

# CURRICULUM VITAE

**NAME:** Dr ASIT KHANNA MD, DM, FACC, FESC, FAPSIC, FSCAI, FISC, FICP,

**DATE OF BIRTH:** 2<sup>nd</sup> December 1973

**PLACE OF BIRTH:** Nainital, Uttarakhand, India

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## EDUCATION/POST GRADUATE TRAINING

D.M. CARDIOLOGY			
	FROM	TO	INSTITUTE
	JULY 2004	JULY 2007	G.B.PANT HOSPITAL, NEW DELHI

SENIOR RESIDENCY (CARDIOLOGY )			
	FROM	TO	INSTITUTE
	JAN 2001	MAY 2001	NATIONAL HEART INSTITUTE, EAST OF KAILASH, NEW DELHI*
	MAY 2001	MAY 2004	G.B.PANT HOSPITAL NEW DELHI

- Under Dr S.. PADMAVATI

	JOINING	PASSING	INSTITUTION	ATTEMPT
M.B.B.S.	JULY 1992	DEC.1996	IMS, BHU, VARANASI	FIRST
INTERNSHIP	JAN 1997	DEC 1997	IMS, BHU, VARANASI	--
M.D. (Medicine)	MARCH1998	DEC.2000	IMS, BHU, VARANASI	FIRST

*Topper of MD (Med) batch.*

PREMEDICAL					
	LEVEL	EXAM	YEAR	INSTITUTION	% MARKS
	10 <sup>th</sup>	I.C.S.E.	1989	Mount Saint Mary's School, New Delhi	84.0
	12 <sup>th</sup>	C.B.S.E.	1991	Mount Saint Mary's School, New Delhi	79.3

**MEDICAL LICENSURE :** Delhi Medical Council Number 45670  
Medical Council Of India Number 42155

### **PRESENT POSITION**

- **Principal Cardiologist and Clinical Coordinator** in Yashoda Superspeciality Hospital, Kaushambi from August 2018 to date.

### **PREVIOUS PROFESSIONAL POSITIONS AND APPOINTMENTS**

- **Senior Interventional Cardiologist**, Dept Of Cardiology, Max Pushpanjali Superspeciality Hospital, Vaishali from 2011 to August, 2018.
- **Chief of Cardiology and Director**, Cardiac Cath Lab, Sarvodaya Hospital And Heart Centre, Kavi Nagar, Ghaziabad from 2013 to 2015.
- **Unit head**, Dept Of Cardiology, Yashoda Superspeciality Hospital, Nehru Nagar from 2011 to 2015
- **Unit head**, Dept Of Cardiology, Narinder Mohan Hospital and Heart Centre, Mohan Nagar, Ghaziabad from 2007 to 2011
- **Visiting Interventional Cardiologist** in Cath Labs in Aligarh and Muzzafarnagar.
- Successfully running own non interventional cardiac centre, **Navjeevan Heart Centre and Navjeevan OPD**, for all coronary problems, preventive cardiology, pacemaker clinic and fetal /pediatric clinic, Heart failure clinic, transplant clinic etc. Offers services like ECHO (2D/3D/Pediatric/DSE /TEE), TMT, HOLTER, Ambulatory BPM etc.

Till October 2022, I have done more than **15000 angiographies and 5000 angioplasties (coronary/peripheral/carotid/Rota/IVL) and 400 pacemakers/CRT/ICD/COMBO implantations.** Numerous other interventions like numerous cath studies, balloon valvotomies, peripheral embolisations and several device implantations for ASD and PDA.

### **TEACHING ACTIVITIES**

- **3 years teaching experience as Senior Resident (cardiology)** in G.B. Pant Hospital 2001 to 2004
- **Regional Faculty** for International Program, American Guild For Physicians CME and ASCME 2015
- **Regional faculty** for training in certificate course on Management of HT by International society of HT/British HT Society/CCDCPHFI 2017-18
- **Co guide to DNB General Medicine thesis dissertation** of Dr Anugrah Raj Mathur (2016-2019) on “ABPM monitoring in patients with Diabetes Mellitus”

### **HOSPITAL COMMITTEE APPOINTMENTS**

- Clinical Program Coordinator, Dept Of Cardiology
- ECMO Team
- Code Blue Committee

