

# Finding Best Practices for Your Client

## Practice 1 Assignments

### PBL #2:

Students should research best practices for their clients and then incorporate the research into their case notes. Throughout the project, there should be evidence of the incorporation of these best practices into intervention with the client.



In the Framework Presentation, you are looking for client groups that benefit from your chosen framework.

On the other hand, in PBL #2 you are looking for evidence that indicates which frameworks benefit your particular client population.

## SEARCH TIPS

Databases to try:

- SocINDEX
- Sociology (ProQuest)
- Social Science Journals (ProQuest)
- PsycARTICLES\_EBS
- Wiley Online Library

Combine search terms related to your client group (ex. single mothers) with terms such as "intervention" to search for best practices

When trying to find information on a particular framework:

- Search within psychology & sociology databases
- Narrow down your search by discipline (social welfare & social work, psychology, or sociology) within broader databases
- Search using synonyms to your framework name (ex. instead of "model," try using "approach," "perspective," "theory," or "therapy")
- Try using your search term in combination with "counseling" or "intervention"

## Types of Practice Frameworks

### Practice Perspectives

Describe how the client's problem is viewed (perspective of social worker)

- General Perspective
- Ecosystems Perspective
- Strengths Perspective
- General Systems Perspective
- Ethnic Sensitive Perspective
- Feminist Perspective



### Practice Theories

Explain behaviors of clients or how to change client behaviors

- Psychodynamic Theory
- Behavioral Theory
- Cognitive Behavioral Theory
- Person-Centered Theory
- Exchange Theory
- Small Group Theory
- Narrative Therapy
- Family Therapy



### Practice Models

Guide our intervention (action plan) with clients

- Interactional Model
- Structural Model
- Crisis Intervention Model
- Task Centered Model
- Psychoeducation Model
- Addictions Model
- Self-Help Model
- Solution-Focused Model

