Perform these steps inside VM after booting into default kernel

======== To build kernel ================

- Open terminal
- Download linux kernel version 6.1.4
 - \$ wget https://cdn.kernel.org/pub/linux/kernel/v6.x/linux-6.1.4.tar.xz
- Extract kernel from tar file
 - \$ tar -xvf linux-6.1.4.tar.xz
- Install programs needed for kernel compilation (for ubuntu)
 - \$ sudo apt-get update
 - \$ sudo apt-get install git fakeroot build-essential ncurses-dev xz-utils libssl-dev bc flex libelf-dev bison
- Enter into linux source code directory
 - \$ cd linux-6.1.4/
- Generate configuration file
 - \$ make defconfig
- Initiate compilation (Takes around 30 min to 1 hour to finish)
 - \$ make -j4
- Install modules
 - \$ sudo make modules_install
- Install kernel
 - \$ sudo make install

======== To show boot menu while booting===========

- If during booting, you want to pick a particular kernel to run, do the following operations. (Needs to be done only once)
- \$ sudo vi /etc/default/grub (Open grub file. You can use any editor to edit it. Needs sudo permission to edit)
 - #GRUB_TIMEOUT_STYLE=hidden

○ GRUB_TIMEOUT=30

//Comment this line by adding '#' //infront of it.

//Change timeout value from 0 to //30 secs. Let boot menu be //shown for 30 secs

- Run following command to apply the above changes
 - \$ sudo update-grub
- Reboot

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Note: You can use the following command to know the kernel version that got boote \$ uname -a
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References: https://www.linux.com/topic/desktop/how-compile-linux-kernel-0/