

Knight Moves



**KNIGHTS OF COLUMBUS
HOLY NAME OF JESUS COUNCIL 11886**



Issue 1

Kingston Mills

November, 2020

Grand Knight's Message

Brother Knights,

Knights are continuing their work on the water damaged vestibule. but completed the trim area of the stain glass windows at Holy Name of Jesus Church. Thank you.

Thank you knights Mike Stenson, Ray Paquin and his wife Jeanne, for working at the St.Vincent de Paul Lunch Program in the month of October.

Thank you to our Faith Director in organizing our Novena in Sep. Another one will come up in Dec prior to Christmas. Reminder to all.

Thank you for the highway clean up crew led by Brother Joe Stenson. Read more on page 2.

Thank you Roger and Francois Bédard who donated scrap metal thru Mike Stenson which helped bring \$86.10 to our council. This is comparable to the profits of 3K or so in Gift Card sales. Hurray!

Charity is one of the main principles of the order. It is basically defined as generous in giving to those in need. The knights follow this principle normally by doing charity as a fraternal group. However, with Covid –19 present we must remember we can also do this individually by helping our neighbors or friends, etc. For example, one can complete home tasks for individual who are not able to do so. Brother Steve Coombs reminded me of this when he mentioned he was going to rake the leaves for his elderly neighbour. He was voluntarily given his person power to help someone who is less able or unable to do it. Brother Jean Pellerin did the same thing by offering fix something on Brother Steve Coombs roof who was apprehensive in taking on this task.

It will be difficult to meet as a council for some time. On 5 Nov. our council celebrated 24 years.

A word from the editor

If you have content for Knight Moves please forward to the Editor - Robert Charest at knight11886RC@gmail.com no later than the Tuesday of the week prior to the council meeting. If you submit after that there is no guarantee that it will appear in the next issue. Also, please forward any comments or feedback including errors on Knight Moves that you might have found.

A second PDF issue of the October Knight Moves was sent out due to two errors where names were missed as participating in events. I apologise for the errors and to Jean Pellerin and Ray Paquin.

Your Prayers are needed

At the October Council Meeting the Knights were asked to pray the following: Hudson MacIsaac, Brian Reitzel, Lawrence Kennedy and Roy Gould.

The Magnificent Seven participate in the Helping Hand Program



Picture at left: Knights from our council putting on their safety vests prior to departing on their morning adventure.

At 8:00 AM Saturday 17 November, 7 Knights gathered at the highway 15 parking lot located on the south side of Highway 401. Brothers Jim Laudanski, Gary Richards, Mike Stenson, Raymond Paquin, Mike Stenson, and Robert Charest gathered for a briefing by the organizer Joe Stenson. The seven Knights involved were all senior citizens and hence will hereby be called in this article as the Magnificent Seven. Hence, where were our younger Knights? The sun was out which made it pleasant for the 2.5 hour walk. Our Knights were given a safety vest, 6 garbage bags and a 3 foot garbage pick-it-upper. They collected, depending which knight's count is accurate, between 36-43 bags plus some items, too large to fit in a bag. Arrangements had been made with city of Kingston to leave the bags at the city yard on highway 15. Brothers Mike and Joe used their pickups to collect the bags.

The ditches had some water making it difficult for one knight, Gary, who wore running shoes in lieu of boots. Needless to say his shoes were soaking wet shortly after commencing. After 12 years going south to Florida in the winter he plans to get some boots in the near future. He later indicated that when he returned home and had a hot shower, his wife gave him a back rub making up for his discomfort that morning.

After the clean-up we were all treated from the Good of the Order to a coffee and a donut or two, in one case three (A 2.5 hr walk in the fresh air worked up everyone's appetite). We sat outside the Tim Horton's on Highway 15 in our lawn chairs and had a good jaw session. After, all but one knight departed. Brother Mike had lost his keys between the Tim Horton's and our coffee location outside. After some anxiety and an extensive search for his keys he was able to find them and be on his way.

2019-2020 Knight of the Year Presentation



Picture at left: Brother Ray Paquin and his wife Jeanne Turcotte receiving his Knight of the Year certificate on Sunday 11 October.

Brother Raymond's spouse, Jeanne supports her husband in his knight activities and hence the Grand Knight thought it was only fitting that they receive the certificate as a couple. She ensures he gets to locations on time.

St Vincent de Paul Lunch Program in October



Picture at left - On the 9th of October, Jeanne Turcotte and her spouse Brother Raymond Paquin worked at the St. Vincent de Paul Lunch Program from 8AM to 1 PM. From the coffee cup in Ray's hand we can safely assume they are having their coffee break.

