

第三章 刚体的定轴转动



刚体(rigid body)

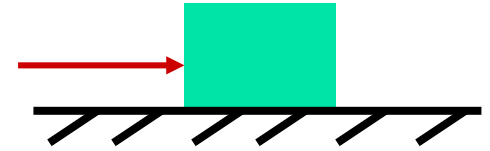
——忽略由于受力而引起
的形状和体积的改变的理想
模型

刚体研究方式——特殊质点系

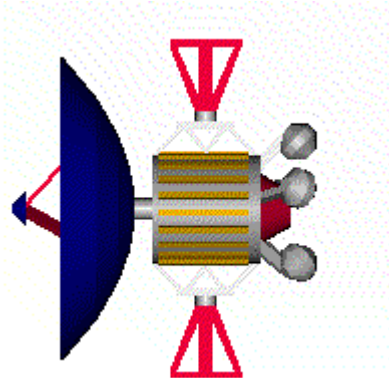


一、刚体的运动

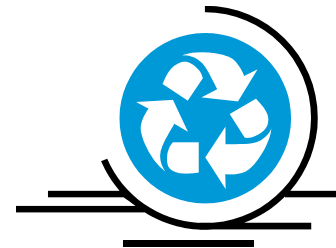
平动：用质点运动讨论



转动：对点、对轴

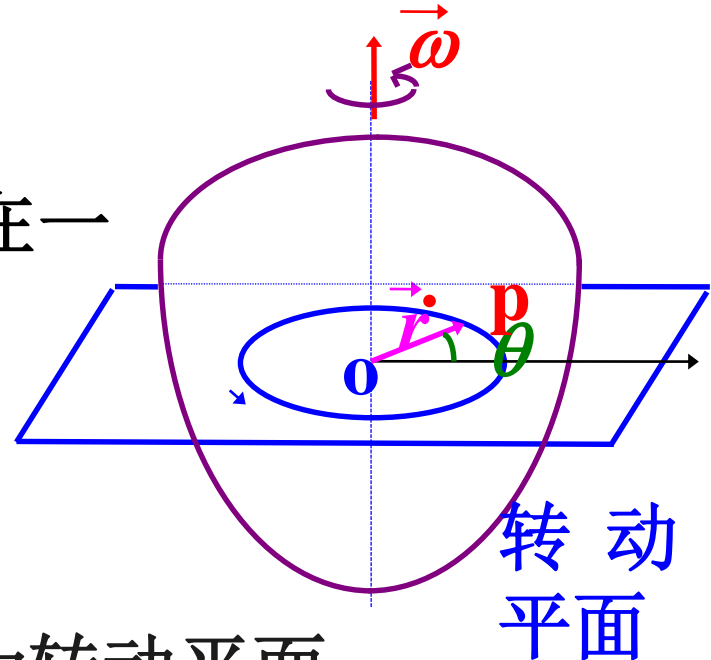


既平动又转动：



刚体的定轴转动(fixed-axis rotation)

各质元均作圆周运动，其圆心都在一条固定不动的直线转轴上（定轴）



定轴转动的特点

- 1) 每一质点均作圆周运动，圆面为转动平面；
- 2) 任一质点运动 $\Delta\theta, \bar{\omega}, \bar{\alpha}$ 均相同，但 \bar{v}, \bar{a} 不同；

整体运动

角位移 $\Delta\theta$

角速度 $\omega = \frac{d\theta}{dt}$

角加速度 $\alpha = \frac{d\omega}{dt}$

每个质元的运动

$$v = \omega r$$

$$a_n = \omega^2 r$$

$$a_t = r\alpha$$



$$\alpha = \frac{d\omega}{dt} = C$$

匀角加速运动

匀加速直线运动

$$d\omega = \alpha dt$$

$$\int_{\omega_0}^{\omega} d\omega = \int_0^t \alpha dt$$

$$\Rightarrow \omega - \omega_0 = \alpha t$$

$$\omega = \frac{d\theta}{dt} = \omega_0 + \alpha t$$

$$d\theta = (\omega_0 + \alpha t) dt$$

$$\int_{\theta_0}^{\theta} d\theta = \int_0^t (\omega_0 + \alpha t) dt \Rightarrow \theta - \theta_0 = \omega_0 t + \frac{1}{2} \alpha t^2$$

$$\omega = \omega_0 + \alpha t$$

$$\Delta\theta = \omega_0 t + \frac{1}{2} \alpha t^2$$

$$\omega^2 - \omega_0^2 = 2\Delta\theta\alpha$$

$$v = v_0 + at$$

$$x = v_0 t + \frac{1}{2} a t^2$$

$$v^2 - v_0^2 = 2xa$$



二、刚体的定轴转动的转动定理

(法向力的力矩为零)

牛顿第二定律对 Δm_i 切向分量式为:

$$F_{it} + f_{it} = \Delta m_i a_{it} = \Delta m_i r_i \alpha$$

$$F_{it} r_i + f_{it} r_i = \Delta m_i r_i^2 \alpha$$

对所有质元求和:

