

*简谐振动的三个相互等价的定义:

$$F = -kx \longrightarrow \frac{d^2x}{dt^2} + \omega^2 x = 0 \longrightarrow x = A \cos(\omega t + \varphi)$$

其中: x ——相对于平衡位置 (坐标原点) 的位移。

*谐振动的特征量

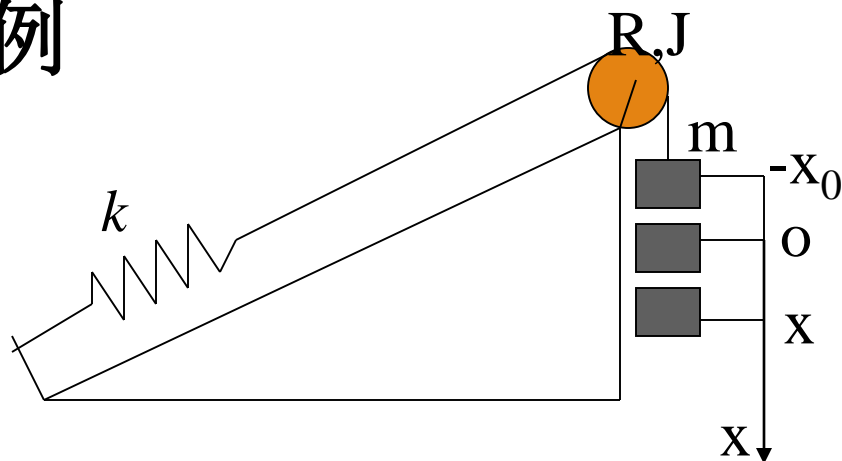
$$\begin{array}{lll} \text{弹簧振子} & \omega = \sqrt{\frac{k}{m}} & \text{单摆} \quad \omega = \sqrt{\frac{g}{l}} \quad \text{复摆} \quad \omega = \sqrt{\frac{mgh}{J}} \end{array}$$

$\omega (T, \nu)$ 由振动体系内部性质决定。 $\omega = 2\pi\nu = \frac{2\pi}{T}$

A, φ 由初始条件确定

$$t = 0 \left\{ \begin{array}{l} x_0 = A \cos \varphi \\ v_0 = -\omega A \sin \varphi \end{array} \right\} \quad \begin{array}{l} A = \sqrt{x_0^2 + (v_0^2 / \omega^2)} \\ \varphi = \arctan\left(-\frac{v_0}{\omega x_0}\right) \end{array} \quad \begin{array}{l} \text{约定:} \\ \varphi \in (-\pi, \pi] \end{array}$$

例



已知：初态时弹簧处于原长

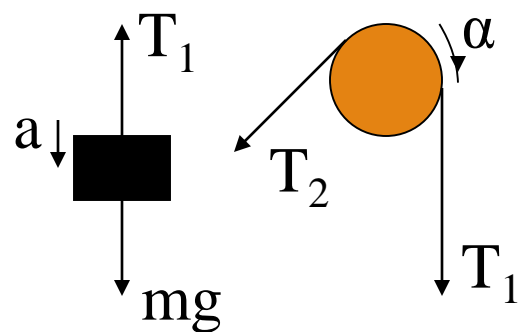
(1) 证明物块作谐振动，

(2) 写出振动表达式。

解：(1).确定平衡位置

$$mg = kx_0 \Rightarrow x_0 = \frac{mg}{k} \dots\dots(1)$$

(2).写出任意位置处物块的加速度



$$mg - T_1 = ma \dots\dots(2)$$

$$(T_1 - T_2)R = J\alpha = J \frac{a}{R} \dots\dots(3)$$

$$T_2 = k(x_0 + x) \dots\dots(4)$$

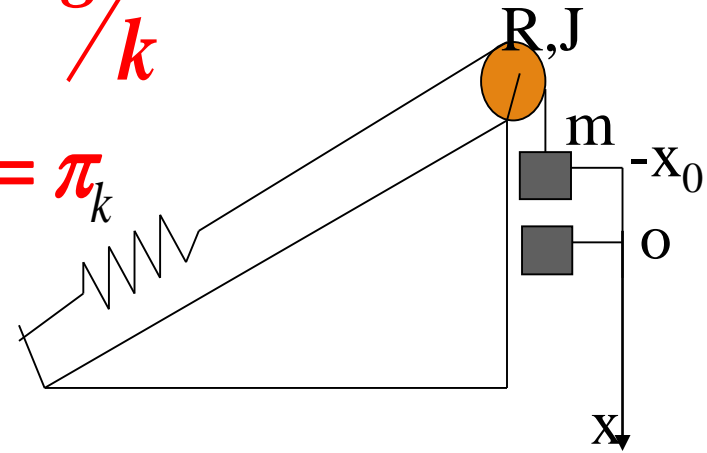
$$\left. \begin{array}{l} (1) \\ (2) \\ (3) \\ (4) \end{array} \right\} \Rightarrow a = - \frac{kR^2}{J + mR^2} x \quad \text{谐振动}$$

