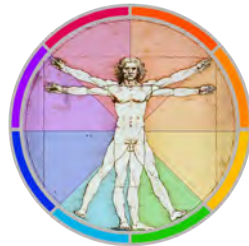


# HUBS191 Lecture Material

This pre-lecture material is to help you prepare for the lecture and to assist your note-taking within the lecture, it is NOT a substitute for the lecture !



Please note that although every effort is made to ensure this pre-lecture material corresponds to the live-lecture there may be differences / additions.



# ***HUBS191***

## ***Lecture 37***

### **L37: Insufficient or Overactive Immune Response**

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# Objectives to know that:

- Immune deficiencies can be inborn or induced by viruses (also by some medical treatments\* or poor nutrition).
- The concept of tolerance to self-antigens. That Rheumatoid arthritis and type I diabetes are examples of immune cells attacking self cells (autoimmunity).
- The effector molecules (IgE) and cells (T cells, B cells and mast cells) involved in the allergic reaction.

e.g. \*Chemotherapy / radiation therapy

# Severe Combined Immunodeficiency (SCID)

- X-chromosome linked disease, therefore more common in XY-males. Note XX-females are 'carriers'. Patients lack functional T cells and B cells.

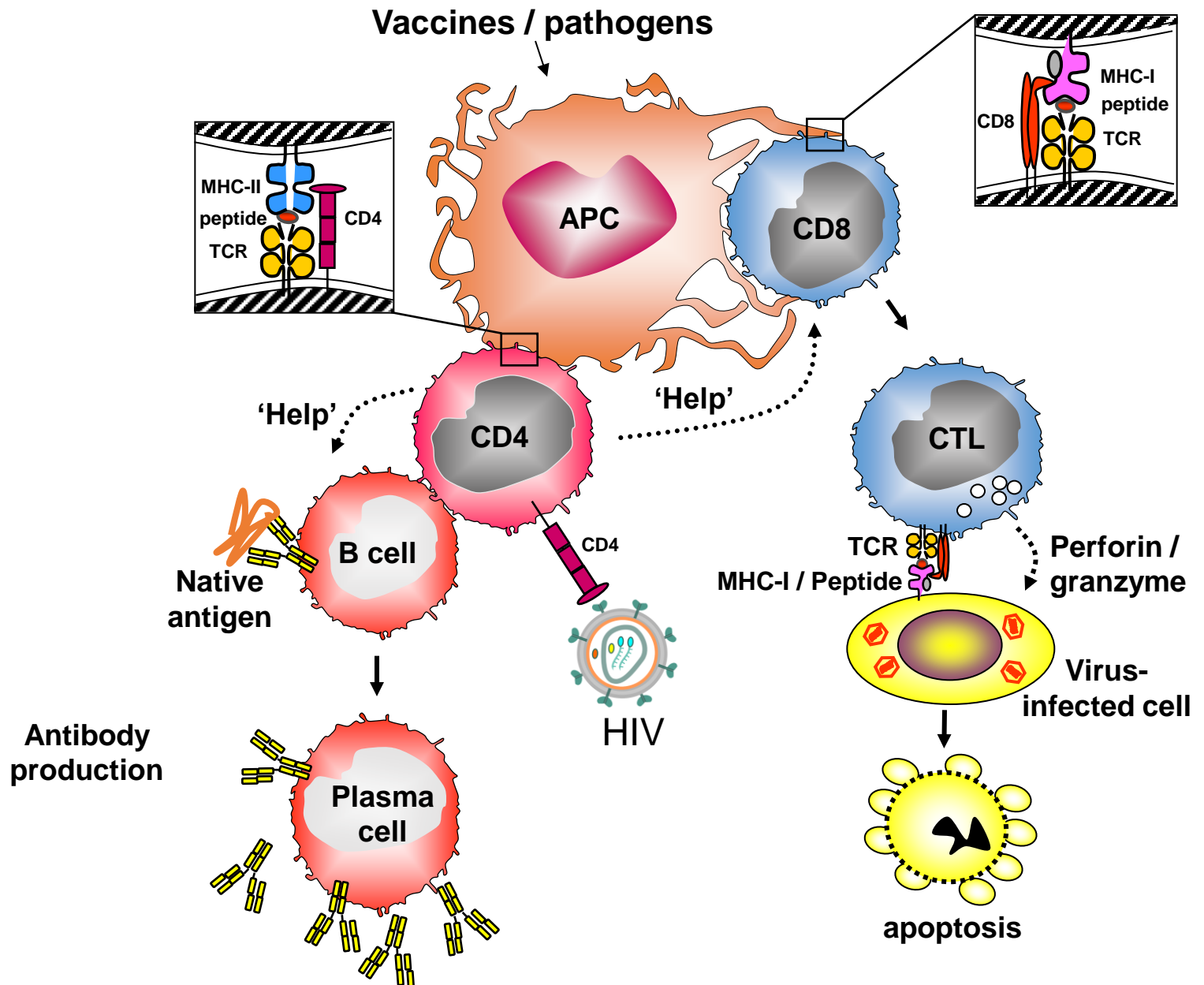


