

Work and Energy

- Closely related...
- Work is a measure of the amount of change that a force produces when it acts on a body

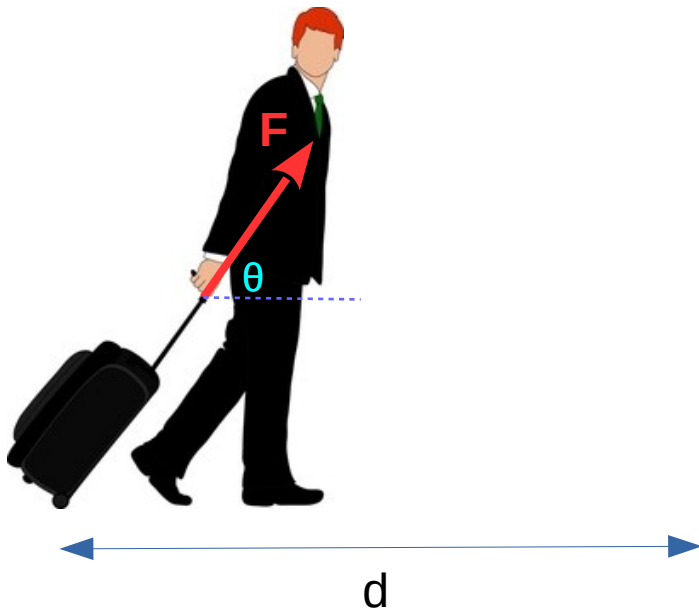
Work by done by constant F

- Work = displacement * force responsible for the displacement. $W = \vec{F} \cdot \Delta \vec{r} = F \Delta r \cos \theta$ SI unit: Joule = N*m

W is a scalar!

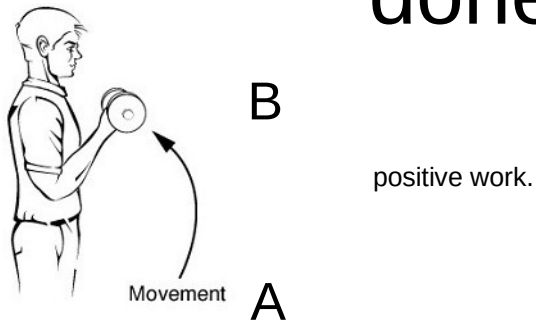
if the displacement is zero, there is no work done

- Example: pulling a suitcase. Find the work done if $F=50$ N, $\theta=60$, $d=10$ m.

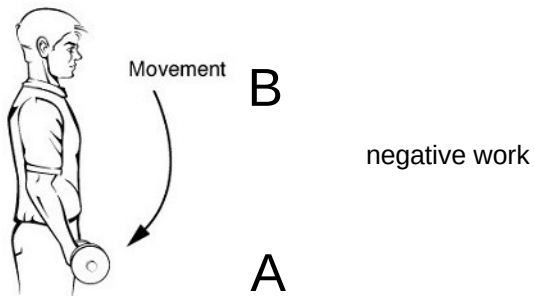


Answer: 250 J

- Example: bicep workout. How much work is done on the barbell?



$A \rightarrow B \rightarrow A$ no work done!



Keep track of who is doing the work!
Work done on a particular body by a specific force!

Total Work

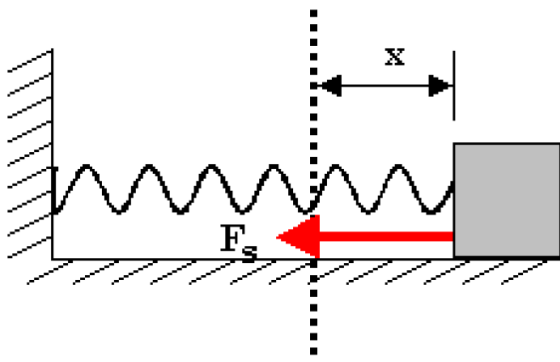
- Total Work done by several Forces acting on a body

$$W_{tot} = \sum W_i = \sum \vec{F}_i \cdot \Delta \vec{r} = \vec{F}_{tot} \cdot \Delta \vec{r}$$

- Work done by non constant force:

$$W = \int_A^B \vec{F} \cdot d\vec{r}$$

- Example: Spring exerts a force $F = -kx$ on an object. What is the work done from the spring to the object as it moves from $x=a$ to $x=b$?



