

# Optimization for Machine Learning

## CS-439

### Lecture 2: Gradient Descent

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EPFL – [github.com/epfml/OptML\\_course](https://github.com/epfml/OptML_course)

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# Recap

## Convexity

recap,

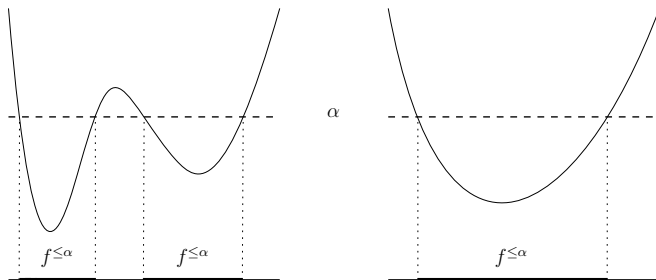
and short addition before we get to gradient descent...

# Existence of a minimizer

**Sublevel sets:** Let  $f : \text{dom}(f) \rightarrow \mathbb{R}$ ,  $\alpha \in \mathbb{R}$ . The set

$$f^{\leq \alpha} := \{\mathbf{x} \in \text{dom}(f) : f(\mathbf{x}) \leq \alpha\}$$

is the  $\alpha$ -sublevel set of  $f$ ;



# Weierstrass Theorem

## Theorem

*Let  $f : \text{dom}(f) \rightarrow \mathbb{R}$  be a convex function,  $\text{dom}(f)$  open, and suppose there is a nonempty and bounded sublevel set  $f^{\leq \alpha}$ . Then  $f$  has a global minimum.*

Proof.



# Chapter 2

## Gradient Descent

# The Algorithm

How to get near to a minimum  $\mathbf{x}^*$ ?

(Assumptions:  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  convex, differentiable, has a global minimum  $\mathbf{x}^*$ )

**Goal:** Find  $\mathbf{x} \in \mathbb{R}^d$  such that

$$f(\mathbf{x}) - f(\mathbf{x}^*) \leq \varepsilon.$$

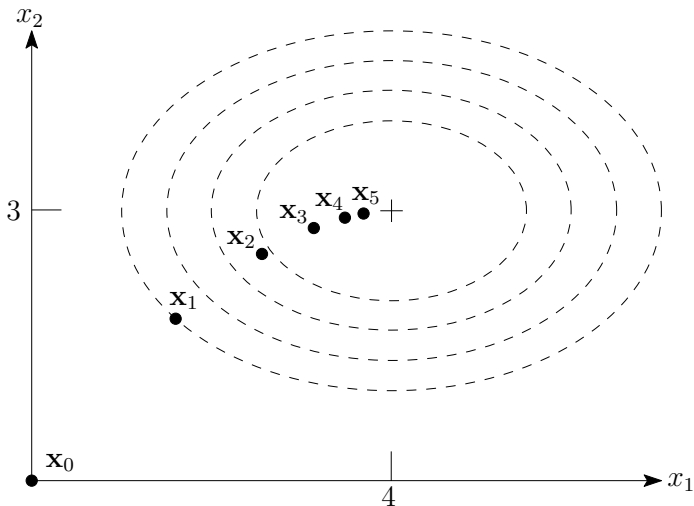
Note that there can be several minima  $\mathbf{x}_1^* \neq \mathbf{x}_2^*$  with  $f(\mathbf{x}_1^*) = f(\mathbf{x}_2^*)$ .

**Iterative Algorithm:**

$$\mathbf{x}_{t+1} := \mathbf{x}_t - \gamma \nabla f(\mathbf{x}_t),$$

for **timesteps**  $t = 0, 1, \dots$ , and **stepsize**  $\gamma \geq 0$ .

# Example



# Vanilla analysis

How to bound  $f(\mathbf{x}_t) - f(\mathbf{x}^*)$  ?

