Knight Moves



KNIGHTS OF COLUMBUS HOLY NAME OF JESUS COUNCIL 11886



Volume 23 Issue 1

Kingston Mills

November 2017

Grand Knight's Message

Good day Brothers,

This past weekend was Remembrance Day. George (Scotty) Smith, Past Grand Knight placed a wreath on behalf of Council #11886 during the Remembrance Day ceremony held at CFB Kingston's Vimy Memorial Gate.

Remembrance Day is an opportunity to remember the sacrifices made by each and every member of the Canadian Armed Services — including so many brother Knights — who have served or who are serving now and who bear the wounds of war. We also remember family & friends who were/are members of other worldwide Armed Forces. My father and his brother served with the RAF during WWII.

To these brave men and women we say thank you for your service. The moment of silence to pray for each of them, especially those wounded and ill warriors still suffering for our freedom.

This Remembrance Day we also remember our brother Knights for their heroic bravery while serving in the armed forces. Please continue to support veterans.

Please take note of our Council's Christmas Party which will be held Saturday Dec. 09.

Thank-you to all who have volunteered during the month helping make our Churches and Community better places. Activities included: Membership Drive, Soccer Challenge, Grass Cutting, Visiting the Sick and Elderly, St. Vincent De Paul Meal Preparation and Serving.

Winter is coming, already here! Please drive carefully and watch out for your yourself and others with the icy conditions. Remember your best defence against an accident in bad weather is to stay put!

Please continue to support our Knight's Deals and Gift Card Program. Gift Cards are not only useful for daily purchases - they and Knight's Deals tickets make great Christmas and birthday Gifts.

Thank-you and God Bless. Jim, Grand Knight Council 11886

A word from the editor

If you have any content for Knight Moves please forward to the Editor - Robert Charest at rcharest@cogeco,ca no later than the Tuesday of the week prior to the council meeting. If you submit after that there is no guarantee that it will appear in the next issue. Also, please forward any comments or feedback on Knight Moves that you might have.

Your Prayers are needed

At the 11886 Council Meeting 10 October, 2017 the Knights were asked to pray for the following Knights and their family members who are ill or have passed away: Adrian Hau and Family, Jean Pellerin know as the Junior one on council, Mike Stenson and Family, Father McAvoy, and Father Gazeloy.

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Who is Steve Coombs?



Brother Steve was born in Liverpool, Nova Scotia, on 27 June 1950 and graduated with a senior matriculation from Nepean High School in Ottawa, Ontario, in 1982. In 2000, he graduated from Gulf Coast Community College in Panama City Florida (Fl) with an Associate Degree.

He joined the Canadian Forces in 1969 and graduated as a Safety Systems Technician at Canadian Forces Base Borden. He served in that capacity in Central Maintenance at Canadian Forces Base (CFB) Ottawa South supporting 412, 414 and 436 Squadrons until 1976. After completing the Basic Officer's School at CFB Chilliwack, BC, he was commissioned at 22nd NORAD Region Headquarters, CFB North Bay in 1977 as an Air Weapons Controller. He served at CFB North Bay, ON until 1980; Canadian Forces Station (CFS) St. Margarettes, N.B. until 1981; CFB North Bay, ON until 1984; Tyndall AFB, Panama City, FL until 1989; 22 Wing North Bay, ON until 1998.

In July 1998, Brother Steve was again posted to Tyndall AFB and assumed duties as Chief of Independent Test at the North American Air Defense System. He finished that tour as Deputy Commander of the 4702 Computer Software Squadron.

His decorations include the Canadian Decoration, Canadian Decoration One, and Canadian Decoration Two. He was also decorated for service in the Persian Gulf War with the Gulf War Medal plus Maple Leaf. Brother Steve was married on 30 Jun 1973 to the former Shirley Catherine Kusluski and they have one daughter, AJ.

More from the personal point of view, Steve was raised with four siblings: three brothers and one sister all of whom he got along with very well, however, his sister was his most favorite. Because he was in the military, he and his family became nomads and never lived in a location with or close to his family. Always interested in computer science, Steve focused most of his education in that direction.

Always active in sports and music, Brother Steve became involved with: broomball, hockey, squash and racquet ball. Not only playing these sports, but he also officiated in most of them. Music leads him to play in three bands which he continues to the present mostly at Senior Retirement Homes. Whenever he has spare time, Steve likes to ride his Harley Davidson Road King motorcycle.

