

Average of Sleep Duration and Average of Stress Level by Person ID

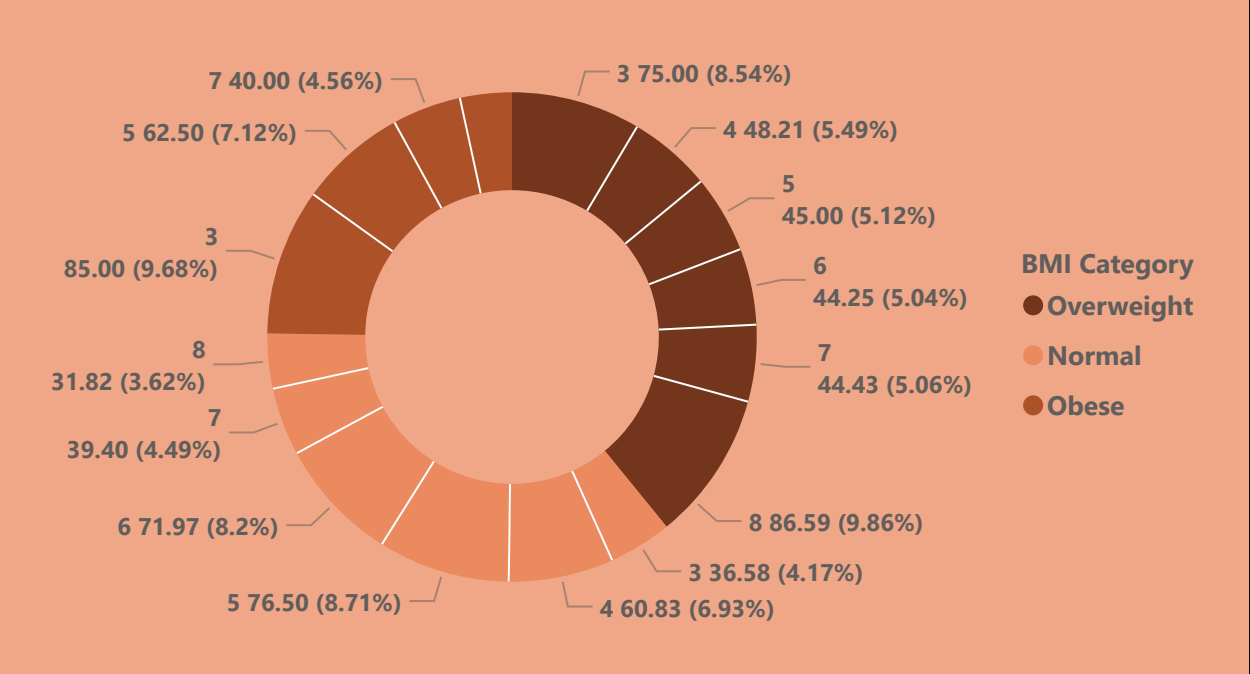


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Sleep Disorder

