```
package com. sxt. syn;
import java.util.ArrayList;
import java.util.List;
/**
 * 线程安全: 操作容器
 * @author 江
 *
 */
public class SynBlockTest7 {
   public static void main(String[] args) throws InterruptedException {
        List<String> list=new ArrayList<>();
        for (int i=0; i<10000; i++) {
                new Thread(()\rightarrow{
                        //同步块
                         synchronized(list) {
                         list.add(Thread.currentThread().getName());
                }).start();
        }
        Thread. sleep (10000);
        System.err.println(list.size());
}
}
```