

# 简谐振动

产生原因

$$F \propto -x \quad (9)$$



描述方法

$$\frac{d^2x}{dt^2} + \omega^2 x = 0$$

解析法:

$$x(t) = A \cos(\omega t + \varphi)$$

$\omega$  (T)、A、 $\varphi$

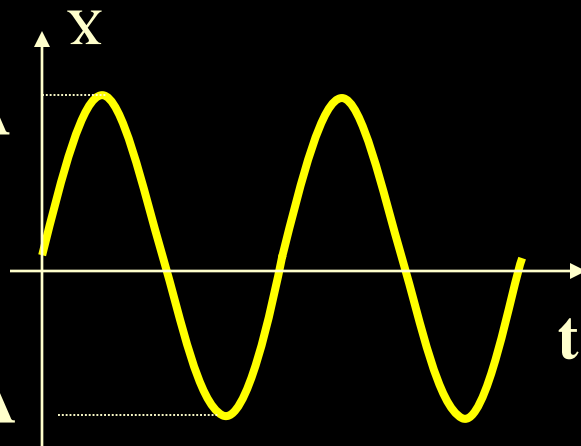
$$v(t) = -A\omega \sin(\omega t + \varphi)$$

$$a(t) = -\omega^2 A \cos(\omega t + \varphi) \sim F$$

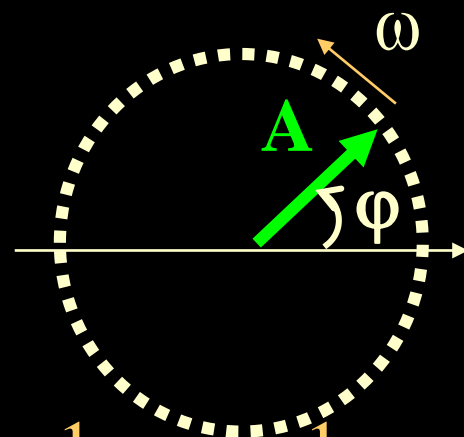
$\omega$  (T) —— 振动系统决定

A、 $\varphi$  —— 初始状态决定

图示法:



旋转矢量图



$$A = \sqrt{x_0^2 + \frac{v_0^2}{\omega^2}}$$

$$\tan \varphi = -\frac{v_0}{x_0 \omega}$$

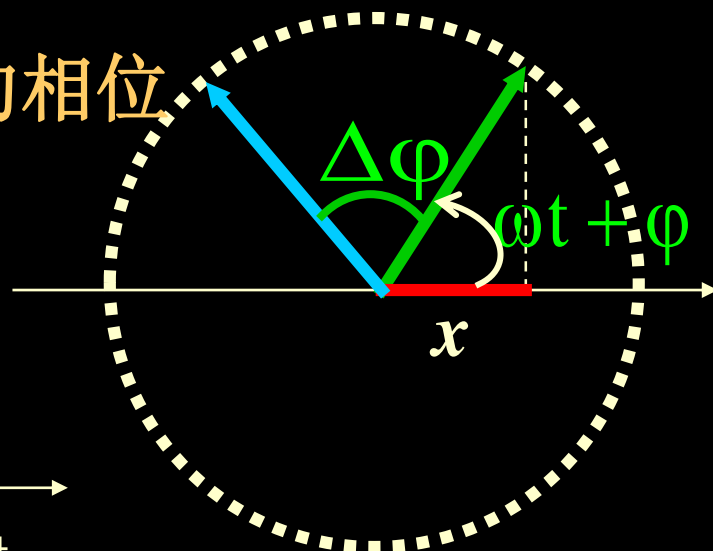
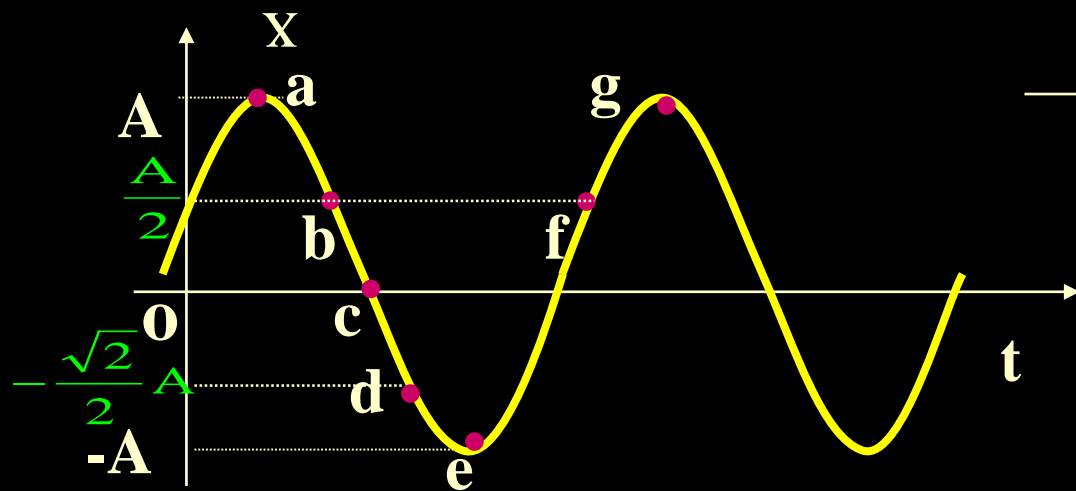
$$E = \frac{1}{2} kx^2 + \frac{1}{2} mv^2$$

$$= \frac{1}{2} kA^2 = \frac{1}{2} m(\omega A)^2$$

振动曲线上那些点速度最大? 加速度最大? 动能最大? 势能最大?