- Mortality Committee
- Radiation safety and monitoring Board
- Hospital Infection Control Committee

## **HONOURS AND AWARDS**

- Winner of The Thapar Scholarship of 5000 Rs/yr for duration of MBBS 1992-1996
- Winner of Third prize in Symposium on TB, IMA Varanasi, 1999
- Winner of All India Glaxo Wellcome - IJCP Essay competition on Hepatitis B in 2000.
- Distinguished Alumnus award from G.B. Pant Hospital and MAMC, Delhi 2015.
- Appreciation Award in UP Cardiac Institutes Alumni meet, Delhi 2015
- Recipient of the **ICONS OF HEALTHCARE** award by Times Of India, Meerut 2019
- Recipient of the **SEWA RATNA** award by **Govt Of Uttarakhand**, 2020.
- Corona warrior award from Shipra Kalyan Samiti, Uttarakhand, 2020
- Corona warrior award from Vaishnavi Sewa Sansthan, Aligarh 2020
- Corona warrior award by Ghaziabad Management Association, Ghaziabad 2021

## **FELLOWSHIPS AND SOCIETY MEMBERSHIPS**

- 1. Fellow of the American College Of Cardiology(FACC)**
- 2. Fellow of the Society for Cardiovascular Angiography and Intervention (FSCAI)**
- 3. Fellow of the Asian Pacific Society Of Cardiovascular Intervention (FAPSIC)**
- 4. Fellow of the European Society Of Cardiology(FESC)**
- 5. Fellow of the Indian Society Of Cardiology(FISC)**
- 6. Fellow of the Indian College Of Physicians (FICP)**
7. Cardiological Society Of India (Life Member)
8. Indian College Of Cardiology ( Life member)
9. International Society Of Endovascular Specialists (Life Member)
10. Asia Pacific Vascular Society (Life Member)
11. Heart Rhythm Society (USA)(Member)
12. Indian Heart Rhythm Society (Member)
13. American College Of Physicians (Life Member)
14. European Association Of Cardiovascular Imaging (EACVI)(member)
15. European Association Of Percutaneous Coronary Intervention (EAPCI) (member)
16. International Society of Cardiovascular Pharmacotherapy (ISCP)(member)
17. Ghaziabad Cardiology Forum (**Founder** & Life Member)
18. Association Of Physicians Of India (Life Member)
19. Research Society for the Study of Diabetes in India (Life Member)
19. Indian Medical Association (Life Member)
20. East Delhi Physicians Association (Life Member)
21. Ghaziabad Management Association(Life Member)
22. World Heart Federation (member)
23. European Primary Care cardiovascular Society
24. International Society Of Cardiovascular Pharmacotherapy
25. International Society For Heart Research
26. Khatri Sabha, Ghaziabad

## **PAPER PRESENTATIONS**

1. Case presentation and faculty at INDIALIVE 2015
2. Case presentation and faculty at NIC conference 2015
3. CSI 2005 : Mitral L wave in HOCM : marker diastolic dysfunction (free paper )
4. CSI 2006 : Percutaneous closure of RSOV ; GB Pant experience (free paper)
5. CSI 2006 : Evaluation of 2<sup>nd</sup> gen. DES with bioresorbable polymer.