Work and Energy

- Energy is the ability to do work
- Work is the process of transferring energy

Mechanical Energy



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graph TD; ME[Mechanical Energy] --> KE[Kinetic Energy]; ME --> PE[Potential Energy];
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Kinetic Energy
energy of motion

Potential Energy
stored energy of
position

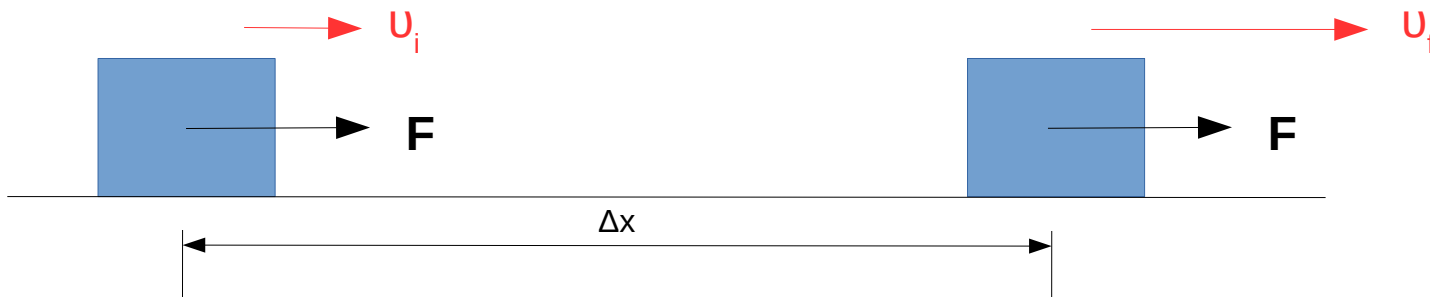
Kinetic energy

- The amount of kinetic energy a moving object has is given by

$$K = \frac{1}{2}mv^2$$

Why?

Consider an object moving in 1D under a constant force F . $W=?$



Work-Kinetic Energy theorem

- The amount of kinetic energy a moving object has is given by

$$K = \frac{1}{2}mv^2$$

- WORK-KINETIC ENERGY THEOREM:**

When a net external force does work on an object, the kinetic energy of the object changes according to

$$W_{total} = \Delta K = K_f - K_i$$

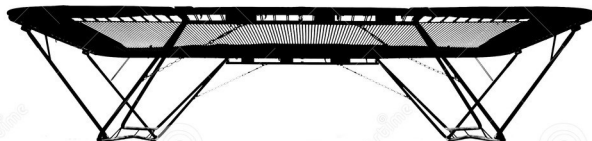
K of a particle is equal to the total work that was done to accelerate it from rest to its present speed

Work-Kinetic Energy theorem

- Example: A gymnast leaves the trampoline at an initial height of 1.20 m and reaches a maximum height of 4.80 m before falling back down. What was the initial speed of the gymnast?

