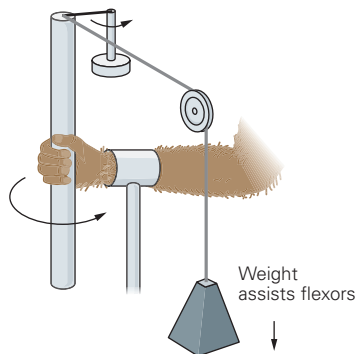
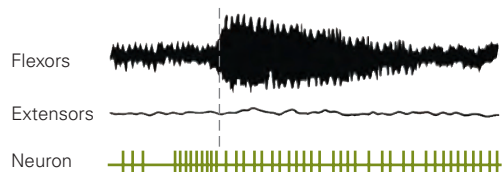


B Load opposes flexors



C Load assists flexors

