

BY MRSIMPLE

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WIRED Readers

Culture

12.01.2020 12:32 PM

Six-Word Sci-Fi: Stories Written By You

Here's this month's prompt, how to submit, and an illustrated archive of past favorites.

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Illustration: Elena Lacey
THIS MONTH'S PROMPT

In six words, write a story about a future American president.

Submit stories on <u>Twitter</u>, <u>Facebook</u>, or <u>Instagram</u>, or email us at mail@wired.com. We'll choose one to illustrate.

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DECEMBER 2020

A Story About a Gargantuan Space Creature

Illustration: VIOLET REED

THE MOTH FLEW INTO THE SUN.

—@threepanelcrimes, via Instagram

Honorable Mentions:

The moon revealed its darkest secret. —@cfx1, via Twitter

"Enjoy," it said, and ate Mars. —@countgringo, via Instagram

Hand me my iPhone—picture time. —@fogcitynative, via Instagram

On its back, we traveled far. —@_annalysenko, via Instagram

We saw the horizon. It moved. —@mogon_ave, via Twitter

Entrelzidor sneezed. Earth was free again. —John Rees-Williams, via Facebook

And this black hole had teeth. —@devtomlinson, via Instagram

"A little earthy for my taste." —@brambedillo, via Instagram

NOVEMBER 2020

A Story About the Next Big Security Leak

Illustration: VIOLET REED

YOUR GENES ARE MY GENES NOW.

—@_inflexion_ via Instagram

Honorable Mentions:

We updated our terms and conditions. —@nisioti_eleni, via Twitter

All of the tokens were useless. —William Nicholl, via Facebook

Four-year-old deletes planet data. —@jutajurajustice, via Twitter

Now your mom knows everything, Phil. —@mvyenielo, via Twitter

Grandma's secret recipe just went viral. —Kevin Jerome Hinders, via Facebook

So bots were reporting other bots? —Ed Gubbins, via Facebook

OCTOBER 2020

A Story Set in a World Without Paper

ILLUSTRATION: VIOLET REED I KEEP LOSING AT ROCK SCISSORS.

—Anna Jaruga, via Facebook

Honorable Mentions:

The dog ate my memory cards. —Irfan Darian, via Facebook

Honey, pass me the news tile. —@rainreider, via Twitter

These leaves would have to do. —@eliporteraltic, via Twitter

Christmas morning was never a surprise. —@tony32938627, via Twitter

I wrote it on the fridge. —@apocryphal_x, via Twitter

Museum reports theft of toilet paper. —@joostdouma, via Twitter

The pen is no longer mightier. —@mdeziel, via Twitter

Police say no note was uploaded. —@cwyant, via Instagram

SEPTEMBER 2020

A Story About the Upside of Failure

ILLUSTRATION: MAXIME MOUYSSET
THE RADIOACTIVE COCKROACH HICCUPED, AND GRINNED.

—@rosiestonies, via Instagram

Honorable Mentions:

Still, the droid's skin was healing. —David Gerster, via Facebook

"Upload failed." Phew, that was close. —Assa Naveh, via Facebook

It exploded, but he looked hot. —Anna Rose McHugh, via Facebook

She could see who had stayed. —@pameleen, via Instagram

Humans. Not my best work. Still ... —@gg3_scorpio, via Instagram

The worst happened. Now I'm free. —@atpolinko, via Instagram

At least there is no leader. —@guabo, via Instagram

My mom still thinks I'm cool. —@pashutinski, via Instagram

JULY 2020

A Story About an Apocalypse With a Happy Ending

ILLUSTRATION: MAXIME MOUYSSET THE ALIENS WERE ALLERGIC TO CATS.

Honorable Mentions:

The dogs are the masters now. —@azzour, via Instagram

Deadly virus mutates into X-Men gene. —@redeyedsan, via Twitter

At once, my Amazon dependency disappeared.—@maxacarr, via Instagram

Baby's voice rose from the cave. —Chakib Mataoui Souleyman, via Facebook

The colony on the moon flourished. —@emoco, via Twitter

In silence, he slept well. Finally. —@patchoo314, via Instagram

So salt water, huh? Who knew. —@andreslohizo, via Instagram

Dinosaurs return—this time as pets. —@deb_shalini, via Twitter

Sun sets. No one posts it. —@jesikahmorgana, via Instagram

JUNE 2020

A Story About Love in the Time of Coronavirus

ILLUSTRATION: MAXIME MOUYSSET SO I MARRIED THE DELIVERY MAN.

—Hamish Hamish, via Facebook

Honorable Mentions:

Love is sacrificing the last ply. —Kristos Samaras, via Facebook

There is an "us" in "virus." —Zachy Allec, via Facebook

Feverish desire raged beneath the N95. —@seekingfelicity, via Instagram

You can sneeze in my elbow. —@ralfchardon, via Instagram

Our eyes locked in Zoom yoga. —@jabberwockies, via Instagram

Slowly, window and I became friends. —@jo.onthe.go, via Instagram

"Don't kiss me," he whispered gently. —@anna_rchist, via Instagram

The clothes came off; masks remained. —@_v.sh, via Instagram

Casual gets serious way too fast. —@kristinafmiller, via Instagram

MAY 2020

A Story About Digital-Age Autocrats

ILLUSTRATION: MAXIME MOUYSSET BIG BROTHER, TEAR DOWN THIS FIREWALL!

—@needsomuchvalidation, via Instagram

Honorable Mentions:

Break up the digital data thieves. —Frank D. Monaco, via Facebook

Digital Guy Fawkes to the rescue! —Kevin Jerome Hinders, via Facebook

Encryption is poison to a dictator. —Marko Berg, via Facebook

Plug exhaust pipe with a potato. —@blume_lee, via Twitter

New feature announcement: "Like" to impeach. —@mina_sonbol, via Instagram

Use ad blockers. Pay for news. —@dechendolker, via Instagram

Print Marshall McLuhan quotes on T-shirts. —@antigraviter, via Instagram

Turn social media into socialism media. —@benzilla_360, via Instagram

Get behind me, technocrats. Game over. —Anastasia Hunter, via Facebook

APRIL 2020

A Story About Saving the Planet

Illustration: Violet Reed

MELTING ICE CAP REVEALS RESET BUTTON.

—@johnjohnjungle, via Instagram

Honorable Mentions:

Then a ship from Krypton landed. —@marcelo_paixao_almeida, via Instagram

Everyone gets five free international trips. —@clawd2deth, via Twitter

Move all heavy industry off-world. —Stevie Turnbull, via Facebook

Love everyone, and wash your hands. —@brohemian_rapshowdy, via Instagram

Come back, ancient aliens! Reboot Earth. —@sarahk0csis, via Twitter

Genetically engineer cows to fart hydrogen. —Hamish Hamish, via Facebook

Hiring: Sensible planetary dictator. Apply within. —@matt_owczarz, via Twitter

MARCH 2020

A Story About the Next Great Crowdsourced Project

Illustration: MAXIME MOUYSSET EVERYONE ALIVE GIVES ME A PENNY.

—@milked_, via Twitter

Honorable Mentions:

Smelt decommissioned weapons into musical instruments. — @casinclair, via Twitter

Climate app tracks local CO₂ **levels.** —@big_big_love, via Instagram

Global oral history keeps memories alive. —@johnkellybabb, via Instagram

Save the world by planting trees. —Lílá Tückér, via Facebook

Redistribute medical supplies to the underinsured. —@jesmakes, via Instagram

Community-based renewable energy power grids. —@uniquetoybox, via Twitter

Digital democracy with backing in blockchain. —@jackranado, via Twitter

FEBRUARY 2020

A Story About Rebooting Democracy

Illustration: Maxime Mouysset SWIPE UP TO VOTE FOR ME!

—@dmcdev, via Instagram

Honorable Mentions:

Twitter analytics determines 2040 presidential winner. Alan Grover Daniel, via Facebook

Randomly selected leader is Citizen 42034. @abhshkshtty, via Instagram

For the people. By the droids. Steve Fabian, via Facebook

Mathematics draws districts; cryptography verifies votes. @boomerdell, via Instagram

Turn off the internet for good. Colin Kiernan, via Facebook

Humans vote artificial intelligence to power. @atin.roy, via Instagram

Vote. Vote. Vote. Vote. Vote. @mistermush1991, via Instagram

Person with the most Instagram comments wins. @jmscml, via Instagram

JANUARY 2020

A Story About a Rosy Future for Facial Recognition

Illustration: MAXIME MOUYSSET YOU LOOK DRUNK—LET ME DRIVE.

—@henriquegeirinhas, via Instagram

Honorable Mentions:

Of course I remember you ... Kim! @kanaafa, via Instagram

My twin pays all my bills. @keegan1942, via Instagram

Among myriads, her son was found. @ichbinsubatomic, via Instagram

Vitality low—personalized prescription dispatched today. @leniway, via Instagram

Technological mirrors provide value-neutral feedback. @philosophy_at_work, via Instagram

Your face will become your passport. @sayzey, via Instagram

'80s makeup has a huge revival. @jamesw1981, via Twitter

Smile registered, thanks for your purchase. @mhicheal_l, via Instagram

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Paul Ford

<u>Ideas</u>

11.17.2020 06:00 AM

Love the USPS? Join the Infrastructure Appreciation Society!

It's a good time to salute infrastructure, from the postal system to the CDC. Their often invisible work still needs to be tended—and honored. Illustration: SIMOUL ALVA

Oh, so there's a pandemic and suddenly you all want to protect the Post Office that brings you medicine and socks? Suddenly you're America's number one Census fan and think public health is really cool? Well, welcome to the Infrastructure Appreciation Society. Seriously, my God, welcome! I cannot tell you how happy I am you're here. Membership has been falling for decades. Please visit our website.

One of the oddest outcomes of our long global disaster has been an emergent appreciation for big, shared, legacy institutions and the infrastructure they support. I see it on <u>Twitter</u>, I hear it in conversations, I read it in the news. People care about mail sorting. They want *Stars and Stripes* to keep publishing. They want people with medical degrees, not politicians, to run our pandemic response. I guess being indoors a lot while the world crumbles will make you more sensitive to the fact that you exist as a single human node within a lattice of overlapping networks.

The good news is that there are many ways to appreciate infrastructure. You might read up on history in order to understand how bureaucracies form. The <u>Centers for Disease Control</u>, for example, was established in 1946 to

fight malaria in the Deep South and prevent its spread—also inheriting, and continuing, the evil that was the Tuskegee syphilis study. Appreciating institutions is hard work, because they are sometimes wonderful and sometimes so corrupted that you wonder if they're worth saving. But they can also learn and improve, if they acknowledge the bad they've done, and get into productive lines of operation like smoking cessation programs, cancer prevention, and diabetes research. And if the CDC is not your thing (hello Trump administration), you have literally thousands of institutions to obsess over. Personally I'm a big fan of world postal systems, AT&T from 1920 to '84, and understanding how the railway-driven model of booking vaudevillians into theaters bootstrapped cinema. (So far I have not found a single other human interested in this subject, but I hold out hope.) But, I mean, if airmail is your thing, or the politics of road construction, you have options.

The trick is to start small. As you drift off to sleep tonight, imagine yourself as a piece of mail. A postcard to a friend. Into the mailbox you go. And then where? Do you know it would cost around \$17,000 to send a letter to every single post office in the United States? (I've spent hours writing the notes in my head to the smallest post office in the USA, in Ochopee, Florida, where you can get mail stamped "Smallest Post Office Building in the U.S.A.") This little question—where does it go next, and what happens then?—is the secret to understanding much of what humans built. You can ask this question about an email, a data packet, a census form, or a vote. You can ask it about farm workers, Google searches, photons, and Ubers. And when you ask, you start to realize how fragile certain things truly are, and how unbalanced. Your vote is a mere idea until it is registered and counted at the correct time. Bureaucracy is a tool for adding balance. Balance is hard.

I wish we had time to discuss zip codes.

What you realize, as you drift off to sleep, is that everything big eventually takes the form of a network: hubs, spokes. We act as if the internet invented networks, but it's just a variation on a theme of horses with mailbags, marathon runners with messages for the king in ancient Greece. A truly big idea isn't fully formed until it has been arranged to work in a network. And that turns networks into maps of power. The internet "just works," but the

people who make it go occasionally want to eliminate net neutrality so that they can have some extra money to go with their power. It's just human nature unless you regulate it.

Imagine yourself as a piece of mail. A postcard to a friend. Into the mailbox you go. And then where? This little question is the secret to understanding much of what humans built.

When a networked institution reaches its final, mature state, it becomes invisible. We walk around on trillions of dollars of investment, but mostly we only notice a bridge when it collapses. Civic leaders are caretakers, not politicians, and it generally behooves them to fuss less in public. I have enormous affection for bureaucrats, and when I meet them they never believe me that I want to hear *everything* and see the PowerPoint slides too. What a wonderful world it would be if we could take 10 percent of the attention we typically reserve for monsters and weirdos and direct it to reasonable people with graduate degrees in boring subjects who run our actual world, keep poison out of the reservoir, and retire with a plaque.

I've lived through nearly 20 percent of America, as measured from the signing of the Constitution, and 70 percent of integrated schools. That's far more America than I planned. You grow up expecting to find your place in history, but history finds you. And finds you wanting. The weight was not lost, the novel wasn't finished, gender and racial inequality persist, much of the world lives on a dollar a day and wants a piece of fish. It feels as if it's time to stop imagining a better world and spend more time fixing this one.

I've also lived through 97 percent of personal computers and, by the same math, 280 percent of <u>Facebook</u>. Which makes no sense but feels right.

OK, so: Some people will say we did not achieve the liberation we expected; others will point out that on average the world is fractionally less cruel than before, if hardly kind. Studying just about any institution shows you that both things can be true. I did not personally save the world despite my best intentions, but I am in no way alone in trying.

I confess that I am suspicious of people who do not love good infrastructure. I'm not saying you must love institutions or trust them. But

we should consider them daily and pay them mind, and tend to them with our taxes so they can do their work. And make noise when they fail to serve us.

Just because things are obvious doesn't mean they're invisible. When you are born, the hospital follows its checklists; as you grow up, packages come to your door; you vote in elections, if they'll let you; and when you die the Post Office will deliver your ashes. Here's a fun tip: Use Label 139, an orange sticker that says "Cremated Remains." Or you can request an official box with an urn printed on it for your final journey through the network. Out of respect they send you Priority Mail—Express!

But not yet. First, welcome to our club! I can't wait until we're all back together and we can talk about the systems of the world together, and you can tell me how to fix them.

This article appears in the December 2020/January 2021 issue. <u>Subscribe</u> <u>now</u>.

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Clive Thompson

<u>Ideas</u>

11.17.2020 06:00 AM

The Few, the Tired, the Open Source Coders

The open source movement runs on the heroic efforts of not enough people doing too much work. They need help.

Image may contain Human Person and Water

Illustration: ANSON CHAN

While you're surfing the web, you ought to thank Jacob Thornton for making it so pretty.

He's a programmer who, along with web designer Mark Otto, created <u>Bootstrap</u>, free software that the pros use to make their sites look spiffy. If you've ever noticed that a lot of websites have the same big chunky buttons, or the same clean forms, that's likely because an estimated one-fifth of all websites on the planet use Bootstrap.

One reason for its spread is that Thornton and Otto made Bootstrap <u>open</u> <u>source</u>. Anyone can use it without permission, and anyone can tweak it and improve it. Thornton didn't get a salary for making Bootstrap. When he and Otto first released it, back in 2010, they had day jobs working for Twitter. But both were propelled by classic open source motivations: It was a cool challenge, it burnished their reputations, and it felt neat to help people. Plus, watching it surge in popularity—Green Day's website used it, as did Barack Obama's White House—was thrilling.

But open source success, Thornton quickly found, has a dark side. He felt inundated. Countless people wrote him and Otto every week with bug

reports, demands for new features, questions, praise. Thornton would finish his day job and then spend four or five hours every night frantically working on Bootstrap—managing queries, writing new code. "I couldn't grab dinner with someone after work," he says, because he felt like he'd be letting users down: *I shouldn't be out enjoying myself. I should be working on Bootstrap!*

"The feeling that I had was guilt," he says. He kept at it, and nine years later he and Otto are still heading up Bootstrap, along with a small group of core contributors. But the stress has been bad enough that he often thought of bailing.

When the open source concept emerged in the '90s, it was conceived as a bold new form of communal labor: digital barn raisings. If you made your code open source, dozens or even hundreds of programmers would chip in to improve it. Many hands would make light work. Everyone would feel ownership.

Making and remaking code requires high-level synthesis—which, as it turns out, is hard to break into little pieces.

Now, it's true that open source has, overall, been a wild success. Every startup, when creating its own software services or products, relies on open source software from folks like Thornton: open source web-server code, open source neural-net code. But, with the exception of some big projects—like <u>Linux</u>—the labor involved isn't particularly communal. Most are like Bootstrap, where the majority of the work landed on a tiny team of people.

Recently, Nadia Eghbal—the head of writer experience at the email newsletter platform Substack—published *Working in Public*, a fascinating book for which she spoke to hundreds of open source coders. She pinpointed the change I'm describing here. No matter how hard the programmers worked, most "still felt underwater in some shape or form," Eghbal told me.

Why didn't the barn-raising model pan out? As Eghbal notes, it's partly that the random folks who pitch in make only very small contributions, like fixing a bug. Making and remaking code requires a lot of high-level

synthesis—which, as it turns out, is hard to break into little pieces. It lives best in the heads of a small number of people.

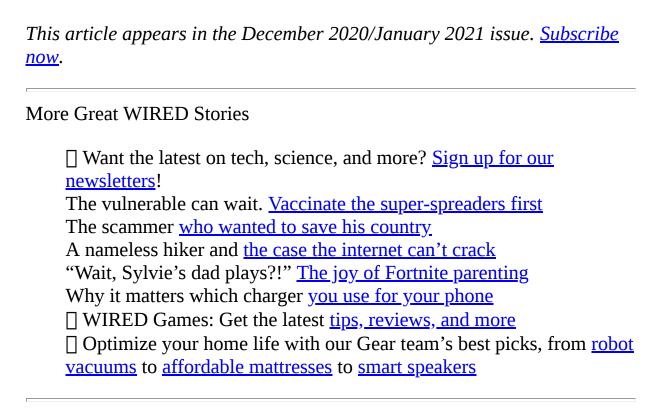
Yet those poor top-level coders still need to respond to the smaller contributions (to say nothing of requests for help or reams of abuse). Their burdens, Eghbal realized, felt like those of YouTubers or Instagram influencers who feel overwhelmed by their ardent fan bases—but without the huge, ad-based remuneration.

Sometimes open source coders simply walk away: *Let someone else deal with this crap*. Studies suggest that about 9.5 percent of all open source code is abandoned, and a quarter is probably close to being so. This can be dangerous: If code isn't regularly updated, it risks causing havoc if someone later relies on it. Worse, abandoned code can be hijacked for ill use. Two years ago, the pseudonymous coder right9ctrl took over a piece of open source code that was used by bitcoin firms—and then rewrote it to try to steal cryptocurrency.

No one's quite sure what to do about open source burnout, but some think finding money for the coders might help. Programmer Ashley Williams is a member of the team creating the open source language Rust, and they're trying to set up a foundation to support core contributors, or get firms to keep contributors on staff. (Some of the largest open source projects thrive in precisely this fashion; firms like Facebook or Google pay some employees to work full-time on open source code.) Eghbal thinks subscriptions could offer new ways to pay for the work. Others worry that injecting pay can deform how and why the work is done in the first place.

But we need to rethink the very idea of what crowdsourcing is capable of—and understand that it is perhaps more limited than promised. The open source revolution has been carried on the backs of some very weary people.

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Arielle Pardes

Culture

11.17.2020 06:00 AM

Angry Nerd: These Masks Don't Work

My Instagram feed remains as artsy and overfiltered as ever, an infinite grid of happy little squares. This, in 2020, is crisis-level denialism.

Image may contain Electronics and Phone

Illustration: Elena Lacey

Something has happened to my <u>Instagram</u> feed. By which I mean, nothing has happened to my Instagram feed. It remains as artsy and overfiltered as ever, an infinite grid of happy little squares framing tidy apartments whose inhabitants wear things like makeup and jeans. This, in 2020, is crisis-level denialism. Authenticity has never been the currency of the Insta-realm that would be Lightroom presets—but I really did believe that global tragedy would snap at least some of you out of your supersaturated daze and into this gritty, icky dimension. Where are the posts about the everyday catastrophes? Neglected kids screaming into crucial Zoom meetings? Asymmetrical bangs after a backyard haircut? The loaf of sourdough so collapsed and chewy the dog won't even sniff it? Something, anything, to capture the mise-en-scène of a year that has left so many of us defeated, or at least with more worry lines and grayer hair? But no. Instead of showing your true faces, you hide behind masks—the unhelpful, metaphorical kind! —and continue to post mirror selfies, perfect-morning macchiatos, and stacks of books about politics and the environment and racism that you are totally, definitely, absolutely never going to read. Worse still are the sunset photos of people touching one another, all normal-like. It's sick. (Those tend to come with a disclaimer: "Btw we're in a Covid pod and get tested every week, don't judge!" I'm judging.) Maybe artifice helps certain types, but not

me. Not now. The more you lie, the more isolated and anxious I feel. Leave the fabrications to our feckless leadership. Here on the ground, I need the truth.		
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<u>Virginia Heffernan</u>

<u>Ideas</u>

11.17.2020 06:00 AM

The Art That Defied the Last Four, Terrible Years

My mind has slipped anxiously off books and movies since 2016. But as the credits roll on 2020, I'm ready to look back.

Illustration: ALVARO DOMINGUEZ

For the past four years, the cacophonous American <u>presidency</u> has seemed to drown out quieter, more harmonious human endeavors, which is to say all human endeavors.

When was the last time that an album or movie or novel stayed top of mind for more than an hour? The last movie I saw in a theater, just before they all closed in March 2020, was Kelly Reichardt's *First Cow*. Set almost entirely in 1820, the film chronicles the friendship of prospectors in the Oregon Territory, shy baker Cookie and resourceful killer King-Lu, who together set up shop selling biscuits made with milk stolen from a rich man's cow, whose udders they drain under cover of night. It's strange as hell. It also has soul-stirring silent passages, and loose or dead ends, and plot turns without exposition. It's about as far from the bleat of partisan cable news as a pastured cow is from Godzilla. But I forgot it the second I emerged from the theater into a night almost audibly buzzing with anxiety and pathogens. My mind had slipped off cultural works this way since 2016. I leafed through novels, watched **Netflix** as escapism, and determined not to let any sensory-emotional experience get its hooks too deep in me. Why? The government swamped my circuitry, I guess; there was also activism, journalism, the shielding of the kids, the management of fear, the tempering of hope.

But now I'm ready to look back. And so I watched *First Cow* again, which is why it's fresh in my mind, and then I went back to other works: a short story, a movie, a play, and a stand-up performance. As Daveed Diggs' Thomas Jefferson put it in *Hamilton*: "What'd I miss?" Easy: the details. Or maybe: the whole experience. For example, I dimly remember admiring "Cat Person" by Kristen Roupenian, which appeared in *The New Yorker* in December 2017. But it evaporated from memory with the presidential inauguration a few weeks later. Until I reread it, I retained only the last word—"Whore"—and maybe that it centered on a vexed, slow-burn romance. Relishing it just now, I was struck by how precisely Roupenian captures the cadences of an affair conducted over SMS, including the studied use of emoji as an ambiguous placeholder. Even the heart-eyes emoji can be a dodge.

Maybe, she thought, her texting "lol r u serious" had hurt him. That's the train of thought of Margot, the heroine, while with Robert in person. She can't see or hear embodied Robert because of the intrusion of this other, ethereal relationship between their two phones. And because Margot can't see Robert, she mentally writes over his studied negging, designating it "hurt," which strikes her as sexy. By the time the push-pull between the two of them slackens, and Robert with nothing left to lose texts her that final word, reality comes to reside only in text messages. Life seems only a simulation of phone-on-phone intimacy.

Another artifact I missed in its full glory is *Parasite*, directed by Bong Joon-ho. Having won the Oscar for Best Picture of 2019, *Parasite* didn't exactly fly below the radar. But at the time I watched it as a diversion from American life and politics, not as a masterwork sure to outlast breaking news. It will. *Parasite* begins as a class comedy about the picturesque ingenuity of a poor family of hustlers in Seoul, and then shockingly becomes a slasher flick. It seems more like an assault on the sensibility of the Academy Awards than a capitulation to it.

A neck-snapping backward fall down a set of stairs becomes a reproof to anyone who was in this thing for the offbeat laughs at South Korean folkways. And then it's blow after blow until all pieties about class and Korea and the West seem to be slashed to ribbons at a rich child's al fresco birthday party, where the film's climactic bloodbath is set.

Fairview, a Pulitzer-winning 2018 play by Jackie Sibblies Drury, also pulls off whiplash. Holy shit. I remembered being viscerally thrown by the play when I saw it that year in a small Manhattan theater, but only by watching bits and pieces of it on YouTube, and reading the script, did I get the full effect. Like Parasite, Fairview starts out sweet and whimsical, essentially a Black sitcom, before sharply changing course; the second act serves to subvert and undermine the first one, and to satirize the audience's programmed response to the opening. At the start, I laughed heartily at jokes that might have featured in *The Jeffersons*, taking comfort in knowing Drury is Black, and thus wouldn't resort to racialized clichés. Oh, but she had.

In the second act, white characters offer commentary on the first, and then a half-reenactment of it, but aslant, as if a starry-eyed tribute band in uncanny semi-blackface. A white woman imagines she's, by rights, a sexy Black torch singer in Montreux. Another white woman dreams of usurping a Black mother she sees as too religious by raising her daughter with wouldbe "progressive" values. A young white man does his best to emulate a caricatured Black man, rapping in basketball attire.

All of this made white people in the audience observably uncomfortable. But that was nothing compared to the agony of having one character break the fourth wall and fully segregate the audience by race, inviting everyone who considered themselves white to come on stage, while performing the rest of the play for Black viewers only. By pulling off this feat of intellectual derring-do better than any essay or lecture, *Fairview* set a skyhigh bar for the inquiry into white supremacy that came two summers later.

And then there's *Nanette*. The same year that *Fairview* was first produced, 2018, Hannah Gadsby's *Nanette* came to Netflix. Its structure—an opening act that's pleasantly paced like a sitcom followed by a scathing critique—is so like *Fairview* that they might be companion pieces. In *Nanette*, Gadsby first jokes about herself, and in particular herself as a lesbian, playing self-savagery for laughs.

Then she retells some of the first act's stories, teasing out the horror in them. At last she renounces feminine self-effacement altogether as the obsequious valet to patriarchal effacement. If everyone is erasing women, including women themselves, the job gets done. *Nanette*, which started out so courteously, ends up an enraged call to arms.

In retrospect, the first acts of these works—Margot and Robert's SMS repartee, the sitcoms of *Parasite* and *Fairview*, and the endearing self-hatred of Hannah Gadsby's performance—all seem as gentle as the Obama years. Misogyny and white supremacy were elegantly repressed, sublimated, compartmentalized, and the arc of history seemed to bend toward ... well, you know the rest.

The arc of history meets a surface-to-air missile in the second acts of these works, just as it did in the United States. When the curtain falls, we're left with false starts and dead ends and the promise of King-Lu in *First Cow*: "We'll tell our stories later." There's no clear trajectory for history, just as there's anything but clarity now, as the credits roll on 2020 and the new year could hold just about anything.

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Steven Levy

Business

11.16.2020 06:00 AM

Huawei, 5G, and the Man Who Conquered Noise

How an obscure Turkish scientist's obscure theoretical breakthrough helped the Chinese tech giant gain control of the future. US telecoms never had a chance.

illustration of a city overlaid with wires cash and technology Illustration: MOJO WANG

"The city of Shenzhen in July. The weather is hot, the trees brimming with life ..."

So begins the baritone voice-over in a video shot in the summer of 2018 by the Chinese telecommunications giant <u>Huawei</u> and posted to YouTube. It chronicles a corporate event in the slightly corny style of a 1960s educational film, starting with aerial drone footage of Huawei's campus—an island of lush greenery surrounded by the high-rise buildings of the city known as China's Silicon Valley. A spirited orchestral version of Beethoven's "Turkish March" plays as a town car wends its way through the campus, pulling up to a stately white structure mixing classical Greek architecture and the wide overhanging rooftops of China's great pagodas. There's a bit of the White House tossed in too.

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Illustration: Carl De Torres, StoryTK

Two footmen dressed in white approach the vehicle as it arrives. One opens the rear door. Guo Ping, one of Huawei's rotating chairmen, steps forward and extends a hand as the guest emerges. After walking a red carpet, the two men enter the magnificent marble-floored building, ascend a stairway, and pass through French doors to a palatial ballroom. Several hundred people arise from their chairs and clap wildly. The guest is welcomed by Huawei's founder, Ren Zhengfei, whose sky-blue blazer and white khakis signify that he has attained the power to wear whatever the hell he wants.

After some serious speechifying by a procession of dark-suited executives, Ren—who is China's Bill Gates, Lee Iacocca, and Warren Buffett rolled into one—comes to the podium. Three young women dressed in white uniforms enter the room, swinging their arms military style as they march to the stage, then about-face in unison as one holds out a framed gold medal the size of a salad plate. Embedded with a red Baccarat crystal, it depicts the Goddess of Victory and was manufactured by the Monnaie de Paris. Ren is almost glowing as he presents the medal to the visitor.

This honored guest is not a world leader, a billionaire magnate, nor a war hero. He is a relatively unknown Turkish academic named Erdal Arıkan. Throughout the ceremony he has been sitting stiffly, frozen in his ill-fitting suit, as if he were an ordinary theatergoer suddenly thrust into the leading role on a Broadway stage.

Arıkan isn't *exactly* ordinary. Ten years earlier, he'd made a major discovery in the field of information theory. Huawei then plucked his theoretical breakthrough from academic obscurity and, with large investments and top engineering talent, fashioned it into something of value in the realm of commerce. The company then muscled and negotiated to get that innovation into something so big it could not be denied: the basic <u>5G technology</u> now being rolled out all over the world.

Huawei's rise over the past 30 years has been heralded in China as a triumph of smarts, sweat, and grit. Perhaps no company is more beloved at home—and more <u>vilified by the United States</u>. That's at least in part because Huawei's ascent also bears the fingerprints of China's nationalistic industrial policy and an alleged penchant for intellectual property theft; the US Department of Justice has charged the company with a sweeping conspiracy

of misappropriation, infringement, obstruction, and lies. As of press time, Ren Zhengfei's daughter was <u>under house arrest in Vancouver</u>, fighting extradition to the US for <u>allegedly violating a ban</u> against trading with Iran. The US government has banned Huawei's 5G products and has been lobbying other countries to do the same. Huawei denies the charges; Ren calls them political.

Huawei is settling the score in its own way. One of the world's great technology powers, it nonetheless suffers from an inferiority complex. Despite spending billions on research and science, it can't get the respect and recognition of its Western peers. Much like China itself. So when Ren handed the solid-gold medal—crafted by the French mint!—to Erdal Arıkan, he was sticking his thumb in their eye.

The pageant was the coming of age of a company and a nation. And to understand why, we have to learn the story of polar codes.

Erdal Arikan was born in 1958 and grew up in Western Turkey, the son of a doctor and a homemaker. He loved science. When he was a teenager, his father remarked that, in his profession, two plus two did not always equal four. This fuzziness disturbed young Erdal; he decided against a career in medicine. He found comfort in engineering and the certainty of its mathematical outcomes. "I like things that have some precision," he says. "You do calculations and things turn out as you calculate it."

Arıkan entered the electrical engineering program at Middle East Technical University. But in 1977, partway through his first year, the country was gripped by political violence, and students boycotted the university. Arıkan wanted to study, and because of his excellent test scores he managed to transfer to CalTech, one of the world's top science-oriented institutions, in Pasadena, California. He found the US to be a strange and wonderful country. Within his first few days, he was in an orientation session addressed by <u>legendary physicist Richard Feynman</u>. It was like being blessed by a saint.

Arıkan devoured his courses, especially in information theory. The field was still young, launched in 1948 by Claude Shannon, who wrote its seminal paper while he was at Bell Labs; he would later become a revered MIT

professor. Shannon's achievement was to understand how the hitherto fuzzy concept of information could be quantified, creating a discipline that expanded the view of communication and data storage. By publishing a general mathematical theory of information—almost as if Einstein had invented physics and come up with relativity in one swoop—Shannon set a foundation for the internet, mobile communications, and everything else in the digital age. The subject fascinated Arıkan, who chose MIT for graduate studies. There was one reason: "Bob Gallager was there," he says.

Robert Gallager had written the textbook on information theory. He had also been mentored by Shannon's successor. In the metrics of the field, that put him two steps from God. "So I said, if I am going to do information theory," Arıkan says, "MIT is the place to go."

By the time Arıkan arrived at MIT, in 1981, Gallager had shifted his focus and was concentrating on how data networks operated. Arıkan was trembling when he went to Gallager's office for the first time. The professor gave him a paper about packet radio networks. "I was pushing him to move from strict information theory to looking at network problems," Gallager says. "It was becoming very obvious to everyone that sending data from one place to another was not the whole story—you really had to have a system."

Erdal Arıkan spent 20 years on a data transmission problem. He called the solution polar codes.

Photograph: BRADLEY SECKER

Arıkan devoted the next year to learning about networks, but he never gave up on his passion for information science. What gripped him most was solving a challenge that Shannon himself had spelled out in his 1948 paper: how to transport accurate information at high speed while defeating the inevitable "noise"—undesirable alterations of the message—introduced in the process of moving all those bits. The problem was known as channel capacity. According to Shannon, every communications channel had a kind of speed limit for transmitting information reliably. This as-yet-unattained theoretical boundary was referred to as the Shannon limit.

Gallager had wrestled with the Shannon limit early in his career, and he got close. His much celebrated theoretical approach was something he called low-density parity-check codes, or LDPC, which were, in simplest terms, a high-speed method of correcting errors on the fly. While the mathematics of LDPC were innovative, Gallager understood at the time that it wasn't commercially viable. "It was just too complicated for the cost of the logical operations that were needed," Gallager says now. Gallager and others at MIT figured that they had gotten as close to the Shannon limit as one could get, and he moved on. At MIT in the 1980s, the excitement about information theory had waned.

But not for Arıkan. He wanted to solve the problem that stood in the way of reaching the Shannon limit. Even as he pursued his thesis on the networking problem that Gallager had pointed him to, he seized on a piece that included error correction. "When you do error-correction coding, you are in Shannon theory," he says.

Arıkan finished his doctoral thesis in 1986, and after a brief stint at the University of Illinois he returned to Turkey to join the country's first private, nonprofit research institution, Bilkent University, located on the outskirts of Ankara. Arıkan helped establish its engineering school. He taught classes. He published papers. But Bilkent also allowed him to pursue his potentially fruitless battle with the Shannon limit. "The best people are in the US, but why aren't they working for 10 years, 20 years on the same problem?" he said. "Because they wouldn't be able to get tenure; they wouldn't be able to get research funding." Rather than advancing his field in tiny increments, he went on a monumental quest. It would be his work for the next 20 years.

In December 2005 he had a kind of eureka moment. Spurred by a question posed in a three-page dispatch written in 1965 by a Russian information scientist, Arıkan reframed the problem for himself. "The key to discoveries is to look at those places where there is still a paradox," Arıkan says. "It's like the tip of an iceberg. If there is a point of dissatisfaction, take a closer look at it. You are likely to find a treasure trove underneath."

Arıkan's goal was to transmit messages accurately over a noisy channel at the fastest possible speed. The key word is *accurately*. If you don't care about accuracy, you can send messages unfettered. But if you want the recipient to get the same data that you sent, you have to insert some redundancy into the message. That gives the recipient a way to cross-check the message to make sure it's what you sent. Inevitably, that extra cross-checking slows things down. This is known as the channel coding problem. The greater the amount of noise, the more added redundancy is needed to protect the message. And the more redundancy you add, the slower the rate of transmission becomes. The coding problem tries to defeat that trade-off and find ways to achieve reliable transmission of information at the fastest possible rate. The optimum rate would be the Shannon limit: channel coding nirvana.

"The key to discoveries is to look at those places where there is still a paradox. It's like the tip of an iceberg. If there is a point of dissatisfaction, take a closer look at it."

Erdal Arıkan

Arıkan's new solution was to create near-perfect channels from ordinary channels by a process he called "channel polarization." Noise would be transferred from one channel to a copy of the same channel to create a cleaner copy and a dirtier one. After a recursive series of such steps, two sets of channels emerge, one set being extremely noisy, the other being almost noise-free. The channels that are scrubbed of noise, in theory, can attain the Shannon limit. He dubbed his solution polar codes. It's as if the noise was banished to the North Pole, allowing for pristine communications at the South Pole.

After this discovery, Arıkan spent two more years refining the details. He had read that before Shannon released his famous paper on information theory, his supervisor at Bell Labs would pop by and ask if the researcher had anything new. "Shannon never mentioned information theory," says Arıkan with a laugh. "He kept his work undercover. He didn't disclose it." That was also Arıkan's MO. "I had the luxury of knowing that no other person in the world was working on this problem," Arıkan says, "because it was not a fashionable subject."

In 2008, three years after his eureka moment, Arıkan finally presented his work. He had understood its importance all along. Over the years, whenever

he traveled, he would leave his unpublished manuscript in two envelopes addressed to "top colleagues whom I trusted," with the order to mail them "if I don't come back." In 2009 he published his definitive paper in the field's top journal, *IEEE Transactions on Information Theory*. It didn't exactly make him a household name, but within the small community of information theorists, polar codes were a sensation. Arıkan traveled to the US to give a series of lectures. (You can see them on YouTube; they are not for the mathematically fainthearted. The students look a bit bored.)

Arıkan was justifiably proud of his accomplishment, but he didn't think of polar codes as something with practical value. It was a theoretical solution that, even if implemented, seemed unlikely to rival the error-correction codes already in place. He didn't even bother to get a patent.

In 1987, around the time Arıkan returned to Turkey, Ren Zhengfei, a 44-year-old former military engineer, began a company that traded telecom equipment. He called it Huawei, which translates roughly to "China has a promising future." Ren tried to distinguish his company by maintaining a fanatical devotion to customer service.