The Knights of Columbus work plays a great part in Brother Steve's life which he has been doing since 2002. He loves to volunteer to help people and support good causes. To do this work, he belongs to Council 11886. He also works with Council 10671 in Zephyrhills, Florida, where he is editor of their newsletter, prepares for weekly Lenten fish fries, handicap sporting competitions and multiple projects at St. Joseph's Church.

Highway Cleanup Crew Saw Action Saturday 28 Oct.

It is hard to imagine when looking at the overflowing truck load of garbage that it was all sitting in the ditches on highway 15 between Holy Name of Jesus property and Startek.

We had a fantastic turnout of Knights on Saturday Oct. 7th and with perfect weather the clean-up project was a great success. Hundreds of people travelling on the highway that day noticed the Knights in orange safety jackets contributing to the improvement of our community. Our Ontario License plates tag reads, "YOURS TO DISCOVER" and we certainly discovered a lot. I just want to say to all the Knights that came out & participated - NICE 2 CU.

Volunteer Knights: Raymond Paquin, Rory Moore, Paul Jackson, Bob Portman, Steve Coombs, Peter Scott, Joe and Pat Stenson.

Contribution by Brother Pat Stenson.

2018 Annual Dues Are Now Due

Annual membership dues are due now and are \$40. Cheques are to be made out to "Knights of Columbus Council 11886." Dues can be mailed to: Philip Henderson, 12 Grenadier Dr, Kingston, Ontario K7K 6E8 or paid at a Tuesday Council meeting. Cash is also fine. Electronic payment options are not available. Individuals will receive their 2018 membership card and a receipt at the meeting or by mail if the dues have been sent in. Paying sooner rather than later would be greatly appreciated. Thank you.

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A Little Catholic Humour

It's a Miracle!!

Father Raymond woke up on Sunday morning and realized it was an exceptionally beautiful and sunny early spring day. He decided that he just had to play golf. So, he told the associate priest Father Robert that he was not feeling well and persuaded him to say Mass for him that day. As soon as the priest left the room, Father Raymond headed out of town to a golf course about twenty miles away. He knew that he wouldn't accidentally meet anyone he knew from his parish.

Setting up on the first tee, he was alone. After all, it was Sunday morning and everyone was in church! About this time, St. Peter leaned over to the Lord while looking down from the heavens and exclaimed, "You're not going to let him get away with this, are You?" The Lord sighed and said, "No, I guess not." Then Father Raymond drove the ball off the first tee straight towards the green. It landed just short of it, then rolled up and dropped into the hole.

IT WAS A 220 YARD HOLE IN ONE!

St. Peter was astonished! He looked at the Lord and asked, "Why did You let him do that?" The Lord smiled and replied, "Who is he going to tell?"

PEACE BE WITH YOU!

Deadline Approaching for Annual Survey of Fraternal Activity!

The time and effort you take as Knights to improve your community and parishes are what make the Knights of Columbus who we are. Don't let your hard work go unheard. Your numbers will support and inspire the Knights of Columbus and your brother Knights' efforts in the year to come.

The council is required to submit its Annual Survey information to Supreme NLT the end of January. All council Knights are requested to complete a survey form of their hours of charity work for the preceding year, 1 Jan - 31 Dec 17. Form enclosed with this Knight Moves issue.

Knights are requested to complete their survey forms and return them to me NLT 9 January 2018, our last Council meeting before the deadline. If you will not be attending that meeting, you are requested to scan and e-mail them to me or drop them in an envelope addressed to me at the church.

Thank you for your participation in this very important survey.

Contribution by Brother Philip Henderson

St. Vincent de Paul Lunch - 5 Oct. 2017

Our Council 11886 was asked to help prepare the Thanksgiving meal that St. Vincent de Paul puts on every year. Jim Laudanski, Ray Paquin, Joe Stenson, Scotty Smith and Mike Stenson were able to accommodate that request on Thursday, October 5th. We peeled <u>fifty pounds</u> of potatoes and peeled and sliced <u>thirty pounds</u> of carrots along with prepping salads, desserts and other veggies. The meal that was served on this prep day was quite simple and was perhaps one of the smallest attended in recent times. This work continues to be very much appreciated by both St. Vinny's staff and their patrons.

Contribution by Brother Mike Stenson

Reminder from the District Deputy for 4th Degree Knights

Worthy Sir Knights, this is a busy month coming up with many calls for Honour Guards and parade duties. Please save the following dates into your schedules over the coming month:

- Kingston Santa Claus Parade, Saturday, 18 Nov.; Gananoque Santa Claus Parade, Saturday, 25 Nov.; and
- Tamworth Santa Claus Parade, Sunday, 3 Dec.

