

# Emergency Room Doctor's Notes

## Patient Information:

- Name: John Doe
- Age: 45 years
- Gender: Male
- Time of Arrival: 6:30 PM
- Chief Complaint: Severe abdominal pain in the lower right quadrant

## History of Present Illness:

The patient reports sudden onset of sharp, localized pain in the lower right quadrant of the abdomen, which started approximately 6 hours prior to arrival. Pain has progressively worsened. Associated symptoms include nausea, loss of appetite, and a mild fever. The patient denies any history of trauma, strenuous activity, or similar episodes in the past. No known history of gastrointestinal issues or surgeries.

## Physical Examination:

- General: I have been experiencing sharp abdominal pain, bloating, and changes in my bowel movements.
- Abdomen: Tenderness in the lower right quadrant, positive rebound tenderness, and guarding. No signs of trauma or discoloration.
- Vitals:
  - Temperature: 100.4°F
  - Blood Pressure: 135/85 mmHg
  - Heart Rate: 98 bpm
  - Respiratory Rate: 18 breaths per minute

## Asthma

Medical Information: Asthma is a chronic condition characterized by inflammation and narrowing of the airways, causing difficulty in breathing.

Triggers include allergens, exercise, cold air, and respiratory infections.

Treatment Suggestions: Asthma is managed with inhalers, including long-term control medications (inhaled corticosteroids) and quick-relief inhalers (short-acting beta agonists). Avoiding triggers and regular monitoring are key. In severe cases, oral corticosteroids may...

### Medications:

1. name - Albuterol inhaler
2. dose - 2 puffs every 4-6 hours as needed for symptoms
3. name - Fluticasone inhaler
4. dose - 2 puffs twice daily

Monitor patient's respiratory status, administer prescribed inhalers as directed, ensure proper use of inhalers by patient, keep patient's room free of triggers, educate patient on asthma management, report any worsening symptoms to doctor, encourage patient to practice deep breathing exercises.