江理学习资料墙: 2098881095

英语(四)复习资料1

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复习资料说明

- 1. 由于英语(四)考试中的题目部分来自视听说的短对话、长对话、段落,阅读教程,长篇阅读(长篇阅读匹配未整理),最新大学英语四级考试全真模拟试卷与详解汉译英部分。本文件集成了阅读教程的答案,视听说的答案,长篇阅读的部分答案,最新大学英语四级考试全真模拟试卷与详解汉译英部分的答案(2018年6月第三版)。
- 2. 未经作者允许,本文件不得作商业用途。

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听力

短对话

- 1. She thinks money causes trouble.
- 2. He is still learning to drive.
- 3. She still wants to marry the guy.
- 4. The woman has not overcome her grief.
- 5. Nobody is listening to her opinions.
- 1. She had practiced a lot.
- 2. The man speaks favorably of it, but the woman speaks unfavorably.
- 3. New diets.
- 4. She looks brown and attractive.
- 5. Vanity.
- 1. No loss of lives.
- 2. Traveling to India.
- 3. She is staying home.
- 4. It made a mess of part of the city.
- 5. Beautiful and destructive.
- 1. Either a team member or a leader.
- 2. In an office.
- 3. He won't be promoted.
- 4. She admires Mr. Jones.
- 5. The woman may be promoted to be an office manager.
- 1. They don't want to adjust to new conditions.
- 2. She proposes to work late.
- 3. She is not sorry at all.
- 4. To leave by the end of the month.
- 5. He is sure of his future.
- 1. He wants to keep it.
- 2. To wish the woman good luck.
- 3. Only the woman.
- 4. The man broke a mirror.
- 5. On the porch.
- 1. Local stories.
- 2. To meet local people.
- 3. On a DVD.
- 4. Getting it from the Internet.
- 5. To buy a week or more at each of two holiday

homes.

- 1. They are almost the same.
- 2. The genetic map is similar to the geographic map.
- 3. We must emphasize the importance of natural selection.
- 4. She supports cloning.
- 5. It has freed some innocent people from prison.
- 1. The woman thinks trade promotes the economy.
- 2. The U.S. economy affects the British economy.
- 3. Both tariffs and subsidies are unfair.
- 4. The woman thinks it is good.
- 5. It makes the sunset beautiful.
- 1. He is not sure if the broker's advice was good.
- 2. One should be cautious about buying IPOs.
- 3. The man thinks positively about the stock market.
- 4. They need about \$500 to open an account.
- 5. The investor has a big active account with a broker.

长对话

- 1. One of her feet was hit by the box.
- 2. He makes lots of mistakes.
- 3. The boss.
- 4. Both A) and B).
- 5. He has a lot of money.
- 1. Because she is naturally attractive.
- 2. A good makeup base.
- 3. A subtle color.
- 4. Adding some color to her cheeks.
- 5. A lipstick.
- 1. It's far too expensive.
- 2. There is an imbalance between him and his hairstyle.
- 3. He will create peaks.
- 4. It will make it a work of art.
- 5. How a customer is tricked.
- 1. A kind of food.
- 2. They would be swallowed up by the ocean waves.

- 3. Cool.
- 4. A warm current.
- 5. 30 meters.
- 1. He sold more of the company's products than other salespeople.
- 2. Only he knows how to get a certain large contract.
- 3. She almost fired the wrong person.
- 4. He often works overtime.
- 5. A salary increase for the first time.
- 1. Ways of cutting staff.
- 2. Their long service.
- 3. Greater dependence on computers.
- 4. They still have to cut workers in the service department.
- 5. Retraining for the service staff.
- 1. The magic of David Copperfield.
- 2. Putting on a straitjacket.
- 3. He walked through it.
- 4. All of the above.
- 5. Buy a ticket for the magic show.
- 1. It offers altogether more than five types of tours.
- 2. The tourists visit faraway areas of ethnic minorities.
- 3. Wealthy people.
- 4. Cultural tour.
- 5. A historical tour.
- 1. All of the above.
- 2. You can live in each other's homes and use each other's facilities.
- 3. He stayed in America and will stay in Australia.
- 4. You can stay at their home.
- 5. Nothing.
- 1. Close to a beach.
- 2. To see the world on the Net.
- 3. He will be stupid.
- 4. There is no opportunity to play with a chess master.
- 5. She wants the man to pay attention to her.
- 1. Benefits from stem cell research.
- 2. The Republican Party.
- 3. It can become another type of cell.