- Convexity of  $f$ , for  $\mathbf{x} = \mathbf{x}_t, \mathbf{y} = \mathbf{x}^*$ , gives

$$f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \nabla f(\mathbf{x}_t)^\top (\mathbf{x}_t - \mathbf{x}^*).$$

- Apply the definition of the iteration,  $\nabla f(\mathbf{x}_t) = (\mathbf{x}_t - \mathbf{x}_{t+1})/\gamma$ :

$$f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \frac{1}{\gamma} (\mathbf{x}_t - \mathbf{x}_{t+1})^\top (\mathbf{x}_t - \mathbf{x}^*).$$

- Now we apply  $2\mathbf{v}^\top \mathbf{w} = \|\mathbf{v}\|^2 + \|\mathbf{w}\|^2 - \|\mathbf{v} - \mathbf{w}\|^2$

$$\begin{aligned} f(\mathbf{x}_t) - f(\mathbf{x}^*) &\leq \frac{1}{2\gamma} (\|\mathbf{x}_t - \mathbf{x}_{t+1}\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2) \\ &= \frac{1}{2\gamma} (\gamma^2 \|\nabla f(\mathbf{x}_t)\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2) \end{aligned}$$

again by the definition gradient descent



## Vanilla analysis, cont.

sum this over steps  $t = 0, \dots, T - 1$ :

$$\begin{aligned} & \sum_{t=0}^{T-1} (f(\mathbf{x}_t) - f(\mathbf{x}^*)) \\ & \leq \frac{\gamma}{2} \sum_{t=0}^{T-1} \|\nabla f(\mathbf{x}_t)\|^2 + \frac{1}{2\gamma} (\|\mathbf{x}_0 - \mathbf{x}^*\|^2 - \|\mathbf{x}_T - \mathbf{x}^*\|^2) \\ & \leq \frac{\gamma}{2} \sum_{t=0}^{T-1} \|\nabla f(\mathbf{x}_t)\|^2 + \frac{1}{2\gamma} \|\mathbf{x}_0 - \mathbf{x}^*\|^2 \end{aligned}$$

an upper bound for the **average error**  $f(\mathbf{x}_t) - f(\mathbf{x}^*)$ ,  $t = 0 \dots T - 1$

- ▶ last iterate is not necessarily the best one
- ▶ stepsize is crucial

## Bounded gradients: $\mathcal{O}(1/\varepsilon^2)$ steps

Assume that all gradients of  $f$  are bounded in norm.

### Theorem

*Let  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  be convex and differentiable with a global minimum  $\mathbf{x}^\star$ ; furthermore, suppose that  $\|\mathbf{x}_0 - \mathbf{x}^\star\| \leq R$  and  $\|\nabla f(\mathbf{x})\| \leq L$  for all  $\mathbf{x}$ . Choosing the stepsize*

$$\gamma := \frac{R}{L\sqrt{T}},$$

*gradient descent yields*

$$\frac{1}{T} \sum_{t=0}^{T-1} f(\mathbf{x}_t) - f(\mathbf{x}^\star) \leq \frac{RL}{\sqrt{T}}.$$

## Bounded gradients: $\mathcal{O}(1/\varepsilon^2)$ steps, II

Proof.



# Bounded gradients: $\mathcal{O}(1/\varepsilon^2)$ steps, II

## Advantages:

- ▶ dimension-independent!
- ▶ holds for both average, or best iterate

## In Practice:

What if we don't know  $R$  and  $L$ ?

→ Exercise 13

## Smooth functions: $\mathcal{O}(1/\varepsilon)$ steps

Convex, but not too convex?

