

# Knight Moves



**KNIGHTS OF COLUMBUS  
HOLY NAME OF JESUS COUNCIL 11886  
(INCLUDES HOLY FAMILY CHAPEL ROUND  
TABLE)**



Website: [11886knights.github.io/](https://11886knights.github.io/)  
Twitter: <https://twitter.com/11886knights?lang=en>

Apr. 2023

## Acting Grand Knight's Message

Brothers,

I trust that everyone had a blessed Easter.

This month we begin our process of electing our Executive for the next Fraternal year. Please I ask each of you to Consider offering your Time & Talents to help maintain the success of our council as many others have. There are three key open positions - GK, DGK & FS. You will be well supported by the council.

Thank-you to all those that have volunteered this past month. Please check the calendar for upcoming activities.

Jim Laudanski

Grand Knight

## A word from the Editor

If you have any articles or amendments to our newsletter please submit them the Wednesday, the day after the Executive meeting. There will be *no newsletter in the month of May*.

In our March newsletter we missed our Brother "Pat Murray's" birthday. He was born on St. Patrick's Day a number of years ago. "Murray" is a name of Gaelic origin. Hence, we have a Scott born on an Irish holiday. However, I am sure his father celebrated his birthday just the same. **Brother Pat Murray, Happy Belated Birthday. Pat we apologise for the oversight.**

## Your Prayers are needed

Knights are asked to pray for the following who are ill. Prayers were made for: Karen Olivier, Joe Simon , Roger Bédard, and Des Hensman

## Catholic Men: Put your Faith into Action.

Be a Knights of Columbus Member. Contact our Membership Director or DGK.

Contact details are on page 6.

## Basketball Challenge 30 Mar. at St. Martha's



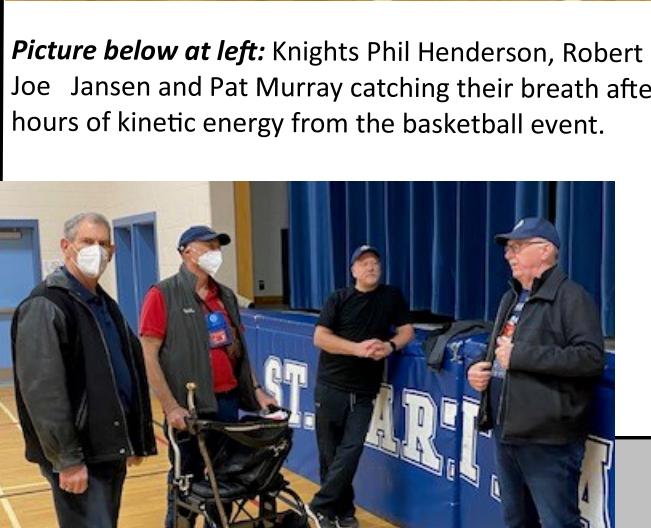
**Picture at left:** Knight Pat Murray is seen presenting a K of C cap to Joe Jansen to commemorate his first participation at one of council's event.



On 30 March five Knights from our council visited St. Martha's Catholic School to conduct the Basketball Challenge. We had 62 registrations. For one reason or another we had about 10 students who did not attend. . We commenced shortly after 8:30 AM and finished at 10:30 AM. We had two basketball nets going at the same time. S/K Philip Henderson and Knight Pat Murray worked at one net. S/Ks Joe Jansen and Pat Stenson worked at the other net. S/K Robert Charest handled the paperwork and feeding the students to the nets. Normally, we also have the highest scorer do the District portion of the competition. This means we would have the top scorer in each age group throw another 25 shots. Hence, With 6 age groups (ages 9-14) this would have meant almost the equivalent of another 12 students. However, this was not required this year.

**Picture at left:** Robert Charest indicates to the boys, of this age group, " I can only answer one question at a time?

**Picture below with students:** Our new Knight Joe Jansen( who is sitting down keeping score) was very good at double tasking. He was able to coordinate keeping score and directing the students at the same time. This made his partner for one of the nets, Pat Stenson's job easier as seen standing here with his hands on his hips. Pat was one of our Safe Environment Qualified person for the event.



## Ottawa 11 May - National March for Life

Bus departs 7:15am from St. Joseph's parking lot (392 Palace Rd) to arrive on time for Mass at St. Patrick's Basilica at 10 am.

