Emma Wu

Mile Stone 1

I am doing a Body Mass Calculator that allows the user to enter their weight (in pounds) and height (in feet and inches). Then it coverts it to Kg and centimeters to calculate their Body Mass Index at the same time showing if they are neither underweight, normal, overweight or obesity. At the bottom user can store their IBM with different dates. The app is for anyone that cares about their health of their body and is exercising that need something to calculate and record their weight and IBM at different dates.

If it’s obesity the warning/information button will pop up as :

Along with being overweight or obese, the following conditions will put you at greater risk for heart disease and other conditions:

* High blood pressure (hypertension)
* High LDL cholesterol ("bad" cholesterol)
* Low HDL cholesterol ("good" cholesterol)
* High triglycerides
* High blood glucose (sugar)
* Family history of premature heart disease
* Physical inactivity
* Cigarette smoking

Below is an outline of what the app look like, color might be different in the actual app.