# Virus-induced immune suppression

- Measles, HIV and many other viruses interfere with normal host immune system.
- HIV targets and can kill CD4 T cells.
- This leads to a diminished levels of CD4 T cells unable to provide “help” for antibody and cytotoxic responses.

# Human immunodeficiency Virus (HIV)

- HIV-receptor is CD4 molecule on CD4 T cells
- Infection leads to loss of CD4 T cells
- CD4 T cells help both humoral (B cell / antibody) and cytotoxic responses,
- HIV infection impacts on immunity to microbes (fungi, bacterial and virus) and to cancer.



# Autoimmune disease

- Normally prevented by host mechanisms of immune tolerance (next slide).
- Although the innate system can trigger autoimmunity or exacerbate (make worse) autoimmunity...
- Autoimmune attack is mediated by the adaptive immune response.



# Immune tolerance

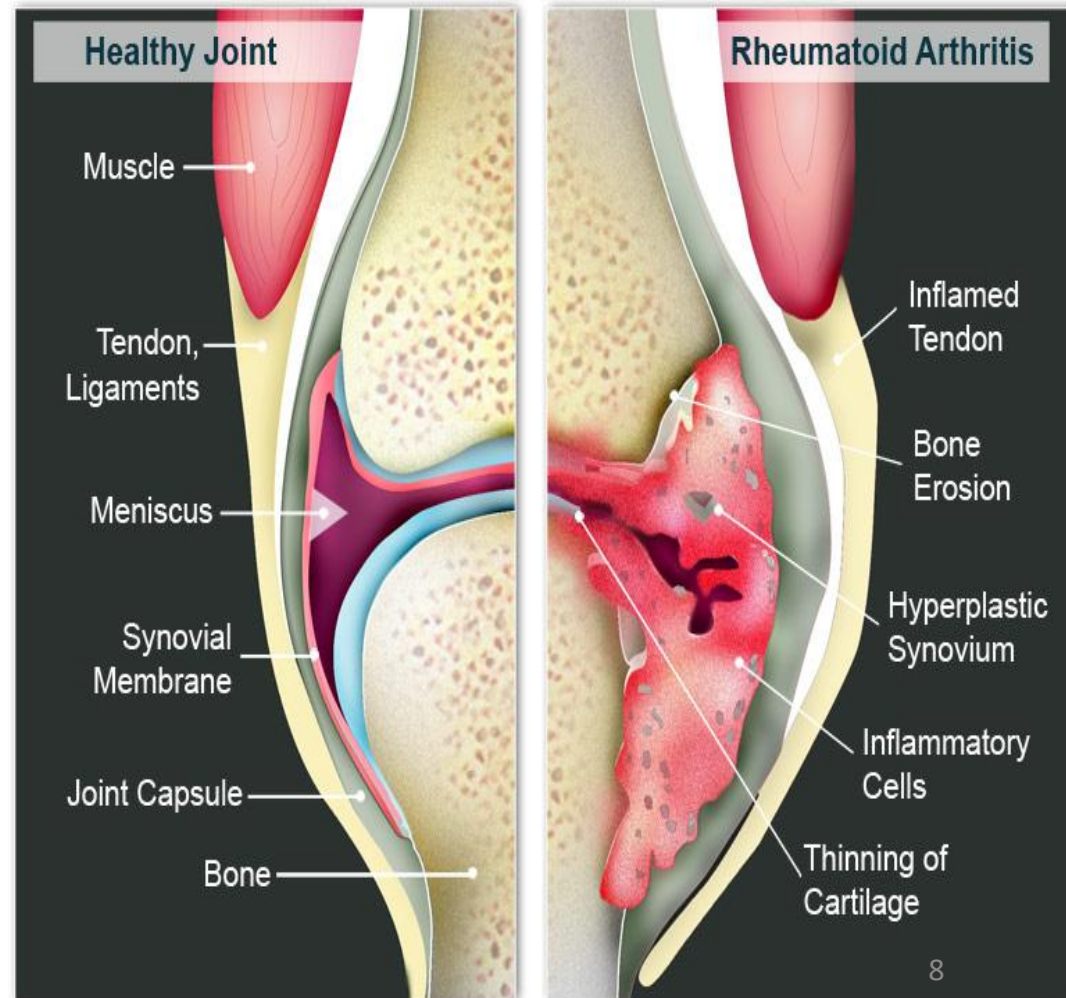
- Immune tolerance is critical to avoid autoimmunity.
- The thymus acts to delete autoreactive (self-reactive) T cells.
- In the periphery there are other mechanisms to ensure that autoreactive T and B cells are silenced.
- Failures (due to your genes or triggering infection) in immune tolerance can lead to autoimmunity.