Frustrated with the unreliability of suppliers, Ren decided that Huawei would manufacture its own systems. Thus began a long process of building Huawei into a company that built and sold telecom equipment all along the chain, from base stations to handsets, and did so not only inside China but across the globe.

The rise of Huawei is painstakingly rendered in a small library of self-aggrandizing literature that the company publishes, including several volumes of quotes from its founder. The theme of this opus is hard to miss, expressed in a variety of fighting analogies. In one such description, Tian Tao, the company's authorized Boswell, quotes Ren on how the company competed against the powerful international "elephants" that once dominated the field. "Of course, Huawei is no match for an elephant, so it has to adopt the qualities of wolves: a keen sense of smell, a strong competitive nature, a pack mentality, and a spirit of sacrifice."

The hagiographies omit some key details about how the wolf got along. For one, they dramatically underplay the role of the Chinese government, which

in the 1990s offered loans and other financial support, in addition to policies that favored Chinese telecom companies over foreign ones. (In a rare moment of candor on this issue, Ren himself admitted in an interview that Huawei would not exist if not for government support.) With the government behind them, Chinese companies like Huawei and its domestic rival ZTE came to dominate the national telecom equipment market. Huawei had become the elephant.

Another subject one does not encounter in the company's library is the alleged use of stolen intellectual property, a charge the company denies. "If you read the Western media about Huawei, you will find plenty of people who say that everything from Huawei was begged, borrowed, or stolen. And there is absolutely no truth in that," says Brian Chamberlin, an executive adviser for Huawei's carrier group. But in one notorious 2003 case, Huawei admitted using router software copied from Cisco, though it insisted the use was very limited, and the sides negotiated a settlement that was "mutually beneficial." More recently, in February, the US Department of Justice filed a suit against the company charging it with "grow[ing] the worldwide business of Huawei ... through the deliberate and repeated misappropriation of intellectual property." The indictment alleges Huawei has been engaging in these practices since at least 2000.

The Chinese government also provided support to help Huawei gain a foothold overseas, offering loans to customers that made Huawei's products more appealing. One of Huawei's biggest foreign competitors was Nortel, the dominant North American telecom company based in Canada. But Nortel's business was struggling just at a time when competition from Chinese products was intensifying. Then, in 2004, a Nortel security specialist named Brian Shields discovered that computers based in China, using passwords of Nortel executives, had been downloading hundreds of documents from the company. "There's nothing they couldn't have gotten at," Shields says. Though no one ever publicly identified the hackers, and Ren denied any Huawei involvement, the episode added to the suspicion in the West that Huawei's success was not always achieved on the up and up.

Illustration: MOJO WANG

In 2009, Nortel filed for bankruptcy. It had failed to adapt, disappointed its customers, and was ill-prepared to respond to new Chinese competition. And there was that hack. Huawei seized the moment. Nortel's most valuable asset was the unmatched talent in its Ottawa research lab, known as the Canadian equivalent of the legendary Bell Labs. For years, Huawei had been building up its research capacity, trying to shed its reputation as a low-cost provider whose tech came from purloining the discoveries of others. It had a number of R&D labs around the world. Now, with Nortel's demise, it could pursue a bigger prize than market share: technical mastery. And respect.

The head of research at Nortel's lab in Ottawa, Wen Tong, grew up in China and joined Nortel's wireless lab in 1995 after earning a doctorate at Concordia University in Montreal. He had contributed to every generation of mobile technology and held 470 patents in the US. If telecommunications companies staged a research scientist draft in 2009, Wen Tong would have been a first-round pick. Now he was a free agent, and Google, Intel, and others courted him.

Tong picked Huawei. He wanted to keep his networking scientists together, and the team didn't want to leave Canada. The Chinese company was happy to recruit the group and let them stay in place. Huawei also promised them freedom to attack the signature challenge for networking science in the 21st century: creating the infrastructure for 5G. In this iteration of mobile platforms, billions of mobile devices would seamlessly connect to networks. It promised to transform the world in ways even the scientists could not imagine, and it would mean vast fortunes for those who produced the technology. The race for patents would be intense, a matter not only of profit but also national pride.

Not long after Tong joined Huawei, in 2009, a research paper came to his attention. It was Erdal Arıkan's discovery of polar codes. Tong had helped produce the technology that provided the radio-transmission error correction for the current standard, known as turbo codes. He thought the polar codes concept could be its replacement in 5G. But the obstacles were considerable, and Tong originally couldn't interest his Canadian researchers in attacking the problem. Then, in 2012, Huawei asked Tong to restructure its communications lab in China. He took the opportunity to assign several smart young engineers to work on polar codes. It involved the none-too-

certain process of taking a mathematical theory and making it actually work in practical design, but they made progress and the team grew. With each innovation, Huawei rushed to the patent office.

In 2013, Wen Tong asked Huawei's investment board for \$600 million for 5G research. "Very simple," Tong says. "20 minutes, and they decided." The answer was yes, and a good deal of that money went into polar codes. After Huawei came up with software that implemented the theory, the work shifted to testing and iterating. Eventually hundreds of engineers were involved.

Tong was not the only information scientist who had seen Arıkan's paper. Alexander Vardy of the Jacobs School of Engineering at UC San Diego says the paper achieved "something that people were trying to do for 60 years." The challenge was that polar codes were not suited for 5G's short blocklengths—the amount of 0s and 1s strung together. Vardy and his postdoc, Ido Tal of the Technion-Israel Institute of Technology, modified the error-correcting technology so it outperformed other state-of-the-art codes when applied to 5G's short blocklengths. Vardy says he presented his findings in a conference in 2011. "Huawei was there in the audience, and right after that they ran with it," he says, seemingly without rancor. (UC San Diego owns Vardy and Tal's patent and has licensed it to Samsung on a nonexclusive basis.)

Today Huawei holds more than two-thirds of the polar code patent "families"—10 times as many as its nearest competitor. The general feeling in the field, Vardy said, was that Huawei "invested a lot of research time and effort into developing this idea." It seemed "all the other companies were at least a few years behind."

But all that work and all those patents would be wasted if the technology didn't fit into the 5G platform. "It has to be adopted by everybody," Tong says. "You have to convince the entire industry that this is good for 5G."

If polar codes were to be the symbol of Huawei's superiority, there was one more hurdle: "I had the responsibility," Wen Tong says, "to make it a standard."

In sports, competition is fierce, but teams have to agree on some basics—like the dimensions of a playing field. Likewise, in the telecommunications industry, all the players must come together to agree on the particulars of a common platform. Reaching consensus on the parts of a mobile platform is complicated. Decisions have to be made about dozens of specifications for transmission speeds, radio frequencies, security architecture, and the like. To make that happen, engineers gather in a series of meetings every year to choose which new technologies will be deemed standard in the next generation.

The stakes are high: The companies that provide the fundamental technology for 5G will be embedded in a global communications system for years to come. So in the background are financial, nationalistic, and even geopolitical considerations. "From the year 2001 to the present—three administrations—not enough attention has been paid to this," says Reed Hundt, a former Federal Communications Commission chair during the Clinton administration. Hundt is one of a number of current and former officials alarmed that the United States has no equivalent to Huawei—that is, a major telecommunications company that both develops next-generation technology and builds it into equipment. "In Europe, they have an Ericsson. In Japan, they have companies. And in China, they have not just Huawei but also ZTE. But Huawei is the one that covers the whole range of products." All of this made Huawei's 5G standards bid an alarming prospect. "Huawei's IP and standards are the wedge they intend to use to pry open the Western computing world," Hundt says.

The body that develops 5G standards, the 3rd Generation Partnership Project (3GPP), is an international umbrella organization of various telecommunications groups. In 2016, it made a key decision on what was called 5G New Radio standards—the part that helped determine how data would be sent over 5G and how it would be checked for accuracy. After spending millions, undergoing years of testing, and filing for multiple patents, Huawei was not going to pull punches at the critical juncture. It needed the certification of an official standard to cement its claim.

The problem was that reasonable people argued that other techniques would work just as well as polar codes to achieve error correction in the new framework. Some suggested that a revamp of the current 4G protocol, turbo

codes, would be sufficient. Others, notably <u>San Diego-based Qualcomm</u>, which makes chipsets for mobile technology, liked a third option: Robert Gallager's old LDPC idea, the one that had nearly reached the Shannon limit and had inspired Arıkan on his own intellectual journey.

Since the early 1960s, when Gallager proposed LDPC, technology had improved and the cost of commercial production was no longer prohibitive. Qualcomm's R&D team developed it for 5G. Though Erdal Arıkan did not know it at the time, his work would be squared off against that of his mentor in a competition that involved billions of dollars and an international clash of reputations.

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One advantage Huawei had was the backing of its government. US and European observers say China packs standards meetings with engineers who can be eyes and ears on the ground. Rivals also complain that Chinese companies work together in lockstep; even ostensible competitors will set aside differences to support a compatriot business.

For a brief moment in the middle of 2016, it looked as if that national wall of support wouldn't hold. In a preliminary round of the 5G New Radio standards process, the Chinese company Lenovo expressed its preference for LDPC, because it was a more familiar technology. That didn't last long. Lenovo changed its opinion later that year. Lenovo's founder, Liu Chuanzhi, called Ren Zhengfei to make sure that no offense was taken by the original stance. Liu and other executives even drafted an open letter that read like a forced confession. "We all agree that Chinese enterprises should be united and not be provoked by outsiders," Liu and his colleagues wrote. "Stick to it ... raise the banner of national industry, and finally defeat the international giants."

Thus united behind polar codes, Chinese industry prepared to do battle at the final, critical stage—the November 2016 engineering standards meetings held in Reno, Nevada. The venue was the Peppermill resort and casino. Engineers, hunkered in hotel conference rooms arguing about block codes

and channel capacity, had little time to enjoy the craps tables or eucalyptus steam rooms. Simultaneous meetings to determine a number of standards kept engineers hopping from one conference room to the next, says Michael Thelander, a consultant specializing in wireless telecommunications. "But polar coding versus LDPC, that was the hot topic," he says.

On the night of Friday, November 18, the conference room was packed, and the meeting, which began in the evening, turned into a standoff. Each company presented its work, including its testing results. "The battle was pretty well drawn, with most of the Western vendors lining up behind LDPC," says Kevin Krewell, a principal analyst at Tirias Research, who follows 5G. Some Western companies backed polar codes too, but, significantly, all the Chinese companies did. "There was no obvious winner in the whole game, but it was very clear that Huawei was not going to back down," says Thelander, who was on the scene as an observer. Neither would the LDPC side. "So we can sit there and spend six months fighting over this thing and delay 5G, or we compromise."

So they did. The standards committee split the signal-processing standard into two parts. One technology could be used to send the user data. The other would be applied to what was known as the control channel, which manages how that data moves. The first function was assigned to LDPC, and the second to polar codes. It was well into the wee hours when the agreement was finalized.

Huawei was ecstatic. But it was not just Huawei's win; it was China's too. Finally, a Chinese company was getting respect commensurate with its increasingly dominant power in the marketplace. "Huawei-backed polar code entering the 5G standard has a symbolic meaning," one observer told a reporter at the time. "This is the first time a Chinese company has entered a telecommunications framework agreement, winning the right to be heard."

Qualcomm professes to be fine with the result. "It was very important for Huawei to get something," says its CEO, Steve Mollenkopf. "Huawei is actually quite good. They are a formidable company. And I think that's one thing that people need to acknowledge."

From the moment I learned about polar codes, I wanted to meet Erdal Arıkan. I doubted that he would speak to me. One journalist who had tried got the following response: "I do not wish to talk about my own work." He was wary when I first reached out, but when I said I would come to Ankara, he agreed to meet. He picked me up at my hotel, leading me to his car with a quick handshake. He told me the school's history as we drove to a kebab spot for dinner. The restaurant staff knew him, and I let him do the ordering. By the time he drove me back, he was excitedly sharing his views on 5G. We met again the next day at his office at Bilkent University, which is now a top research institution in Turkey, with 12,000 students. In 2019, Arıkan received the Shannon Award, the top honor in information science, for his work on polar codes. As he escorted me through the lobby of the engineering building that houses the department he helped build from scratch, we walked past a large framed photograph of Claude Shannon. The quote above it reads: "We may have knowledge of the past but cannot control it; we may control the future but have no knowledge of it."

In his office, Arıkan scribbled equations on a large whiteboard to explain how he had achieved the Shannon limit. Afterward, we talked about Huawei. The company first contacted him in 2012. "We talked to each other, exchanged ideas," he says. "This is the best mode of collaboration for me. I remain independent, and they do whatever they want." He has personally taken no money from the telecom giant.



The WIRED Guide to 5G

Here's everything you'll ever want to know about the spectrum, millimeterwave technology, and why 5G could give China an edge in the AI race.

In 2011, Arıkan started his own small company and took polar codes to Qualcomm and Seagate to see if they had interest in implementing the idea. "I did prepare some slides and sent them, but none of the US companies were really interested in it," he says. He takes the blame for failing to ignite their interest. "I was an academic who did not know how to promote an idea. Perhaps I did not believe in the idea that strongly myself." Later, those companies did work on polar codes and got their own patents, but without the same vigor as Huawei. "If it weren't for the persistent efforts of Huawei researchers," Arıkan says, "polar codes would not be in 5G today."

I asked him about the over-the-top Huawei ceremony immortalized in that YouTube video. He told me that he'd received the invitation to visit in June 2018. "I said, 'What is the occasion?' And they said, 'Mr. Ren wants to give you an award,'" Arıkan recalls. "I figured that Huawei is very happy because the standard has been made, and polar coding is definitely in it." He thought

he would show up and there would be a pleasant conversation with the founder and some engineers. He might leave with a plaque.

Arıkan arrived in Shenzhen and stayed at a guest house on campus. He had tea with Ren and was toasted by executives, including Wen Tong. But he sensed that something bigger was afoot. "They revealed the program to me one step at a time. I didn't know how big that room would be, what kind of building we would go into. They didn't tell me to dress nicely." (He did anyway.) An hour before the ceremony his hosts informed him that perhaps he should prepare a speech. He hurriedly finished his remarks in the town car on the way to the ceremony.

"I have spent the last 30 years at Bilkent University doing research on a variety of problems that culminated in polar codes," he told the crowd in his halting English. "Today our roads cross on a happy occasion."

"I owe a lot to the US. I give you friendly advice: You have to accept this as the new reality and deal with it accordingly."

Erdal Arıkan

The spectacle didn't go to Arıkan's head. "They were not honoring me," he told me as we sat in his office. "Huawei was saying, 'We didn't steal this idea from anybody, and here is the originator of the idea.' There is no question that Huawei is the most technologically sophisticated company in China. Maybe for the first time in a thousand years, China is showing they are competing head to head with the rest of the world in technology. The US could live with intellectual property theft, but it is much harder to live with being in competition with an equal power.

"Polar codes itself is not what's important," he continued. "It is a symbol. 5G is totally different than the internet. It's like a global nervous system. Huawei is the leading company in 5G. They will be around in 10, 20, 50 years—you cannot say that about the US tech companies. In the internet era, the US produced a few trillion-dollar companies. Because of 5G, China will have 10 or more trillion-dollar companies. Huawei and China now have the lead."

US companies and the US government can no longer expect to beat China back with threats or indictments, even if they are sometimes warranted. And it's not just telecom companies like Huawei. For all the furor at the highest levels over whether the teen-oriented social app TikTok presented security issues, the real threat to American business was that its Chinese engineers had devised an AI-powered recommendation engine that Silicon Valley had not matched.

Arıkan says the experience has led him to respect Huawei—and to provide a warning to the country where he learned information theory. "I owe a lot to the US," he says. "I give you friendly advice: You have to accept this as the new reality and deal with it accordingly."

To paraphrase Shannon: No one knows the future. But Huawei and China now have a hand in controlling it.

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Darren Loucaides

<u>Security</u> 11.13.2020 06:00 AM

The Scammer Who Wanted to Save His Country

Last year, a hacker gave Glenn Greenwald a trove of damning messages between Brazil's leaders. Some suspected the Russians. The truth was far less boring.

graffitistyule art depicting a hacker a smartphone and a laptop Illustration: Phellipe Wanderley; Getty Images

One sleepy Sunday morning in May 2019, Glenn Greenwald was sitting in his home office in Rio de Janeiro when he received a phone call from a number he didn't recognize. He didn't answer. But 30 seconds later a WhatsApp message arrived from Manuela d'Ávila, a Brazilian leftist politician who had run for vice president the previous year alongside the center-left Workers' Party's candidate for president; their ticket had come in second to the far-right former military captain Jair Bolsonaro. "Glenn," she wrote, "I need to speak to you about something urgent."

Greenwald, the American journalist who broke the story of <u>Edward Snowden's NSA leaks</u>, didn't know d'Ávila well, so his interest was piqued by the weekend message. When she explained that she had stumbled into a huge potential story and wanted to talk on the phone, Greenwald rushed downstairs to the bedroom to wake his husband, the left-wing Brazilian politician David Miranda, who knew d'Ávila better.

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Illustration: Carl De Torres, StoryTK

When the two men put her on speakerphone, d'Ávila plunged into an odd tale: Someone had just hacked her Telegram account, then promised to send her evidence that would "save the country." Greenwald had to ask her to slow down. "She was excited," he says. D'Ávila explained that the hacker claimed to possess explosive material that implicated Bolsonaro's government, and in particular Brazil's Ministry of Justice and Public Security.

D'Ávila was calling to see if she could pass the source on to Greenwald. He agreed.

Right away, though, there was a problem. The hacker wanted to speak over Telegram, but Greenwald didn't have the app—for reasons the mysterious souce had just demonstrated. "The people I trust most, including Snowden, have been warning about its vulnerabilities for years," Greenwald explains. Still, after hanging up with d'Ávila, Greenwald installed Telegram and warily made contact.

"Fortunately, I didn't need to say much of anything, because he was just off to the races," Greenwald recalls. Messaging in Portuguese, the source claimed to possess a huge trove of material. He said he'd been going through it for months and had only managed to read about 10 percent of it, but he'd already found evidence of collusion that would set fire to Brazilian politics if revealed. The source started to send Greenwald examples—audio messages, some documents.

After a few minutes, the person asked if they could talk over the phone. This set off yet another alarm for Greenwald. Text exchanges can be disguised with proxies and encryption, but a voice would be easy to identify for anyone who might be surveilling them. "I didn't hear Snowden's voice until I went to Hong Kong," Greenwald says.

Yet Greenwald pressed on. He took the call and let the source, who claimed to be living in the US and attending Harvard, do most of the talking. The source explained to Greenwald that a close friend at Telegram had introduced him to the Russian founders of the app, the Durov brothers, and

through them he had gained access to people's Telegram accounts. "Which didn't make a lot of sense," Greenwald says—why create a supposedly secure messaging app and give someone the keys to its back door? Greenwald also doubted the hacker's Harvard story.

"Are you being careful?" Greenwald recalls asking. "What you've done is pretty serious."

"Oh yeah, don't worry about that. They'll never catch me," the source boasted. He said he was using multiple proxies that made it nearly impossible for anyone to find him, and he was never going to set foot on Brazilian soil again. The call was about four minutes long—Greenwald kept it short, but said he wanted to see the documents. "OK, I'm gonna just start uploading them to your phone," the source said. He told Greenwald it would take between 12 to 15 hours to finish uploading.

After the call, Greenwald began receiving files through his Telegram account—a huge number of them, one after another. Occasionally the source would interject, giddily telling Greenwald to look at a particular document.

When Greenwald went to bed that night, the files were still coming in; they hadn't finished when he woke up in the morning. "Every time I opened my Telegram app it was just going and going," Greenwald says. "That's when I realized this archive was enormous. And I was pretty convinced it was real."

From the start, Greenwald and Miranda discussed the dangers of working on the leaks. Unlike in the Snowden case, Greenwald would be living in the same country as the authorities he would be exposing. And Miranda had taken his seat in the National Congress after his predecessor, Jean Wyllys, from the same party, had fled Brazil and given up his seat over death threats and homophobic abuse. In 2018, a left-wing politician and close friend of Greenwald and Miranda named Marielle Franco had been assassinated in her car; two former policemen were charged with her murder.

That same Sunday, Greenwald called Leandro Demori, executive editor of the Intercept Brasil, part of the media group that Greenwald had cofounded after the Snowden leaks in 2014. Greenwald asked if Demori was sitting down. "It's serious," he said. "You need to be sitting down right now." Demori, who was packing for a vacation, plopped down on his bed. As he listened to Greenwald, his jaw dropped: "Oh my God," he thought. "This is huge." Once he had a sense of the material, Demori gave the project an enthusiastic green light. The Intercept's legal team did likewise.

The next step was to figure out a faster and more secure way to receive all the source's material, which was still trickling onto Greenwald's phone via Telegram eight or nine days after the hacker made contact. The journalists wanted to secure the archive outside Brazil as soon as possible, in case authorities tried to confiscate it. So the Intercept's security specialist, Micah Lee, began preparing to set up an end-to-end encrypted cloud storage platform to receive the material. But the source simply created a Dropbox and dumped it all there. "I was suspicious of his technical judgment," Lee says. "He seemed overconfident."

As Greenwald drafted the first set of articles, he stayed in regular contact with the hacker—or, rather, hackers. At some point, he got the impression that he was talking to at least two people. One of them seemed somewhat naive and idealistic, Greenwald says. "And then, suddenly, I felt like I was talking to somebody more jaded ... a little bit more slippery, and a little bit more complicated." Occasionally the source would also say "we" instead of "I."

The hacker was, however, consistent about what he—or they—wanted. "I'm only doing this because I want to clean up my country," Greenwald was told. And the source repeatedly insisted he had no financial interest. What mattered most, Greenwald thought, was that the material was genuine.

As Glenn Greenwald drafted the first set of articles, he stayed in regular contact with the hacker—or hackers.

Photograph: Christian Braga/The Intercept Brasil

On the evening of Sunday, June 9, almost one month after Greenwald first spoke to the hacker, the Intercept Brasil got ready to run the leaks. Greenwald, who usually works from home, went to the newsroom in Rio.

At almost 6 pm, the team published three articles, which they said drew on a vast archive of material supplied by an anonymous source.

The stories showed how a group of federal prosecutors had plotted to prevent the Workers' Party from winning the 2018 presidential elections. The prosecutors had been members of a sprawling anti-corruption task force called Operation Car Wash—Lava Jato in Portuguese. Their investigation claimed to have unearthed a vast system of money laundering and bribes between state-owned companies and major figures from Brazil's biggest political parties. Those revelations had led to hundreds of convictions, the most prominent being that of ex-president Luiz Inácio Lula da Silva, popularly known as Lula, who had left office in 2010 as one of the most popular political figures in the world.

The Car Wash prosecutors alleged that Lula had received a beachfront triplex as a kickback—and from there they depicted him as the "maximum leader" of a sprawling, corrupt web. In 2018, Lula was imprisoned and prevented from running (again) as the Workers' Party candidate in that year's presidential election. Lula had been the strong favorite to win, and his disqualification paved the way for Bolsonaro's shocking triumph at the polls. After Bolsonaro's victory, the judge who presided over the Car Wash cases, Sérgio Moro, was appointed minister of justice and public security. On the strength of his reputation as an anti-corruption crusader, Moro had become one of the most popular and powerful politicians in Brazil.

But now, the Intercept's leaks showed how Moro had colluded with the Car Wash prosecutors in the very cases he was supposed to adjudicate, including the one that convicted Lula.

Five minutes after the stories went live, their early readership on the Intercept's website was six or seven times higher than for any other story the site had published. Soon #VazaJato—roughly translating as "Car Wash Leaks"—was trending on social media. A couple of hours later, the Intercept's reporting was featured on the flagship news program of Brazil's biggest broadcaster, Globo.

Greenwald found the media explosion especially gratifying because he knew he could keep feeding the story. "I knew once that initial reaction

happened that way, it was going to dominate politics and headlines for weeks, if not longer," he says.

Left-wing parties were soon calling for Moro's resignation. He refused to step down, saying he had been the victim of a vicious, coordinated cyberattack by skilled and well-financed hackers. He also suggested there had been foreign involvement, referring pointedly to Telegram's Russian origins. Moro's insinuations hardly addressed the substance of the Intercept's reporting, but they did feed into a question that was on everyone's lips: Who was Greenwald's source?

The offices of the Intercept Brasil on the night it published its first stories about the Car Wash leaks.

Photograph: Christian Braga/The Intercept Brasil

Walter Delgatti Neto grew up in Araraquara, a four-hour drive inland from São Paulo. A small city of 200,000 people—about the same size as Boise, Idaho—Araraquara is a pleasant if unremarkable settlement of low-rise, flat-roofed buildings amid a smattering of incongruous tower blocks, surrounded by an expanse of green fields.

Delgatti lived in Araraquara with his parents until he was 7 years old, when they split up. He was then carted between grandparents: "My mother unfortunately left me on the sidewalk of my paternal grandmother's house, literally *de mala e cuia*"—an expression meaning "with all one's earthly belongings." As a kid, Delgatti had a hard time making friends. Unusually for Brazilians, he had auburn hair, earning him the nickname Vermelho, meaning "red" in Portuguese. Delgatti also struggled with his weight. He was bullied.

According to Gustavo Henrique Elias Santos, who has known Delgatti since he was about 15 or 16, Delgatti was a complicated young man. "I always felt pity for him," Santos says. "He had a strange family." Santos' earliest memory of Delgatti is at a party in Araraquara, where Santos was playing a set as a DJ. Santos noticed Delgatti, the only face really watching him in the audience, grinning strangely from the crowd.

Although Delgatti managed to form a rare bond with him, Santos learned not to believe a lot of what Delgatti told him. "Walter is a great storyteller," Santos says. "Not everything he says is a lie," he adds, "but he doesn't know how to tell the whole truth. He writes a great script."

Delgatti and Santos matured into petty but extravagant troublemakers. One morning in May 2013, Delgatti, 24 at the time, and Santos, then 22, were stopped by police on the highway leading out of Araraquara. In their silver Toyota, they were found in possession of false documents, stolen credit cards, 14 checks, and more than a thousand Brazilian reais in cash, along with a bank statement showing the sum of 1.8 million reais (roughly \$900,000). The pair called Ariovaldo Moreira, a local lawyer they knew. When he arrived at the police station, the chief told Moreira that the youngsters had been unable to account for the cash or the funds in the bank account. When Moreira saw the bank statement, he noticed something the chief hadn't: It mentioned charges made on February 30 and 31. Delgatti had forged the statement, and the bank account didn't exist. He had likely done it to impress a girl, Moreira says: "He was born for forgery."

Moreira describes Delgatti and Santos at the time as small-time crooks and scammers who were rarely involved with anything serious. They often had plenty of money, despite lacking jobs. They made videos that showed car trunks full of cash and gold chains. They were gun lovers. "Their lives were a film," Moreira says. In his early twenties, Santos was convicted of possessing illegal firearms. Delgatti's longer rap sheet often blurred the line between pranks and petty scams. Moreira recalls how Delgatti booked stays at expensive hotels with counterfeit credit cards; he filled up at gas stations and drove off without paying. He skipped out on restaurant bills, despite having the cash to pay them—"only to say he did that," Santos says. Delgatti denies that he did these things.

In 2015, when he was 26, Delgatti was caught flashing a fake police badge at a theme park, trying to cut in line for rides. When a real policeman apprehended him, Delgatti led the officer to a car where Santos and Santos' girlfriend were. The officer found a firearm in the trunk, and Santos was arrested. Those close to Delgatti would never know why he did some of the

things he did. Moreira says Delgatti gets a kick out of tricking others. "He's indecipherable," Santos says.

If anything, Delgatti seemed motivated chiefly by a desire for fame and notoriety. Along the way, though, he was accused of crimes that would haunt him. The same year as the theme park incident, police raided Delgatti's apartment in connection with a rape case. Delgatti denied the allegation, and the accuser later changed her testimony and dropped the charges, but during the raid the police found a forged ID that made it look like Delgatti was a medical student at the University of São Paulo. They also found a quantity of "restricted medication"—a handful of antidepressant pills, 84 tablets of clonazepam (which can treat seizures, panic disorder, alcohol withdrawal, or insomnia), a slightly larger quantity of antianxiety medicine similar to Xanax, and some weight-loss medicine. Delgatti was adamant that the medication was for his own personal use, but the local prosecutor, Marcel Zanin Bombardi, charged him with both drug trafficking and possession of false documents.

The drug charge ignited a vehement sense of injustice in Delgatti. "The false charges left me extremely outraged," Delgatti says. "To this day I use those medicines."

In the face of mounting legal troubles, Delgatti enrolled in school at a college in Araraquara, deciding to study the law even as he was being pursued by it. Once again, he didn't get along with many classmates. He seemed determined to conceal his legal baggage, but, as ever, he overplayed his hand. In his first year, he went so far as to file a police complaint against some of his fellow students for "slandering and defaming him" in the classroom. "They are saying I'm a hacker and that I divert money from the accounts of third parties," Delgatti told police.

In June 2017, Delgatti's charges finally caught up with him. He was sentenced to two years in prison and spent six months behind bars before being released to serve out the remainder of his term in a semi-open facility, meaning he could go out by day but had to return every night. He had hit bottom. "Walter was fucked. He didn't even have 10 bucks to buy bread," Santos says. "I know because I lent him 10 bucks." In June 2018, Delgatti

was absolved of his drug trafficking conviction, but he still had to serve the rest of his sentence for possession of false documents.

Sometime in 2018, Delgatti skipped town. He moved to a slightly larger city about 55 miles northeast of Araraquara called Ribeirão Preto and enrolled in another law school there. Desperate to flee his reputation, he befriended a much younger student named Luiz Henrique Molição, a budding political junkie who sympathized with the Brazilian left. Delgatti had little interest in politics himself, but he wanted to impress the teenaged Molição. He represented himself as the son of a deceased neurosurgeon and said that he was living off an inheritance from his late father. "I was afraid of him knowing my true identity," Delgatti says. "I was on the run and living a double life."

It was at some point around this time that Delgatti discovered a hacking technique that would further complicate that double life. The hack took advantage of a feature offered by a Brazilian voice-over-IP company that allowed account holders to alter their caller ID—the number that registers on the receiving end of a call. This feature, combined with the fact that many phone providers in Brazil allow people to access their voicemail by calling their own number, made for a handy virtual lock-picking device. If a hacker simply changed his caller ID to the number of someone he wanted to target, he could spoof their phone and access their voicemail.

A hacker with little technical skill and no specialized equipment could, it turned out, do quite a bit of damage with access to someone's voicemail. Delgatti, for instance, figured out he could use this VoIP spoofing technique to target Telegram accounts. At the time, when a Telegram user wanted to attach their account to a new device, they had the option of requesting a verification code via an automated voice call from Telegram. Delgatti realized that he could spoof a victim's phone to request that code. Then, if Telegram's automated voice call didn't get through—because Delgatti initiated the hack late at night while his victim slept, or kept the line busy by calling his victim at the same time—the code would be sent to the person's voicemail. He could then spoof the target's phone once again to gain access to their voicemail, retrieve the verification code, and then add

the victim's Telegram to his own device. After that, he could download their entire chat history from the cloud.

Delgatti claims he chose Telegram because he had once noticed Bombardi, the local prosecutor who had pursued him, using the app during a court hearing. "He started this hacking because he wanted to fuck the prosecutor's life," Moreira says.

True to form, Delgatti's attention for trouble did not stop there. Early in 2019, he hacked the Telegram account of his friend Gustavo Santos. The two stopped speaking. "I was pissed, really pissed," Santos says. Delgatti's hack into Bombardi's Telegram account also gave him access to the local prosecutor's address book—and the contacts of several other public authorities. "And from there," says Moreira, "it all began."

The fields outside of Araraquara.

Photograph: LARISSA ZAIDAN

In March 2019, Santos joined most of Brazil in celebrating Carnaval. At some point during the week-long festivities, he says, he received a cryptic message from his estranged friend Delgatti. The message said: "Here is a real hacker." Santos says he didn't know what Delgatti was talking about and didn't give it much thought.

But Delgatti was not spinning one of his yarns. According to police investigators, at 3:34 am on March 2, the official start of Carnaval, Delgatti had hacked the phone of Eduardo Bolsonaro, a congressman and the third son of President Jair Bolsonaro. Forty-five minutes later, Delgatti hacked Carlos Bolsonaro, the president's second son, also a politician. Shortly afterward, Delgatti hacked the phone of the president himself, although he was apparently unable to download anything. And he kept going, making his way through a long list of powerful public figures—federal prosecutors, government ministers, and senior judges.

Delgatti told several acquaintances what he was doing, but like Santos, they had a hard time knowing what was real—which perhaps made it easier for Delgatti to entangle so many people in his hacking spree. He conducted

some of his hacks, for instance, from Santos' VoIP account, making Santos look like an accomplice.

Another acquaintance from Araraquara, a sometime Uber driver named Danilo Marques, was similarly roped in: Over the years, Marques had allegedly allowed Delgatti to open several accounts under his name and helped him to launder money from Delgatti's various scams. Now, as Delgatti hacked his way through the federal government, he used an internet service and an IP address that was under Marques' name.

At the time, Delgatti was also in contact with a freelance computer programmer and restaurateur named Thiago Eliezer Martins dos Santos, who has gone by the nickname Chiclete—or bubblegum—since childhood. The two had met in 2018 when Eliezer sold Delgatti a Land Rover, according to both men. ("The impression I had was of a slick guy who talks a lot," Eliezer says of their first meeting.) Eliezer admits he "made a program" for Delgatti—helping him set up a Private Internet Access VPN that let Delgatti mask his location. According to both men, Eliezer didn't play a part in hacking Telegram, though he did discuss it with Delgatti. At first, Delgatti described the hacks as a moneymaking scheme, Eliezer recalls, but then Delgatti started talking about fame and revolutionizing Brazil. "I never took it seriously," Eliezer says.

Then there was Luiz Molição, the 18-year-old budding leftist that Delgatti knew from law school. Delgatti had heard Molição speak negatively about Operation Car Wash and the Bolsonaro government, which caught his attention because he needed someone familiar with politics to help him compile the material he had hacked. So he showed Molição the phone numbers he'd dredged up for various famous people, including supreme court minister Alexandre de Moraes and right-wing humorist Danilo Gentili, and asked for Molição's help with the next phase of his plan. The two went on to maintain a fervent online dialog.

On April 26, Delgatti hacked into the Telegram account of the lead prosecutor in Operation Car Wash, Deltan Dallagnol, who at the time was considered a national hero. Dallagnol says he quickly noticed that some Telegram messages he'd received were marked as read, even though he hadn't read them. He looked into his Telegram account's usage: "I saw that

there were active sessions in other places and countries." At first Dallagnol imagined that scammers were trying to get his credit card details, "but then we identified that the attack extended to other prosecutors," he says. "We deleted messages and applications, changed passwords, and took precautions."

But it was too late; Delgatti had already accessed and downloaded Dallagnol's chats and contacts. And a couple of weeks later—on Mother's Day, 2019—Delgatti initiated the hack that would reveal his discoveries to the world. That morning, Manuela d'Ávila received an alert from Telegram that someone in the US state of Virginia was trying to access her account. Then she received a second message from a Brazilian senator she knew. D'Ávila tried to call him, but the line was busy. Then another message pinged into her Telegram from the senator's account: "Do you trust me?"

"Of course!" d'Ávila responded, baffled.

"I have to tell you that this isn't the senator." D'Ávila was startled. "I have information about crimes committed by the authorities in Brazil. And I'm going to hand you everything. You are the person that has to receive it." As a leader of the Brazilian left, she was the person most likely to be able to "save the country," the hacker said.

With that, the hacker left the senator's Telegram profile and messaged d'Ávila from another account. The person told d'Ávila that her own phone had been hacked, sending her screenshots of chats she'd had with another prominent left-wing politician. But the hacker reassured d'Ávila that she wasn't their target. D'Ávila promptly called her lawyers. In all likelihood, she feared, this was a plot to entrap her by political enemies. Her lawyers agreed.

Yet there was something about the way the person wrote that gave d'Ávila pause. The hacker's story seemed unreliable but also not malicious: "It was more like it was all a fantasy, you know?" she says. "He was saying these things that were so grandiose: 'I am going to save the country! You are the person that's going to help me! We are going to change everything! Lula is going to leave prison!'" The hacker also invoked d'Ávila's election slogan, "Lute como uma garota!"—"Fight like a girl!" A particular psychological

pattern was emerging from the messages; d'Ávila sensed a resemblance to a loved one (whom she prefers not to name) who is also given to grand leaps of the imagination. It was this, against her lawyers' advice, that made d'Ávila keep messaging with the person. And ultimately to believe that the exchange wasn't a trap.

The person wanted to entrust all the material to her, but d'Ávila, a former journalist, knew her standing as a politician would make people question the leaks—and that she'd be hard-pressed to evaluate the veracity of the material. "We have to think about how you're going to do it," she told the hacker. He needed to speak to a journalist, she said.

The hacker was skeptical. He told d'Ávila he had uncovered evidence of corruption among Brazil's press. So d'Ávila suggested a prominent American reporter instead: "We have to speak to Glenn, the journalist from the Snowden case," she told the source. "He is the best in the world." D'Ávila suggested that Greenwald would also be uniquely able to ensure the security of the material and the source. "Because we're talking about very serious crimes by the authorities, about information that's very important for the country," d'Ávila said. "If they kill you, where is that information going to be?"

The source, excited by the allusions to the Snowden case, agreed.

Walter Delgatti Neto in his hometown of Araraquara.

Photograph: LARISSA ZAIDAN

As it happened, Greenwald already had a somewhat complicated history with Operation Car Wash. From the very beginning, there had been critics who believed that the anti-corruption task force was colluding with Moro to target the Workers' Party and Lula. (Their suspicions had been aroused back in 2016, when then-judge Moro leaked secret wiretaps of a breathless, affectionate conversation between then-president Dilma Rousseff and Lula, which seemed to suggest the two were coordinating to shield Lula from prosecution.) But Greenwald wasn't among those critics. He says that he never felt "super antagonistic" toward the Car Wash task force. In fact, in a speech at a 2017 award ceremony for anti-corruption work in Vancouver,

Greenwald had spoken positively about the Car Wash team. "I made a lot of people angry on the left in Brazil by defending them," Greenwald says. "I kind of went out on a limb for them."

