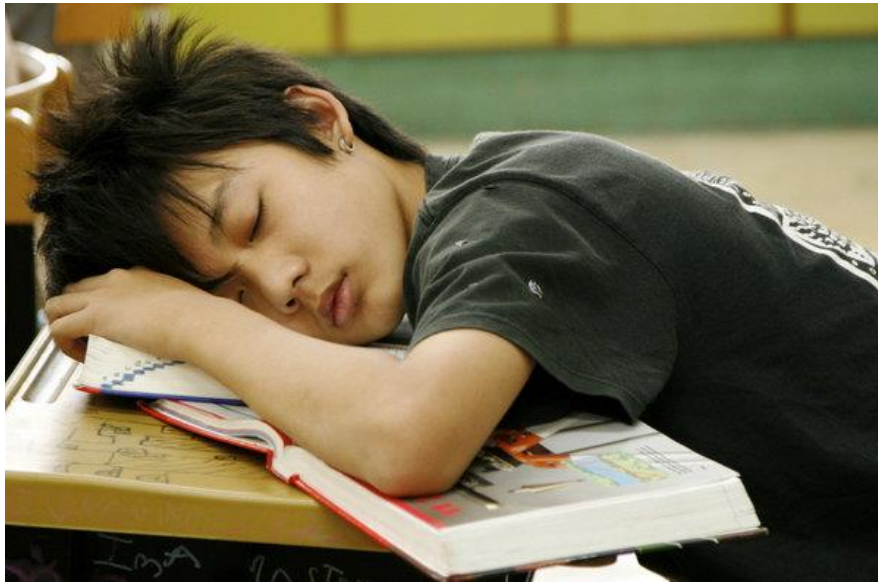


What's *your* Learning Style?

Wallace, L. (2000) *Career Studies 10* Toronto: Nelson



This is NOT a learning style FYI.

- ✓ Read each statement below.
- ✓ Use the five-point scale shown and record the number that applies to you for each statement.

Scale:

5 = often	4	3 = sometimes	2	1 = rarely
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1. I remember better from lectures with explanations and discussions. 4
2. I learn information more easily if it is written on the board. 4
3. I write down the information I read. 3
4. I use posters and models in the classroom. 2
5. I need verbal explanations of diagrams and graphs. 1
6. I enjoy working with my hands. 3
7. I enjoy making graphs and charts. 1
8. I can tell if two sounds match. 2
9. I remember best by writing things down several times. 1
10. I can follow directions on maps. 5
11. I do better at academic subjects by listening to lectures and tapes. 1
12. I like to play with coins, keys, pens, or other objects when learning. 5
13. I learn to spell by repeating words out loud. 3
14. I prefer reading newspapers to listening to the radio news. 2
15. I chew gum or snack when I study. 4
16. The best way for me to remember something is to picture it in my head. 5



17. I learn how something works by taking it apart and putting it back together. 5
18. I would rather listen to a lecture than read the same material in a textbook. 3
19. I am good at solving jigsaw puzzles and mazes. 5
20. I grip objects in my hands while learning. 5
21. I prefer listening to the news on the radio to reading about it in the newspaper. 3
22. I prefer to get information by reading. 3
23. I enjoy classes with physical activity and movement. 3
24. I follow verbal directions better than written ones. 5

✓ In the chart below, write the number you recorded beside the appropriate statement number:

	Visual	Auditory	Tactile
Statement	2. 4	1. 4	4.2
Statement	3. 3	5.1	6.3
Statement	7.1	8. 2	9. 1
Statement	10. 5	11. 1	12. 5
Statement	14. 2	13. 3	15. 4
Statement	16. 5	18. 3	17. 5
Statement	19. 5	21. 3	20. 5
Statement	22. 3	24. 5	23. 3
Totals	28	22	28

- ✓ Add up the points in each of the three columns.
- ✓ The column with the highest score is your preferred learning style (see next page for descriptions). Don't forget about the other numbers though.
- ✓ You do learn in more than just one way remember!

According to this survey, I am primarily a visual and tactile learner!

ASSESSMENT FOR LEARNING

Write a 2-3 paragraph reflection that includes the following:

1. Results of the inventory – Rank your learning styles from strongest to weakest.
2. Were you surprised by the results of the inventory? i.e. did your strongest learning style surprise you? Were you surprised by the order of your results?
3. Knowing now what your strongest learning style is, how will you use that strength to help you with your learning?
4. Does this reflect your careers goals based your choice of the SciTech program?

Who CARES about my Learning Style?

✓ Well, you should for one...

If you're a **visual** learner:

1. Visualize yourself successfully performing a task
2. Take notes. Write out everything.
3. Keep a journal of what you have learned.
4. Use charts, maps, notes and flash cards.
5. Make pictures of words, ideas, and concepts in your head.
6. Ask your teacher to write on the board.

If you're an **auditory** learner:

1. Record lectures, with the lecturer's permission of course...
2. Read your notes or texts out loud.
3. Summarize what you have learned and tape yourself.
4. Explain to others what you have learned.
5. Make a song out of items you need to memorize.
6. Listen to music as you study (as long as it isn't distracting). Match words, ideas and concepts to musical themes.

If you're a **tactile** learner:

1. Take notes.
2. Underline or highlight important facts.
3. Make a scrapbook of what you have learned..
4. Act out a poem, story or historical event.
5. Walk through a series of instructions.
6. Build a model or draw a picture to illustrate what you are learning.
7. Create exercises or motions to match words and concepts.



There are some gender stereotypes about learning styles out there...