# Rheumatoid arthritis (RA) is a autoimmune disorder that primarily affects joints

(an example of what happens when our immune cells attack self tissue)

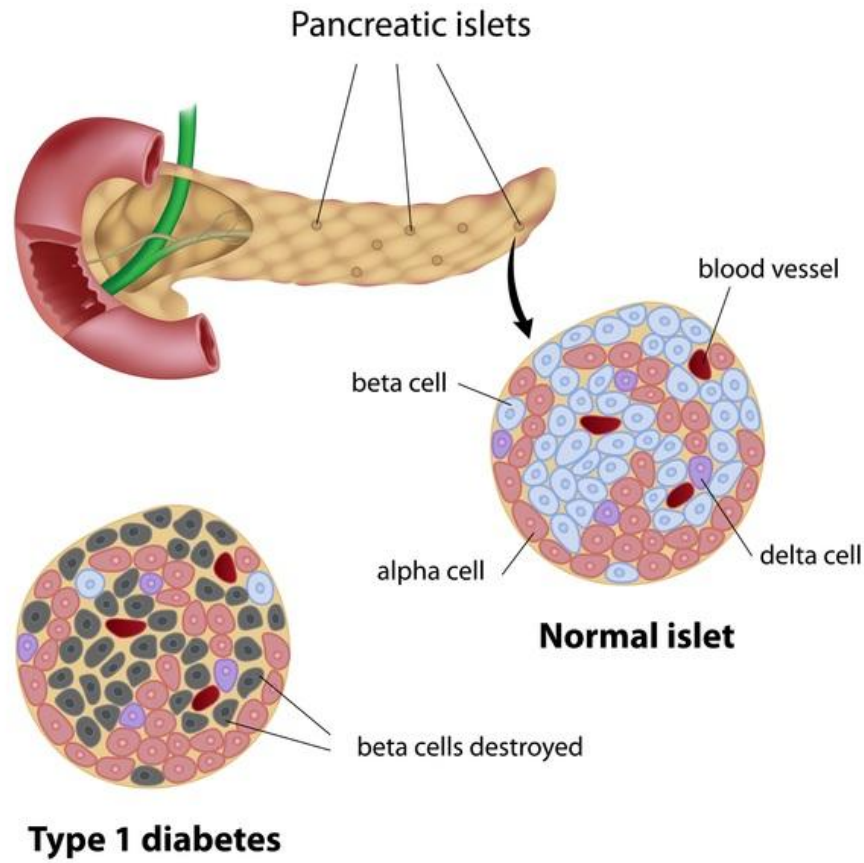
Autoreactive T cells and B cells attack self-antigens present in the joints.