- 4. When it combines with another stem cell.
- 5. They don't want to interfere with nature.
- 1. Its total area is 900 square feet.
- 2. Both A) and B).
- 3. The whole apartment is in good condition.
- 4. The owners want to sell it quickly.
- 5. The property market is hot.
- 1. It was over nine percent in both years.
- 2. Achieving balanced development.
- 3. It does not distinguish between the desirable and undesirable.
- 4. He was not re-elected.
- 5. Problems with GDP.
- 1. They inherited it.
- 2. They'll earn a little.
- 3. The man is more positive than the woman.
- 4. Renting it out.
- 5. Buy a condo at a good price.
- 1. It's good because the stock prices are low.
- 2. Speculation.
- 3. All of the above.
- 4. Because the market often continue its downward trend.
- 5. He is unwilling to take risks.

段落

- 1. The United States.
- 2. People are likely to be unhappy if they have little money.
- 3. People in their 50s.
- 4. A good car.
- 5. An investigation on happiness and the determinants.
- 1. Something you may regret later.
- 2. They contradict each other.
- 3. Using only intellectual logic.
- 4. They should keep a balance between passion and reason.
- 5. In most decisions there is no clear distinction between reason and emotion.
- 1. Physical appearance.

- 2. Because beauty queens started doing useful things.
- 3. Focus on physical attractiveness.
- 4. It goes against the local culture or religion.
- 5. Neutral.
- 1. Over two billion yuan.
- 2. Transportation.
- 3. Six to eight.
- 4. Protection of water conservancy facilities like reservoirs.
- 5. Damages from the typhoon and the work done.
- 1. The definitions of blizzards.
- 2. One can't see anything beyond a quarter of a mile.
- 3. The wind blows at a speed of 40 kilometers per hour.
- 4. When the snow has stopped falling, the visibility and wind force remain.
- 5. Winter storm—blizzard—whiteout.
- 1. The pros and cons of working from home.
- 2. Cozy environment.
- 3. Complaints from clients.
- 4. They can choose to work at night.
- 5. To show the freedom one can enjoy at home.
- 1. All executives on the distribution list his boss had given him.
- 2. His boss looked angry.
- 3. The report was already in the CEO's hands.
- 4. She thought Adams went above her power.
- 5. An employee should not bypass his / her immediate superior.
- 1. Predicting and preparing for lay-offs.
- 2. Both before and after a warning from the company.
- 3. Fewer customers want to install equipment.
- 4. Perhaps just periodic sales drops.
- 5. Lay-offs in other industries.
- 1. Lack of contact with colleagues.
- 2. It does not last forever.
- 3. They need unemployment insurance.
- 4. Technical problems.
- 5. Problems with joblessness.

- 1. In 1722 by a Dutch captain.
- 2. Polynesian seafarers.
- 3. They sailed to the island and were trapped there.
- 4. Only a few of them.
- 5. The mysteries of Easter Island.
- 1. Horsemanship.
- 2. They offered simple programs.
- 3. Drama and horsemanship.
- 4. In the first half of the 19th century.
- 5. The development of the circus.
- 1. Types and problems of human cloning.
- 2. Three.
- 3. All of the above.
- 4. Some people will get organs from cloned humans.
- 5. Both A) and B).
- 1. All of the above.
- 2. They are genetically different.
- 3. 0.3 percent.
- 4. There were 8,200 participants from two countries.
- 5. Genetic variants at three positions.
- 1. Management would control its shares.
- 2. Management and employees would jointly buy the controlling shares.
- 3. A seminar the firm organized.
- 4. Management would probably be laid off first.
- 5. Joint acquisition by management and employees.
- 1. The influence of shareholders' buying and selling on a company.
- 2. A person selling shares on behalf of others.
- 3. Staff number.
- 4. The video game BCD introduces is a hit.
- 5. BCD has the potential to grow.