# 一、熟练掌握旋转矢量图法

## (1) 振动的表示 (2) 任意时刻的相位



$$\cos(\omega t + \varphi) = \frac{x}{A}$$

上半圆  $v < 0$

下半圆  $v > 0$

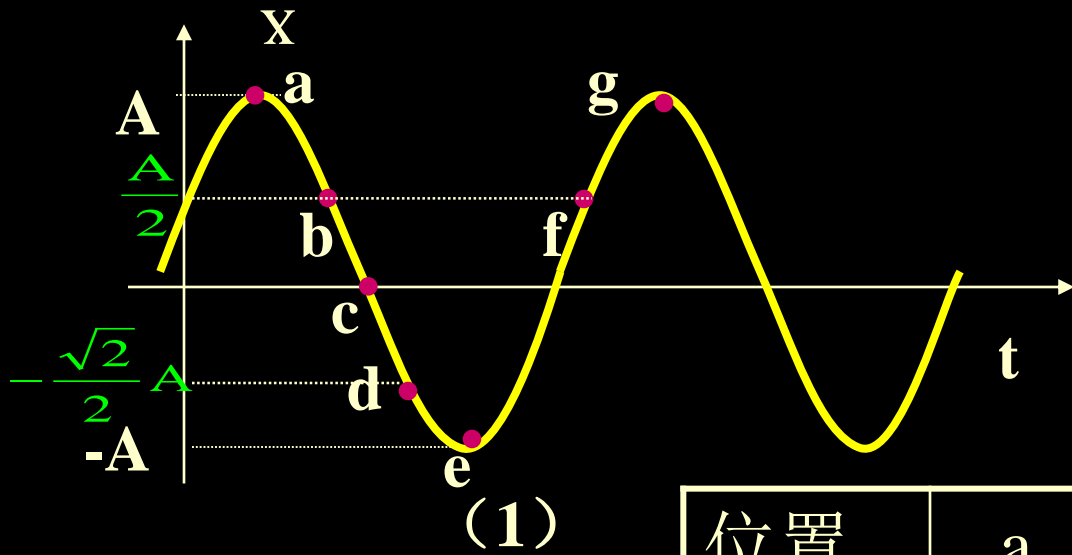
**例1** (1) 根据振动曲线填写下表,

且在旋转矢量图上标出相应的旋转矢量位置

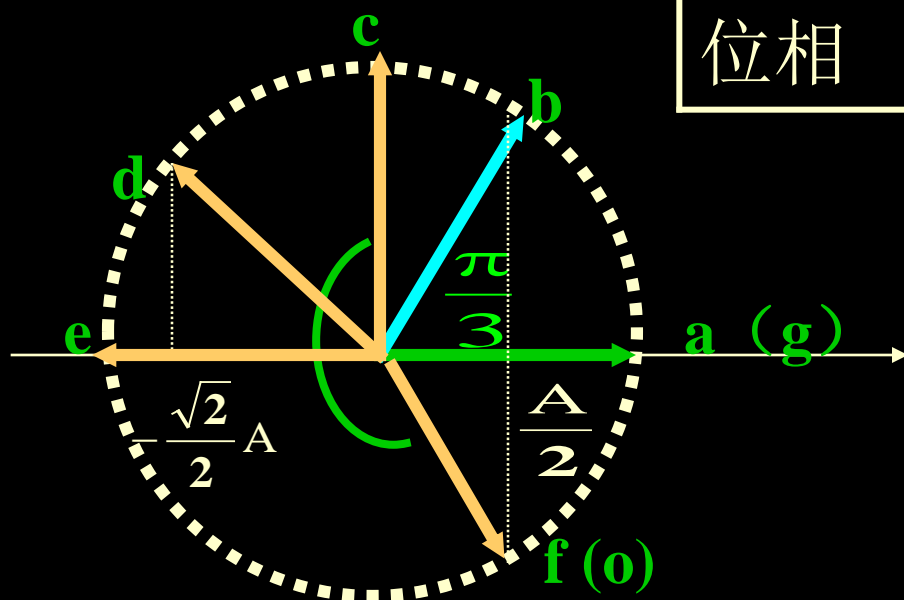
(2) a与b的振动状态的相位差是多少? c与f?

(3) 若  $\overline{Oc} = 1\text{s}$  , 则振动方程如何?



