

---

## Preface

---

In the eleven years since the publication of our book *Hidden Markov and Other Models for Discrete-valued Time Series* it has become apparent that most of the ‘other models’, though undoubtedly of theoretical interest, have led to few published applications. This is in marked contrast to hidden Markov models, which are of course applicable to more than just *discrete-valued* time series. These observations have led us to write a book with different objectives.

Firstly, our emphasis is no longer principally on discrete-valued series. We have therefore removed Part One of the original text, which covered the ‘other models’ for such series. Our focus here is exclusively on hidden Markov models, but applied to a wide range of types of time series: continuous-valued, circular, multivariate, for instance, in addition to the types of data we previously considered, namely binary data, bounded and unbounded counts and categorical observations.

Secondly, we have attempted to make the models more accessible by illustrating how the computing environment **R** can be used to carry out the computations, e.g., for parameter estimation, model selection, model checking, decoding and forecasting. In our previous book we used proprietary software to perform numerical optimization, subject to linear constraints on the variables, for parameter estimation. We now show how one can use standard **R** functions instead. The **R** code that we used to carry out the computations for some of the applications is given, and can be applied directly in similar applications. We do not, however, supply a ready-to-use package; packages that cover ‘standard’ cases already exist. Rather, it is our intention to show the reader how to go about constructing and fitting application-specific variations of the standard models, variations that may not be covered in the currently available software. The programming exercises are intended to encourage readers to develop expertise in this respect.

The book is intended to illustrate the wonderful plasticity of hidden Markov models as general-purpose models for time series. We hope that readers will find it easy to devise for themselves ‘customized’ models that will be useful in summarizing and interpreting their data. To this end we offer a range of applications and types of data — Part Two is

entirely devoted to applications. Some of the applications appeared in the original text, but these have been extended or refined.

Our intended readership is applied statisticians, students of statistics, and researchers in fields in which time series arise that are not amenable to analysis by the standard time series models such as Gaussian ARMA models. Such fields include animal behaviour, epidemiology, finance, hydrology and sociology. We have tried to write for readers who wish to acquire a general understanding of the models and their uses, and who wish to apply them. Researchers primarily interested in developing the theory of hidden Markov models are likely to be disappointed by the lack of generality of our treatment, and by the dearth of material on specific issues such as identifiability, hypothesis testing, properties of estimators and reversible jump Markov chain Monte Carlo methods. Such readers would find it more profitable to refer to alternative sources, such as Cappé, Moulines and Rydén (2005) or Ephraim and Merhav (2002). Our strategy has been to present most of the ideas by using a single running example and a simple model, the Poisson–hidden Markov model. In Chapter 8, and in Part Two of the book, we illustrate how this basic model can be progressively and variously extended and generalized.

We assume only a modest level of knowledge of probability and statistics: the reader is assumed to be familiar with the basic probability distributions such as the Poisson, normal and binomial, and with the concepts of dependence, correlation and likelihood. While we would not go as far as Lindsey (2004, p. ix) and state that ‘Familiarity with classical introductory statistics courses based on point estimation, hypothesis testing, confidence intervals [...] will be a definite handicap’, we hope that extensive knowledge of such matters will not prove necessary. No prior knowledge of Markov chains is assumed, although our coverage is brief enough that readers may wish to supplement our treatment by reading the relevant parts of a book such as Grimmett and Stirzaker (2001). We have also included exercises of a theoretical nature in many of the chapters, both to fill in the details and to illustrate some of the concepts introduced in the text. All the datasets analysed in this book can be accessed at the following address: <http://134.76.173.220/hmm-with-r/data>.

This book contains some material which has not previously been published, either by ourselves or (to the best of our knowledge) by others. If we have anywhere failed to make appropriate acknowledgement of the work of others, or misquoted their work in any way, we would be grateful if the reader would draw it to our attention. The applications described in Chapters 14, 15 and 16 contain material which first appeared in (respectively) the *South African Statistical Journal*, the *International Journal of Epidemiology* and *Biometrics*. We are grateful to the editors of these journals for allowing us to reuse such material.

We wish to thank the following researchers for giving us access to their data, and in some cases spending much time discussing it with us: David Bowie, Graham Fick, Linda Haines, Len Lerer, Frikkie Potgieter, David Raubenheimer and Max Suster.

We are especially indebted to Andreas Schlegel and Jan Bulla for their important inputs, particularly in the early stages of the project; to Christian Gläser, Oleg Nenadić and Daniel Adler, for contributing their computing expertise; and to Antony Unwin and Ellis Pender for their constructive comments on and criticisms of different aspects of our work. The second author wishes to thank the Institute for Statistics and Econometrics of Georg-August-Universität, Göttingen, for welcoming him on many visits and placing facilities at his disposal. Finally, we are most grateful to our colleague and friend of many years, Linda Haines, whose criticism has been invaluable in improving this book.

Göttingen  
November 2008