Please inform our Guard Commander Sir Knight Pete Scott at **skpetescott.857@gmail.com** if you are able to come out for any of these upcoming events.

Reminders



2017 Council 11886 Christmas Party

★ 09 December —Members and Spouses

6:00 PM Cocktails 7:00 Dinner & social

- **★** Please bring a small desert of your choice. <u>Location</u>: 54 Riverside Dr, Kingston
- **★** Please come and meet your Brother Knights and Spouses
- * RVSP by Dec. 01 incl. # of persons by E-mail 11886.gk@gmail.com or Phone 613-5449489

When the ROSARY PRAYERS go up the BLESSINGS come down

Faith is a gift of God which enables us to know and love Him. But living in faith is not possible unless there is an action on our part. The Rosary is a school, that is, a method of prayer for all times and seasons. How important, then, it is to be in the School of Mary! Remember that The Family That Prays Together Stays Together! Join us At Holy Name of Jesus Church in Family Rosary Prayers at 8:30 A.M. SUNDAYS - 4:30 P.M SATURThe Eucharist - The Whole Christ" is His Gift to All DAYS and 5:00 P.M. THURSDAYS. The Eucharist - The Whole Christ" is His Gift to All.

The Eucharist - The Whole Christ" is His Gift to All

Whether we are young or old, sick or healthy, poor or rich, only by regularly partaking in the sacrifice of the Holy Mass and Eucharistic Adoration, can we reap immense spiritual and temporal blessings in our lives! Thus, our time spent with Christ in Adoration, can become the most profound, meaningful, joyful, peaceful and healing experience we could ever encounter! Join your fellow parishioners at weekly Eucharistic Adoration Holy Name of Jesus Church EVERY THURSDAY at 5:00 P.M.

| ĺ | Volunteers Needed | | | |
|---|-------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|--------------------------------------------------------------------------|
| | Date(s) and timing(s) | Task | Number of Volun- teer(s) | Organizer and his contact information. |
| - | 1 Normally, 2nd Wednesday of every month, except Jul. | Kitchen help and serve meals at St-Vincent de Paul meal building on North Side of Steven Street | 5 | Community Director, Mike Stenson, |
| | and Aug, 0800-1300 hrs for kitchen help and 11:00 – 13:00 for one server. | | | mikestenson@hotmail.com or 613-353-6956. |
| | 2 Poster contests. An evening or two 16-20 Dec. | Judge(s) to identify best poster for Keep Christ in Christmas and Substance Abuse Contests and runner-ups. | 2 | Youth Director, Robert Charest, deputy GK@11886knights.com, 613-547-4731 |
| | 3 Basket ball free throw. 20 Jan. Council Deadline. Require volunteers for 2-3 hours during school hours during the period of 9-20 Jan | One volunteer keeps the score sheet, one is with student ensuring he/she does not pass the line and one volunteer returns the ball at end of throw. | Teams of 4 per school session. | Youth Director, Robert Charest, deputyGK@11886knights.com, 613-547-4731 |
| | 4 Virgil of the Holy Innocents. 28 Dec. Gather at 7 PM near the Soccer Field at Queen's university. | March in silence for an hour. | | Culture and Life Director, Michael Crespo, crepomj89@gmail.com |

Please consider what you wear when attending mass

Modern culture has done a lot to erode away many of our traditions as well as decency and reverence. Although the Catholic Church has no real dress code for proper attire when attending Mass, there IS an unwritten dress code that demands we are properly dressed out of respect, honor and reverence for the Real Presence of Our Lord.

Christ explicitly demands respectful attire – In Christ's parable of the Wedding Banquet (Matt 22:1-14), Christ says this: "But when the king came in to look at the guests, he saw there a man who had no wedding garment; and he said to him, 'Friend, how did you get in here without a wedding garment?' And he was speechless. Then the king said to the attendants, 'Bind him hand and foot, and cast him into the outer darkness; there men will weep and gnash their teeth.' For many are called, but few are chosen."

Here is what the Catechism of the Catholic Church has to say about dressing properly for Mass: To prepare for worthy reception of this sacrament, the faithful should observe the fast required in their Church. Bodily demeanour (gestures, clothing) ought to convey the respect, solemnity, and joy of this moment when Christ becomes our guest – CCC 1387.