深度阅读

- 1. According to the author, international marriages <u>have become more popular</u>.
- 2. The author doubts that there is a causal relation between nationality and marital instability.
- 3. Which of the following is probably not true of

- the author? All of his family members are bilingual.
- 4. The author and his wife share all of the following in common except in <u>cultural</u> backgrounds.
- 5. According to the passage, the international marriage <u>has brought the couple mutual</u> benefits.
- 6. To the author, the most important thing in marriage is devotion to each other.
- 7. The author intends to tell us in the passage that love is no respecter of national boundaries.
- 1. What is the tone of the passage? <u>positive and</u> light-hearted.
- 2. What can be inferred from the passage?

 According to Lang Lang, he will not hesitate to try something new in his music career.
- 3. Which of the following sentences is NOT true according to the article? <u>Lang Lang does not attach any importance to technical skills.</u>
- 4. He insists there is no calculation in the way he plays. What does "calculation" mean in this sentence? deliberate and careful consideration.
- 5. Which of the following words best describes Lang Lang as a musician? <u>dynamic</u>, <u>confident</u> and hard-working.
- 6. If Lang Lang is a crossover pianist, he would combine other styles with his present one.
- 7. What does Lang Lang think of his stage performance? He should just be himself and try his best.
- 1. A millionaire gives his friend a beautiful house, which is considered as <u>an action of showing off</u> by the author.
- 2. Which of the following is true of real generosity? <u>It lies in the giver's thoughtfulness</u> and kindness.
- 3. The Oxford student's generosity to his roommate is shown in his consideration of offering the book without hurting his roommate's self-respect.
- 4. The poor student did not force his rich friend to tell the truth because he appreciates his friend's thoughtfulness.
- 5. What conclusion can be drawn from the passage? Real generosity is invaluable.

- 1. According to the author, all the following are reasons why some parents believe that allowance is unnecessary except <u>children have</u> the ability to make responsible purchases.
- 2. Some parents believe that an allowance is a good way to teach children about the value of money and financial responsibility.
- 3. Why should a child begin to receive an allowance when he or she is five or six years old? Because children at that age are mature enough to understand money management.
- 4. When children's allowances are tied to household chores, it <u>helps cultivate</u> responsibility and offers them a chance to contribute to the family.
- 5. When children reach a certain age, their parents should offer guidance to help them develop money management skills.
- 1. This passage is most probably <u>a newspaper</u> story.
- 2. The phrase "beating out" in the second paragraph can be explained most properly as "demonstrating".
- 3. From the passage we can see that the nine girls are confident in charming their audiences.
- 4. It can be inferred from the passage that <u>the</u> <u>performance is enriched with other artistic factors.</u>
- 5. The passage tells its readers that <u>percussive art</u> came into being fairly early in China.
- 6. Which of the following group of adjectives do not properly describe the girls? <u>Imposing and traditional.</u>
- 1. Which of the following statements about clothes is true according to the passage?

 Clothes may put you on an equal position with other applicants.
- 2. In the author's opinion, <u>revealing one's special</u> fine qualities is vital to an interviewee.
- 3. Which of the following does not explain the importance of speaking manner? Speech styles may differ greatly from one culture to another.
- 4. Being knowledgeable about the position applied for may contribute to all the following except showing off your good education and family background.
- 5. It is suggested in the passage that you can

hardly get a second chance to give others your first impression.

