#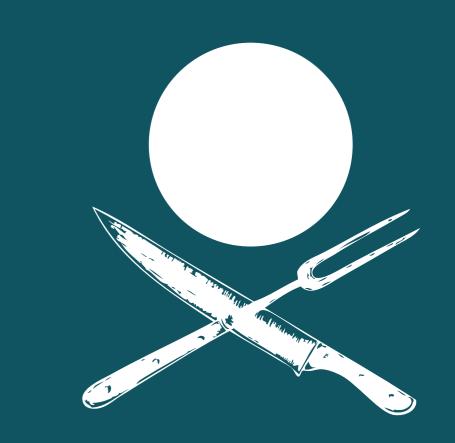 CHOOSE A PLATE