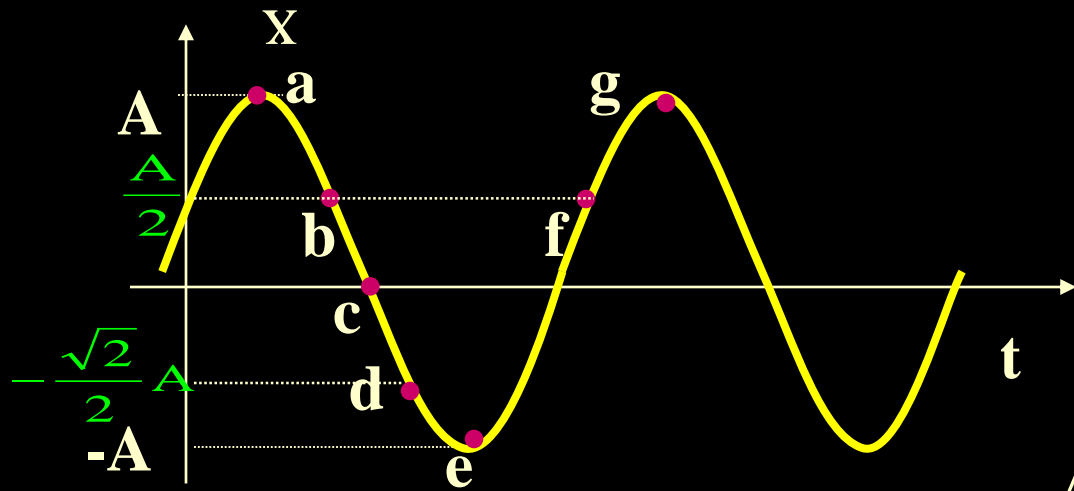


位置	a	b	c	d	e	f
位相	0	$\pi/3$	$\pi/2$	$3\pi/4$	$\pi$	$-\pi/3$

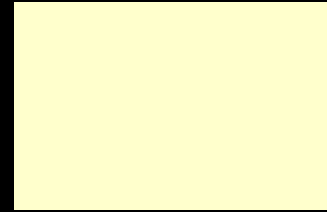


$$\Delta\varphi_{ab} = \varphi_b - \varphi_a = \frac{\pi}{3}$$

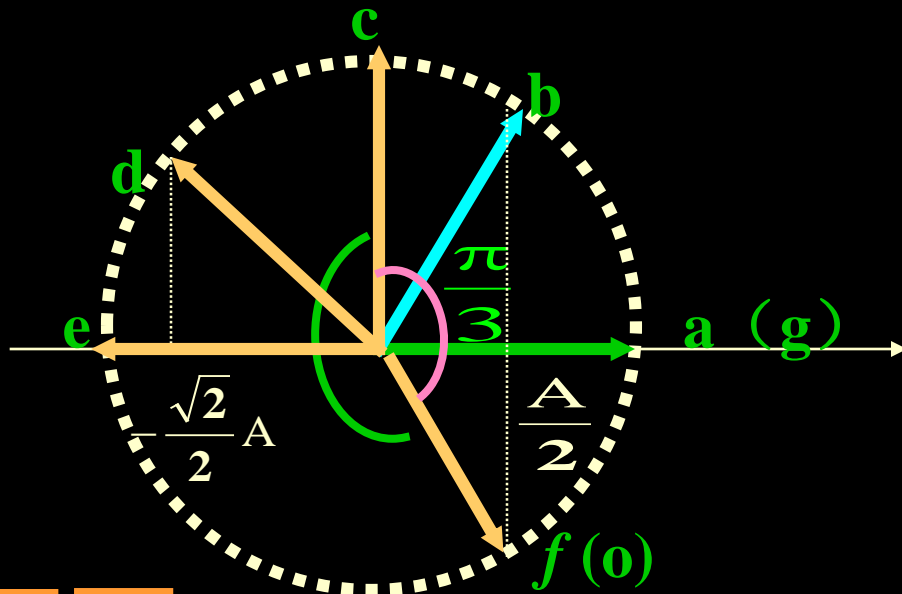
$$\Delta\varphi_{cf} = \pi + \frac{\pi}{6} = \frac{7}{6}\pi$$



(3)



$$\Delta\varphi_{0c} = \frac{\pi}{2} + \frac{\pi}{3} = \frac{5}{6}\pi$$



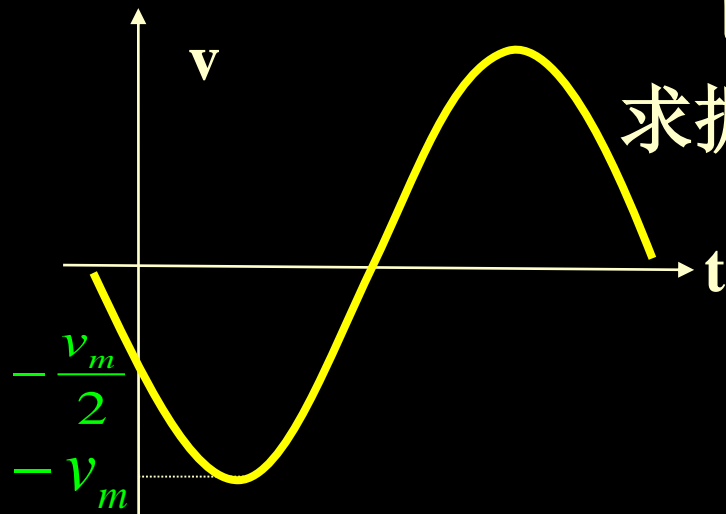
$$\omega = \frac{2\pi}{T} = \frac{\frac{5}{6}\pi}{1} = \frac{5}{6}\pi$$

$$x = A \cos\left(\frac{5}{6}\pi t - \frac{\pi}{3}\right)(\text{SI})$$



已知简谐振动的 $v \sim t$ 曲线及 $T=2s$ ,

求振动方程



$$\omega = \frac{2\pi}{T} = \pi$$

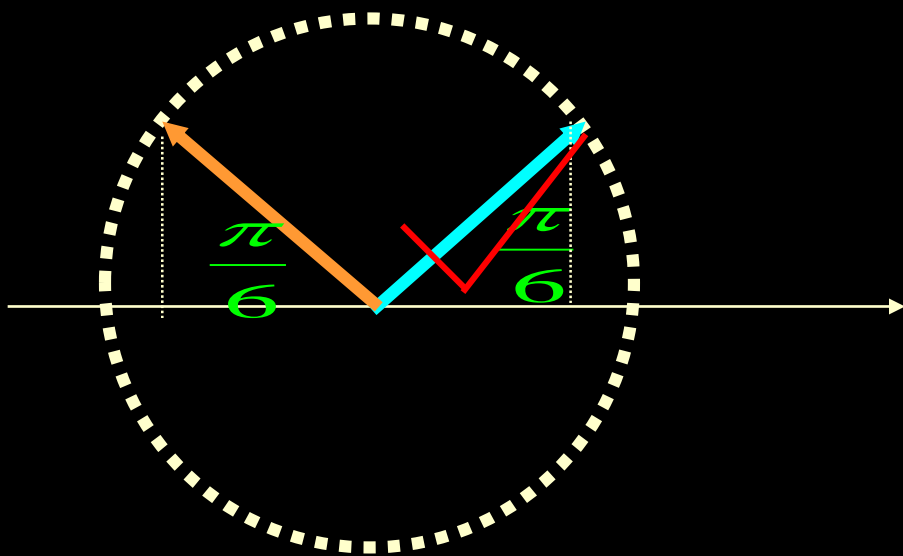
$$v_m = \omega A \Rightarrow A = \frac{v_m}{\pi}$$