Picture below: Brother Raymond having another coffee as well as a sandwich on a self-directed break time. Remember Ray, the sandwiches are for the clients!!! Mike, did he do this while you were unloading a van of donations?

In addition, Brother Mike Stenson, our council organizer for the program, worked there as well that day. In accordance with Mike over 130 clients were given a take-in-away lunch. This is double the average amount of clients in pre-pandemic times



St. Vincent De Paul Looking for small appliances

At the moment they are looking for small appliances such as coffee pots, toasters, microwaves, table top ovens other small appliances etc that could be used in small apartments and rooms. Hence, if you no longer need two toasters, and have changed to a new coffee pot please bring them in. You may also contact the GK for delivery. At Holy Family Chapel they are also accepting them in the chapel for delivery by their Round Table.

A little bit of Humour

This is a sad story of the depression that can haunt a man.

Marcel was sick and tired of the world of Covid 19, Brexit, Russian belligerence, global warming, racial tensions, and the rest of the disturbing stories that occupy media headlines.

Marcel drove his car into his garage and then sealed every doorway and window as best he could. He got back into his car and wound down all the windows, selected his favorite radio station and then started the car.

Four days later, a worried neighbour peered through Marcel's garage window and saw him in the car. She notified the emergency services and they broke in, pulling Marcel from the car.

A little sip of water and, miraculously, he was in perfect condition, but

His Tesla had a dead battery.

Volunteers Needed

Date and Timing	Task	Number of Volunteers	To volunteer contact :
1. Normally, 2nd Wednesday of m.	Kitchen staff at at St. Vincent De Pau l	2 Knights from 8 AM – 1 PM and a spouse of one of them	Mike Stenson, 613-353-6956, mikestenson@hotmail.com
2. Once per month	Phone 15-20 members	1 knight	GK
About 2-5 days prior to council meeting	To remind them of meetings and events		
3. Presence at Youth Activities	Take in the background check and and the Environmental Safety Crse	1 Knight	GK
4. Attend Assembly Meeting Once a month.	Report on Assembly Meetings items to the council	1 Knight	GK
5. Assist with Lottery Ticket Sales Dec-Apr.	Sell and assist with Lottery Tickets at malls/individually	8-10 Knights	DGK
6. On-going	Market Council Fundraisers In particular Gift Cards	1 knight	GK

Knight Philip Henderson's Blood donations Count

**Good afternoon,
Philip**



104
Donations

O+
Blood Type

Upcoming Whole Blood Appointment

52 DAYS

Knight Philip Henderson donates blood on a regular basis. The graphic on the *left* shows his donation status from the Donator's data base. Thank you Philip for your donations.

During the pandemic, life goes on and the requirement for blood donations as well. Please consider this program if you have not done so. Our goal as a council is to donate 25 pints of blood per council year. At this time, we have only donated 6 pints and there are only 2 months left in the year.

Council's 11886 donation file is **KNIG009249**. If you have not done so please register your name and your family members who wish to partake at <https://blood.ca/en/ways-donate/donate-partner/becoming-partner/team-member-registration>.

partner/becoming-partner/team-member-registration. Visit a blood donor clinic or make an appointment to visit Canadian Blood Services on 850 Gardiners Road, Kingston, ON, K7M 3XP. However phone 1- 888-2Donate/1-888-236-6283, first to make an appointment.

K OF C COUNCIL 11886 Family of the Month for Oct. 2020

The council selects one parish family that models Christian family values and visibly lives them every day. Once a year, each participating council also selects one of the previous twelve Family of the Month winners to represent the council/parish as the potential international Family of the Year. The Knights of Columbus Family of the Year is chosen by the Supreme Council and recognize each year at the annual Supreme Convention. Knight Greg White 's family of five is the Family of the Month for Oct. **Congratulations!** All members of the council can nominate a brother Knight as Family of the Month. View the instructions on the Supreme Website for the form and text required or consult the Sep and Oct issue of Knight Moves. Please submit the text required for your nomination to your Family Director - Ray Paquin by the 10th of each month. The Director must submit the council's selection to Supreme by the 15th of each month along with the Knight's member number.

Holy Name of Jesus Church Vestibule and Window Repairs.



Picture at left: From left to right, Brothers Jim, Robert and Pat. Brother Mike, not seen in the photo, is viewing this scenario and decided to put his phone on speed dial to 911, just in case!

On Tuesday 20 October the sun shone and more work continued by Brothers Jim Laudanski, Pat Stenson, Mike Stenson and Robert Charest on the church repairs. Brother Pat contacted a Mr Beaulieu, a former roofer business owner, examine the water leaks in the vestibule. It was determined that there were 3 leak areas and he advised that the caulking in these areas had to be redone. Brothers Pat and Jim were going to determine how best to do this work.

