

## Average of Sleep Duration and Average of Stress Level by Person ID

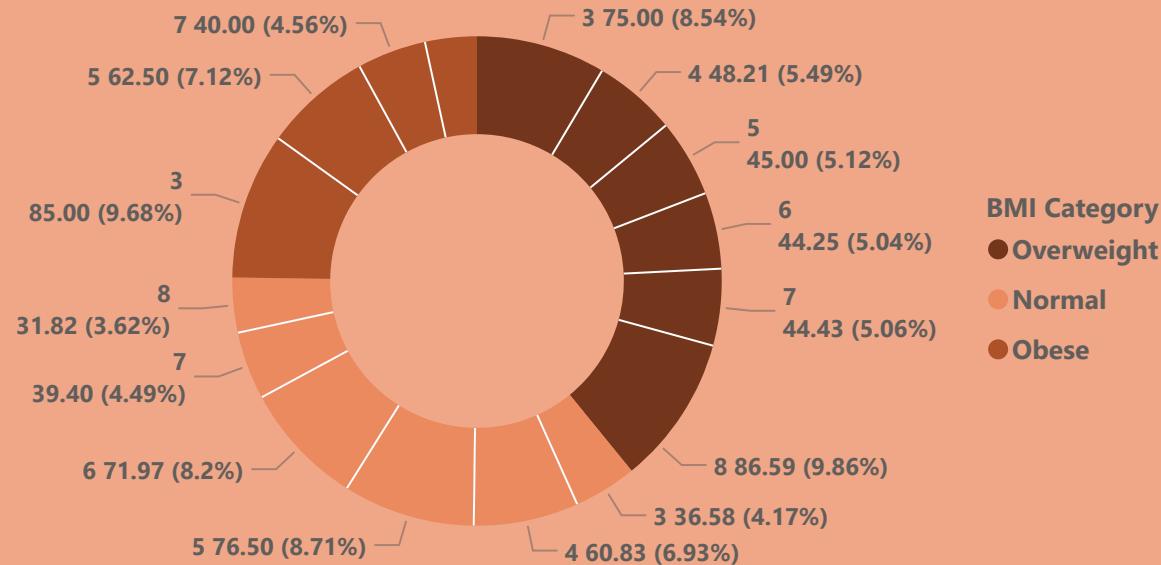
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8.10 ✓  
Goal: 3.00 (+170%)