Bus cost is just \$20.00 per person. Reserve your seat: by e-transfer at [kingstonmflbus@proton.me](mailto:kingstonmflbus@proton.me) OR in person with Susan at St. Joseph's Parish Office (Monday-Friday 8:30-noon and 1:00-4:30pm)

## K of C 50/50 Lottery draws - Our Knights of C. Lotteries.

The **first** lottery begins on **February 1st** and the early bird draws of, \$500, \$250, \$250 on March 1st and April 1st with the final grand prize draw on April 30th at the State convention hotel at 10 am. **Our portion of the lottery funds, 25% of ticket sales sold from our Website will be dedicated to St. Vincent de Paul.**

The **second** begins on **September 1st** and the early bird draws of, \$500, \$250, \$250 on October 1st and November 1st with the final grand prize draw on December 31st at 12 noon.

The final draw in the last quarter at the end of the Sep-Dec quarter was **\$16,825 for the winner. Our profits from those who bought tickets from our council was \$117.50 which will go to St. Vincent de Paul Society Kingston. As of 8 of 8 April the amount in the draw is over 13K with 3 weeks to go. .**

You may **purchase tickets** at the QR code shown or at the link:  
<https://ontariokofcraffle.5050central.com/?olc=11886>



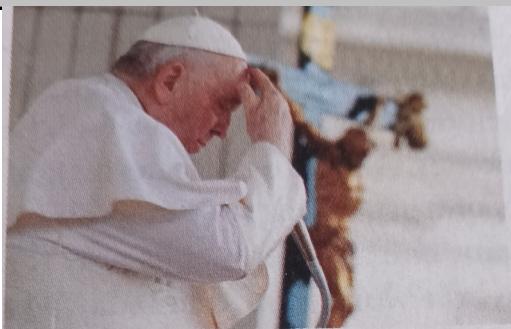
**Tickets prices** are as follows: 15 tickets for \$10 (or 66 cents per ticket)  
40 for \$20 ( or 50 cents per ticket)  
100 for \$40.( or 40 cents per ticket).

**Note:** If you are apprehensive of buying on-line contact Robert Charest at 613-547-4731 or Jim Laudanksi at 613-544-9489 who will buy them, upon payment when you see him next he will give you the photocopy of the email of the tickets purchased.

## Knights of Council 11886 Respond to needs of the St. Mary's Warming Centre till End April

The Veronica Veil Shelter at the St. Mary's Centre has been asked to extend to the end of April. Hence, our Council volunteers will be busy for another month. One knight, Pat Stenson, volunteered to do a morning shift and an evening shift on the same day which would be a long one. There are always last minute volunteer cancellations due to various volunteers inability to do their shift ie death in the family, illness, etc. Many of our volunteers have also volunteered for extra shifts. Overall, the volunteers have became more experienced in dealing with the wide variety of issues which come up. As well there always seem to be some clothing requirements such as a new pair of pants, socks, etc. The St. Mary's Centre has a small stock of various donating clothing items.

## Holy Father's Monthly Prayer Intention



We pray for the spread  
of peace and nonviolence,  
by decreasing the use  
of weapons by states  
and citizens.

## Next Men's Ministry - Saturday 6 May 7-9 AM

All men are welcome to attend these sessions. All you have to do is show up at 7 AM have an enjoyable breakfast in the company of other Catholic men and attend the session.

### Please Donate Blood - One of our knights has given 113 pints worth



Most of our Knights and others reading this newsletter can probably donate blood even if its with limitations. The older you get, the longer it takes to recuperate/regenerate the blood you donate. While the minimum interval between donations for younger, healthy, eligible donors is 56 days. However, because I am older, rather than donating every 56 days (approximately 2 months), I donate approximately every 3 months. It is always an individual's decision as to how frequently – at what interval, they will donate. If you don't feel well, just cancel and reschedule the blood donation for a date when you are feeling better.

Many of us are taking prescriptions and this may lead you to believe you cannot donate. However, that is not true. In fact, many years ago when I started my blood pressure medications, they would no longer accept my blood. However, that also changed many years ago too.

I first donated blood in 1974 or 1975

while attending le Collège militaire royal de St Jean. We would donate, then with no hesitation, do a physical workout. I just made my 113th donation a few weeks ago and definitely do not go for a workout afterward. If you are interested in donating, you can contact Canadian Blood Services by phone at 1-888-236-6283 to ask about donating. Make an appointment online at [WWW.blood.ca](http://WWW.blood.ca). In doing so you will provide them your e-mail address and in the days leading up to the donation, they will remind you of your appointment and check on how you are feeling in case you need to, or wish to reschedule for any reason. On the day of the donation, they will send you a link to a questionnaire on their site. When you complete the questionnaire, you print out your Q pass and take it to the donation with you.