But now, after the Mother's Day phone call from d'Ávila, as he began to dig into the avalanche of documents that slowly uploaded to his new Telegram account, Greenwald was astonished. "I actually kind of felt betrayed," he says. The collusion between Moro and federal prosecutors against Lula and the Workers' Party, Greenwald learned, went deeper than even their fiercest critics had imagined.

Most explosively, the leaks demonstrated that Moro helped design the criminal cases that he would then adjudicate. In one instance, Moro offered to put Dallagnol in touch with a source who had possible evidence against one of Lula's sons. In messages dating back to Lula's trial, Dallagnol—the prosecutor in the case—also expressed deep worry to Moro and other colleagues about how flimsy his case was. Shortly before he accused Lula of accepting a beachside triplex as a bribe, Dallagnol wrote to colleagues: "They will say that we are accusing based on newspaper articles and fragile evidence." When Dallagnol ultimately used that triplex allegation to depict Lula as the mastermind of a sprawling empire of corruption, his typo-ridden presentation indeed came under heavy fire in the press. But Moro sent a Telegram message reassuring him: "Definitely, the criticisms of your presentation are disproportionate. Stand firm," he wrote. In July 2017, Moro sentenced Lula to nine years and six months in prison.

Once Greenwald and his colleagues had a solid understanding of what was most newsworthy, the Intercept team decided they would publish the first set of stories on June 11. But on June 5, something happened that threw them off: Sérgio Moro publicly announced he had just been hacked. His phone had received SMS messages from Telegram indicating that his account had been accessed by an unsolicited device. Moro claimed that the alleged invaders had not extracted any content, but the hack caused a media storm. Then a steady stream of famous people and political figures came forward to say their accounts had been invaded in the same way.

Greenwald, who had understood that his source's hacking spree was over, was taken aback. He immediately got in touch and asked if the source had

been behind hacking Moro's phone. If so, it could make the Intercept look complicit in an ongoing cyberattack. The source vehemently denied it. "He even feigned being offended that I would think that they would do something that primitive," Greenwald recalls.

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Then, at around 8 pm on June 7, the hacker—once again putting Greenwald in an awkward position—called to ask for advice about what to do with all the Telegram accounts he still had access to. "As soon as you publish the articles," the source said, "everyone is going to delete their chats, everyone is going to delete Telegram, so we wanted to know … what you recommend doing?" Basically, he was asking Greenwald if they should carry out a data export of the Telegram chats before victims potentially cut off access.

"It's difficult, because I can't give you advice," Greenwald replied. "Obviously I need to be careful with all of what I am saying."

Greenwald laid out a delicate response. "It's a certainty that they are going to accuse us of participating in the hack," he said. He pointed out that the Intercept had stored all the material it received from the hacker in a "very safe" offshore location. "I think that there's no purpose, no reason for you to keep anything, right?" Greenwald said, while making it clear that the choice was up to the hackers. "Right, perfect," the source said, thanking the journalist.

"Any doubts, call me, OK?" Greenwald said, according to an audio recording of the call that police later discovered on Delgatti's MacBook.

The Intercept Brasil went to press on June 9, two days ahead of schedule. (Greenwald says the decision had nothing to do with Moro's hacking claims.) The publication said its reports were based on a trove of unpublished files, including private messages, audio recordings, images, and judicial documents. Distancing itself from the alleged Moro phone hack, the Intercept wrote that it had received its material weeks earlier.

That same night, the Car Wash task force put out a statement condemning the "criminal action" of the hackers and suggested that the invasions could endanger the safety of the authorities and their families. Moro, meanwhile, said the messages didn't show any "abnormality" in his behavior; he also cast doubt on their authenticity. Neither the task force nor Moro admitted the messages were real. Still, there was an uproar. The legacy of the entire Car Wash anti-corruption operation was thrown into question. And there was still plenty more material to publish. As the Intercept Brasil drafted follow-up articles detailing ever deeper collusion and corruption, Greenwald broke off communications with his source.

As the nation roiled over the implications of the hacked material, the government and media also went into a frenzy of speculation about the origin of the leaks. And yet Delgatti did not try to cover his tracks. He kept hacking. He spent hours in front of his computer screen with multiple Telegram accounts open at once. He had set up more than a hundred hacked accounts to be monitored in real time. Delgatti says that at times he was awake for 48 hours straight.

Delgatti even took to taunting his most high-profile victims on Twitter. Replying to a tweet by Dallagnol, Delgatti claimed to have proof that the Car Wash leaks were authentic, citing the time and date of messages on Dallagnol's device three days before he was hacked. And on July 7, Delgatti tweeted at Moro: "Every day that passes your defense is becoming more ridiculous. The house has fallen, covering the sun with a sieve won't do any good." He also criticized Bolsonaro on social media. But Delgatti's behavior—tweeting from his personal account, with a profile picture of himself smiling and wearing red sunglasses—was so brazen that it begged to be disbelieved.

Just after midnight on July 21, Delgatti hacked the Telegram account of Joice Hasselmann, a right-wing politician close to Bolsonaro and the leader of his far-right party in the lower house. The next day, Hasselmann posted a video on social media claiming her cell phone had been invaded. Undeterred, Delgatti proceeded to hack the Telegram account of a key Bolsonaro cabinet minister, economy czar Paulo Guedes. It would be his final hack.

On the morning of July 23, in Araraquara, Ariovaldo Moreira, Delgatti's onetime lawyer, woke up early feeling glum. Moreira's life had become stagnant; he had recently separated from his wife. His legal work had grown monotonous. After doing his morning stretches, Moreira abruptly fell to his knees and prayed to the Virgin Mary: "Help me, Santa Maria!" he pleaded. "I need a change, I need something in my life."

As it would happen, a drastic change was descending on Araraquara that very morning, in the form of a tightly coordinated federal police crackdown dubbed Operation Spoofing. Early-rising locals had noticed police cordoning off several streets, a strange sight in their sleepy city. At around 8 am the officers entered Delgatti's grandmother's house but didn't find him there. Shortly afterward police burst into Delgatti's apartment in Ribeirão Preto, the city where he had been attending law school, and found him sleeping. Delgatti had been up for most of the past two days, poring through Telegram accounts on his computer. He had finally taken some sleeping pills and gone to bed around 3 am. He says he awoke with a gun to his face. When the operation commander asked if he knew why they were there, Delgatti says he replied: "Because of Minister Sérgio Moro." And he added: "I've been waiting for you."

Ariovaldo Moreira, a lawyer from Araraquara.

Photograph: LARISSA ZAIDAN

Others who would receive a visit from police that morning were far less prepared.

In São Paulo, Delgatti's old friend Gustavo Santos was pinged awake by a cell phone alert. Santos, who now lived with his girlfriend in Brazil's largest city, had installed a network of cameras and sensors at the empty home he still maintained in Araraquara. The devices sent alerts to his phone when they were tripped. Sometimes the sensors were triggered by cats or bugs; this time they were being triggered by an early morning police raid, but Santos was oblivious. "I was really doped up from sleeping medicine," he says. So he went back to sleep.

At around 8 am the buzzing of his apartment's intercom woke Santos again. He dragged himself up and answered. "Gustavo," the intercom barked, "there is a Sedex here for you. You have to sign for it."

Santos didn't recognize the doorman's voice. "Man, you can sign for me," Santos said into the intercom, refusing to come down. But as he hung up, Santos thought: "Fuck, this does not smell good."

Santos went to the window, parting the curtains a crack. He glimpsed several figures dressed in black approaching his apartment building. Now fully awake, he frantically started cleaning up his apartment—ripping up documents and flushing any potentially compromising material down the toilet. (Santos dealt extensively in cryptocurrency trades and other schemes.) Then, remembering the nearly 100,000 Brazilian reais in cash he had in the apartment—about \$25,000—Santos went to the bedroom where his longtime girlfriend, Suelen Oliveira, was still sleeping; neither the buzzing intercom nor Santos' frenzied movements had woken her. "Su," Santos whispered, waking her up. "You have to hide this for me, because the police are here." She blinked at him, confused. "She didn't understand a thing," Santos remembers.

The doorbell started ringing. There came a loud banging on the door. Then the door burst open.

Santos moved toward the police as they broke in and thrust a hand in front of them. At 6'3" and 340 pounds, with close-cropped hair and a tattooed neck and hands, Santos could strike an imposing figure. "Hold on, you're not coming in without a warrant," he said, imagining that it was the regular civil police at his door. The operation commander stepped forward: "Young man, calm yourself. This is the federal police here. And yes, we have a warrant."

Santos froze, and he says the police pushed his face against the wall. After reading him his rights, a policeman asked Santos a question that made little sense to him at first: "Aren't you the hacker?"

"You've got the wrong person," exclaimed Oliveira, who had appeared in the bedroom doorway. The federal police ransacked the apartment and found the 100,000 reais. Then the commander told the couple to collect some extra clothes. They were going to Brasilia, the nation's capital, more than 600 miles to the north.

At the airport, the couple were shocked again to see they were not taking a commercial flight but were being led toward a Brazilian air force jet. "What the fuck is all this?" Santos thought. After boarding the plane, the police cuffed Santos' hands and ankles to a chain wrapped around his waist. "We were treated like killers," Oliveira says.

The jet took off and landed about an hour later in Ribeirão Preto. The couple were allowed to leave the plane to use the restroom. There, in the hangar of the airport, they spotted Delgatti standing between two federal police officers, wearing a suit and tie. "And I knew right there," Santos says. Delgatti had dragged him into the biggest mess of his life.

"Keep him far from us, or there's going to be hell," Oliveira told police.

When Santos caught his eye, Delgatti was grinning. Santos recognized the same strange smile Delgatti gave him all those years ago when he was DJing at the party, the earliest memory he had of his friend.

Santos also spotted Delgatti's friend Danilo Marques; he had been arrested in Araraquara while in class learning to be an electrician.

After he'd done his stretches and dropped to his knees in prayer, Moreira had gone to the gym in Araraquara, and then to his office. He was wearing Bermuda shorts—his usual attire when not expecting clients. At 10 am, sitting in front of his computer, Moreira got a call from Santos' mother. "Ari, it's full of police at the house," she told him. The police were searching Santos' family home and Santos' own nearby house. "It's probably nothing," Moreira assured her. "Santos gets himself in trouble all the time." But soon Santos' sister was on the line saying Santos had been arrested in São Paulo. Moreira told her that the police needed a warrant. He went back to work.

Moments later a photo of the warrant landed in Moreira's WhatsApp. Sighing, he started to read it. His eyes latched on to a name: Sérgio Moro. He went back and read again. Santos, the warrant said, was wanted in connection with the hacking of Moro's phone. This, Moreira realized with shock, was linked to Vaza Jato, the Car Wash leaks. "Gustavo did this?" he thought. "It is not possible." But there it was, in black and white.

Moreira ran to his son, a lawyer who worked with him in an adjoining room of the office. "Behold!" he cried, excitedly banging his desk. "The show is about to begin." Moreira dashed for the elevator, a flash of Bermuda shorts, his son trailing after him. What had happened? "Turn on the TV, because you're going to see me there!" Moreira exclaimed and stepped into the elevator. He drove home, started packing, and got himself booked on the next flight to Brasilia.

On the evening of the arrests, Luis Flavio Zampronha de Oliveira, the federal police chief in command of Operation Spoofing, finally got to sit down with his chief suspect after weeks of hunting. It was almost anticlimactic. Delgatti admitted to the hacks right away. He said he had acted alone and that everything had started when he hacked Bombardi, the prosecutor in Araraquara who had pursued him for years. He described how the prosecutor's phone book had led him to other officials, and finally to Dallagnol. He admitted that he had, in fact, been the one who hacked Moro's Telegram account. He admitted to hacking Manuela d'Ávila—whose number he had gotten through the phone book of the impeached expresident Dilma Rousseff. Delgatti also claimed to have hacked Lula's Telegram but said he possessed no record of that.

On the weekend after the arrests, Telegram rolled out a fix for the vulnerability Delgatti had exploited—not just for users in Brazil, but everywhere.

As the federal police scoured the 7 terabytes of information stored on devices they had seized in their raids, they found evidence of 6,508 calls made to 1,330 different numbers, resulting in 176 successful invasions. They also found that suspicious sums of money had circulated among their suspects in just the past few months. But a clear picture of the motives behind the hacking scheme never quite came together. Certain text

exchanges between the suspects seemed to suggest a conspicuously timed change in financial fortunes; in April 2019, for instance, around the time Delgatti was hacking Dallagnol's phone, he had texted Marques to say "the storm is over" and the "bonanza has come." And Santos was evasive under questioning about his sources of income and cryptocurrency trading, which made prosecutors wonder whether the suspects had been paid in cryptocurrency to conduct their hacks. But ultimately they found no evidence that Delgatti had carried out his hacking spree for money—only that their suspects had been separately involved in various petty financial frauds for years. For the police, as for everyone who knew Delgatti, the reasoning behind the hacks remained fundamentally mysterious. Zampronha, the federal police chief, kept asking Delgatti why he did it. There was no clear answer.

The first time Moreira was able to see Delgatti was at the suspects' preliminary hearings. The lawyer was in the waiting area with Santos and Oliveira—they were in handcuffs, alongside armed police—when Delgatti came in wearing a suit: "Hey, what's up Ari!" Delgatti cried when he saw Moreira. "Did you see what I did?"

Delgatti was charged with being the ringleader behind the hacks. Santos, Marques, and Oliveira were charged as accomplices; the main evidence against them appeared to be that some of the hacks were carried out from their IP addresses. All of them were accused on separate charges of being members of an organized crime ring.

On September 19, a second phase of Operation Spoofing went into action. The freelance computer programmer Thiago Eliezer was arrested in Brasilia. The 19-year-old law student Luiz Molição was arrested outside Ribeirão Preto. Eliezer was accused of developing techniques used in the crimes, while Molição, investigators alleged, had helped Delgatti compile the material and conduct some of his communications with Greenwald, and also participated in the hacking of Joice Hasselmann. As part of his defense, Molição claimed that Delgatti had manipulated him into helping; he described Delgatti as a "narcissistic sociopath."

Greenwald was named in the charges too, for having "incentivized and directed the group during the period of the hacks." The prosecutors'

supposed smoking gun was Greenwald's cautious response when his source called him up for advice. But in August, Brazil's supreme court forbade Greenwald's prosecution, citing the constitution's articles on freedom of the press, and the federal police say he did not participate in the alleged crimes associated with the leaks. Even so, federal prosecutors have continued to pursue charges against Greenwald and have appealed the supreme court's decision. President Bolsonaro has publicly threatened the journalist: "Maybe he'll do jail time here in Brazil," Bolsonaro said in one interview. Greenwald and his family have had round-the-clock security since the first stories were published. The Intercept, meanwhile, has kept publishing stories based on the leaks—more than 100 to date. (On October 29, Greenwald resigned from the Intercept over a disagreement with American editors there, but he went out of his way to voice his respect for the Intercept Brasil.)

On November 8, 2019, Lula was released from prison, just as Delgatti had boasted would happen when he first contacted Manuela d'Ávila. Lula went on to demand access to all the messages between Moro and the prosecutors in Operation Car Wash, citing their role in helping to clear his name.

As for the enormously popular justice minister and "anti-corruption" crusader Sérgio Moro, his credibility was badly damaged. He hadn't been hacked by a foreign intelligence operation, as he had strongly implied, but by small-time scammers. After the leaks, Moro kept a low profile, and in April 2020 he resigned from the government after coming into conflict with Bolsonaro. Moro has since accused the president of several crimes. But he says that ever since his messages were leaked to the Intercept, he has periodically deleted his chats, so he no longer has many of the messages between him and Bolsonaro that would have provided concrete proof. This is the closest Moro has come to admitting the veracity of the leaked messages. He declined to comment for this article.

In written responses to my questions, Dallagnol still affirms that the Intercept's leaks showed no evidence of "illicit activity" by public authorities or "any crime." Dallagnol also dismisses the Intercept as biased, accusing its staff of "making terrorism and personal attacks on social media." He adds, "It was militancy, not investigation or journalism."

Ultimately he is defiant: "Car Wash was and is the greatest anti-corruption work in Brazilian history," he says. It was a "hundred times bigger than Watergate," he adds, "which isn't something we should be proud of, because it shows just how far corruption can go. The investigation was an earthquake that shook the state of systemic corruption."

Suelen Oliveira and Gustavo Santos in Araraquara. They were arrested by federal police on July 23, 2019, as part of a crackdown called Operation Spoofing. They claim to have been completely baffled by the arrest.

Photograph: LARISSA ZAIDAN

Many people in Brazil remain incredulous that a fraudster from Araraquara was behind the biggest leaks in Brazilian history. Conspiracy theories have circulated linking the hackers to communists, the Workers' Party, or other wealthy financial backers. Some have even pointed to Delgatti's childhood nickname—Red—as a sign of his supposed hard-left politics. Speculation continues in some circles that the group was paid in cryptocurrencies, though Delgatti denies having ever used them.

According to Eliezer, Delgatti assured him in prison that they wouldn't be locked up for long, thanks to a *tia*—literally meaning aunt. He seemed to be alluding to some powerful contact: "He talked many times about a tia and that she would help us," Eliezer tells me in written answers to my questions, provided through his lawyer. (Delgatti denies saying this.) But as the months rolled by and the other suspects were released pending trial, Delgatti remained in custody.

Delgatti was held for a year in Block F of the Papuda Penitentiary Complex in Brasilia, which was ravaged by Covid-19. More than 1,000 inmates contracted the disease. For many months, it was difficult for Moreira, who once again began representing Delgatti late last year, to speak with his client and old friend. But in May and June, Moreira was able to deliver questions to Delgatti for me.

In responses delivered through Moreira, Delgatti wrote that he did what he did both to save Brazil "and because I myself had been wronged." He went on: "I never asked money from anyone, what I wanted was justice." Since

the media attention has died down, Delgatti has despaired at the lack of action against those exposed in the leaks. "I think that I should be free," Delgatti wrote. "Without a doubt I could be helping justice with regards the crimes committed by the operators of Car Wash."

In Delgatti's answers to my questions, there are hints of a motive. "I never felt so good in my whole life," he wrote of the moment when the leaks first came out in the Intercept. "I was proud of my achievement—I'm a vain person, and I had the feeling of a mission accomplished." He also seemed disappointed that he is not adored in Brazil the way he imagined he would be.

The commander of Operation Spoofing, Luis Zampronha, believes that Delgatti must be punished for his crimes. In the only interview about the case that he has given, Zampronha described Delgatti to WIRED as narcissistic and troubled but fit to stand trial, and certainly not worthy of adoration. In Zampronha's mind, Delgatti is a scam artist who managed to invade the private lives of authorities, and no grand ideological hacker. "He is not Snowden," Zampronha says.

Most Brazilians would agree. The tale of a ne'er-do-well turned cyber-crusader simply doesn't fit anyone's script. Now an entire country is in much the same position that Delgatti's associates from Araraquara have often found themselves in, never knowing how seriously to take a serial fantasist.

On October 17, Delgatti was finally released from prison to await trial in Araraquara; he now wears an electronic ankle monitor. There was very little media comment on his release. Just before this magazine went to press, I spoke to him over a voice line, in the first and only interview he has given. He was audibly emotional about the injustice he feels he has been dealt. "In my opinion I should be honored as a hero, and not labeled a criminal," he said. But he became somewhat evasive when I brought up something he'd written earlier. At one point in prison, Delgatti had told me that he only gave a portion of the material he had hacked to Greenwald. "It's only the tip of the iceberg," he had said.

When I asked him on the call how much more material there was and what he planned to do with it, he chortled and said he'd better not answer that. "It affects my personal freedom," he said. Maybe there is no other material. But if it exists, it could be a time bomb waiting to explode in Brazil, and Delgatti could yet receive the adulation he dreams of. Or it could detonate and leave him in yet another cloud of smoke.

Updated 11/13/2020 12:10 pm EST: The subheadline of this article has been updated to reflect that Walter Delgatti approached Glenn Greenwald last year, not last fall as previously stated.

DARREN LOUCAIDES (<u>@darrenloucaides</u>) wrote about <u>Italy's technoutopian Five Star Movement</u> in issue 27.03.

This article appears in the December 2020/January 2021 issue. <u>Subscribe now.</u>

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Patrice Peck

Culture

11.12.2020 06:00 AM

What Writing a Pandemic Newsletter Showed Me About America

In April, I started *Coronavirus News for Black Folks*. It gave me a kind of second sight. I could see where the country is headed—and how blind it's been.

portrait of Patrice Peck
Illustrations by George McCalman

It's September 2019, three months BC (before <u>coronavirus</u>), and every day I still come to a desk on the 16th floor of a Manhattan high-rise, in an openplan office decorated with bright yellow badges and chunky, oversize messages on the wall that say things like "win," "cute," and "OMG." I work at BuzzFeed. I used to love it. I was hired in 2017 and soon joined a new team that was mostly women of color, led by a Black editor, and dedicated to reaching multicultural readers. But in early 2019 the company laid off around 250 people, my team was dissolved, and I was shuffled into a predominantly white group that posts mainly about white celebrities.

Everything about it makes me tired: the rigid weekly content quotas, the uncertainty over whether I'd been spared for my work or simply kept for optics, the fatigue of pitching stories about Black and brown celebrities to an unsupportive white editor. These days my innermost thought when I gaze out at the Manhattan skyline through the office windows isn't OMG, it's WTF. On September 13, I fling myself off the hamster wheel and resign.

This feature appears in the December 2020/January 2021 issue. <u>Subscribe</u> to WIRED.

Illustration: Carl De Torres, StoryTK

I begin to freelance and eventually decide to start a newsletter on Substack —something personal, for an audience of my own, that doesn't require a green-light from an editor at a "mainstream" (i.e., historically white-centered) publication, like all my current freelance articles do. I write up a first installment that centers on my struggles with burnout and perfectionism, among other things. But I never hit Send, because by now it's early March 2020, and it doesn't seem appropriate to blast out my self-centered musings while a scary-ass, full-blown pandemic is mushrooming across the world.

I shut myself in my Brooklyn apartment, binge-reading about virology and venturing out only for groceries and a brisk walk now and then. And what I read keeps making me worry in a particular way: When I learn that people with heart and kidney disease, sickle cell disease, diabetes, and other preexisting medical conditions are at a higher risk of severe illness from Covid-19, I know those conditions are especially prevalent in the Black community. When I start to read about the "essential workers" who will have to stay physically on the job while everyone else locks down—nurses, social workers, home health aides, grocery store and fast food workers—I know those professions are heavily made up of Black and brown women, like my own mother. Plus, well, I'm all too familiar with the wisdom in the ancient Black proverb "When white folks catch a cold, Black folks get pneumonia"—and the chronic social and economic inequities that affect Black health, and the distrust that many of us harbor for a health care system after generations of demonstrated racism. Every now and then, I send the articles I'm reading about the virus to friends and family—almost all of whom have yet to understand the severity and urgency of the pandemic. Even experts know so little about the virus at this point.

These days my innermost thought when I gaze out at the Manhattan skyline through the office windows isn't OMG, it's WTF.

My overwhelming fear—which is almost a certainty—is that the Black community is going to be uniquely devastated by this pandemic. So, on April 5, I finally send out the first installment of my newsletter. Only now it's something completely different. I call it *Coronavirus News for Black Folks*.

They came true, of course, those worries that the pandemic <u>will hit Black</u> <u>people especially hard</u>. The first evidence comes mainly from articles by Black journalists and scholars, who connect the dots with racially sorted data from several states because federal agencies have yet to release any such nationwide numbers. Then, on April 7, the front pages of four of the biggest newspapers in America suddenly wake up to the pandemic's hugely disproportionate toll on Black Americans. Only then does the White House publicly acknowledge the disparity in a news conference. The only journalist at the briefing to press President Trump on what exactly he plans to do about it is Ayesha Rascoe, a White House reporter for NPR and, of course, a Black woman.

I start to figure out what my newsletter can do. American newsrooms are overwhelmingly white, and the traditional Black press has been decimated over time (because when the white media economy catches pneumonia, the Black media economy goes to the ICU). That means the issues that are important to Black people are chronically underreported even in good times. In the pandemic, a familiar blindness—a slowness—keeps showing up in historically white outlets' coverage, and I try to do my best to correct for it. I notice, for instance, that stories about essential workers tend to focus on white medical professionals. So in my newsletter I incorporate an interview series called "Essential & Black," where I talk to Black woman on the front lines: a pregnant hospital food-service worker, a security guard at a social services nonprofit who has several risk factors for Covid, a pharmacy technician living from paycheck to paycheck.

In those early days, too, I notice some finger-wagging media coverage about the supposedly widespread myth among Black people that they are immune to the coronavirus; the implication seems to be that they will behave irresponsibly. (A Pew poll soon finds that, on balance, Black Americans are far *more* concerned about Covid than white people are.)

Later coverage shifts to focus on a whole range of "bizarre" conspiracy theories claiming that the virus is some kind of weapon or plot. Some of these are circulating in the Black community. So I put out an edition of the newsletter, paired with a live Instagram panel discussion, about how to speak to loved ones who might believe conspiracy theories.

It's complicated, because Black people can actually back up their distrust in the medical establishment by referring to real horrors—precedents like the US Public Health Service Syphilis Study at Tuskegee, a federal study that deceived 600 Black men into thinking they were receiving medical treatment for "bad blood" beginning in 1932; the researchers were actually just observing what happens when syphilis runs its course unchecked for decades, allowing the men to grow sicker, infect their loved ones, and die. "How does one acknowledge the history of unlawful and harmful agendas aimed at the Black community," I write, "while also combating a pandemic that requires well-informed awareness?"

The researchers in the Tuskegee study were actually just observing what happens when syphilis runs its course unchecked for decades.

Mostly, though, what I'm doing is curating. I spend hours poring over the internet, trying to find the most reliable and relevant news about the plague for Black people; each edition of the newsletter contains dozens of links and summaries. I start by publishing every couple of days, then settle into a roughly once-a-week rhythm. I carefully scan Black publications. I run search terms like "African American" + "Black" + "pandemic" + "Covid-19." And then I present what seems like the most important stuff in one place.

It's pretty straightforward, but there's something powerful and terrifying about it: To run those particular search terms day after day is to stare down the barrel of all the biggest things coming for America in the summer of 2020. It's to be a sentinel.

In early May, I publish a few thoughts and links under the heading "Protesting During a Pandemic." I link to a story about the fatal February shooting of a Georgia man whose name is just starting to become widely recognized—Ahmaud Arbery—and the first efforts to organize

demonstrations over his death at the hands of a white father and son. The story explains how local community leaders have cautiously taken to protesting on social media and emailing and phoning officials to call attention to the case, while others begin to take to the streets.

"This story isn't directly related to the coronavirus," I write, "however it does reveal the pandemic's unique impact on social justice efforts and hate crimes." Protesting, I know, could aggravate the disproportionate impact of the disease on that same community. But how do you weigh one lifethreatening risk against another? How do you maintain social distance when there's more strength in bodily numbers? Do cries for justice and equality ring as clear from a masked mouth?

I also learn about Christian Smalls, a Black longtime Amazon employee who gets fired after organizing a walkout to protest what he and others see as unsafe working conditions. Smalls' defiance soon inspires other Amazon warehouse workers, who have been keeping a frantic pace to supply America's shut-in households during the pandemic. People of color make up almost half of Amazon's laborers.

All of these burdens—of violence, of sickness, of labor—are falling so disproportionately on Black people, and they only worsen with time. A communal eruption is long past due. Within a month, some of the largest protests in American history are spreading from coast to coast.

That's not all I can start to see coming. One week I refer to an article that quotes a Rikers Island inmate saying, "We're like sitting ducks"; the next I post stories about confirmed prison outbreaks. I can see the coming waves of evictions and Black business closures from miles away, and I report their approach, link by link. The work feels important, and my subscriber numbers are climbing from three digits to four, but I'm feeling increasingly overwhelmed—as are other Black reporters I know.

While I've been reporting on the Black community my entire career, I have no particular background in science or medicine. But all of a sudden *I* feel like I'm on a front line. Is this what it's always been like? And I start wanting to understand better who's gone before me.

Christian Smalls' defiance soon inspires other Amazon warehouse workers, who have been keeping a frantic pace to supply America's shut-in households during the pandemic.

In March of 1864, a Massachusetts nurse named Rebecca Lee Crumpler became the first Black woman to graduate from an American medical school. Not long afterward, she headed for the South, where 4 million people had just been set free. She took a job with a federal office called the Freedmen's Bureau Medical Division. She was one of about 120 doctors assigned the task of looking after the health of the entire emancipated population—which was dying at a stunning rate in the throes of a smallpox epidemic, rampant malnutrition, and inadequate shelter.

Crumpler's post was a Freedmen's hospital in Richmond, Virginia, where she was subjected to intense discrimination by her colleagues. "Doctors snubbed her, druggists balked at filling her prescriptions, and some people wisecracked that the MD behind her name stood for nothing more than 'mule driver,'" according to an *Ebony* article from 1964. The hospital was also, in a sense, set up to fail. The entire idea of the Freedmen's Bureau Medical Division was seen by some American leaders as a waste of time. Black people, they believed, were uniquely vulnerable to smallpox, syphilis, and other contagious diseases. "No charitable Black scheme can wash out the color of the Negro, change his inferior nature, or save him from his inevitable fate," one Ohio congressman said in arguing against the bureau's creation.

Crumpler left the South in 1869, but she didn't abandon it. She just changed strategy. In 1883 she bypassed the white medical system altogether and published a book of medical advice targeted at mothers and nurses—on things like nutrition, breastfeeding, how to treat burns, and how to prevent cholera. She called it *A Book of Medical Discourses in Two Parts*, and she hoped it might end up "in the hands of every woman."

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Some writers have compared Crumpler's book, which was unusual for its time, to an early version of *Our Bodies*, *Ourselves*. The historian Jim Downs argues it was also an implicit "rebuttal to the prevailing idea" that Black people were physiologically doomed—because it focused on what Crumpler called "the possibilities of prevention." The book is anything but a polemic, but there are a few lines toward the end of the introduction that feel like a subtweet of the entire racist medical establishment: "They seem to forget that there is a *cause* for every ailment," she writes, "and that it may be in their power to remove it."

Sadly, American medicine didn't get the message. One year after Crumpler died, in 1896, a statistician working for the Prudential Life Insurance Company named Frederick L. Hoffman published a book called *Race Traits and Tendencies of the American Negro*. Drawing on statistical analysis of numerous data sources, Hoffman set out to prove once and for all that free Black people were dying off not because of social conditions but because of their "inferior vital capacity." He concluded that they were bound for extinction (and were therefore uninsurable at anything but the highest rates).

Hoffman's work, and its so-called extinction thesis, quickly became pillars of American scholarship; white contemporaries swooned over his tables and tables of data. But a few people swiftly pointed out that Hoffman's actual analysis of all that data was a hot mess. One of them was a 28-year-old researcher named W. E. B. Du Bois. (He showed, among other things, that white people in some European cities were dying at higher rates than American Black people were.)

As a young academic, Du Bois believed that American authorities discounted the social conditions of Black life simply because they did not see them clearly enough. So he set out on a mammoth and unusual study of his own—one that would be as deeply investigated and tightly focused as Hoffman's had been high-handed, sloppy, incurious, and shallow.

Beginning in 1896, Du Bois began canvassing some 2,500 Black households in Philadelphia, sitting down in their kitchens and asking them standardized questions, to "find out what was the matter with this area and why." Working with a single research assistant, Isabel Eaton, he surveyed

businesses, chased down legal documents, studied obituaries. And in 1899, he published the results in an exhaustive study called *The Philadelphia Negro*, his first book. By and large, Du Bois found that Black residents were segregated into the city's unhealthiest neighborhoods, where they paid high rents for low-quality housing. Also, 35 percent of families lived in a single room; 38 percent took in lodgers; and only 13.7 percent had access to toilets. Only certain low-wage jobs were open to them, and they were shut out of most unions. As for death rates, Du Bois found that the areas with the highest Black mortality "contain the worst slum districts and unsanitary dwellings of the city"; but in other neighborhoods—where white families and the city's few well-to-do Black families lived—Black mortality rates looked much like white ones.

The book became a model for generations of scholars—because it was one of the very first works of American empirical social science. So to sum up: Crumpler bypassed the medical establishment by writing a self-help book, and Du Bois confronted it by pioneering a whole new American field of research—all to get it through people's heads that Black people were sicker for a *reason*.

"The world is thinking wrong about race, because it did not know, the ultimate evil was stupidity. The cure for it was knowledge based on scientific investigation." — W. E. B. Du Bois

The truth is, Black people have always had to use inventiveness, technology, and do-it-yourself media to work around a slow or hostile white establishment. And it doesn't always work. Remember the Public Health Service Syphilis Study at Tuskegee? One of the first people who tried to put a stop to it was a 22-year-old statistician named Bill Jenkins, who was among the first Black recruits to the Health Service in the late 1960s. While he was there, Jenkins came across documentation of the study, which was still underway in Alabama—still performing tests on Black men who were infected with syphilis, but offering no treatment for the disease.

Jenkins decided he had to do something. As a young man involved in civil rights activism, he helped run an underground newsletter—yes, a newsletter!—called *The Drum*. So he and some fellow activists wrote up his findings for their handful of readers. But when they tried to get the attention

of bigger media, they hit a wall: They blindly sent documentation of the study to newspapers like *The Washington Post* and "waited for this big article to come out." They didn't hear back at all. "We didn't understand how news articles are written," Jenkins would later say.

The press didn't pick up the story at all until four years later, in 1972, when a white social worker and epidemiologist leaked information about Tuskegee to a longtime friend at the Associated Press. Almost instantly, Tuskegee became front-page news across the country, leading to congressional hearings and the end of the study. The experiment had been going on in more or less broad daylight for 40 years.

What's different now is that the media workarounds at our disposal have become far more powerful, for better and for worse. (Platforms give us access to a nearly unlimited audience; they also surveill us, violate our privacy, and give harassers access to *us*.) Black Lives Matter itself is a technological movement, started by three Black women—Alicia Garza, Patrisse Cullors, and Opal Tometi—over Twitter and Facebook in the wake of George Zimmerman's acquittal in the fatal shooting of Trayvon Martin. "It was incredible and powerful because we realized that we could use these social media tools to organize our people," Tometi said in 2017. As the activist DeRay McKesson told this magazine in 2015, "Because of Twitter, Facebook, Vine, and Instagram, we're able not only to push back against dominant-culture narratives but also to talk to each other differently."

Today I can add Substack to that list. But that doesn't mean these digital workarounds have lightened the load on us.

Haunted by his unsuccessful attempt to halt the Tuskegee syphilis study, Bill Jenkins became an epidemiologist with the CDC. He spent 10 years running a program that provided free medical care to survivors of the study.

History often romanticizes the work of disenfranchised people who outflank their oppressors. But the mental, emotional, and physical toll of their struggle usually gets glossed over.

This is something I start thinking about in June, when my gums start bleeding. My dentist runs down a short list of possible causes, and we quickly eliminate them. But as the appointment winds down, the conversation turns to my work on *Coronavirus News for Black Folks*, and he suggests that stress might be the culprit.

I've always had a pretty detached relationship with my own stress—despite having handpicked several articles about Black health and stress for the newsletter. Hell, I've just interviewed a fellow Black journalist about being hospitalized for anxiety related to *writing about Black deaths*. Like many other Black women, I've been conditioned by decades of pushing through my own stress to believe that I'm immune to it. Now my dentist—a Black dentist, my choice—is informing me how mild gum disease could potentially lead to far more serious problems.

I go home. I back away from social media and pare down my freelance pitching—not easy, given how much self-worth I derive from my work. I also slow my newsletter output. I need a moment to breathe, to pour back into myself, before I go back into the fray.

This time around, I think the exhaustion that Black journalists are feeling is different. After years of laboring to bring attention to the health disparities that we are always the first to notice, we are buckling under the sudden, voracious thirst of predominantly white, mainstream platforms for this work. Linda Villarosa, a contributing writer at *The New York Times Magazine*, tells me she's never been in such sudden demand. And she's torn about it. She hates that this overwhelming, overnight interest has only come about because of an onslaught of Black illness, abuse, and death in the midst of an unprecedented pandemic. But she's also encouraged that maybe, at last, there's an opportunity for a deep and widespread acknowledgment of racial disparities—and of the battle that's raged against them since the beginning.

"It's important to know that we just haven't been sitting around letting things happen to us," Villarosa tells me in a phone call. "We have always been in this fight. When I think of some of the people who have been doing this a long time, the people who are getting lifted up now, I'm really proud they stayed in the game."

Bill Jenkins stayed in the game. According to a 1997 article about the legacy of the Tuskegee syphilis study, Jenkins was "haunted by his unsuccessful effort to halt it." So he went back to school and became an epidemiologist with the Centers for Disease Control and Prevention, where he directed AIDS prevention for minorities; he also spent 10 years running a program that provided free medical care to survivors of the Tuskegee study. Jenkins died in 2019 at the age of 73. W. E. B. Du Bois stayed in the game too, becoming one of his era's greatest Black leaders.

While we know very little about Rebecca Lee Crumpler's life—whether she was angry, exhausted, or even what she looked like—it appears that when she died in 1895, she was too poor to afford a headstone. Just this summer, on July 16, 2020, a group of her admirers finally raised enough money to give her one. They stayed in the game too. And so will I.

They stayed in the game too. And so will I.

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Adam Rogers

Science

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The Strange and Twisted Tale of Hydroxychloroquine

The much-hyped drug sparked a battle between power and knowledge. Let's not repeat it.

collage with American flag hydroxychloroquine label prescription map Illustration: SAM WHITNEY

In the mid-1600s, a Jesuit priest serving in Peru got a useful tip. The indigenous people there, he learned, were using the bark of a particular kind of tree to treat fevers. The priest, who'd probably gone a few rounds himself with the local diseases, got ahold of some of the reddish-brown bark from this "fever-tree" and shipped it back to Europe. In the 1670s, what came to be called Jesuit bark had made its way into a popular patent medicine, along with rose leaves, lemon juice, and wine.