- Select all
- Insomnia
- None
- Sleep Apnea

Average of Physical Activity Level by BMI Category and Stress Level

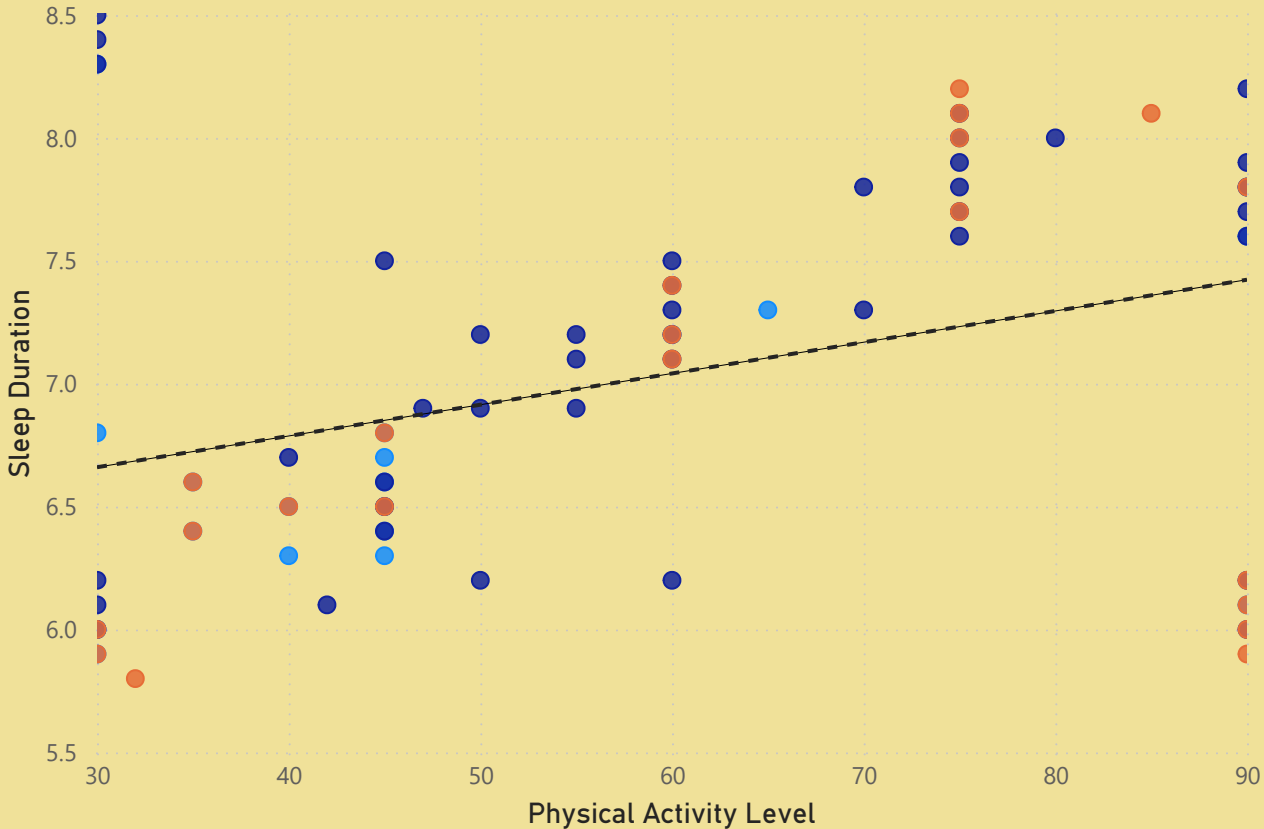