$$-\frac{v_m}{2} = -v_m \sin \alpha$$

$$\Rightarrow \sin \alpha = \frac{1}{2}$$

$$\alpha = \frac{\pi}{6} \quad or \quad \alpha = \frac{5}{6}\pi$$

$$x = \frac{v_m}{\pi} \cos\left(\pi t + \frac{\pi}{6}\right) (SI)$$



**例2、**（自测练习p17 3）质量为0.25kg的物体与 $k=25\text{N/m}$ 的弹簧组成弹簧振子，若初始时的动能和势能分别为0.02J和0.06J.而且物体的 $x_0>0, v_0<0$ , 试求：

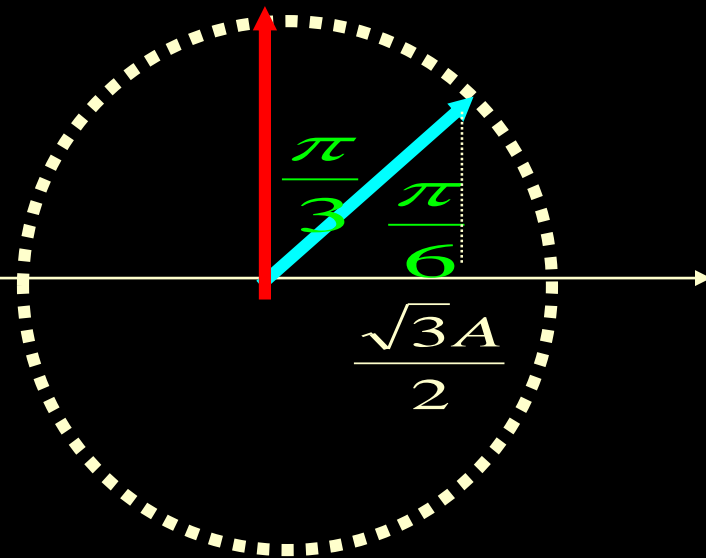
- (1)物体谐振动的表达式;
- (2)物体从初位置回到平衡位置的最短时间;
- (3)物体到达平衡位置时的速度.

**解 (1)**

$$\omega = \sqrt{\frac{k}{m}} = \sqrt{\frac{25}{0.25}} = 10\text{s}^{-1}$$
$$E = E_p + E_k = 0.08 = \frac{1}{2}kA^2 \Rightarrow A = 0.08(\text{m})$$
$$E_{p0} = 0.06 = \frac{1}{2}kx_0^2 \Rightarrow x_0 = \frac{\sqrt{3}}{2}A \Rightarrow \alpha = \frac{\pi}{6}$$
$$x = 0.08\cos(10t + \frac{\pi}{6})(\text{SI})$$



$$(2) \quad \frac{2\pi}{T} = \frac{\Delta\varphi}{\Delta t} \Rightarrow \Delta t = \frac{\Delta\varphi}{\omega} = \frac{\pi/3}{10}$$



别解:  $x = 0.08 \cos(10t + \frac{\pi}{6})(SI)$

$$\cos(10t + \frac{\pi}{6}) = 0 \Rightarrow 10t + \frac{\pi}{6} = (2k + 1)\frac{\pi}{2}$$