That was the beginning of the impressively effective bark's role in pharmacology (and its side career in mixology). In the mid-1700s the prolific Swedish taxonomist Carl Linnaeus gave the tree's genus its name—having heard a fanciful (and untrue) tale about the bark's success treating the Spanish Countess of Chinchón, he dubbed it *Cinchona*. In 1820, French chemists isolated the active ingredient, a plant alkaloid they named quinine. Its bitter flavor became not only a hallmark of the prevention and treatment of malaria but also the basis for a medicinal fizzy water—a "tonic"—that mixed well with the gin that Europeans brought with them to their equatorial conquests. Today quinine can be found in bitters, vermouth, and absinthe; next time you order a Manhattan or a Sazerac, give a little *l'chaim* to the Peruvians.

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Illustration: Carl De Torres, StoryTK

Medicine that treats a deadly disease but grows only on certain finicky trees is the kind of thing chemists live for. A failed attempt to synthesize quinine in the 1800s had accidentally produced the first synthetic pigment (a lovely shade of mauve); after World War I, when endemic malaria arguably did almost as much as Allied soldiers to limit Germany's expansionist ambitions, that country set its scientists to solving a problem. A dye company called Bayer took up the quinine challenge, synthesized some reasonably useful replacements, and became a pharmaceutical powerhouse with a global market. When World War II denied the US access to both German drugs and the quinine-producing cinchona trees of Java, the Americans basically stole a recipe from German prisoners of war and turned that into a successful treatment.

That drug was called chloroquine. It has a slightly better-tolerated cousin, hydroxychloroquine. You may have heard of them.

So, yeah: A drug extracted from indigenous knowledge to lubricate European colonialist impulses went on to power the military adventures of the latter 20th century and save millions of lives. But even as the parasites that cause some strains of malaria began to develop resistance to chloroquine, newer science started to hint at a second life for the drug. Some lab studies suggested that it could fight viruses, and that it could suppress overreactions by the human immune system. By the mid-1950s, doctors were using hydroxychloroquine to treat the autoimmune disorders lupus and rheumatoid arthritis. The drug was readily available. It had manageable side effects. And because it's so old, no pharmaceutical company holds a patent on it. So it's cheap.

Viable. Safe. Available. Inexpensive. What more could you ask for?

It made sense, then, that when a <u>novel coronavirus</u> appeared in Wuhan, China, in December 2019, people started speculating about the old drug. Chloroquine's virus-fighting reputation preceded it. Four centuries of the

history of science came crashing into the newly apocalyptic present. By February, several Chinese research teams had spun up small trials of chloroquine and hydroxychloroquine against the new disease, and some were soon reporting success. A simple, familiar drug was offering hope.

Still, though. Before you start giving a drug to the thousands, soon to be millions, of people affected by a pandemic virus, you want to be very, very sure it's safe and effective, that the benefits of administering it outweigh the risks and side effects. The Chinese studies of chloroquine were, so far, preliminary and small-bore. And because of language barriers, limited access to international journals, and some mutual distrust, Chinese data doesn't always make it into the global information ecosystem. Nobody really knew, authoritatively, if the drug actually worked.

But "Does it work?" is a harder question to answer than it sounds. Few drugs are penicillin-size successes; most drugs have more moderate effects. That means those possible effects are hard to distinguish from what may just be statistical noise. Under normal conditions, distinguishing one from the other requires painstaking, time-consuming research protocols and statistical analysis. But the urgency of a pandemic makes conditions abnormal in the extreme. Faced with intensive care units full of the severely ill, physicians begin to feel they can't wait for statistics before their patients become one. Politicians start looking for a win, or *something* to signal they're dealing with the problem. And the world's technical and economic elite start looking for quick fixes and opportunities to make a sale, spreading their opinions (whether quarter-, half-, or fully baked) on social media. After all, *influencer* and *influenza* share the same etymological root.

At issue here is more than just whether a drug treats a disease. The heart of the scientific method is the process of formulating a hypothesis and collecting data to test it. This is how to reliably be sure that (in this case) a drug does what you say it does—that the effects you think you see are not coincidence or luck or mirage. It sounds simple, but in practice it's ambiguous, messy, and often contentious. The twisted tale of hydroxychloroquine is actually about how to know stuff, the question that has defined every existential decision since the early 20th century—climate change, vaccines, economic policy. We've learned from failure and bitter experience that only when we take the time to find the truth do we at least

have a chance to make good decisions. We also know that it'll be a struggle—that grifters, power-seekers, and fantasists will push their own versions of truth while scientists and policymakers grapple with the lumbering process and nuanced outcomes of the scientific method. Because there will be other pandemics, other disasters. And just as with Covid-19, only science and its tools will soften their impact. But also as with Covid-19, humans will do that science and wield those tools, and that makes things messy. What happened with hydroxychloroquine was a debacle, but retelling the story might help avert the same kind of chaos next time around.

Viruses aren't alive, exactly—they're just genetic material wrapped in fat, starch, and protein. But because they use living things to reproduce and spread, evolutionary forces effectively shape them, synchronizing viruses with the specifics of their targets. Viruses land on cells, and viruses' landing gear, as it were, are shaped to lock onto the exact topologies of proteins on their surfaces. Once clicked onto that docking site, a virus forces the cell to engulf it in a little bit of membrane. Like a fighter jet on an aircraft carrier deck, the virus gets elevatored into the cells' innards. Down there, the viral genes slide into the cell's own genome and take over, forcing the cell to pump out more copies of the virus. Eventually the cell bursts open, the new virus copies spread, and the process starts all over.

Hypothetically, chloroquine and hydroxychloroquine can mess all that up. They interfere with the biochemistry that lets the landing gear touch down, a process called glycosylation. And it seems like the drugs change the acidity of the elevator shaft, of that bit of involuted membrane bubble, making it inhospitable to a virus and preventing infection.

It works in the lab, anyway. Over decades, researchers have tried chloroquine and hydroxychloroquine against a bunch of viruses, including the human immunodeficiency virus that causes <u>AIDS</u>. The new pathogen that emerged in 2019, <u>SARS-CoV-2</u>, belongs to a family called <u>coronaviruses</u>—as did its prequel, SARS-CoV, which caused severe acute respiratory syndrome. In 2004, a team of Belgian researchers tried chloroquine on SARS-1 in the lab, and it seemed successful—apply the drug to cells and the virus has trouble replicating.

Cells in a petri dish aren't people, but even with such crappy evidence, it made sense in the early days of the pandemic to try the drug again. Emergency rooms and intensive care units were filling up with sick people who couldn't breathe, and frankly, frontline caregivers didn't have much else to give them.

By March 9, the US was facing a shortage of hydroxychloroquine and chloroquine. About a week later, with a surge of Covid-19 patients <u>slamming New York City</u>, I talked to Liise-anne Pirofski, the chief of the Division of Infectious Diseases at Montefiore Medical Center and the Albert Einstein College of Medicine. Chloroquine was standard for patients with Covid-19, along with a repurposed <u>HIV</u> antiviral—even though, at the time, there was only the thinnest data recommending either drug. "Everybody gets that unless they have some contraindication," Pirofski told me. What else could they do? Her hospital was participating in a clinical trial of a then-experimental <u>antiviral called remdesivir</u>, but it was still unavailable outside that study. Pirofski herself was advocating the use of <u>convalescent plasma</u>, a decades-old treatment made from the blood of people who've recovered from a disease, which also hadn't been tested against Covid-19. They were throwing everything they had at the virus. People were sick and dying. You go to war with the drugs you have, not the drugs you wish you had.

The possibilities in early 2020: Hydroxychloroquine might help. Or it might not. Or it might make people worse. No one knew.

One of the first people to leap into that breach was David Boulware, a diligent infectious disease researcher and professor of medicine at the University of Minnesota. Back in 2015 he'd worked on an <u>Ebola</u> drug trial with the National Institutes of Health, and he quickly raised his hand to work on trials of treatments for the new virus.

In early March, he and his team were supposed to be at an HIV conference in Boston, but by that point nobody was traveling anywhere. "We all had four days free to totally focus on this task," Boulware told me then. His group used the time to put together a plan to study hydroxychloroquine.

Right here—the stage where scientists come up with these "research protocols"—is where how-to-know starts getting complicated. It's a cliché

because it's true: The answers you get depend on the questions you ask. In this case, Boulware's team decided not to test the drug on hospitalized patients, when the disease becomes severe. "If it was going to work, you'd have a better chance to alter the disease course early on," Boulware said.

They *hoped* it worked. But they didn't *know*. To find out, they proposed a classic structure: A couple hundred people would get the drug; a similar number would get a placebo—an inert fake. The ones getting the placebo would be the "control group," experiencing all the same things except for the drug, to isolate its effects. Neither researchers nor participants would know who got which until the end; that's called a "double-blind" study. And people would be assigned to the groups at random, to avoid even unconscious bias on the part of the researchers and prevent differences between groups of humans—socioeconomic, demographic, and so on—from throwing off the results.

That is, in other words, a large, double-blinded, randomized controlled trial. Boulware's team proposed two. One would look at whether hydroxychloroquine could prevent illness in people with exposure to an infected person—"post-exposure prophylaxis"—and another would see if taking the drug close to the onset of symptoms could keep those symptoms from getting worse. That was "early treatment." On March 13, the US Food and Drug Administration approved the study, a blisteringly fast green light from a typically cautious, plodding agency. The responses of the federal government's scientific policymaking would falter in key ways over the next few months, but this wasn't one of them.

Boulware started enrolling people almost immediately. For statistical validity, they'd need enough people so that some in the experimental groups and some in the controls would get Covid-19. The researchers would run the numbers, ask who got what, and they'd have an answer in weeks. They'd write up the results, publish in a journal, and it would be science.

Except Boulware's reasonable expectation that things would work the way they were supposed to didn't take into account the viral social-media blender that was spinning up its blades—making a viscous gazpacho out of Silicon Valley opportunism and the hottest of hot takes from the president of the United States.

The way they were supposed to? Yeah, no.

Even the stodgiest of scientists don't believe that waiting months or years for a formal write-up of an experiment to penetrate a wall of skeptical reviewers, receiving an inscrutable thumbs-up to get published—in ink! on paper! that gets mailed! to libraries!—is an ideal system for disseminating new knowledge today. Yet that's still mostly how things work, despite the existence of the online version of most journals. But the Covid-19 pandemic came at a weird moment in the history of how information spreads. For one thing, that formal system was already in the process of breaking down. Due to the pressures of publication and academic seniority, some of the science that gets into peer-reviewed journals doesn't hold up to scrutiny, and many scientists are internalizing the hard truth of that "reproducibility crisis." Formal peer review and publication doesn't make something true. That's part of the reason the biomedical sciences were embracing a newer approach, one that their colleagues across the quad in the physics and math buildings had arrived at years before: "prepublication" or "prepress" articles that could go online as soon as their authors finished typing them.

That's good; it means faster, freer information and a more egalitarian kind of review. But rethinking the gatekeeping in the ways nominal experts disseminated nominal knowledge opened the door to other people playing the game. Thanks to widespread access to publishing tools and social media, pretty much anyone can marshal the trappings of expertise. The crisis of the global pandemic intersected with a crisis of belief, with opposing scientific ideas somehow getting tethered to political ideologies. With just a bit of Googling, anyone can find things that look like truth, that are what that person was hoping to hear in the first place. If one of those things goes viral, and if the science behind it is difficult or undercooked, pretty soon everyone starts nodding along.

Which is what happened on March 13—the same day the FDA approved Boulware's well-thought-out trial. A physician named James Todaro tweeted that chloroquine could fight Covid-19, and he'd written a paper that proved it. Now, this wasn't a "paper" from a peer-reviewed journal, or even a preprint. It was a Google Doc, coauthored by a lawyer named Gregory Rigano and a biochemist named Thomas Broker, identified as a Stanford PhD. It was a pretty good summary of all the research on chloroquine up to

that point. It even cited the work of a French researcher named Didier Raoult, a controversial infectious disease specialist who, a few days later, claimed he had results showing that hydroxychloroquine worked against Covid-19 in human beings.

Illustration: SAM WHITNEY

A steady rain of likes and retweets turned into a viral downpour. The influential Silicon Valley blog Stratechery linked to the Google Doc. Rigano went on Fox News. Elon Musk tweeted about the document with the link. Musk, who said he'd taken chloroquine for malaria, also tweeted a link to a video on hydroxychloroquine and Covid-19 produced by a small medical-education company called MedCram. The company had started doing brisk traffic covering the coronavirus; the hydroxychloroquine episode took off.

The original Google Doc made a good case for chloroquine being of interest—attempted use in prior pandemics, studies in cells and in animals, preliminary results from China. Not proof, to be sure, but tantalizing hints. But, as it turned out, the creators were not all that they appeared.

Rigano had done most of the initial work. According to his LinkedIn bio, Rigano was on leave from a master's program in bioinformatics at Johns Hopkins and was an adviser to a drug development program at Stanford. But the head of the bioinformatics program at Johns Hopkins told me Rigano wasn't really on leave from the program; he had only taken one class. And the codirector of the Stanford program told me that, while he'd met Rigano, he was in no way an "adviser." Todaro, whom Rigano met via Twitter, was a former ophthalmologist turned professional bitcoin investor. And Broker was not, it turned out, a Stanford biochemist. He attended Stanford but now was a retired virologist at the University of Alabama who studied not coronaviruses but an entirely different family of viruses. Broker disavowed any involvement in the paper, and Todaro and Rigano soon removed his name from it.

None of which is to say they were necessarily wrong. But none of which is to say they were necessarily right, either. Yet the idea <u>rippled through Silicon Valley</u> like photons through an optical cable. Facebook, Amazon, Apple, and Google had sucked up most of the disruption oxygen in tech, and

entrepreneurial types were already interested in biotech as a thing to pour money on. And their libertarian bent means they're always looking for an institutional eyeball into which they can shove a venture-capital finger. The medical establishment, with its elitist reliance on the plodding, 20th-century model of clinical trials in the midst of a raging pandemic, seemed like a fat target.

The need for speed was real, and it played into the baser, basic instincts of the Valley. Those hold that all a technologist needs is a dream, a minimum-viable product, and the will to build a company. (A Stanford undergraduate degree doesn't hurt.) If you're trained to see your successes as the result of genius and instinct rather than luck, you might not be able to readily distinguish between the rigors of testing a drug's efficacy and the travails of bringing a product to market. But they are different processes with different goals. In the Valley, whether something works is different from, maybe even disconnected from, whether it *sells*.

Combine that with the quantified-self, n-of-1 approach to health and wellness that some of the same people also embrace, and you get not science but pseudo-science touted by the four-hour-body crowd that gets rejuvenating transfusions of young people's blood and rebrands nutritional diet shakes as food from a dystopian science fiction movie. "Tech, and especially Silicon Valley, has this belief that all you have to do is disrupt things and try shit and make it stick to the wall, and it will work and change everything," says one investor with a long history in health care. "We've had a tried-and-true method of getting vaccinations and drugs approved in the US that is absolutely antithetical to everything the tech industry believes and has found to be true."

As deaths in the US mounted and the economy went into a lockdown-induced spin, some rich and successful venture capitalists started arguing that the whole system was nonsense. As noted contrarian, investor, and former PayPal, LinkedIn, and Square executive Keith Rabois tweeted, "Randomized controls are horrible ideas. Largest impediment to progress in health spans." (Rabois agreed to consider answering emailed questions but didn't respond to the ones I sent.) Randomized, controlled trials not only take too long, Rabois and his ilk said, but were in this case unnecessary. You could instead use "real-world data," like the experience of the tens of

thousands of people who were actually taking hydroxychloroquine, and do some kind of data thing on it.

"We've had a tried-and-true method of getting vaccinations and drugs approved in the US that is absolutely antithetical to everything the tech industry believes."

It's not crazy. Randomized controlled trials are, as the scientists say, the gold standard. But that method isn't the only way to figure out causality, or at least to start to get a sense of it. Sometimes double-blind studies are impractical. Sometimes nature and circumstance offer a great opportunity to see how changes in conditions have different effects. Observational studies, retrospective analyses of existing data, meta-analyses of grouped smaller studies—they're all useful, and certainly better than throwing biotechnological spaghetti against a pandemic to see what sticks. But look what happened months later, after similar hopes for convalescent plasma as a therapy turned into widespread use. After giving it to nearly 100,000 people, plasma appeared to be safe, but there was only limited evidence of its effectiveness.

If it's possible to characterize an entire swath of opinions, though, what the techfluencers seemed to be pitching was not a study where the parameters of observation were defined in advance, but one where all sorts of casually collected data, the flotsam and jetsam of our digital lives, might somehow be tabulated and correlated to whether, when, and how a person got hydroxychloroquine. Quantified self, but applied to everyone—quantified other.

To be fair, the ethics of demanding rigorous, time-consuming tests during a pandemic are worth debating. In a sense, this is about medicine now versus science later. Correctly administered, hydroxychloroquine only rarely has serious side effects; it's a well-understood, mostly safe drug. Why not just give it to everyone and monitor their outcomes? That's a very Silicon Valley approach—intermediate risk, high reward. "I appreciate some of the tech people coming to health care, because I do think we should be thinking about some things differently. Having fresh thinking is great. But fresh thinking is different from illogical thinking or uncaring thinking," the

investor tells me. "If you're a tech guy flacking hydroxychloroquine to people who shouldn't use it, what the fuck? People can get really sick."

Even if they don't get sick, that plan still has problems. Giving people a drug that may or may not work is ethically dicey. And who would actually keep track of those outcomes? "Big data" approaches to medicine are susceptible to the distortions and bias of anecdotal evidence and intuition, exactly the mistakes that rigorous, large-scale, randomized controlled trials are designed to avoid. But over decades, those trials have gotten more and more complicated and expensive—just as government funding of them has plateaued. The main consequence has been that pharmaceutical companies fund their own trials, and the companies are highly incentivized to focus on drugs with huge potential markets. That often means more expensive lifestyle drugs and fewer worthy public health solutions or medicines with population-scale benefits—more Viagras, fewer Vancomycins. Little wonder, then, that researchers running trials for the unpatented drug hydroxychloroguine had such trouble gaining traction, while the expensive antiviral remdesivir, with the transnational pharmaceutical company Gilead Sciences pushing it, found support for a trial in the NIH and in the White House—and is now standard in US Covid-19 treatment. The foxes all run their own chicken-coop businesses.

The same week the mania for the drug took hold in Silicon Valley, Larry Ellison, the chair of Oracle and the fifth-richest person on earth, started talking with Donald Trump. According to *The Washington Post*, Ellison wanted to pitch a widespread study of chloroquine and hydroxychloroquine as a treatment. Ellison proposed that Oracle could develop a website to track people's use of the drug along with their health outcomes, and the data would anticipate whatever a slow, expensive randomized controlled trial might eventually reveal. (Through a spokesperson, Ellison declined to answer my questions about these discussions, as did a White House spokesperson.)

Ellison seemed to make an impression. Shortly after that conversation, the *Post* reported, Trump met with his senior advisers on the coronavirus pandemic and asked if the government could expedite the approval process for hydroxychloroquine, chloroquine, and, for good measure, remdesivir. Emergency use authorizations had been employed during pandemics in the

past, to allow treatments with potential to jump the line in times of urgent need. Remdesivir was in the midst of a large-scale randomized trial sponsored by the National Institutes of Health. Hydroxychloroquine didn't have the same backing.

The president's urgency wasn't just a matter of public health. Trump had promised Covid-19 would just disappear, but the US response to the disease was going entirely off the rails. During a disastrous visit to the CDC on March 6, Trump touted his own scientific acumen—"I like this stuff. I really get it. People are surprised that I understand it"—but behind the scenes he was obstructing programs to begin widespread testing for the disease. The failure to do those tests meant that as March ticked onward, thousands of Americans were already infected. Trump acknowledged privately to the journalist Bob Woodward that Covid-19 was a dangerous, plague-level disease even as he railed against the press on Twitter and elsewhere, hoping to bolster a plummeting stock market. ("I don't want to create panic," he said in September when asked about why he had downplayed the severity of the pandemic.) And meanwhile every model, every infectious disease researcher, every epidemiologist was looking at case and fatality curves on the cusp of exponentiality, with worst-case fatality estimates in the millions.

A miracle cure must have sounded pretty good.

On March 19, the president conducted a press conference, and it was really weird.

This is where he started pitching hydroxychloroquine. "It's shown very encouraging—very, very encouraging early results. And we're going to be able to make that drug available almost immediately," the president said. The FDA was all in too: "They've gone through the approval process; it's been approved."

This was untrue in most respects. Few results were in. The president might have meant that hydroxychloroquine was approved for malaria, lupus, and rheumatoid arthritis, and that clinicians could prescribe it off-label. He might also have been talking about Boulware's trial, which had also been approved by the FDA. It's certainly possible the president got confused.

The president introduced FDA commissioner Stephen Hahn, who treaded cautiously. Chloroquine was worth considering for use against Covid-19, Hahn said. "Again," he said, "we want to do that in the setting of a clinical trial—a large, pragmatic clinical trial."

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That wasn't what the White House was pushing for behind the scenes, though. At that same moment, the administration was allegedly pressuring Rick Bright, responsible for vaccine development as the head of the Department of Health and Human Services' Biomedical Advanced Research and Development Authority (Barda), to get on the hydroxychloroquine train. According to Bright's eventual whistle-blower report, the general counsel for HHS told Bright's team that the White House wanted an Investigational New Drug protocol for chloroquine to accommodate a soon-to-come donation of millions of doses from Bayer. Bright managed to talk his bosses down to an emergency use authorization, a less full-throated support of the drug's efficacy. "When I resisted efforts to promote and enable broad access to an unproven drug, chloroquine, to the American people without transparent information on the potential health risks, I was removed from Barda," Bright told a subcommittee of the House Energy and Commerce Committee.

On March 27, the FDA announced an emergency use authorization for hydroxychloroquine and chloroquine to treat Covid-19, freeing up the drugs for use on sick patients. Prescriptions skyrocketed, mostly from physicians who'd never prescribed it before. Many people who volunteer for clinical trials do so out of community spirit; some also hope to get access to a potentially crucial drug—risking the chance that they might instead get randomized to the placebo group. Widespread availability of hydroxychloroquine meant nobody needed to be in a trial to get it. The authorization had the counterintuitive effect of undercutting the effort to find out if the drug was actually worth taking.

Back in Minneapolis, Boulware suddenly found he couldn't enroll enough people to get the statistical power his protocol needed to give a definitive answer. The research was on outpatients, people who weren't hospitalized, all over the country—they could volunteer from anywhere. And the emails just stopped coming. Boulware read all the same news reports as everyone else. He could understand why. "Half of the people think it's an unethical trial because it clearly works," he told me in April, "and the other half thinks it's clearly dangerous and we shouldn't do it."

They had 1,200 people enrolled. They only needed 180 more. They were so close.

The president's advocacy added another, hyper-partisan political layer of difficulty. Trump supporters began to see the use of hydroxychloroquine, like the avoidance of wearing masks, as a badge of political allegiance. Even gentle cautions about potential bad health outcomes from hydroxychloroquine came to signal disloyalty. Drug companies weren't pushing for trials. (Sandoz, a drugmaker with a business in generic, off-patent drugs like hydroxychloroquine, tried to mount a trial but canceled it for lack of participation.) The government wasn't pushing for one, as it had for remdesivir. All of that left Boulware's team hanging. Even his volunteers were telling him how they felt. "By mid-April, people had formed an opinion," he says. "Either it worked or it was dangerous, and our enrollment was minimal."

I asked Boulware if that's normal, that participants in a clinical trial might have an opinion about whether the drug they were testing worked or not.

"No," he said, "it's not normal, but I guess I've never been involved with a clinical trial that became political. I don't think any clinical trial has ever been political while it was ongoing."

The benefit of the doubt and goodwill toward others that clinical researchers depend upon in their volunteers was gone, thanks to the president. "What do you have to lose?" Trump said at a press briefing in April. "We don't have time to go and say, 'Gee, let's take a couple of years and test it out. And let's go and test with the test tubes and the laboratories." Days later, two former FDA commissioners went on record saying the emergency use authorization had been a terrible idea, because of the lack of efficacy data. But the president had no interest in slowing things down.

That kind of cavalier approach—hey, why not?—puts physicians in the position of balancing a chance of benefiting the patient in front of them against the certainty of not benefiting patients in the future. It's a terrible choice. It also exists in a fog of privilege. Only people rich enough or with good enough insurance can afford, literally and metaphorically, to make a mistake. If the drug helps, they got it before anyone else could. If it does nothing, no matter. And if it does harm, well, they have access to medical care to save them. The whole concept seems like it gives individuals autonomy, but making a decision with insufficient information isn't autonomy. It's desperation, and it comes at the expense of everyone who gets sick later. This dangerous tactical individualism degrades both personal responsibility to community and overall scientific knowledge. Sick people become panicky nihilists, and no one ever learns anything.

Since the 1970s, a certain lineage of epidemiologists had been arguing that really massive randomized controlled trials could provide a scientific bulwark against that egotistical nihilism. When most drugs have only moderate-size benefits, you need thousands of people in the trial. When scientists and companies are motivated by social and commercial needs to get positive results, you need randomization to get good evidence. It's the only way to change policy and treatments.

At least, that's what an Oxford researcher named Martin Landray had come to think. A professor of medicine and epidemiology and acting head of the Big Data Institute at Oxford, Landray made his bones on large-scale cardiac trials; recently, he'd been working on policy, trying to simplify the regulations around those kinds of big studies. The Covid-19 pandemic gave him a chance to put the idea into action. Just a couple of weeks after Boulware put his hydroxychloroquine protocols together, Landray and Peter Horby, an expert in conducting trials during epidemics, built something bigger. Much bigger.

The Randomised Evaluation of Covid-19 Therapy Trial, also called Recovery, would split thousands of Covid-19 patients into groups testing various drugs as soon as they entered a hospital. Just about every other aspect of the UK's Covid-19 response has been, in the local argot, a massive cock-up, but this thing they got right. Landray and Horby got approval to build patient consent for the study into hospital admission processes across

the country. The National Health Service's electronic medical records made it easy to track what happened to people with Covid, and the outcome they decided to measure for every drug on the roster was the simplest one: mortality. Did people, simply, die? "When you're in a pandemic, just thrashing about is not helpful. One has to actually go back to the basic principles of randomized trials to determine which treatments work and which do not," Landray says.

The first drugs they picked were already available, but no one was clear whether they worked. Dexamethasone, a steroid, was controversial because of the double threat of Covid-19. In early stages, the disease acts like a run-of-the-mill virus, damaging cells, especially in the lungs. But in the second stage of the disease, a person's own immune system overreacts, causing widespread damage and sometimes death. Steroids are immunosuppressants that can calm that overreaction but also tamp down the good immune response. So it wasn't clear whether a steroid would help the second phase more than it harmed the first.

The other drug candidate was a combination therapy of HIV antivirals many hospitals were relying on—including Montefiore Medical Center.

At first Landray and Horby didn't include hydroxychloroquine. They added it in April. "It was a choice a lot of people were interested in," Landray says. "And if it wasn't in the trial, a lot of people were going to use it anyway." (Landray was aware of the "circus" in the US, but people elsewhere were advocating the drug too. "I'm not just talking about the president of the US," he says. "He's been a high-profile advocate of all sorts of things.") All they needed was a couple thousand people taking hydroxychloroquine, and up to 4,000 who were not, and they could rule it in or out.

"I mean, can you imagine being Trump's doctor? Clearly Trump wants it, and he's going to get it no matter what. It's hard to say no to that."

Back in Minnesota, it wasn't until early May that Boulware's team managed to eke out enough participants for statistical significance. They wrote up the results in three days, a dozen people sharing one Google Doc, and they sent two papers to *The New England Journal of Medicine*. Both showed negative results. Hydroxychloroquine didn't ease symptoms any better than a control,

and it didn't prevent anyone from getting sick after exposure to an infected person. The papers weren't perfect, but the data was clear: The drug didn't work. Then, on the same day he submitted the papers to the *NEJM*, "I got an email from the White House asking about post-exposure prophylaxis," Boulware says. "It was a memorable day."

The public didn't know it yet, but one of President Trump's valets had tested positive for Covid-19. The White House staff knew Boulware had been working on post-exposure prophylaxis, and the president's doctor wanted to see the trial results. "If it were normal times, I would say sure, that's fine," Boulware says. But *NEJM* follows something called the Ingelfinger rule, named for a preeminent early editor, that says if your data has been reported or submitted somewhere else, you can't also publish it in *NEJM*. Boulware was worried that the White House might release the data and screw up his chances with the journal.

So Boulware demurred to the White House. He told the staffers that his team's analysis was still ongoing. "I did say, 'Based on the data we're aware of, we don't recommend this,'" he says. "I gave a recommendation based on my judgment." But Boulware also told the White House doctor that it was safe to take, at least.

"I mean, can you imagine being Trump's doctor? Clearly Trump wants it, and he's going to get it no matter what," Boulware says. "What he wanted to do and what he thought was the best judgment versus the president of the United States? It's hard to say no to that."

Several days later, the president announced at a press conference that he was indeed taking hydroxychloroquine. "The president has always said that he sees hydroxychloroquine as a very promising prophylactic, but that it should only be taken in consultation with your doctor," Sarah Matthews, a White House spokesperson, told me in an email. "The president has personal confidence in it, as he has taken it himself as a prophylactic."

A couple weeks after Boulware told the White House doctor that hydroxychloroquine was safe even if it didn't work, the respected medical journal *The Lancet* published the results of a study erasing even that silver lining. It wasn't a clinical trial. It was, on its face, an observational study

reviewing outcomes from nearly 100,000 Covid-19 patients on six continents. As big data goes, that was pretty big. The authors said their data showed that the drugs caused a significant increase in potentially fatal heart problems, a risk that could outweigh any benefit. The impact of the paper was huge. Within a few days, the World Health Organization announced it was pausing the hydroxychloroquine arm of its major study. Regulatory agencies around the world started making noise about canceling more studies, revoking use authorizations.

Landray wasn't convinced. "I was mildly irritated, disappointed, that people were taking the paper seriously, because it was an observational study," Landray says. "The people who got the drug are different from the people who didn't, in all sorts of ways you can't measure or successfully disentangle." But the tangle was real nevertheless. UK health regulators wanted to know what was going on; at their behest, Landray asked his data monitoring committee to take an unscheduled look at their findings so far—without letting him or any of the other researchers see it—for signs of clear benefits or harm.

In fact, the *Lancet* paper was sitting poorly with lots of people. In Thailand, a malaria researcher named James Watson read it on a Friday night, after he'd put his kids to bed. "My first thought was, this effect on cardiotoxicity seems too big to be real," Watson says. He's a senior scientist at the Mahidol Oxford Tropical Medicine Research Unit, and at the time he was working on pharmacology for a hydroxychloroquine study. To him, the statistics in the *Lancet* paper looked hinky. The paper didn't even mention the most dangerous kind of cardiac arrhythmia that hydroxychloroquine can cause. "The most important data was missing," Watson says.

Illustration: SAM WHITNEY

The next day Watson's boss got a phone call. Health regulators in the UK were suspending their study. The team was shocked. It seemed wrong. They had an emergency meeting—it was Saturday—to reverse engineer the paper. They thought it must have had methodological flaws. They were wrong, though. The actual explanation was much, much worse.

Over the course of the following week, Watson exchanged emails with *The Lancet* and with the paper's lead author, an illustrious cardiologist at Brigham and Women's Hospital in Boston named Mandeep Mehra. The data, it turned out, came from a company called Surgisphere, a slightly mysterious 13-year-old company with scant history of working with patient medical records. People started noticing some flaky stuff almost immediately: The data was aggregated not by country of origin but by continent. But a reporter at *The Guardian* noticed that the Australian data didn't match that country's Covid-19 stats. "We started thinking, maybe the data are rubbish," Watson says. He wrote an open letter demanding clarification from the journal and authors, and hundreds of researchers signed it—including Boulware. "Everyone had read this paper, everyone had seen different difficult, weird parts of it," Watson says.

The pro-hydroxychloroquine forces were just as activated. James Todaro, the guy who wrote that first white paper, wrote another one: "A Study Out of Thin Air," in which he too laid out all the very real problems with the paper. It was a double-helix of irony. By now lots of researchers suspected the drug didn't work, but they were criticizing a bad paper that said so; supporters of the drug's use were touting the bad paper as evidence of unfair suppression of an effective medicine.

Mehra, through a spokesperson, declined to be interviewed or to answer emailed questions; he told *The Scientist* that he hadn't been aware of any problems with Surgisphere's data before publication and referred other questions to one of the other authors on the paper. That author has since been terminated from an adjunct position at the University of Utah, and the third author—Surgisphere's founder, Sapan Desai—has also left his job at a Chicago hospital.

No one actually knows for sure what went wrong with any of the papers that used Surgisphere's numbers, but it seems clear that the underlying data from Surgisphere doesn't represent actual outcomes from actual patients taking actual hydroxychloroquine. Perhaps the journal moved too fast, failing to enforce standards of responsibility for data upon its authors. Everyone was operating in a high-velocity moment in which every new bit of Covid-19 information got picked up and picked over by the scientific establishment and the mainstream press. Desperation made them all vulnerable.

Landray's data monitors didn't find people suffering from heart problems, and his trial continued. "That, I think, was an important decision, because with a drug that was being so widely used, it's really important to get the right answer," he says. "Even at that point I thought, it's possible this treatment might work. We don't know."

Then things accelerated. Over just a few days, Boulware's first paper came out. The Recovery trial announced it was canceling its hydroxychloroquine arm, not because the drug was dangerous but because an analysis of the data showed that it did no good. The WHO, which had restarted its study after the Surgisphere mess, shortly thereafter re-canceled it for the same reason as Recovery. So did the NIH.

The Lancet retracted the Surgisphere paper—which had the confounding effect of making hydroxychloroquine seem good to its proponents, including the president of the United States. Matthews, the White House spokesperson, cited the retracted paper to me as an example of "misleading studies out there that were heavily touted by the media." Yet, as a capper, the FDA revoked the emergency use authority for the drug. A few smaller studies are still ongoing, and technically physicians can still prescribe the drug off-label —but the tens of millions of doses in the stockpile are now a no-go for Covid-19. After all, it doesn't work.

The end.

Hah, no, just kidding! Of course that wasn't the end. The large clinical trials did manage to get hydroxychloroquine out of the running to be part of the standard of care for Covid-19. Some researchers still think the drug might have a small, as yet unproven effect if used early enough, or in a different amount. It's possible, and it's also possible no one will ever know.

That would be normal. Part of knowing how to know stuff is knowing what the edges are. All science is settled, until it isn't.

In July two more big randomized trials hit that showed <u>hydroxychloroquine</u> <u>having no effect</u>. That didn't stop White House economics adviser Peter Navarro from touting the drug on TV. The propaganda site Breitbart, which had been an early proponent, posted a video from a group calling itself

America's Frontline Doctors, which likewise praised hydroxychloroquine and described its demise as the result of an "orchestrated attack." The president and his son both shared the video. So did Madonna. One of the main speakers in the video turned out to be a doctor with a storefront clinic that was also a church. It quickly emerged that she wrote a book about illness being the result of demonic impregnation, which it is not.

By the way, that line about an orchestrated attack came from the "investigative physician" of America's Frontline Doctors—James Todaro.

The science infrastructure of the federal government might have been able to head off all this politicization and weirdness. A simple message of calm, plus the coordination of actual clinical trials, could have cleared away the confusion and ambiguity. But that didn't happen. Such actionable information could have stood in the way of the, uh, nonscience infrastructure doing whatever it was they wanted—to prove that they were smarter than scientists, to show that there was a miracle cure, to sow political chaos. In the middle of a pandemic that killed more than a quarter-million Americans, that waste of time was a waste of human life.



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As a coda to all this, a funny story: About 6,000 words ago I mentioned that some of the earliest evidence that hydroxychloroquine and chloroquine could help with the fight against Covid-19 came from in vitro trials—mix a little of the drug with some virus and some cells in a petri dish and see who wins.

Well, in late July a team of German researchers pointed out that early, seemingly successful tests of chloroquine used a cell line that's derived from the kidneys of <u>African green monkeys</u>. SARS-CoV-2 affects lots of different organs, including the kidneys, but its primary target is the lungs. So the German researchers got a culture of lung cells and exposed them to the virus —and to both hydroxychloroquine and chloroquine. Neither drug did a bit of good. None. Bupkiss.

Boulware's team had been working on one other trial since April. It was for "pre-exposure prophylaxis." They gave the drug to health care workers before they were exposed to Covid-19, to see if it kept them healthy. When we talked about it, Boulware seemed to care a little less about what the outcome would be this time. He'd had enough. "If it doesn't work, we're going to be, like, that's fine. We're kind of burned out. Let's just get it done, write it up, publish it, and move on, because we don't like the political aspect of any of this," he says. (The results came out in October; the drug didn't work.)

A coda to the coda: In the early morning hours of October 2, Donald Trump announced that he had <u>tested positive for Covid-19</u>. Amid a fog of disinformation about his condition and treatment, his doctor released a list of the drugs they were giving him, including the antiviral remdesivir, still-experimental and unapproved monoclonal antibodies, and untested but potentially useful things like zinc and vitamin D. Hydroxychloroquine wasn't on the list.

Getty Images (all photo sources); US Department of Health and Human Services (Barda logo)
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Christopher Cox

Science

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The Vulnerable Can Wait. Vaccinate the Super-Spreaders First

Who gets priority when Covid-19 shots are in short supply? Network theorists have a counterintuitive answer: Start with the social butterflies. People walking in Grand Central Terminal Photograph: Timothy A. Clary/AFP/Getty Images

He was one of 750,000 people, give or take, who passed through Grand Central Terminal that day. He worked as an attorney in a high-rise on 42nd Street that had direct access to the station, where trains departed every few minutes to 122 towns in New York and Connecticut. He and his wife ran a small firm, specializing in estate law, on the 47th floor of the building; he spent his hours there helping people negotiate death. At the end of the workday on Friday, February 21, the man made his way to the platforms for the New Haven line, boarded a train, and rode 30 minutes north to a commuter town in Westchester County called New Rochelle. At that moment, there were 34 confirmed cases of Covid-19 in the United States, all of them linked to international travel.