Average of Quality of Sleep by Occupation



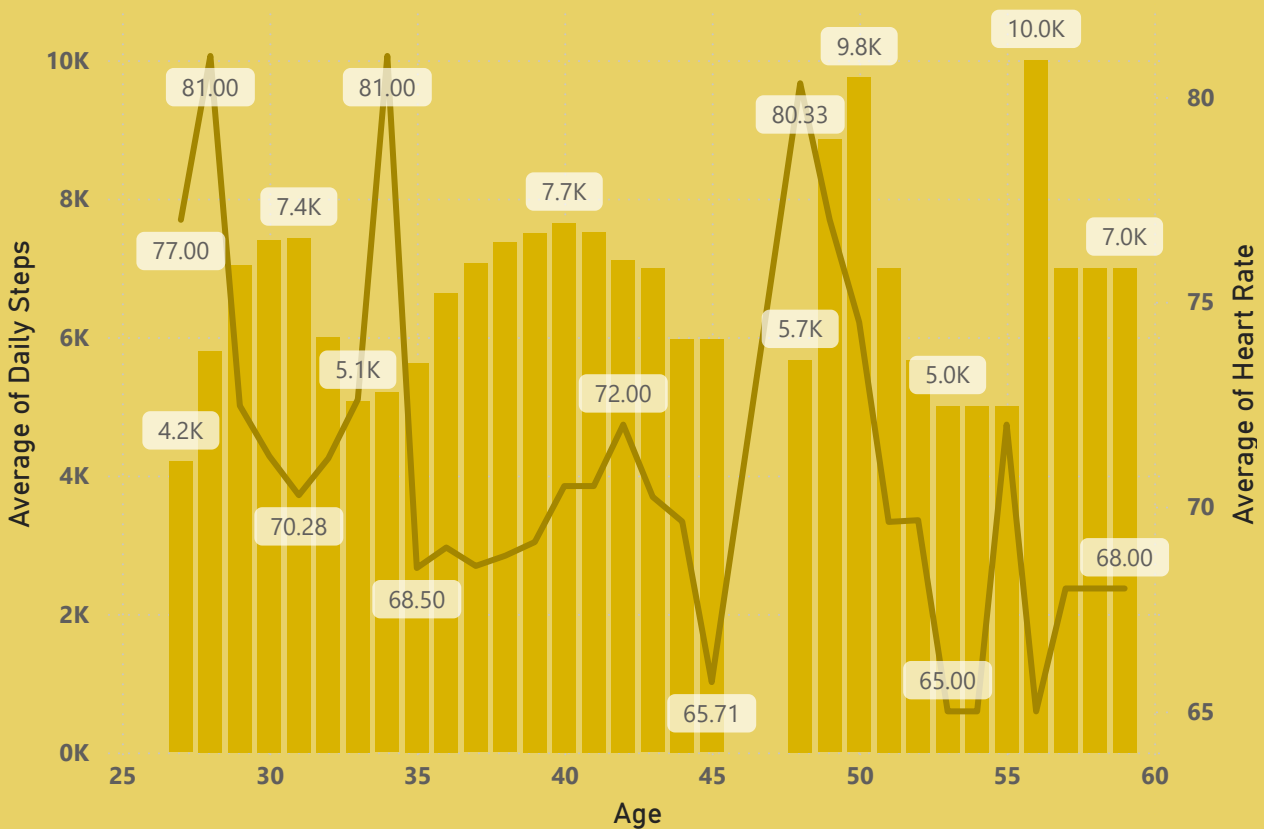
Sleep Disorder, Physical Activity Level and Sleep Duration