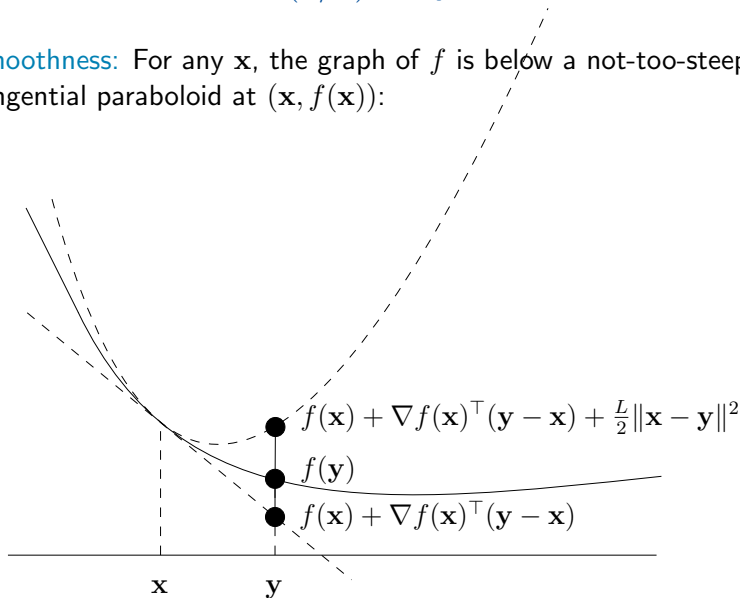
### Definition

Let  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  be convex and differentiable,  $L \in \mathbb{R}_+$ .  $f$  is called **smooth** (with parameter  $L$ ) if

$$f(\mathbf{y}) \leq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) + \frac{L}{2} \|\mathbf{x} - \mathbf{y}\|^2, \quad \forall \mathbf{x}, \mathbf{y} \in \mathbb{R}^d.$$

# Smooth functions: $\mathcal{O}(1/\varepsilon)$ steps

**Smoothness:** For any  $\mathbf{x}$ , the graph of  $f$  is below a not-too-steep tangential paraboloid at  $(\mathbf{x}, f(\mathbf{x}))$ :



## Smooth functions: $\mathcal{O}(1/\varepsilon)$ steps

- ▶ Quadratic functions are smooth
- ▶ Operations that preserve smoothness:

### Lemma (Exercise 15)

- (i) Let  $f_1, f_2, \dots, f_m$  be convex functions that are smooth with parameters  $L_1, L_2, \dots, L_m$ , and let  $\lambda_1, \lambda_2, \dots, \lambda_m \in \mathbb{R}_+$ . Then the convex function  $f := \sum_{i=1}^m \lambda_i f_i$  is smooth with parameter  $\sum_{i=1}^m \lambda_i L_i$ .
- (ii) Let  $f$  be convex and smooth with parameter  $L$ , and let  $g(\mathbf{x}) = A\mathbf{x} + \mathbf{b}$ , for  $A \in \mathbb{R}^{d \times m}$  and  $\mathbf{b} \in \mathbb{R}^d$ . Then the convex function  $f \circ g$  is smooth with parameter  $L\|A\|^2$ , where

$$\|A\| = \max_{\|\mathbf{x}\|=1} \frac{\|A\mathbf{x}\|}{\|\mathbf{x}\|}$$

is the **2-norm** (or spectral norm) of  $A$ .

# Smooth functions: $\mathcal{O}(1/\varepsilon)$ steps

## Theorem

Let  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  be convex and differentiable with a global minimum  $\mathbf{x}^*$ ; furthermore, suppose that  $f$  is smooth with parameter  $L$ . Choosing

$$\gamma := \frac{1}{L},$$

gradient descent with arbitrary  $\mathbf{x}_0$  satisfies

(i) Function values are monotone decreasing:

$$f(\mathbf{x}_{t+1}) \leq f(\mathbf{x}_t) - \frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2, \quad t \geq 0.$$

(ii)

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \frac{L}{2T} \|\mathbf{x}_0 - \mathbf{x}^*\|^2.$$



# Smooth functions: $\mathcal{O}(1/\varepsilon)$ steps. Proof

Proof.



## Smooth functions: $\mathcal{O}(1/\varepsilon)$ steps

- Do we need to know  $L$ ?  
**No.** Exercise 16.