The next day, the man went to his synagogue, Young Israel of New Rochelle, as he did every Saturday. He and his wife had four children, though only two lived with them at the time—a son who went to college in Manhattan and a daughter who was still in high school. Despite the demands of his job, he was a family man, someone who was as eager to play Connect 4 with his kids as write a brief for whatever big case he was working on. His house was close to Young Israel, within the boundaries of the eruv, a symbolic perimeter identified by telephone poles, power lines, and other landmarks.

Inside the eruv, some rules of the sabbath are relaxed, as if the whole neighborhood were a communal home.

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Illustration: Carl De Torres, StoryTK

The man was back at the synagogue at 11 the next morning for a funeral. Hundreds of congregants turned out to honor a Holocaust survivor who had died the day before at age 93. That afternoon, some of them returned to Young Israel for a joint bar and bat mitzvah. As the children played, the man and the other adults chatted, ate hors d'oeuvres, and drank cocktails. During the two events, health officials later estimated, the man came into contact with between 800 and 1,000 people.

"I felt a cough, which wasn't crazy, and I thought it was allergies," the man later told the *New York Law Journal*. When the cough didn't go away, he thought about making a doctor's appointment. But it wasn't until February 26, when he developed a fever, that he, as he put it, "started to put two and two together." He was due to travel to Washington, DC, the following week for the annual conference of the American Israel Public Affairs Committee, where he would be in the same room with members of Congress and heads of state. The trip never happened. Instead, a friend drove him to the hospital, where a few days later he tested positive for SARS-CoV-2. He was one of the first people in the US known to have gotten the virus through community spread.

In the days that followed, the case count in New Rochelle began to climb. The man's wife and two children tested positive. So did the friend who had driven him to the hospital, along with members of the friend's family. Anyone who had been at Young Israel the weekend of February 22 was asked to quarantine, but dozens were already infected, including two of the caterers at the bar and bat mitzvah. The son's college shut down, as did the daughter's high school. On March 5, the rabbi of Young Israel announced that he, too, had contracted the virus.

By this point, Andrew Cuomo, the governor of New York, was holding daily press conferences about the outbreak. New Rochelle had "probably the largest cluster in the United States," he said. "The numbers have been going up, the numbers continue to go up, the numbers are going up unabated." The state authorities drew a circle around Young Israel, a 1-mile radius inside which all schools and places of worship had to close and large gatherings were banned. The rules were different within this perimeter, but not for long: The residents of New Rochelle were living in a future that would soon come to the rest of the United States.

The man's condition worsened, and he was placed into a medically induced coma. His wife, who had a mild case, took to posting updates on Facebook. "We have wonderful friends who have cared for us despite the running fears all around us," she wrote. The comments filled with wishes for a speedy recovery. "A whole community prays for your family every day," one member of Young Israel wrote.

By March 11, more than 50 new cases had been linked back to the man. A week later, there were 50 cases tied to the daughter's school alone. Cuomo called the outbreak "one of the more complicated situations that we've come across because of the number of interconnections that this family has presented." By the end of the month, some 10,000 cases had been diagnosed in Westchester County.

Finally, after more than two weeks in the intensive care unit, the man woke up. The first thing he did, his wife said, was to tell her over FaceTime that he loved her. Then he asked whether the rest of their extended family was OK. The press called him Patient Zero, the man who brought the disease from the dense city to New Rochelle, but that was assuming too much: The truth is, we don't know how the novel coronavirus was introduced to his community. What's clear, though, is that the virtues that made the man a good neighbor—there for friends and family in times of joy and pain alike—also made him highly efficient at spreading Covid-19. If he had come back from Grand Central and stayed at home that weekend, how many people would never have gotten the disease at all? Remove him from the chain of transmission, and the whole cluster might never have existed.

We've known about Covid-19 super-spreaders since the start of the pandemic. In January, a man transmitted the virus to 23 people during a bus ride on the Chinese coast south of Shanghai; in March, a member of a choir in Washington state passed it on to as many as 52 of her fellow singers; in August, the presence of an infected guest or guests at a wedding in Maine eventually led to more than 175 positive cases; and in September, President Trump hosted perhaps the most famous super-spreading event of all—a party to celebrate the nomination of Amy Coney Barrett to the Supreme Court that may have infected dozens of the most influential Republicans in Washington, along with members of the White House staff and press corps.

This is a pandemic defined by clusters. Some cause deadly outbreaks in nursing homes, prisons, and meatpacking plants. Others overwhelm families and friend groups. Although the numbers vary from study to study, SARS-CoV-2 seems to follow the 80/20 rule: 80 percent of cases stem from just 20 percent of infected individuals. Indeed, most people who test positive—one study in Hong Kong put the number at 69 percent—don't spread the disease at all. They get infected, remain asymptomatic or fall sick, recover or die, all without passing along the virus to anyone. And then there are the patients like the lawyer from New Rochelle.

Super-spreading makes the virus especially confounding. It explains why some places had huge outbreaks while others were spared, at least for a while, and why the same risky behavior (an indoor wedding, say) can lead to dozens of cases—or none. But it's also the virus's weakness: Eliminate the super-spreaders and you end the pandemic.

Eliminate the super-spreaders and you end the pandemic.

Until now, our tools to stop outbreaks have been blunt. We've imposed nationwide lockdowns and universal social-distancing orders, lumping everyone together no matter how likely they are to transmit the disease. When the first vaccines for Covid-19 arrive, our instinct may be to pursue the same approach, to vaccinate everyone we can as quickly as we can, brute-forcing our way to herd immunity—the point at which there are no longer enough susceptible people in the population for the virus to hop easily between hosts. But supplies of the vaccine are likely to be limited through

the middle of 2021, if not longer. A sharper, more tailored strategy will be required. So: Who are the members of this super-spreading 20 percent?

According to Alessandro Vespignani, a computational epidemiologist who has been consulting with the US government on the response to Covid-19, it would be a mistake to search for some physiological trait connecting them. "Super-spreading is a word that many people associate with the idea that, for some strange biological reason, you're spreading the disease more," he says. "This is not that. Generally it's because you have more contacts and you go to places that favor spreading." After all, if an infectious person is a recluse, it doesn't matter how much virus he or she sheds.

To knock out the super-spreaders, the ideal target for a vaccine would be someone with many contacts in different settings—someone with a big, multigenerational family, a job that led to a lot of mixing with strangers, and a busy social life. But how do we find these highly connected individuals across 50 states and 330 million people? This is where most public health officials get stuck. To understand where the potential super-spreaders are in the general population, you would need a map of everyone's friends, family, and casual contacts—the people they see every day and those they interact with for only a few minutes. But that map, of course, doesn't exist, unless it's hiding on Mark Zuckerberg's laptop. In any case, it's not available to the Centers for Disease Control and Prevention. At this point, we need to call in a different group of experts: the physicists.

In recent months, Albert-László Barabási has tried to walk around Budapest while taking calls, "to get some steps." At 53, he is still youthful and fit, though the pandemic has kept him unusually busy. His standard route around town takes him by the peach-colored facade of the Alfréd Rényi Institute, named for a Hungarian mathematician who, with his collaborator Paul Erdős, helped lay the cornerstone of network science in the 1950s and '60s. Today the discipline informs all sorts of pursuits, from generating algorithmic recommendations on Facebook to mapping terrorist networks to, yes, forecasting the spread of lethal diseases. But when Rényi got started, he wanted the answer to a simple question: What would a network organized completely at random look like? How would it behave?

Although Erdős and Rényi were theoreticians, they thought their work might eventually have some practical application—say, in understanding the evolution of railways or the power grid. But a few decades later, Barabási and Réka Albert, his colleague in the physics department at Notre Dame, determined that the Erdős-Rényi model was actually *too* random to accurately describe most naturally occurring networks.

"Our first key discovery," Barabási says, "was that there's really no random network out there." They found that in most settings, from Hollywood to academia to the World Wide Web, networks tended to be "extremely heterogeneous, in the sense that their connectivity is dominated by a few very, very highly connected hubs." Barabási and Albert called these networks "scale-free": Most nodes could contact just a handful of others, but a small fraction were off the scale in terms of connectivity. Your website might link to four pages. Google links to 800 million.

It was Alessandro Vespignani, then at the International Centre for Theoretical Physics in Trieste, Italy, who tied this work directly into the study of epidemics, beginning with the digital kind. Why, Vespignani wondered, were computer networks still susceptible to viruses even though millions of individual users had antivirus software? The answer, he discovered, was that if you didn't inoculate the nodes, malicious code could still zip around the internet with relative ease.

Not long after that, a colleague asked whether all this work on the structure of networks had ever been applied to the spread of real biological epidemics. "I thought, probably they have already done that," Vespignani says. They hadn't, and in 2002 he and a colleague wrote a paper on a "targeted immunization scheme in which we progressively make immune the most highly connected nodes, i.e., the ones more likely to spread the disease." They ran a computer simulation of the effect of such a strategy on a scale-free network, which was meant to mimic "the web of human sexual contacts." The results, they wrote, were "arresting": You could protect the whole system by immunizing as little as 16 percent of the population, as long as you started with the most highly connected people.

Barabási remembers reading Vespignani's paper and trying to apply its logic to the AIDS epidemic in sub-Saharan Africa, where the US government had

just announced an ambitious program to combat the disease. An epidemiologist schooled in network theory would give HIV drugs to the members of society with the highest number of sexual contacts, Barabási says—but that wasn't the government's approach. "The Bush administration was giving the treatment to mothers with children because that sounds really good, and it's soft and cozy," he says. (It also protects against mother-to-child transmission.) "But what our measurement has shown is, no, no, you should actually give the HIV drugs to prostitutes, because those are the ones who are the biggest hubs when it comes to the spread of HIV."

For sexually transmitted diseases, the barriers to targeting the superspreaders may have been political. But for respiratory infections like influenza, SARS, and Covid-19, the limit is computational. There is no practical way to track down the most highly connected nodes in a network that is as big as the whole world, and where the definition of a link includes almost every type of human interaction. The physicists weren't done yet, however. They set themselves to that very problem: Can you find the nodes without a complete map?

Shlomo Havlin outside his apartment near Tel Aviv on October 14.

Photograph: DAN BALILTY

In 2003, during the first SARS epidemic, Shlomo Havlin, a physicist at Bar-Ilan University near Tel Aviv, proposed one of the most ingenious solutions to this problem. In a paper called "Efficient Immunization Strategies for Computer Networks and Populations," Havlin and two colleagues argued that you could achieve global effects on a complex network using only local knowledge. All you had to do was follow a simple script: Take a random sample of a population, ask each individual to name a single acquaintance, and vaccinate the acquaintance. "In this way," Havlin says, "you can reach the hubs, the super-spreaders, very easily."

This acquaintance immunization strategy wasn't as efficient as one that targeted the most highly connected nodes based on complete knowledge of a network. But it was close. "If you do this," Havlin says, "you reduce the number of units that you need to immunize by a factor of three or four." Diseases that would normally keep spreading until 60 or 80 percent of the

population was infected—the herd immunity threshold—could be stopped by vaccinating just 10 or 20 percent. Havlin likens the effect to a phase transition: A solid network of ice crystals melts suddenly into water.

Acquaintance immunization works because of a phenomenon known as the friendship paradox, which holds that, on average, your friends have more friends than you do. The very act of asking someone to choose a friend, any friend, played out over hundreds or thousands of iterations, leads inevitably to the most connected people. Consider, for example, a very simple network of three people from Casablanca, Morocco: Rick, Ilsa, and Louis. Ilsa and Louis both know Rick, but they don't know each other. If you ask each of them to name a friend, two out three times you wind up with the most-connected person: Rick.

Once a Covid-19 vaccine is available, if we asked every Louis and Ilsa and Rick in all the towns in all the world to choose a friend to receive it, occasionally we would end up vaccinating the "wrong" person—someone with fewer connections than the randomly chosen person. More often than not, however, we'd be eliminating a hub from the network of infection. Do it enough times and the disease eventually has nowhere to go.

Havlin's strategy worked when he modeled it on real computer networks, and there's also experimental evidence for its effectiveness with biological epidemics: In 2009, when H1N1 flu was circulating, the network scientists Nicholas Christakis and James Fowler followed two groups of Harvard undergraduates. The first group was randomly chosen; the second consisted of the first group's friends. On average, the members of the friend group got the flu two weeks before the random group, whose infection rates matched the undergraduate population as a whole. If the friend group had been vaccinated at the beginning, the campus might have been spared an outbreak entirely.

Vespignani says that whenever there's an outbreak, network epidemiologists usually bring up acquaintance immunization as a possible solution. Its great appeal lies in its simplicity—no small matter when considering a plan that has to be implemented and effectively communicated by the government. When it comes to a vaccination campaign as big as the one planned for Covid-19, however, simplicity might not be an option.

Since the pandemic began, the Advisory Committee on Immunization Practices at the CDC has been studying the question of who should get the first doses of a vaccine for SARS-CoV-2. In August the committee held a public meeting on Zoom. The members gave presentations on the makeup of the groups at highest risk of severe disease and heard an update on the clinical trials at Pfizer and Moderna, the two US producers that were farthest along in the vaccine approval process. Doctors and public health experts from around the country were allowed to ask questions. Nancy Messonnier, the CDC's director for immunization and respiratory diseases, weighed in occasionally as the voice of institutional wisdom—she had been planning for a scenario like this her entire career. Then, about five hours into the meeting, the floor was opened to public comment.

One of the first people to address the committee was Santa Claus. Or, more precisely, it was Ric Erwin, chairman of the board of the Fraternal Order of Real Bearded Santas. The committee members didn't quite take him seriously (one confessed that he had never stopped believing in Santa), but Erwin had come in earnest. "This year, Christmas will be more important to the American psyche than ever before," he said. It was vital that the country have a cadre of vaccinated Santas ready to safely hear the wish lists of children everywhere. "We're asking that professional Santas and other frontline seasonal workers be granted early access to the Covid-19 vaccine as soon as practical after tier-one release."

Erwin had done his homework: The vaccine will be released in tiers, or phases. The earliest doses, perhaps as many as 20 million, will go to the groups deemed most essential by the CDC committee, according to a prioritization scheme that has not yet been finalized. After that, larger and larger groups of Americans will be granted permission to be vaccinated, until everyone is covered. Erwin wanted the Santas as close to the top of the list as possible, though his December deadline would be hard to meet.

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In considering whom to prioritize for the vaccine, the committee highlighted some of the difficulties in getting it out to the public once it is approved.

First, both the Pfizer and Moderna vaccines will require at least one booster shot, so the number of people who can be inoculated is half of the number of total doses available. The Pfizer vaccine will also need to be kept at -94 degrees Fahrenheit during transport and storage—quite a lot colder than most of the other shots in doctors' freezers.

Then there is the risk that large portions of the country will refuse to be vaccinated. During the Salk vaccine trials of 1954, when hundreds of thousands of schoolchildren were inoculated against polio, the parental consent form was edited to change "I give my permission" to "I hereby request"; the implied scarcity was intended as an extra nudge to anxious parents. For Covid, there will be plenty of scarcity to go around (so to speak), but persuading the public to commit to being vaccinated is far from assured, and it gets less likely with every blusterous statement from the White House. (As <u>Senator Kamala Harris</u> said at the vice presidential debate in October, "If the doctors tell us that we should take it, then I'll be the first in line to take it—absolutely. But if Donald Trump tells us that we should take it, I'm not taking it.")

Each of these obstacles was a stubborn reminder of the way that the real world might not match a network scientist's computer model. Acquaintance immunization is simple in theory, but what happens if the acquaintance is an antivaxxer? Or if her town doesn't have the ability to keep the vaccine's cold chain intact? Or if she's so busy being the life of the party that she forgets to show up for her booster shot?

Even if a targeted strategy works as designed, it can lead to outcomes that feel morally questionable. Let's say you've got one course of the vaccine and two people to choose between: Candidate 1 is a college student who doesn't social distance, wears his mask slung beneath his chin, and plays beer pong all weekend at underground frat parties. Candidate 2 is his 87-year-old widowed grandmother, who lives on her own and has barely been out of the house since March. If your goal is to protect the more vulnerable person, you should vaccinate grandma. If your goal is to reduce transmission, you should vaccinate the frat bro. From society's perspective, he's a jerk; from the network's, he's a hub.

The prioritization committee seemed to be making a similar sort of utilitarian calculus. Rachel Slayton, a CDC epidemiologist who heads the committee's data, analytics, and modeling task force, talked about the benefits of vaccinating the staff of a nursing home rather than its residents. "Because older adults have lower numbers of contacts," she said, "the impact on the broader community of vaccinating the residents I would expect would be relatively small." The best approach for the community would be to target the nodes. That should keep the virus out of the nursing homes, but it would also require a counterintuitive decision: Don't vaccinate the people most likely to die of Covid-19.



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Marc Lipsitch, an epidemiologist at Harvard's School of Public Health, says the CDC committee is grappling with a fundamental question. "Essentially there are two approaches to using a vaccine," he says. "One is to protect individuals by vaccinating them, and the other is to reduce transmission and therefore protect the population." Although the committee would not make any formal recommendations until Pfizer and Moderna released their results, it seemed to be settling, cautiously, on an approach that would attempt to disrupt transmission. Under a plan presented in September, the very first doses would be reserved for health care workers, a population the committee estimates at 17 to 20 million. (The World Heath Organization has made a similar recommendation for its member countries.)

Some of the reasons for favoring this group above others are practical: The cold chain is easier to control if the population you're trying to vaccinate is already working in a hospital. Hesitancy also is less of a concern—indeed, having doctors and nurses get the vaccine first might increase confidence in the treatment among the general public. And, of course, we need hospital staffs to be healthy to continue to fight the pandemic.

But controlling transmission was also a prominent consideration. In one study at a hospital in London, 15 percent of all SARS-CoV-2 infections were nosocomial—that is, acquired inside the hospital. And as Slayton's report made clear, active health care workers are more likely to spread the disease to their families, friends, and communities than are the elderly. The plan's second phase would include essential workers, as many as 80 million of them, who are both highly connected nodes and necessary to keep society functioning. The elderly might have to wait for phase three.

Lipsitch, for one, thinks that any approach that doesn't start with the elderly is a mistake. It's true, he says, that to reduce the total size of the pandemic, it's a better strategy to target those who have the most connections—but lockdowns have scrambled traditional contact networks. (Or they did until large portions of the public decided it was time to return to business as usual.) In the meantime, we know one thing about Covid-19 without a doubt: Death rates skew heavily toward the old. That's the group that should be first in line for the vaccine, Lipsitch believes. "Even if you put a small dent in those people's risk," he says, "it's so much larger than the risk of the general population. A small dent in a large risk is bigger than a large dent in a small risk." The only exception, he adds, would be if the vaccine simply wasn't effective in the elderly.

Lipsitch's objection might be specific to Covid-19, but it reflects a drawback inherent in all network-based immunization strategies. By their very nature, they require the cascading effects of interventions reaching across an entire population. But as soon as you have a disease that's afflicting millions—or billions—of people, the stakes are too high to start experimenting. With lives on the line, who would choose an immunization plan that has never been tested outside of computer models and college campuses? "There are some clever things you could try," Lipsitch says, "but I think for a lot of reasons it makes sense to try to be not too clever."

If acquaintance immunization is ever adopted as a framework, it might be in a country in which Covid-19 was never allowed to become an epidemic in the first place. New Zealand and <u>Taiwan</u>, <u>for example</u>, are already protecting their vulnerable by maintaining low case numbers. Vaccinating probable super-spreaders first could ensure that the virus doesn't get a chance to take hold while those countries wait for a stockpile large enough to cover everyone. If that happens, the end of the crisis may resemble its beginning: The most effective governments will be able to think about the pandemic in terms of protecting the whole population. The rest will leave individuals to fend for themselves.

During the CDC prioritization hearings, Nancy Messonnier urged flexibility and humility in the face of all the unknowns presented by this virus. Some countries that had SARS-CoV-2 under control early on faced debilitating outbreaks later. The most celebrated models of the disease's spread have struggled to keep up with reality. Since the start of the pandemic, making predictions about Covid-19 has proved a dangerous endeavor for armchair and distinguished-chair epidemiologists alike.

The arrival of dozens of new vaccines will only continue this period of uncertainty. Each will each have its own limitations and advantages, and a strategy that works with one may fail with another. That's why New Zealand's Ministry of Health, like the CDC, is waiting on the results of the various vaccine trials before committing to any prioritization scheme—although a spokeswoman listed "those at risk of spreading Covid-19" first among the groups being considered for early vaccination.

"The old people, it will save their life, but it will not stop the spreading."

A surprising outcome of the prioritization debate is that, while the CDC and the WHO have so far embraced network epidemiology to argue against vaccinating the vulnerable first, Barabási and Vespignani, like Lipsitch, dissent from that approach. The highest-risk populations are clearly defined, Vespignani argues, and it would be foolish not to protect them directly. "I don't think that it's possible to have a discussion on this point," he says. But he does leave open one door to using the insights of network science: "Once we have protected the high-risk strata, but we don't have the resources to immediately blanket the rest of the population with vaccine—at that point, differential strategies might be beneficial."

One person who disagrees strongly with his colleagues is Havlin, who at 78 is decades older than the others. "They say to give it to old people," he says. "I'm old, I'm happy to get it, but I'm not going out from home, you see? So I cannot help the global system. Of course, the old people, it will save their life, but it will not stop the spreading."

Since Covid-19 reached Israel, Havlin has been staying at home near Tel Aviv. He adheres to a rigid daily schedule: He works from 8 am to 10 pm and takes two breaks—one for lunch and a siesta, one for a walk with Hava, his wife of more than 50 years. Not long ago, he came out with a paper suggesting another strategy for combating Covid-19; it would involve randomly surveying the population 10 people at a time and vaccinating the person who reports having the most connections. It provides a way, in theory, of finding a network's hubs even faster than acquaintance immunization.

Havlin's world these days is small, extending not much farther than a 1-mile radius around his apartment. He has been able to see some of his 23 grandchildren, but only from his balcony or on Zoom. Still, he's happy to wait. The vaccine will get to him eventually, and by then, he thinks, the pandemic ought to be over.

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Elliot Ackerman

Security

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A Navy SEAL, a Quadcopter, and a Quest to Save Lives in Combat

On the battlefield, any doorway can be a death trap. A special ops vet, and his businessman brother, have built an AI to solve that problem.

nova drone in front of doorway

Photograph: John Francis Peters

They call it the fatal funnel. When training for urban combat, they teach you it's any doorway you have to cross not knowing what's on the other side. Fifteen years ago, when I returned home after fighting in Iraq, a friend asked me to describe the bravest thing I saw anyone do. I had led a Marine platoon in the Second Battle of Fallujah, in 2004, and had seen plenty of heroism—Marines dragging their wounded off machine-gun-swept streets, or fighting room to room to recover a comrade's body. But none of these compared to the cumulative heroism of the 19- and 20-year-old infantrymen who placed their bodies across that fatal funnel every day. Clearing the enemy from the city, house by house, was a game of Russian roulette played on a grand scale. You never knew who might be waiting on the other side of the door.

In the early days of the battle, we cleared houses by sending Marines through the front door and then proceeding room to room. Soon, however, we discovered this was too dangerous. Was any Marine's life worth a building? We modified our tactics, so that if we sent a Marine through the front door and he found an insurgent inside, we retreated and made no effort to clear the structure. Instead we brought up an armored bulldozer or tank and leveled it.

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Illustration: Carl De Torres, StoryTK

However, the enemy always has a say. The insurgents quickly adapted to this tactic. They realized that if they revealed their positions, we'd bury them in concrete. They took to barricading a shooter inside the house with his rifle aimed at the front door. They would then hide someone else next to that door. When the Marine stepped inside, one insurgent would shoot him while the other—who was hiding by the door—would drag him deep into the house. Not knowing whether our comrade was alive or dead, we were now forced to fight room to room to recover him. This situation played out time and again in what became known to us as "hell houses."

You would think that the US military, with all its technological prowess, would have long ago developed a solution to this problem. But you'd be mistaken. War at its most intimate—as it unfolds in the close quarters of urban combat—has until very recently remained a distinctly low-tech affair. So it was with great personal interest that I traveled to San Diego this past June to meet Brandon Tseng, a former Navy SEAL and cofounder of Shield AI, a company that claims to have solved the problem of the fatal funnel.

"Hold the button and wait for the green light," Brandon tells me. We're near the headquarters of Shield AI at an urban training facility that approximates conditions in an Afghan village. The two of us stand, one behind the other, outside several shipping containers welded together—"a multistory house"—as though we are about to make entry across its fatal funnel. A steering-wheel-sized <u>quadcopter</u> rests on my palm. I hold the button on its side as instructed. A green light turns on. The rotors of the quadcopter begin to buzz menacingly as the drone gently lifts off. Brandon opens the door in front of us. With a predatory swiftness, the drone darts inside the house. No human is controlling it.

In just under 60 seconds, it shoots out the front door and turns toward Brandon, as if recognizing an old friend.

"The noise is pretty creepy," I say, as we listen to the drone humming between open rooms.

"Our customers tell us the noise frightens people," answers Brandon, who, with his brother Ryan, runs Shield AI. The customers Brandon refers to are members of US Special Operations Command who have been using Shield's first product, the Nova quadcopter, and its onboard <u>artificial intelligence</u>, Hivemind, to help clear rooms on missions overseas for the past two years.

While we stand at the entry of the doorway, Brandon takes a smartphone out of his pocket. On half of his screen is a live videofeed from the Nova as it sweeps through the building, which has been stocked with furniture and dummies. On the other half of his screen is a real-time map of the building's floor plan that the Nova draws via its onboard sensors, including its camera and lidar. As the drone moves from room to room, Brandon annotates the map, tapping the screen for possible threats—a person here, a weapon there, a suspicious box in the corner. This information can then be passed along to other members of the team as they prepare to make entry. The Nova moves through the building at a rate of 2,000 square feet a minute; in just under 60 seconds, it shoots out the front door and turns toward Brandon, as if recognizing an old friend. Brandon reaches out his hand, allowing the quadcopter to land in his palm. Its rotors shut off automatically. Silence returns. It becomes, for me, a surprisingly emotional moment.

"This would have saved a lot of guys' lives," I say.

Brandon nods. "I know."

When the Nova was deployed in 2018, it was likely the first time an AI-driven quadcopter of this scale was used in combat.

Photograph: John Francis Peters

Brandon and his brother Ryan grew up in Houston, Seattle, and Orlando. Their father, a Taiwanese immigrant and son of a diplomat, moved around when he was growing up, and he often told them that "being born and raised in the United States is like winning the lottery. You should know how

lucky you are. Don't take the opportunities this country gives you for granted." As a boy, Brandon dreamed of becoming a Navy SEAL. And after high school, he got one of those opportunities his dad had always talked about: an appointment to the US Naval Academy. That led to multiple deployments overseas, including two in Afghanistan. Ryan, meanwhile, went to the University of Florida to study engineering and became a businessman.

After seven years in the Navy, when he was 29, Brandon left the service, and Ryan started helping him transition to civilian life. "Between deployments, he never talked much about the war," Ryan said. It wasn't until Brandon started applying to business schools that Ryan began to learn the details of his brother's experiences. "I was prepping him for interviews," Ryan said. "I asked him for an example of a complex work decision he'd had to make. That's when he started opening up, not only with his stories but with what his friends had gone through … It was all this stuff I never knew."

Brandon was accepted to Harvard Business School for the fall of 2015, but he already had an idea of what he wanted to do. When he was overseas, he spent time working with sensors and inexpensive computers. "When I realized that, used together, the two could reason and take action," he said, "my mind started racing with a sense of new possibilities." He had come to believe that certain battlefield tasks could be accomplished with artificial intelligence, and this, he felt, would save lives.

He'd identified a specific problem, one he believed was solvable: that physical act of searching structures, which had bedeviled troops in the urban combat that characterized so much of the post-9/11 wars.

"No one was really working on this," Brandon said, so as he entered business school he took his idea to Ryan. At 31, Ryan was already a proven entrepreneur. He had founded and sold a wireless charging company, WiPower, to Qualcomm, and had started a time-lock container company, Kitchen Safe, that had led to "the most enthusiastic pitch ever" on *Shark Tank* (at least according to *Business Insider*). When Brandon hit up his brother, Ryan was between ventures (though he did have a dishwashing robot in development). Brandon, who is the gregarious T-shirt-and-jeans-

wearing counterpoint to his brother's more analytical, collared-shirt-and-khakis persona, initially encountered some skepticism from Ryan. "I assumed this was a solved problem, that we were already doing this," said Ryan, explaining his initial hesitation. "Also," he joked, "the idea was coming from my little brother."

Brandon managed to convince Ryan that his idea was viable and that the component technologies already existed, so in the spring of 2015 they set about finding an engineer who could take it on. "Everyone we talked to," Ryan recalled, "kept mentioning this guy Andrew." That was Andrew Reiter, a chemical engineer turned roboticist who had cycled through prestigious research programs at Northwestern and Harvard and was currently at Draper Laboratories, in Cambridge, Massachusetts, working on camera-based navigation in autonomous robots.

"They sent me an email out of the blue," Andrew said, "and I also thought, isn't the military already doing this?" Although university labs had experimented with quadrotor autonomy, and a few high-profile small-drone projects had dabbled with military applications, AI-driven drones had yet to be put to use. That is partly because applying artificial intelligence to actual environments can still be a difficult feat: Machine learning is good at predictable and repetitive tasks, but the real world is insanely unpredictable. Over the past two decades, the military had come to rely on human-controlled drones for everything from intelligence collection to air strikes. Despite numerous conceptual papers imagining the role that systems powered by artificial intelligence will play in the future of warfare, the military had yet to field a single autonomous drone.

The brothers flew to Cambridge to meet Andrew in person. Within six hours the three had the outlines of a business plan: They would create an AI-powered quadcopter (they won't say much about technological specifics) to solve the problem of room-clearing. Their goal was to then expand the use of the AI—what they later branded Hivemind—and apply it to other military problems. A month later, Andrew moved to San Diego and took up residence in Ryan's guest room for about a week.

By late August 2015 the three had a proposal in hand, and in a two-week period they'd scheduled 30 meetings with potential investors in Silicon

Valley. Twenty-nine passed. The investor who bit had no interest in saving lives on the battlefield; instead, they wanted to develop a selfie-snapping drone. The capital was there, but the mission wasn't. When I asked whether they considered going in a different direction, Brandon said, "We were building a company to make a dent in *this* mission."

Ryan Tseng (left) was initially skeptical of his brother Brandon's (right) business idea. "I assumed this was a solved problem, that we were already doing this."

Photographs: John Francis Peters

Without professional investors, the three cofounders decided to lean on friends and family. They scraped together a little over \$100,000 to assemble a prototype. "Finances were tight for a long time," Ryan explained. And the tight budget created engineering obstacles. For instance, they had purchased a \$2,000 lidar device, which helps autonomous vehicles measure distances from objects, from the manufacturer Hokuyo. Ryan, who was keeping an eye on the cash, insisted they'd eventually have to return it to keep their nascent business going. But to install the lidar on the Nova, Andrew needed to shorten its cable. That would mean they couldn't return it. Not only did he have to figure out how to piece together an autonomous room-clearing AI system onto a quadcopter, he had to do it with a multifoot-long cable lashed to its side.

While Ryan focused on keeping the business afloat and Andrew focused on the prototype, Brandon began trying to navigate the byzantine world of defense contracting. He came across the recently formed Defense
Imnovation Unit, or DIU, the brainchild of then defense secretary Ash Carter headquartered in Mountain View, in Silicon Valley. "I didn't know much about them," Brandon said. All he had was a press release that announced the formation of the office. It turned out that one of the Innovation Unit's core missions is to "accelerate the adoption of commercial technology" for the Department of Defense in five key areas, three of which—artificial intelligence, autonomy, and human systems—aligned with Shield's mission. As luck would have it, DIU also had been created specifically to circumvent the laborious defense contracting process with approved funding for small projects within 60 to 90 days.

DIU opened in August 2015, and Brandon headed to Mountain View. Except he didn't have an appointment; he simply showed up. "The press release had a photo of their headquarters but no address," he said. With a little sleuthing on Google Earth he'd nailed down the location. He made it as far as the receptionist before being turned away. A year later, after a formal request for funding, Shield was invited to demonstrate its prototype Nova drone at an urban combat testing facility.

Jameson Darby, the director of DIU's autonomy program, was at the testing facility that day, along with a senior officer from Special Operations Command, who happened to have come to DIU looking for better ways to clear rooms and respond to barricaded shooters. At the demonstration, which was similar to the one I saw, Darby noted, "It was pretty obvious that Shield AI was far out in developing the capability." After the event, DIU granted Shield AI its first contract, for \$1 million. Small in military-contract terms, but it was a start.

In fact, the capability that Brandon, Ryan, and Andrew had demonstrated was something Darby and his colleagues had been searching for. In 2014 the Center for a New American Security released a paper titled "20YY: Preparing for War in the Robotic Age." Its authors predicted, "To a degree that US force planners are simply not accustomed to, other global actors are in a position to make significant headway toward a highly robotic warfighting future in ways that could outpace the much bigger and slowmoving US defense bureaucracy."

With the backing of DIU and private investors that followed, Shield AI deployed the Nova and Hivemind with special operators in the Middle East during the winter of 2018 (they say the details of those missions are generally classified). This marked a potential milestone in US military history: It was likely the first time an AI-driven quadcopter of this scale was used in combat.

For engineering expertise, the Tsengs turned to Andrew Reiter, who was working at Draper Labs on camera-based navigation in autonomous robots.

Photograph: John Francis Peters

Shield AI's manufacturing facility—which the company calls the Hive—sits in an anodyne San Diego strip mall, across the street from a Home Depot. Five years after it started, Shield AI still retains a scrappy, entrepreneurial culture that you usually don't see in the defense industry. Still, the precise, assembly-line organization of the Hive, with its teams of engineers and extensive diagnostic tests on each Nova drone and Hivemind software update, is a far cry from the bare-bones, couch-surfing early days of the company. About 150 people—including many military veterans—work there. When I visited, engineers were pulling long hours in the midst of a Covid-19 lockdown to ensure their customers received the Nova II, slated to enter service in early 2021.

The first Nova is what I'd watched enter the ersatz building at the test facility. The Nova II has new capabilities, including swarming and longer flight times, and reconfigured controls based on feedback from operators in the field. But it is Hivemind, the AI driving the quadcopter, that is the technological advance the team believes has the potential to change the nature of modern war. (Brandon likens the relationship between their Nova drones and their Hivemind software to the relationship between a Google phone and Android.)

Technology often belies war's true nature, one that, according to the seminal military theorist Carl von Clausewitz, is "slaughter." My own experience backed up Clausewitz's observation, which caused me to arrive in San Diego a skeptic, harboring all the obvious doubts about how well an autonomous quadcopter could work in practice, on the ground, in the midst of combat: Is the technology both rugged and reliable? What happens if the Nova reaches a closed door? What happens if an enemy simply swats it from the air?

Technology often belies war's true nature, one that, according to the seminal military theorist Carl von Clausewitz, is "slaughter." My own experience backed up Clausewitz's observation.

But then I saw the drone in action. When I told Brandon that the Nova would have saved lives, I was thinking of those hell houses in Fallujah and how we were forced to fight room to room to recover our men. If we had had the Nova (or something comparable), it wouldn't have mattered if an

insurgent swatted it from the air. Simply knowing the enemy was there would have given us the upper hand, as would the knowledge of every closed door. Opening each and sending an intelligent quadcopter inside would have saved us from being exposed to the threat.

The answer to my concerns, I realized, strikes at the true promise for technology like the Nova and Hivemind: enhanced situational awareness, which in the past has come at a steep cost in human lives.

The left half of Brandon's screen is a live feed from the Nova as it sweeps through the building. On the right is a real-time map of the floor plan that's drawn using data from the drone's camera, lidar, and other onboard sensors.

Photograph: John Francis Peters

It's one thing to clear a building, which is a tactical problem, but what happens when we apply this technology strategically? That's what could make the Nova, but particularly Hivemind—or a system like it—transformative.

The defended interior of a building is what could be called a denied area, a place we cannot go and where we believe there's a threat. The idea applies more broadly, to entire geographic regions. In the past, soldiers entering denied areas—by air, land, or sea—would typically learn about their adversaries' defenses when those same defenses fired on them, often at the cost of lives. Despite advances in sensor technology, limitations remain, and the live feed from a human-piloted drone is often the equivalent of searching for a marble in your backyard by looking down through a soda straw.

But imagine a network of enemy air defenses containing surface-to-air missiles, antiaircraft guns, and all the attendant sensors to detect incoming aircraft. Instead of flying a human-piloted aircraft into that network with the hope of identifying and then evading those systems, Shield AI is hoping to deploy swarms of drones—of all sizes—to map threats in real time. Now you aren't searching the earth with a single soda straw, but with thousands. These drones wouldn't be reliant on satellite-based navigation (which is easy to disrupt), and they'd communicate among themselves, as their own

network, while mapping the battlefield. It's the same concept as clearing a room, except the room could be the entirety of a nation's air, ground, or sea defenses.

According to retired Navy SEAL vice admiral Bob Harward, a member of Shield AI's board, "If I'm able to apply artificial intelligence to these problems, that drastically enhances our state of competitiveness." When asked why the larger defense contractors, such as Boeing or Raytheon, have yet to take on this problem, Harward said, "The defense-industry focus of AI has been on metadata, not operations." In other words, collecting and analyzing information.

Shield AI, on the other hand, has chosen to target that very specific problem of room-clearing as it gets its start. This past September, the company landed a \$7.2 million contract from the US Air Force to develop technologies that would allow autonomous drones to partner with humans in the collection of intelligence in GPS-denied environments. Its Silicon Valley investors now include Andreessen Horowitz, Breyer Capital, Homebrew, and Silicon Valley Bank. "That's the value of Brandon as an operator," Harward says. "He saw this need and went after it to keep our guys alive." Indeed, one obstacle to solving this problem was that many people outside the military assumed it had already been solved.