Brother Jim Laudanski was the specialist of repairing the rotten wood areas on the frame of two windows. It was amazing to see that this could be done without breaking the stain glass windows. I would not recommend you not try to do this type of work on your own home unless Jim is able to help.

Tom Hegna's Presentation 8 Oct, 2020 – Don't Worry: Retire Happy

A Zoom presentation on the 8 October, by Tom Hegna entitled **Don't Worry, Retire Happy! Seven Steps to Retirement Security** was sponsored by the Knights of Columbus. Tom Hegna has many U tube videos you may view about retirement planning. He sells no financial products. He has written 5 books, 2 for Canada's situation. These seven Steps to Retirement Security outlined in the presentation is a guide to straight-forward retirement planning in uncertain times. Avoid living a just-in-case retirement and enjoy the fruits of your labor! This presentation outlined how to make the most from the least with the smallest amount of risk.

Over 900 members attended the 1 hour presentation and a few were from council 11886. His main points were as follows:

1. Have a plan for Retirement. This is not a do it yourself project. Contact your Fraternity advisor
2. Maximize CPP and OSA benefits. Example: Do not draw CPP at 60.
3. Consider a Hybrid Retirement. George Burns once said Retirement at 65 is ridiculous.
4. Protect your savings from Inflation. Consider Income from retirement.
5. Secure more retirement income.
6. Must Have a plan for long term care,
7. Use your equity wisely.

Success in retirement is not assets. It is income. Assets make people miserable. You worry if you should touch or not touch the assets "just in case" Assets can be wiped out by Long term care. Stocks can be lost, stolen, or swindled. The return risk wipes out retirement. The Japanese market has been down since 1989. The European market has been down for 20 years. In retirement you want tax free money, if you can do it.

Interest rates are going up. No. Some countries are using negative interest rates.

50% of retirement couples have someone who will live till 93 years of age. You must take the longevity risk away. You must have a lifetime income annuity, a deferred income annuity, or an income/withdrawal benefit. Happiness in retirement with a Guarantee Lifetime annuity. In the US, 20% of retired couples have a Guarantee Lifetime Income and they have no stress.

Conversion

Look God, I have never spoken to You.
But now I want to say: "How do You do?"
You see, God, they told me You didn't exist—
And like a fool I believed all this.
Last night from a shell hole I saw Your sky
And figured right then they told me a lie.
Had I taken time to see things You made,
I'd known they weren't calling a spade a spade.
I wonder, God, if You'd shake my hand.
Somehow I feel that You'll understand.
Funny I had to come to this hellish place
Before I had time to see Your face.
Well, I guess there isn't much more to say;
But I'm sure glad, God, I met You today.
I guess the zero hour will soon be here,
But I'm not afraid since I know You're here.
The signal!! Well, God, I'll have to go---
I like you lots, this I want You to know.
Look now! This will be a horrible fight;
Who knows, I may come to Your House tonight.
Tho' I wasn't friendly with You before,
I wonder, God, if You'd wait at Your door?
Look, I'm crying—me shedding tears!
I wish I'd known You these many years.
Well, God, I have to go now—good-bye—
Strange, since I met You I'm not afraid to die.

By: Frances Angermayer

Submitted by Knight Neil Cameron



- * Father Paul Acton - 10 Nov.
- * Réal Préfontaine - 14 Nov.

Our Field Agent

Stephen Henderson at Cell 613-766-7648 or Stephen.Henderson@kofc.org

Calendar

- ♦ 30 Oct. - Beatification of Father McGivney
- ♦ 5 Nov. - 24th Anniversary of the Council
- ♦ 10 Nov. - Council Meeting via Jitsi
- ♦ 11 Nov - St Vincent de Paul Lunch Program
- ♦ 11 Nov - Remembrance Day - Ceremonies will be on-line
- ♦ Month of Dec. - Christmas Poster Contest.