$$a = -\omega^2 x \quad \omega = R \sqrt{\frac{k}{J + mR^2}}$$



*初态为 $t = 0$ $\begin{cases} x_{t=0} = -mg/k \\ v_{t=0} = 0 \end{cases} \Rightarrow \begin{cases} A = mg/k \\ \phi = \pi \end{cases}$

$$x = \frac{mg}{k} \cos\left(R \sqrt{\frac{k}{J + mR^2}} t + \pi\right)$$



*平衡位置为 $t = 0$, 则: $x_{t=0} = 0$

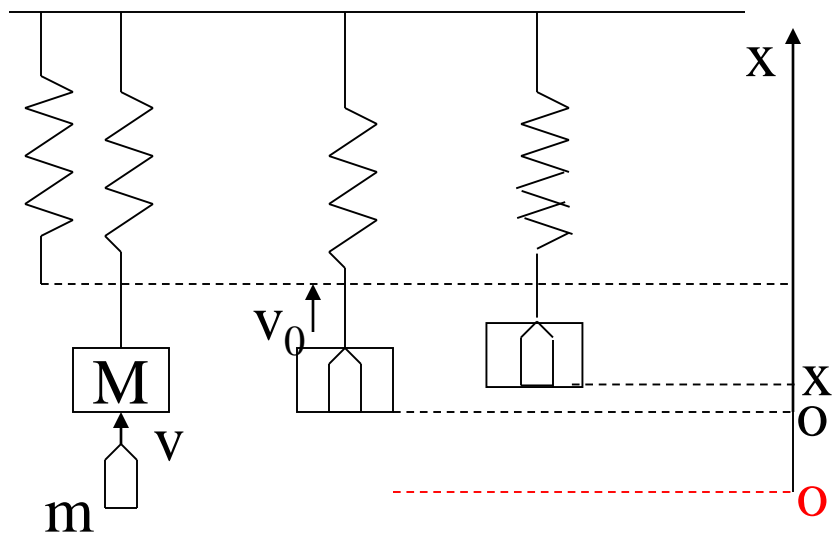
$$mgx_0 = \frac{1}{2} kx_0^2 + \frac{1}{2} mv_{t=0}^2 + \frac{1}{2} J\left(\frac{v_{t=0}}{R}\right)^2 \Rightarrow v_{t=0} \Rightarrow \begin{cases} A = mg/k \\ \phi = -\frac{\pi}{2} \end{cases}$$

$$x = \frac{mg}{k} \cos\left(R \sqrt{\frac{k}{J + mR^2}} t - \frac{\pi}{2}\right)$$

$$A = \sqrt{x_0^2 + (v_0^2 / \omega^2)}$$

$$\phi = \operatorname{tg}^{-1}\left(-\frac{v_0}{\omega x_0}\right)$$

【例】弹簧振子 (M, k) 竖直悬挂，处于平衡，子弹 (m) 以速度 v 由下而上射入物块并嵌入其内。
求：(1). 物块振动的 T 和 A ；
(2). 物块从开始运动到最远处(上方) 所需的时间。



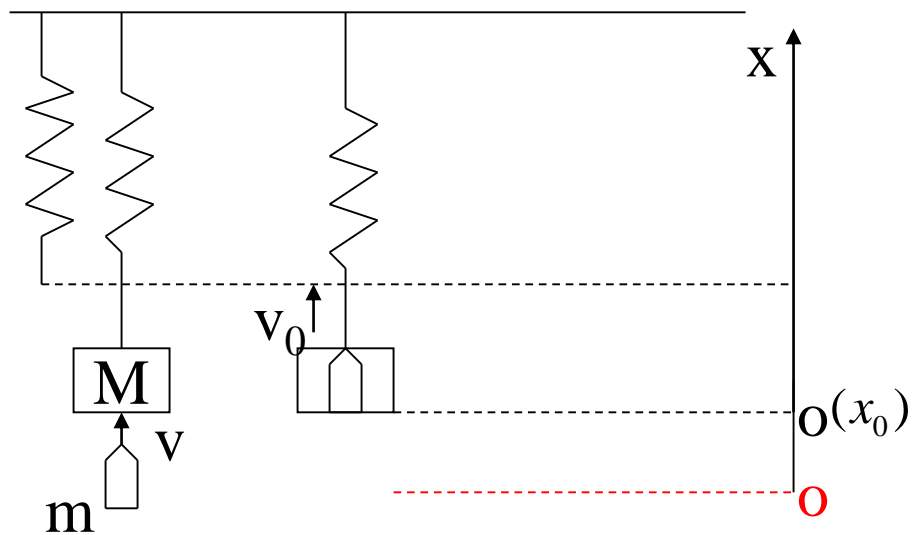
解：(1). x 处物块动力学方程

$$\begin{aligned} (m+M) \frac{d^2 x}{dt^2} &= -(m+M)g + k\left(\frac{Mg}{k} - x\right) \\ &= -mg - kx \end{aligned}$$