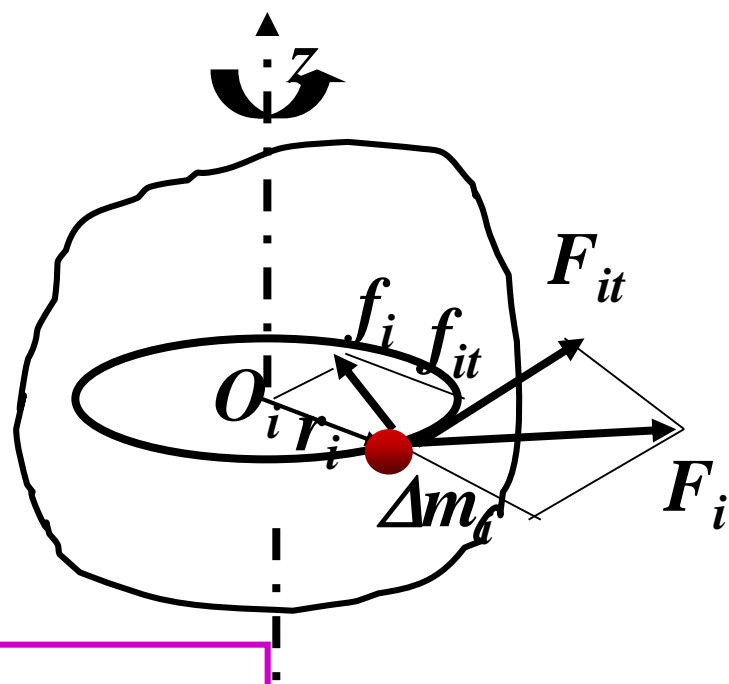
一对内力的力矩之和为零

$$\sum F_{it} r_i + \sum f_{it} r_i = \sum \Delta m_i r_i^2 \alpha \longrightarrow \underline{\sum F_{it} r_i} = \underline{(\sum \Delta m_i r_i^2)} \alpha$$

合外力矩 $M = \sum F_{it} r_i$

转动惯量 $J = \sum \Delta m_i r_i^2$

1、转动定律: $\mathbf{M} = J \alpha \sim \vec{F} = m \vec{a}$



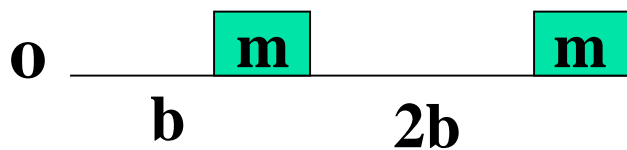
1) 力矩计算 $\vec{M} = \vec{r} \times \vec{F}$

$$M = Fr \sin \theta = Fd$$

2) 转动惯量计算:

质点系: $J = \sum_i m_i r_i^2$

$$dm = \lambda dl$$



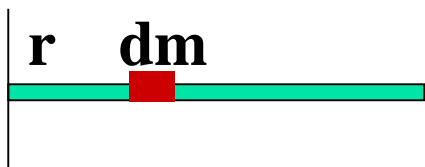
$$dm = \sigma dS$$

$$dm = \rho dV$$

$$J = mb^2 + m(3b)^2$$

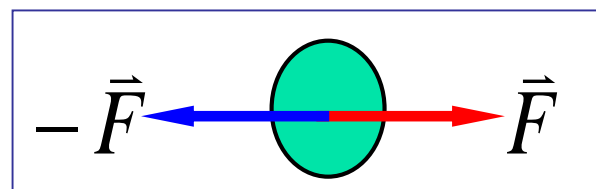
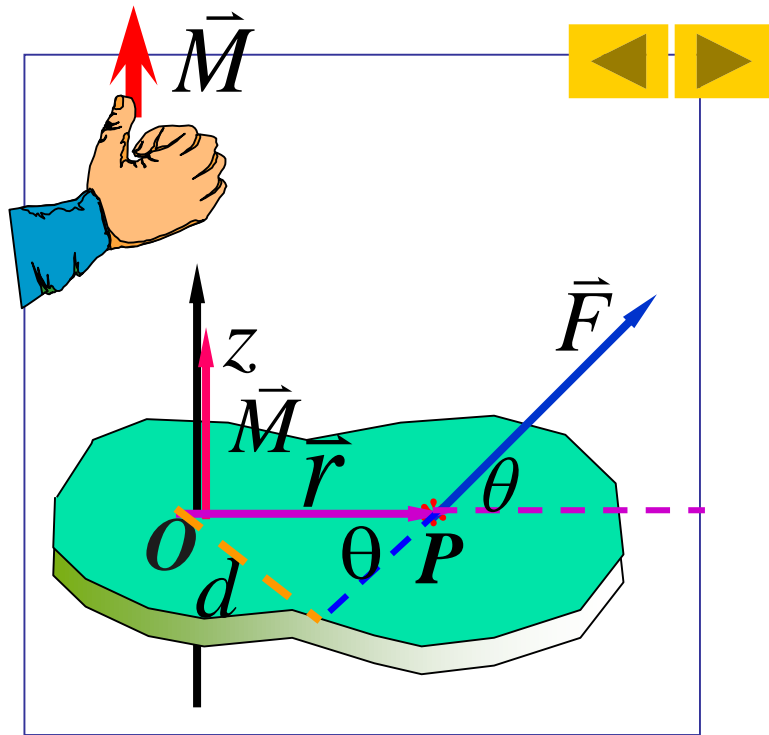
质量连续分布: $dJ = r^2 dm$