Affects ~1% of population.  
Often late onset in life.





Diabetes Type I:  
Insulin beta-cells attacked. Other islet cells may  
escape autoimmune attack.



# Allergic reactions

- 'Allergens' are the antigens that trigger allergy.
- Are normally 'harmless' environmental antigens: non-toxic plant, animal or other food materials.
- Chemicals can induce allergy (e.g. penicillin)
- Range of outcomes: from hay fever to systemic anaphylaxis

# Allergic reactions: the effector response:

- DC present peptides from peanut proteins (allergens) to helper T cells
- Primed helper T cells activate B cells to secrete IgE
- Secreted IgE binds to mast cell receptors (FcR)
- Binding of peanut proteins to FcR on mast cells triggers mast cell degranulation and release of histamine and other inflammatory mediators



# Peanut allergies

## Hidden Dangers

Peanuts are the most **common cause** of food allergies in children.

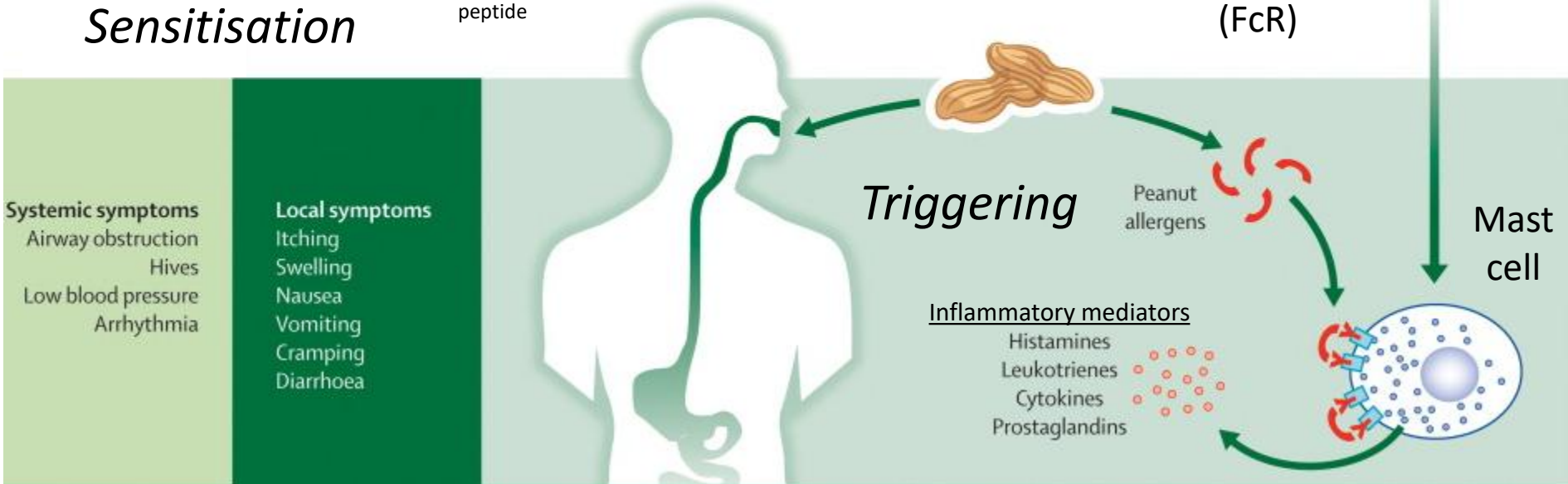
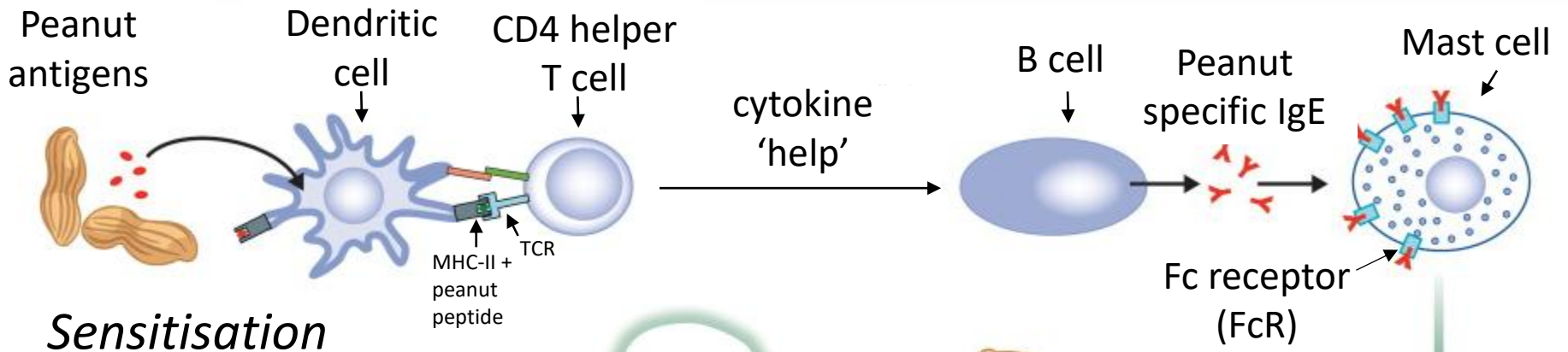
More than 2% of people in the U.S. have a peanut allergy, **a rate that has quadrupled** in the 13 years ended 2010.

