```java
package cn.csxt.test;
/**
 * 测试StringBuilder和StringBuffer可变字符序列的常用方法
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 *
 */
public class TestStringBuilder2 {
    public static void main(String[] args) {
        StringBuilder sb=new StringBuilder("jkl");
        for (int i = 0; i < 26; i++) {
            char temp=(char)('a'+i);
            sb.append(temp);          //增添
        }


        System.out.println(sb);


        sb.reverse();          //倒转
        System.out.println(sb);


        sb.setCharAt(6,'江');
        System.out.println(sb);


        sb.insert(0, '我').insert(6, '爱').insert(8,'你');          //链式调用。核心就是：该方调用了return this，把自己返回
        System.out.println(sb);


        sb.delete(20, 23);
        System.out.println(sb);
    }
}
```