$$\Rightarrow J = \int_m r^2 dm$$

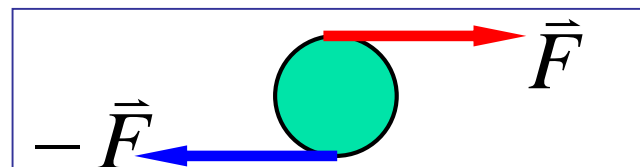


J 的单位: kgm^2

量纲: ML^2



$$\sum \vec{F}_i = 0, \sum \vec{M}_i = 0$$



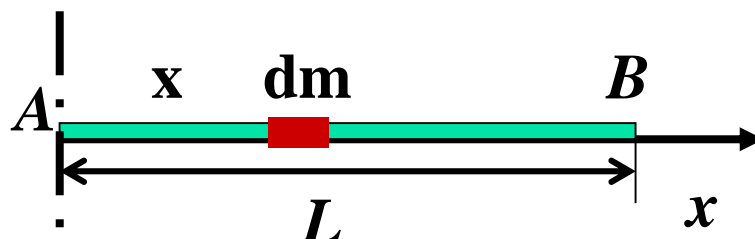
$$\sum \vec{F}_i = 0, \sum \vec{M}_i \neq 0$$

例1 求 m 、 L 的均匀细棒对图中不同轴A、C的转动惯量

解： 取如图坐标

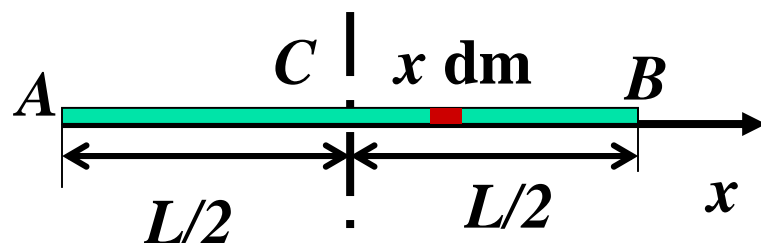
$$dm = \lambda dx \quad (\lambda = \frac{m}{L})$$

$$dJ = x^2 dm = x^2 \lambda dx$$



$$J_A = \int_0^L x^2 \lambda dx = \frac{m}{L} \frac{1}{3} x^3 \Big|_0^L = \frac{1}{3} mL^2$$

$$J_C = \int_{-\frac{L}{2}}^{\frac{L}{2}} x^2 \lambda dx = \frac{1}{12} mL^2$$



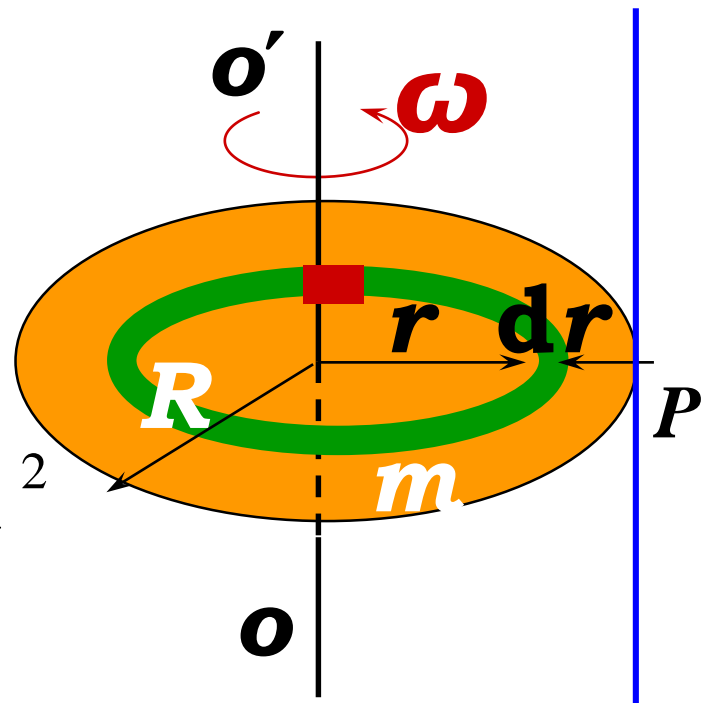
例2 求 m 、 R 的均质圆盘绕 OO' 轴旋转的转动惯量

解： 设质量面密度为 $\sigma = \frac{m}{\pi R^2}$

$$dm = \sigma dS$$

$$dJ = r^2 dm = r^2 \sigma 2\pi r dr$$

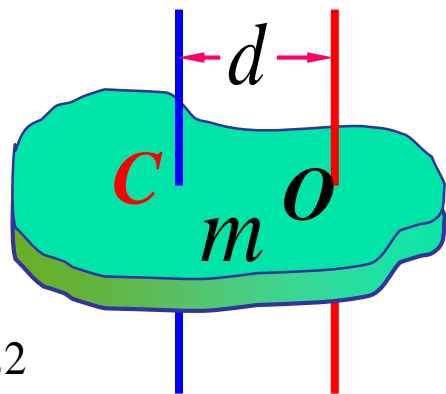
$$J = \int_0^R r^2 dm = \int_0^R \sigma 2\pi r^3 dr = \frac{1}{2} m R^2$$



