

Ela Nuñez¹, Shawny Espinoza¹, Danielle Ivey¹, and Simon Diaz¹.
¹ Department of Biomedical Engineering, Florida International University, Miami, FL

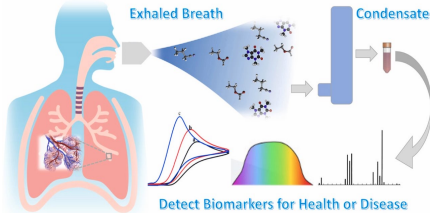
Problem

Type 2 Diabetes affects over 38 million adult Americans. Regular glucose monitoring is critical, yet 67% of patients avoid it due to the pain and invasiveness of current methods like finger pricks. This noncompliance can lead to poor outcomes. There is a pressing need for a monitoring method that is noninvasive, easy to use, and encourages consistent engagement in diabetes care.



Solution



To develop a breath-based biosensor that encourages regular glucose monitoring by eliminating needles. By detecting VOCs like acetone and ammonia in exhaled alveolar air, the device enables comfortable, user-friendly, and routine glycemic checks, increasing patient compliance.



Current Systems

Advantages

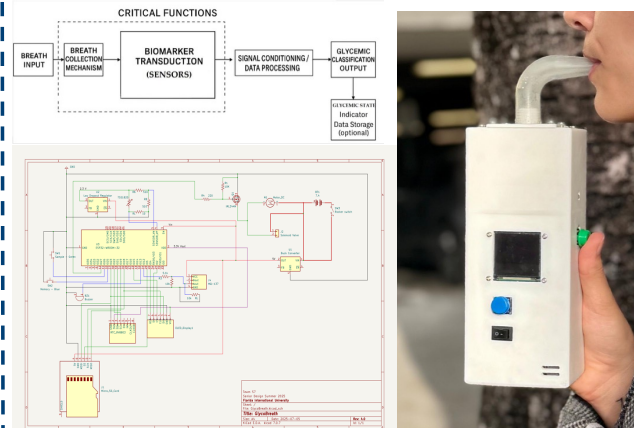
Disadvantages

Glucose Meter		
	<ul style="list-style-type: none"> Real-time glucose data Clinically validated 	<ul style="list-style-type: none"> Requires frequent finger pricks; causes discomfort Hard to use for older adults or people with limited hand control
Ketone Breath Monitors		
	<ul style="list-style-type: none"> No needles or blood Multiple uses with no cost increase 	<ul style="list-style-type: none"> Lacks clinical validation Inaccuracies due to hydration and breath technique.

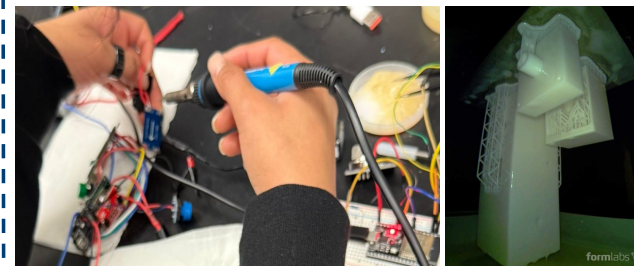
Requirements

#	Market Requirements	Design Inputs
1	Detect hyperglycemia accurately via breath	Detect acetone (0.5–10 ppm) and ammonia (1–20 ppm) with LOD/LOQ of 0.2/0.5 ppm and 0.8/1.0 ppm, respectively. ± 0.1 ppm resolution, $R^2 \geq 0.95$.
4	Comfortable to hold	Fit hand sizes 6.10–8.66" long, 2.68–3.95" wide.
5	Comfortable to use	0.05–0.851 psi to blow.
7	Support sampling throughout the day	Battery supports 10-15 full use cycles / day.
9	Data storage and retrieval	Storage stores ≥ 900 readings.
10	Resistant to contaminants.	$\leq 95\%$ humidity ingress, $\leq 5 \mu\text{m}$ pore size.

