just 1 adv

1

exactly 正好，恰好

A good strong cup of coffee is just what I need right now.

我现在正需要喝一杯浓浓的咖啡。

The house was large and roomy; just right for us.

那幢房子大而宽敞，正合我们的需要。

She looks just like her mother.

她看上去就像她妈妈。

Just what do you think you’re trying to do?

你究竟想干什么？

A nice hot bath – just the thing(= exactly the right thing ) to relax sore muscles.

洗个舒服的热水澡，那正是缓解肌肉酸痛的好方法。

just on BrE 【英】

It’s just on three o’clock.

现在正好三点钟。

(= exactly at that moment ), Mrs Robovitch appeared at the bedroom door.

就在那时，罗博维奇太太出现在卧室门口。

(= at the exact moment when ) I opened the door, the telephone started to ring.

就在我开门时，电话铃响了。

2

nothing more than the thing, amount, action etc that you are mentioning 只不过，只是

SYN only

It’s nothing serious – just a small cut.

不要紧，只不过是个小伤口。

It’s not just me – there are other people involved as well.

不光是我，还有其他人也参加了。

REGISTER 语体

In written English, people often prefer to use simply rather than just, which sounds rather informal. 在书面英语中，人们常常喜欢用 simply，而不用 just，因为后者听起来相当不正式

It’s simply a question of priorities.

这只是一个轻重缓急的问题。

3

only a short time ago 刚才，方才

John’s just told me that he’s getting married.

约翰刚刚告诉我他要结婚了。

I’ve just been out shopping.

我刚才出去买东西了。

THESAURUS RECENTLY

4

at this moment or at that moment 此刻，现在；(正在)那时

Wait a minute, I’m just coming.

等一下，我这就来。

He was just leaving when the phone rang.

他正准备离开时，电话铃响了。

I’m just finishing my homework – it won’t take long.

我正在做家庭作业，马上就好了。

The concert was just about to start.

音乐会马上就要开始了。

5

used to emphasize what you are saying 的确，确实，完全

It just isn’t true.

这根本不是真的。

I just love being in the mountains.

我确实很喜欢待在山区。

6

only by a small amount, time, distance etc 〔数量、时间、距离等〕就，只〔相差一点点〕

It’s just under three centimetres long.

它的长度将近三厘米。

**just before/after/over etc**

We moved here just after our son was born.

儿子出生后我们就搬到这儿来了。

I saw her just before she died.

就在她去世前我还见过她。

7

used to show that something which happens almost does not happen 差一点就不，勉强

SYN barely

He just managed to get home before dark.

他刚好赶在天黑前到家。

We could just see the coast of France in the distance.

我们勉强能够看到远处的法国海岸线。

8

just about

almost 几乎，差不多

The plums are just about ripe now.

眼下李子都快熟了。

Just about everybody will be affected by the tax increases.

几乎每个人都将受到加税的影响。

9

just as good/bad/big etc

equally as good, bad, big etc 和…一样好/坏/大等

Brad is just as good as the others.

布拉德和其他人一样好。

10

just have to do sth

used to say that someone has to do something because nothing else is possible 〔别无选择而〕只好做某事

We’ll just have to watch and see what happens.

我们只好静观事态的发展。

11

not just any

used to emphasize that you are talking about a particular thing or person that is especially good or important 不是随便哪一种〔强调所提到的是特别好或重要的事物或人〕

For the best results, use olive oil. Not just any olive oil, mind – only the finest quality will do.

要获得最佳效果就要使用橄榄油。 注意，不是随便哪一种橄榄油都可以，只有质量最好的才行。

12

would just as soon

if you would just as soon do something, you would prefer to do it 宁愿，宁可

I’d just as soon stay at home – I don’t really enjoy parties.

我宁愿留在家里，我不大喜欢参加派对。

13

may just/might just

might possibly 可能，也许

You could try Renee. She might just know where they live now.

你问勒妮试试看，她可能知道他们现在住哪儿。

It may just have been a coincidence.

也许那只是个巧合。

14

not just yet

not now, but probably soon 此刻尚未，可能很快

I can’t leave just yet. I’ve still got a couple of letters to write.

我这会儿还不能走，我还有几封信要写。

15

just because ... it doesn’t mean

used to say that, although one thing is true, another thing is not necessarily true 不能因为…就，尽管…也不可以

Just because you’re older than me, it doesn’t mean you can tell me what to do.

不能因为你岁数比我大，就可以把我呼来喝去。

1

just a minute/second/moment

used to ask someone to wait for a short time while you do something 请稍等〔用于做某事时请别人等一等〕

Just a minute, I’ll see if I can find it for you.

请稍等，我来看看能否帮你找到它。

**used to interrupt someone in order to ask them something, disagree with them etc 且慢〔用于打断别人的话，以询问某事或表示不同意等〕**

Just a minute! How do I know you’re not telling me a pack of lies?

且慢！我怎么知道你对我不是谎话连篇呢？

2

used when politely asking something or telling someone to do something 〔用于礼貌地请求某事或请某人做某事〕

Could I just say a few words before we start?

开始之前，我能否说几句话？

Would you just explain to us how the system works.

你能否为我们解释一下这个系统是如何运作的？

used when firmly telling someone to do something 〔用于严厉地命令某人做某事〕

Look, just shut up for a minute!

喂，把你的嘴闭上一会儿！

3

it’s just that used when explaining the reason for something, especially when someone thinks there is a different reason 只是〔用来说明原因，尤其在有人认为另有原因时使用〕

No, I do like Chinese food, it’s just that I’m not hungry.

不，我确实很喜欢中国菜，只是我不饿。

4

just now

**a very short time ago 刚才**

Where have my glasses gone? I had them just now.

我的眼镜哪里去了？ 我刚才还戴着呢。

**at this moment 现在，眼下**

We’re busy just now – can you come back later?

我们现在很忙，你过一会儿再来好吗？

5

just think/imagine/look used to tell someone to imagine or look at the same thing that you are imagining or looking at 且想想/想象一下/且看看

Just think – in a week we’ll be lying on a beach in the sun!

想想吧，一星期后我们就躺在沙滩上晒太阳了！

6

it’s/that’s just as well used to say that it is fortunate that something is true or happened because otherwise there would be problems 幸亏，幸而

It’s just as well we’d prepared everything beforehand.

幸亏我们事先把一切都准备好了。

7

isn’t she just/aren’t they just etc used to strongly agree with something someone has said about a person or thing 没错，的确〔对某人的话表示强烈赞同〕

‘He’s a selfish, rude, ignorant man!’ ‘Isn’t he just!’

他是个自私、粗鲁又无知的家伙！” “可不是嘛！”

8

just so

with everything arranged neatly and tidily 井然有序，有条不紊

Her house always has to be just so.

她的房子总是井井有条的。

used to say yes or agree with something old-fashioned 对；是这样；正是如此

‘You should have beaten them, shouldn’t you?’ ‘Just so.’

“你本来应该赢他们的，是不是？” “就是嘛。”