平行轴定理

$$J_O = J_C + md^2$$

$$J_P = \frac{1}{2} m R^2 + m R^2$$



P106 表3-1 转动惯量

转动惯量的大小取决于刚体的**质量、形状及转轴的位置**。



$$J_A = \sum_i m_i r_{iA}^2$$

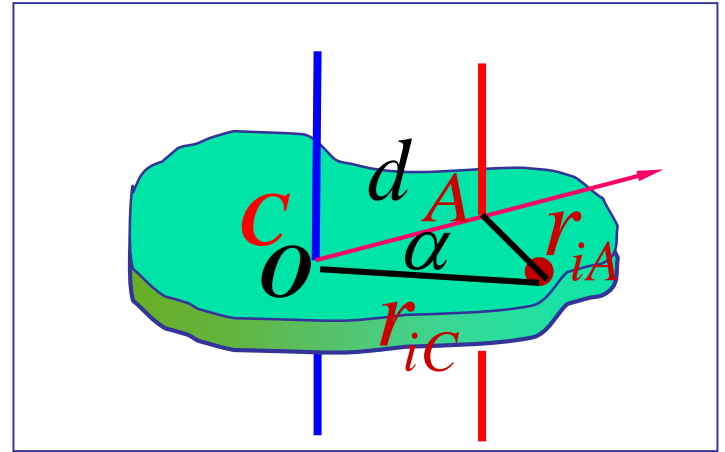
$$r_{iA}^2 = r_{iC}^2 + d^2 - 2r_{iC}d \cos \alpha$$

$$J_A = \sum_i m_i r_{iA}^2 = \sum_i m_i (r_{iC}^2 + d^2 - 2r_{iC}d \cos \alpha)$$

$$= J_C + md^2 - 2d \sum_i m_i x_i$$

$$\because x_C = \frac{\sum_i m_i x_i}{m} = 0$$

$$\Rightarrow J_A = J_C + md^2$$



例3、书P126 3-5

$$J = \frac{1}{2} m r^2$$

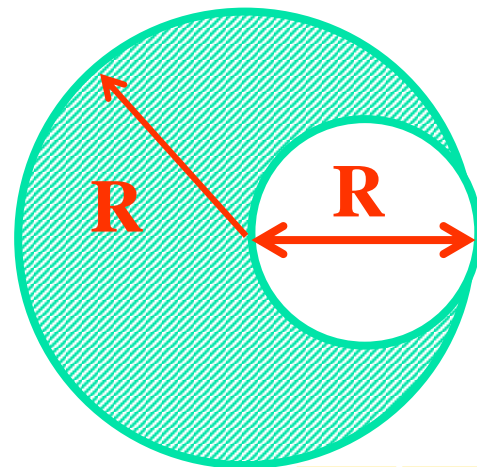
解：采用补偿法——大圆盘减小圆盘

$$\sigma = \frac{m}{\pi(R^2 - (\frac{R}{2})^2)} \quad m_0 = \sigma \pi \left(\frac{R}{2}\right)^2$$

$$J_1 = \frac{1}{2} (m + m_0) R^2$$

$$J_2 = \frac{1}{2} m_0 \left(\frac{R}{2}\right)^2 + m_0 \left(\frac{R}{2}\right)^2$$

$$\therefore J = J_1 - J_2 = \frac{13}{24} m R^2$$



注：实际上转动惯量均由实验测定



例1、以20N•m的恒力矩作用在有固定轴的转轮上，在10 s内该轮的转速由零增大到100rev/min。此时移去该力矩，转轮因摩擦力矩的作用经100s而停止。试推算此转轮对其固定轴的转动惯量。

解： $M - M_f = J\alpha_1$

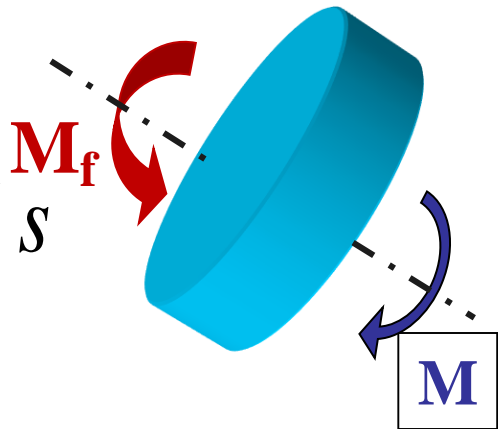
$$-M_f = J\alpha_2$$

$$\alpha_1 = \frac{\omega_1 - 0}{\Delta t_1} = \frac{\omega_1}{\Delta t_1}$$

$$(\omega - \omega_0 = \alpha t)$$

$$\alpha_2 = \frac{0 - \omega_1}{\Delta t_2} = -\frac{\omega_1}{\Delta t_2}$$

$$\omega = \frac{2\pi n}{60} \text{ rad/s}$$

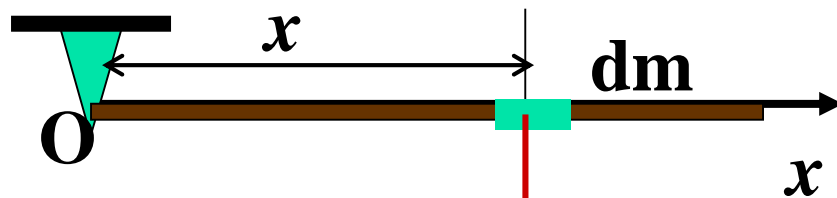


$$J = \frac{M}{\frac{\omega_1}{\Delta t_1} + \frac{\omega_1}{\Delta t_2}}$$

$$= 17.3 \text{ Kg} \cdot \text{m}^2$$



例2 书p128 3-15



解(1) 棒上取质元 dm , 则重力矩为

$$dM = x g dm$$

$$M = \int x g dm = g \int x dm$$

$$x_C = \frac{\sum m_i x_i}{m} \Rightarrow x_C = \frac{\int x dm}{m} \Rightarrow \int x dm = m x_C$$