正确解： $(m+M) \frac{d^2 x}{dt^2} = -(m+M)g + k\left[\frac{(m+M)g}{k} - x\right] = -kx$

$$\therefore \omega = \sqrt{\frac{k}{m+M}}$$

$$T_4 = 2\pi \sqrt{\frac{M+m}{k}}$$



* 初态为 $t = 0$ $\left\{ \begin{array}{l} x_0 = \frac{mg}{k} \\ v_0 = \frac{mv}{m+M} \end{array} \right.$

(可由动量守恒得)

$$\omega = \sqrt{\frac{k}{m+M}}$$

$$A = \sqrt{x_0^2 + \frac{v_0^2}{\omega^2}}$$

$$= \frac{mg}{k} \sqrt{1 + \frac{kv^2}{(m+M)g^2}}$$

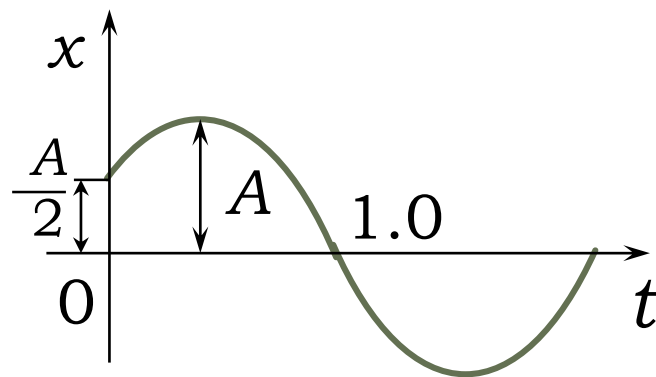
$$(2). \quad x = A \cos(\omega t + \varphi)$$

$$\text{最远点: } x = A, \quad \text{即 } \omega t + \varphi = 0 \Rightarrow t = -\frac{\varphi}{\omega}$$

$$\because \varphi = t g^{-1}\left(-\frac{v_0}{\omega x_0}\right) \left\{ \begin{array}{l} \omega = \sqrt{\frac{k}{m+M}} \\ x_0 = \frac{mg}{k} \\ v_0 = \frac{mv}{m+M} \end{array} \right. \varphi = -t g^{-1}\left(\frac{v}{g} \sqrt{\frac{k}{m+M}}\right)$$

$$\therefore t = \sqrt{\frac{m+M}{k}} t g^{-1}\left(\frac{v}{g} \sqrt{\frac{k}{m+M}}\right)$$

[例] 一谐振动的振动曲线如图所示，
求：振动表达式 $x=A\cos(\omega t+\varphi)$ 中的 ω 和 φ 。



1、解析法：

$$t=0: \frac{A}{2} = A\cos\varphi \Rightarrow \varphi = \pm\frac{\pi}{3}$$

$$v_0 = -A\omega\sin\varphi > 0 \quad \left. \vphantom{\frac{A}{2} = A\cos\varphi} \right\} \Rightarrow \varphi = -\frac{\pi}{3}$$

