Derivation of Eq. (2.30)

From (2.20), we linearize the integrand with respect to h to get equation (2.30)

$$\int_{0}^{z} \frac{a^{2} \cos \theta_{e} dh}{a \left[a^{2} (1 + 2\frac{h}{a})(1 + 2\beta_{0}h) - a^{2} \cos^{2} \theta_{e} \right]^{1/2}}$$

$$= \int_{0}^{z} \frac{a \cos \theta_{e} dh}{\left[a^{2} (1 + 2\frac{h}{a} + 2\beta_{0}h + 4\frac{\beta_{0}h^{2}}{a}) - a^{2} \cos^{2} \theta_{e} \right]^{1/2}}$$

$$\approx \int_{0}^{z} \frac{a \cos \theta_{e} dh}{\left[a^{2} + 2ah + 2a^{2}\beta_{0}h - a^{2} \cos^{2} \theta_{e} \right]^{1/2}}$$

$$= \int_{0}^{z} \frac{a \cos \theta_{e} dh}{\left[\sin^{2} \theta_{o} a^{2} + 2ah(1 + a\beta_{0}) \right]^{1/2}}$$

let $y = \sin^2 \theta_e a^2 + 2ah(1 + a\beta_0)$ and $dy/dh = 2a(1 + a\beta_0)$, the above equation becomes:

$$\int_{\sin^{2}\theta_{e}a^{2}+2aZ(1+a\beta_{0})}^{\sin^{2}\theta_{e}a^{2}+2aZ(1+a\beta_{0})} \frac{a\cos\theta_{e}dy}{2a(1+a\beta_{0})y^{1/2}}$$

$$= \frac{\cos\theta_{e}}{(1+a\beta_{0})} y^{1/2} \Big|_{\sin^{2}\theta_{e}a^{2}+2aZ(1+a\beta_{0})}^{\sin^{2}\theta_{e}a^{2}+2aZ(1+a\beta_{0})}$$

$$= \frac{\cos\theta_{e}}{(1+a\beta_{0})} \Big\{\!\!\!\left[\sin^{2}\theta_{e}a^{2}+2aZ(1+a\beta_{0})\right]\!\!\!\right]^{1/2} - \sin\theta_{e}a\Big\} \qquad (2.30)$$