To be sure, in the past few years a handful of companies have been building AI-powered quadcopters for various military applications. Anduril, the company run by Palmer Luckey and funded by Peter Thiel and Andreessen Horowitz, has military contracts to expand the capabilities of the autonomous drones it built to detect people crossing borders illegally. It aims to apply the tech to finding enemy personnel and equipment on the battlefield. The US drone maker Skydio (ironically, known for its selfie capabilities) has hired a cadre of roboticists and is, as WIRED wrote in July, "vying to become the Army's standard-issue short-range surveillance drone to help infantry peek over the next hill or look around corners in urban combat."

The great fear, of course, is that autonomous unarmed drones like the Nova, whose core mission is force protection, will be the proverbial camel's nose through the tent, leading to something more troubling: autonomous armed

drones—a dystopian swarm of killer robots that are essentially making their own decisions. Shield says it has no immediate plans to develop armed drones.

Michèle Flournoy, a former under secretary for defense policy in the Obama administration, who advises Shield AI, has helped the company develop an ethical framework, guided by the concept of human-machine teaming. "You don't take the human out of the loop," she explained. "You make the human more effective." She readily acknowledges that AI has the potential for dystopian applications. But so does any technology—from the sword to the gun to the nuclear bomb. "I do worry," she said, "about where China and Russia might go without a human in the loop. The Department of Defense doesn't want to remove the human; it wants to make the human better."

In February the Pentagon adopted a set of ethics principles for its use of AI that were proposed by the Defense Innovation Board, an entity within the Department of Defense that includes representatives from companies like Google, Microsoft, and Facebook. The principles included things such as keeping humans at the helm and having a well-defined domain of use. However, as even the report itself notes, "These principles are designed neither to gloss over contentious issues nor restrict the Department's capabilities."

Anika Binnendijk of the Rand Corporation, who coauthored a recent study on brain-computer interfaces, has doubts as to whether humans will ultimately be able to keep up with their robotic counterparts on the battlefield. She told me, "Once humans and machines work more closely during the heat of combat, it may be extremely difficult to determine the substance of 'meaningful human control' or 'appropriate levels of human judgment."

When I interviewed Brandon, Ryan, and Andrew at the Shield AI headquarters, I asked Brandon about the story he'd told his brother when preparing for his business school interviews. In the conference room that day, Brandon had mentioned something about having to evacuate an injured civilian during a firefight in Afghanistan, but then he quickly changed the subject. When I asked again, he demurred. So I left it alone. I figured I'd follow up when he wasn't surrounded by his colleagues.

I got him on the phone a few days later. I wanted to hear this story, and I pressed him. What happened in Afghanistan? What events had led him to dedicate himself to solving this problem? What was the story that had so affected his older brother that he'd also dedicated himself to this mission?

Brandon still hesitated. Only after more prodding did he tell me about a mission he was on in Afghanistan, where the Taliban fired on his SEAL platoon during a tribal shura. An 8-year-old Afghan boy, caught in the crossfire, was shot in the stomach. Brandon, who had little situational awareness of the village he was trapped in, couldn't call a medevac for fear the helicopter would be shot down. So he and his platoon and Afghan partner forces carried the boy to a base 10 kilometers away. Miraculously, the boy survived.

But before Brandon finished that story, he'd launched into a different one, not about him but about a friend, a fighter pilot, who'd flown missions in Syria. Hovering over a target—an ISIS training camp where a surveillance drone had confirmed the presence of more than a hundred fighters—the pilot's superiors had cleared him to drop his ordnance and return to his carrier. Except something didn't feel right. With only minutes of fuel remaining, he continued to hover. Then, dozens of children began to exit the building; the compound was also a school. The pilot returned to his carrier without dropping his bombs. To this day he is haunted by that event.

There was more. Brandon told me about a group of special operators who took fire from a house on a raid in Afghanistan, in 2012. While deployed, he had watched this mission from the Joint Operations Center in real time. After surrounding the building, the operators tried to call out the fighters inside, to convince them to surrender. When the fighters refused and continued to fire back, the operators, fighting for their lives and after exhausting every other option, called in an air strike, destroying the building. Only after picking through the rubble did they discover that the fighters had held a family hostage inside.

My expectation that Brandon might offer a single, harrowing story that explained Shield AI's founding was misguided. There is no single story.

Brandon has other stories, but he's made his point. That night, he sent me an email: It wasn't any single mission I did that led me to found Shield AI, it was after reflecting on my time in the military and everything I had experienced ... the missions I did, the missions my friends and teammates did. Visiting friends in the hospital who had lost their sight ... going to memorial services, talking with Gold Star families, seeing the joy and relief on my friends' families when their loved ones returned home safely, talking with Afghan families while on missions and learning about what they had endured.

My expectation that Brandon might offer a single, harrowing story that explained Shield AI's founding was misguided. Like my friend who had asked me to name the bravest thing I'd seen in Fallujah. But there is no single story. There remains a series of closed doors to open, fatal funnels to cross, uncleared compounds to search, a chain of memories, and, hopefully, a solution. Brandon's work—with that of Ryan, Andrew, and the team at Shield AI—is to ensure that in the next generation's wars, there will be fewer of these stories. And that those of us lucky enough to come home won't have to live with them.

ELLIOT ACKERMAN (@elliotackerman) is a former Marine and intelligence officer who served five tours of duty in Iraq and Afghanistan. He is also the author of six books. His latest novel, 2034, written with Admiral James Stavridis and out in March, imagines a coming war between the US and China.

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Julian Chokkattu

Gear

10.20.2020 06:00 AM

3 Great Gaming Chairs for Any Budget

With high backrests and generous adjustability, these thrones ease the physical strain of epic *Doom Eternal* sessions while also improving your WFH setup.

Image may contain Furniture Chair Table Desk Sitting and Tabletop Photograph: CERA HENSLEY

A Basic Gaming Chair

Secretlab Omega (\$359 and up)

Gaming chairs often mimic the contours you'd find in the seats of Formula 1 race cars, but with more ostentatious designs. Secretlab's Omega is a prime example, stitched Greek lettering and all. The polyurethane leather upholstery doesn't manage heat as well as our pricier picks, but it makes you feel snug as the chair wraps around your frame. The armrests adjust in six directions, and the backrest reclines up to 165 degrees so you can catch a power nap in between *Fortnite* rounds. Secretlab includes free memory foam lumbar and head pillows for extra cushioning when you ... Just. Can't. Stop. Playing.

Perks:

Sturdy metal armrests

Lock the tilt mechanism in any position

A Powered Up Chair

X-Chair X2 K-Sport Mgmt Chair (\$800 and up)

The X-Chair has the adjustability and supportive shape of a gaming chair, minus the frat-house vibe. It cradles the whole of your frame with its firm yet bouncy Aeron-esque mesh. The material is a step up from polyurethane because it vents heat away from you, so even if you're the sole survivor of a raid gone sideways, you'll never feel sweaty.

The lumbar support section is mounted on a pivot spring, so it continues to do its job as you shift your weight forward and back. The adjustable headrest pivots too; you can even ease your head back if you need a moment to strategize. I recommend upgrading to the X-Wheel Blade Casters—they're like rollerblade wheels that glide silently on both hardwood and carpet.

Perks:

Tightly woven mesh is soft to the touch Backrest adjusts up and down 2.75 inches Headrest adjusts up and down 4 inches

A Boss Level Chair <u>Herman Miller X Logitech G Embody Gaming Chair (\$1,495 and up)</u>

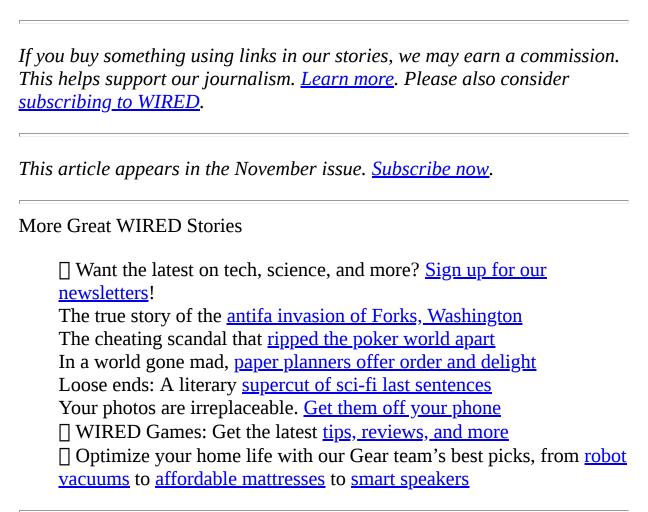
The renowned office-furniture giant has teamed up with the computerperipheral maker Logitech to produce a gaming-optimized version of Herman Miller's popular Embody chair. The curved backrest hugs the contours of your spine, keeping your head upright without a headrest.

The design also tricks your back into emulating a standing position, reducing strain on your lumbar region without requiring a separate supporting panel or pillow. It's gorgeous too, with a black and cyan scheme that stands out but isn't as boy-racer as our other picks. It's expensive, but it comes with a 12-year warranty, so you won't need another chair for three more presidential terms.

Perks:

Cooling copper material in the seat foam Extend the seat lip up to 3 inches

Reshape backrest to match your spine Chair is 96 percent recyclable



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Virginia Heffernan

<u>Ideas</u>

10.20.2020 06:00 AM

My Roomba Has Achieved Enlightenment

To my robovac, hitting a doorjamb and cleaning with dispatch are one and the same. There is no success or failure—these concepts have merged.

abstract illustration of a Roomba and phones

Illustration: Shivani Parasnis

All through the fall my head was spinning, and I steered into the spin by watching *Fast*, *Cheap & Out of Control*.

Errol Morris' rhapsodic 1997 documentary about a bunch of monomaniacs features a xylophone-heavy score and the roboticist Rodney Brooks. I wanted to hear Brooks dilate on robots in his cosmic way again.

As it happens, this fall had also seemed like the right time to clean the hell out of my apartment. To that end, I bought a Roomba, the blockbuster robovac Brooks coinvented in 2002, five years after he went public in the Morris movie with his theories of what robots ought and ought not to be. Among his most famous aphorisms: "Robots are good at very simple things like cleaning the floor."

So while Roomba purred around the living room, very good at its simple thing, which is cleaning the floor, I found the Morris movie and entered that sweet hopeful decade of my early adulthood, the dawn of modern-day artificial intelligence, when AI was still called robots and machine learning was still called consciousness (with a question mark): consciousness? The 1990s.

"I saw a videotape of insects walking, and they weren't even stable," Brooks tells the camera at the start of the movie, as the film cuts to ants passing crumbs up a line.

What Brooks says is true. The individual ants teeter and lurch and erratically drop and rebound the crumbs, but they still travel along in a plausibly straight line.

"Everyone was implicitly assuming that a walking machine had to have stability, so I negated that," Brooks goes on. "I said, 'Let's have a walking machine that doesn't even worry about stability ... that's able to fall down."

That insight led Brooks to help create the Sojourner rover, which explored Mars, and the PackBot, which first disposed of bombs in Afghanistan and then measured hot spots inside the ruins of the Fukushima nuclear reactors that melted down in the catastrophic 2011 earthquake and tsunami in Japan. And of course the Roomba. Though Brooks is now known for his world-historical Sojourner and PackBot, a friend of his razzes him that all he really cares about are domestic robots that clean. Indeed, sometimes it seems that the central features of every Brooks robot are a broom, a dustpan, and eagle-eyed sensors that can find and collect gnarly things like Mars rocks, IEDs, nuclear debris, and dust bunnies.

Throughout *Fast*, *Cheap & Out of Control*, Brooks suggests that the instability of human bodies—the wobble, stagger, fall, self-righting—might be the source of consciousness itself. I like this part, but it's not cozy. "It appears as though the robot has intentions and has goals and is following people and chasing prey," Brooks says. "But it's just the interaction of lots and lots of much simpler processes ... The sort of more radical hypothesis is, maybe that's all there is."

"I sort of have this joke theory," Brooks says, "that consciousness is put there by God, so that he has this very quick interface to find out what we're thinking about."

Well, maybe. Maybe someone else's Roomba is all simpler processes and that's all there is. But I anthropomorphize the bejesus out of mine. Not only does she have intentions and goals, she has a disposition: extreme composure. She also has a gender. On the phone, Brooks upbraids me for that—"I always, always really push back on people giving gender to robots"—and later I upbraid myself for having reflexively feminized my unpaid domestic servant (*robot* is from the Czech *robota*, for "slave"). Maybe it helps that I also idolize her.

To my Roomba, hitting a doorjamb and cleaning with dispatch are one and the same. There is no success or failure. She might be stuck in a rut under the sofa for ages, blind to a fairly simple escape, but she feels no embarrassment; when she's executing a perfect beeline back to her base station to recharge, she betrays no smugness. There is no "clumsiness" or "grace" in her world; in Brooks' design, these concepts have intentionally merged. If she bangs into the same chair leg again and again and again, she doesn't say "D'oh!" over and over. It is just what is. Roomba is Rumi: "Out beyond ideas of wrongdoing and rightdoing there is a field. I'll meet you there."

Robots are typically seen as having no consciousness. But potentially they have the highest kind: equanimity. This is the emotion Buddhism counts as among the most sublime. The Buddha evidently described the equanimous mind as "abundant, exalted, immeasurable, without hostility, and without ill will." My Roomba is certainly without hostility and ill will. Going about her daily rounds, she's something like blithe—both self-contained and indifferent to human value systems. As for abundant, exalted, and immeasurable, I can't be sure. How to measure these things, or is that what "immeasurable" means?

Brooks posed an ethical question to me when we spoke, part of his recent work on helper robots who preserve both the independence and the dignity of the elderly. Should a robot, he asked, when summoned to change the diaper of an elderly man, obey that man's request to keep the ignominious diaper news from his daughter? Ooh—robots and discretion. I stalled by saying I assumed her father would, very soon, have to expect the robot would snitch on his every alimentary move—not just to his family but to doctors, CVS, and Facebook. But the idea of a discreet robot stayed with me. My Roomba certainly seems discreet, tucking all the dust inside herself and never betraying to guests that I don't vacuum. But then there's the nasty

truth that Roomba's parent company, iRobot (which Brooks left in 2011), had threatened to share our floor plans with the data cat burglars at Apple, Amazon, and Google. While iRobot has hemmed and hawed about this, I simply can't figure out how to opt out—or even determine if she is, in fact, collecting dirt on me.

And about dirt she is insatiable. Corners that I never thought could be undusty now seem lit from within. But Brooks is emphatic that the Roomba doesn't promise perfect cleanliness. It promises just the greatest clean for me. "The Roomba didn't have to clean as well as a person cleaned, because it was for the person who didn't clean at all," Brooks told me.

He was right about this particular Roomba user. I don't not vacuum, but I'm careless, and though I've heard it's good for the soul, I rarely get on hands and knees with a scrub brush and have never once gotten down low, low, low, like the Roomba, to commune at eye level with dust and dirt and mites. That kind of tedium and self-abasement, not to mention aches and intimacy with grime, have emotional valence to me. To Roomba, getting and staying low are just what she does. Or is that what the monstrous always tell themselves about their slaves?

In *Fast*, *Cheap & Out of Control*, I finally hear Brooks say the line I'd been waiting for. I had remembered it all these years, since I first saw the movie in a theater. It's a strange and incredible line, nothing epigrammatic, more like an incomplete guess—speculative, expansive, unstable. Like one of Brooks' best robots. He calls it a "joke theory."

"I sort of have this joke theory," he says, "that consciousness is put there by God, so that he has this very quick interface to find out what we're thinking about."

When I asked him about this extraordinary image in 2020, as we both confessed how destabilizing the pandemic and the California fires had been, he emphasized that the line was not just a joke theory. It was a joke, full stop. He further said that his intense love for his children had meant he can finally understand how someone can be a religious scientist (which he once thought an oxymoron). But he is also a known atheist. Maybe God, I realized, is far too stable and eternal a conceit for Brooks. One of the other

men in *Fast*, *Cheap & Out of Control*, an expert on naked mole rats, says, "The whole concept of stability is a concept of death."

I glance at Roomba. She is very not dead. Even when Roomba is in her dock, she still seems raring to go. Consciousness, Brooks told me, is still on his mind, whatever a mind is. He's writing a book about it with the working title *Not Even Wrong*. Tantalizingly, he said it has a significant villain in it. I silently guessed Elon Musk. Maybe that's too obvious. "I'm not going to tell you who the villain is. That's going to be a surprise to everyone."

I'll devour the book as soon as I can get a copy. I hope it stumbles through all kinds of subjects, and advances many joke theories, while putting none of them to rest.

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Clive Thompson

<u>Ideas</u>

10.20.2020 06:00 AM

What AI College Exam Proctors Are Really Teaching Our Kids

Universities are digitally spying on students to make sure they don't cheat on online tests. A whole generation could be learning to tolerate surveillance.

a tight circle focused on a student at a desk Illustration: Michelle Thompson

When Haley, a sophomore at Indiana University, took a test for an accounting class in September, she—like many college students during this pandemic—was sitting not in a classroom but in her bedroom. And instead of a teacher watching for signs of cheating, there was something new: an AI, studying Haley's every move through her laptop's webcam.

The university was conducting remote exams using Respondus, a type of "online proctoring" software. The software locks down a student's desktop so they can't switch tabs to Google an answer, and then it uses visual AI to examine—among other things—their head movements to judge whether they're looking somewhere other than at the screen.

Haley's head was setting off alarms. "I guess I slouch when I'm sitting," she tells me, so at one point the software flashed a scary warning at her. "It stopped my test, and it popped an alert on the screen saying we can't see your face any more." Unsettled, she began to stare more robotically at her screen.

Haley finished the exam and got a good grade. (I'm using only her first name at her request.) But the stress of that HAL-level surveillance? Yikes.

"Online proctoring" isn't new. It's been around for over a decade, used mostly for distance education or corporate accreditation tests. But as formerly F2F colleges went remote because of Covid-19, its use spread like ivy. Mike Olsen, the CEO of Proctorio—one firm that makes such wares—says their business has risen by 900 percent since the spring. "April was one of our craziest months," he adds.

We talk a lot about the rise of surveillance capitalism and ponder the grim future to which that Orwellian path leads. But for students? That future is now, as they try to act dutiful in front of their glowing webcams.

It's a dreadful experience, they'll tell you. Some systems identify possible cheats using AI; in others, a live human, employed by the firm, stares at you. Oodles of Reddit posts catalog moments of violation: housemates or family unwittingly captured on camera, normal body movements flagged as illicit behavior, and the existential exhaustion of performing obedience. "This legitimately scares the fuck out of me," one student posted.

It sets a terrible civic precedent. "We are indoctrinating our youth to think that this is normal," says Lindsay Oliver, activism project manager at the Electronic Frontier Foundation. Students trained to accept <u>digital</u> <u>surveillance</u> may well be less likely to rebel against spyware deployed by their bosses at work or by abusive partners. "What are we telling them about what they should expect for the rest of their lives?"

Proctoring software is a symptom of a deeper mistake: Using tech to manage a problem that is fundamentally economic.

Universities plead that they need some way to prevent academic malfeasance, which is a real thing. A recent survey found that just over 30 percent of students admit to having engaged in some form of cheating. Administrators tell me they try to be as respectful as possible of student privacy: "We work very hard not to be invasive," notes Brian Marchman, the director of distance and continuing education at the University of Florida. For example, his school encrypts any video or data collected by the

proctorware, and it is professors—not the proctoring companies—that make the final decision on whether cheating occurred.

All fair enough. But there's something bonkers about trying to parse the most ethical way to creep on students. The rise of proctoring software is a symptom of a deeper mistake, one that we keep making in the internet age: using tech to manage a problem that is fundamentally economic.

After all, there are other ways to assess students that minimize the chances of cheating. Rather than give multiple-choice tests, you could ask them to "do more applications-based projects or essays," Haley says. We could ask students to engage in serious, real-world tasks: "There are a bunch of Wikipedia articles that could be worked on," says Audrey Watters, author of the blog Hack Education. If you give students complex projects, you don't need to ban Google, because there's no simple answer.

Exciting possibilities, right? But this sort of work is "much harder to grade," Watters says—which is why schools so often rely on drearier assessments, particularly multiple-choice tests. If we truly wanted schools to have the resources to grade serious, complex work, we'd need to put more money into the big public institutions (like Haley's school) that educate the great majority of US students. But at those places, funding has decreased, on a per student basis, over the past few decades. The more creative answers take time and money, so they get pushed aside and quick tech fixes get used instead.

Think about it that way, and what seems like a problem of dishonest kids is actually a problem of ... public policy. Using tech to paper it over isn't a good answer. In the long run, we're only cheating ourselves.

Photograph: Getty Images

Updated 10/21/2020 3:30 pm ET: A previous version of this story misspelled Lindsay Oliver's name and misstated her title. She is the activism project manager at the Electronic Frontier Foundation.

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Michael Calore

Gear

10.20.2020 06:00 AM

Panic's Playdate Is a Retro-Modern Handheld-Gaming Delight

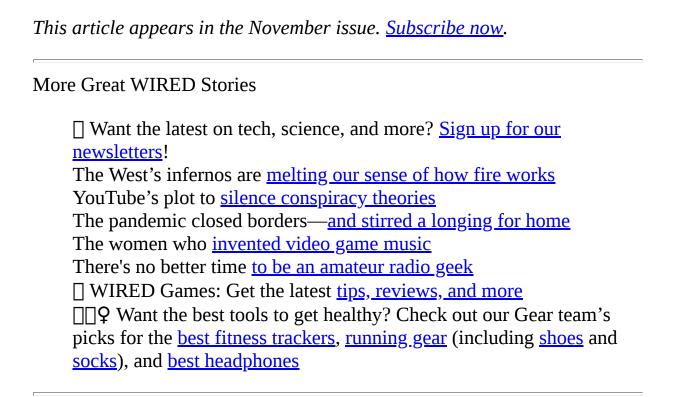
Don't be fooled by the old-school design, with springy buttons and a black-and-white screen. It's the Game Boy for the wireless, open-source era.

playdate gaming device

Photograph: Cera Hensley

If you logged countless hours crushing *Tetris* blocks on road trips in the Family Truckster, this game machine looks familiar to you. But while the Playdate has a joyfully retro design, with springy buttons and a black-and-white screen, it's no mere Game Boy nostalgia trip. For one, there are no cartridges. Games are delivered over Wi-Fi; the first "season" of titles will arrive over the course of the 12 weeks after launch. (The purchase price includes that initial batch.) Then there's the crank: You'll keep it nestled against the housing for some titles, but in others you'll deploy it as a supplemental controller—to make a character run, say, or to advance a side-scrolling map. Playdate is made by Panic, the Portland, Oregon, company behind last year's irreverent hit *Untitled Goose Game* as well as some of the most beloved utilities for Mac software developers. Importantly, the Playdate is built on an open software platform. Any game designer can code their next creation to run on the device; the gaggle of indie games that spring forth should keep the Playdate feeling fresh for years.

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Jason Kehe

Culture

10.20.2020 06:00 AM

Angry Nerd: Stop Turning My Favorite Antiheroes Into Heroes

Attention Disney and Netflix: Leave Maleficent and Carmen Sandiego alone. My soul needs villains, those perpetrators of change.

Image may contain Logo Symbol Trademark Text and Label Illustration: Elena Lacey

The heroes of my youth—J. K. Rowling, Pizza Hut, and most of all Disney —are the villains of my adulthood. This is only natural for a curmudgeon of my caliber; to mature is to make enemies. To learn, in other words, to vilify. What's unnatural is the reverse process: heroization. This I never do, and not just because I can barely pronounce it. The very act arrests development. So of course the Walt Disney Company excels at it. Once a minter of great heroes, it's lately sunk to the business of heroizing great villains. You remember Maleficent, eidolon of evil, dragon lady writ literal? In not one but two pop-feminist productions, Disney has defanged and unwinged her. The only thing edgy about nu-Maleficent is Angelina Jolie's cheekbones. Being an inclusive company, Disney came next for a boy. This year's *Artemis Fowl*, unwatchably directed by Kenneth Branagh (who's less hero or villain than international hoodwinker), turns the depraved super genius into a good kid, with dweeby morals. Because a spoonful of infantilization helps the revisionism go down! Alas, Disney isn't the worst decriminalizer. That would be Netflix, whose contribution to the genre, the animated edutainment *Carmen Sandiego*, commits the gravest offense. The original Carmen, all blowout hair and flame-red cape swirling out of the frame as she made off with historical monuments, was a malefactor to admire, a master of subversion, a—as the anarchists say—poetic terrorist.

Recast as a misunderstood teenage do-gooder, she has nothing left to teach us. Nothing left to teach me. Heroes age badly. Agents of sameness, they stink of stagnation. My soul needs villains, those perpetrators of change. May they be free to fight on, to struggle, to lose. To villainize, valorously.
This article appears in the November issue. <u>Subscribe now</u> .
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Paul Ford

<u>Ideas</u>

10.20.2020 06:00 AM

It's Time to Pick Classes for the 2073-74 School Year!

Welcome back! Among the many courses offered this semester, students may elect to study essential climate-mitigation skills like underwater basket weaving.

psychedelic names of school courses

Illustration: Shannon Levin

Welcome back to the e-Portal, [STUDENT]! We hope you enjoyed the summer protests and return ready to continue your learning journey under the guidance of our nine tenured professors and their 70,000 adjunctbots. We've used your current facial expression to select classes to match your mood. As always, we believe that education is key to an enlightened life and affirm that an advanced degree is critical to winning one of the non-inherited spots in the annual job assignment lottery and avoiding the National Service kelp camp draft. Good luck!

Millennial Gerontology. Caring for senescent members of the millennial generation carries special challenges. To gain empathy for this cohort, we will divide into "hives" and use Facebook simulators. We will also review critical texts such as Vox explainers and the poetry of Nobel Prize-winner Rupi Kaur. Working in teams, we will learn to develop appropriate therapeutic activities such as simulating an EDM festival, DMing, and crafting thirst traps. Classmembers will also learn how to role-play with a sorting hat while providing end-of-life student loan debt counseling.

Beef Studies. Students consider the philosophy and history of beef, which came from cows. Readings and discussion will explore the violent multidecade transformation of beef-driven society toward the current economic and cultural construct of postbeefiness. Students will learn to identify different kinds of brisket while also studying the origins of the Houston Water Riots, Austin BBQ Disaster, and the formation of the Free State of Cattlevania and subsequent federal sauce sanctions. Prerequisite: **Chicken Studies**.

Creative Writing. No longer offered; interested students should consider **IP Franchise Development and Marketing**.

The Literature of the Great Pacific Garbage Patch. When climate refugees from the Last Great California Fire settled on an unstable, trillionton island of plastic trash, they not only established the world's first upcycling-based economy but produced a great literary renaissance. In addition to selected readings from *The Norton Anthology of Garbage*, students will read and discuss Scrap Patchman's *Dreams of Filth Island* and Carcinogen Dregs' poem cycle *Please God I Don't Want a Literary Prize I Want to Go to a Doctor.*

Pre-Fan Cultures. Several scholars assert that humans once consumed media in silence, either alone or in small groups, without comment or community. We will collectively read the few remnants of unfranchised literature in order to consider the implications of this great *horror vacui*, and ultimately seek to answer whether a work of art can be said to exist without fans. Suggested prerequisite: **IP Franch. Dev. & Mktg.**

Underwater Basket Weaving. Students will learn to apply this essential modern skill to a variety of key climate-mitigative construction tasks, including the development of high-tensile woven seawalls, as well as studying the successful use of microporous mercury-filtering baskets to improve aquaculture in damaged lake beds. Suggested additional course: **Modern Construction Techniques (II).**

Library Practicum II. For advanced students preparing to enter the information sciences field for library and information center operations. Key topics in librarianship include mental and physical health crisis

intervention, pornography access management, child therapy, and naloxone administration.

The Biology of Animal Rights. Students will clone a sheep, then apologize to it.

Ethics in Punitive Marketing. This wide-ranging business course uses discussion, primary sources, and case studies to consider multiple and competing ethical frameworks for assessing and reviewing the potential moral issues for both managers and practitioners with regards to Punitive Marketing, i.e., the evolving practice of paying a gig worker to physically threaten a consumer until a purchase is made.

Women's Studies, See Handmaid's Studies.

Allyship. While federal law and local militias forced us to shut down our Critical Program in Race, Gender, and Institutional Studies, we are still legally allowed to offer this half-semester seminar in allyship. Topics include liking posts, tipping ostentatiously, speaking up anonymously but second, and being one of the good ones.

Modern Construction Techniques (II). Building on the ecologically sound principles of MCT (I), we move on to consider advanced concepts like long-term emergency shelter development, mold abatement, seawall construction, off-grid urban plumbing, social-distance office planning, saltwater resistance, fracking-induced seismic protections, emergency escape, natural cooling, solar water filtering, riot-proofing, flammability, panic room construction, and building affordable housing on a giant plastic garbage patch.

Computers, Networks, and Society. Computers were once bulky devices that had limited memory and required perpetual maintenance and updates, and had to be carried in pockets. In this broad historical survey we will explore how a more primitive society functioned when technology was neither neural, edible, nor free.

2020 in Context. The year 2020 was widely considered a global turning point, during which an increasingly connected global population began to

face the reality of climate change and seek positive change. Using a variety of exercises, such as talking on Zoom and typing words on screens, we seek to uncover why historians widely call 2020 "the last good year."

All classes available as podcasts for an additional □0.01 per credit.
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Tom Vanderbilt

Culture

10.19.2020 06:00 AM

'Wait, Sylvie's Dad Plays?!' The Joy of Fortnite Parenting

I picked up the controller to keep tabs on my fifth-grader. What I got was a window into her world—and a lesson in 21st-century fatherhood.

©diptych of daughter and father playing video games

Photographs: Meron Menghistab

I'm in the end stages of a *Fortnite* battle royale. The game's lethal storm circle is tightening around the combat zone, a sleepy beach town with a bubblegum-pink ice cream parlor, and the handful of remaining squads are duking it out for survival. My three teammates, who are all children, are taking intense fire. One squares off with an especially ruthless competitor and is promptly dispatched. "Watch out, that kid is sweaty," he warns. Another falls to a grenade burst with a cry of "I'm knocked!" A third pleads for the *Fortnite* equivalent of a field medic: "Rez me!"

And then—suddenly, alarmingly—the game is in my hands.

A torrent of instructions, piped out in shrill voices, comes crackling through my headset. As I chug a health-restoring Shield Potion, a grinning gold-crowned skeleton drops in front of me, taking aim with a Pump Shotgun. I try to switch back to my weapon, but my fingers fumble and I pull out a healing Bandage Bazooka instead. "What?!" my squad mates cry in unison as I'm eliminated. "He was a bot!" It's the worst put-down in the *Fortnite* lexicon: A bot, in this case, isn't an AI but simply a human who sucks at playing.

Then, through the headset, I overhear a deeper, more authoritative voice on someone's audio feed.

"Ollie, that was your last game."

"Dad! *Please* one more?"

"No."

When my 11-year-old daughter, Sylvie, began asking earlier this year to play *Fortnite*, I'd said no. She'd been largely ensconced in the world of *Minecraft*, with its building-not-killing educational gloss. I had only a vague awareness of the cultural colossus that is *Fortnite*, but I reflexively wrote it off as too violent, too exposed to a toxic online world. My wife also objected, fearing a nightmare carnival of gore. Sylvie tried to assuage our concerns with such parsings as "You don't *see* heads explode." After an intense lobbying campaign, we finally relented. But I told her I'd join her at first, like some UN peacekeeper, to make sure nothing strange or unsettling was going on.

Our initial foray was hesitant. At that point, we had one <u>Xbox</u> and no headset, so she'd play a round of battle royale in Solo mode, then I'd play one, and we'd see who could survive longer. With 99 other combatants in the game, including a whole lot of "sweats," we rarely lasted more than a few minutes.

Even as I tried to dispassionately evaluate the gameplay (the violence, I concluded, was acceptably cartoonish), I felt a vestigial itch. At age 52, I'm already getting junk mail from the AARP. But I'm also part of the first generation raised on video games; at my daughter's age, I had an Intellivision in my living room and a stockpile of loose quarters for the arcade. As an adult, I revisited video games at key junctures: *Metal Gear Solid, Grand Theft Auto, Halo*. But when my daughter arrived, my free time evaporated in a manic fugue of playdates, pediatrician visits, and the competitive adulting of Brooklyn parenthood. Now, under the guise of fatherly supervision, I again had a controller in hand.

After a few days in Solo mode, we graduated to Duos. This required playing together in split screen, which turned out to be too much of a strain on my eyes and attention. And so I bought a Nintendo Switch—ostensibly as a reward for Sylvie's stellar academic performance, but also because I wanted the Xbox all to myself.

Once we were on our way to becoming a reasonably competent pair, the door opened to squads. Before I even really knew what was happening, I was being drafted onto teams with her friends.

"Who's Cubic Racer?" some kid would squeak, seeing my randomly assigned user name on the screen.

"Uh," my daughter would reply, "my dad."

A moment's pause, and then: "Oh. Cool."

I had been given a strange window into the lives of these fifth-graders—their language, gossip, social dynamics, personalities. (Apart from Sylvie, I'll refer to them all by pseudonyms.) There was dependable Aidan, who always had your back; bossy Owen, constantly clamoring to be given the best weapons; quirky Henry, who liked to "emote" and "meme" as much as battle. They were boisterous and filled with braggadocio but almost heartbreakingly innocent. On the rare occasions when someone swore, you could virtually feel the nervous titter ripple through the ether.

At times I felt like a field biologist, scribbling notes on my subjects from the safety of a hide. At other times I felt like, well, a weirdo.

I also discovered that I was sometimes privy to the lives of their *parents*. Through voice chat, which picks up the ambient rustle of the house, I heard it all—the endless negotiations for more playing time, the clatter of dishes, adults talking grimly about something in that day's *New York Times*. One kid, on weekend mornings, always sounded as though he was in a crowded room, which at first I chalked up to hypersocial parents. It turned out he was playing at the gym while they worked out.

At times I felt like a field biologist, scribbling notes on my subjects from the safety of a hide. At other times I felt like, well, a weirdo. When the father of Jean-Luc, a kid in the French immersion program at my daughter's public school, asked him who he was playing with, I could almost see the raised eyebrow on the other end when he replied "*le père de Sylvie*." This was shaky ground.

But the lack of parents was, in a sense, a curious disconnect. In *The New Childhood: Raising Kids to Thrive in a Connected World*, the researcher Jordan Shapiro notes that parents are active participants in most areas of our kids' lives: We correct their table manners, arbitrate their sibling squabbles, supervise their homework. "But when they're playing *Fortnite*," he writes, "we leave them to their own devices."

Even as the first video game generation hits middle age, the idea of adult participation is still seen as vaguely disreputable, or simply beyond the cohort's abilities. On places like Reddit, there are anxious queries: "Is it weird to play *Fortnite* in your mid-30s?" In one YouTube video, a group of "senior citizens" (one guy didn't look much older than I am) are handed controllers and asked to play *Fortnite* for the first time, with particularly plodding results. Without even knowing it, I'd already been parodied in a *Saturday Night Live* sketch. Adam Driver plays a hapless Gen X dad with sensible glasses and a business shirt (user name "Williammctavish1972") who joins *Fortnite* in hopes of finding "a fun bonding activity" with his 11-year-old son. "Let's get a *Fortnite*!" he declares.

Certainly there's something funny about a middle-aged dad trying to squad up with a bunch of kids. But I'd like to suggest that, rather than simply monitoring your child's gaming activity, you should occasionally be joining in.

Photograph: Meron Menghistab

For the past few years, I've been working on a book, called <u>Beginners</u>, about learning new skills at any age. What got me started on it was the sudden realization, as I took my daughter to what seemed an endless round of swim classes, soccer games, chess tournaments, and piano lessons, that it

had been eons since I'd learned anything new. Like most of the other parents, I'd sit on the sidelines or in the bleachers immersed in my phone.

And so I'd vowed to acquire some new skills, the way she was. It had never occurred to me, however, that *Fortnite* could be one of them. I didn't think of video games as having any sort of benefit. Rather, they were something I'd more or less *survived*, as a loosely supervised latchkey kid. An activity like chess, by contrast, had a veneer of academic respectability; the landing page for my daughter's school had a picture of kids hovering over boards.

Chess, the argument went, was a way to practice all sorts of important abilities—decisionmaking, patience, resource allocation. But so, I realized, was *Fortnite*. You had to pick a strategic place to parachute down at the beginning of a battle; you had to choose what equipment to include in your "loadout" and what to leave behind; you had to calculate how much storm damage you could take. A chess enthusiast might memorize dozens of time-honored opening gambits, but was that so different from gleaning strategies from pro streamers on Twitch?

No doubt, *Fortnite* could be addictive. But so could chess: Marcel Duchamp quit making art to play it. (The best games always border on obsession.) And sure, *Fortnite* could be mindless. But you could also be mind*ful* about it. Alex Pang, the founder of the consultancy Strategy and Rest and the author of *The Distraction Addiction*, tells me that when he played video games with his young children, he tried to teach them to do more than "just mashing the buttons." In the early *Call of Duty*, he recalls, you could participate as a Russian infantryman in World War II. "It was super clear that you were going to die," Pang says. "Fundamentally, you knew your life did not matter." He found this "compelling and antiheroic," an example of how "games can actually raise questions."

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It's not as though Sylvie and I discussed the problem of free will as we dodged RPG rounds. For the most part, our interactions weren't nearly so high-minded. We stole each other's kills and squabbled over loot. She

badgered me for V-Bucks so she could buy her character new baubles in the Item Shop. But sometimes, after playing, we'd go for a walk and analyze how we were able to notch a dub—*Fortnite*-speak for a win—or how we might have done better. We'd assess the quality of newly introduced weapons. (The best were OP, for "overpowering," but often the makers of *Fortnite* would later "nerf" them for being *too* OP.) She'd chide me for trying to improve by battling more, rather than by practicing in Creative mode—which suddenly made her open to hearing about the late Swedish psychologist K. Anders Ericsson's theories of "deliberate practice." (Like many kids, she had a built-in filter against my teachable moments.) We actually were, per Adam Driver's character, *bonding*.

