



ABV-Indian Institute of Information Technology and Management, Gwalior
Major Examination (Set-A)
Sports and Physical Education
IMT/ IMG - First Semester (2023-24)

Duration- 3 Hrs

Note:

Max. Marks -50

- 1) This is a closed book exam.
- 2) Read and follow all the instructions printed on the answer sheet.
- 3) The question paper has 4 Sections. Section-A contains 5 multiple choice questions, Sections-B contains 8 Fill in the blanks and State true or false Sections-C contains 8 descriptive question Sections-D contains 5 descriptive questions. All the questions are compulsory.

(Section-A)

Multiple choice questions (Marks-5)

- Q.1. Thomas cup is Related to which Game?
(a) Hockey (b) Judo (c) Badminton ✓ (d) Football
- Q.2. Which state of India stood just in khelo India Games in 2018?
(a) Delhi (b) Punjab (c) Kerala (d) Haryana. ✓
- Q.3. How many sports disciplines are there in khelo India Games?
(a) 12 (b) 14 (c) 16 ✓ (d) 18
- Q.4. Name the country which hosted the Olympics in 2016?
(a) Riode Janeiro, Brazil ✓ (b) Chamonix, France (c) London, England (d) Athens, Greece ✗
- Q.5 The number of yogic kriyas are
(a) Four (b) Five (c) Six ✓ (d) Three

(Section-B) (Marks-8)

Fill in the blanks and State true or false.

- Q.1 The International Olympic Committee, the governing authority of the Modern Olympic Games is based in _____. (Laussane, Switzerland/ Paris, France)
- Q.2. The first Summer Youth Olympics were hosted by _____ 2010 (Singapore/ Delhi)
- Q.3. The Olympic flag was first hoisted in 1920 at _____. (Antwerp Games, Belgium / Tokyo, Japan)
- Q.4. Three runners called _____ travelled to all Greek city-states to spread the message of Olympic truce during the Ancient Olympic Games. (Spondophoroi / Antwerp Games, Belgium)
- Q.5. The IOA plays an important role to strengthen the sports environment of the country. (True/ False)
- Q.6. The Olympic games are closed by hoisting flags of two nations. (True/ False)
- Q.7. The Olympic flag has a white colour background. (True/ False)
- Q.8. Olympics were held in Seoul in the year 1988. (True/ False)

(Section-C)

Descriptive Question (Type I-60 to 100 Words)

- Q.1 In which country basketball is a major sport? 2
- Q.2 How many players are allowed on the basketball court for each team? 2
- Q.3 Name three tournaments of basketball? 2
- Q.4 What are the dimensions of a Kabaddi court for Men and Junior Boys? 2
- Q.5 What is the height of net for men in volleyball? 2
- Q.6 What are the dimensions of a volleyball ground with diagram? 2
- Q.7 When was Dhyani Chand Awards started? 2
- Q.8 Highlight the main features of Maulana Abul Kalam Azad Trophy? 2

(Section-D)

Descriptive Question (Type II-120 to 200 Words)

- Q.3 What is the most popular game in rural Andhra Pradesh? 3
- Q.4 What are the dimensions of a Kabaddi court for Women and Junior Girls with diagram? 4
- Q.5 Names of five Arjuna Awards of basketball along with the year? 4
- Q.6 What do you mean by Sports Management? Explain the Parts of Sports Management. 5
- Q.7 List down the element of Yoga. Explain the therapeutic effects of any six Asanas and How to perform them. Mention four Pranayams? 5