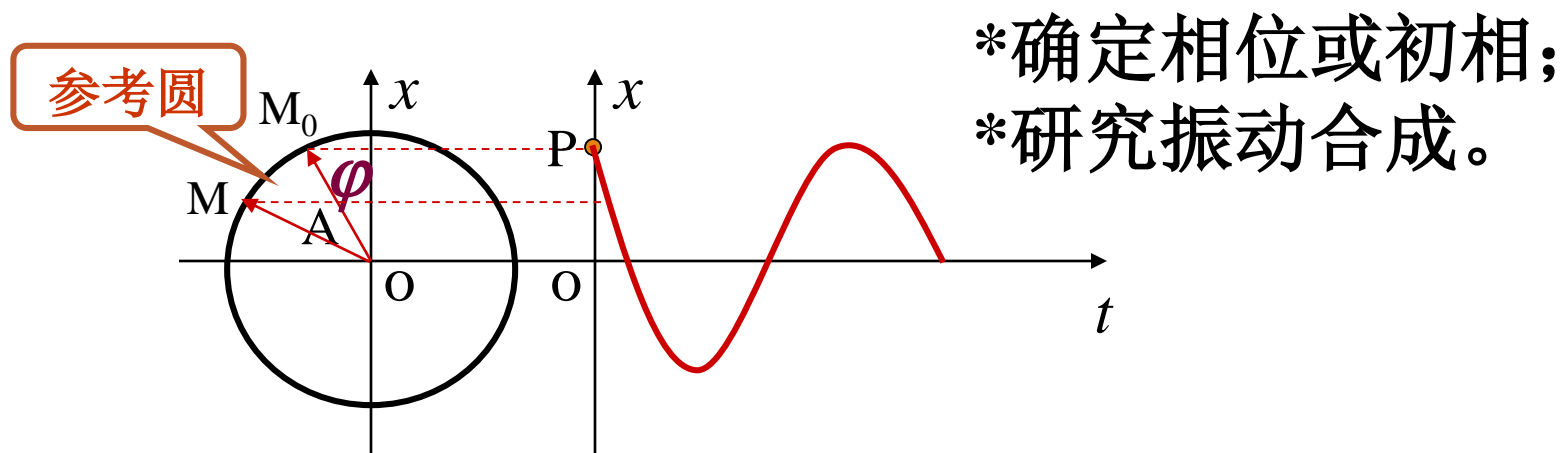
$$t=1: 0 = A\cos(\omega - \frac{\pi}{3}) \Rightarrow \omega - \frac{\pi}{3} = \pm\frac{\pi}{2}$$

$$v_1 = -A\omega\sin(\omega - \frac{\pi}{3}) < 0 \quad \left. \vphantom{0 = A\cos(\omega - \frac{\pi}{3})} \right\} \Rightarrow \omega - \frac{\pi}{3} = \frac{\pi}{2}$$

$$\omega = \frac{5\pi}{6}$$



三、谐振动的旋转矢量表示法



① \vec{A} 的长度：振幅 A

② \vec{A} 的旋转角速度：圆频率 ω

③ \vec{A} 的旋转的方向：逆时针向

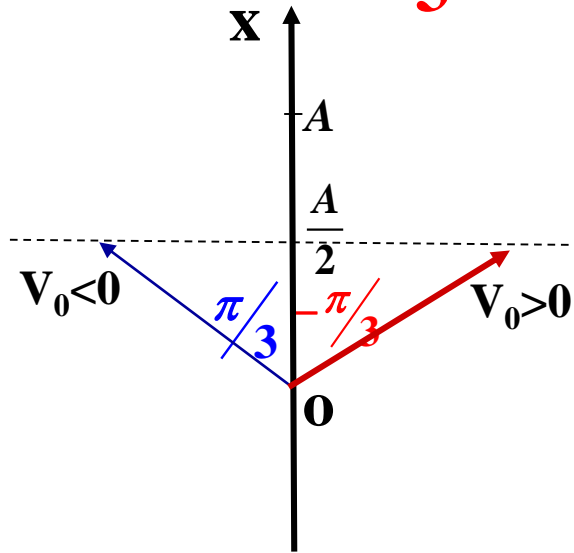
④ 旋转矢量 \vec{A} 与参考方向 x 的夹角：相位 $(\omega t + \varphi)$

⑤ $t=0$ 时旋转矢量 \vec{A} 与参考方向 x 的夹角：初相位 (φ)

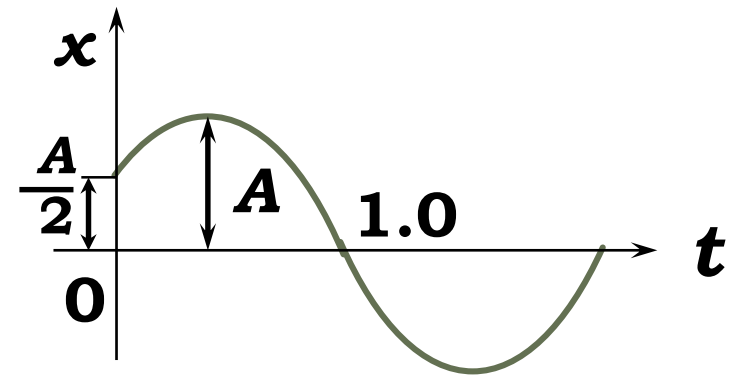
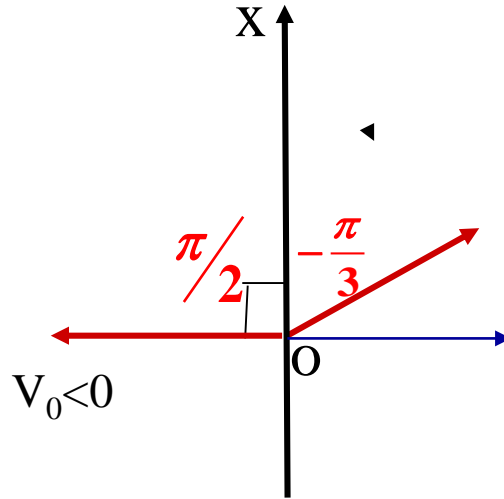
⑥ M 点在 x 轴上投影点 P 的运动规律： $x = A \cos(\omega t + \varphi)$

