



When were you born?

This will be used to calibrate your custom plan.

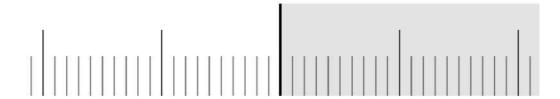
January	1	1991
February	2	1992
March	3	1993
April	4	1994
May	5	1995
June	6	1996
July	7	1997



What is your desired weight?

Lose weight

72.0 kg





Losing 4 kg is a realistic target. It's not hard at all!

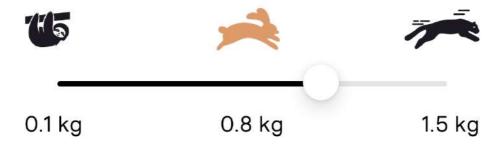
90% of users say that the change is obvious after using Cal Al and it is not easy to rebound.



How fast do you want to reach your goal?

Loss weight speed per week

1.0 kg



Recommended



Lose twice as much weight with Cal Al vs on your own