## **LECTURES/PRESENTATIONS GIVEN**

- Faculty at local seminars and conferences like IMA(Ghaziabad). IMA(West Ghaziabad)(2018, 2020), IMA(Meerut), IMA(Muzzafarnagar), IMA(Kanpur), IMA (Varanasi,) EDPA (East Delhi Physicians Association), API(Ghaziabad), API (Meerut), API(Delhi), API (Agra), Association Of Family Physicians(Ghaziabad), HT Therapeutics Conclave (Mumbai,2017), NIMA (National Indian Medical Association), CSI (Cardiological Society Of India Delhi Branch), Endocrine Society Of India, INASL, Transradial Interventions (TRICO Ahmedabad).
- Faculty in national conferences like 2<sup>nd</sup> American College Of Physicians (Delhi chapter, August 2017), CSI India, NIC, ICC, IIC(2014), APVIC(2017), UPDACon(2016), INDIA LIVE in India(2016,2020), EIICON, Kolkata 2021 and in Nepal.
- Faculty in international Conferences on interventional Cardiology like ACC, ESC, TCT(USA 2011, 2014, 2016), TCT-ASIA PACIFIC (S.Korea 2011), Euro PCR (Spain 2009 & France 2012), HEART FAILURE CONGRESS (Portugal, Spain, Greece),APVIC (Delhi), SINGAPORE LIVE (Singapore), Thailand, Malayasia 2001, Dubai, Vietnam, Australia, Macau, China, Italy, Kazakhstan and several hands-on workshops on complex angioplasty, Rotablation, IVUS, OCT and pacemaker/device clinics.
- Trained hands-on with stalwarts of Interventional Cardiology like **Dr. Antonio Colombo** in his Cath Lab at Milan, Italy(2014) and in Cath labs of Tokyo, Japan(2008).
- Founder of the **Ghaziabad Cardiology Forum**, a speciality group of Cardiologists of Ghaziabad since 2015.
- International speaker and mentor for Astra Zeneca, Abbot, Boehringer Ingelheim, Cipla, Pfizer, Sanofi, Zydus, Sun/Ranbaxy, Glaxo Smithkline, Novo Nordisk, Lupin, Merck/MSD, Novartis & Intas pharmaceuticals.
- **Completed certificate course** on Diabetes management organized by Cardiff University and North Delhi Diabetes Centre 2017
- **Completed certification course** on Cardiovascular Intravascular imaging and Physiology (**OCT and IVUS**) by Imaging and Physiology Council Of India(SCIP) 2017, Chennai
- **Completed certification course** in Cardiovascular Rehabilitation by ICCPR(International Council Of Cardiovascular Prevention and Rehabilitation), 2019.

- **Completed 4 certification courses** in diagnosis, prevention and management of Corona Infection. 2 from WHO, 1 from Govt of Gujarat, 1 from MOHFW, 2020.
- **Completed Certification course** on CVD management and Covid 19 by Indian Society Of Hypertension (ISH), 2019.
- **Completed IMPELLA** training from **Abiomed Academy**. Certified for Impella implantation and management, 2021.

### **CLINICAL PUBLICATIONS/ABSTRACTS**

- Contributor in **Consensus statement** for management of Dyslipidemia in Indian Population, Lipid Association Of India Meeting, Part 2, May 2016
  - Contributor in **Indian Guidelines On hypertension 111**, J Clin Prev Cardiol, 2013;2(3): 128-61, Vol 2, Jul 2013, Hypertension Society Of India.
  - Nath G, **Khanna A**, Singh VP, Sundar S, Rai M. Spectrum Of Infections In Leukemia: A Tertiary Hospital Report.; Ind J Prev Soc Med 2003; 34(1&2):1-7. (Indexed in Ind Med)
  - VP Singh, **A Khanna** et al. Non Hodgkins Lymphoma with Pure Red Cell Aplasia: J Assoc Physicians India 49,1123-1124.11, 2001.
- Abstracts:
    - DES versus BMS in Diabetic Patients undergoing Elective PCI. S. Tyagi, V. Trehan, S. Mukhopadhyay, **Asit Khanna** et al. Indian Heart J 2005; 57:442.
    - Non-Surgical Management of C. Tamponade caused by Temp. Pacemaker Lead. V. Trehan, V. Mehta, **Asit Khanna** et al. Indian Heart J 2005; 57: 476.
    - Acquired Gerbode Defect – Successful Device Closure V. Trehan, S Ramakrishnan, **Asit Khanna** et al. Indian Heart J 2005; 57: 476.
    - Transcatheter Closure of ASD with Amplatzer Septal Occluder: Follow-up Results S.Tyagi, V. Trehan, **Asit Khanna** et al. Indian Heart J 2005; 57:483.
    - Duct Occluder – Deployment Difficulty due to Inadequate Shape Memory V.Trehan, A. Nigam, **Asit Khanna** et al. Indian Heart J 2005, 483.
    - Transcatheter Closure of PmVSD by Amplatzer Devices:Follow-up Results V. Trehan, S. Mukhopadhyay, **Asit Khanna** et al.Indian Heart J 2005; 57: 485.
    - Impaired Long Axis Dynamics of LV in HCM: Relationship with WT & LVOT Gradient V. Mehta, **Asit Khanna** et al Indian Heart J 2005;57:520.
    - Mitral L Wave in Pts with HCMP: Marker of Advanced Diastolic Dysfunction V. Mehta, M. Sharma, **Asit Khanna** et al. Indian Heart J 2005; 57: 532.
    - N Acetyl Cysteine and Contrast induced Nephropathy in diabetic angioplasty pts. KD.Singh, R. Gupta, **Asit Khanna** et al, Indian Heart J, 2006,58:419.
    - Evaluation of 2<sup>nd</sup> gen. DES with reservoir based bioresorbable polymer. S. Tyagi, N. Bhamri, **Asit Khanna** et al. Indian Heart J, 2006:58:42