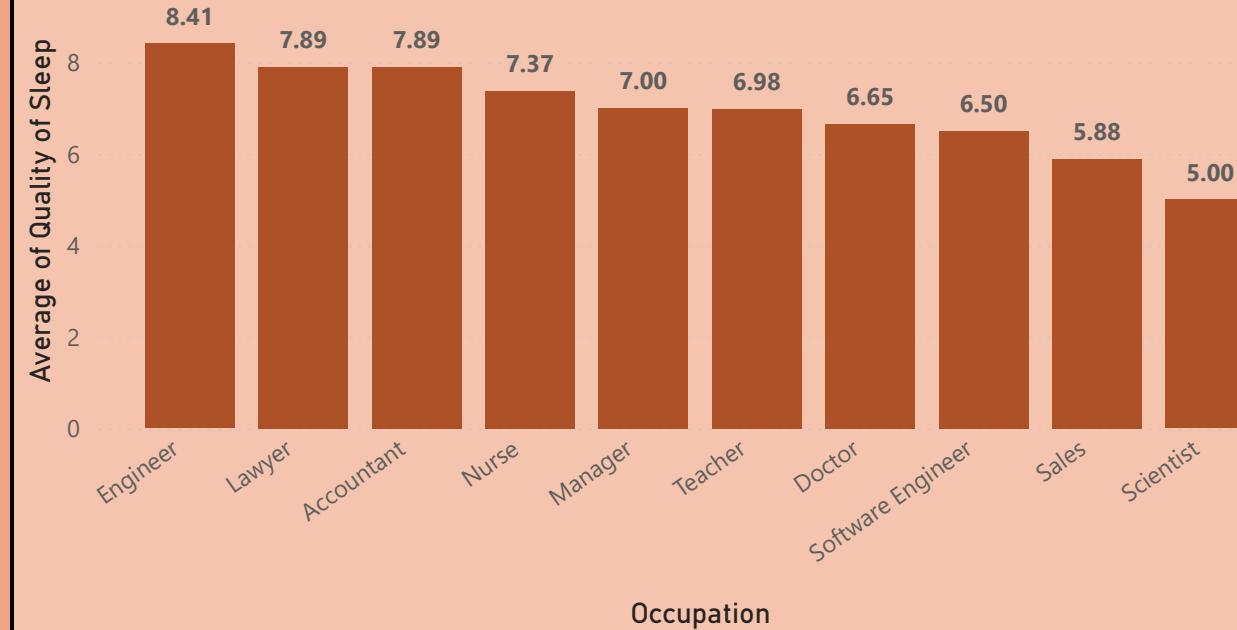
### Sleep Disorder

- Select all
- Insomnia
- None
- Sleep Apnea

## Average of Physical Activity Level by BMI Category and Stress Level

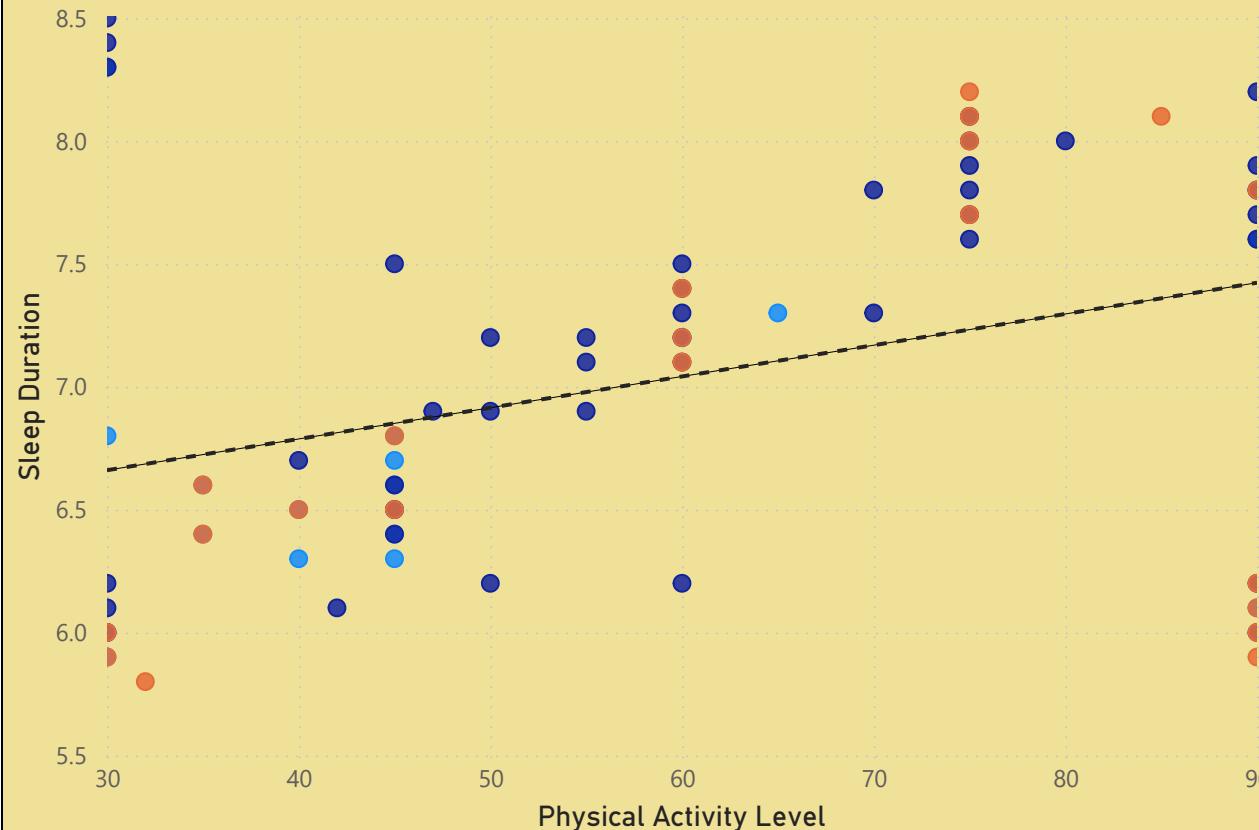


## Average of Quality of Sleep by