A simple solution could restore churches everywhere to basic dignity: a dress code. Think this is radical? It's not. The Vatican and many respectful churches have one. The Vatican prohibits anyone from entering who is wearing: Shorts/skirts above the knee;

- Sleeveless shirts;
- Shirts exposing the navel; and
- Shirts for women that expose cleavage

Why don't all Catholic churches have the same standards? It is the same Jesus Christ present in the tabernacle. When you dress for Mass, you are not dressing to impress others, you are dressing for God. In addition, just the very act of dressing up nicely and modestly for Mass makes children more inclined to behave better during Mass. There are TWO main reasons one should dress modestly and decently for Mass:

- Out of respect and reverence for God; and
- In order not to be a distraction or stumbling block to our fellow parishioners.

Ministers including, cantors, instrumentalists, choristers, lectors and extraordinary ministers should be particularly mindful of how they dress for Mass. They should be setting an example for the parishioners. It is highly disrespectful to administer Holy Communion to the faithful while dressed, say, in shorts and spaghetti strap tops. Clothes say something about what we think, what we value. They also influence how we behave and feel. That our culture has become so casual about everything says something about us. I cannot exactly articulate it but it seems to say, "nothing is really all that important." But that is not true. Going to God's house IS important. Being ministered to by the King of Kings and Lord of Lords is astounding. Casual attire in these circumstances is simply inappropriate if we really think about what we are doing, where we are going and who it is we will meet. It does not necessarily follow that we must wear tuxedos and formal gowns. But decent semi-formal attire seems wholly appropriate. Sunday is special, God's House is special. Somethings really ARE important and our clothing and demeanor ought to reflect this truth. The broader principle of proper spiritual preparation to approach Christ does not negate Christ's most basic teaching about respectful dress. Clothing is one aspect of a our inner preparation and is also a signal to other men/women about their reverence of their Lord and King.

Paul also warns people to not approach the Eucharist in an unworthy manner to avoid bringing down wrath and judgment of God upon themselves (1 Cor 11:27). Some false and pernicious ideas on immodest dress prevail in the world and lead into error souls desirous to do right. Remember, therefore, it matters not how many others sin, yours can never be justified before God, and where it is fashionable to sin it is likewise the fashion to go to hell. The choice is always yours to make.

By St. John Chrysostom

Provided by Jerzy Pruga

Knights Night Out-27 Oct

Thirteen Knights from the council went on a night out with their fellow brothers for Pizza and a Frontenacs hockey game. Unfortunately the Frontenacs lost by one goal in the last 5 seconds of the game. However, all had a good time.

Recipient of Lifetime Membership Award



Grand Knight James Laudanski presents Lawrence Kennedy with the Honorary Life Membership Card awarded by the Knights of the Columbus Supreme Council. No more dues are required to be paid.

Honourary Life Membership is awarded after a member who has met two criteria:

- He has reached the age of 70; and
- Completed 25 years of membership.

Congratulations Brother Lawrence.

Life Chain Event - 1 October, 2017

Campaign Life Coalition Kingston formed its symbolic anti-abortion "life chain" Sunday, 1 October. About 80 supporters gathered along King Street between Barrie Street and Lower University Avenue from 2 to 3 p.m. Similar demonstrations were scheduled to take place in over 200 other cities across Canada and the United States. This event marked the 21st year demonstrations have taken place. The Campaign and Life Coalition, formed in 1978 in Toronto, is the premiere advocate for legal and cultural change in Canada with respect to protecting human life and the family.

The Culture and Life Director, Michael Crespo (**far right in picture**) attended with three other knights from our council. They are from **left to right**: Raymond Paquin, Jerzy Prugar, and Robert Charest.



Our Newest Knight - Jonathan Balfour



Left to Right: Our District Deputy Peter Scott, newest member of our Council Jonathan Balfour and Scotty Smith who recruited him stand together for a photo op after Jonathan's Admission Degree Ceremony on the 26 September. Now if we can only get Peter to keep his eyes open for the photo op. Or perhaps as Scotty would say: "It's the photographer."

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Have you visited the council website lately? www.11886knights.com

Visit it today?



