



Activity sheet

Veggie stamp paintings



Have some fun with veggies left in the fridge.



What you need

- O paper
- knife
- O paints
- O different vegetables,
- O paintbrush
- O fork



What to do

- 1. Choose some vegetables that will create different textures on paper (we used, potatoes, pepper, broccoli, celery, and sweetcorn)
- 2. Dip one end of the veg in the paint this is your stamp. Or you could move it along the paper like it's a paintbrush.
- 3. Try cutting some shapes out of the veg (we cut the potatoes into a star shape - but be careful with the knife!)
- 4. Get messy and creative with different shapes and techniques. You could stamp them, roll them, or swoosh them across the paper.