2. 旋转矢量法

$t=0: \varphi = -\frac{\pi}{3}$



$t=1: \varphi_1 = \frac{\pi}{2}$

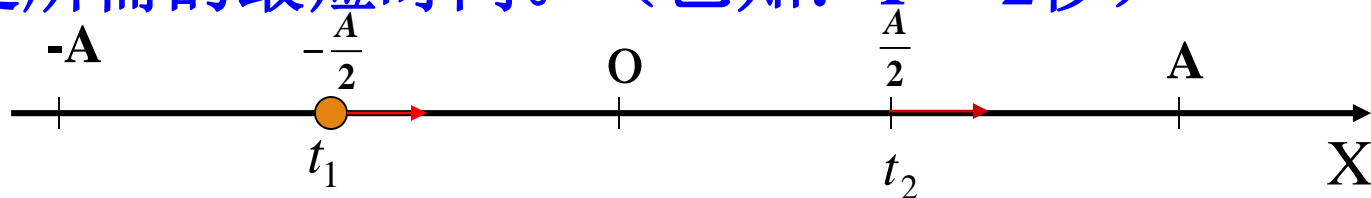


$$\Delta\varphi = \frac{\pi}{2} + \frac{\pi}{3} = \frac{5\pi}{6} \quad \left. \vphantom{\Delta\varphi} \right\} \omega = \frac{5\pi}{6}$$

$$\Delta\varphi = \omega t = \omega$$

[例] 一弹簧振子由 $-A$ 处释放，求振子从 $-\frac{A}{2}$ 处向右运动

到 $\frac{A}{2}$ 处所需的最短时间。（已知： $T = 2$ 秒）



$$t_1: \quad x_1 = -\frac{A}{2}, \quad v_1 > 0$$

$$t_2: \quad x_2 = \frac{A}{2}, \quad v_2 > 0$$

1、解析法：

$$t_1: -\frac{A}{2} = A \cos(\omega t_1 + \varphi) \Rightarrow (\omega t_1 + \varphi) = \pm \frac{2\pi}{3} \left\{ \begin{array}{l} (\omega t_1 + \varphi) = -\frac{2\pi}{3} \\ v_1 = -A\omega \sin(\omega t_1 + \varphi) > 0 \end{array} \right.$$

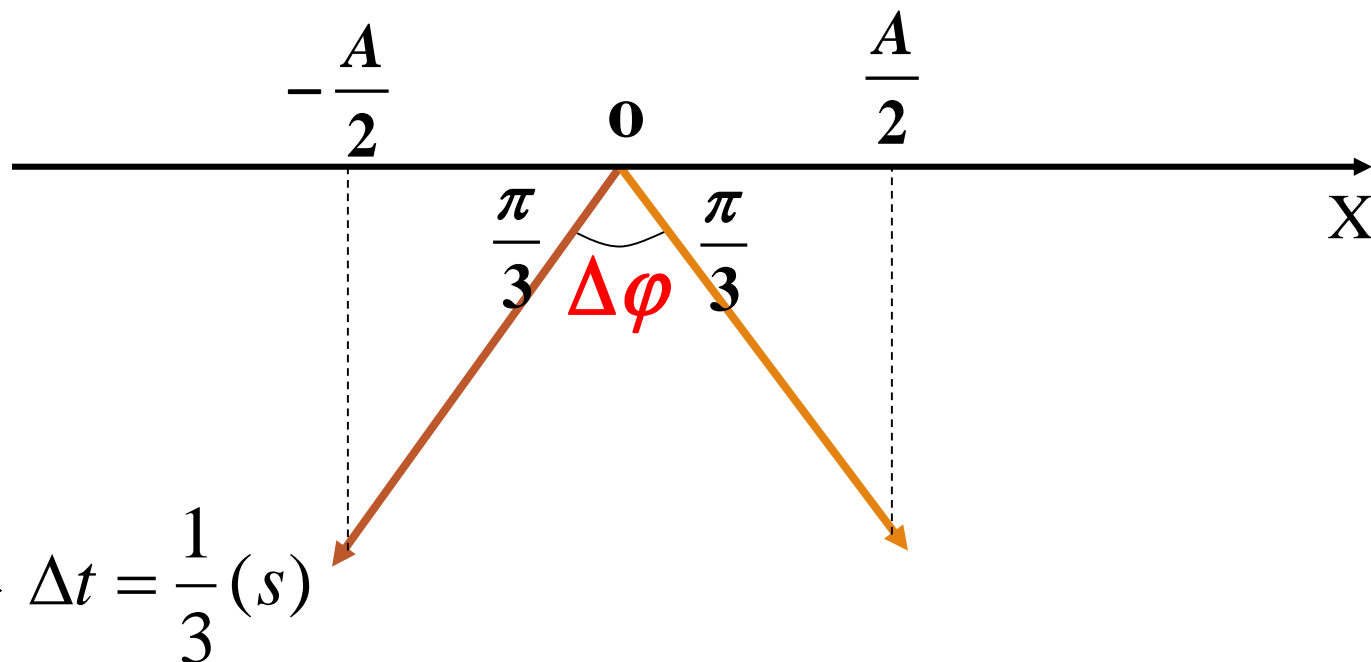
$$t_2: \frac{A}{2} = A \cos(\omega t_2 + \varphi) \Rightarrow (\omega t_2 + \varphi) = \pm \frac{\pi}{3} \left\{ \begin{array}{l} (\omega t_2 + \varphi) = -\frac{\pi}{3} \\ v_2 = -A\omega \sin(\omega t_2 + \varphi) > 0 \end{array} \right.$$

