

20:44

84

 Cal AI

 0

T F S S M T W
6 7 8 9 10 11 12

2102

Calories left



153g

Protein left



241g

Carbs left



58g

Fat left



Recently logged

You haven't uploaded any food

Start tracking today's meals by taking a quick picture.



Home



Progress



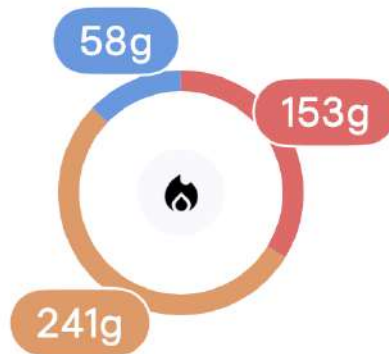
Settings





Adjust Goals

Macronutrients



Calorie goal
2,102



Protein goal
153



Carb goal
241



Fat goal
58

Auto Generate Goals

20:44

84



LINE

今

新着メッセージがあります。

T

6

F

7

S

8

S

9

M

10

T

11

W

12

2102

Calories left



15%

Protein

"Cal AI" がカメラへの
アクセスを求めています

We need your camera in order to
analyze your food

許可しない

許可

Recently logged

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Home



Progress



Settings



T F S S M T W
6 7 8 9 10 11 12

2102

Calories left



153g

Protein left

241g

Carbs left

58g

Fat left



Log exercise



Saved foods



Food Database



Scan food



Home



Progress



Settings



Best scanning practices

✓ Do



✗ Don't



General tips:

- Keep the food inside the scan lines
- Hold your phone still so the image is not blurry
- Don't take the picture at obscure angles

Scan now