- 1. Which of the following could best serve as a topic sentence for the opening paragraph? The problem of gaining weight lies in your slow metabolism.
- 2. According to the text, the best guarantee of good nutrition is <u>foods rich in vitamins</u>, minerals and fiber.
- 3. To stay healthy and lose weight at the same time, dieters are advised not to <u>limit their</u> calorie intake too much.
- 4. Of the reasons for exercising regularly, the one which functions longest is <u>increased muscle</u> mass.
- 5. In the last but one paragraph, the phrase "in high gear" most probably means at a great speed.
- 1. According to the author, a dog is likely to keep barking if it both A and B.
- 2. Dogs bark for a variety of reasons except desensitization.
- 3. If you complain about your neighbor's barking dog to the landlord without talking to your neighbor first, you will offend the neighbor and spoil the relationship with you.
- 4. Shock collars or debarking surgery are rejected by many dog owners, for these options are likely to damage the health of the pets.
- 5. "All bets are off." in paragraph 10 means <u>all</u> the previous efforts will have been in vain.
- 6. The author suggests that you write a group letter or pay a group visit to the neighbor with the noisy pet, for this tells them that you will take further actions.
- 7. It can be learned from the text that <u>incessant</u> <u>barking may result from the dog's emotional</u> needs.
- 1. Which of the following is NOT true according to the text? Pets in the same household never fight actually.
- 2. The sentence "some animal lovers have a big heart but not the pocketbook to match" in Paragraph 3 means they do not have enough money to cover all the expenses involved in raising pets.

- 3. Which of the following statements is true according to the passage? Of all the pet-raisers, 63% of them have more than one pet.
- 4. Which of the following may not necessarily lead to multi-pet households? <u>Nowadays</u> people tend to give up anything but their pet.
- 5. If you have a dog in the habit of ripping apart a sofa, you'd better adopt an animal of different species.
- 6. In deciding whether to adopt another pet or what pet to adopt, which of the following is NOT true? Pets with serious anxiety need the company of another animal.
- 7. The author's attitude towards having multi pets in a family is that it is advocatable but you should be cautious.
- 1. The pup cannot help getting excited when looking forward to going hunting with his man.
- 2. The pup started to chase the butterfly because he had the natural instinct for hunting.
- 3. The boy appealed to the pup because of his attractive appearance.
- 4. In order to catch the boy's eye, the pup <u>braced</u> his paws against the wire.
- 5. The pup's father had told him never to <u>bark to</u> make himself a nuisance.
- 6. When the boy was asked to pick a dog, he <u>felt</u> hard to make up his mind.
- 7. The attraction between the pup and the boy was sparked when the pup showed he was a natural hunting dog.
- 8. The expression "hold out on somebody" in the last paragraph but one means to <u>refuse to give</u> information to someone.
- 1. Advertising can persuade the consumer to buy worthless products by <u>appealing to his buying</u> motives.
- 2. The reason why the bread advertisement is misleading is that the total number of calories in the loaf remained the same.
- 3. The marketing concept discussed in the passage is, in essence, the customer-centered approach.
- 4. In discussing the marketing concept, the author focuses on its main characteristic.
- 5. What does the restoration of the Classic Coke best illustrate? Products must be designed to

- suit the taste of the consumer.
- 6. The passage is mainly about <u>the positive and</u> <u>negative aspects of advertising and the essence</u> of marketing.
- 1. What happened when the author was born? <u>Her mother had great difficulty in giving birth to her.</u>
- 2. When suffering from Alzheimer's disease, Nana gradually lost the ability to talk.
- 3. A hospice can be defined as <u>a special hospital</u> for dying people.
- 4. Before the author visited her granny in the hospice, she felt both curious and frightened.
- 5. In the author's memory, Nana did all the following except going to her senior prom.
- 6. The tone of this article is <u>emotional and</u> heartfelt.
- 7. The theme of this article is that <u>life is always</u> beautiful whatever it looks on the outside.
- 1. According to the article, the sport of fishing is a relatively recent phenomenon.
- 2. Sport fishing is enjoyable, <u>but it requires good</u> skill and patience.
- 3. According to the article, most fishing fans <u>are</u> not sure of what to expect on the line.
- 4. One thing the author is sure about fishing is that it could rid people of their pressure from work.
- 5. In the opinion of the author, <u>some fishing fans</u> go fishing simply for enjoyment.
- 6. It can be inferred from the passage that <u>modern</u> <u>people are under bigger pressures</u>.
- 1. Why did the author say his idyllic life began with strife and discord? Because the strike of the Major League Baseball initiated a fantastic journey with his son.
- 2. Which of the following statement is true according to the passage? Watching baseball game was very exciting, even during the breaks.
- 3. What responses did people make toward the author and his son? The little father-and-son road show got a warm welcome wherever they were.
- 4. Their idyllic journey went to the end because the author and his son could not reach

- consensus on some issues.
- 5. How to understand "despite loving your kids to bits, you have to let them go"? Parents cannot control the children forever, because they are growing up.