$$(\omega t_2 + \varphi) - (\omega t_1 + \varphi) = \omega(t_2 - t_1)$$

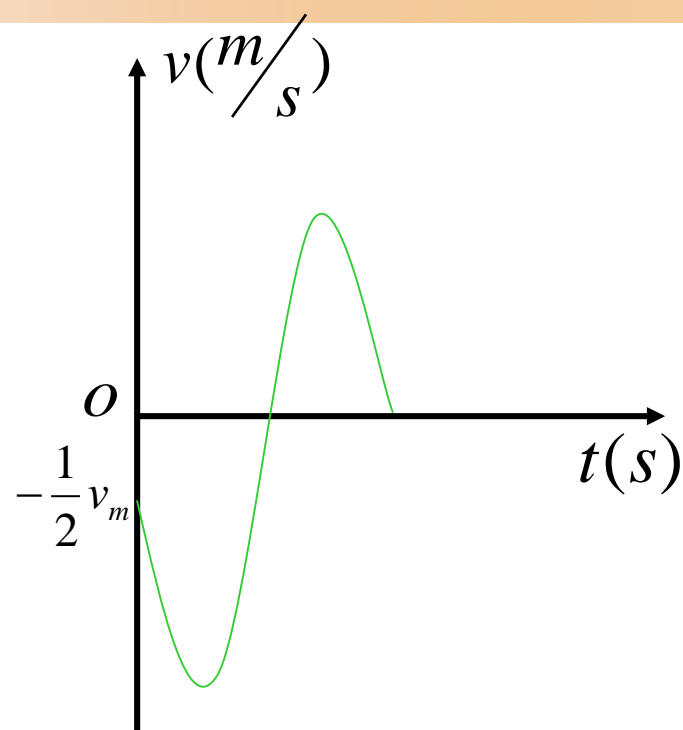
$$\left. \begin{aligned} (\omega t_1 + \varphi) &= -\frac{2\pi}{3} & (\omega t_2 + \varphi) &= -\frac{\pi}{3} \end{aligned} \right\} \Delta t = \frac{1}{3} (s)$$

