

Important Safety & Disclosures

General Wellness Only:

- Informational data only—monitors breath indicators of Type 2 diabetes; **not** intended for diagnosis, treatment, or cure.
- Must **not** replace professional medical evaluation or laboratory diagnostic testing; **not** FDA-cleared.

Do Not Use If You Have:

- Active respiratory infection (flu, pneumonia, COVID-19)
- Chest trauma, wheezing, or shortness of breath
- History of smoking tobacco or marijuana

Consult Doctor Before Use If You Have:

- COPD, asthma, pulmonary fibrosis, bronchiectasis, OSA, or other chronic lung/neuromuscular respiratory condition

Stop Use & Seek Help If You Experience:

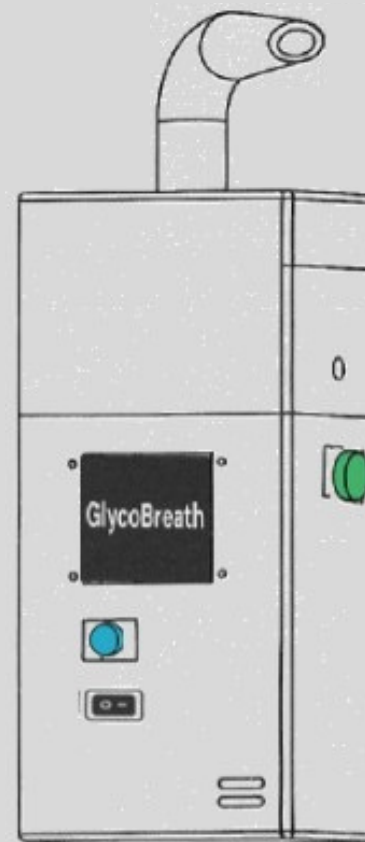
- Chest pain, dizziness, lightheadedness, shortness of breath
- Excessive coughing or respiratory discomfort

Additional Warnings:

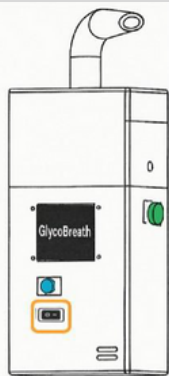
- Requires a 6 sec sustained exhalation; Use caution if you are dehydrated, fatigued, or unwell; taking medications that affect breathing, heart rate, or alertness; or unsure your lung capacity is adequate.

GYLCOBREATH

QUICK GUIDE



1



Press the **black rocker switch** on the front panel. The screen will illuminate and display the **GlycoBreath** title.

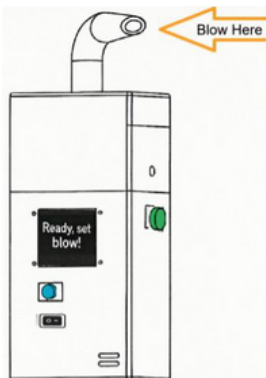
2



Press the **green sample button** on the side. The display will show **"Warming Up"** with a progress bar.

- **Duration:** ~3 minutes
- When complete, you'll hear **three short beeps** and see **"Ready, set, blow!"**

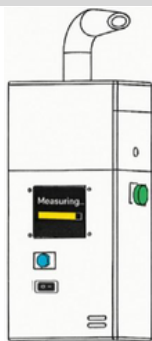
3



Take a **deep breath** and exhale steadily into the mouthpiece for **6 seconds**.

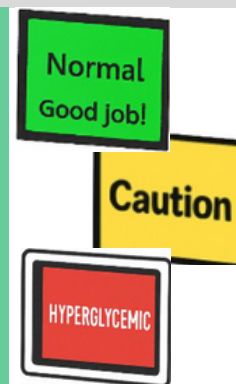
- When the sample is done, the device emits a **long beep**—stop blowing immediately.

4



Allow **20 seconds** for analysis. The screen will display **"Measuring"** with a loading bar.

5

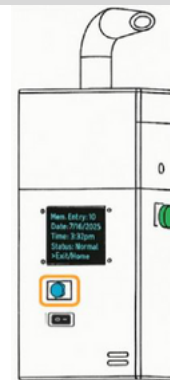


The result screen uses color codes:

- **Green:** Normal
- **Yellow:** Caution (slightly elevated)
- **Red:** Hyper (elevated)

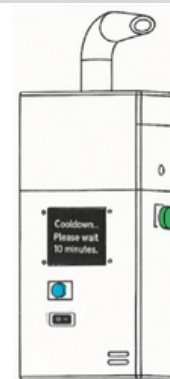
Your reading is automatically saved (up to 10 recent results).

6



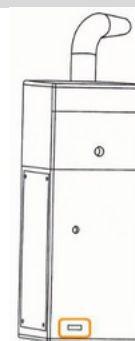
Press the **blue review button** on the front. Each press advances to the next of your **10** stored readings.

7



To retake a sample, wait **10 minutes** for the system to cool. The display will read **"Cooling Down"** until ready.

8



Plug a **USB-C cable** into the charging port on the bottom.