

Quest Board

Week of Oct 14-20, 2025

Process: 15/25

“Great! 10 more for full BINGO!”



	Academic	Wellness	Relation	Digital	Growth
Mon	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
Tue	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
Wed	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
Thu	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>
Fri	<div></div>	<div></div>	<div></div>	<div></div>	<div></div>

Quick Stats:

Longest steak: 4days

Best quest: Academic(5/5)

Share

History

✓ Daily Check-In Complete !

Great jon reflecting today!

Which quests did you work on?

(Select all that apply)

Academic Progress

“Studied for exam”

Emotional Wellness

“Mindfulness or self-care”

Relationships

“Called family”

Physical Health

“Exercise or healthy eating”

Skip

Continue

Cohort Progress Board

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This Week's Quest Board Activity:

4/5 active

Leo completed 80%
"Amazing dedication"

12

8

Kat completed 50%
"Halfway there"

5



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