长篇阅读

- 1. What is the characteristic of the imposter syndrome? An inclination to owing success to external factors.
- 2. Why do women admit to the imposter syndrome more easily than men? They tend to be less confident in work.
- 3. According to Mary Sherry, what is the difference between men and women at work? Women tend to pursue perfection.
- 4. Sheryl Sandberg argues in her book that women are afraid of doing things beyond their power.
- 5. Many high achieving women, such as Karren Brady, attach great importance to <u>self-belief</u>.
- 6. Research finds out that many women <u>often tend</u> to understate their achievements.
- 7. The example of Tessa Ross is cited to show that women should act according to their own way of doing things.
- 1. What can we learn from the experiments conducted by Dr.Daily and her team? <u>Birds and bats in the forest help to increase the output of coffee.</u>
- 2. Dr.Daily and her team are joining efforts to aim their research to protect forests and wildlife worldwide.
- 3. What is said about the Payment for Environmental Services program? <u>Local landowners are paid to protect the forest</u>.
- 4. NatCap differs from traditional economic approaches in that it takes the value of ecosystem services into account when making decisions.
- 5. What is the role of InVEST according to Dr.Daily? <u>Calculating the value of nature's goods and services</u>.

- 6. What is true of Kamehameha Schools? <u>It</u> combined forestry and agriculture for acquiring clean water.
- 7. According to Peter Kareiva, Google Earth Engine is used in the research to speed the data analysis process while using InVEST.
- 1. Peter Ostrander was unhappy about the magnet program because <u>not many eligible girls chose</u> to join it.
- 2. Mr.Ostrander asked some upper-class girls to phone qualified girls who were reluctant to participate.
- 3. The upper-class students <u>succeeded in inviting</u> quite a few eligible girls to enter the program.
- 4. What can we learn about math geniuses who score in the top ten thousandth of the population? The gender gap has been narrowing.
- 5. Researchers of Brigham Young University found that in math competitions girls performed equally well and often better when engaged in several rounds.
- 6. What made Mr.Derriso puzzled was that <u>many</u> girls had interest and talent in science and math but no desire to pursue them.

- 7. Girls with high math scores in SAT preferred to study majors like economics or medicine probably because their language competence allowed them to have a wider range of choices.
- 1. Behind the economic growth since 1970s, there is an unseen problem of sharp increase in life expenses.
- 2. Though driven into deep debt, many Americans keep buying things that are said to <u>bring about</u> happiness.
- 3. People's belief in stuff-happiness illusion partly comes from promise of advertisement.
- 4. According to the Genuine Progress Indications, with harder work, people's well-being keeps unchanging.
- 5. What is said about Americans according to the Gallup Poll findings? They are more worried about money and health.
- 6. When the traditional ways of life are destroyed by money-oriented economy, people in developing countries will move to cities or foreign countries.
- 7. In Jefferson's ideal economy, people <u>created</u> their own happiness themselves.

汉译英

【中国影响】With the rapid development of Chinese economy and comprehensive national strength, China's international influence has gradually increased. The 2008 Olympie Games and 2010 World Expo were respectively held in Beijing and Shanghai, which means China, the thousand-year-old country, is opening to the world with an unprecedented width and depth, and is integrating into international community in various aspects. At this historic moment, the international community is more focusing on China than ever before. People from all over the world are eager to have a more accurate, deeper and more vivid understanding of Chinese culture.

