

GRIDDLE ME THIS DAD NEWSLETTER

A COLLECTION OF RECIPES, OBSERVATIONS, AND
ADVICE FOR THE GRIDDLE AND COOKING
ENTHUSIAST WITH A FOCUS ON VALUE.



PERFORMANCE

by Bill Pickrel

Welcome to the May 2021 Issue of the Griddle Me This Dad (GMTD) Newsletter. The theme for this newsletter is performance. Performance is the culmination of your planning and preparation. Performance is where execution produces the desired result. It is the ultimate test and only the outcomes matter. Some interesting performance quotes:

- “*Every performance is different. That is the beauty of it.*” - Van Morrison
- “*Some people want it to happen, some wish it would happen, others make it happen.*” - Michael Jordan
- “*Being relaxed, at peace with yourself, confident, emotionally neutral, loose, and free-floating – these are the keys to successful performance in almost everything.*” - Dr. Wayne W. Dyer
- “*Everything depends upon execution; having just a vision is no solution.*” - Stephen Sondheim

Robust and enthusiastic congratulations to my sons, Ryan and Will for their graduations. Ryan completed Towson University Honors College with a degree in Computer Science, Cum Laude (which I believe is Latin for kicking butt or something like that). Will completed the Legacy School and is attending the prestigious Calvert Hall College High School this fall and starts football there this summer. Way to go!!! Love you both very much.

Happenings - I decided to add a country of food theme for the next several newsletters. This month Greece is the spotlighted country, home of the Aegean Sea, the Acropolis, and the birthplace of the Olympics, plus a ton of tasty food. Recipes include Griddle Gyros with Tzatziki Sauce, Crispy Chickpea Snack and Greek Griddle Cauliflower Rice. Next month will be the one-year anniversary of the newsletter and site, so hope to have something special for everyone!

Information - Performance is where the rubber meets the road. No amount of preparation or planning can overcome a bad performance. However, diligent preparation and careful planning can lead to exceptional performance when properly utilized. In the end, the recipe needs to look tasty, smell delicious, and taste exceptionally well to be a success. Food Service is an exceedingly difficult business because your results are always being analyzed by your customers. Often experience is the difference between a good and bad performance. Knowing how your griddle behaves in different weather conditions or being able to tell when it is slightly too hot or too cool can really affect the outcome of your recipe. I will summarize with my two favorite performance quotes:

- “*Just Do It.*” - Nike
- “*No! Try not! Do. Or do not. There is no try.*” - Master Yoda

If there is something you would like to see in the newsletter or if you have an idea for a recipe or improvement to the site, please email me at griddlemethisdad@gmail.com.

GRIDDLE RIDDLE

Answers from last newsletter:

F	E	D	A	C	B
D	A	C	B	F	E
B	F	E	D	A	C
A	C	B	F	E	D
E	D	A	C	B	F
C	B	F	E	D	A

INTERESTING LINK

Neal Stephenson is my favorite author. His award-winning books are detailed, riveting, and often immense. You can read more about him [here](#).

I recommend a particular order to start reading his books: **Snow Crash**, **The Rise and Fall of D.O.D.O.**, then **Cryptonomicon** (My all-time favorite book). I hope you enjoy his work as much as I do.

You can visit his site at:
nealstephenson.com

PA IR WI SE (Anagrams)

THE GRIDDLE RIDDLE

For this riddle, three words form a category, each word has an even number of letters, and have all been split into pairs of adjacent letters. These pairs have been alphabetized and given to you. Submit the original three words in alphabetical order. Category is given in the example answer in parenthesis.

EXAMPLE:

AN BL GE LL OR OW UE YE

ANSWER:

BLUE, ORANGE, YELLOW (COLORS)

PUZZ:

Riddle are given easy to difficult (1-5)

AB DI FI LD LO MI RE

EC EE HO KI LO NK YA

AM CE CI ER MA NN ON PE PP

CO GE IA IO LU MB OH ON ST UR

AC CK CO ES HA HI IL IR RC RE RS SR TA TE WO

Answers will be provided in next newsletter.