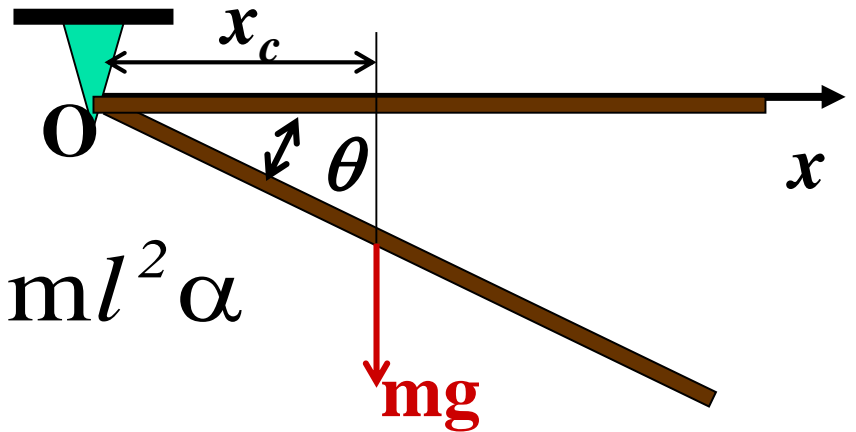
$$\therefore M = mg x_C = mg \frac{1}{2} l = J \alpha = \frac{1}{3} m l^2 \alpha$$

$$\Rightarrow \alpha = \frac{3g}{2l}$$



$$(2) \quad M = mg x_c$$

$$= mg \frac{l}{2} \cos \theta = \frac{1}{3} ml^2 \alpha$$



$$\Rightarrow \alpha = \frac{3g \cos \theta}{2l} = \frac{d\omega}{dt} = \frac{d\omega}{d\theta} \cdot \frac{d\theta}{dt} = \frac{d\omega}{d\theta} \cdot \omega$$

$$\frac{3g}{2l} \cos \theta d\theta = \omega d\omega$$

$$\int_0^{\frac{\pi}{2}} \frac{3g}{2l} \cos \theta d\theta = \int_0^{\omega} \omega d\omega \Rightarrow \omega = \sqrt{\frac{3g}{l}}$$



$$(3) \quad \alpha = \frac{3g \cos \theta}{2l}$$

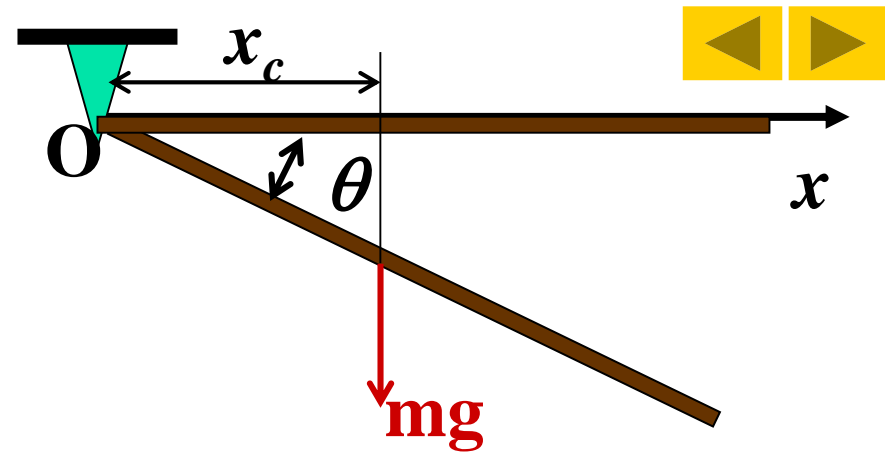
$$\alpha = \frac{3g \cos \theta}{2l} = \frac{d\omega}{dt}$$

$$= \frac{d\omega}{d\theta} \frac{d\theta}{dt} = \frac{d\omega}{d\theta} \omega$$

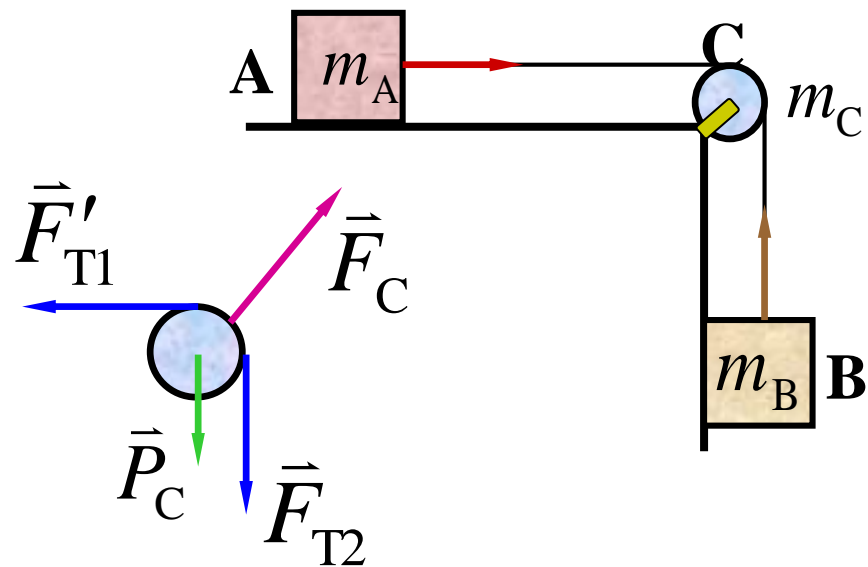
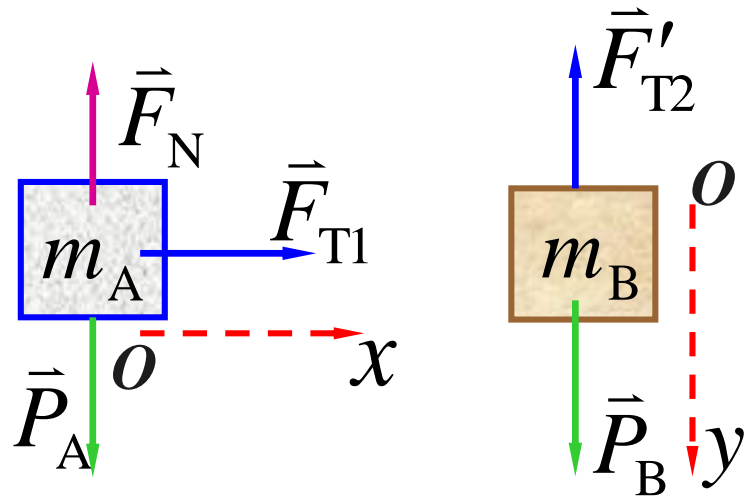
$$\int_0^{30^\circ} \frac{3g \cos \theta}{2l} d\theta = \int_0^\omega \omega d\omega \Rightarrow \omega = \sqrt{\frac{3g \sin 30^\circ}{l}}$$