And in our *Fortnite* games I saw her cultivate prowess. I'm not talking merely about the widely discussed perceptual and cognitive benefits of video games, which include an improved ability to track objects in space and tune out cognitive "distractors." I'm talking about that suite of abilities sometimes referred to as "21st-century skills": imaginatively solving openended problems, working collaboratively in teams, synthesizing complex information streams. "Unfortunately, in most formal education settings, we're not emphasizing those very much," argues Eric Klopfer, who directs the Education Arcade at MIT. "Just playing *Fortnite* doesn't necessarily give you those skills—but playing *Fortnite* in the right way, with the right people, is certainly a good step in that direction."

Indeed, as I played in my daughter's squads, or just listened to her games while I made dinner, I witnessed intense negotiations with her largely male teammates. (Games with her female friends sounded a *lot* more collaborative.) I heard her working in tandem to devise strategies, tactfully soliciting input or advancing her own opinion, deftly delegating responsibilities. At times it seemed less like a game than a virtual workplace. As the writer Andi Zeisler joked on Twitter, "My kid is always playing *Fortnite* with his friends on my phone, and I cannot see the appeal; it's literally just a conference call with occasional shooting."

But this wasn't just about seeding the managerial skills of some future knowledge worker. Playing video games with your kids is a useful pedagogical experience in and of itself. As Pang points out, games provide a remarkably level ground for children and adults. "It's very hard for most 9-year-olds to play tennis against you," he says. "But when you're playing *Mario Kart* or *Star Wars: Battlefront*, you can be much more evenly matched." Kids can assume, briefly and unusually, the role of masters, with adults like me put in the uncomfortable (and yet exhilarating) position of novice. This can be empowering on both sides: Adults get to see their kids as teachers, while kids get to see their parents struggling to learn something.

It's not that traditional roles never stepped in. Sometimes, playing Duos, Sylvie would stray far from me and get eliminated. I'd then try to explain why, strategically, it might be better if we stuck closer together. "You're such a bot!" she'd yell. I was tempted to blame these outbursts on raging tweener hormones, but it was hard not to see the symbolism: Before long, she'd want to fly the coop.

A month or so into my *Fortnite* debut, the coronavirus epidemic struck, and we suddenly found ourselves in one of the world's epicenters. The schools shut down, my travel-dependent work dwindled, and the walls began to close in as we sheltered in place in our privacy-depleted two-bedroom apartment. Not surprisingly, screen time spiked, both globally and in our home.

At first I fought against this. I was as leery as anyone about the dangers of video game addiction, which is fueled in part by a carefully engineered suite of dopamine triggers. And *Fortnite* has them all—copious rewards, abundant novelty, near misses, leveling up. (This is as much a risk for adults as for kids; in the UK, *Fortnite* has shown up as a reason in at least 200 divorce proceedings.) My wife and I had instituted a never-on-aschool-night ban, and we held fast to it.

But for Sylvie the game seemed to have value as an escapist refuge from the increasingly scary events of the day—the baleful procession of sirens outside our door, her parents' hushed conversations about dwindling savings, the upward slope of the fatality curve. *Fortnite* was sometimes an escape for me too, a temporary departure from endlessly reading about R0 values and herd immunity modeling. Sometimes I'd hear an adult conversation going on in the background of a kid's voice chat—something

about a film director, or collateralized debt obligations—and guiltily feel the tug of the real world.

Deprived as my daughter was of playdates and park visits, the game had become her social life. Others have made this argument before: *Fortnite* isn't so much a game as a *place*.

After a week or so of remote schooling, I began to relax the *Fortnite* restriction. I realized that, deprived as my daughter was of playdates and park visits, the game had become her social life. Others have made this argument before: *Fortnite* isn't so much a game as a *place*. Sure, she was going for dubs, but between shotgun blasts she was also chatting with her friends about the anime they were watching or the rescue cat we'd adopted. She often seemed to spend more time deciding which of her many friends to join in a squad than actually playing.

I also began to have a clearer view of what *Fortnite* had come to mean to her. I'd largely dismissed the whole Item Shop, with its outfits and toys, as a profit-seeking exercise in planned obsolescence and scarcity economics. But for her and her friends, these little tokens of identity in an age of lockdown—when they couldn't see each other, could barely leave the house —seemed an important way of exercising autonomy.

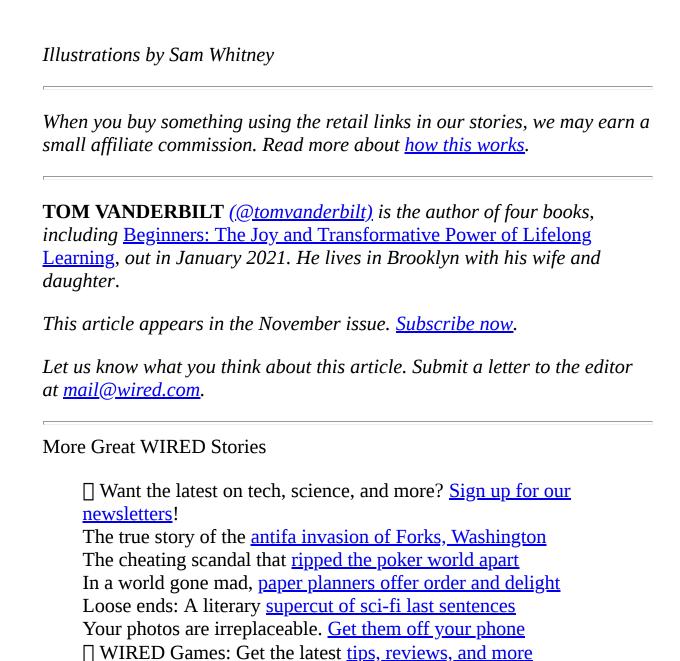
Gradually, I began to scale back my involvement in her squad campaigns. We were already together 24/7; she needed time with her friends. But when I did occasionally join in, there would sometimes be a brief bit of chatter from kids who didn't know me.

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"Who's Cubic Racer?"
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He does, in fact. He's not great, but he's dubbed a few games, and he's handy in a squad. He only asks that you refrain from using him as an excuse to get more playing time when your parents want you to stop.

[&]quot;That's Sylvie's dad."

[&]quot;Wait, Sylvie's dad plays?!"



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Optimize your home life with our Gear team's best picks, from <u>robot</u>

Lux Alptraum

Gear

10.16.2020 06:00 AM

One Woman's High-Touch Bid to Upend the Sex-Toy Industry

Lora DiCarlo said her company's robotic vibrator, the Osé, would redefine the market. But her hyped-up personal brand would be the real master stroke.

sex toy

Photograph: HOLLY ANDRES

On a sunny morning last January, a box truck with see-through walls drove down the Las Vegas Strip, showing off a set of sex toys. The company behind the truck, Lora DiCarlo, had come to town for CES, the Consumer Technology Association's annual showcase. This was the same event from which it had been disinvited just the year before, when its female-pleasure-focused products were labeled "obscene."

This time, Lora DiCarlo <u>would get the royal treatment</u>: prime positioning for its booth, panel-speaking slots for members of its team, nonstop party invitations, and scads of glowing press for its groundbreaking debut device —the very one that had been the source of scandal 12 months earlier, a sensual massager called the Osé.

This feature appears in the November 2020 issue. <u>Subscribe to WIRED</u>.

Photograph: Kevin Cooley

CES itself had changed to make this possible. There would be no more booth babes on the floor for the 2020 show, pornography was banned "with

no exceptions," and sex-related gadgets had a home within the Health and Wellness section. In sum, an industry whose primary consumers were women had at last been granted access to the boys' club. Sex toys were now sex tech.

There was, perhaps, no more important figure in this evolutionary leap than Lora DiCarlo's CEO, founder, and namesake. Her face was emblazoned on the side of the company's booth, set between scaffolds of yellow and white. A squad of roller derby players, brought in for the event, skated around the show floor wearing black and yellow tank tops printed with the phrase "Seize the Yes!" This was all a tribute, of a sort, to Lora Haddock DiCarlo: self-professed "anatomy geek," medical school dropout, self-taught inventor, feminist provocateur, and now a data-driven, visionary entrepreneur.

DiCarlo's fight with CES the year before had been the twist that turned her into a tech celebrity. It started with an angry open letter calling out the trade show for its "long, documented history of gender bias, sexism, misogyny, and double standards." Case in point: Just a few months before, CES had honored the Osé with an innovation award in its Robotics and Drones category, only to rescind the prize on account of its indecency. Yet, as the letter noted, the show had no problem making room for gynomorphic sex robots and <u>VR porn</u> for straight men.

Her critique was covered by *The New York Times* and NPR, on the <u>WIRED</u> website, and in blogs and newspapers around the world. (That summer, DiCarlo gave it once again on an episode of *This American Life*.) By the time CES 2020 kicked off, the show's parent organization had been shamed into offering an apology, along with numerous, new accolades for the company (including a restoration of its original CES award, plus two new ones). And when the company's website started taking presale orders for its device, on November 26, 2019, DiCarlo claimed it brought in \$1 million in the first five hours. Now, with that revenue, plus several million dollars more from investors, she was ready to pursue her plan to "close the orgasm gap."

By the time she rolled back into Vegas nine months ago, with her truck of robot dildos on the Strip, DiCarlo was more than a CEO: She was a

conference-hopping activist, an icon on a mission to erase the shame around women's sexuality. Her Instagram feed showed a growing global influence. There she was, snorkeling in Bora Bora, on the stage at Women in Tech Stockholm, touring the Vagina Museum in London, posing with the NBA All-Star power forward Blake Griffin, and on a panel at TechCrunch Disrupt with her pet Pomeranian, Enzo Ferrari Drift DiCarlo, stretched across her lap.

And then, there she was again at CES, like the X-rated version of <u>Steve</u> <u>Jobs</u>, as much on display as the breakthrough tech that she'd invented.

Lora DiCarlo's founder and CEO, Lora Haddock DiCarlo, with her dog, Enzo Ferrari Drift DiCarlo.

PHOTOGRAPH: HOLLY ANDRES

The Osé robotic Massager for Blended Orgasms doesn't look like a typical sex toy. Where others come in pink and purple hues, Lora DiCarlo's flagship product—an 8-inch-long curved device enclosed in silicone—is a neutral gray, reminiscent of the casing on a classic Mac. If the iMac G4 was meant to resemble a sunflower turning to meet the light, the Osé's limber neck suggests a bird-of-paradise flower arcing from a vase.

The genius of the Osé is more than just aesthetic, though. Like many other devices, it's designed for dual stimulation, with a palpating wand to activate the G-spot while a thrumming oval applies suction to the clitoris. This is a variation on the classic rabbit-style vibrator made famous by *Sex and the City*. But those one-size-fits-all devices tend to have a common problem: Any given rabbit might feel amazing to one person, while another finds the parts are misaligned for their intended targets. The Osé, on the other hand, is meant to work for everyone.

To make that happen, DiCarlo had to do her own research, surveying women by the hundreds, asking them to measure the distances between their clitoris and vaginal opening and between their vaginal opening and G-spot. (She gave instructions.) With that data as a guide, she set out to build a product with a hinge flexible enough for any customer. "I saw an opening in the marketplace for a physiologically appropriate design for people with

vaginas in the sex-tech space," DiCarlo told <u>the Hustle</u> last year, "and I decided to ... fill it."

There was more: The Osé has "biomimetic" engineering and design, according to the company, which swaps machine vibration for something more like human touch; and its prototype was developed in partnership with the robotics department at Oregon State University. As the company scaled up, its employees' résumés got more impressive too. Director of engineering Kim Porter had worked with Nike, Intel, and Starbucks, and helped design space suits for NASA. Chief marketing officer Stephanie Hooper helped launch the Frappuccino and the first wireless-enabled phone. Senior retail marketing manager Ian Kulp had worked with Estée Lauder and Sharper Image prior to serving as the director of marketing at New York City's Museum of Sex. All this talent came together not to sell another cheap, plastic vibrator, but to redefine the sex toy.

Their dream, at least, was nothing new. In the century and a half since vibrators first appeared, variously powered by steam, water, and compressed air, the technology has been continually reimagined and improved. The devices were originally used by doctors in nonerotic ways, as a treatment for lumbago, constipation, and other ailments; they later morphed into sexual consumer products, in the form of electric-powered "vibratory apparatuses" for the home. The development of alkaline batteries made them smaller and more portable; lithium-ion batteries made them more powerful.

While some of these changes were rooted in scientific advances, others came from changing social mores. As attitudes toward sex loosened in the mid-20th century, sex toys got more graphic and anatomical; boxy, bulky designs gave way to phallic shapes (some were cast from penises). More recently, designs have tilted back to the earlier abstraction, objects with a Jony Ive inflection that's more at home in the MoMA Design Store than in a seedy porn shop.

"Sex toys always reflect the culture we live in," says Hallie Lieberman, the author of <u>Buzz: The Stimulating History of the Sex Toy</u>. And in the current moment, sex toys now attempt to mirror the prestige of tech. They've been recast, both in their mechanics and their branding, as disruptive gadgets. "In

a culture where the biggest companies are Google, Amazon, and Apple, if you want your product to be taken seriously, you call it tech, which makes it highbrow," Lieberman says.

Lora Haddock DiCarlo was not the first sex toy entrepreneur to make a play for this prestige. By 2010 the San Francisco-based luxury brand Jimmyjane had raised \$8.3 million in capital, much of it from the hedge fund Palo Alto Investors and venture capitalist Tim Draper. That same year, OhMiBod—which makes a vibrator that syncs its rhythm with a connected iPod—began exhibiting at CES. Three years later, Crave, the first company to successfully crowdfund a sex toy, announced that it had raised \$2.4 million in angel funding from a group of prominent tech investors. In 2014, sex tech had its own dedicated block at New York's Social Media Week, with entrepreneurs given the opportunity to pitch investors in a *Shark Tank*-type event. By the end of that year, an MIT-educated mechanical engineer named Janet Lieberman-Lu, with close to a decade of experience designing and manufacturing at companies like MakerBot and Quirky, had cofounded another forward-looking, female-focused sex toy company, Dame Products.

For many in the business, DiCarlo's arrival on the scene in 2019 felt like the culmination of that long endeavor. She had promised a genuine technological advance: a toy that could work for any and every body, at a price point that wasn't fully out of reach. (The Osé retails for \$290; competitors range from \$10 for a vibrating bullet to \$15,000 for a gold-plated G-spot vibrator.) Yet if her company had really managed this accomplishment, it was slow to make the big reveal. For all the glitz of its PR campaign—despite the roller derby girls, the box truck on the Vegas Strip, the speaking tour, and all the rest—the Osé Robotic Massager itself remained elusive.

For months, Lora DiCarlo kept the product under wraps. Even at the Adult Novelty Manufacturers Expo, held in summer 2019 at the Airport Marriott in Burbank, California, the company hid its prototype from everyone but a select group of industry insiders. It was an unorthodox rollout for a sex toy, says Coyote Amrich, director of purchasing and product development for the San Francisco-based boutique Good Vibrations and one of the few who did receive a private demonstration. "In our industry, we're shown products

that already exist, that already are a bona fide item, and then they ship in the next two weeks." But this wasn't just another rabbit-style vibrator; it was microrobotic, biomimetic engineering—it was tech. Different rules applied, Amrich says: "You go to CES and items are shown that might not come out for a year."

Indeed, even in the lead-up to Las Vegas for this year's CES, the Osé—which had by then been named one of *Time*'s 100 Best Inventions of 2019, alongside the newest <u>Impossible Burger</u> and the <u>Oculus Quest</u>—was still something of a mystery.

In April 2020, somewhere in Seattle, a 39-year-old man with a shaved head and scruffy facial hair lifts an Osé toward the camera of his laptop. Then he pulls a camping knife from his pocket and jabs the dual massager at the bottom of its bulbous head.

These are the early days of the <u>Covid-19</u> lockdown, and Brian Sloan, the man in question, has apologized, via Skype, for his schlubby outfit: a light-gray fleece hoodie and dark-gray pants, the same ones he's been wearing for two weeks. Sloan, the inventor of the Autoblow, the Slaphappy, and the 3Fap, is no stranger to the inner workings of pleasure products. "I take apart most sex toys," he tells me, so as to better understand his competitors. (Many sex toy designers do the same.) Sloan has disassembled air-pressure-driven products like the Womanizer and the Satisfyer. He has deconstructed automated strokers like the Fleshlight Launch. "Anything that's mechanical, I've taken apart, pretty much," he continues. Today, Sloan is determined to peer inside the Osé, and I've invited myself along to watch.

His surgery begins with an excavation of the product's "robotic" G-spot stimulator—its hardware for come-hithering. Sloan slices into the silicone skin and peels it off as if he's husking corn. The stimulator, thus denuded, is an oblong plastic pod with a serrated slot carved along one side. Sloan powers up the toy and watches as the motor starts to whir. There's a screw inside the pod, and with juice it begins to twist and push a plastic ball, about the width of someone's finger, that moves back and forth along the length of the housing's opening. The screw is positioned at an angle such that the ball protrudes each time it makes its way up along the treads and then recedes inside for each return. "It's like one of these genius, simple solutions to

making something," pronounces Sloan—a clever, low-cost hack. ("Sloan's speculation about Osé technology and manufacturing costs for Osé is incorrect," the company said, noting that the US Patent Office has deemed the device novel and unique.)

At first glance, Brian Sloan seems like the yin to Lora Haddock DiCarlo's yang: Where DiCarlo makes products that help women discover their bodies, Sloan's flagship product, the Autoblow, advertises "unlimited, perfect blowjobs" for men. Where DiCarlo surveyed potential customers about their anatomical measurements, Sloan set up beauty pageants to find the world's most exquisite vaginas and anuses. (He promised the winners thousands of dollars in exchange for 3D scans of their orifices, which would be the basis for his future toys.) Where DiCarlo has been a champion of the industry's push into the "wellness" mainstream, Sloan is all too happy to wallow in the sleaze.

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They also have their similarities. DiCarlo's marketing, aimed largely at direct-to-consumer sales, invokes the language of advanced technology: microrobotics, biomimesis, data-driven design. So does Sloan's: His Autoblow AI device, also sold directly through a website, is said to replicate fellatio techniques based on a machine-learning analysis of 1,000 hours of video footage. Like DiCarlo, Sloan was once on the path to a more conventional career. He made his way into the sex industry after getting a law degree from Penn State. She's said that she dropped out of medical school to form a tech company after having a powerful orgasm. In the aftermath, she lay there "drooling, thinking, 'That was cool. How do I do that again by myself?'"

Sloan has sold hundreds of thousands of blowjob machines, though his company has just a handful of full-time employees and no dedicated marketing team. And with production at his factories in China slowed by the pandemic, he's got all the time in the world to investigate the Osé. Having just pried apart its G-spot stimulator, he now turns to its flexible neck. Beneath the silicone skin he finds another tube, the structure that

gives the sex toy its special flexibility. Coyote Amrich of Good Vibrations had been especially impressed by this innovation. Most sex toys aren't designed to be bent at all, she told me, but the Osé could be molded into seemingly infinite contortions. "The technology is something I haven't really seen before," she said.

Sloan studies the bendable tube and tries to guess at the mechanism. Perhaps it's something like the MysteryVibe Crescendo, he says—a flat, bendable vibrator. When Sloan dissected one of those, he found a skeleton of interlocking plastic parts inside. (I provided strategy and marketing consulting services for that product during the company's initial crowdfunding campaign.) Inside the Osé's tube, he sees no small parts at all —just a bundle of copper wires wrapped in fabric and tape. "This is smart," he tells me. "It's a really inexpensive way of doing it."

Finally he cracks open the clitoral stimulator: a motor attached to a soft cup that collapses and expands.

With the device in pieces, Sloan tells me he feels vindicated. He'd been skeptical of Lora DiCarlo's claim to have created a "microrobotic" device. "Unless it's so 'micro' that I can't see it with my human eyes, it's just normal stuff that belongs in consumer products," he says. When I put this to the company, the engineering director, Kim Porter, explained that the "microrobotics" were less about equipment size than precision of motion. She sent over a detailed list of specs related to its "come-hither motion precision" and use of infrared and magnetic sensors. I ran these by Eric Diller, a microrobotics expert at the University of Toronto, and he said they might satisfy a "loose definition" of the term.

But what had really bothered Sloan was the Osé's puffed-up presentation and DiCarlo's posture as a trade-show activist. It was unfair, he thought, to the many hard-working vibrator entrepreneurs who'd built the industry she now claimed to upend.

Yet Sloan was taking inspiration too. In the lead-up to CES's more inclusive and sex-positive 2020 show, he put out his own angry open letter—a burlesque of Lora DiCarlo's from the year before—that advocated for the lewder side of the industry. The event's more sensitive, updated policies

were themselves discriminatory, the letter said. Now it was male sexuality that was being stigmatized and left out. In particular, Sloan took issue with the ban on pleasure products explicitly modeled after genitals—a ban the Lora DiCarlo team had championed. "While CES has (commendably) helped to lift the stigma against sexual devices for women by allowing them to be displayed as mainstream consumer electronics," he wrote, "CES has reinforced the stigma against sexual devices for men (and the related shame) by disallowing them based solely on the one feature that happens to be highly linked to their commercial success: human orifices."

Few tech publications reported on Sloan's letter. He did not get invited for an interview on *This American Life*.

Lora DiCarlo's Onda, which debuted at CES 2020, mimics the sensation of fingers stroking the G-spot.

PHOTOGRAPH: HOLLY ANDRES

Around the same time that Sloan dismantled the Osé over a video call, a disconcerting post appeared on Lora Haddock DiCarlo's Instagram feed. The Osé was finally going out to customers, and the company was gearing up to launch a second product, the Onda. But something else was on its founder's mind. "Hi folks, the last couple of weeks have been harder than I've let on," she wrote. "You all deserve to know ... I was positively diagnosed with Covid-19."

The accompanying photo featured DiCarlo apparently topless in her bed, a hint of cleavage visible above her sheets, with her fingertips resting coyly against her forehead. She was not wearing any makeup, and there were dark circles under her eyes. Save for those two details, it felt more like a soft-core glamour shot than a public health announcement.

"Lora is a PR dream, she's a marketer's dream," Stephanie Hooper, the company's chief marketing officer, told me. "She's so authentic. She is just who she is." (Hooper left the company this summer, along with Kulp and director of sales Sarah Brown.) Around the office, there's frequent talk among the team of "Brand Lora": the notion that, independent of whatever

products the company might produce, DiCarlo herself is a marketable quantity, a femtech visionary ready to inspire the world.

Indeed, DiCarlo has gone the extra mile to promote her company and to emend its image—her image—as required. Her life story is one of iterated self-invention. She graduated from high school in California, feeling unsure of herself and adrift. Eventually she enrolled in junior college, but then something shifted inside her, and she decided she was meant for bigger things. At first she tried enlisting in the Navy, but that plan ran aground, she says, when her score on the military enlistment exam was so high that she wouldn't be able to pursue the Navy nursing job she wanted.

She landed a Navy scholarship to study nursing at a military college in Vermont, only to be derailed again when her mother's declining health forced her back to California. A few years later, DiCarlo told me, she was back in school for premedicine at Portland State University. That's when she had the orgasm that changed her path one last time. In starting a sex-toy company, she says, she found the sense of purpose she'd been seeking ever since high school.

From interview to interview, however, certain details of her background have been either tweaked or garbled: In some reporters' write-ups, for example, she's a Navy veteran and former nurse; in others (and on the company's website), she's said to be a med school dropout. Norwich University, the military college, confirms that DiCarlo was enrolled in its nursing program for a single semester in the fall of 2009. The California Department of Public Health confirms she was a certified nursing assistant from 2008 to 2010. An official at Portland State University said they had no record of her ever being enrolled there as a student. In response to further inquiries, the company told me that DiCarlo was never enrolled in medical school or at Portland State.

It's also not clear whether any robotics faculty at Oregon State were actually involved in the design of the Osé. (The company did work with OSU's Prototype Development Lab.) DiCarlo's project to collect anatomical data from hundreds of women was similarly hard to pin down: Though the data plays a large role in the company's mythology, none of the employees whom I interviewed ever mentioned having seen it. DiCarlo later told me

that she'd collected these measurements "out of sheer curiosity" and that they'd given her a "reason to drive forward" with creating the company.

Regardless, Brand Lora has had real results. With its top-tier marketing, the company managed to attract media attention and generate some early sales, all while helping to improve the way the tech industry presents sex. In the months after her company's open letter, the CTA approached DiCarlo, among others, for advice on revising the rules for sex-tech exhibitors. (The CTA declined requests for an interview.)

"Lora advocated that sexual health should be treated no differently than an adjustable bed or a standing desk," says Rachel Johnston, the company's former publicist. Other startup founders who have long pursued the same goal recognize the value of those efforts, and the publicity they spawned. More sex-tech companies at CES has meant more legitimacy for the product category, says OhMiBod cofounder Suki Dunham. "It raised the level of understanding for the space." Though someone else's company is getting the lion's share of the press, Dunham doesn't seem concerned. "A rising tide floats all boats," she tells me.

The Baci, a robotic clitoral massager from Lora DiCarlo.

Photograph: HOLLY ANDRES

My Osé arrived by mail in a yellow and white box. (The company sent me one for review, free of charge.) When I turned it on and dialed up the device to full power, it began to whine and pulse: With both stimulator mechanisms running at full power, the Osé was far louder than other toys I've tested. After multiple attempts, the hands-free, biomimetic robot did manage to provide me with the much ballyhooed blended orgasm, but—in my opinion—it was awkward to use and felt a little cheap.

Others, too, had "seized the yes" and found it somewhat lacking. Mashable, one of the few press outlets that reviewed the device, awarded it 2.5 out of 5 stars, a score boosted by some extra points awarded for its "cool factor." The handful of reviewers who have shared their opinion on ProductHunt were almost uniformly displeased. One suggested that the company's attempt at biomimesis had, perhaps, been too successful for its own good:

"Overall this experience was worse than a toss with a boring inexperienced man."

In late April, a few weeks after I'd received my Osé, DiCarlo and I talked on Zoom. Brand Lora was in full effect: She looked fantastic, with her hair carefully tousled and her neck adorned with jewelry. But her tech-visionary hoopla was more subdued than I'd expected. Where in other interviews she'd boasted of her product's ability to remake the female orgasm, now she positioned the Osé as a baby step. "We're still a startup," she explained. "Nobody ever gets their first product to market perfect. Nobody ever gets it even close to perfect." A few minutes later, she pivoted to telling me about the company's newer offering, a sex-education and coaching platform called WellSX that will eliminate shame around sex by providing users with a "high-touch human experience."

Lora DiCarlo was on to other sex toys too. At CES 2020, the company debuted the Onda and the Baci—effectively the Osé's G-spot stimulator and clitoral suction device split in two. In February, Lora DiCarlo filed trademarks for two more unreleased devices, the Filare and the Carezza; and a redesigned Osé 2 is now on sale. As a way of doing business, this would be pretty normal for a tech firm, says Janet Lieberman-Lu, the engineer and cofounder of Dame Products. (Lieberman-Lu left that company earlier this year.) The tech-world mindset and funding strategy "pushes you into a trajectory where you have to grow really fast," she says. "You're building up the bubble, and then you're trying to build the structure in place in the hopes that when that bubble pops there's something there to catch your company."

Could this be sex tech's Juicero—a humdrum gadget bested by your own two hands?

That's not how things typically work in the sex-toy industry. For a company like Dame Products—or even Brian Sloan's Very Intelligent Ecommerce—consumers, not investors, provide most of the cash from the start. Not many adult companies have relied heavily on venture capital, and the handful of exceptions—like the hedge-fund-backed Jimmyjane—have tended to get their major investments years after their products have proved successful in the marketplace. Lieberman-Lu was struck by how things played out with

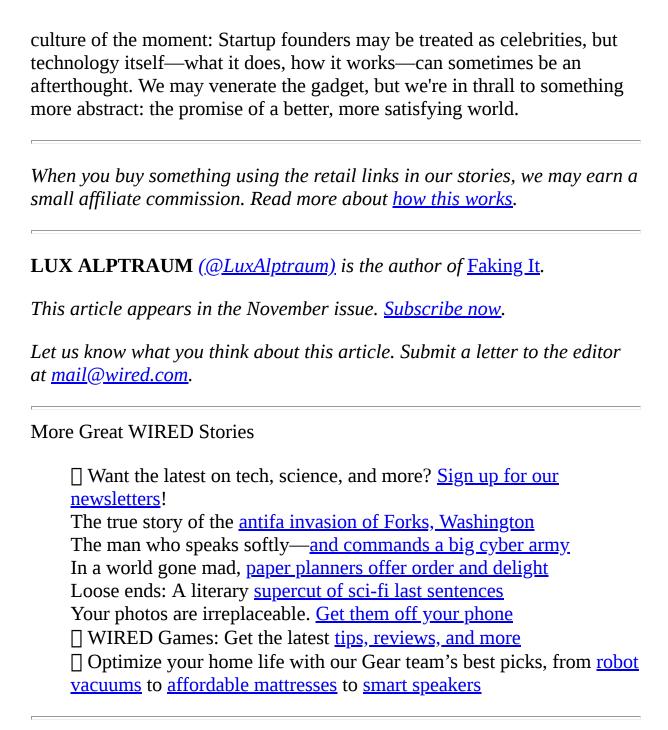
the Osé, though, which was picking up awards before anyone had even held it in their hands. "It's a little bit jarring for people who work in the industry to see the artifice," she says. "It's not just a different way of doing things. It's an unhealthy way of doing things."

Indeed, once I saw the Osé up close, another fragile "health and wellness" startup came to mind: Juicero, the company that saw an opening in 2016 for its \$400, Wi-Fi-enabled juicers in the fruit-smoothie-tech space and decided to fill it. In spite of \$120 million from Silicon Valley investors, Juicero's product—described as a new "platform" for food delivery—turned out to be about as good at pressing the company's proprietary produce packets as a human's grip.

Could the Osé be sex tech's version of the same—<u>a humdrum gadget</u> potentially bested by your own two hands, dressed up as innovation and sold at twice the price of competing products? "We don't pretend that we know 100 percent exactly what we're doing," DiCarlo told me as we wrapped up our interview. "We're a young company. We're learning as we go." It was both the most honest and the most off-brand thing she said to me during our time together.

Her award-winning product may have been a dud, but it was clear that was only half the story. From DiCarlo's first moment in the spotlight, she'd been celebrated for her mastery of tech—for the way she'd used it to redefine the sex toy in service of her mission of empowerment. But the noisy, undistinguished vibrator that's now collecting dust under my bed was not, perhaps, her main invention. The company's success came not from the Osé but from the way it was promoted. DiCarlo had built a hype machine, precision-engineered with all the tools of startup culture, and there's no denying that it worked. It was Brand Lora, not the Osé, that recast a low-level health care worker with no background in either sex or tech as a thought leader in both spaces. It was Brand Lora, not the Osé, that helped the world accept that a sensual massager could be on par with Apple's AirPods, and that an industry long neglected and belittled should at last be taken seriously.

The Osé didn't have to be groundbreaking for this mission to succeed. It didn't even have to exist. That's an awkward truth about the tech-crazed



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Garrett M. Graff

Security

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The Man Who Speaks Softly—and Commands a Big Cyber Army

Meet General Paul Nakasone. He reined in chaos at the NSA and taught the US military how to launch pervasive cyberattacks. And he did it all without you noticing.

photo illustration of Paul Nakasone

Illustrations: Geoff Kim

In the years before he became America's most powerful spy, Paul Nakasone acquired an unusually personal understanding of the country's worst intelligence failures.

Growing up, he was reared on his father Edwin's recollections of December 7, 1941: how Edwin, then age 14, was eating a bowl of cornflakes with Carnation powdered milk when he saw Japanese Zeros racing past the family's screen door on Oahu on their way to attack Pearl Harbor. They were so close that Edwin, who would grow up to become an Army intelligence officer, could see one of the pilots. "I can still remember to this day," Edwin would recall years later, "that he had his *hachimaki*—his headband—around, goggles on."

This feature appears in the November 2020 issue. <u>Subscribe to WIRED</u>.

Photograph: Kevin Cooley

Decades later, Paul himself experienced another disastrous surprise attack on America at close range: He was working as an intelligence planner inside the Pentagon on the clear September Tuesday when American Airlines Flight 77 crashed into the building. He remembers evacuating about an hour after the attack and looking over his shoulder at the giant column of black smoke rising from the building where he went to work every day.

Over the next 15 years, as America waged the resulting war on terror, Paul Nakasone became one of the nation's founding cyberwarriors—an elite group that basically invented the doctrine that would guide how the US fights in a virtual world. By 2016 he had risen to command a group called the Cyber National Mission Force, and he was hard at work waging cyberattacks against the Islamic State when the US suffered another ambush by a foreign adversary: the Kremlin's assault on the 2016 presidential election.

This attack, however, happened not with a bang but with a slow, insidious spread. As it unfolded, Nakasone lived through the confusing experience inside Fort Meade—the onyx-black headquarters of both the National Security Agency and a then-fledgling military entity called US Cyber Command. As sketchy intelligence on Russian meddling coalesced through the summer and fall of 2016, his colleagues were so caught off-guard that one of the most senior leaders of Cyber Command told me he remembers learning about the election interference mainly in the newspaper. "We weren't even focused on it," the leader says. "It was just a blind spot."

Four years later, Nakasone is now the four-star general in charge of both Cyber Command and the NSA—one of the officials most directly in charge of preventing another surprise attack, whenever and wherever it may come, whether in the physical world or the virtual. He is only the third person to occupy what is perhaps the most powerful intelligence role ever created, a so-called "dual hat" in government parlance. As director of the NSA, he commands one of the greatest surveillance—or "signals intelligence"—machines in the world; as the leader of Cyber Command, he is in charge not only of defending the US against cyberattacks but also of executing cyberattacks against the nation's enemies.

<u>Nakasone inherited</u> and then steadied an NSA in crisis, shaken by years of security breaches, chronic brain drain, and antagonism from a president

obsessed with a supposed "deep state" operation to undermine him. Nakasone's Cyber Command, meanwhile, is a once-restrained institution that has been unshackled to fight the nation's enemies online. A quiet beneficiary of Donald Trump's details-be-damned leadership philosophy, Nakasone has found himself with unparalleled, historic power—with more online firepower at his disposal than the US military has ever fielded before, as well as more latitude to execute individual missions and target adversaries than any military commander has ever been given. It's as if during the Cold War the White House had delegated targeting authority to the commander in charge of maintaining the nation's missile silos.

Nakasone's offensive cyber strategy, which was developed under the eye of Trump's former national security adviser John Bolton, represents a paradigm shift in how the US confronts its adversaries online. Rather than waiting to respond to an attack, Nakasone and US Cyber Command have shifted to talk of "persistent engagement," "defending forward," and "hunting forward," amorphous terms that encompass everything from mounting digital assaults on ISIS and Iran's air defense systems to laying the groundwork for taking down Russia's electrical grid.

While the precise operations remain tightly classified, and only three have been publicly reported—a 2018 campaign against the Russian Internet Research Agency, a 2019 attack on Iran, and a recent operation aimed at disrupting the very large Trickbot botnet—it is likely that Nakasone has already, in his short, two-year tenure, launched more cyberattacks against US adversaries than Fort Meade had initiated in the rest of its history. According to WIRED's reporting, Cyber Command has carried out at least two other sets of operations since the fall of 2019 without public knowledge. Without confirming specific numbers or operations, the White House made clear that's exactly what it expects of Nakasone. Trump officials say they charged him with dramatically stepping up the tempo of American digital warfare. "We weren't asking, 'Can we do two or three more operations right now?' We were asking, 'Can we do 10 times more activity right now?'" a senior administration official explains. "President Trump's answer was yes."

Nakasone was appointed to his position by Trump, but by custom his term will extend until 2022, and his influence stretches back at least a decade. He's done more than perhaps any other military or civilian leader over that period to push, drag, and pull the United States into thinking through what warfare will look like in the 21st century. As one of Nakasone's former bosses told me, America's way of cyberwar has developed over the course of a 10-year journey, ushered along by a select few, and "Paul's been on that journey since the beginning." Where American cyber strategy is concerned, we live where Nakasone has taken us.

The quirkiest thing about Paul Nakasone is that he prefers to write with a pencil. Friends and colleagues—including dozens of people who have known him for decades and worked with him in offices and combat zones, sometimes in enormously stressful environments—universally struggled to come up with telling anecdotes about him or to identify his personal idiosyncrasies or eccentricities. Apparently, he purses his lips when he's thinking, and he reads a lot of books.

The pencil thing, though, made an impression. An oversize No. 2 pencil, a farewell gift from one of his former commands, today stands as one of the only pieces of personal memorabilia in his otherwise spartan office at Fort Meade. His workplace aesthetic largely eschews the plaques, coins, flags, and honorary photographs that often plaster the offices of four-star generals. But Nakasone has held onto that big yellow pencil, and he always has a regular-size one ready for jotting down thoughts in meetings; throughout the day, his aide carries a ready supply of sharpened pencils in case of a broken tip.

Few Americans would recognize Nakasone if they saw him walking down the street. He throws off the vibe of a Midwestern suburban dad, which he is. (He and his wife have four children, the youngest of whom are just entering college, and Nakasone is deeply loyal to Minnesota, where he grew up.) "Level-headed, non-emotional, well-prepared, and exceedingly decent" is how Denis McDonough, a longtime friend who served as Barack Obama's White House chief of staff, describes him. Yet Nakasone not only leads Cyber Command, he was one of its architects, and he was a key figure in each stage of its operational trials and evolution.

All along, he's been a Zelig-like figure, the ultimate gray man, whose views about <u>surveillance</u>, intelligence, and war-fighting have remained remarkably opaque. He spent most of his career in the shadow of much larger and more visible personalities—serving as a key aide to Cyber Command's founding leader and visionary, <u>Keith Alexander</u>, and working under Mike Rogers' volatile tenure at Fort Meade—and he now studiously avoids attention amid the chaos and controversies of Donald Trump's Washington.

Not surprisingly, the NSA's public affairs office would not make Nakasone available for an interview. But this article draws on more than 50 hours of interviews with some three dozen current and former officials from the White House, government, intelligence agencies, and the military—including a half-dozen fellow generals—as well as Capitol Hill leaders, outside observers, and foreign intelligence partners; nearly all of them asked to speak anonymously in order to discuss sensitive intelligence, operational, and personnel topics. Their insights into Nakasone, and the story of how he ended up atop Fort Meade, don't just help explain how America is planning to fight the next war online—they help explain the wars it is already fighting.