### Taking any prescribed medication?

If you're taking prescribed medication, we'd like to review it prior to your donation to ensure you can still donate. Please take a photo of your medication using the **GiveBlood app** or your phone, or bring the medication with you so our staff member at the donor centre can review it.

For more information, refer to [ABCs of eligibility to donating blood](#)

Here is what is printed out on the Q pass. I have deleted the bottom of the form that has a bar code and my name on it.

#### Clinic visit checklist:

- Bring this Q-pass
- Bring your donor ID card (if you have one) or other proof of identity
- Bring your medication list with you
- Read the applicable pre-donation [brochure](#)
- Drink at least 500 mL of water or juice and have something salty to eat.



There are many ways to get involved with Canadian Blood Services to help save lives. Visit [www.blood.ca](http://www.blood.ca) to find out how.

Thank you

If you are donating, **first of all, please register your name and your family members** who wish to partake at <https://blood.ca/en/ways-donate/donate-partner/becoming-partner/team-member-registration> provide our council's number when you register for the first time, or add the number to your file if you have not registered yet. The Council 11886 donation file is KNIG009249.

**The clinic hours for making an appointment are: Sunday and Monday closed, Tues. and Wed . 3-7 PM, Thurs. 9 AM-1 PM, Fri. Closed, Sat 10 AM - 2 PM.**

**Submitted by:** S/K Philip Henderson, Financial Secretary

## St Vincent de Paul - Lunch Program 31 Mar



**Picture at left:** S/K Roger Levac is seen doing the preparatory work of packaging the food containers for distribution. I wonder if his spouse knows he is so handy in the kitchen?

On Wednesday March 29th; the fifth Wednesday of the month, Brother Roger Levac, Brother Mike Stenson and a new volunteer, Joe Oomen all worked to prepare approximately 175 takeout meals for those in need of such assistance. The meal prepared by "Cook Leslie Inglis" who has at least temporarily replaced "Chef Thomas" in the position of heading up the meal program made a sausage pasta with a coconut squash hot soup for the appreciative group striving to stay warm. Coffee was in high demand and for a period of time there was additional food offerings of breads, grapes, melons, lemons, apples and strawberries. There was only a limited supply of those items and many received a meal and coffee only. There was a constant lineup of patrons waiting to get in for a pickup for over 80% of the day.

**Picture at right:** Volunteer Joey Oomen is seen having

mastered the required amount of food to be placed in a container. Practice makes perfect.

This was the first day for Joey Oomen to work as a volunteer and I believe he got a pretty good snapshot of the existential need that Kingston has. I arrived at 7:50 for a 8:00 a.m. start time only to find Joey had already shown up, introduced himself to the assistant manager, Tegan, and Cook Leslie, and was already elbow deep in the sink heavily involved in the chores of the day.

Knowing Joe for my entire life, I was not the least bit surprised. Joey worked well with another workaholic Knight, Roger Levac. Joe coming from a family of 11 children and Roger from a family of 15, they certainly found lots of commonality in their upbringing and outlook on life.

I will be in touch with Judy in the near future to get a handle on just what in particular that St. Vincent is in need of. I will pass that information along to our fellow Knights when available.



## Rain Barrel Sale—22 March—24 May 2023 Delayed

★ PLEASE SUPPORT OUR ★  
**FUNDRAISER**

**Buy A Rain Barrel**

Each rain barrel includes :

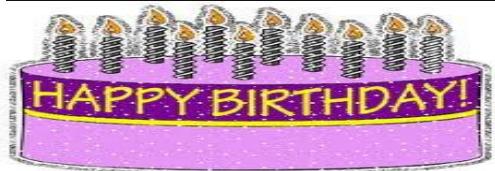
- leaf & mosquito filter basket
- spigot
- overflow adaptor
- overflow hose



Thank you for your support and PLEASE SHARE this post with your family and friends!

Our website for our sale is behind schedule at the time of finalizing this newsletter. However, the prices are up on the website. Most prices have gone up. Hence, visit the website to investigate the prices. It is hoped that the website will be up and running for business in the next week.