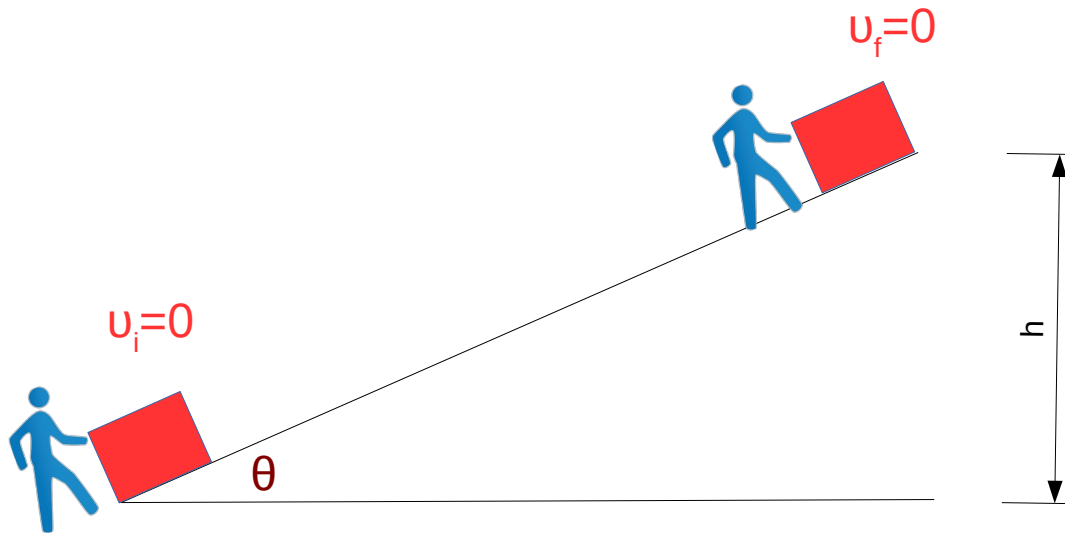


Answer: 8.40 m/s



Work-Kinetic Energy theorem

- What is the work required to push a box along an inclined ramp at height h ?
Does it depend on the angle θ ?



Potential energy

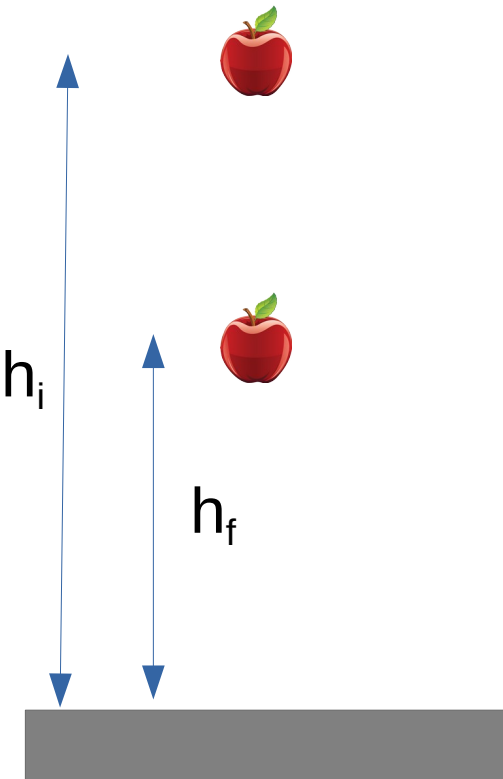
- The potential energy that an object in a certain position acquires is equal to the amount of work it takes to put the object in that position.
- Potential energy: gravitational, elastic, electromagnetic, chemical...

Gravitational potential energy $U = mgh$

Electrostatic potential energy $U = qV$

Potential energy

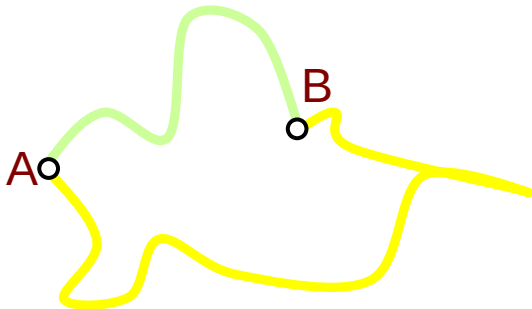
Example: Find the work done by gravity in accelerating an apple from h_i to h_f



$$W_g = mg(h_i - h_f) = -\Delta U$$

Conservative Forces

- v1: A force is conservative when the work it does on a moving object is independent of the path between the object's initial and final positions.
- v2: A force is conservative when it does no work on an object moving around a closed path, starting and finishing at the same point.



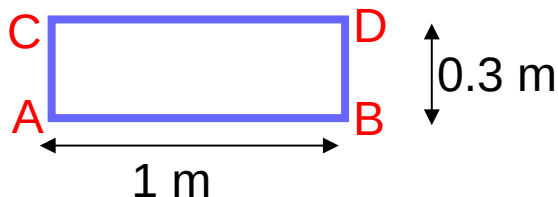
$$W_{AB} + W_{BA} = 0$$

Conservative vs Nonconservative Forces

- Conservative F:
 - Gravitational
 - Electrostatic (ch 3)
 - Elastic spring
- Nonconservative F:
 - Friction
 - Air resistance
 - Push, pull
 - Tension
 - Normal

Nonconservative Forces

- Example: Two identical boxes of mass 2 kg are moved from A to B along two different trajectories on a table that has a coefficient of kinetic friction of 0.2. The first box is moved along a straight line from A to B, while the second box is moved following the path $A \rightarrow C \rightarrow D \rightarrow B$ (see figure). Find the work done by the frictional force in the two cases, thus demonstrating that friction is a non-conservative force.