Occupation



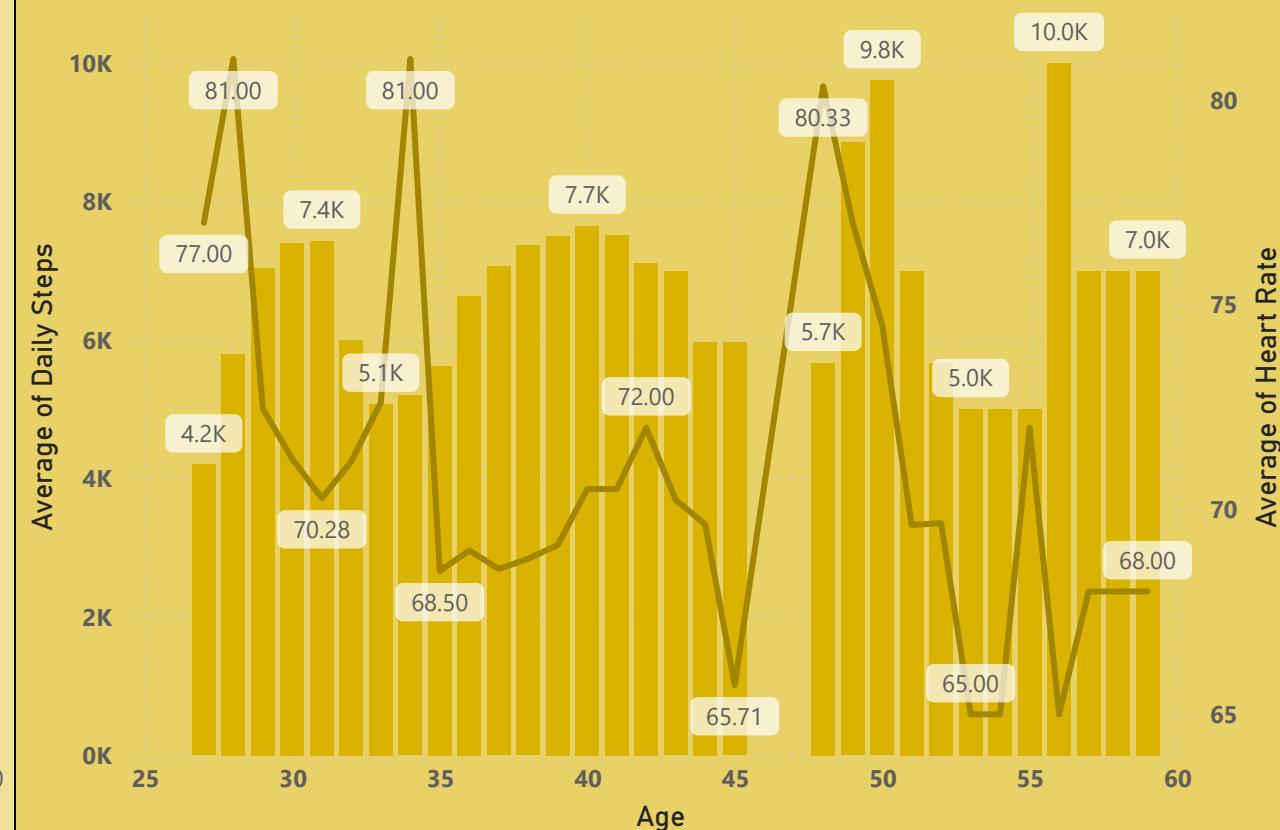
## Sleep Disorder, Physical Activity Level and Sleep Duration

Sleep Disorder ● Insomnia ● None ● Sleep Apnea



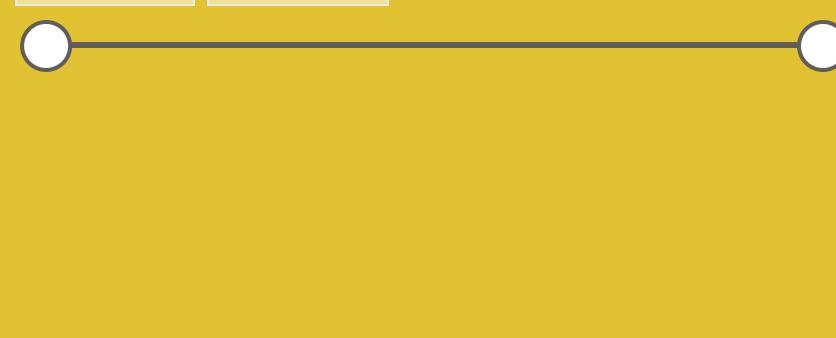
## Average of Daily Steps and Average of Heart Rate by Age