取  $k=0 \Rightarrow t$

$$(3) \quad v = \frac{dx}{dt} = -0.08 \sin(10t + \frac{\pi}{6}) \times 10$$

$$= -0.08 \sin(\frac{\pi}{2}) \times 10 = -0.8 m/s$$

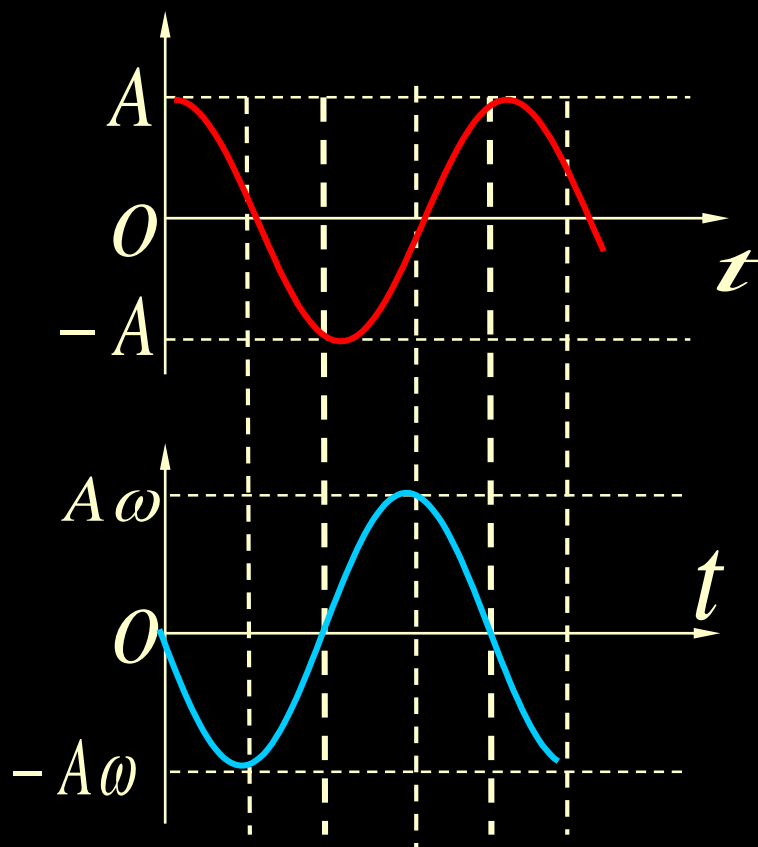
练习: 自测练习 p13 1、3





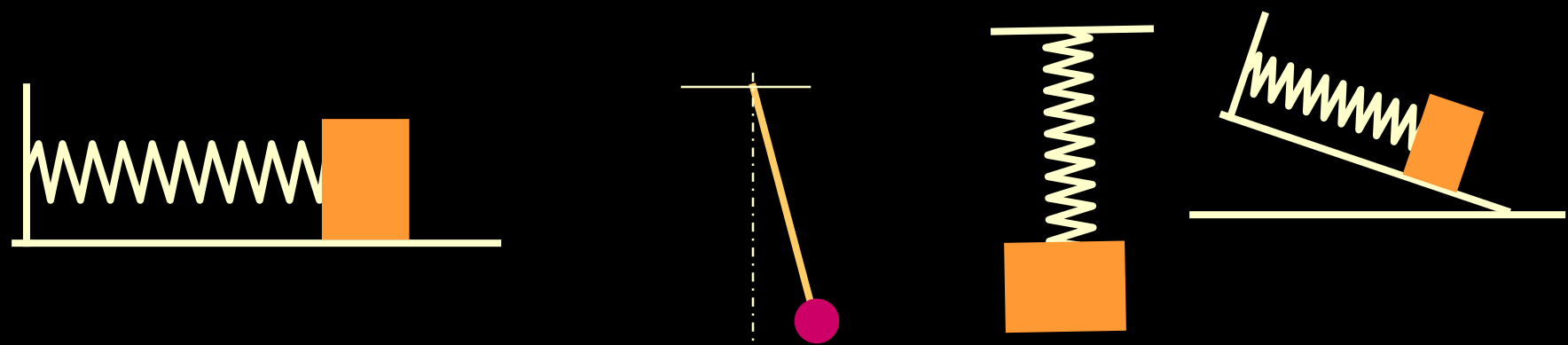
$$\mathbf{x}_0 > 0, \quad \mathbf{v}_0 > 0$$

$$\varphi \sim \frac{3}{2}\pi \sim 2\pi$$





二、熟悉基本的振动系统的规律： 弹簧、单摆、复摆



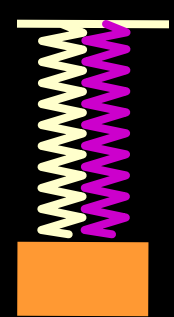
$$\omega = \sqrt{\frac{k}{m}}$$

$$\omega = \sqrt{\frac{g}{l}}$$



$$\frac{1}{k} = \frac{1}{k_1} + \frac{1}{k_2}$$

$$k = k_1 + k_2$$

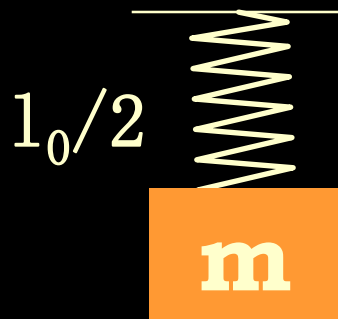
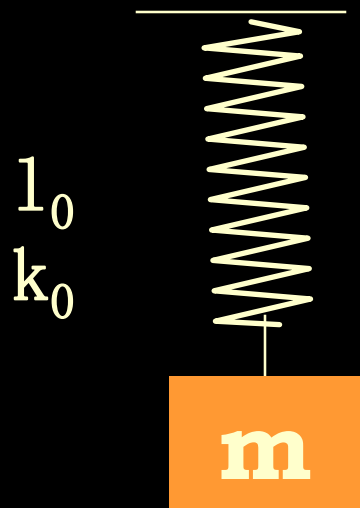


# 自测练习 p14 6、5

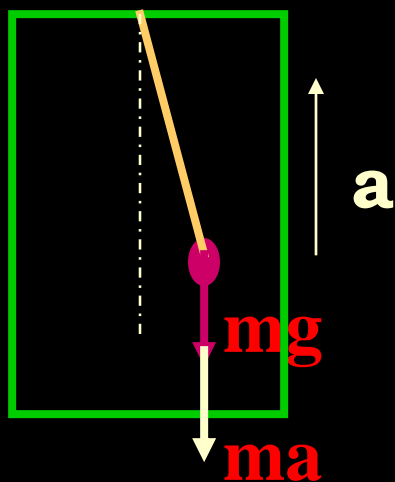
$$\frac{1}{k_0} = \frac{1}{k} + \frac{1}{k} = \frac{2}{k}$$

$$k = 2k_0$$

$$k' = 2k_0 + 2k_0 = 4k_0$$



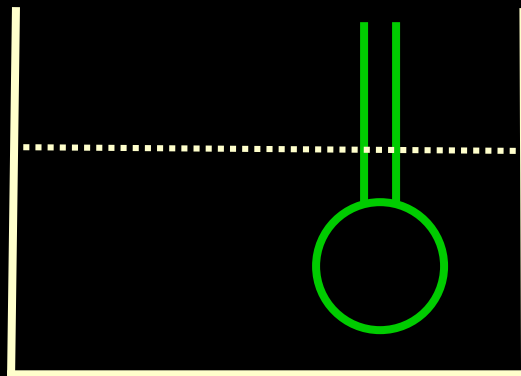
$$T = 2\pi\sqrt{\frac{m}{k}} \Rightarrow T: T' = \frac{\sqrt{4k_0}}{\sqrt{k_0}} = 2:1$$