$$\omega = \frac{2\pi}{T} = \frac{2\pi}{2} = \pi$$

2. 旋转矢量法



【例】.质点按余弦规律作谐振动，其v-t关系曲线如图所示，周期T=2。试求振动表达式。



解： $x = A \cos(\omega t + \varphi)$

$$\omega = \frac{2\pi}{T} = \pi$$

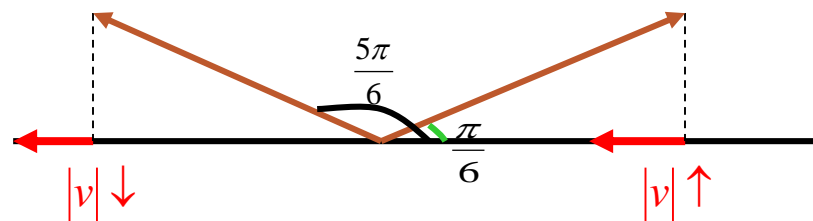
$$v_m = \omega A$$

$$A = \frac{v_m}{\omega} = \frac{v_m}{\pi}$$

$$\varphi = \frac{\pi}{6}, \frac{5\pi}{6}$$

$$t = 0 : v_0 = -A\omega \sin \varphi = -\frac{1}{2} v_m$$

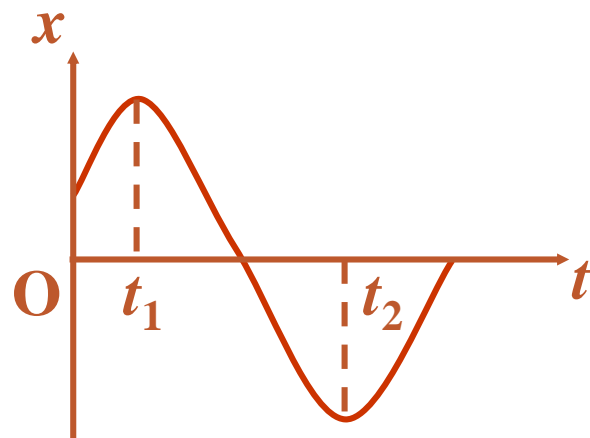
$$\therefore x = \frac{v_m}{\pi} \cos\left(\pi t + \frac{\pi}{6}\right)$$



* 相位差

1). 对同一谐振动的两个不同时刻的态的比较

$$\begin{aligned}\Delta\varphi &= (\omega t_2 + \varphi) - (\omega t_1 + \varphi) \\ &= \omega(t_2 - t_1)\end{aligned}$$

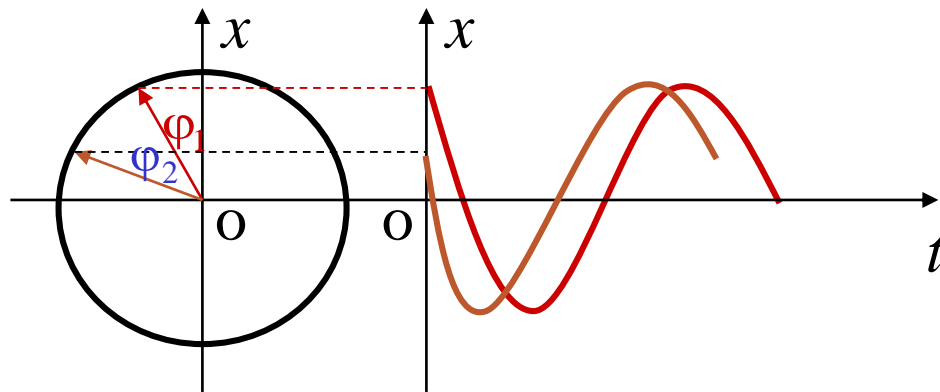


2). 对同一时刻两同频率的谐振动的比较

$$x_1 = A_1 \cos(\omega t + \varphi_1)$$

$$x_2 = A_2 \cos(\omega t + \varphi_2)$$

$$\Delta\varphi = (\omega t + \varphi_2) - (\omega t + \varphi_1) = \varphi_2 - \varphi_1 \quad \text{初相差}$$