Average of Daily Steps ● Average of Heart Rate



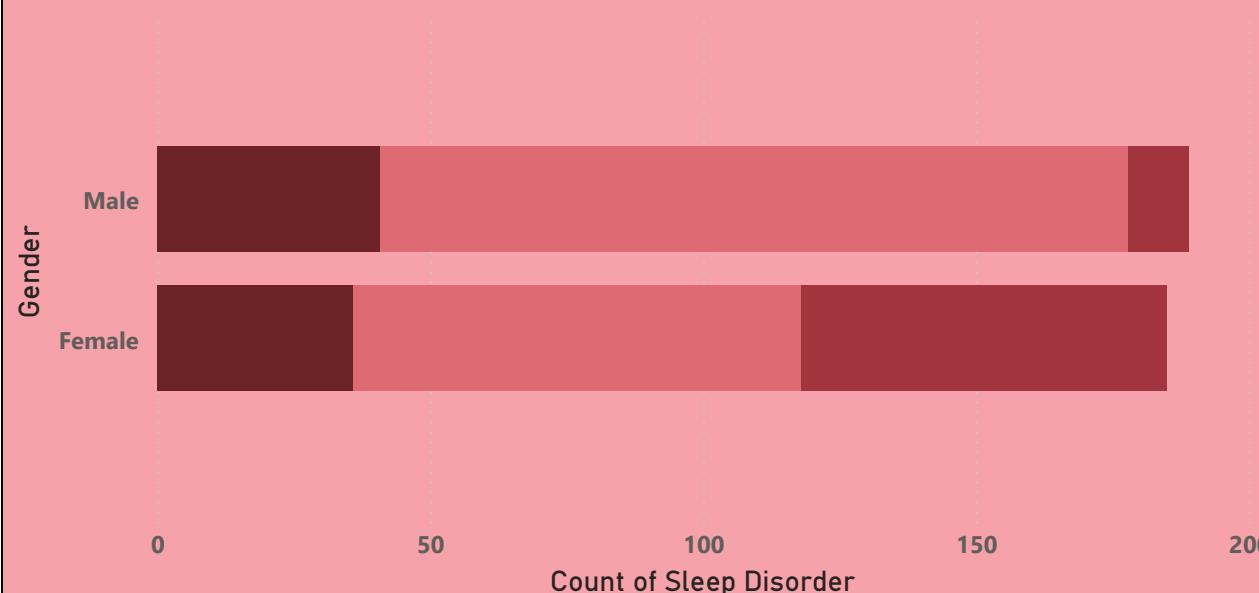
### Stress Level

3 8



## Count of Sleep Disorder by Gender and Sleep Disorder

Sleep Disorder ● Insomnia ● None ● Sleep Apnea



## Key influencers Top segments

What influences Sleep Disorder to be Insomnia ▼ ?

When...

....the likelihood of Sleep Disorder being Insomnia increases by

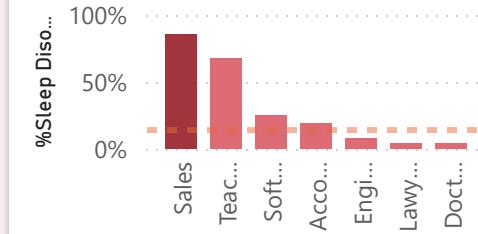
Occupation is Sales

6.04x

Occupation is Teacher

4.51x

← Sleep Disorder is more likely to be Insomnia when Occupation is Sales than otherwise (on average).



Only show values that are influencers

Gender

Male

BMI Category

Overweight

6.76

Normal

5.89

Obese

5.78

Average of Stress Level

5.39

Female

4.68

Occupation	Normal	Obese	Overweight	Total
Accountant	4.13		7.00	<b>4.59</b>
Doctor	6.90	4.00		<b>6.73</b>
Engineer	3.78		6.00	<b>3.89</b>
Lawyer	5.02	5.00	6.00	<b>5.06</b>
Manager			5.00	<b>5.00</b>
Nurse	6.00		5.50	<b>5.55</b>
Sales		8.00	7.00	<b>7.06</b>
Scientist			7.00	<b>7.00</b>
Software Engineer	5.00	8.00	6.00	<b>6.00</b>
Teacher	4.00	7.00	4.55	<b>4.53</b>
<b>Total</b>	<b>5.13</b>	<b>5.70</b>	<b>5.73</b>	<b>5.39</b>