### 三、简谐振动的综合应用

- 1、证明物体作简谐振动
- 2、通过物理过程建立初始条件
- 3、通过物理过程研究力学问题

**例3、**已知：比重计 $m$ 、直径 $D$ ， 液体密度 $\rho$ 。若在平衡位置用力按下深度为 $b$ 后，放手任其运动。求振动方程。



例5、已知：比重计 $m$ 、直径 $D$ ，液体密度 $\rho$ 。若在平衡位置用力按下深度为 $b$ 后，放手任其运动。求振动方程。

解：  $mg = \rho Vg$

$$mg - \rho \left( V + \frac{1}{4} \pi D^2 x \right) g = ma$$

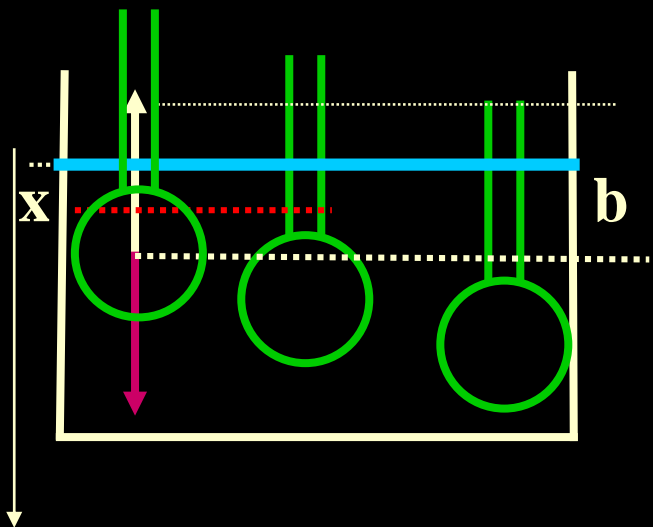
$$- \rho \frac{1}{4} \pi D^2 x g = ma$$

$$\frac{d^2 x}{dt^2} + \frac{\rho \pi D^2 g}{4m} x = 0$$

$$x = b \cos \left( \sqrt{\frac{\rho \pi D^2 g}{4m}} t \right)$$

初始条件：  $x = b$        $v_0 = 0$

$$A = \sqrt{x_0^2 + \frac{v_0^2}{\omega^2}} = b$$



例4、证明下列系统作简谐振动，并求其振动的周期。

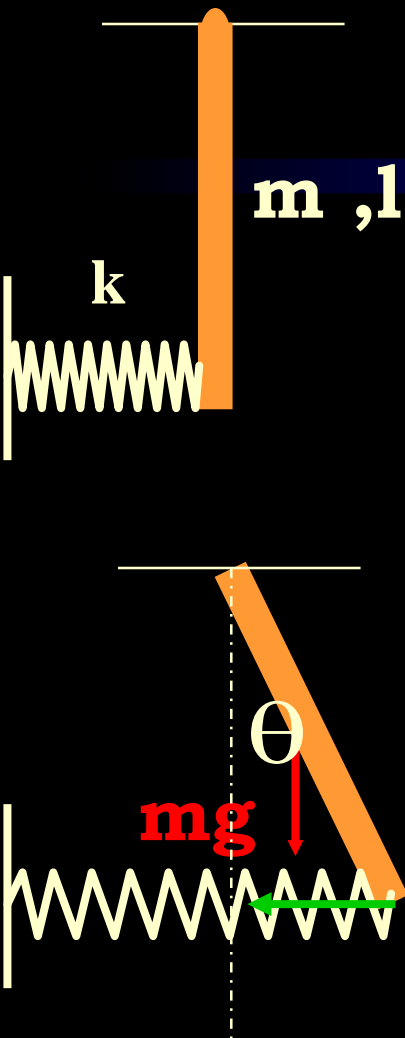


Diagram illustrating a physical pendulum system. A uniform rod of mass  $m$  and length  $l$  is pivoted at the top. A spring with constant  $k$  is attached to the bottom of the rod. The rod makes an angle  $\theta$  with the vertical. The center of mass is at a distance  $l/2$  from the pivot.

The equation of motion is derived as follows:

$$-mg \frac{l}{2} \sin \theta - kx l \cos \theta = J \frac{d^2 \theta}{dt^2}$$

where  $x = l \sin \theta$  is the displacement of the spring.

For small angles,  $\sin \theta \sim \theta$  and  $\cos \theta \sim 1$ .

$$-mg \frac{l}{2} \theta - kl^2 \theta \approx \frac{1}{3} ml^2 \frac{d^2 \theta}{dt^2}$$

The equation of motion is then:

$$\frac{d^2 \theta}{dt^2} + \frac{\frac{1}{2} mgl + kl^2}{\frac{1}{3} ml^2} \theta = 0$$

where  $\omega^2 = \frac{\frac{1}{2} mgl + kl^2}{\frac{1}{3} ml^2}$ .

The period of oscillation is:

$$T = \frac{2\pi}{\omega}$$

$$E = \frac{1}{2}mv^2 + \frac{1}{2}kx^2 \quad 0 = \cancel{mv} \frac{dv}{dt} + kx \cancel{\frac{dx}{dt}}$$



$$\frac{dv}{dt} + \frac{k}{m}x = 0 \quad \left( \frac{d^2x}{dt^2} + \frac{k}{m}x = 0 \right)$$

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$$mgx = \frac{1}{2}mv^2 + \frac{1}{2}J\omega^2 + \frac{1}{2}kx^2$$

$$mgv = mv \frac{dv}{dt} + J\omega \frac{d\omega}{dt} + kxv$$

$$\cancel{mgv} = \cancel{mv} \frac{dv}{dt} + J \cancel{v} \frac{1}{R} \frac{dv}{dt} + \cancel{kxv}$$

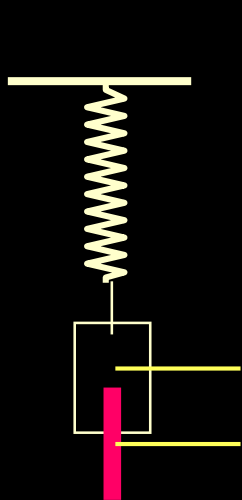
$$\left( m + \frac{J}{R^2} \right) \frac{dv}{dt} + (kx - mg) = 0$$

$$mg = kx_0$$

$$x = x_0 + x'$$

**习题册 5** 一弹簧振子，由弹性系数为 $k$ 的弹簧和质量为 $M$ 的物块组成，将弹簧一端与顶板连接，如图所示。开始时物块静止，一质量为 $m$ 、速度为 $v_0$ 的子弹由下而上射入物块，并停留在物块中，试求：

- (1) 振子振动的振幅和周期；
- (2) 物块由初位置运动到最高点所需的时间；



$$\omega = \sqrt{\frac{k}{m+M}} \Rightarrow T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{m+M}{k}}$$

$$mg = kx_0$$

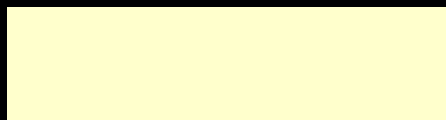
$$mv_0 = (M+m)V$$

$$A = \sqrt{\left(\frac{mg}{k}\right)^2 + \frac{\left(\frac{mv_0}{m+M}\right)^2}{\omega^2}}$$