$$a_n = \omega^2 \frac{l}{2} = 3g \sin 30^\circ$$

$$a_t = \alpha \frac{l}{2} = \frac{3}{4} g \cos 30^\circ$$

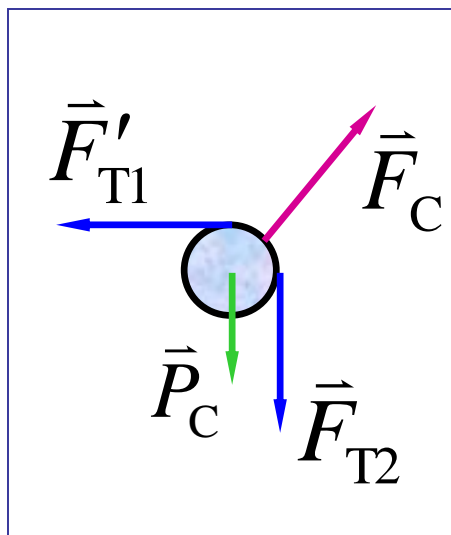
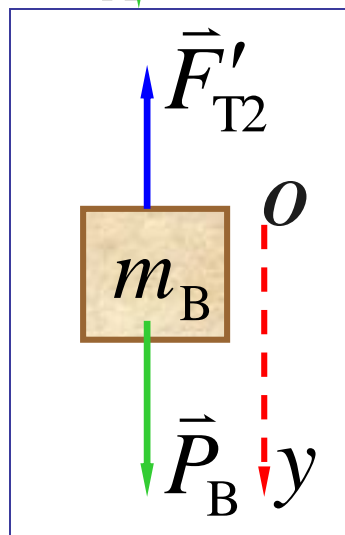
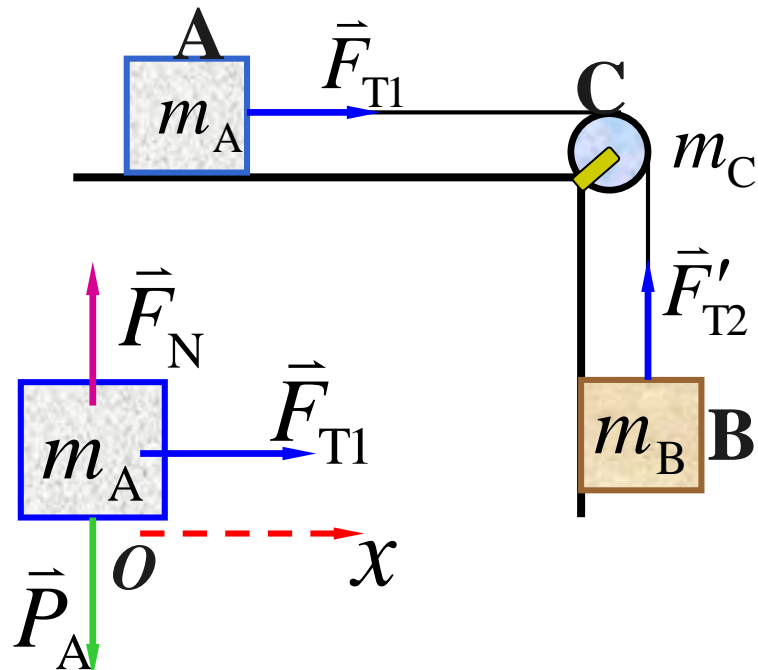


例3、 m_A 静止在光滑水平面上，和一质量不计的绳索相连接，绳索跨过一半径为 R 、 m_C 的圆柱形滑轮 C ，并系在 m_B 上. 滑轮与绳索间没有滑动，且滑轮与轴承间的摩擦力可略去不计. 问：1) 两物体的线加速度为多少？ 水平和竖直两段绳索的张力各为多少？（2）物体 B 从静止落下距离 y 时，其速率是多少？