【老年人保护法】China's new elderly protection law states that adult children must visit their elderly parents. Aging parents can take their adult kids to court if they feel neglected. However, the law does not state how often a child must visit his or her parents. There is also nothing in the legislation that states how the law would be enforced and what the punishment is for neglecting one's elderly parents. A professor who helped draft the elderly protection law said that the legislation is mainly introduced to raise people's awareness that elderly people need emotional support.

【饮食疾病】With the rapid economic growth in China and the improved economic conditions of Chinese people, the lifestyle of the Chinese people has changed dramatically, including changes in diet, which has

put the population's health in great danger. Various chronic diseases have become the major health threat for the Chinese. Major causes of death have shifted to hypertension and obesity, and now more than 260 million citizens in China suffer from chronic diseases, according to the data from China's Ministry of Health.

【绿色交通】With many years of explorations, the idea of the development of green transportation has already been the common sense in China's development of transportation industry. According to the plan, by 2020, the relevant indicators of China's transportation industry will rise sharply compared with 2005 and a green, recyclable and low-carbon transportation system will be basically established. To achieve this goal, we should accelerate the development of intelligent transportation system and information construction and keep promoting the application of many information technologies in the transportation field as our key focus. The extensive application of information technology in the transportation field not only presents a good development prospect, but also facilitates the enterprises in the relevant fields to deepen their cooperation.

【上海自贸区】To develop the China (Shanghai) Pilot Free Trade Zone is a national strategy, and a major initiative for deepening the reform and expanding opening-up, which has profound and important influence. This major initiative focuses on institutional innovation and emphasizes promoting soft power. All the work is significant but in great difficulty. Building the China (Shanghai) Pilot Free Trade Zone is a major move to keep up with the new trend of global economic and trade development and implement a more proactive opening-up strategy. The main task of this action is to explore the new path and pattern of China's opening-up, speed up the transformation of government function and the reform of administrative system, foster the transformation of the economic growth pattern and optimize the economic structure.

【人口老龄化】Aging population is one of the most severe challenges in China. According to the experts, within four decades, China will have nearly 500 million elderly people, which accounts for one third of the total population. Such a situation will undoubtedly put huge pressure on the economic growth of China, but it also means more business opportunities. The fast growing numbers of elderly people will bring a very good prospect for the industry of nursing homes. Based on rough statistics, half a billion elderly people can at least bring the industry an economic benefit of 500 billion every month.

【公务员热】The Craze for civil servant jobs refers to the social phenomenon that an increasing number of Chinese take part in recruitment examinations of government institutions. It is reported that the number of registered applicants each year is over one million, with 50 -60 candidates competing for one vacancy on average. The ratio of the hottest position can arrive at 5000: 1. The registered applicants are mainly university graduates. They think the civil servant jobs are rather easy and stable with high income and social status. In addition, another reason for their choice is the difficulty in finding jobs.

【孔子】As a great thinker, educator and founder of Confucianism during the Spring and Autumn Period, Confucius was a sage to the ancient Chinese people. His words and life stories were recorded by his disciples and their students in *The Analects*. As an enduring classic of Chinese culture, *The Analects* has influenced all thinkers, writers and politicians in the thousand years' Chinese history after Confucius. No scholar could truly understand this long-standing culture or the inner world of the ancient Chinese without this book.

【青铜器】The Bronze Age in China lasted more than 1, 500 years, from the Xia through the Shang and Western Zhou dynasties, to the Spring and Autumn Period. Large numbers of unearthed artifacts indicate a high level of ancient bronze civilization in the country. They feature rich political and religious themes, and are of high artistic value. A representative example is the Great Ding for Yu, which is now preserved in the Museum of Chinese History. It was cast about 3,000 years ago during the reign of King Kang of Western Zhou Dynasty.

【北京烤鸭】Peking duck is a famous dish that has been popular since the imperial era in Beijing, and is now considered a national dish of China. The dish is prized for the thin, crisp skin with authentic vision of the dish serving sliced in front of the diners by the cook. Ducks bred specially for the dish are slaughtered after 65 days and seasoned before being roasted in a closed or hung oven. The meat is usually eaten with pancakes, scallion, cucumbers and sweet bean sauce.