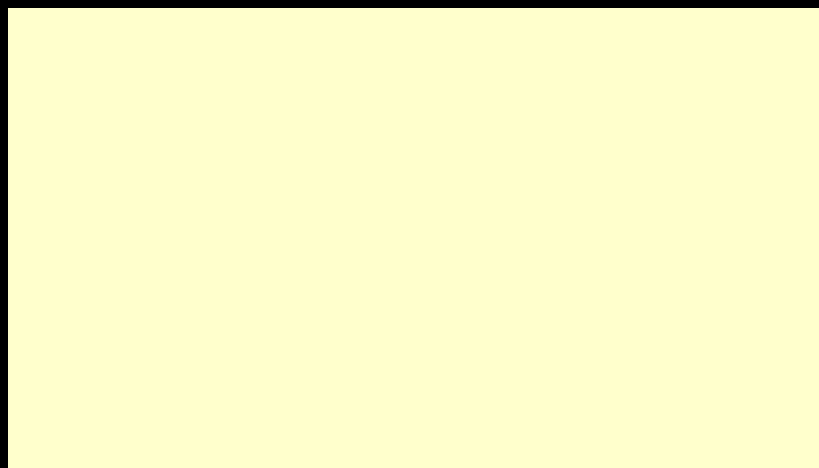


$$\operatorname{tg} \varphi = -\frac{v_0}{x_0 \omega} = -\frac{v_0}{g} \sqrt{\frac{k}{m+M}}$$

向上为正, 最高点  $\cos(\omega t + \varphi) = 1$



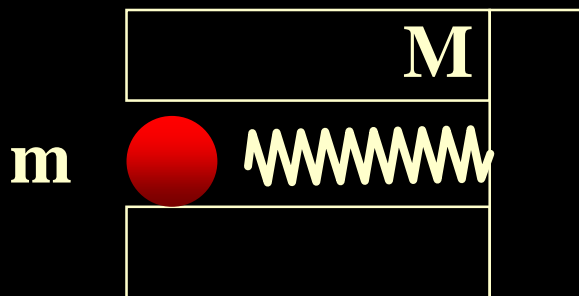
$$\frac{0 - \varphi}{\Delta t} = \frac{2\pi}{T} = \omega$$



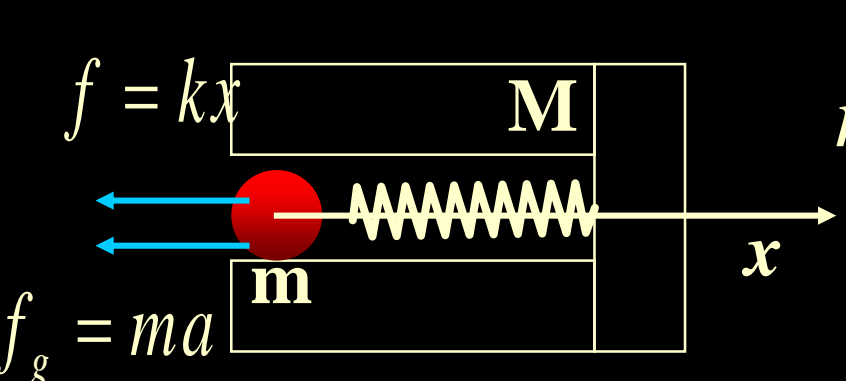


**例8、**一装有弹簧的框架静止地放在光滑的水平面上，框架的质量 $M$ ，弹簧的弹性系数 $k$ 。现有质量为 $m$ 的小球以水平速度 $v_0$ 射入框架与弹簧连接，并开始压缩弹簧，设小球与框架均光滑。

- (1) 证明小球在框架内作谐振动，并写出振动方程；
- (2) 试求弹簧的最大压缩量；
- (3) 从弹簧与小球接触到弹簧达到最大压缩量的时间。



$$kx = Ma_{M\text{地}}$$



$$m \frac{d^2 x}{dt^2} = -kx - ma_{M\text{地}}$$

$$= -kx - m \frac{kx}{M} = -k \frac{m+M}{M} x$$

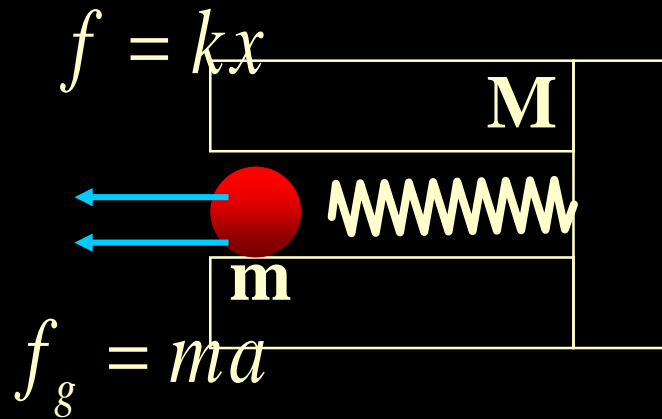
$$x_0 = 0, \quad v_0 = v_0$$

$$\frac{d^2 x}{dt^2} + k \frac{m+M}{Mm} x = 0$$

$$A = \sqrt{x_0^2 + \left(\frac{v_0}{\omega}\right)^2} = \left|\frac{v_0}{\omega}\right| \quad \varphi = -\frac{\pi}{2}$$

$$x = \frac{v_0}{\sqrt{k \frac{m+M}{mM}}} \cos\left(\sqrt{k \frac{m+M}{mM}} t - \frac{\pi}{2}\right)$$





$$x_m = A = \sqrt{x_0^2 + \left(\frac{v_0}{\omega}\right)^2} = \left|\frac{v_0}{\omega}\right|$$

$$\Delta t = \frac{T\left(\frac{2\pi}{\omega}\right)}{4} = \frac{\pi}{2} \sqrt{\frac{Mm}{k(m+M)}}$$