Sleep Disorder Insomnia None Sleep Apnea



Average of Daily Steps and Average of Heart Rate by Age

Average of Daily Steps Average of Heart Rate



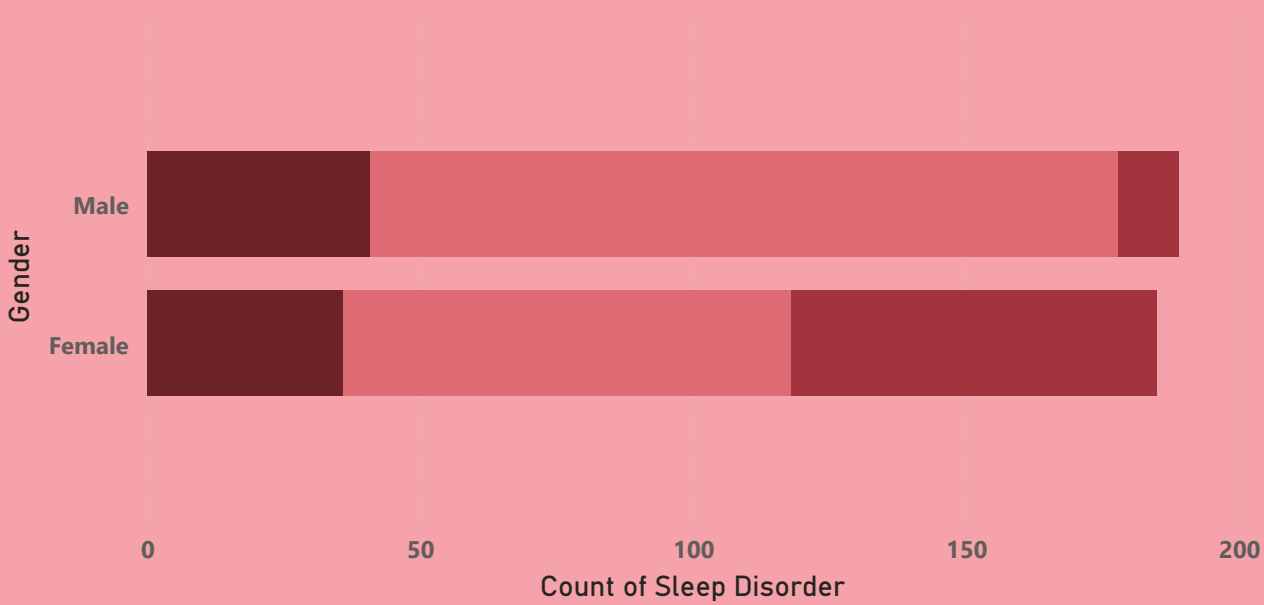
Stress Level

3 8



Count of Sleep Disorder by Gender and Sleep Disorder

Sleep Disorder ● Insomnia ● None ● Sleep Apnea



Key influencers Top segments



What influences Sleep Disorder to be 

Insomnia

 ?

When...

....the likelihood of Sleep Disorder being Insomnia increases by

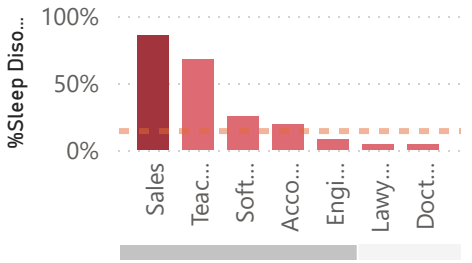
Occupation is Sales



Occupation is Teacher



← Sleep Disorder is more likely to be Insomnia when Occupation is Sales than otherwise (on average).

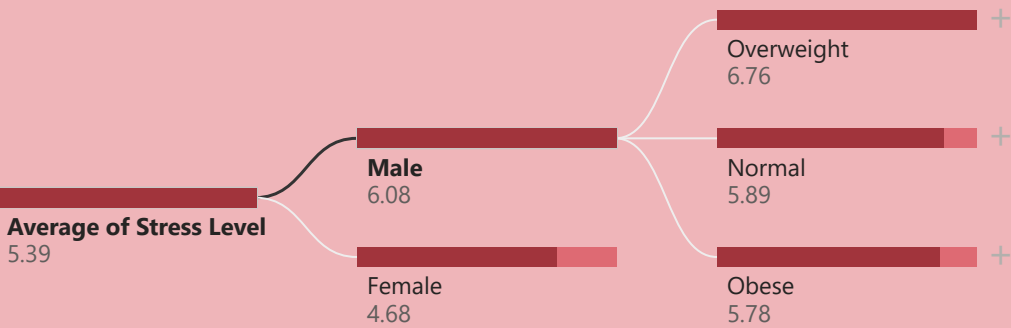


☐ Only show values that are influencers

Gender

BMI Category

Male



Occupation	Normal	Obese	Overweight	Total
Accountant	4.13		7.00	4.59
Doctor	6.90	4.00		6.73
Engineer	3.78		6.00	3.89
Lawyer	5.02	5.00	6.00	5.06
Manager			5.00	5.00
Nurse	6.00		5.50	5.55
Sales		8.00	7.00	7.06
Scientist			7.00	7.00
Software Engineer	5.00	8.00	6.00	6.00
Teacher	4.00	7.00	4.55	4.53
Total	5.13	5.70	5.73	5.39