解 (1)



$$\left\{ \begin{array}{l} F_{T1} = m_A a \\ m_B g - F_{T2} = m_B a \\ RF_{T2} - RF_{T1} = J\alpha \\ a = R\alpha \end{array} \right.$$

$$\Rightarrow a = \frac{m_B g}{m_A + m_B + m_C / 2}$$

(2) B由静止出发作匀加速直线运动, 下落的速率

$$y = \frac{1}{2} a t^2 \Rightarrow t \Rightarrow v = a t$$

三、刚体的平衡 $\vec{F} = 0$ $\vec{M} = 0$

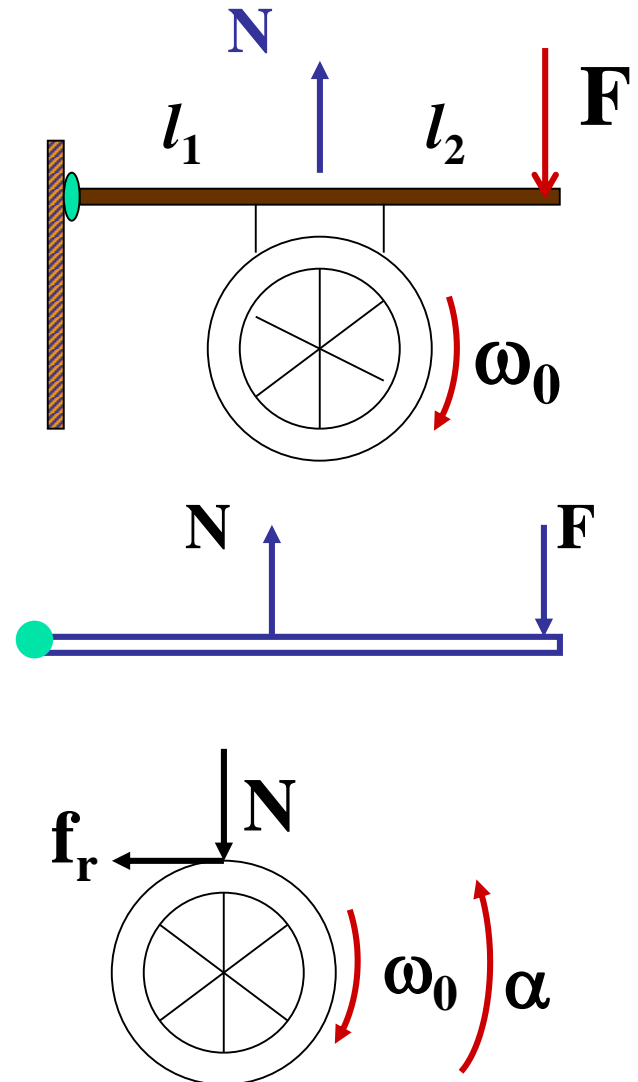
例3 (书 P128 3-8)

$$F(l_1 + l_2) - Nl_1 = 0$$

$$-f_r \frac{d}{2} = J\alpha$$

$$f_r = \mu N$$

$$\omega = \omega_0 + \alpha t = 0$$

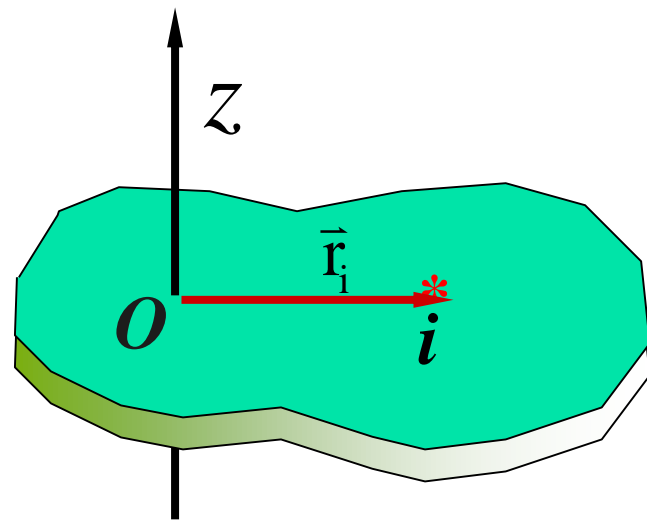


四、刚体中的功能关系

1、刚体的转动动能

对第*i*个质点: $E_{ki} = \frac{1}{2} m_i v_i^2$

对整个刚体:



$$\begin{aligned} E_k &= \sum E_{ki} = \sum \frac{1}{2} m_i v_i^2 = \sum \frac{1}{2} m_i (r_i \omega)^2 \\ &= \frac{1}{2} \omega \sum m_i r_i^2 = \frac{1}{2} J \omega^2 \end{aligned}$$