<https://rainbarrel.ca/kingstonkofc/>



Birthdays from 11 April - 9 May 2023

19 April - Richard Mears

28 April - Francois Bédard

2 May - Geoff Hampton

4 May - Brian Reitzel

7 May -Joel Schell and Scotty Smith

## Our Field Agent

Daniel Gimpel contact info is: Cell: 613-920-5632 e-mail: [Dan-](mailto:Daniele.gimpel@kofc.org)  
[iel.gimpel@kofc.org](mailto:Daniele.gimpel@kofc.org)

## Calendar of Events

**Tues 11 Apr.** General Council Meeting. 7 PM. Supper 5:45 PM Kitchen in Mgr Raby House—\$7.

**Mon 17 Apr.** Basketball Challenge. St. Francis Assisi. Contact Robert Charest.

**Sat 22 Apr.**—Highway Cleanup on Highway 15 (Alternate day if inclement weather, 29 Apr. Members and Volunteers will be contacted by 07:30 AM that morning if cancelled due to this)  
8:30 AM- Knights and volunteers RV at 401/15 park and ride south of 401 on highway 15 across from Ambulance Dispatch Centre.  
9:15 AM—Knights and Volunteers with children under 12 yrs. RV N of Tim's Parking Lot on corner of Innovation Drive and Highway 15.  
10:15 –11:00 AM Coffee/hot chocolate Tim Horton's on HW 15. If weather cooperates RV on the lawn north of Tims. Note: Knights and Volunteers Contact Robert Charest to ensure we have sufficient number of reachers and safety vests. If you these items please bring them. Plus we must ensure we have enough donuts. Wear boots and gloves.

**30 Apr. (BBQ)** Holy Family Chapel Tent and table set-up for Bishop visit/Confirmation visit.

**Tuesday 9 May 7 PM**— General Council Meeting.

**Thursday 11 May** - National March for Life in Ottawa 1. Bus is being planned to depart at 7:15 AM and return to St. Joseph's Church. \$20 for First Come/first serve. Refer to Page 2 of newsletter for details.

**Friday 26 May—0700 –9:30 AM** Rain Barrel unloading and set up for pick-up. 6 Volunteers.  
**9:30 AM – 5:30 PM** pick-up – 2-3 Volunteers. Contact Robert Charest

**Sunday 4 June 3-6 PM** - Family BBQ for Council (TBC)

**Tues 13 June** - General Council Meeting

**Saturday, June 17** at Camden Braes Golf and Country Club, 149 Simmons Rd, Odessa. St. Paul the Apostle KofC Fundraiser for St. Mary's Drop-In Centre and Veronica Veil's Overnight Shelter. Shotgun start. Price is \$125 per golfer. Includes 18 holes of golf, a golf cart and dinner. Dinner only is \$50. Early Bird Registration Prizes for registration by April 30. Register at 613-572-4892 or KofC9652golftournament@gmail.com.

**Friday 13 Aug** Set-up and take down tents at St. Mary's Cathedral. 3 Volunteers. Contact P. Stenson.

## Service Personnel

- ◆ **Faith Director** – Robert Bouvier
- ◆ **Vocations Director** – Mike Stenson
- ◆ **Community Director** - Paul Coulter
- ◆ **Family Director** –nil
- ◆ **Program Director/Tent Rental Rep** S/K Pat Stenson
- ◆ **Membership Director, Public Relations Director, and Retention Chairman, 50/50 Lottery Rep** –S/K Robert Charest
- ◆ **Webmaster** - Sébastien Généreux

## 2022-2023 Executive

1. **Chaplain:** .....S/K Fr. Wes Chochrek, 613-546-0418
2. **Grand Knight:**.....Jim Laudanski ...jameslaudanski@gmail.com, 613-544– 9489
3. **Past Grand Knight:** .. Paul Coulter
4. **Deputy-Grand Knight:**...S/K Pat Stenson, patstenson1955@gmail.com, 613-544-7108
5. **Financial-Secretary:**... S/K Philip Henderson, philipchender-son@gmail.com, 613-544-7519
6. **Chancellor:**....Mike Stenson. mikestenson@hotmail.com, 613-353-6956
7. **Advocate/ Round Table Chairman:**...S/K George "Scotty" Smith, george3smith2015@gmail.com, 613-531-6131
8. **Lecturer:**.....Nominations being accepted at this time.
9. **Recorder:** S/K Robert Charest...robertcharest84@gmail.com, 613-547- 4731
10. **Treasurer:** Jean M Pellerin, jmpellerin1313@hotmail.com, 613-542-8854
11. **Warden:** S/K Raymond Paquin, raypaq0@gmail.com, 613-531-4879
12. **Guard Inside:**...Steven Bycock, c\_sbcock@hotmail.com
13. **Outside Guard :** Pat Jordan, cjpj1991@yahoo.com
14. **Trustee 1/Retention Committee Member** ..Blair Macfie, blair/macfie@gmail.com, 613-353-7138(1 year left in mandate)
15. **Trustee 2/Retention Committee member** ...Pat Murray (2 year), 613-542-5729, patmurrayhabysanks@gmail.com
16. **Trustee 3/Retention Committee Member** ..... Stephen Woods, 613-422-4859 swoods@kos.net