## Smooth functions: $\mathcal{O}(1/\varepsilon)$ steps

- ▶ Bounded gradients  $\Leftrightarrow$  Lipschitz continuity of  $f$ ,
- ▶ Now: smoothness  $\Leftrightarrow$  Lipschitz continuity of  $\nabla f$ .

### Lemma

*Let  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  be convex and differentiable. The following two statements are equivalent.*

- (i)  *$f$  is smooth with parameter  $L$ .*
- (ii)  *$\|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\| \leq L\|\mathbf{x} - \mathbf{y}\|$  for all  $\mathbf{x}, \mathbf{y} \in \mathbb{R}^d$ .*

# Can we go even faster?

So far: Error decreases with  $1/\sqrt{T}$ , or  $1/T$ ...

Could it decrease exponentially in  $T$ ?

# Can we go even faster?

- ▶ On  $f(x) := x^2$ : Stepsize  $\gamma := \frac{1}{2}$  ( $f$  is  $L = 2$  - smooth)

$$x_{t+1} = x_t - \frac{1}{2} \nabla f(x_t) = x_t - x_t = 0,$$

- ▶ converged in one step!

- ▶ Same  $f(x) := x^2$ : Stepsize  $\gamma := \frac{1}{4}$  ( $f$  is  $L = 4$  - smooth)

$$x_{t+1} = x_t - \frac{1}{4} \nabla f(x_t) = x_t - \frac{x_t}{2} = \frac{x_t}{2},$$

so  $f(x_t) = f\left(\frac{x_0}{2^t}\right) = \frac{1}{2^{2t}} x_0^2$ .

- ▶ Exponential in  $t$  !

## Strong convexity

So far: Error decreases with  $1/\sqrt{T}$ , or  $1/T$ ...

Could it decrease exponentially in  $T$ ?

# Strong convexity: $\mathcal{O}(\log(1/\varepsilon))$ steps

## Not too curved and not too flat

### Definition

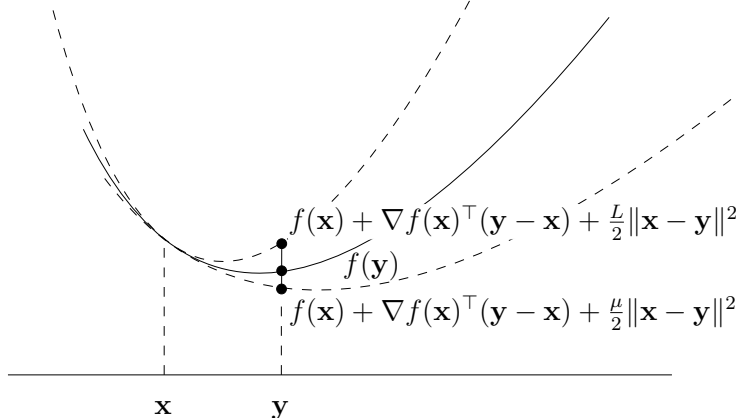
Let  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  be convex and differentiable,  $\mu \in \mathbb{R}_+, \mu > 0$ .  $f$  is called **strongly convex** (with parameter  $\mu$ ) if

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \nabla f(\mathbf{x})^\top (\mathbf{y} - \mathbf{x}) + \frac{\mu}{2} \|\mathbf{x} - \mathbf{y}\|^2, \quad \forall \mathbf{x}, \mathbf{y} \in \mathbb{R}^d.$$

### Lemma (Exercise 18)

*If  $f$  is strongly convex with parameter  $\mu > 0$ , then  $f$  is strictly convex and has a unique global minimum.*

## Strong convexity: $\mathcal{O}(\log(1/\varepsilon))$ steps



A smooth and strongly convex function



## Strong convexity: $\mathcal{O}(\log(1/\varepsilon))$ steps

Can we show  $\lim_{t \rightarrow \infty} \mathbf{x}_t = \mathbf{x}^*$  ?