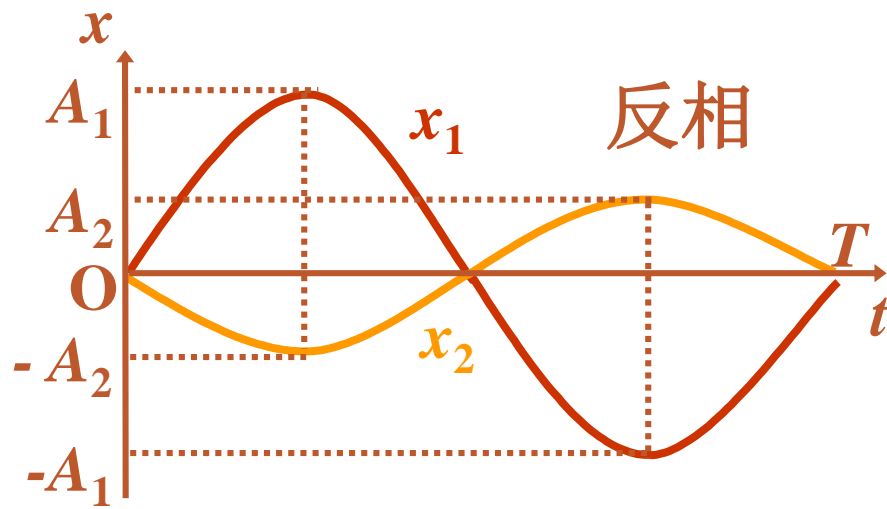
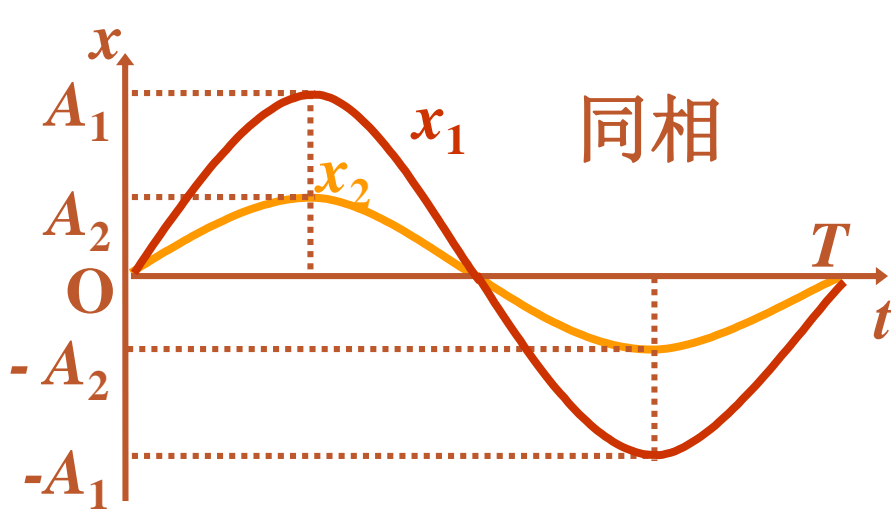
可用于比较两个谐振动的步调。

a 同相 两振动步调相同。

条件： $\Delta\varphi = \pm 2k\pi$, $k = 0, 1, 2, \dots$

b 反相 两振动步调相反。

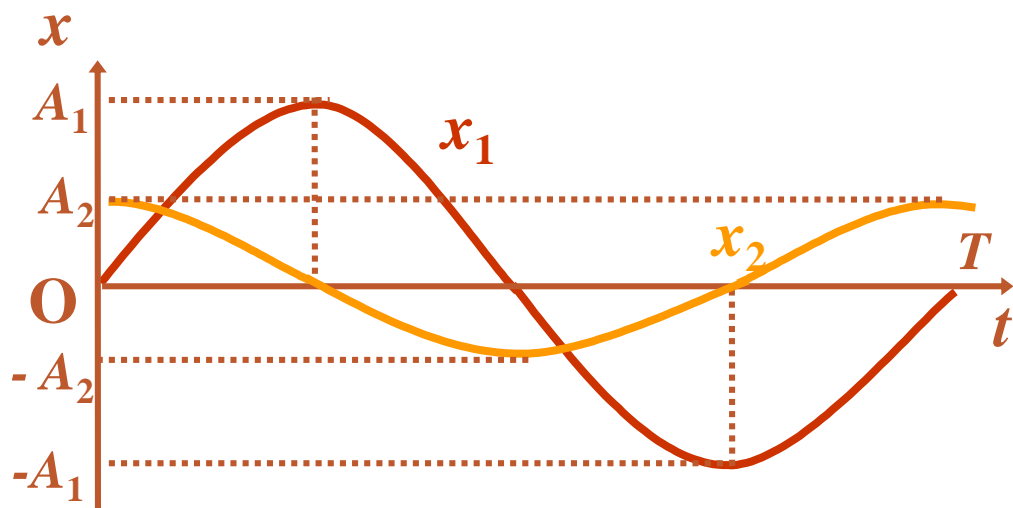
条件： $\Delta\varphi = \pm(2k+1)\pi$, $k = 0, 1, 2, \dots$



c 超前和落后 当 $\Delta\varphi = \varphi_2 - \varphi_1 \neq \pm k\pi, \quad k = 0, 1, 2, \dots$

$\begin{cases} \Delta\varphi > 0, & x_2 \text{超前} x_1 \text{振动 } \Delta\varphi. \\ \Delta\varphi < 0, & x_2 \text{落后} x_1 \text{振动 } |\Delta\varphi|. \end{cases}$ 约定: $\Delta\varphi \in (-\pi, \pi]$

$$\Delta\varphi = -\frac{3}{2}\pi \longrightarrow \Delta\varphi = -\frac{3}{2}\pi + 2\pi = \frac{1}{2}\pi$$



x_2 超前 x_1 振动 $\frac{\pi}{2}$ 。

$$\Delta\varphi = \varphi_2 - \varphi_1 = 0 - \left(-\frac{1}{2}\pi\right) = \frac{1}{2}\pi$$