【科举】 Chinese Imperial Examination System refers to an examination system of selecting the administrative officials for the ancient Chinese bureaucracy. Ancient Chinese who wanted to be an official had to pass multiple examinations first. Its history dates back to the Sui Dynasty. During the Tang Dynasty, the system had been further consolidated and perfected. The system came to an end during the Qing Dynasty. The Imperial Examination System has existed for about 1, 300 years in China. It exerts deep influence on social structure and political system in ancient China. Even the modern examination system for selecting civil service staff also indirectly evolved from it.

【年画】New Year Painting is a kind of Chinese painting originating from ancient door god painting. In the period of Emperor Guangxu of the Qing Dynasty, it was formally known as New Year Painting. In the Northern Song Dynasty, it was a trend o paste new year paintings on New Year festivals and other holidays. The wood panel new year painting has a long history. It can be called a pearl of the folk art in China. The wood panel new year paintings, as their names imply, are painted with wood panels. They not only have very high artistic value, but also are highly ornamental. Wood panel new year paintings in Zhuxian Town, together with new year painting in Yangliuqing of Tianjin, Weifang of Shandong and Taohuawu of Jiangsu are collectively known as the four famous new year paintings in China. Wood panel new year paintings in Zhuxian Town are made of hand-made wood and the production process is very demanding.

【窑洞】People living in the Loess Plateau which lies in the middle and upper reaches of the Yellow River make use of the solid to build unique residences called cave-dwellings. These can be further divided into earthen, rock-walled and brick-walled types. Earthen cave-dwellings are hollowed out of mountain slopes; they are warm in winter and cool in summer, and are also sound-proof. Stones or brick-walled cave-dwellings are usually built with stones or bricks first into arch-shaped house and then covered with a thick layer of earth. Since there is no need for steel and cement, the building cost is low. As society progresses, construction of carve-dwelling keeps improving, and today, such houses are more comfortable inside and more pleasant in appearance.

【少林功夫】Shaolin Kung Fu is considered the symbol of Chinese martial arts, which were accumulated by ancient Chinese people at the price of their lives in the war activities. Chinese martial arts, which take the body actions of attacking and defending during a combat as their core and systematical action routine as their basic unit, have been gradually shaped into a culture manifestation form in the environment of unique Chinese culture. Therefore, they have become an essential component of Chinese traditional culture, containing abundant ancient Chinese thoughts, such as philosophy, morality, military, medicine, religion and so on.

【农历】According to legend, China's first slave dynasty in history-the Xia Dynasty dating back over 4000 years ago developed the first calendar. The ancient traditional Chinese calendar was later known as the "Xia Calendar". Since it was based on the rotating cycle of the moon, it is also known as the "Lunar Calendar". As the Xia revolves around farming arrangements based on the seasons, it is commonly called "Nong Li", literally the farming moon calendar, also known as the China Lunar Calendar.

【文房四宝】The Four Treasures of Chinese Study, i.e. brush, ink, rice paper and ink stone, are unique tools

of Chinese painting and calligraphy. People refer them as "four treasures" because they are the four most cherished and very often used items in the study of Chinese scholars. Ancient Chinese scholars were basically all good at calligraphy and painting and that is why the tools were inseparable to them. The word "Chinese Study" first originated from the Northern and Southern Dynasties, which specifically meant to refer to a scholar study where the four tools were the most often used items. In addition to these four major items, other necessary tools for the Chinese study also include the brush barrel, brush holder, ink case, brush wash, inkpad, stamps, seal boxes and so on.

【茶马古道】Along the Tea-horse Ancient Road lived more than 20 minorities. Concentrations of beautiful and mysterious natural landscapes and traditional cultures developed in various sites, including Dali old city, Lijiang old city, Shangrila, Yarlung Zangbo River Grand Canyon and.. The road features temples, rock paintings, post houses, ancient bridges and plank roads. It is also home to many national minorities and their dances and folk costumes. Today, although the traces of the ancient road are fading away, its cultural and historic values remain.