*Answer: First box $\rightarrow W_f = -3.9 \text{ J}$
Second box $\rightarrow W_f = -6.3 \text{ J}$*

Conservation of Mechanical Energy

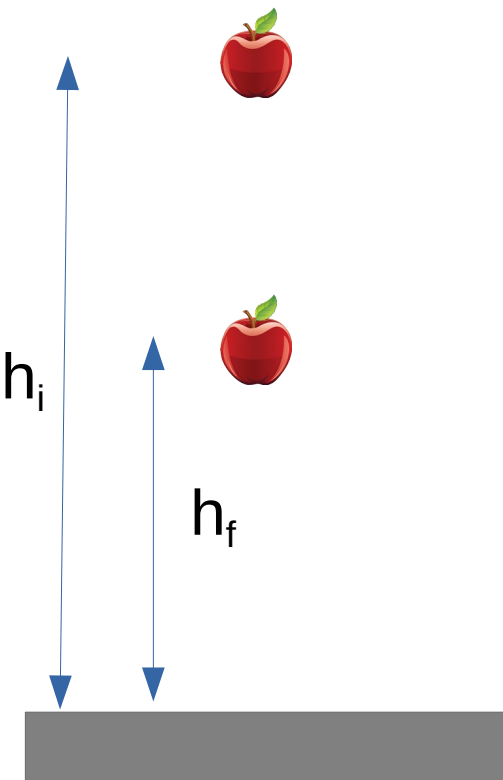
Example: An apple is released from h_i

Work-KE theorem: $W_{total} = \Delta K = W_g$

$$W_g = mg(h_i - h_f) = -\Delta U$$

$$\Delta K + \Delta U = 0$$

$$K_i + U_i = K_f + U_f$$



Conservation of Mechanical Energy

The total mechanical energy $E = K + U$ of an object is conserved when only conservative forces work on the system.

Example: A body of mass 2 kg is released from a height of 3 m over the floor and free falls.

(a) Apply the work-energy theorem to find the speed of the body at a height of 1 m and when it reaches the floor.

(b) Determine U, K and E in both positions, and check that the mechanical energy E is conserved.

Answer: (a) $v(1\text{ m}) = 6.3\text{ m/s}$; $v(0\text{ m}) = 7.7\text{ m/s}$

(b) $U(1\text{ m}) = 19.62\text{ J}$; $U(0\text{ m}) = 0\text{ J}$; $K(1\text{ m}) = 39.24\text{ J}$;

$K(0\text{ m}) = 58.86\text{ J}$; $E = 58.86\text{ J}$

Conservation of Energy

Energy cannot be created or destroyed – it can only be changed from one form to another.

Assume both conservative and nonconservative forces act simultaneously on an object

$$\begin{array}{c} \boxed{W = W_C + W_{NC}} \\ \swarrow \quad \searrow \\ \boxed{W = K_f - K_i = \Delta K} \quad \boxed{W_C = U_i - U_f = -\Delta U} \end{array}$$

so that $\boxed{\Delta K = -\Delta U + W_{NC}} \rightarrow$

$$\boxed{W_{NC} = \Delta K + \Delta U = K_f - K_i + U_f - U_i = (K_f + U_f) - (K_i + U_i) = E_f - E_i = \Delta E}$$

If the net work on an object by nonconservative forces is zero, then its energy does not change

Power

Power is the time rate at which work is done

- Average power: $P_{av} = \frac{\text{Work}}{\text{time}} = \frac{W}{t}$ SI units: Watt=J/s
- instantaneous mechanical power generated by a Force $P = \lim_{\Delta t \rightarrow 0} \frac{\Delta W}{\Delta t} = \frac{dW}{dt} = \vec{F} \cdot \vec{v}$

Example: A small motor is used to raise a load of bricks weighting 800 N to a height of 10 m in 20 s. What is the minimum power the motor must produce?

Answer: $P_{min} = 400 \text{ W}$