Service Personnel

- ♦ **Faith Director** – Robert Bouvier
- ♦ **Vocations Director** – Mike Stenson
- ♦ **Community Director** - Jim Laudanski
- ♦ **Family Director** - Raymond Paquin
- ♦ **Program Director**- Robert Charest
- ♦ **Membership Director, and Retention Chairman** – John Schell
- ♦ **Recruitment Committee/Retention** – Pat Stenson, François Bédard, Blair Macfie
- ♦ **Holy Family Chapel, Round Table Chairman** - Scotty Smith
- ♦ **Webmaster, twitter account holder**- Sébastien Généreux

2019-2020 Executive

- 1. Chaplain:** Fr. Wes Chochrek, 613-546-0418
- 2. Grand Knight:**.....Robert Charest, knights11886RC@gmail.com, 613-547-4731
- 3. Past Grand Knight:** Jim Laudanski, birdie1jim@bell.net, 613-544 - 9489
- 4. Deputy-Grand Knight** ...John Schell, john.schell@gmail.com, 613-539-8963
- 5. Financial-Secretary:**.... Philip Henderson, philipchender-son@gmail.com, 613-544-7519
- 6. Chancellor:** Mike Stenson. mikestenson@hotmail.com, 613-353-6956
- 7. Advocate**..... George “Scotty” Smith, george3smith2015@gmail.com, 613-531-6131
- 8. Lecturer:**Gary Richards, 613-547-5333 garyr4033@gmail.com,
- 9. Recorder:** Guy Lahaie, hg.lahaie@gmail.com, 613-545-9647
- 10. Treasurer:**.....Jean M Pellerin, jmpellerin1313@hotmail.com, 613-542-8854
- 11. Warden:**.....Mackenzie Robinson, mrobinson60@live.com, 613-532-3942
- 12. Guard Inside:** ...Steven Bycock, c_sbycock@hotmail.com
- 13. Outside Guard**...Jean-Philippe Goulet, j-Phillipe@hotmail.com
- 14. Trustee 1:** François Bédard, paulineb1943@me.com, 613-549-0410 (1 year left in mandate)
- 15. Trustee 2:**Pat Stenson, pat@kingstoncollision.ca, 613-767-9710 (2 years left in mandate)
- 16. Trustee 3:**Blair Macfie (3 years left in mandate) b;aor/macfie@gmail.com, 613-353-7138

Knights of Columbus - Knights Deals

Questions - Email deals@knightsdeals.ca or call or text 613.817.5353

Check Knight deals website until further notice or end of pandemic.

Note: When Senator game tickets will be sold in the future, free parking may be provided.

Knights of Columbus - Gift Cards

Supporting our Parish, our Community and other charitable activities.

Gift Cards Make a Difference

It's simple, buy gift card sand use as cash for those every day things: gas, groceries, clothing, dining, coffee, and more. For more info contact us at 11886.kofc@gmail.com call or text 613.817.5353.

Gifts cards come in various amounts: \$25. \$50. \$100, etc. Example buy a \$50 card and spend \$50.

Or buy cards on-line at <https://group.fundscrip.com/en/JQMHYU/all-activities> as well as E-cards and reloadable cards. If you buy \$500 worth of plastic cards during this pandemic delivery is free.

Plastic Cards

If not bought on-line, cheques should be made payable to "**Knights of Columbus Council 11886.**"

We are not asking you to spend more money. We are simply asking that if you shop at these stores, please buy the gift card from us then use it to make your regular purchase Our council will receive 1-4% depending of the value of the card you purchase. It takes about 4K of cards to raise over a \$100.

Or buy plastic cards **on-line**, minimum amount of \$500 purchase during the pandemic and save on delivery charges.

Regular Movers - Plastic cards in stock by the council

Farm Boy, Loblaws/Valu-mart/NoFrills, Metro/Foodbasic, Sobeys/Freshco Esso, PetroCanada, Shell, Ultramar, Canadian Tire, Staples, Ultimate Dining Card, Tim Hortons,

Periodic Movers - some of these cards in stock by the council

Marks Work Warehouse, Walmart, Amazon, Shoppers Drug Mart, Chapters/Indigo, Red Lobster, Boston Pizza, Subway, M&M, Starbucks, Pizza Pizza, Home Sense/Winners/ Marshalls, Keg, Home Depot, Lowes, Rona, Home Hardware, itunes, cineplex, bodynbath, Irving Gas, McDonalds, A&W, Giant Tiger, Land Mark Theatres, LCBO

Can get but other plastic but allow 2 weeks to obtain,

E-cards purchasing at <https://group.fundscrip.com/en/JQMHYU/all-activities> then click on Support Ecard Inventory include Starbucks, Itunes, Best Buy, Amazon, Old Navy, Gap, Boston Pizza, Cineplex, Hudson Bay, Dollarama, Walmart, Esso/Mobil, and the Ultimate Dining Card of 16 Restaurants.

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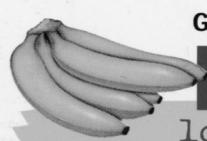
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PROUD TO SUPPORT OUR KNIGHTS
AND HOLY NAME OF JESUS PARISH ACTIVITIES."



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*Head Office
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E: dsmith@pauldavis.ca

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www.11886knights.com

Visit it today!