【景德镇】Jingdezhen known as the cerarmc metropolis of China is a brilliant pearl in the world's art garden of ceramics. It is located on the south of the Yangtze River as a powerful town. It has a history of over 1700 years, which has been crystallized into its rich cultural tradition of porcelain making ceramics. Rare ceramic relics, superb ceramic craftsmanship, unique ceramic customs, graceful performance of ceramic musical instruments and beautiful rural scenery make up the peculiar tourist culture of Jingdezhen and hence make Jingdezhen the only Chinese tourist city featuring ceramic culture.

【七夕节】 The Double Seventh Festival, on the 7th day of the 7th lunar month, is a traditional festival full of romance. This festival is in mid-summer when the weather is warm and the grass and trees reveal their luxurious greens. At night when the sky is dotted with stars, and people can see the Milky Way spanning from the north to the south. On each bank of it is a bright star, which see each other from afar. They are the Cowherd and Weaver Maid, and about them there is a beautiful love story passed down from generation to generation.

【汤圆】Round sweet dumplings traditionally are eaten for happiness on the Lantern Festival. Today these dumplings also are one of the popular desserts in China, and come in two varieties: one is made of white and brown sugar, sweet-scented osmanthus, nuts and sesame seeds; the other has meat and vegetable fillings. Recently Chinese have begun adding chocolate for a truly unique flavor, even though boiled dumplings are traditional, fried sweet dumplings are becoming popular.

【清明】The Qingming Festival is one of the 24 seasonal division points in China, falling on April 4 -6 each year. After the festival, the temperature will rise up and rainfall increases. It is the high time for spring plowing and sowing. But the Qingming Festival is not only a seasonal point to guide farm work, it is more a festival of commemoration. On each Qingming Festival, all cemeteries are crowded with people who came to sweep tombs and offer sacrifices. The customs have been greatly simplified today. After slightly sweeping the tombs, people offer food, flowers and favorites of the dead, then burn incense and paper money and bow before the memorial tablet.

【中秋节】Celebrated on the 15th day of the 8th month of the lunar calendar, Mid Autumn Festival is an important traditional festival in China, next only to Spring Festival. It is a day of family reunion. The moon is the theme of celebrations. Family members get together to taste delicious moon cakes and enjoy the full moon-a symbol of abundance, harmony and luck. Mid-Autumn Festival is also considered as a harvest festival, because autumn is a season of harvest when various fruits, vegetables and crops are ripe. Many touching legends are also associated with Mid-Autumn Festival, such as "Chang'e's flight to the moon".

【麻将】Mahjong, a game from China, is commonly played by four players. A set of mahjong contains 136 tiles, which are usually made of bamboo, bone or plastic. Mahjong is a game of skill, strategy and calculation and involves a certain degree of luck. Being well received all over China mahjong is popular with people of all classes and fields. Some think it is an important part of Chinese traditional culture, while others hold that it may lead to many social problems because it is related to gambling. But the existence of mahjong is an unavoidable reality for Chinese today.

【舌尖上的中国】There are numerous TV programs on Chinese cuisine, but few are as popular as *A Bite of China*. The latest seven-episode documentary offers insights into the geographical, historical and cultural aspects of Chinese diets. Chinese cuisine has a long history and distinctive traditional cooking techniques. The program tries to present more cultural elements related to food, such as eating habits and ethics. While it expresses the glory of Chinese food culture, it also reflects China's social transformations.

【刺绣】 Embroidery, one of the traditional folk arts and crafts in China, has a history of more than 2,000 years. It is made by embroidering various decorating patterns on fabrics with needle and thread. Chinese embroidery is closely connected with sericulture, as China is the first country in the world to use silk. Embroidery is mainly used in life and art decoration, such as clothes, bedclothes, table cloth and stage decoration. As one of the outstanding representatives of Chinese culture and art, embroidery enjoys a high reputation overseas.

打赏

(如果你觉得我对你有帮助,不妨给瓶可乐喝吧)