Peanut allergies are the leading cause of **anaphylaxis and death** related to food allergy in the U.S.

Some people outgrow peanut allergies. For about **80% of people the allergies are lifelong.**

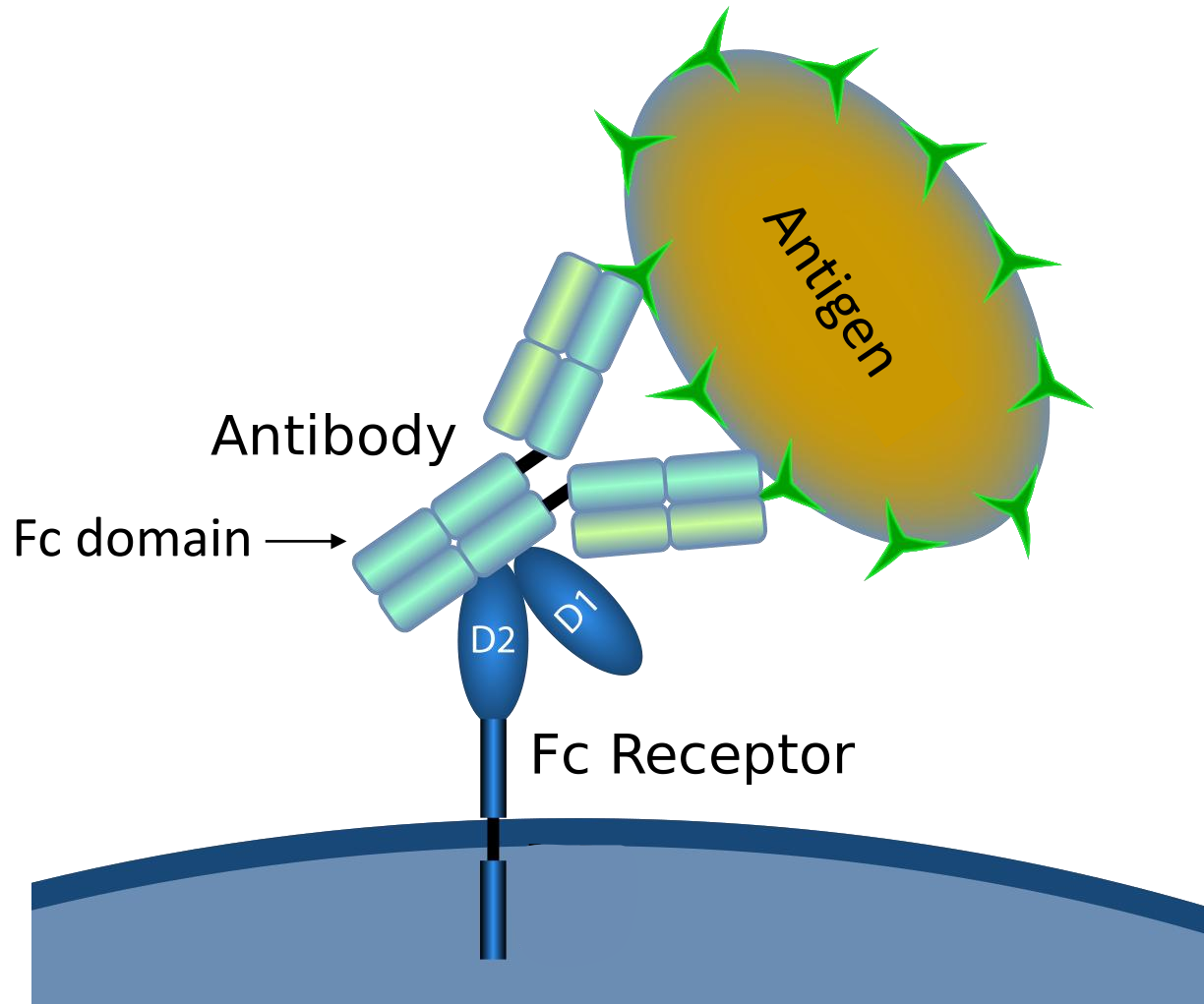
Sources: Pediatrics; Food Allergy Research & Education; NEJM; Journal of Allergy and Clinical Immunology