Design



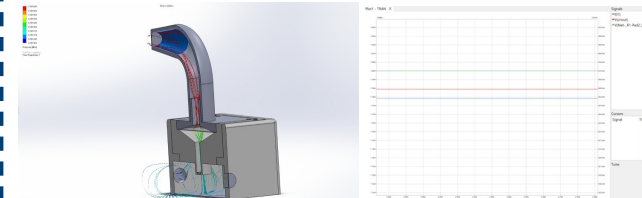
Implementation



Simulations

Material Stress Test: Flow

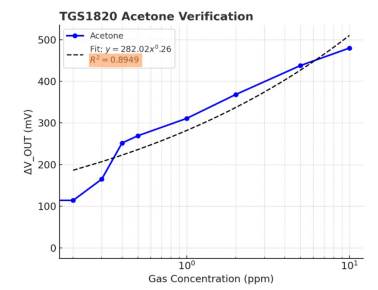
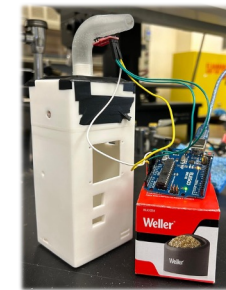
Electrical Circuit: Power



Maximum Stress	1.01e-1 MPa	Start Time	7.4 V
Yield Stress	2.6 MPa	Final Time	7.35 V
Pass or Fail	Pass	Pass or Fail	Pass

Verification

#	Verification Test	Test Result
1	Sensors Sensitivity	Passed: MQ-137 LOD 0.8ppm, LOQ 1.0ppm, resolution 0.1 ppm, $R^2 \geq 0.95$ for Ammonia Pending: TGS1820 sensor needs further testing for Acetone
4	Handheld Comfort	Passed: Hand sizes from 6.1–8.66" long and 2.68–3.95" wide fit on the device
5	Exhalation Comfort	Passed: Device needs 0.05–0.851 psi to blow
7	Battery Life	Passed: Device can run 10 samples
9	Data Storage/Retrieval	Passed: Device holds 900+ runs and takes 1 second to retrieve
10	Contaminant Resistance	Passed: No contamination observed and under 95% humidity



Summary

GlycoBreath is a user-friendly device that noninvasively monitors hyperglycemia by detecting acetone and ammonia in exhaled alveolar air. Its integrated pump and MOX sensors deliver clear three-level OLED feedback for easy results. By removing discomfort and simplifying testing, GlycoBreath aims to promote long-term patient compliance with diabetes monitoring.

Future Work

- Sensor array
- Injection molding MFG
- Miniaturized circuit
- Precision instruments
- Multi-language support
- Personalized decision making
- Machine learning
- Sensor coating

Acknowledgements

We sincerely thank our sponsor Mr. Omar Lopez and Alec Morera for their continued support, as well as Dr. Pulugurtha, Marko Morales, Dr. Christie, and Professor Sharestani for their technical guidance. We also thank Hussein Karaki for his mentorship, the Department of Chemistry and Biochemistry for sensor calibration tutoring, the Analytical Chemistry Lab for providing workspace, and our families and friends for their unwavering support.

References

- Burge, M. R. (2001). Lack of compliance with home blood glucose monitoring predicts hospitalization in diabetes. *Diabetes Care*, 24(8), 1502–1503. <https://doi.org/10.2337/diacare.24.8.1502>
- Centers for Disease Control and Prevention. (2024, May). *What is type 2 diabetes?* Retrieved from <https://www.cdc.gov/diabetes/about/about-type-2-diabetes.html>
- Petrus, M., Popa, C., & Bratu, A.-M. (2020). Organic volatile compounds used in type 2 diabetes. In A. Balas, C. Perakovic, & F. Toma (Eds.), *Type 2 diabetes: From pathophysiology to cyber systems*. IntechOpen. <https://doi.org/10.5772/intechopen.94752>
- Li W, Liu Y, Lu X, Huang Y, Liu Y, Cheng S, Duan Y. A cross-sectional study of breath acetone based on diabetic metabolic disorders. *J Breath Res*. 2015 Feb 26;9(1):016005. doi: 10.1088/1752-7155/9/1/016005. PMID: 25719511.