a spring-mass, the variable that depicts motion is the horizontal displacement from equilibrium (denoted by x)

## (ex) SPRING-MASS (HORIZONTAL)



$$\vec{F}_{\text{spring}} = -k \vec{x}, \quad \text{HOOKE'S LAW}$$

WHY NEG. SIGN?  
MAKES  $\vec{F}$  &  $\vec{x}$  OPPOSITE

GOAL: IN MECHANICS, WE WANT TO FIND THE POSITION FUNCTION  $\sim x(t)$

NEWTON 2<sup>ND</sup> LAW:  $F = ma \rightarrow F_{\text{NET}} = ma_{\text{NET}}$

X-DIM:  $F_{\text{NET}} = F_{\text{spring}} = ma$

$$\rightarrow -kx = ma$$

$$ma = -kx$$

EQUATION OF MOTION; we would use this equation to solve for  $x(t)$  and thus obtain a function that depicts the block's position for all points in time. Amazing!! uwu

$$a = -\frac{k}{m}x,$$

NOTE:  $k, m$  ARE CONST.

WE WANT  $x(t)$ , HOW DO WE REWRITE  $a$  IN TERMS OF  $x$ ?

$$a = \frac{dv}{dt} = \frac{d}{dt} [v] = \frac{d}{dt} \left[ \frac{dx}{dt} \right] = \frac{d}{dt} \left[ \underbrace{\frac{d}{dt} [x]} \right]$$
$$a = \frac{d^2}{dt^2} [x]$$

AS A RESULT, WE NOW HAVE

$$\Rightarrow \frac{d^2}{dt^2} [x] = -\frac{k}{m} x \quad \sim \quad \text{HOW DO WE SOLVE FOR } x(t)??$$

*TEMPORARILY IGNORE*

THE 2<sup>ND</sup> DERIV. OF  $x$  IS EQUAL TO NEGATIVE OF ITSELF

LET'S TRY  $x(t) = \cos(t)$

$$\frac{d}{dt} [x(t)] = -\sin(t)$$

$$\frac{d^2}{dt^2} [x(t)] = -\cos(t) = -x(t)$$

Using  $x(t) = \sin(t)$  works equally well too. For some reason, the tradition is to use cosine to model oscillatory motion.

Recall:  $\cos(x - \pi/2) = \sin(x)$ , so we can always "adjust" our cosine function so that it may resemble the sine function by including a phase shift of  $-\pi/2$  or  $-90$  degrees

Here, we did a pro-gamer move by rewriting  $\cos(t)$  as  $x(t)$ . This is totally valid because we defined  $x(t) = \cos(t)$  earlier. The reason why we want to rewrite this is so that it matches the form of our equation of motion earlier.

AS A RESULT, WE FIND THAT

$$\boxed{\frac{d^2}{dt^2} [x(t)] = -x(t)}, \quad \text{IF } x(t) = \cos(t)$$

↳ CLOSE, BUT...

WE WANT THE COEFFICIENT  $k/m$

$$\frac{d^2}{dt^2} [x(t)] = -\frac{k}{m} x(t)$$

RECALL:  $\frac{d}{dt} [\cos(at)] = -a \sin(at)$  where "a" is some constant

LET'S TRY  $x(t) = \cos\left(\frac{k}{m} t\right)$

$$\frac{d}{dt} [x(t)] = -\frac{k}{m} \sin\left(\frac{k}{m} t\right)$$

$$\frac{d^2}{dt^2} [x(t)] = -\frac{k}{m} \left( \frac{k}{m} \cos\left(\frac{k}{m} t\right) \right) = -\frac{k^2}{m^2} x(t)$$

CLOSE!! BUT WE  
DON'T WANT SQUARED

FINALLY, LET'S TRY:  $x(t) = \cos\left(\sqrt{\frac{k}{m}} t\right)$

$$\frac{d}{dt} [x(t)] = -\sqrt{\frac{k}{m}} \sin\left(\sqrt{\frac{k}{m}} t\right)$$

$$\frac{d^2}{dt^2} [x(t)] = -\frac{k}{m} \cos\left(\sqrt{\frac{k}{m}} t\right) = -\frac{k}{m} x(t)$$

NICE!! WE GOT OUR  
ORIGINAL EQN.

$$\Rightarrow x(t) = \cos\left(\sqrt{\frac{k}{m}} t\right)$$

LET  $\omega = \sqrt{\frac{k}{m}}$ , THEN  $x(t) = \cos(\omega t)$

IN GENERAL,

$$x(t) = A \cos(\omega t + \phi)$$

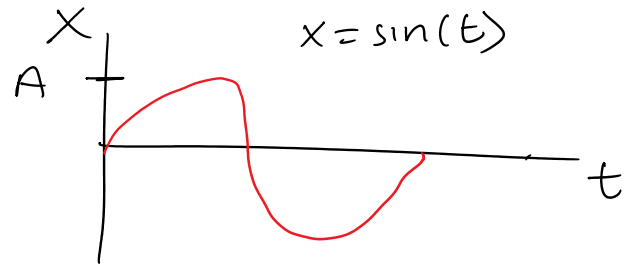
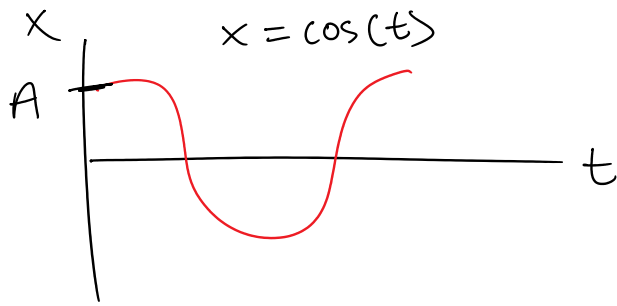
Where omega (curly w) represents the "angular frequency", basically how frequent the cosine function goes up and down in a given interval. This quantity is directly related to the phase and the period of oscillation of the spring-mass

phi represents the "phase shift", basically shifting the origin left or right so that the resulting cosine function correctly depicts the motion of the block.

A represents the "amplitude", which basically describes the maximum displacement of the block from equilibrium. Since cosine and sine have values from -1 to +1, multiplying by A is like scaling the function so that it fits the maximum displacement measured.

$x_1$   $x = \cos(t)$

$x_1$   $x = \sin(t)$



The general form allows us to basically convert this cosine function into a sine function if need be.

- All we would have to do is set the phase shift  $\phi = -\pi/2$  or  $-90$  degrees in order for the cosine to resemble sine.

When do we know if we need cosine or if we need sine to model the motion of the block?

- It simply depends on where the block is when we start our timer at  $t = 0$  i.e. the block's initial position.