



Users
- id = int(11)
- user_name = varchar(255)
- email = varchar(255)
- password = varchar(255)
- avatar = varchar(255) (fileupload)
- role = string(50)

Meals
- id = int(11)
- fk_user_id = int(11)
- fk_dish_id = int(11)
- date_time = datetime

Dishes
- id = int(11)
- dish_name = string(50)
- image = string(255) fileupload
- description = string(255)
- nutrition_facts =string(255)
- ingredients = string(255)
- recipe = string(750)?
- type = string(50)
- category = string(50)
- calories = int
- dish_status = string(50)
- fk_user_id = int(11)