From the vanilla analysis, we know

$$f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \frac{1}{2\gamma} (\gamma^2 \|\nabla f(\mathbf{x}_t)\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2).$$

Using that  $f$  is strongly convex, we obtain

$$\leq \frac{1}{2\gamma} (\gamma^2 \|\nabla f(\mathbf{x}_t)\|^2 + \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2) - \frac{\mu}{2} \|\mathbf{x}_t - \mathbf{x}^*\|^2.$$

Can bound on  $\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2$  in terms of  $\|\mathbf{x}_t - \mathbf{x}^*\|^2$ , along with some “noise”:

$$\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \leq 2\gamma(f(\mathbf{x}^*) - f(\mathbf{x}_t)) + \gamma^2 \|\nabla f(\mathbf{x}_t)\|^2 + (1 - \mu\gamma) \|\mathbf{x}_t - \mathbf{x}^*\|^2 \quad (\text{S})$$

## Strong convexity: $\mathcal{O}(\log(1/\varepsilon))$ steps

### Theorem

Let  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  be convex, differentiable, and smooth with parameter  $L$ , and strongly convex with parameter  $\mu > 0$ . Choosing

$$\gamma := \frac{1}{L},$$

gradient descent with arbitrary  $\mathbf{x}_0$  satisfies the following two properties.

(i) Squared distances to  $\mathbf{x}^*$  are geometrically decreasing:

$$\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \leq \left(1 - \frac{\mu}{L}\right) \|\mathbf{x}_t - \mathbf{x}^*\|^2, \quad t \geq 0.$$

(ii)

$$f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \frac{L}{2} \left(1 - \frac{\mu}{L}\right)^t \|\mathbf{x}_0 - \mathbf{x}^*\|^2.$$

## Strong convexity: $\mathcal{O}(\log(1/\varepsilon))$ steps

Proof.

For (i), we show that the noise in (S) disappears. From the above “smooth” Theorem (i), we know that

$$f(\mathbf{x}^*) - f(\mathbf{x}_t) \leq f(\mathbf{x}_{t+1}) - f(\mathbf{x}_t) \leq -\frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2,$$

and hence the noise can be bounded as follows:

$$\begin{aligned} & 2\gamma(f(\mathbf{x}^*) - f(\mathbf{x}_t)) + \gamma^2 \|\nabla f(\mathbf{x}_t)\|^2 \\ &= \frac{2}{L}(f(\mathbf{x}^*) - f(\mathbf{x}_t)) + \frac{1}{L^2} \|\nabla f(\mathbf{x}_t)\|^2 \\ &\leq -\frac{1}{L^2} \|\nabla f(\mathbf{x}_t)\|^2 + \frac{1}{L^2} \|\nabla f(\mathbf{x}_t)\|^2 = 0. \end{aligned}$$

So, (S) actually yields

$$\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \leq (1 - \mu\gamma) \|\mathbf{x}_t - \mathbf{x}^*\|^2 = \left(1 - \frac{\mu}{L}\right) \|\mathbf{x}_t - \mathbf{x}^*\|^2.$$

## Strong convexity: $\mathcal{O}(\log(1/\varepsilon))$ steps

Proof.

The bound in (ii) follows from smoothness, using  $\nabla f(\mathbf{x}^\star) = \mathbf{0}$ :

$$f(\mathbf{x}_t) - f(\mathbf{x}^\star) \leq \nabla f(\mathbf{x}^\star)^\top (\mathbf{x}_t - \mathbf{x}^\star) + \frac{L}{2} \|\mathbf{x}^\star - \mathbf{x}_t\|^2 = \frac{L}{2} \|\mathbf{x}^\star - \mathbf{x}_t\|^2.$$



**Conclusion:** To reach absolute error at most  $\varepsilon$ , we only need  $\mathcal{O}(\log \frac{1}{\varepsilon})$  iterations, where the constant behind the big- $\mathcal{O}$  is roughly  $L/\mu$ .