## **COMMUNITY ACTIVITIES:**

1. Represented school in Music and Essay competitions, Rotary events etc.
2. Secretary of medical college literary committee from 1993 – 1996.
3. Organizing secretary of PLEXUS, literary-cultural inter college festival of IMS BHU.
4. Captained and won different inter college festival competitions from 1993-1997.
5. Participated and represented college in different sports like football and cricket.
6. As a member of Ghaziabad Management Association, interacting with industry leaders/factory owners and management of Educational institutions in and around Ghaziabad. Lecturing and mentoring in their conferences.
7. Organizing and conducting free cardiac check up and treatment camps in association with organizations like Rotary Club, Khatri Sabha, Bharat Vikas Parishad, NGOs( Dhruv Forever Foundation, Kitaab Club, VSSVSS, Utsah Toli, UANA, SIF), Association Of American Physicians Of Indian Origin, Industry owners Association, Ex Servicemen's association, Army wife's association, Schools, Ordinance Factory Board, UPPCL, NTPC, BEL, BHEL, NHPC, PAC, CISF, Market Associations, Pensioner's groups, Trade unions, RWAs etc.
8. Partnering with allied medical science associations like Vishwa Ayurved Sansthan, NIMA, Ghaziabad Homoeopathy Association for integrated approach to health and holistic healing in conferences, camps and lectures.
9. Speaker in several Radio(90.4 Fm, HINT Fm),TV(NDTV, AajTak) and Facebook live ( <https://www.facebook.com/speakforhealth/videos/dr-asit-khanna-a-renowned-cardiologist-from-ghaziabad-is-sharing-his-valuable-gu/502352253938477/> ) shows, online blogs/websites, cable TV Talk shows/question and answer programs for public education and awareness.
10. Contributor of several articles in Newspapers (TOI, Outlook, Navbharat Times, Women's Era) and magazines on important health topics and events.
11. Maintain own YOUTUBE channel for public health awareness (Health talks by Dr Asit Khanna) (<https://www.youtube.com/watch?v=Qo3jBBETpBA>) ( <https://www.youtube.com/watch?v=HtbSS8BJBDs> )
12. Maintain own website for updating information on all these subjects and activities. ( [www.cardiologistinghaziabad.com](http://www.cardiologistinghaziabad.com) )
13. Passionate about gardening and horticulture. Have won Horticulture Society awards on the subject.
14. **Founder of THE HOPE FOUNDATION ( [www.hopefoundationngo.com](http://www.hopefoundationngo.com) ) a non profit organization working in the fields of health, education, forestation and innovative farming in Uttarakhand and Ghaziabad..** Since last 6 years it has been involved in donations of educational materials/grants/scholarships/laptops/computers to poor schoolchildren, blankets/clothes to poor, medical camps/medicines/free blood tests and check ups and public health/education/ vocational training lectures, tree plantations, lake regeneration and other activities in collaboration with local district administration and NGOs working in similar fields(UANA, SIF, VSSVSS, Utsah Toli, AAPI, Dhruv Forever, Naukuchiatl Foundation, Kitaab Club, Janmaitri Sangathan etc). Activities uploaded at Facebook page – <https://www.facebook.com/Hope-Dr-Asit-Khannas-Initiative-for-Healthy-Uttarakhand-921423201228626/>

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