MOTIV\_Beliefs\_documentation.docx

**MOTIV8 Adherence Project Beliefs About ART Dataset Documentation**

This is 10-item measure of patients’ beliefs about the personal benefits and costs of their ART regime1. Participants are asked to respond using a 5-point Likert type response format ranging from “strongly agree” to “strongly disagree.” Note letter beside items indicating subscale designation: **N=Necessity Subscale** (alpha: 55 🡺.86 across various patient samples), **C=Concern Subscale** (alpha: .63 🡺.80 across various patient samples). We should have psychometrics from Glenn’s study by the end of the summer. Collected at BL, 24, 48.

1. Horne, R., Weinman, J., Hankins, M. (1999). The beliefs about medicines questionnaire: The development and evaluation of a new method for assessing the cognitive representation of medication. *Psychology and Health*, 14:1-24.

**The following questions involve your personal views about the HIV medications that have been prescribed for you. Please indicate the extent to which you agree or disagree with the following statements.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Strongly Disagree | Disagree | Uncertain | Agree | Strongly Agree |
|  |  |  |  |  |  |
| (N) 1. My health, at present, depends on my medicines | 1 | 2 | 3 | 4 | 5 |
| (C) 2. Having to take medicines worries me | 1 | 2 | 3 | 4 | 5 |
| (N) 3. My life would be impossible without my medicines | 1 | 2 | 3 | 4 | 5 |
| (N) 4. Without my medicines I would be very ill | 1 | 2 | 3 | 4 | 5 |
| (C) 5. I sometimes worry about long-term effects of my medicines | 1 | 2 | 3 | 4 | 5 |
| (C) 6. My medicines are a mystery to me | 1 | 2 | 3 | 4 | 5 |
| (N) 7. My health in the future will depend on my medicines | 1 | 2 | 3 | 4 | 5 |
| (C) 8. My medicines disrupt my life | 1 | 2 | 3 | 4 | 5 |
| (C) 9. I sometimes worry about becoming too dependent on my medicines | 1 | 2 | 3 | 4 | 5 |
| (N) 10. My medicines protect me from becoming worse | 1 | 2 | 3 | 4 | 5 |