#### 四、同方向同频率振动的合成



$$x_1 = A_1 \cos(\omega t + \alpha_1)$$

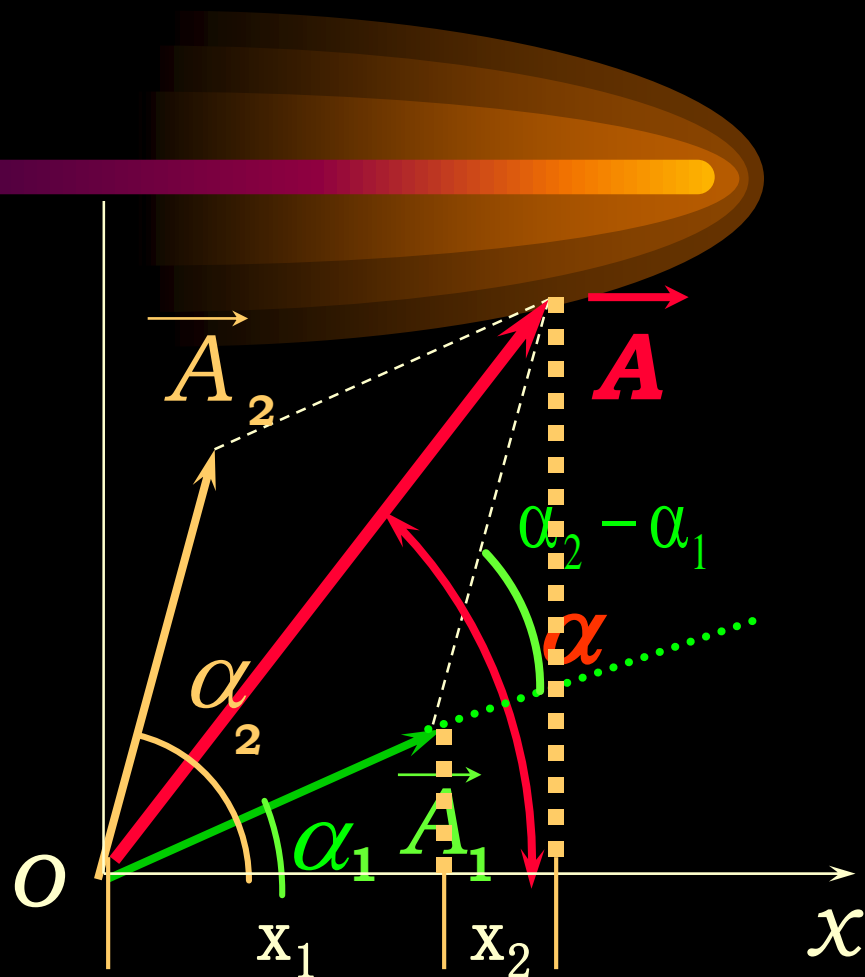
$$x_2 = A_2 \cos(\omega t + \alpha_2)$$

$$x = x_1 + x_2$$

$$= A \cos(\omega t + \alpha)$$

合振动的振幅为：

$$A = \sqrt{A_1^2 + A_2^2 + 2A_1 A_2 \cos(\alpha_2 - \alpha_1)}$$



例7、已知

$$\begin{cases} x_1 = \sqrt{3} \cos\left(3t + \frac{3\pi}{4}\right) \\ x_2 = \cos\left(3t + \frac{\pi}{4}\right) \end{cases}$$



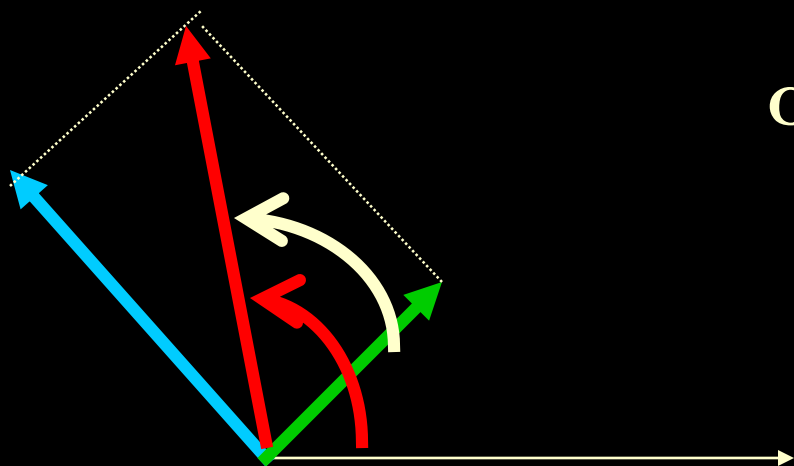
求：合振动的表达式

$$A = \sqrt{A_1^2 + A_2^2} = 2$$

$$\tan \beta = \frac{\sqrt{3}}{1}$$

$$\alpha = \frac{\pi}{4} + \frac{\pi}{3} = \frac{7}{12}\pi$$

$$x = 2 \cos\left(3t + \frac{7\pi}{12}\right)$$



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$$\begin{cases} A = A_1 + A_2 \\ \varphi = \varphi_2 = \varphi_1 \end{cases}$$

$$x = (A_1 + A_2) \cos\left(\frac{2\pi}{T}t + \pi\right)$$

$$\begin{cases} A = |A_1 - A_2| \\ \varphi = \varphi_2 \end{cases}$$

$$x = (A_2 - A_1) \cos\left(\frac{2\pi}{T}t + \pi\right)$$

