

GRIDDLE
ME
THIS
DAD

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Edition

GRIDDLE ME THIS DAD NEWSLETTER

A COLLECTION OF RECIPES, OBSERVATIONS, AND
ADVICE FOR THE GRIDDLE AND COOKING
ENTHUSIAST WITH A FOCUS ON VALUE.



HAPPY ANNIVERSARY PAM!

by Bill Pickrel

Welcome to the March edition of the GMTD newsletter.

On this day, a short 32 years ago, I married the love of my life, Pam. She is my greatest supporter and my far better half. You inspire me with your beauty and grace, both inside and out. Thank you for sharing your life with me. I am looking forward to our time together: today, tomorrow, and forever. Love always, your devoted and grateful husband.

Happenings - The featured region for this month's newsletter is the Midwest. Cover picture is from the National Balloon Classic in Indianola, IA. Recipes include two Iowa classics, the Tavern Sandwich and Haluski, plus the Runza from Nebraska.

Information - Brackets make everything better, especially during March Madness. What is that? Well if you are not familiar...The NCAA Division I men's basketball tournament, branded as NCAA March Madness and commonly called March Madness, is a single-elimination tournament played each spring in the United States, currently featuring 68 college basketball teams from the Division I level of the National Collegiate Athletic Association (NCAA), to determine the national champion. The tournament was created in 1939 by the National Association of Basketball Coaches, and was the idea of Ohio State coach Harold Olsen. Played mostly during March, it has become one of the most popular annual sporting events in the United States.

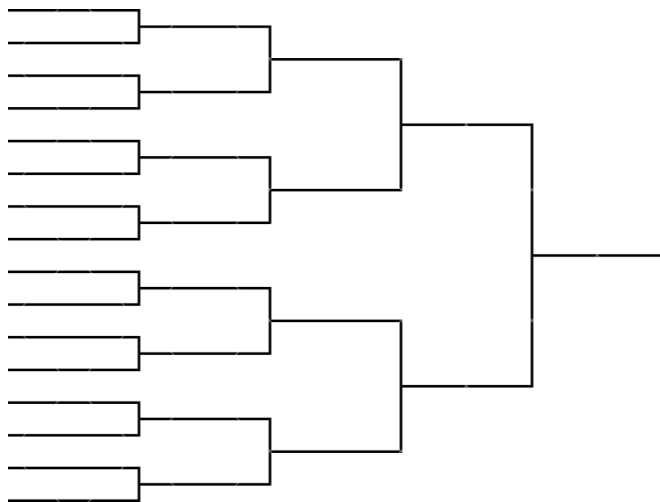
Please enjoy the Candy Bar Bracket below and let me know who was your champion. I had Take 5 over Twix in my final for a surprise win.

Review - Bibigo GOTCHU - Extra Spicy Korean Hot Sauce - This vinegar based sauce has a complex flavor profile that is excellent for many applications. There is a mild sweetness with a slightly smokey pepper flavor from the gochujang and a subtle vinegar background. There is also a nice heat to add some punch. The heat is not overwhelming like some of the extreme hot sauces. It comes on slow and builds. Overall: Highly recommended.

CANDY BAR BRACKET

Welcome to the round of 16, as if you have not had enough bracket fun this month, thought we could change the topic and have a little fun. Who won your bracket?

1. Snickers
16. Baby Ruth
8. Heath
9. Butterfinger
5. Take 5
12. Crunch
4. Milky Way
13. Whatchamacallit
2. Twix
15. 100 Grand
6. Kit Kat
11. Skor
7. Mounds
10. 3 Musketeers
3. Reeces PB Cup
14. Hershey's



INTERESTING LINK

Ryan Holiday is a stotic, writer, and media strategist. When he was 19 years old, he dropped out of college to apprentice under Robert Greene, author of *The 48 Laws of Power*. He had a successful marketing career at American Apparel and went on to found a creative agency called Brass Check, which has advised clients like Google, TASER, and Complex, as well as many prominent bestselling authors, including Neil Strauss, Tony Robbins and Tim Ferriss. The author of ten books, including *The Obstacle Is the Way*, *Ego Is the Enemy*, *The Daily Stoic*, *Conspiracy and Stillness is the Key* which have sold more than 2 million copies, most people subscribe to his work via email—about 200,000 people get it emailed directly to their inbox. Get it there @:

Link: <https://ryanholiday.net/>

SUPER PICK 6 LIST

Eighties Heavy Metal Kings are my list today.

Top 6 Bands and their Top 6 songs. Enjoy!

Metallica	AC/DC
1. One	1. Thunderstruck
2. Master of Puppets	2. Hells Bells
3. Enter Sandman	3. Highway to Hell
4. Wherever I May Roam	4. TNT
5. No Leaf Clover	5. Black in Black
6. Blackened	6. Shoot to Thrill
Iron Maiden	Motley Crue
1. Run to the Hills	1. Looks That Kill
2. The Trooper	2. Kickstart My Heart
3. Number of the Beast	3. Girls, Girls, Girls
4. Aces High	4. Shout At The Devil
5. Fear of the Dark	5. Dr. Feelgood
6. Two Minutes to Midnight	6. Home Sweet Home
Judas Priest	Black Sabbath/Ozzy Osbourne
1. Breaking the Law	1. Paranoid
2. Electric Eye/Hellion	2. Iron Man
3. You Got Another Thing Coming	3. Crazy Train
4. Heads are Gonna Roll	4. Mr. Crowley
5. Turbo Lover	5. Shot in the Dark
6. Living after Midnight	6. Flying High Again