1. DC takes up peanut antigens and activates CD4 helper cell.
2. CD4 T cells provide help for B cells that form IgE secreting plasma cells.
3. IgE binds to Fc receptors on mast cells.
4. Peanut allergens trigger (via IgE / FcR) mast cells to release histamines and other inflammatory mediators.



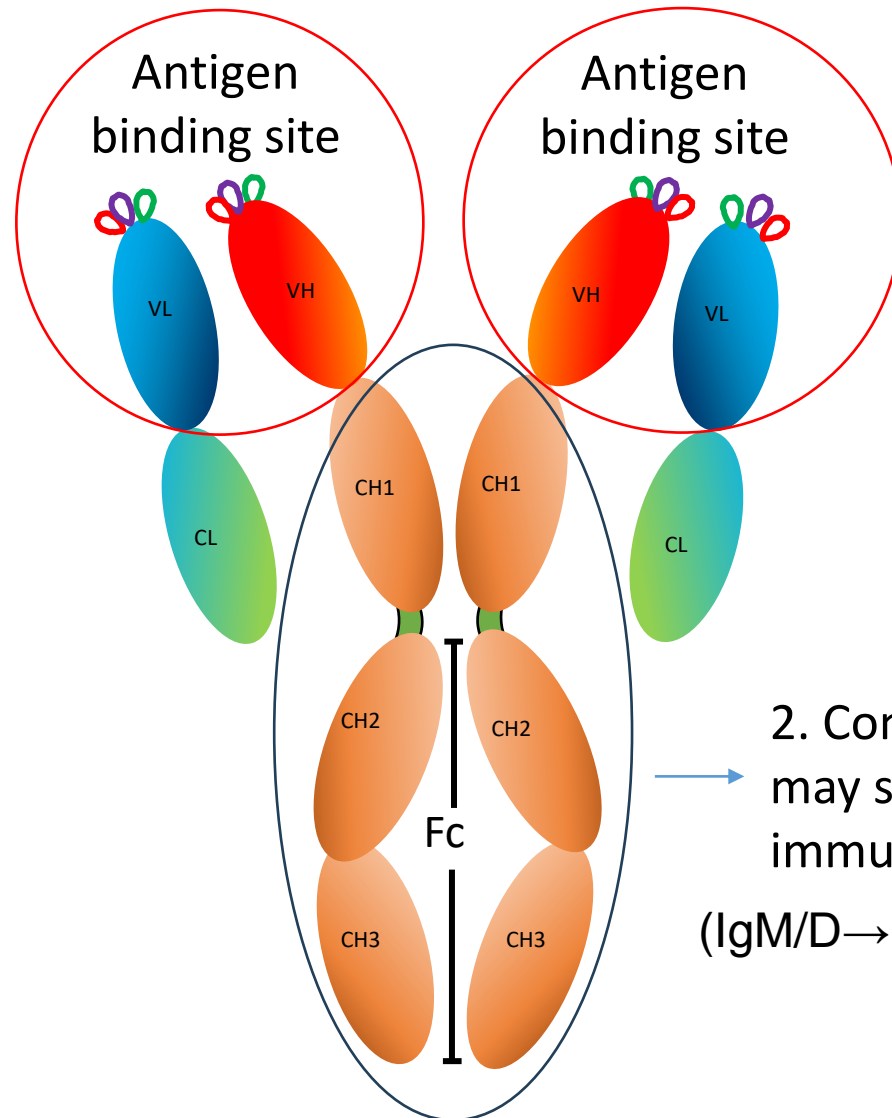


Fc receptors (FcR) bind to the Fc domain (on constant region) of antibody. FcR facilitate a number functions, including phagocytosis and mast cell activation (see previous slide).



# Order of events for changes in antibody structure

1. Rearranged in bone marrow (during generation of diversity)



2. Constant region may switch during immune response.  
(IgM/D→IgG→IgA→IgE)

# HIV targets:

(A) CD2 positive cells

(B) CD4 positive cells

(C) CD8 positive cells

(D) CD16 positive cells

Severe combined immunodeficiency (SCID) results in a loss of:

(A) Neutrophils

(B) Dendritic cells

(C) Bone marrow stem cells

(D) T cells and B cells

Severe combined  
immunodeficiency (SCID) is:

(A) inborn / genetic / inherited

(B) caused by malnutrition and stress

(C) due to HIV or measles virus infection

(D) a possible cause of autoimmunity

Severe combined immunodeficiency (SCID) is more common in biological males because it is:

(A) an organ specific endocrine disorder

(B) a multi-organ metabolic disorder

(C) y-linked

(D) x-linked