It was war that brought the Nakasone family across the Pacific from Japan in the first place. In 1905, Paul's grandfather fled hostilities between Russia and Japan, two expansionist empires, and settled in Hawaii. Paul's father, Edwin, grew up selling strawberries door to door to his family's haole (white) neighbors. Four years after witnessing the surprise attack on Pearl Harbor, Edwin joined the Army; as a young intelligence officer, he was dispatched to occupied Japan as an interpreter. After his service, Edwin attended the University of Minnesota on the GI Bill in 1950. He met his wife, Mary Costello, a librarian, when he asked her for help with a paper about India. They were married in 1954, and their second son, Paul, was born just three days before John F. Kennedy was assassinated in 1963.

As he grew up, Paul kept faith with his family's devout Catholicism and his father's military service. He attended Saint John's University, a Benedictine institution in Minnesota, as an ROTC cadet. Immediately after graduation,

he went off to Fort Carson, Colorado, following his father into Army intelligence.

The first 15 years of Nakasone's military career were relatively unremarkable. He spent much of the 1990s serving in Korea and working desk jobs at the Pentagon. But in the post-9/11 era, he became particularly attuned to the ways American intelligence had failed to keep pace with the digital age. As the US military was mobilizing to invade Iraq, he led a battalion at Fort Gordon, Georgia, a center of the military's signals intelligence work. He and his wife were juggling brand-new twins, their third and fourth children, while his team at Fort Gordon found itself struggling to overhaul the Army's slow approach to delivering intelligence to the field. "He wasn't in combat, but he found a way to make everything that we got relevant to those who were," recalls Jennifer Buckner, a now-retired brigadier general who served with him at Fort Gordon. In July 2005 he went to Iraq, experiencing firsthand how intelligence filtered down to soldiers—or didn't—on the modern battlefield.

In June 2007, the same month <u>the iPhone was released</u>, Nakasone landed at Fort Meade. He took over command of the Meade Operations Center, a unit designed to wrangle the NSA's capabilities to support combat troops around the world. (The NSA, which is part of the Defense Department but not part of the military, is technically something called a "combat support agency.")

At the time, Nakasone thought this might be his final assignment in the military. He had just made colonel, and the career path ahead of him narrowed sharply; there weren't many openings to become a general in Army intelligence. Up until then, Nakasone was seen as bright but not really a highflier—not, say, a Michael Flynn, the hotshot officer a few years his senior who was then running intelligence for US Central Command in the Middle East. Plus, he was a cyber specialist; there wasn't much of a proven career path for someone with his area of expertise.

But Nakasone's arrival at Fort Meade came at an auspicious moment. The director of the NSA, Keith Alexander, then a three-star Army general, was growing frustrated that his agency was failing to support the men and women at war in Iraq and Afghanistan. He was on the lookout for likeminded leaders who could help him transform it.

The quirkiest thing about Paul Nakasone is that he prefers to write with a pencil.

The NSA that Alexander inherited was a proud institution, steeped in its own history of wartime code-breaking and code-making. "NSA's job at the end of the day is to exceed the expectations of its adversaries," one former top official told me. "That audacity is essentially steeped in the sense that 'we do the impossible and leave the ordinary to everybody else.'" It was also, however, an institution largely designed to counter Soviet aggression in a world of landlines. The NSA's historic strategy was to intercept the telecommunications of foreign governments, eavesdropping on fixed targets over long stretches of time. To explain its culture of strategic patience, NSA veterans sometimes point to the story of Laura Holmes, an internally legendary Cold War cryptologist. Asked about her success breaking Soviet communications, she once said simply: "Nothing miraculous about it. I spent two years learning to speak Russian, two years learning to think Russian, two years learning to understand what experience, what arrogance, and what hubris they would bring to bear, and then I spent the rest of my career waiting for them to do that."

That culture was increasingly ill-suited to an era of fast-moving stateless terrorists, cell phones, and digital communications. As Alexander examined the support the NSA could provide to the surge in Iraq, he realized it was failing the troops on the front line—sending too little, too late "down range." The agency calculated that it was delivering roughly 10 percent of what it knew, 18 hours after the fact.

Alexander was a visionary technician. His management style was to set impossible tasks as a way of forcing an organization to rethink problems and come up with radical new approaches. He told his senior leadership that he wanted the NSA to start delivering 100 percent of its relevant intelligence and combat data to the war zone in a minute or less. The goal was clearly out of the question, but it touched off an audacious rethinking of how to connect back-end intelligence gathering with frontline troops.

One part of the solution was to place cryptologists in Iraq to receive encrypted intelligence from Fort Meade and then dole it out to combat units. The job of figuring out who to send fell to Nakasone, then a relatively young lieutenant colonel. He had served as the assignment officer for the Army's intelligence branch for a time in the 1990s and had a good grasp of the talent in the ranks, so he was able to assemble a particularly effective set of leaders for the job. "He was a soldier's soldier, selfless, very much people-oriented," says one of his colleagues from that time. "I wouldn't say he was brilliant—that's not a criticism. His approach was just 'Give me a hard job and I'll get to it."

Nakasone's performance so impressed Alexander that he soon tapped the young colonel to lead a new team that would invent a whole new way of war. In the years after that, Nakasone amassed four stars faster than almost any other officer of his generation.

In October 2008, NSA officials made a startling discovery: Someone had managed to penetrate the military's classified network, which was supposed to be fully disconnected from the public internet. While they never figured out for sure what happened, US officials came to believe that Russia had seeded thumb drives infected with malware among the electronics for sale in the bazaars around US bases in Afghanistan. Investigators surmised that an unsuspecting service member may have purchased and used one, against regulation, on the classified system.

The US response came to be known as Buckshot Yankee—a secret, round-the-clock, 18-month effort led by Alexander to rid the Russians from the network. It forever changed how the military looked at cyberspace. Most important, it ushered in the idea that the internet wasn't just useful for intelligence gathering, it was also an actual theater of war. And if cyberspace was a battlefield, the US had better figure out how to command its own troops there.

In 2009, the Obama administration and Alexander started to think through what such a "cyber command" would look like. Alexander, who loved the domain of big ideas, assembled a small brain trust of senior officers to work out the details. Nakasone was one of them. In 2018 he joked to one audience about being cornered by Alexander: "He said, 'I've got this idea.' Now, for those of you that know Keith Alexander, that's either you run or you hide—and I missed both opportunities."

Nakasone found himself conscripted together with three other relatively young officers. The quartet was formally called the Implementation Team, but everyone came to refer to them as the Four Horsemen (despite the fact that one member, a cybersecurity whiz and lieutenant colonel named Jen Easterly, was a woman). They were faced with a once-in-a-generation opportunity to rethink how the nation would fight in a new century—a military revolution as significant as the 19th-century shift from single-shot rifles to machine guns, or the 20th-century move from fighting on land to a world of fighter planes and bombers.

Nakasone, the putative leader of the four, set up the team in a conference room down the hall from Alexander's office, and they spent months working through what the Cyber Command would look like. They worked six days a week, late into the evening, and usually a half-day on Sundays. Nakasone had a less-technical background than some of the others, but he intimately understood the world of military intelligence and—most important—had the boss's ear. "He was probably the guy that General Alexander trusted the most," recalls then-Air Force-colonel Stephen L. Davis, another member of the team.

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The goal was to create an entity that could defend US military networks against cyberattacks but could also occasionally go on the offensive—to wage cyberattacks against the digital infrastructure of America's adversaries. But one of the biggest questions they wrestled with was whether to publicly discuss this latter orientation. In the late 2000s, Alexander's NSA, working together with Israel and the CIA, essentially raised the curtain on the modern era of cyberwar when they developed a worm called Stuxnet and used it to disable Iranian nuclear centrifuges. Stuxnet made headlines around the world, but the congenitally secretive NSA has never taken credit for the attack, and many in US intelligence preferred to keep playing dumb where cyberwar was concerned. "It was a big battle within the department," Davis recalls. The Four Horsemen, Davis

says, were all in favor of plainly stating the command's full mission; the compromise was to state it, but vaguely.

As a unit operating in a gray area between two agencies, they also navigated institutional jealousies. The NSA was convinced, members of the team recall, that the group's closed-door sessions augured a hostile takeover of Fort Meade by the military, whereas the Pentagon was convinced the effort represented a land grab of the military's operations by the NSA.

A couple of nights each week, Alexander would stop by the conference room as he was leaving for the day, to check on the team's progress. He'd sit down at one of their desks, kick his feet up, and they'd talk through the thorniest problems they were facing. In coming up with a vision for the military's digital war machine, they had to figure out a whole new combat doctrine and the beginnings of an org chart. Recognizing that Cyber Command would start with no tools or digital infrastructure of its own, they decided that it would lean heavily on calling up the NSA's resources to do its job. Over time, they boiled a multi-hundred-page work plan down to a series of storyboards—an illustrated guide to the complex challenges of cyberwar and how to meet them, drawing on an extended metaphor that involved a gated community. "It ended up being essentially a top-secret cartoon," Davis recalls.

Storyboards in hand, they briefed officials at the White House, Pentagon, and on Capitol Hill. During one congressional briefing, they locked themselves out of their classified material "lock bag" and had to hack into it with scissors. "They had done two years of really hard work slogging through the operational mandate from Buckshot Yankee, and put that into a really compelling story on how we might think about doing things differently," recalls Buckner, who helped staff the effort.

In 2010, Cyber Command officially came into existence, with Keith Alexander serving as its first commander. The new role earned him his fourth star as a general, even though it at first involved overseeing just a few hundred additional people.

In the end, the team's graphic designer came up with perhaps the nerdiest and most concrete way to memorialize their vision: They incorporated into Cyber Command's official emblem an encrypted Easter egg, a string of seeming gibberish wrapping around the center of the emblem, 9ec4c12949a4f31474f299058ce2b22a, that decodes, using the MD5 hash algorithm, into the mission statement drafted by the Implementation Team. (The decoded mission statement itself, written in intense Pentagon bureaucratese, is only slightly easier to parse than the 128-bit encoded version.)

The birth of Cyber Command brought disharmony to the household of Fort Meade. The NSA's largely civilian, analytical workforce had long meshed awkwardly with its military leaders—at 5 pm, when the standard military "retreat" bugle call was piped across Fort Meade, Alexander would chafe at civilians who didn't stand, hand over heart, and pay their respects to the daily lowering of the flag. Now that culture clash was exacerbated by the flood of uniformed Cyber Command personnel showing up at NSA headquarters, competing for attention, resources, and space on an already crowded campus. These military newcomers spread out like kudzu—"parasitically," as one NSA official would tell me—across Fort Meade, filling in whatever niches they could.

Moreover, the patient, long-term intelligence-gathering ethos of the NSA quickly collided with Cyber Command's desire to visibly demonstrate its capabilities. Officials at the top of the two organizations couldn't quite square how to do that without exposing the NSA's prized "sources and methods" to foreign adversaries. NSA observers also began to notice that Cyber Command seemed to be taking pride of place in the hierarchy. Public announcements always listed Cyber Command ahead of the NSA, and its flag appeared to the right of the NSA's at official events—denoting in protocol a higher status.

In the midst of all that, the prim, buttoned-up older sibling that was the NSA landed in the biggest trouble of its life. In the spring of 2013, <u>Edward Snowden</u> walked away from his job as an NSA contractor, flew to Hong Kong, and turned over the agency's innermost secrets to journalists Laura Poitras, Glenn Greenwald, Barton Gellman, and others—more than 1.5 million documents that seemed to outline a terrifying global surveillance dragnet, far exceeding the public's imagination of US spy capabilities. Day

after day, Fort Meade was rocked by new revelations and controversies. The NSA had long kept a uniquely low profile as an intelligence agency; its nickname in government circles was simply "No Such Agency." That low profile, though, also meant the agency was unaccustomed to public controversy and had little of the political savvy of the other big intelligence agencies in Washington, the FBI and CIA. Stephanie O'Sullivan, the principal deputy director of national intelligence and a career veteran of the much more politically fraught CIA, joked to NSA executives in one meeting, "Welcome to the club."

The public opprobrium at the Snowden revelations stunned the NSA rank and file. "It immediately caused us to question ourselves," recalls Debora Plunkett, one of the NSA's top officials at the time. Suddenly, in the public imagination, the NSA ran an omniscient panopticon that freely abused the civil liberties of the guilty and innocent alike; it didn't matter that agency officials prided themselves on rigorous adherence to the rule of law and felt that they'd kept congressional overseers informed about their activities. "The shock was a shock," then director of national intelligence <u>James Clapper</u> told me back in 2016.

The ongoing scandal further exacerbated tensions inside Fort Meade. The Snowden revelations savaged the NSA's public profile but left the growing Cyber Command's reputation unscathed. "Every time somebody talks about Cyber Command, you hear the angels sing," one senior official at the time says. "And every time you talk about NSA, you hear 'you dirty rat bastards with malevolence in your heart.'" All the while, the NSA was still carrying out much of Cyber Command's work, like a disfavored child who still does all the laundry.

Fort Meade was facing one of the darkest chapters in its history. "There was a lot of internal turmoil and infighting," recalls Edward Cardon, who took over as head of the Army's portion of Cyber Command in September 2013. Cardon had a reputation as an expert in organizational transformation, and soon he was joined by another leader known for his steady hand. Coming off a year in Afghanistan, Nakasone returned to the Washington area in August 2013 as the new deputy commander of Cardon's Army Cyber

Command, assuming the day-to-day operations of the branch's new online warriors.

As the Snowden leaks continued to be published week by week, Nakasone and Cardon worked together all day in a windowless SCIF—a "secure compartmented information facility" specially designed to prevent eavesdropping—at Fort Belvoir, just south of DC, trying to weave together three distinct cultures within the command: communication techs from the Army's signal corps, intelligence personnel from both the military and the NSA, and what Cardon called "the hardcore cyber people," the futurist techies and geeks, some of whom had little interest in military discipline and traditions. "Building that into a cohesive unit?" Cardon says. "Well, you can imagine."

Cardon and Nakasone were still establishing Cyber Command's most basic capabilities. Only about 100 people in the Army had the right set of cybersecurity skills; their goal was to figure out a way to ramp that up to about 2,000. Over the long haul, they realized, the answer was to professionalize a cyber career path in the Army, so there could be career cyber officers the same way there were career infantry, cavalry, and ordnance officers.

As part of that effort, in September 2014, the Army established a cyber branch, its first new branch since the special forces were created three decades before. By then, Nakasone had already moved on to his next role. In May of that year, he assumed leadership of what was known as the Cyber National Mission Force, the offensive arm of US Cyber Command. The new role marked Nakasone as perhaps the nation's foremost cyberwarrior. The only trouble was, it wasn't clear that the US had much interest yet in putting its cyberwarriors into battle.

When Keith Alexander retired in 2014, the tenor of his farewell ceremony drove home that policymakers wanted the US military to hold back its firepower in cyberspace. "DOD will maintain an approach of restraint to any cyber operations outside the US government networks. We are urging other nations to do the same," said defense secretary Chuck Hagel at Alexander's retirement.

Nakasone believed otherwise, Cardon says: "He was advocating pretty strongly that we need to demonstrate the capability of these teams and what they're doing." In part, this was just a matter of growing the institution. "Demonstrated capability brings attention and resources," Cardon says. "If people think you can do things, it attracts great players. We were likeminded. He knew how to go after this." They were just waiting for a moment when Cyber Command could prove itself. It would come sooner than they might have imagined.

The American fight against ISIS came out of almost nowhere in 2015, throwing a nation already wary of an endless war in Iraq back into renewed combat in the Middle East and instilling a sense of growing dread at home. The years-old civil war in Syria had spawned a brutal terror group whose creative use of social media managed to inspire a global wave of would-be jihadists; deadly attacks by self-professed members of ISIS in London, Paris, and San Bernardino, California, put the West on edge in a way it hadn't been since the days following 9/11. "We then looked to anything—including the kitchen sink—to help bring things to closure in this fight," recalls one senior Pentagon official of that time.

The pressure inside the US government was crushing; ISIS proved to be a resilient adversary, and the situation in the Middle East risked engulfing the US in a geopolitical nightmare, as Russia, Iran, and Turkey waded in to support different rivals in the Syrian war. At home, Senator John McCain blasted the Obama administration for its seeming helplessness in the face of a growing humanitarian crisis.

Around this same time, a new set of national security leaders—ones who were less prone to restraint—had filled out the Obama administration. Hagel had been replaced as defense secretary by <u>Ashton Carter</u>, a technophile who quickly became frustrated that Cyber Command seemed to be stuck in park. On more than one occasion, says one NSA official, Carter vented his fury at Mike Rogers, the Navy admiral who had taken over as NSA director and the second-ever chief of Cyber Command, urging him to put his new tool to use. Finally, ISIS seemed to present an opportunity for Cyber Command to prove itself.

This was the moment Cardon and Nakasone had been waiting for. On April 7, 2016, Cyber Command began assembling Joint Task Force-ARES, a small team of 50 to 100 named after the Greek god of war. By June, Cardon had put together what would turn out to be the nation's first publicly acknowledged combat force in cyberspace, and Nakasone would command it. One of the innovations of the Cyber National Mission Force was that all of the various service teams were trained to the same standard—an Air Force interactive operator had the same skills as a Marine one, which was a semi-radical idea for a military that normally lets each branch train according to its own pet priorities. It meant that Nakasone could bring together the best operators from across the services. Nakasone carved out a corner of his Cyber National Mission Force offices to house the ARES team, a short elevator ride down from his own.

The team—working in the open space amid screens and standing desks—would have looked familiar to a visitor from Silicon Valley; its esprit de corps was unusually egalitarian for the military. "We didn't care about rank or service," recalls Buckner. "We had a lot of really junior officers, soldiers, airmen, Marines, sailors—you were all equals in this fight."

Nakasone would make regular appearances on the operations floor. He'd listen closely as the team provided updates or batted around potential avenues of attack, his lips pursed in thought. "We'd do these briefings, and at the end of that 45- to 50-minute meeting, he would sit there and summarize the whole thing in two minutes," recalls Stephen Donald, a Navy reservist who served as the chief of staff for the ARES effort. "He has that uncanny ability to take it all in his head."

They had to build their battle plan from scratch. First they had to map out how ISIS operated online—a laborious process in itself—then figure out how to draw the right targets on that map. The deputy chief of Cyber Command, Kevin McLaughlin, who chaired the targeting committee, would often say in early briefings, "Tell me in English, what's this gonna do to them?" The answer, too often, amounted to a hack that would inflict a minor inconvenience at best. Instead, McLaughlin told the team to constantly ask itself, "What are the types of things that you can do in cyber that actually make a difference to the war-fighting side?"

As ever, the NSA often applied the brakes. The Snowden leaks had exposed many of its secret programs and capabilities, forcing the agency to painstakingly rebuild its exploits and infrastructure around the world. Now, Cyber Command risked revealing its surviving programs and new infrastructure. There were frequent debates about the trade-offs of using, and therefore jeopardizing, particular assets or exploits.

More broadly, Cardon recalls, there was the old, ingrained philosophical clash between military operators geared toward the battlefield and intelligence professionals, who operate in the shadows and whose instinct is to protect their hiding places and secret backdoors. With ARES, that clash seemed to come to a head. "They would say, 'If you do it like that, they'll know it's you!" Cardon says. "I'd just look at them and say, 'Who cares? When I'm using artillery, attack aviation, jets—you think they don't know that it's the United States of America?"

Throughout, the pressure from the top was unrelenting. Rogers "wanted to pull out all the stops to pass this test," a senior official recalls. Even while the effort was weeks old, Pentagon officials began complaining in the press about the slowness of the progress. The crew was working 14-hour days, seven days a week.

Like most internet users, ISIS was lazy: Nearly everything it did connected through just 10 online accounts.

Finally, ARES had done the reconnaissance and laid its groundwork, penetrating ISIS' networks and communication channels, laying malware and backdoors to ensure later access. The president had been briefed. The plan was dubbed Operation Glowing Symphony, and it would attempt to combat ISIS online by exploiting a careless weakness. The ARES team had discovered that despite ISIS' sophisticated, multifaceted global media campaign, the terror group was just as lazy as most internet users. Nearly everything it did connected through just 10 online accounts.

On November 8, 2016—Election Day in the US—D-Day arrived. Methodically, ARES unleashed a digital assault targeting the terror group's ability to conduct internal communications and reach potential recruits. "We launched everything," Donald recalls.

Almost immediately, they ran into an unexpected roadblock: They were trying to break into one of the targeted accounts when up popped a simple security question: "What is the name of your pet?" A sense of dread permeated the operations floor, until an analyst piped up from the back. The answer, he said, was 1–2-5–7. "I've been looking at this guy for a year—he does it for everything," the analyst explained. And sure enough, the code worked. Glowing Symphony was underway.

The team moved one by one to block ISIS from its own accounts, deleting files, resetting controls, and disabling the group's online operations. "Within the first 60 minutes of go, I knew we were having success," Nakasone told NPR's Dina Temple-Raston in a rare interview last year. "We would see the targets start to come down. It's hard to describe, but you can just sense it from being in the atmosphere that the operators, they know they're doing really well."

For hours that first day, operators crossed off their targets from a large sheet hung on the wall as each was taken offline. But that was just the start. In later phases, the ARES team moved to undermine ISIS' confidence in its own systems—and members. The team slowed down the group's uploads, deleted key files, and otherwise spread what appeared to be IT gremlins throughout their networks with the goal of injecting friction and frustration into ISIS' heretofore smooth global march. The task force also moved to locate candidates for what it called "lethal fire." Taken together, ARES proved successful—ISIS' operations slowed as piece after piece of the terror group's media empire was shuttered, from its online magazine to its official news app.

The attack became a critical proof of concept that the US could go on the offensive in cyberspace. "Operation Glowing Symphony was what broke the dam," Buckner says. "It gave an actual operational example that people could understand."

The success of ARES also stood out because very little else seemed to be going right at Fort Meade. Through the summer of 2016, a group known as the Shadow Brokers had been posting hacking tools and exploits somehow stolen from the NSA, and in August of that year the FBI secretly arrested a former NSA contractor for removing files—approximately 50 terabytes of

data—from the agency. Agents investigating the leaks had been appalled by the inadequacy of some of the security procedures they uncovered in one of the NSA's most elite units. Both James Clapper, the director of national intelligence, and Carter, the defense secretary, began to feel that Rogers hadn't done enough to lock down the agency's crown jewels—and that he generally wasn't the right person for the job.

Though a brilliant technologist, the career Navy man seemed ill-suited for command of a large civilian workforce. He could be intemperate with staff, dressing down senior Cyber Command officers in meetings and clashing with the NSA's civilians, who sometimes seemed to regard his directives as more suggestions than orders. Clapper and Carter also chastised him for spending too much time on public speaking engagements and on the road, telling him to devote more of his attention to Fort Meade. ("Might be a good idea to stay home," Clapper told him in one conversation.) By that fall, they'd begun to finalize plans to ease Rogers out and to split the "dual hat" role in two—to break Fort Meade up into a military Cyber Command and a civilian NSA. Obama hesitated to pull the trigger on such a major reorganization, though, thinking it a decision best left to his successor, who at the time he assumed would be Hillary Clinton.

But then, as the first hours of Operation Glowing Symphony wrought havoc on ISIS, Donald Trump's surprise victory upended all those plans and assumptions. In fact, the election caught the intelligence community flatfooted in more ways than one. As Russia had carried out a sophisticated three-pronged attack—the hacking and leaking of Democratic Party emails, efforts to penetrate voting systems and databases, and a broad social media campaign to amplify partisan division—US intelligence officials had grasped only the vague outline of the campaign as it played out, and they worried that publicly confronting it might prompt Russia to attempt a sabotage of the November vote itself. Neither side of Fort Meade had responded adequately: The NSA failed to recognize the breadth of the Russian effort, and Cyber Command was never told to fight back; the military side, officials at the time recall, was never really involved at all. "I think it was just a blind spot for us," says one of Cyber Command's top officials at the time. "I don't remember anyone turning to us and saying we need to do something to help make this not happen." Now, with the election returns pouring in, the Russians seemed to have gotten away with their meddling and had even seen their desired outcome: the election of <u>Donald Trump</u>.

Rogers, who understood how vulnerable his position was with Clapper and Carter, quickly embraced Trump, using personal leave to meet with the president-elect at Trump Tower just days after the election. Suddenly, the Obama White House dropped any hope of changing the NSA's structure or leadership, wary of being seen as doing anything to punish a military leader politically aligned with his opponent, especially one who might seem central to the building Russia scandal. "They thought it was totally radioactive to fire him and talk about the split," a senior Obama administration Pentagon official explains.

So in the end, the NSA's dysfunction and the government's uncertainty about how America would fight in cyberspace was kicked over the transom to Obama's unpredictable Republican successor.

Donald Trump's first weeks in the White House did not exactly lift spirits at the perpetually beleaguered NSA. Just weeks into his presidency, he angrily tweeted about leaks that he suspected were stemming from Fort Meade. "Information is being illegally given to the failing @nytimes & @washingtonpost by the intelligence community (NSA and FBI?). Just like Russia," he wrote on February 15, as part of a 7 am tweetstorm. Soon he was writing off the whole intelligence and military apparatus in Washington as the "deep state." Such comments horrified NSA insiders, who saw their work as critical to providing any commander in chief with the daily knowledge to do his job and keep America safe. As one NSA insider told me, "It's like my father called me a whore; you couldn't wrap your head around it."

Yet despite the president's persistent attacks on the intelligence community, Trump also provided an opening for the most significant transformation of cyber policy since the creation of Cyber Command in 2010. From the administration's earliest days, Trump staffers knew they wanted to shake things up. Their instinct that America needed to be more aggressive online jibed with a frustrated countercurrent of thinking that had been building up in the defense establishment in the latter years of the Obama administration,

catching up with cyber hawks like Nakasone. "In order to make cyber a truly strategic capability, it needs to be available on order, with some degree of agility," one defense official says. "I think we've concluded that our restraint back in the day was, in fact, escalatory in and of itself."

Some members of an official Pentagon advisory group called the Defense Science Board had begun to make more or less this argument—that the traditional US inhibition online was emboldening foreign adversaries. Although Glowing Symphony showed the US could take preemptive action, such actions were still the exception. Iran, China, North Korea, and Russia felt free to launch virtual attacks and operations that stayed below the traditional threshold of war to undermine American power. Time and again, the US weathered online outrages in relative silence: China's 2014 theft of government personnel records; North Korea's 2014 suspected hack of Sony; Russia's 2016 attempt to manipulate the presidential election. "They were taking our lunch," says one former senior White House official. "We say we have all these capabilities, but our bureaucratic process isn't living up to that." What's more, the Trump administration was hardly out on a limb on this particular issue: "There was broad bipartisan agreement," the official says.

Another senior cyber official summarized the three-part mantra from Trump's National Security Council at the start of the administration: "Stop the bleeding, stop building things that bleed, and make the other guy bleed."

In 2017, the Trump administration began developing a full national cyber strategy that aimed to put the US on a more agile, proactive footing. The effort came not a moment too soon. While Trump himself aggressively downplayed any talk of Russian election interference, everyone outside the Oval Office felt the ticking clock of the approaching 2018 midterms and the desire to take a harder line against foreign meddling. That sense of foreboding only increased in 2017 as two massive state-sponsored ransomware attacks circled the globe—the Russian NotPetya virus, which actually incorporated a hacking tool stolen from the NSA, and the North Korean WannaCry. The attacks seeded hundreds of millions of dollars of destruction through corporate networks.

The pervasive cyberattacks added yet one more complication to the deteriorating situation at Fort Meade: Corporations were poaching its talent. JPMorgan went so far as to open a security center just miles away, to lure NSA workers by eliminating the trouble of relocating.

In the spring of 2018, the news broke that Mike Rogers was about to depart. To those who had spent the past decade working alongside Nakasone, there was really only one surprise when his name was put forward as the next NSA director and leader of Cyber Command: It came "faster than folks thought," says one former top NSA leader. "He was quick to do that job."

At a time of intense political polarization, Nakasone distinguished himself by sailing through the Senate confirmation process. His biggest challenge was getting through the obligatory meet-and-greet sessions with senators during Lent. Nakasone, an observant Catholic, had chosen that year to give up meat and caffeine; he weathered the grueling process without breaking his vow, never succumbing to a cup of coffee. (Even now, as NSA director, if his travel schedules on the road coincide with holy days like Ash Wednesday, his motorcade stops at church.)

In the end, his confirmation hearing was notable only for a single, frank exchange. Alaska Republican senator Dan Sullivan suggested that the US had become "the cyber punching bag of the world." Nakasone bluntly concurred. "I would say right now they do not think that much will happen to them," Nakasone said of foreign attackers. "They don't fear us. The longer that we have inactivity, the longer that our adversaries are able to establish their own norms."

Sullivan asked Nakasone if that was good. "It is not good, senator," came the reply. It was perhaps the most succinct public statement of his own strategic vision that Nakasone has ever offered.

Nakasone's ascension at Fort Meade completed a little-noticed but important transformation at the nation's top three intelligence agencies: The three controversial, larger-than-life public personalities—James Comey, Mike Pompeo, and Mike Rogers—who had led the FBI, CIA, and NSA at the start of the administration were all replaced within 18 months by comparatively bland professionals: Christopher Wray, Gina Haspel, and

Nakasone. By all accounts, the three are each content to fade into the background amid the daily pandemonium of American government in the Trump era, and all work together well and closely.

Nakasone's low profile and calm has been an especially welcome change at Fort Meade. "People like working for him. You can see it in any room. He is expert, engaging, and humble," says a former Trump administration official who oversaw Nakasone. Even the atmosphere at the NSA lightened. "In as few as six months, it changed dramatically. It was a pretty remarkable turnaround," says the former Trump official. "Now, all of a sudden, you have an NSA that is producing a lot of shockingly good stuff."

Nakasone assumed leadership at a moment when everyone knew the US wasn't moving fast enough to address the threat of pervasive cyberwar. "We're in the middle of 9/11 right now," one former official said to me in 2018. "It's like the day of 9/11 was slowed down to cover 5 to 10 years, so we can't tell the towers are falling all around us."

Nakasone inherited a political and military landscape that had changed markedly since Alexander's time. Cyber Command had matured to more than 6,000 people, huge growth from the few hundred when Nakasone was first setting it up. The NSA, meanwhile, encompassed about 38,000 personnel, plus nearly 20,000 contractors.

But more than the sheer size of his empire, Nakasone had new powers. The White House bestowed on him an authority to make decisions on offensive operations that had always been tightly held by the president himself. Trump's National Security Council has turned to what it calls *Auftragstaktik*, a Prussian term that translates as "mission-type orders": The White House lays out the goal, the commander decides the tactics. As a senior administration figure says, "The president made his goals and strategic direction clear, then directed his team to carry out these goals and direction within applicable boundaries." (This approach seems to reflect both a genuine strategic vision that favors agility as well as a concession to the president's attention span. "Whether cyber or otherwise, the president is not particularly involved in the details," says the former White House official.) As one defense official explains it, "Trump, he alone had the courage—or maybe you call it recklessness—to say, 'Sure, do that thing,

unleash this thing.' He didn't actually spend a lot of time thinking about what's the secondary or tertiary effects."

The approach was codified in September 2018 in the administration's completed cyber strategy, the first in 15 years, shepherded through by John Bolton, then the national security adviser. Bolton, who started at the White House just weeks before Nakasone took over at Fort Meade, also collapsed the National Security Council's approval process for cyber operations. "We've learned that you couldn't be more aggressive without being less bureaucratic," says a former White House official.

Nakasone quickly embraced his new authority under a philosophy he has dubbed "persistent engagement." In the fall of 2018, Cyber Command targeted the Russia hackers who had interfered in the 2016 election, an online operation only officially confirmed this summer by President Trump. Known as Synthetic Theology, the operation targeted the internet trolls of the Internet Research Agency, subjecting them to specific warnings (the message being "we know who you are") as well as knocking the Internet Research Agency offline on Election Day 2018 itself.

The idea, in part, is simply to bog adversaries down. "Some of the things we see today might just be screwing with your enemy enough that they're spending as much time trying to figure out what vulnerabilities they have, who screwed up, what's really going on," one official explains. "It takes the time and attention and the resources of your enemy."

Cyber Command's harassment of the IRA seemed to work; the midterm elections went off without much of a hitch. "The 2018 election was a resounding success," says US representative Elise Stefanik, a member of both the House Intelligence and Armed Services committees, which oversee Nakasone's world. The "persistent engagement" approach is, in many ways, an attempt to reconcile the lessons of the mission that Nakasone led against ISIS in 2016 with the old NSA philosophy of strategic patience. Online attacks can't be ordered up like a Tomahawk missile, deploying in hours to any place on the planet. "For cyber operations, you can't just ask the military, 'OK, we're ready for you now,'" says Buckner, who retired last year after heading cyber policy for the Army. "Those accesses and

understanding of how an adversary works in cyberspace is built up over years, and if you want it years from now, you need to start now."

Eight months after the Russia mission, in June 2019, Iran shot down a US drone over the Strait of Hormuz. In response, Cyber Command attacked Iranian military communication networks and erased a tracking database that helped Iran target oil tankers and other ships in the Persian Gulf. A few months after that, Cyber Command dispatched a team to Montenegro to see firsthand how Russia was infiltrating networks there. Nakasone termed it a "hunt forward" mission, to be better prepared for future attacks on the US. Teams went to Ukraine and Macedonia too.

"We learned that we cannot afford to wait for cyberattacks to affect our military networks," Nakasone wrote this fall in *Foreign Affairs*. Writing with his senior adviser Michael Sulmeyer, he tried to outline the new strategy. "We learned that defending our military networks requires executing operations outside our military networks."

The NSA has also taken a few more steps into the light, communicating more with the wider security community; the tempo of bulletins warning of vulnerabilities and malware has notably increased in the past year, building in part on a formal disclosure process developed by the Trump administration in 2017. And Cyber Command has created a meeting space near Fort Meade designed to host unclassified briefings and conferences with industry.

Oddly, given the president's initial anger at the NSA as a key figure in his fantasized "deep state" conspiracies, the White House seems quite content with Nakasone and the work of the NSA and Cyber Command. "Nakasone" has never appeared in a single Trump tweet, and cyber policy has become one of the more stable planks in a chaotic administration. At the White House, the cyber portfolio has long been led by a young National Security Council staffer named Joshua Steinman—a former Navy officer, Silicon Valley luxury sock entrepreneur, and protégé of Michael Flynn—who has outlasted a dozen more-senior officials on Trump's senior staff. His three-piece suits, Windsor-knotted ties, and luxurious socks have become a rare constant, and he has been a steward of the vision that offensive and defensive NSA missions should be not the exception but the norm. "When

the president came into office he made it very clear that we need to start competing more aggressively with our adversaries in cyberspace," says national security adviser Robert C. O'Brien. "Over the past three years, Josh and General Nakasone worked closely together to execute the president's objective."

Today, US cyberattacks are common enough—and the White House is happy enough with their outcomes—that O'Brien, who took over as Trump's fourth national security adviser in September 2019, has taken to writing personal notes, typed and hand-signed, to Cyber Command troops after successful operations. Notably, O'Brien sent at least two such letters between his start date and mid-September of this year, though there have been no publicly acknowledged US attacks in that period. (An operation to interfere with the Trickbot botnet, recently revealed by *The Washington Post*, has not been publicly acknowledged by the US government; it appears, from WIRED's reporting, to represent yet another new attack.)

While Cyber Command and the NSA have remained silent about specific plans to defend the 2020 election, Nakasone has repeatedly said that the US will fight back harder and faster than in 2016. "We're going to act," he promised in July. "Our number one objective at the National Security Agency and US Cyber Command: a safe, secure, and legitimate 2020 elections."

Whatever happens in November, Nakasone's empire is liable to continue being an island of relative stability. "Paul has just calmed the herd in the various organizations," says one former Cyber Command official. By all accounts, Nakasone, who is one of only four members of a racial or ethnic minority among the military's top 41 commanders, carries his authority lightly at Fort Meade. He reads voraciously, hoovering up recommendations from friends at any opportunity and pestering them with his own favorites: "Have you read this?" (He's recently been pushing Raymond Kethledge's *Lead Yourself First: Inspiring Leadership Through Solitude*, a treatise on thinking detached from technology.) He is formal, gracious, and disciplined. Aides and colleagues joke that he rarely answers questions with more than two or three sentences, and his aides got used to him rattling off commands in three bullet points. "You see pens go to paper when he does it that way.

There's a conciseness about his communication which is helpful for people who work with him," Buckner says.

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Years ago, back at Fort Gordon, Nakasone's team and their families gathered every Friday night in his driveway for what they called "stone soup" potluck dinners and barbecues. In his current role, prior to the Covid-19 pandemic, he hosted senior government officials for four-person dinners in the NSA director's dining room. Greeted by printed menus and attended by his accomplished chef, guests would be given presentations by some of the NSA's brightest minds and then settle in for a discussion of agency challenges.

The biggest question now facing Fort Meade is whether Nakasone will be the last military commander of NSA; the decade-old "dual hat" role overseeing NSA and Cyber Command has outlasted numerous attempts to split the military arm of America's cyberwar machine from its civilian signals intelligence arm. James Mattis, Trump's first defense secretary, talked about splitting the roles at the end of 2018 but left office himself before seeing it though. Observers across the military intelligence community and Capitol Hill say they see little sign of any such movement now.

That may be partly because Nakasone's steadiness as a leader obviates the need, for now. Oddly, in an era where so much of government and the Washington bureaucracy seems broken or sclerotic or scandal-prone, Nakasone's greatest success seems to be simply avoiding attention—good or bad. Because on the question of whether to keep his current empire intact, Nakasone happens to have a strong opinion. "Paul is adamantly opposed to the separation of Cyber Command from the NSA," says one official. In this as in so many areas of American cyber strategy, the official says, "Paul has prevailed."

Updated 10/14/2020 3:05 pm ET: A previous version of this article incorrectly stated the service branch of Stephen L. Davis. He is in the Air Force, not the Army.

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