Birthdays

- * 15 Nov. Dr Stanley Pietak
- * 2 Dec. John Clark
- * 12 Dec. Jerzy Prugar

Calendar

- ◆ 19 Nov. Admission Degree St Paul's
- ◆ 9 Dec. Christmas Meet and Greet
- 14 Dec. Council deadline for completion of For Keep Christ in Christmas Poster Contest
- 14 Dec. Council deadline for completion of Substance Abuse
- 28 Dec. Virgil of the Holy Innocents
- 9 Jan. Council Meeting (TBC)
- 22 Jan. . Council Deadline for Completion of Basketball Challenge
 - ◆ 29 Mar. Founder's Day
- ◆ 7 April—Council 11886 sponsors 1st, 2nd and 3rd degree at Holy Name School (TBC).



be a partner

Service Personnel

- **♦ Church Director** − Jerzy Prugar
- Community Director and Vocations Director Mike Stenson
- ◆ Culture of Life Director Michael Crespo, crepomj89@gmail.com
- ◆ Council Director Pat Stenson
- Family Director Jean Pellerin, jpellerin@cogeco.ca,
- ♦ Program Director, Public Relations, Youth Director, Membership Director, and Retention Chairman Robert Charest
- ◆ Recruitment Committee/Retention Pat Stenson, Pat Murray, Brian Reitzel,
- Holy Family Chapel Scotty Smith
- **Note:** Contact information for the majority of the personnel is listed is provided in the <u>2017-2018 Executive</u> box below

2017-18 Executive

- **1. Chaplain**: Fr. Wes Chochrek, 613-546-0418
- **2. Grand Knight:.....**Jim Laudanski, 11886.gk@gmail.com, 613-544 9489
- **3. Past Grand Knight**: George "Scotty" Smith, george3smith2015@gmail.com, 613-531-6131
- **4. Deputy-Grand Knight:**.....Robert Charest, deputyGK@11886knights.com, 613-547-4731
- **5. Financial-Secretary**:... Philip Henderson, philiphenderson@gmail.com, 613-544-7519
- **6. Chancellor**: Mike Stenson. mikestenson@hotmail.com, 613-353-6956
- **7. Advocate and Lecturer**:..Raymond Paquin, raypaq0@gmail.com. 613-531-4879
- 8. Recorder: Guy Lahaie, hg.lahaie@gmail.com, 613-545-9647
- **9. Treasurer**:.....,Jean M Pellerin, jmpellerin1313@hotmail.com, 613-542-8854
- **10. Warden:** Jerzy Krugar, 613-877-4021 jerzykofc@gmail.com
- **11. Guard Inside**: Fern Delisle, pdelisle@explornet.com, 613-387-2741
- **12, Guard Outside**:Roy Gould, rcgould56@gmail.com, 613-549-6579
- **13, Trustee 1**:Pat Murray, patmurraybasyanks@gmail.com, 613-542-5729 (one year left in mandate)
- **14. Trustee 2**:Pat Stenson, pat@kingstoncollision.ca, 613-767-9710 (2 years left in mandate)
- **15.** Trustee 3: Brian Reitzel, brianreitzel@sympatico.ca, 613-536-5071

KNIGHT MOVES

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For more information visit www.knightsdeals.ca email deals@knightsdeals.ca Call 613.817.5353





Updated 7 Nov 17

Knights of Columbus 11886 Kingston Mills Ontario

Exercise Events

Tai Chi, Yoga and Exercise for **Chronic Pain**. These are free events and everyone may participate. You will find all info at: http://www.kchc.ca/community-health/active-living-programs/

Tai Chi is every **Mon**, at 12:00, Yoga every **Wed.** at 1:00 PM, and Exercise for Pain every **Mon**. and **Thurs.** at 1:30 PM for an hour at:

263 Weller Ave, Kingston ON K7K 2V4, Phone: 613-767-8591

Council 11886 Fraternal Survey Form

FRATERNAL COMMITMENT:

Number of visits to: 1. a. Sick – caring for the sick/nursing homes/hospitals. Bereaved – visits of condolence. 2. Number of blood donors - members serving as blood donors. 3: Habitat for Humanity Projects - number of projects involved in during year Estimated hours of community volunteer service: 4. a. Church Activities - volunteer service in all Church related activities. b. Community Activities – volunteer service in all community related activities. c. Youth Activities – volunteer service in all youth related activities. d. Habitat for Humanity - volunteer services to these projects e: Culture of Life Activities - volunteer service in all activities that support pro-life f: VAVS g: Food For Families h: Special Olympics i: Miscellaneous Activities - volunteer service in any areas not outlined above. Estimated hours of fraternal service: 5. Sick/disabled members and their families – household chores, transportation, tutoring, counselling, etc. FRATERNAL COMMITMENT: 1. Number of visits to: a. Sick b. Bereaved **Total Visits** 2. Number of blood donors 3. Habitat for Humanity Projects Estimated hours of volunteer service: 4. a. Church b. Community c. Youth d. Habitat for Humanity e. Culture of Life f: VAVS g: Food for Families h: Special Olympics i: Miscellaneous **Total Volunteer Hours** Estimated hours of fraternal service: 5. Sick/disabled members and their families