







## **h2o.H2OFrame**

- Turns python pandas frame into an H2OFrame
- Saves dataframe to CSV and then performs `h2o.upload()` to H2O cluster

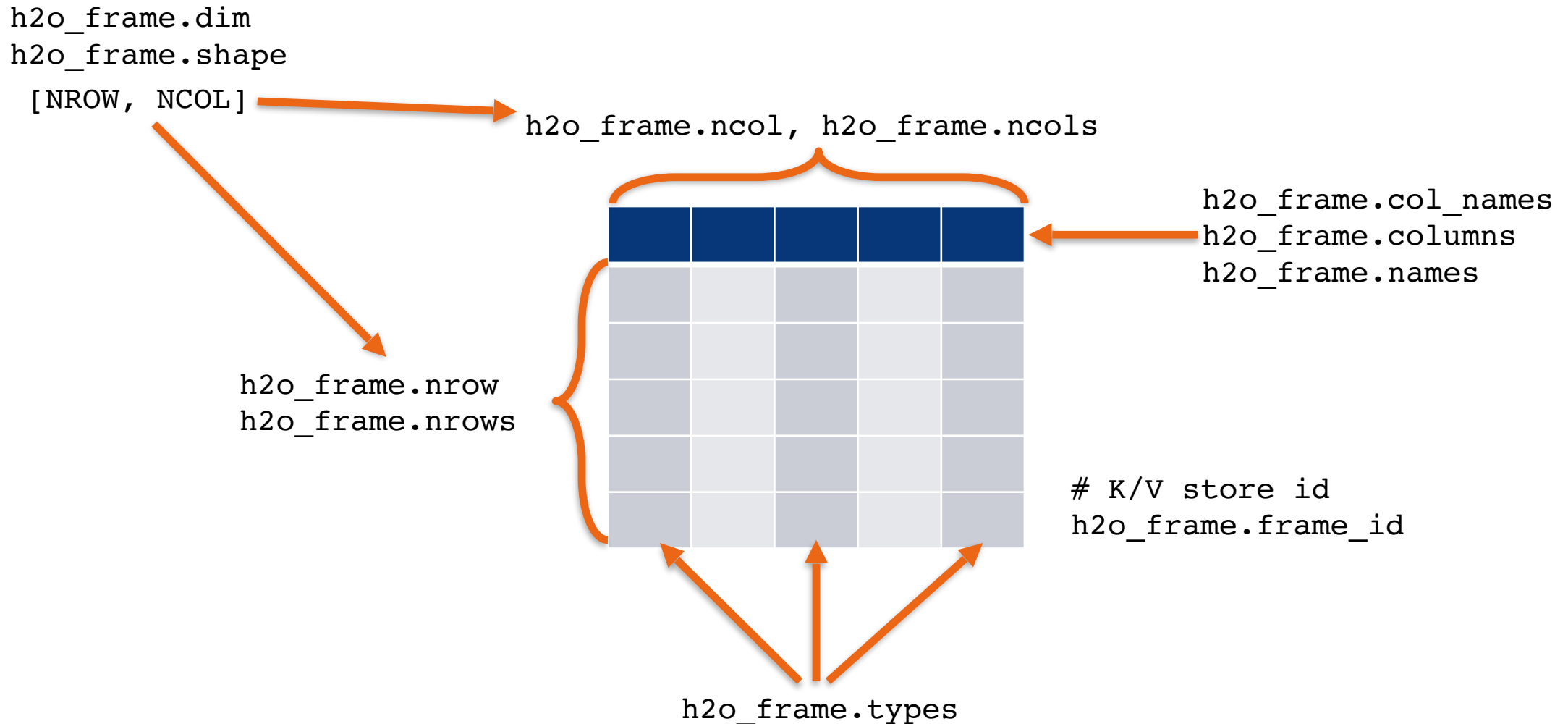
## **h2o.as\_list OR h2o\_frame.as\_data\_frame**

- Turns H2OFrame to lists of list or pandas frame
- Downloads the H2OFrame locally and will parse with pandas if `use_pandas` is set to True

**Note:** Be mindful of `h2o.as_list`, it is difficult to fit a large `H2OFrame` into a Python session

# Data Transfer between Pytho and H2O

# H2OFrame Attributes



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