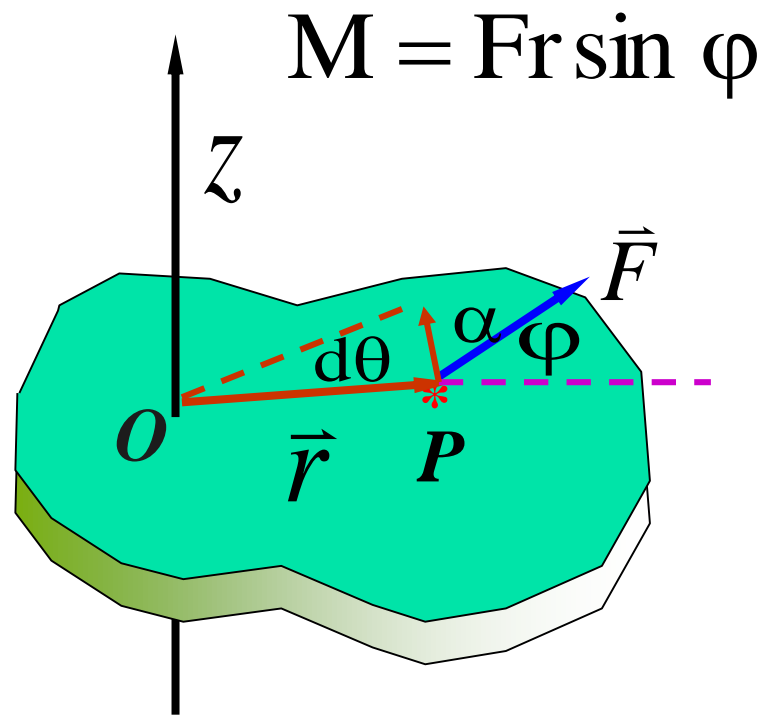
2、力矩的功

$$\begin{aligned}dA &= \vec{F} \cdot d\vec{r} \\&= F \cos \alpha |d\vec{r}| \\&= F \cos \alpha ds \\&= F \cos \alpha r d\theta \\&= F \sin \varphi r d\theta\end{aligned}$$

$$= M d\theta \quad \Rightarrow \quad A = \int M d\theta$$

若刚体受到几个外力矩的作用

$$\begin{aligned}A &= \sum A_i = \sum \int M_i d\theta_i \\&= \int \left(\sum_i M_i \right) d\theta = \int M_{\text{合外}} d\theta\end{aligned}$$



3、刚体的重力势能

对于第*i*个质点: $E_{pi} = m_i g z_i$

对于整个刚体:

$$E_P = \sum E_{pi} = \sum m_i g z_i$$

$$= g \sum m_i z_i = \mathbf{mgz_c}$$

$$\vec{r}_c = \frac{\sum m_i \vec{r}_i}{\sum m_i}$$

$$z_c = \frac{\sum m_i z_i}{m}$$

$$M = J\alpha = J \frac{d\omega}{dt} = J \frac{d\omega}{d\theta} \frac{d\theta}{dt} = J\omega \frac{d\omega}{d\theta}$$

$$dA = M d\theta = J\omega d\omega$$



4、刚体的动能定律、功能原理及机械能守恒

动能定理:

$$A = \int M d\theta = \int_{\omega_0}^{\omega} J \omega d\omega = \frac{1}{2} J \omega^2 - \frac{1}{2} J \omega_0^2$$

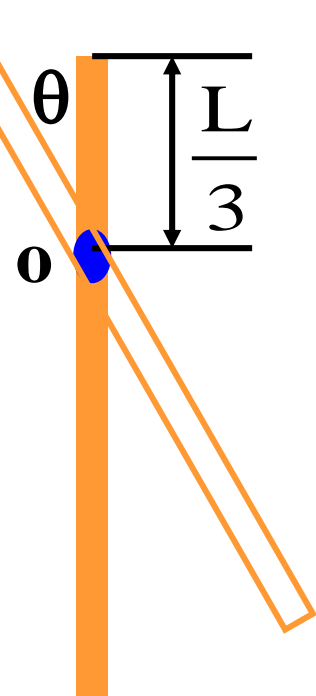
功能原理:

$$A = \frac{1}{2} J \omega^2 + mgz_c - \left(\frac{1}{2} J \omega_0^2 + mgz_{c0} \right)$$

机械能守恒: { 刚体 $A_{\text{外}}=0$ ($A_{\text{内}}=0$)
刚体+质点 $A_{\text{外}}+A_{\text{非保守内力}}=0$



例1、均质细棒 L 、 m ，可绕通过 o 点水平轴在竖直平面内转动，如图所示。在棒的 A 端作用一水平恒力 F ，棒在 F 力的作用下，由静止转过角度 θ （ $\theta = 30^\circ$ ），求：（1） F 力所作的功；2）若此时撤去 F 力，则细棒回到平衡位置时的角速度。



解： 1) $M = F \cos \theta \frac{L}{3}$

$$A = \int M d\theta = \int_0^{\frac{\pi}{6}} F \frac{L}{3} \cos \theta d\theta = \frac{1}{6} FL$$

2) 根据功能原理 （从竖直位置回到竖直位置）

$$\left. \begin{aligned} A &= \frac{1}{6} FL = \frac{1}{2} J \omega^2 - 0 \\ J &= \frac{1}{12} mL^2 + m \left(\frac{L}{2} - \frac{L}{3} \right)^2 = \frac{1}{9} mL^2 \end{aligned} \right\} \Rightarrow \omega = \sqrt{\frac{3F}{mL}}$$



例2、 m_0 、 R 的匀质园盘可绕垂直于盘的光滑轴O在铅直平面内转动，盘点A固定着 m 的质点，先使OA处于水平位置，然后释放，盘由静止开始转动。当OA转过来 30° 时，质点的 a_n 、 a_t 为多少？

解：根据转动定律

$$mgR \cos \theta = J\alpha = \left(\frac{1}{2} m_0 R^2 + mR^2 \right) \alpha$$

$$a_t = \alpha R = \frac{\sqrt{3}mg}{(m_0 + 2m)}$$

地球 盘的系统：E=C

$$mgR \sin \theta = \frac{1}{2} J \omega^2$$

$$a_n = \omega^2 R = \frac{2mg}{m_0 + 2m}$$