Rheumatoid arthritis is a disease affecting primarily the:

(A) Kidneys

(B) Joints

(C) Pancreas

(D) Gut

# Autoimmune disorders result from a breakdown of:

(A) Cytotoxic cell function

(B) Antibody production

(C) Immune tolerance

(D) Effector cell function



# The following is true of the development of allergy:

- (A) CD8 cytotoxic T cells are responsible for allergic inflammation
- (B) T cells stimulate histamine release from mast cells
- (C) Dendritic cells activate allergen-specific T cells
- (D) Allergy is only induced by food substances

# Diabetes Type I is due to destruction of islet:

(A) Alpha cells by B cells

(B) Beta cells by T cells

(C) Gamma cells by T cells

(D) Theta cells by T cells

# Diabetes Type I results in a loss of production of:

(A) somatostatin

(B) somatotropin

(C) glucagon

(D) insulin

The percent of people in the US with peanut allergy is approximately:

(A) 0.002%

(B) 0.02%

(C) 0.2%

(D) 2%

Immune tolerance is critical to avoid autoimmunity. An example of immune tolerance is:

- (A) Neutrophils dying to form becoming pus-cells
- (B) Virus-infected cells being destroyed by cytotoxic T cells in the skin
- (C) Autoreactive, immature T cells (thymocytes) being deleted in the thymus upon recognition of self-peptide in the context of MHC.
- (D) B cells stimulated to produced antibodies reacting the synovial membranes

# HUBS191

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