# Mary Campeau Memorial Golf Tournament - Hosted by K of C of St Paul the A.

**Saturday June 17, 2023  
12 noon shotgun tee off**

**\$125  
/golfer**

Includes 18 holes,  
golf cart, and dinner.  
Dinner only \$50.00!

## **PROCEEDS TO ST MARY'S DROP IN CENTRE AND VERONICA'S VEIL OVERNIGHT SHELTER**

- Prize Draw for registrations by April 30
- Silent Auction

To Register Contact

[KofC9652golftournament@gmail.com](mailto:KofC9652golftournament@gmail.com)  
Or scan below for information



**Camden Braes Golf and Country Club  
1459 Simmons RD, Odessa, ON**



## **Knights of Columbus - Gift Cards**

### **Supporting our Parish, our Community and other charitable activities.**

#### Gift Cards Make a Difference

**It's simple, buy gift cards and use as cash for those every day things: gas, groceries, clothing, dining, coffee, and more. For more info contact us at [11886.kofc@gmail.com](mailto:11886.kofc@gmail.com) call or text 613.817.5353. Gifts cards come in various amounts: \$25. \$50. \$100, etc. Example buy a \$50 card gas card and spend \$50. Our council will receive 1-4% depending of the name of the card you purchase. It takes about 4K of cards to raise over a \$100. The profits go to the two parishes and the council in a 50/50 split. The council use their profits to go to their list of charities.**

#### Plastic Cards

If not bought on-line, cheques should be made payable to "Knights of Columbus Council 11886."

#### **Regular Movers - Plastic cards in stock by the council**

Loblaws/Valu-mart/NoFrills, Metro/Foodbasic, Sobeys/Freshco Esso, PetroCanada, Shell, Ultramar, Canadian Tire, Staples, Ultimate Dining Card, Tim Hortons,

#### **Periodic Movers - some of these cards in stock by the council**

Marks Work Warehouse, Walmart, Amazon, Shoppers Drug Mart, Chapters/Indigo, Red Lobster, Boston Pizza, Subway, M&M, Starbucks, Pizza Pizza, Home Sense/Winners/Marshalls, Keg, Home Depot, Lowes, Rona, Home Hardware, itunes, cineplex, bodynbath, Irving Gas, McDonalds, A&W, Giant Tiger, Land Mark Theatres, LCBO

#### **Can get but other plastic but allow 2 weeks to obtain.**

E-cards purchasing at <https://group.fundscrip.com/en/JQMHYU/all-activities> then click on Support/

**Ecard Inventory** include Starbucks, Itunes, Best Buy, Amazon, Old Navy, Gap, Boston Pizza, Cineplex, Hudson Bay, Dollarama, Walmart. Esso/Mobil, and the Ultimate Dining Card of 16 Restaurants.

Note: Cards are sold at the end of Masses at Holy Name of Jesus and Holy Family Chapel(10:30 mass)

## Knight Moves' Sponsors

**Mark Levac**

**President**  
**Office – 613-546-6663**

[mark@levacsupply.com](mailto:mark@levacsupply.com)

[levacsupply.com](http://levacsupply.com)

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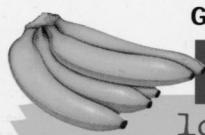
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[csninc.ca/kingston](http://csninc.ca/kingston)

**Pat Stenson**  
Owner

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F: 613-546-7987  
E: [pat@kingstoncollision.ca](mailto:pat@kingstoncollision.ca)

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**Peter Splinter**

*President*

*Head Office*  
366 King St. E. Suite 400  
Kingston, Ontario  
K7K 6Y3  
*Office: (613) 546-3400*  
*Fax: (613) 546-4213*

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*S/K Ian Moore  
Community Director*



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AND HOLY NAME OF JESUS PARISH ACTIVITES."**



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21 Harvey St, Kingston, Ontario, K7K-5C1

**Have you visited the council website**

**11886knights.github.io/  
lately?**

**Visit it today?**